

**2024 Masters Nationals - Powerlifting**  
**York, PA 04/20/2024**

Powerlifting

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Squat1	Squat2	Squat3	Squat4	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
	Female	61	VA	46.8	48/105.8	Masters (60-64)	60	65	70		37.5	40	42.5		95	102.5	113		225	1
Janet Huntley	Female	62	PA	55.2	56/123.4	Masters (60-64)	65	70	-75		42.5	47.5	-50.5		95	100	105		222.5	1
Christina Milie	Female	44	PA	64.6	67.5/148.8	Masters (40-44)	67.5	-72.5	-72.5		40	42.5	45		-100	100	-105		212.5	1
Linda Arvey	Female	73	PA	79.7	82.5/181.8	Masters (70-74)	112.5	120	130.5		67.5	73	75		142.5	150	158		362.5	1
Kristyn Whisman	Female	40	PA	81.2	82.5/181.8	Masters (40-44)	102.5	107.5	110.5		62.5	65	-67.5		135	140	145.5		320	1
Rachel Clarke	Female	36	PA	101.9	90+/198.5+ (F)	Sub-Masters (35-39)	135	142.5	150		67.5	70	-75		185	197.5	205		425	1
Charlotte Baker	Female	55	VA	115.1	90+/198.5+ (F)	Masters (55-59)	115	122.5	127.5		67.5	70	73.5		147.5	157.5	162.5		362.5	1
Elaine Ostrander	Female	65	MD	95.8	90+/198.5+ (F)	Masters (65-69)	-75	75	85		35	42.5	47.5		102.5	110	-120		242.5	1
Charlotte Baker	Female	55	VA	115.1	90+/198.5+ (F)	Law/Fire/Military	115	122.5	127.5		67.5	70	73.5		147.5	157.5	162.5		362.5	1
Gary Teeter	Male	59	PA	59.4	60/132.2	Masters (55-59)	100	110	115		90	97.5	100		140	155	160		375	1
James Darr	Male	57	MD	73.6	75/165.3	Masters (55-59)	135	147.5	-152.5		100	107.5	111		155	165	175		432.5	1
David Machmer	Male	56	PA	74.2	75/165.3	Masters (55-59)	117.5	122.5			85	90	-95		-148	147.5	-153		360	2
Vinnie Gengaro	Male	69	NJ	80.9	82.5/181.8	Masters (65-69)	150	162.5	165		105	115	-117.5		172.5	190.5	-198		470	1
James Logsdon	Male	42	KY	80.8	82.5/181.8	Masters (40-44)	97.5	100	110.5		72.5	82.5	87.5		137.5	147.5	158		355	1
Jeff Kepler	Male	43	VA	87.5	90/198.4	Masters (40-44)	217.5	227.5	237.5		155	165.5	-170		245	257.5	265		667.5	1
Nicholas Schneider	Male	37	PA	88.08	90/198.4	Sub-Masters (35-39)	180	195	205		117.5	122.5	-127.5		205	220	-223		547.5	1
Patrick Huntley	Male	58	PA	88.45	90/198.4	Masters (55-59)	167.5	180	-185		107.5	112.5	115		165	192.5	205		500	1
Bruce Maus	Male	68	CT	89.57	90/198.4	Masters (65-69)	120	137.5	145		95	100	-102.5		175	187.5	-195		432.5	1
Robert Jackson	Male	70	CT	87.7	90/198.4	Masters (70-74)	117.5	135	145		100	105	-110		147.5	152.5	155		405	1
Jeff Kepler	Male	43	VA	87.5	90/198.4	Law/Fire/Military	217.5	227.5	237.5		155	165.5	-170		245	257.5	265		667.5	1
Michael Dalton	Male	49	VA	95.7	100/220.4	Masters (45-49)	185	200	210		130	142.5	145		242.5	260	273		627.5	1
Terry Napisa	Male	60	VA	95.7	100/220.4	Masters (60-64)	180	185	190		130	135	140		187.5	195	202.5		532.5	1
Randal Olinger	Male	63	PA	98.1	100/220.4	Masters (60-64)	125	135	142.5		107.5	112.5	-117.5		195	205	212.5		467.5	2
Aldo Jackson	Male	66	PA	98.7	100/220.4	Masters (65-69)	90	97.5	102.5		70	75	-77.5		127.5	132.5	140		317.5	1
Don Hickey	Male	59	PA	108.4	110/242.5	Masters (55-59)	160	177.5	192.5		135	145	152.5		205	-227.5	-228		550	1
Dave Schneider	Male	66	OH	107.04	110/242.5	Masters (65-69)	130	145	155		-87.5	87.5	95		182.5	202.5	222.5		472.5	1
Ryan Watson	Male	42	MD	105.6	110/242.5	Masters (40-44)	97.5	102.5	112.5		70	75	77.5		125	135	145		335	1
Tabb Brown	Male	45	WV	124.1	125/275.5	Masters (45-49)	232.5	245	-255		175	-182.5	-182.5		255	277.5	-280		697.5	1
Jeff Lawson	Male	59	PA	118.7	125/275.5	Masters (55-59)	207.5	220	227.5		115	122.5	127.5		250	262.5	-273		617.5	1
Chris Fry	Male	53	VA	124.7	125/275.5	Masters (50-54)	192.5	197.5	205		165	175	-180		195	215	232.5		612.5	1
Stevie Murden	Male	36	VA	138.4	140/308.6	Sub-Masters (35-39)	220	235	245		140	150	155		230	245	-273		645	1
John James	Male	61	VA	131.9	140/308.6	Masters (60-64)	137.5	147.5	152.5		102.5	110	112.5		175	182.5	192.5		457.5	1

Push-pull

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Kim Price	Female	61	VA	46.8	48/105.8	Masters (60-64)	37.5	40	42.5		95	102.5	113		155	1
Rachel Clarke	Female	36	PA	101.9	90+/198.5+ (F)	Sub-Masters (35-39)	67.5	70	-75		185	197.5	205		275	1
Elaine Ostrander	Female	65	MD	95.8	90+/198.5+ (F)	Masters (65-69)	35	42.5	47.5		102.5	110	-120		157.5	1
Gary Teeter	Male	59	PA	59.4	60/132.2	Masters (55-59)	90	97.5	100		140	155	160		260	1
Kent Cassell	Male	69	VA	88.5	90/198.4	Masters (65-69)	85	97.5	100		175	192.5	207.5		307.5	1
Robert Jackson	Male	70	CT	87.7	90/198.4	Masters (70-74)	100	105	-110		147.5	152.5	155		260	1
Terry Napisa	Male	60	VA	95.7	100/220.4	Masters (60-64)	130	135	140		187.5	195	202.5		342.5	1
Ryan Watson	Male	42	MD	105.6	110/242.5	Masters (40-44)	70	75	77.5		125	135	145		222.5	1
Steve Kozlowski	Male	66	VA	127	140/308.6	Masters (65-69)	172.5	177.5	-181.5		230	235	240		417.5	1

Deadlift

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	DL 1	DL 2	DL 3	DL 4	Total	Placing
Kim Price	Female	61	VA	46.8	48/105.8	Masters (60-64)	95	102.5	113		112.5	1
Rachel Clarke	Female	36	PA	101.9	90+/198.5+ (F)	Sub-Masters (35-39)	185	197.5	205		205	1
Amanda Dellinger	Female	40	VA	145	90+/198.5+ (F)	Masters (40-44)	110	130	-142.5		130	1
Elaine Ostrander	Female	65	MD	95.8	90+/198.5+ (F)	Masters (65-69)	102.5	110	-120		110	1
Gary Teeter	Male	59	PA	59.4	60/132.2	Masters (55-59)	140	155	160		160	1
Terry Napisa	Male	60	VA	95.7	100/220.4	Masters (60-64)	187.5	195	202.5		202.5	1
Ryan Watson	Male	42	MD	105.6	110/242.5	Masters (40-44)	125	135	145		145	1
Tabb Brown	Male	45	WV	124.1	125/275.5	Masters (45-49)	255	277.5	-280		277.5	1
Stevie Murden	Male	36	VA	138.4	140/308.6	Sub-Masters (35-39)	230	245	-272.5		245	1