



2024 Masters 60+ Rankings

Updated 04/25/2024 Ed Kutin

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2024 Squat Rankings Female

Weight Class: 48 / 105				Squat		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		

1	70	154.3	Kimberly Price	US-VA	2024 Masters Nationals - Powerlifting	York	PA	
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Weight Class: 52 / 114				Squat		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		

1	40	88.1	Victoria Giorgi	US-MD	Ironbuilt 804 Classic	Ashland	VA	
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Weight Class: 56 / 123				Squat		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		

1	70	154.3	Janet Huntley	US-PA	2024 Masters Nationals - Powerlifting	York	PA	
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Weight Class: 67.5 / 148				Squat		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		

1	42.5	93.6	Cynthia Kremenik	US-PA	2024 Great Lakes Championships	Erie	PA	
2	40	88.1	Karina Harris	Canada	2024 Icebreaker		Canada	

Weight Class: 82.5 / 181				Squat		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		

1	130.5	287.7	Linda Arvey	US-PA	2024 Masters Nationals - Powerlifting	York	PA	
2	52	114.6	Sonya Jones	US-VA	Ironbuilt 804 Classic	Ashland	VA	

Weight Class: 90+ / 198+				Squat		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		

1	87.5	192.9	Janis Ferguson	US-PA	2024 Great Lakes Championships	Erie	PA	
2	85	187.3	Elaine Ostrander	US-MD	2024 Masters Nationals - Powerlifting	York	PA	

2024 Bench Press Rankings Female

Weight Class: 44 / 97				Bench Press		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		

1	42.5	93.6	Karen Poyner	US-VA	2024 Battle of the Border	Currituck	NC	
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Weight Class: 48 / 105				Bench Press		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		

1 42.5 93.6 Kimberly Price US-VA 2024 Masters Nationals - Powerlifting York PA

Weight Class: 52 / 114			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	40	88.1	Victoria Giorgi	US-MD	Ironbuilt 804 Classic	Ashland	VA

Weight Class: 56 / 123			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	47.5	104.7	Jo Hendon	US-VA	Ironbuilt 804 Classic	Ashland	VA
	47.5	104.7	Janet Huntley	US-PA	2024 Masters Nationals - Powerlifting	York	PA

Weight Class: 67.5 / 148			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	43	94.7	Karina Harris	Canada	2024 Icebreaker		Canada
2	42.5	93.6	Diane Hiller	US-NY	Owego Winter Classic 2024	Owego	NY
3	37.5	82.6	Patricia Fedoryk	US-VA	Ironbuilt 804 Classic	Ashland	VA
4	30	66.1	Cynthia Kremenik	US-PA	2024 Great Lakes Championships	Erie	PA

Weight Class: 82.5 / 181			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	75	165.3	Linda Arvey	US-PA	2024 Masters Nationals - Powerlifting	York	PA
2	45	99.2	Sonya Jones	US-VA	Ironbuilt 804 Classic	Ashland	VA

Weight Class: 90+ / 198+			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	52.5	115.7	Janis Ferguson	US-PA	2024 Great Lakes Championships	Erie	PA
2	47.5	104.7	Elaine Ostrander	US-MD	2024 Masters Nationals - Powerlifting	York	PA

2024 Deadlift Rankings Female

Weight Class: 48 / 105			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	113	249.1	Kimberly Price	US-VA	2024 Masters Nationals - Powerlifting	York	PA

Weight Class: 52 / 114			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	80	176.3	Victoria Giorgi	US-MD	Ironbuilt 804 Classic	Ashland	VA

Weight Class: 56 / 123			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	105	231.4	Janet Huntley	US-PA	2024 Masters Nationals - Powerlifting	York	PA

Weight Class: 67.5 / 148			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	90	198.4	Karina Harris	Canada	2024 Icebreaker		Canada
2	70	154.3	Cynthia Kremenik	US-PA	2024 Great Lakes Championships	Erie	PA

Weight Class: 82.5 / 181			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	

1	158	348.3	Linda Arvey	US-PA	2024 Masters Nationals - Powerlifting	York	PA
2	105	231.4	Sonya Jones	US-VA	2024 Eastern Open	Woodstock	PA

Weight Class: 90+ / 198+ Deadlift				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	120	264.5	Janis Ferguson	US-PA	2024 Great Lakes Championships	Erie	PA
2	110	242.5	Elaine Ostrander	US-MD	2024 Masters Nationals - Powerlifting	York	PA

2024 Total Rankings Female

Weight Class: 48 / 105 Total				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	225.5	497.1	Kimberly Price	US-VA	2024 Masters Nationals - Powerlifting	York	PA

Weight Class: 52 / 114 Total				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	160	352.7	Victoria Giorgi	US-MD	Ironbuilt 804 Classic	Ashland	VA

Weight Class: 56 / 123 Total				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	222.5	490.5	Janet Huntley	US-PA	2024 Masters Nationals - Powerlifting	York	PA

Weight Class: 67.5 / 148 Total				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	173	381.3	Karina Harris	Canada	2024 Icebreaker		Canada
2	142.5	314.1	Cynthia Kremenik	US-PA	2024 Great Lakes Championships	Erie	PA

Weight Class: 82.5 / 181 Total				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	363.5	801.3	Linda Arvey	US-PA	2024 Masters Nationals - Powerlifting	York	PA
2	182	401.2	Sonya Jones	US-VA	Ironbuilt 804 Classic	Ashland	VA

Weight Class: 90+ / 198+ Total				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	260	573.1	Janis Ferguson	US-PA	2024 Great Lakes Championships	Erie	PA
2	242.5	534.6	Elaine Ostrander	US-MD	2024 Masters Nationals - Powerlifting	York	PA

2024 Strict Curl Rankings Female

Weight Class: 44 / 97 Strict Curl				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	25	55.1	Karen Poyner	US-VA	2024 Battle of the Border	Currituck	NC

Weight Class: 52 / 114 Strict Curl				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	26	57.3	Victoria Giorgi	US-MD	Ironbuilt 804 Classic	Ashland	VA

Weight Class: 56 / 123 Strict Curl				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	25.5	56.2	Jo Hendon	US-VA	Ironbuilt 804 Classic	Ashland	VA

Weight Class: 67.5 / 148				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	39.5	87	Linda Lee	US-VA	2024 Masters Nationals - SC - Ironman	York	PA	
2	29.5	65	Diane Hiller	US-NY	Owego Winter Classic 2024	Owego	NY	
	29.5	65	Karina Harris	Canada	2024 Icebreaker		Canada	
4	23	50.7	Patricia Fedoryk	US-VA	Ironbuilt 804 Classic	Ashland	VA	

Weight Class: 75 / 165				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	41	90.3	Linda Lee	US-VA	Ironbuilt 804 Classic	Ashland	VA	

Weight Class: 82.5 / 181				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	38	83.7	Linda Arvey	US-PA	2024 Masters Nationals - SC - Ironman	York	PA	

Weight Class: 90 / 198				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	31	68.3	Gwen Bailey	US-MD	Ironbuilt 804 Classic	Ashland	VA	

2024 Squat Rankings Male

Weight Class: 82.5 / 181				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	165	363.7	Vinnie Gengaro	US-NJ	2024 Masters Nationals - Powerlifting	York	PA	
2	135	297.6	Jim Haskayne	Canada	2024 Icebreaker		Canada	

Weight Class: 90 / 198				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	170.5	375.8	Douglas Delainey	Canada	2024 Icebreaker		Canada	
2	145	319.6	Bruce Maus	US-CT	2024 Masters Nationals - Powerlifting	York	PA	
	145	319.6	Robert Jackson	US-CT	2024 Masters Nationals - Powerlifting	York	PA	

Weight Class: 100 / 220				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	190	418.8	Terry Napisa	US-VA	2024 Masters Nationals - Powerlifting	York	PA	
2	142.5	314.1	Randal Olinger	US-PA	2024 Masters Nationals - Powerlifting	York	PA	
3	102.5	225.9	Aldo Jackson	US-PA	2024 Masters Nationals - Powerlifting	York	PA	

Weight Class: 110 / 242				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	155	341.7	Dave Schneider	US-OH	2024 Masters Nationals - Powerlifting	York	PA	
2	100	220.4	Lloyd Penberthy	US-WV	2024 Great Lakes Championships	Erie	PA	
3	97.5	214.9	James Maguire	US-NJ	2024 NJ State Championships	Fair Lawn	NJ	

Weight Class: 125 / 275				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	205	451.9	Tom Nicholls	Canada	2024 Icebreaker		Canada	

2 170 374.7 Toby Jones US-VA Ironbuilt 804 Classic Ashland VA

Weight Class: 140 / 308 Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	152.5	336.2	John James	US-VA	2024 Masters Nationals - Powerlifting	York	PA

Unknown Class: SHW Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	192	423.2	Michael Hogan	Canada	2024 Icebreaker		Canada

2024 Bench Press Rankings Male

Weight Class: 67.5 / 148 Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	125	275.5	Guy Ha	US-SC	Ironbuilt 804 Classic	Ashland	VA

Weight Class: 75 / 165 Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	102.5	225.9	Stephen Gregori	US-MD	2024 Masters Nationals - SC - Ironman	York	PA
2	85	187.3	Doug Schader	US-PA	2024 Masters Nationals - SC - Ironman	York	PA
3	80	176.3	Dave Heintzel	US-PA	2024 Great Lakes Championships	Erie	PA
4	57.5	126.7	Yogi Sumner	US-NC	2024 Battle of the Border	Currituck	NC

Weight Class: 82.5 / 181 Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	115	253.5	Vinnie Gengaro	US-NJ	2024 Masters Nationals - Powerlifting	York	PA
2	113	249.1	Bill Lindsey	US-VA	2024 Masters Nationals - SC - Ironman	York	PA
3	112.5	248	Bill Lndsey	US-VA	Ironbuilt 804 Classic	Ashland	VA
4	107.5	236.9	Larry Eastman	US-PA	2024 Masters Nationals - SC - Ironman	York	PA
5	97.5	214.9	Jim Haskayne	Canada	2024 Icebreaker		Canada

Weight Class: 90 / 198 Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	107.5	236.9	Robert Jackson	US-CT	2024 Masters Nationals - SC - Ironman	York	PA
2	102.5	225.9	Hugh McMunn	US-NY	2024 Masters Nationals - SC - Ironman	York	PA
3	100	220.4	Bruce Maus	US-CT	2024 Masters Nationals - Powerlifting	York	PA
		100	Kent Cassell	US-VA	2024 Masters Nationals - Powerlifting	York	PA
5	77.5	170.8	Douglas Delainey	Canada	2024 Icebreaker		Canada

Weight Class: 100 / 220 Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	140	308.6	Terry Napisa	US-VA	2024 Masters Nationals - Powerlifting	York	PA
2	137.5	303.1	Brian Washington	US-MD	2024 Masters Nationals - SC - Ironman	York	PA
3	115	253.5	Butch Huey	US-PA	2024 Great Lakes Championships	Erie	PA
4	112.5	248	Randal Olinger	US-PA	2024 Masters Nationals - Powerlifting	York	PA
5	100	220.4	Ricky Carrow	US-NC	Fitness Warehouse Open	Elizabeth City	NC
6	95	209.4	Paul Corter	US-NY	Owego Winter Classic 2024	Owego	NY
7	87.5	192.9	John Shifflett	US-VA	2024 Masters Nationals - SC - Ironman	York	PA
8	75	165.3	Aldo Jackson	US-PA	2024 Masters Nationals - Powerlifting	York	PA

Weight Class: 110 / 242 Bench Press Male								
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	157.5	347.2	Jeff Oliver	US-PA	2024 Masters Nationals - SC - Ironman	York	PA	
2	115	253.5	Lloyd Penberthy	US-WV	2024 Great Lakes Championships	Erie	PA	
3	102.5	225.9	James Maguire	US-NJ	2024 NJ State Championships	Fair Lawn	NJ	
4	95	209.4	Dave Schneider	US-OH	2024 Masters Nationals - Powerlifting	York	PA	

Weight Class: 125 / 275 Bench Press Male								
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	175	385.8	Stephen Kozlowski	US-VA	Ironbuilt 804 Classic	Ashland	VA	
2	145	319.6	Tom Nicholls	Canada	2024 Icebreaker		Canada	
3	142.5	314.1	Dave Reeder	US-PA	2024 Masters Nationals - SC - Ironman	York	PA	
4	130	286.5	Toby Jones	US-VA	Ironbuilt 804 Classic	Ashland	VA	
5	117.5	259	Bernie Rhoades	US-VA	Ironbuilt 804 Classic	Ashland	VA	
6	102.5	225.9	Bill Parks	US-MD	2024 Masters Nationals - SC - Ironman	York	PA	

Weight Class: 140 / 308 Bench Press Male								
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	177.5	391.3	Stephen Kozlowski	US-VA	2024 Masters Nationals - Powerlifting	York	PA	
2	112.5	248	John James	US-VA	2024 Masters Nationals - Powerlifting	York	PA	

Unknown Class: SHW Bench Press Male								
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	150	330.6	Michael Hogan	Canada	2024 Icebreaker		Canada	

2024 Deadlift Rankings Male

Weight Class: 67.5 / 148 Deadlift Male								
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	92.5	203.9	Nikola Lucas	US-VA	Ironbuilt 804 Classic	Ashland	VA	

Weight Class: 75 / 165 Deadlift Male								
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	87.5	192.9	Yogi Sumner	US-NC	2024 Battle of the Border	Currituck	NC	

Weight Class: 82.5 / 181 Deadlift Male								
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	190.5	419.9	Vinnie Gengaro	US-NJ	2024 Masters Nationals - Powerlifting	York	PA	
2	187.5	413.3	Jim Haskayne	Canada	2024 Icebreaker		Canada	

Weight Class: 90 / 198 Deadlift Male								
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	227.5	501.5	Douglas Delainey	Canada	2024 Icebreaker		Canada	
2	207.5	457.4	Kent Cassell	US-VA	2024 Masters Nationals - Powerlifting	York	PA	
3	187.5	413.3	Bruce Maus	US-CT	2024 Masters Nationals - Powerlifting	York	PA	
4	155	341.7	Robert Jackson	US-CT	2024 Masters Nationals - Powerlifting	York	PA	

Weight Class: 100 / 220 Deadlift Male								
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Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	212.5	468.4	Randal Olinger	US-PA	2024 Masters Nationals - Powerlifting	York	PA
2	202.5	446.4	Terry Napisa	US-VA	2024 Masters Nationals - Powerlifting	York	PA
3	147.5	325.1	Bernie Marcoccia	US-VA	Ironbuilt 804 Classic	Ashland	VA
4	143	315.2	Paul Corter	US-NY	Owego Winter Classic 2024	Owego	NY
5	140	308.6	Aldo Jackson	US-PA	2024 Masters Nationals - Powerlifting	York	PA
6	92.5	203.9	Frank Cihlae	US-VA	2024 Eastern Open	Woodstock	PA

Weight Class: 110 / 242 Deadlift Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	222.5	490.5	Dave Schneider	US-OH	2024 Masters Nationals - Powerlifting	York	PA
2	152.5	336.2	Bob Dunn	US-OH	2024 Tri-State Championship	Bedford Hieghts	OH
3	147.5	325.1	James Maguire	US-NJ	2024 NJ State Championships	Fair Lawn	NJ
4	110	242.5	Lloyd Penberthy	US-WV	2024 Great Lakes Championships	Erie	PA

Weight Class: 125 / 275 Deadlift Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	245	540.1	Tom Nicholls	Canada	2024 Icebreaker		Canada
2	202.5	446.4	Toby Jones	US-VA	2024 Eastern Open	Woodstock	PA

Weight Class: 140 / 308 Deadlift Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	240	529.1	Stephen Kozlowski	US-VA	2024 Masters Nationals - Powerlifting	York	PA
2	192.5	424.3	John James	US-VA	2024 Masters Nationals - Powerlifting	York	PA

Unknown Class: SHW Deadlift Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	235	518	Michael Hogan	Canada	2024 Icebreaker		Canada

2024 Total Rankings Male

Weight Class: 82.5 / 181 Total Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	470.5	1037.2	Vinnie Gengaro	US-NJ	2024 Masters Nationals - Powerlifting	York	PA
2	420	925.9	Jim Haskayne	Canada	2024 Icebreaker		Canada

Weight Class: 90 / 198 Total Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	471	1038.3	Douglas Delainey	Canada	2024 Icebreaker		Canada
2	432.5	953.4	Bruce Maus	US-CT	2024 Masters Nationals - Powerlifting	York	PA
3	405	892.8	Robert Jackson	US-CT	2024 Masters Nationals - Powerlifting	York	PA

Weight Class: 100 / 220 Total Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	532.5	1173.9	Terry Napisa	US-VA	2024 Masters Nationals - Powerlifting	York	PA
2	467.5	1030.6	Randal Olinger	US-PA	2024 Masters Nationals - Powerlifting	York	PA
3	317.5	699.9	Aldo Jackson	US-PA	2024 Masters Nationals - Powerlifting	York	PA

Weight Class: 110 / 242 Total Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	472.5	1041.6	Dave Schneider	US-OH	2024 Masters Nationals - Powerlifting	York	PA
2	347.5	766	James Maguire	US-NJ	2024 NJ State Championships	Fair Lawn	NJ
3	325	716.4	Lloyd Penberthy	US-WV	2024 Great Lakes Championships	Erie	PA

Weight Class: 125 / 275			Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	595	1311.7	Tom Nicholls	Canada	2024 Icebreaker		Canada
2	490	1080.2	Toby Jones	US-VA	Ironbuilt 804 Classic	Ashland	VA

Weight Class: 140 / 308			Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	457.5	1008.6	John James	US-VA	2024 Masters Nationals - Powerlifting	York	PA

Unknown Class: SHW			Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	569.5	1255.5	Michael Hogan	Canada	2024 Icebreaker		Canada

2024 Strict Curl Rankings Male

Weight Class: 75 / 165			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	45	99.2	Stephen Gregori	US-MD	2024 Masters Nationals - SC - Ironman	York	PA
2	41.5	91.4	Doug Schader	US-PA	2024 Masters Nationals - SC - Ironman	York	PA
3	25.5	56.2	Yogi Sumner	US-NC	2024 Battle of the Border	Currituck	NC

Weight Class: 82.5 / 181			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	57.5	126.7	Larry Eastman	US-PA	2024 Masters Nationals - SC - Ironman	York	PA
2	47.5	104.7	Bennett Rubin	US-OH	2024 Tri-State Championship	Bedford Hieghts	OH

Weight Class: 90 / 198			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	65	143.2	Mark Wilhelm	US-MD	2024 Masters Nationals - SC - Ironman	York	PA
2	58	127.8	Hugh McMunn	US-NY	2024 Masters Nationals - SC - Ironman	York	PA
3	50	110.2	Robert Jackson	US-CT	2024 Masters Nationals - SC - Ironman	York	PA

Weight Class: 100 / 220			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	64	141	George Roy	US-VT	Owego Winter Classic 2024	Owego	NY
2	61	134.4	Brian Washington	US-MD	2024 Masters Nationals - SC - Ironman	York	PA
3	55	121.2	Tony Villa	US-IN	2024 Masters Nationals - SC - Ironman	York	PA
4	45.5	100.3	John Shifflett	US-VA	2024 Masters Nationals - SC - Ironman	York	PA
5	45	99.2	Ricky Carrow	US-NC	Fitness Warehouse Open	Elizabeth City	NC

Weight Class: 110 / 242			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	76	167.5	Jeff Oliver	US-PA	2024 Masters Nationals - SC - Ironman	York	PA
2	71	156.5	Reno Birt	US-FL	Ironbuilt 804 Classic	Ashland	VA

3	55	121.2	Bob Dunn	US-OH	2024 Tri-State Championship	Bedford Hieghts	OH
	55	121.2	Sam Jaffe	US-OH	2024 Tri-State Championship	Bedford Hieghts	OH
5	47.5	104.7	Bob Feeney	US-PA	2024 Masters Nationals - SC - Ironman	York	PA

Weight Class: 125 / 275 Strict Curl Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	77.5	170.8	Stephen Kozlowski	US-VA	Ironbuilt 804 Classic	Ashland	VA
2	49	108	Bernie Rhoades	US-VA	2024 Masters Nationals - SC - Ironman	York	PA
3	26	57.3	Robert Turner	US-VA	Ironbuilt 804 Classic	Ashland	VA

Weight Class: 140 / 308 Strict Curl Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	79	174.1	Stephen Kozlowski	US-VA	2024 Masters Nationals - SC - Ironman	York	PA

Unknown Class: SHW Strict Curl Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	65	143.2	Michael Hogan	Canada	2024 Icebreaker		Canada