

**2024 Master Nationals SC - Ironman  
York, PA 04/19/2024**

Bench

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Total	Placing
Mona Espinoza	Female	42	VA	81.1	82.5	Women's Raw Master (40-44) Bench Only	67.5	72.5	80	80	1
Michael Deutsch	Male	49	AZ	76.94	82.5	Men's Raw Master (45-49) Bench Only	112.5	122.5	127.5	127.5	1
Jacob Williams	Male	50	PA	86.1	90	Men's Raw Master (50-54) Bench Only	180	190	192.5	192.5	1
Randy Elbert	Male	54	MD	92	100	Men's Raw Master (50-54) Bench Only	-140	140	-142.5	140	1
Ronnie Sellner	Male	54	MD	108.9	110	Men's Raw Master (50-54) Bench Only	135	-145	-145	135	1
Chris Fry	Male	53	VA	124.7	125	Men's Raw Master (50-54) Bench Only	-165	165	172.5	172.5	1
Charles Johnson	Male	51	VA	151.5	(140+)	Men's Raw Master (50-54) Bench Only	175	185	-200	185	1
Gary Teeter	Male	59	PA	59.8	60	Men's Raw Master (55-59) Bench Only	92.5	95	97.5	97.5	1
Raymond Jones	Male	55	VA	88.6	90	Men's Raw Master (55-59) Bench Only	122.5	132.5	-137.5	132.5	1
Ernest Binder	Male	57	PA	90	90	Men's Raw Master (55-59) Bench Only	125	130	-132.5	130	2
Stephen Gregori	Male	61	MD	69.7	75	Men's Raw Master (60-64) Bench Only	97.5	100.5	102.5	102.5	1
John Shifflett	Male	62	VA	91.1	100	Men's Raw Master (60-64) Bench Only	87.5			87.5	1
Jeff Oliver	Male	62	PA	108	110	Men's Raw Master (60-64) Bench Only	152.5	157.5	-162.5	157.5	1
Hugh McMunn	Male	69	NY	86.4	90	Men's Raw Master (65-69) Bench Only	100	102.5	-105	102.5	1
Brian Washington	Male	66	MD	97.4	100	Men's Raw Master (65-69) Bench Only	127.5	-137.5	137.5	137.5	1
Dave Reeder	Male	66	PA	124.1	125	Men's Raw Master (65-69) Bench Only	137.5	142.5	-147.5	142.5	1
Bill Parks	Male	66	MD	120.2	125	Men's Raw Master (65-69) Bench Only	90	97.5	102.5	102.5	2
Larry Eastman	Male	72	PA	81.4	82.5	Men's Raw Master (70-74) Bench Only	102.5	105	107.5	107.5	1
Robert Jackson	Male	70	CT	87.5	90	Men's Raw Master (70-74) Bench Only	100	105	107.5	107.5	1
Bill Lindsey	Male	78	VA	81.6	82.5	Men's Raw Master (75-79) Bench Only	107.5	113		113	1
Bernie Rhoades	Male	75	VA	112.5	125	Men's Raw Master (75-79) Bench Only	117.5	-120	-120	117.5	1
Jeremy Swain	Male	39	PA	99.5	100	Men's Raw Sub-Master (35-39) Bench Only	197.5	210	-215	210	1
Vincent Gengaro	Male	37	NJ	103.8	110	Men's Raw Sub-Master (35-39) Bench Only	142.5	152.5	-157.5	152.5	1

Strict Curl

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	SC 1	SC 2	SC 3	Total	Placing
Alexis Kajencki	Female	41	MD	73.5	75	Women's Raw Master (40-44) Curl Only	52.5	54	-55	54	1
Mona Espinoza	Female	42	VA	81.1	82.5	Women's Raw Master (40-44) Curl Only	35.5	38.5	-41	38.5	1
Krystal Brown	Female	54	VA	58.4	60	Women's Raw Master (50-54) Curl Only	33.5	34.5	35.5	35.5	1
Linda Lee	Female	64	VA	65.8	67.5	Women's Raw Master (60-64) Curl Only	35	38.5	39.5	39.5	1
Linda Arvey	Female	73	PA	79.7	82.5	Women's Raw Master (70-74) Curl Only	30	35	38	38	1
Mona Espinoza	Female	42	VA	81.1	82.5	Women's Raw Police/Fire/Military Curl Only	35.5	38.5	-41	38.5	1
Michael Dalton	Male	49	VA	95.7	100	Men's Raw Master (45-49) Curl Only	62.5	67.5	-75	67.5	1
Ronnie Sellner	Male	54	MD	108.9	110	Men's Raw Master (50-54) Curl Only	75	-78.5		75	1
Chris Fry	Male	53	VA	124.7	125	Men's Raw Master (50-54) Curl Only	72.5	-74.5	-74.5	72.5	1
Charles Johnson	Male	51	VA	151.5 (140+)		Men's Raw Master (50-54) Curl Only	50	60	62	62	1
Gary Teeter	Male	59	PA	59.8	60	Men's Raw Master (55-59) Curl Only	52	55	56.5	56.5	1
James Darr	Male	57	MD	73.8	75	Men's Raw Master (55-59) Curl Only	58	62	-65	62	1
Raymond Jones	Male	55	VA	88.6	90	Men's Raw Master (55-59) Curl Only	86	89	-91.5	89	1
Stephen Gregori	Male	61	MD	69.7	75	Men's Raw Master (60-64) Curl Only	42	45	-46	45	1
Mark Wilhelm	Male	60	MD	86.1	90	Men's Raw Master (60-64) Curl Only	-57.5	60	65	65	1
John Shifflett	Male	62	VA	91.1	100	Men's Raw Master (60-64) Curl Only	-43.5	43.5	45.5	45.5	1
Jeff Oliver	Male	62	PA	108	110	Men's Raw Master (60-64) Curl Only	72	74	76	76	1
Hugh McMunn	Male	69	NY	86.4	90	Men's Raw Master (65-69) Curl Only	53.5	56	58	58	1
Brian Washington	Male	66	MD	97.4	100	Men's Raw Master (65-69) Curl Only	61	-65.5	-65.5	61	1
Tony Villa	Male	66	IN	97.4	100	Men's Raw Master (65-69) Curl Only	50	52.5	55	55	2
Steve Kozlowski	Male	66	VA	127.5	140	Men's Raw Master (65-69) Curl Only	74.5	77	79	79	1
Larry Eastman	Male	72	PA	81.4	82.5	Men's Raw Master (70-74) Curl Only	55	57.5	-60.5	57.5	1
Robert Jackson	Male	70	CT	87.5	90	Men's Raw Master (70-74) Curl Only	42.5	45.5	50	50	1
Bob Feeney	Male	71	PA	109	110	Men's Raw Master (70-74) Curl Only	44	47	47.5	47.5	1
James Thompson	Male	39	VA	86.6	90	Men's Raw Police/Fire/Military Curl Only	62.5	-63.5	-63.5	62.5	1

Ironman

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	SC 1	SC 2	SC 3	Bench1	Bench2	Bench3	Total	Placing
Alexis Kajencki	Female	41	MD	73.5	75	Women's Raw Master (40-44) Ironman	52.5	54	-55	97.5	102.5	105	159	1
Mona Espinoza	Female	42	VA	81.1	82.5	Women's Raw Master (40-44) Ironman	35.5	38.5	-41	67.5	72.5	80	118.5	1
Sydney Katz	Female	39	MD	113.2 (90+)		Women's Raw Sub-Master (35-39) Ironman	40	42.5	45	57.5	60	62.5	107.5	1
Michael Deutsch	Male	49	AZ	76.94	82.5	Men's Raw Master (45-49) Ironman	40	50.5	52.5	112.5	122.5	127.5	180	1
Ronnie Sellner	Male	54	MD	108.9	110	Men's Raw Master (50-54) Ironman	75	-78.5		135	-145	-145	210	1
Chris Fry	Male	53	VA	124.7	125	Men's Raw Master (50-54) Ironman	72.5	-74.5	-74.5	-165	165	172.5	245	1
Raymond Jones	Male	55	VA	88.6	90	Men's Raw Master (55-59) Ironman	86	89	-91.5	122.5	132.5	-137.5	221.5	1
Doug Schader	Male	62	PA	72.9	75	Men's Raw Master (60-64) Ironman	37	41	41.5	80	82.5	85	126.5	1
John Shifflett	Male	62	VA	91.1	100	Men's Raw Master (60-64) Ironman	-43.5	43.5	45.5	87.5			133	1
Jeff Oliver	Male	62	PA	108	110	Men's Raw Master (60-64) Ironman	72	74	76	152.5	157.5	-162.5	233.5	1
Hugh McMunn	Male	69	NY	86.4	90	Men's Raw Master (65-69) Ironman	53.5	56	58	100	102.5	-105	160.5	1
Brian Washington	Male	66	MD	97.4	100	Men's Raw Master (65-69) Ironman	61	-65.5	-65.5	127.5	-137.5	137.5	198.5	1
Larry Eastman	Male	72	PA	81.4	82.5	Men's Raw Master (70-74) Ironman	55	57.5	-60.5	102.5	105	107.5	165	1
Robert Jackson	Male	70	CT	87.5	90	Men's Raw Master (70-74) Ironman	42.5	45.5	50	100	105	107.5	157.5	1
Craig Kozens	Male	56	NH	98.5	100	Men's Raw Master (70-74) Ironman	62.5	63.5	66	167.5	170	-172.5	236	1
Bernie Rhoades	Male	75	VA	112.5	125	Men's Raw Master (75-79) Ironman	48.5	49	-50	117.5	-120	-120	166.5	1
Doug Schader	Male	62	PA	72.9	75	Men's Raw Police/Fire/Military Ironman	37	41	41.5	80	82.5	85	126.5	1