



USA WOMEN'S DEADLIFT RECORDS

Updated by Ed Kutin

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3/20/2024

Weight Class: 44 / 97 Female

Division	Deadlift	Name	Resides	Date
Open	113.5 kgs / 250.2 lbs	Karen Poyner	VA	8/2017
11 and under	105.0 kgs / 231.4 lbs	Naomi Kutin	NJ	6/2013
12-13	113.0 kgs / 249.1 lbs	Naomi Kutin	NJ	11/2013
14-15	95.0 kgs / 209.4 lbs	Ashley Polacek	FL	3/2024
16-17	112.5 kgs / 248.0 lbs	Danielle Tasher	PA	10/2012
18-19	85.0 kgs / 187.3 lbs	Ashley Christiansen	NC	3/2018
20-24	105.0 kgs / 231.4 lbs	Samantha Brickhouse	NC	11/2014
35-39	97.5 kgs / 214.9 lbs	Dennise Larios	AZ	6/2016
40-44	111.1 kgs / 244.9 lbs	Paula Lorenzi	PA	2003
45-49	62.5 kgs / 137.7 lbs	Jeanette Savage	NY	1/2023
55-59	67.5 kgs / 148.8 lbs	Rocky Luedeker	AZ	8/2014
60-64	113.5 kgs / 250.2 lbs	Karen Poyner	VA	8/2017
65-69	87.0 kgs / 191.8 lbs	Karen Poyner	VA	4/2023
75-79	56.6 kgs / 124.7 lbs	Susan Bohling	FL	6/2022
Spec. Oly.	62.5 kgs / 137.7 lbs	Jeanette Savage	NY	1/2023

Weight Class: 48 / 105 Female

Division	Deadlift	Name	Resides	Date
Open	138.5 kgs / 305.3 lbs	Abigail Scudder	CT	2002
11 and under	97.5 kgs / 214.9 lbs	K. Stegall	NC	12/2000
12-13	120.0 kgs / 264.5 lbs	Naomi Kutin	NJ	11/2014
14-15	111.1 kgs / 244.9 lbs	Krystle McKenzie	DC	12/1999
16-17	115.0 kgs / 253.5 lbs	Danielle Tasher	PA	3/2012
18-19	110.0 kgs / 242.5 lbs	Amanda Hunsucker	AZ	3/2014
20-24	127.5 kgs / 281.0 lbs	Amanda Hunsucker	AZ	4/2016
35-39	122.5 kgs / 270.0 lbs	Jamie Brissey	VA	4/2014
40-44	101.0 kgs / 222.6 lbs	Alison Bulluck	VA	12/2021
45-49	138.5 kgs / 305.3 lbs	Abigail Scudder	CT	2002
50-54	122.5 kgs / 270.0 lbs	Kimberly Price	VA	12/2012
55-59	122.5 kgs / 270.0 lbs	Karen Poyner	VA	6/2011
60-64	112.5 kgs / 248.0 lbs	Kimberly Price	VA	11/2023
65-69	67.5 kgs / 148.8 lbs	Jenny Telles	NM	11/2014
Police/Fire/Mil	90.0 kgs / 198.4 lbs	Elizabeth Zeutschel	NC	8/2014

Weight Class: 52 / 114 Female				
Division	Deadlift	Name	Resides	Date
Open	155.0 kgs / 341.7 lbs	Donna McBurney	MA	10/2007
11 and under	100.0 kgs / 220.4 lbs	Sofia Corridean	NC	4/2023
12-13	130.0 kgs / 286.5 lbs	Miranda Chambers	PA	3/2014
14-15	110.0 kgs / 242.5 lbs	Kendra Gutierrez	NV	2/2012
16-17	123.0 kgs / 271.1 lbs	Kaylum Mills	NC	5/2023
18-19	140.0 kgs / 308.6 lbs	Kestrel Coon	VT	12/2010
20-24	140.0 kgs / 308.6 lbs	Izaba Paras	VA	6/2017
35-39	150.0 kgs / 330.6 lbs	Natasha Beasley	VA	10/2017
40-44	155.0 kgs / 341.7 lbs	Donna McBurney	MA	10/2007
45-49	127.5 kgs / 281.0 lbs	Benita Steffan	PA	4/2013
50-54	110.0 kgs / 242.5 lbs	Benita Steffan	PA	11/2013
55-59	115.0 kgs / 253.5 lbs	Kimberly Price	VA	11/2020
60-64	117.5 kgs / 259.0 lbs	Jo Hendon	VA	8/2021
65-69	81.0 kgs / 178.5 lbs	Mary Ann Little	PA	2013
70-74	78.0 kgs / 171.9 lbs	Mary Ann Little	PA	3/2016
75-79	80.0 kgs / 176.3 lbs	Karola Meyer	MD	2/2020
Police/Fire/Mil	140.0 kgs / 308.6 lbs	Misty Posey	VA	2/2015

Weight Class: 56 / 123 Female				
Division	Deadlift	Name	Resides	Date
Open	192.5 kgs / 424.3 lbs	Melissa Barber	MD	5/2016
11 and under	100.0 kgs / 220.4 lbs	Beth-el Algarin	MN	6/2012
12-13	114.0 kgs / 251.3 lbs	Mackenzie Taylor	NC	8/2020
14-15	147.5 kgs / 325.1 lbs	Naomi Kutin	NJ	6/2016
16-17	155.0 kgs / 341.7 lbs	Miranda Chambers	PA	10/2016
18-19	135.0 kgs / 297.6 lbs	Kendra Green	VA	7/2018
20-24	170.0 kgs / 374.7 lbs	Jonalyn Barcarse	VA	6/2021
35-39	170.0 kgs / 374.7 lbs	Lori Snyder	PA	2005
40-44	158.0 kgs / 348.3 lbs	Suzanne Davis	AZ	3/2014
45-49	157.5 kgs / 347.2 lbs	Kelly Moore	WI	2009
50-54	130.0 kgs / 286.5 lbs	Rhonda Jones	NM	6/2014
55-59	125.0 kgs / 275.5 lbs	Sherry Rowe	VA	8/2021
60-64	127.5 kgs / 281.0 lbs	Carol Winkelblech	PA	12/2000
65-69	100.0 kgs / 220.4 lbs	Jo Hendon	VA	9/2023
70-74	103.0 kgs / 227.0 lbs	Marcia Anderson	VA	11/2022
75-79	87.5 kgs / 192.9 lbs	Karola Meyer	MD	10/2020
80+	93.5 kgs / 206.1 lbs	Karola Meyer	MD	9/2021
Police/Fire/Mil	142.5 kgs / 314.1 lbs	Misty Posey	VA	10/2015
Spec. Oly.	77.5 kgs / 170.8 lbs	Cassidy Bauer	MA	9/2012

Weight Class: 60 / 132 Female				
Division	Deadlift	Name	Resides	Date
Open	180.0 kgs / 396.8 lbs	Natasha Beasley	VA	3/2020
11 and under	106.0 kgs / 233.6 lbs	Madison Berry	NC	11/2021
12-13	127.5 kgs / 281.0 lbs	Mackenzie Taylor	NC	1/2021
14-15	145.0 kgs / 319.6 lbs	Madison Hendricks	PA	3/2014
16-17	153.5 kgs / 338.4 lbs	Sammantha Perrine	PA	10/2012
18-19	143.0 kgs / 315.2 lbs	Danielle Carr	NE	12/2016

20-24	155.5 kgs / 342.8 lbs	Lauren Conrad	PA	4/2019
35-39	180.0 kgs / 396.8 lbs	Natasha Beasley	VA	3/2020
40-44	155.0 kgs / 341.7 lbs	Nicole Turturro	NJ	6/2021
45-49	155.0 kgs / 341.7 lbs	Anissa Colbert-Butler	MD	5/2015
50-54	151.9 kgs / 334.8 lbs	Ellen Stein	NY	12/2007
55-59	135.0 kgs / 297.6 lbs	Annemarie Kemmerer	PA	6/2013
60-64	117.0 kgs / 257.9 lbs	Annemarie Kemmerer	PA	3/2014
65-69	119.0 kgs / 262.3 lbs	Linda Leightley	VA	1/2015
70-74	125.0 kgs / 275.5 lbs	Linda Leightley	VA	11/2019
75-79	125.0 kgs / 275.5 lbs	Linda Leightley	VA	10/2021
80+	95.0 kgs / 209.4 lbs	Ruth Coak	AZ	6/2014
Police/Fire/Mil	137.5 kgs / 303.1 lbs	Anissa Colbert-Butler	MD	7/2012

Weight Class: 67.5 / 148 Female

Division	Deadlift	Name	Resides	Date
Open	202.5 kgs / 446.4 lbs	Tricia Floyd	VA	10/2021
11 and under	130.0 kgs / 286.5 lbs	Madison Berry	NC	5/2023
12-13	140.0 kgs / 308.6 lbs	Mackenzie Taylor	NC	10/2021
14-15	150.5 kgs / 331.7 lbs	Gianna Ancona	CT	1/2024
16-17	175.0 kgs / 385.8 lbs	Courtney Young	NE	3/2017
18-19	172.5 kgs / 380.2 lbs	Naomi Kutin	NJ	6/2021
20-24	183.0 kgs / 403.4 lbs	Naomi Kutin	NJ	11/2022
35-39	200.0 kgs / 440.9 lbs	Tricia Floyd	VA	3/2018
40-44	202.5 kgs / 446.4 lbs	Tricia Floyd	VA	10/2021
45-49	160.0 kgs / 352.7 lbs	Sherry Caffin	VA	7/2017
50-54	167.5 kgs / 369.2 lbs	Suzanne LaForge	MA	11/2014
55-59	185.0 kgs / 407.8 lbs	Suzanne LaForge	FL	6/2018
60-64	151.9 kgs / 334.8 lbs	Suzanne LaForge	FL	6/2022
65-69	112.5 kgs / 248.0 lbs	Theresa Drzewiecki	NY	6/2017
70-74	125.0 kgs / 275.5 lbs	Tonnie Alliance	OH	4/2017
75-79	90.0 kgs / 198.4 lbs	Janet Reynolds	FL	7/2021
80+	87.5 kgs / 192.9 lbs	Bonnie Thurston	FL	7/2021
Police/Fire/Mil	151.0 kgs / 332.8 lbs	Jamie Potter	VA	3/2012

Weight Class: 75 / 165 Female

Division	Deadlift	Name	Resides	Date
Open	200.0 kgs / 440.9 lbs	Miki Cestnik	MT	2/2016
11 and under	140.0 kgs / 308.6 lbs	Madison Berry	NC	11/2023
12-13	141.0 kgs / 310.8 lbs	Mackenzie Taylor	NC	10/2021
14-15	173.0 kgs / 381.3 lbs	Mackenzie Taylor	NC	5/2023
16-17	147.5 kgs / 325.1 lbs	Destany Lausen	MD	1/2014
18-19	160.0 kgs / 352.7 lbs	Jamie Augustine	PA	11/2022
20-24	185.0 kgs / 407.8 lbs	Aubrey Mester-Webb	VA	11/2015
35-39	195.0 kgs / 429.8 lbs	Tricia Floyd	VA	3/2019
40-44	190.0 kgs / 418.8 lbs	Tricia Floyd	VA	11/2022
45-49	157.5 kgs / 347.2 lbs	Janelle Ollivierre	DC	11/2022
50-54	160.5 kgs / 353.8 lbs	Cynthia Line	PA	10/2021
55-59	137.5 kgs / 303.1 lbs	Elaine Neal	NH	8/2008
60-64	130.0 kgs / 286.5 lbs	Despina Belle-Isle	VA	3/2019
65-69	142.5 kgs / 314.1 lbs	Karen Harding	MA	3/2012

70-74	150.0 kgs / 330.6 lbs	Linda Arvey	PA	11/2023
80+	50.0 kgs / 110.2 lbs	Nada Brewer	AZ	6/2014
Police/Fire/Mil	160.0 kgs / 352.7 lbs	Nichola Diaz	VA	8/2014
Spec. Oly.	135.0 kgs / 297.6 lbs	Vivienne Shockley	MT	6/2014

Weight Class: 82.5 / 181 Female

Division	Deadlift	Name	Resides	Date
Open	205.0 kgs / 451.9 lbs	Carlita Farmer	NC	10/2016
11 and under	140.0 kgs / 308.6 lbs	Madison Berry	NC	12/2023
12-13	149.8 kgs / 330.2 lbs	Jenn Slagus	PA	12/2008
14-15	180.0 kgs / 396.8 lbs	Mackenzie Taylor	NC	11/2023
16-17	200.0 kgs / 440.9 lbs	Anna McCloskey	PA	11/2009
18-19	175.0 kgs / 385.8 lbs	Tara Maier	AZ	12/2013
20-24	205.0 kgs / 451.9 lbs	Carlita Farmer	NC	10/2016
35-39	197.5 kgs / 435.4 lbs	Allison White	VA	5/2019
40-44	181.4 kgs / 399.9 lbs	Kari Saban	FL	
45-49	152.5 kgs / 336.2 lbs	Kristina Reed	NC	10/2021
50-54	147.5 kgs / 325.1 lbs	Amy Traver	CT	3/2020
55-59	150.0 kgs / 330.6 lbs	Linda Lee	VA	8/2019
60-64	152.5 kgs / 336.2 lbs	Linda Lee	VA	11/2019
65-69	110.0 kgs / 242.5 lbs	Helena Pettit	MD	12/2018
70-74	157.5 kgs / 347.2 lbs	Linda Arvey	PA	4/2023
Police/Fire/Mil	162.5 kgs / 358.2 lbs	Franky Moore	NC	5/2015
Spec. Oly.	111.2 kgs / 245.1 lbs	Joni Talavera	PA	7/2011
Handicapped	125.0 kgs / 275.5 lbs	Alexis Rowley	PA	4/2023

Weight Class: 90 / 198 Female

Division	Deadlift	Name	Resides	Date
Open	200.0 kgs / 440.9 lbs	Aria DeSimini	VA	7/2018
11 and under	101.0 kgs / 222.6 lbs	Olivia Stedman	NC	2/2023
12-13	115.6 kgs / 254.8 lbs	Solita Williams	NC	
14-15	163.2 kgs / 359.7 lbs	Shannon Summers	SC	2/2000
16-17	143.0 kgs / 315.2 lbs	Allyson Sarnowski	NC	4/2017
18-19	152.5 kgs / 336.2 lbs	Ashley Lindsey	NC	2/2022
20-24	200.0 kgs / 440.9 lbs	Aria DeSimini	VA	7/2018
35-39	197.5 kgs / 435.4 lbs	Martina Burton	MD	3/2020
40-44	183.7 kgs / 404.9 lbs	Kari Saban	FL	8/2006
45-49	167.5 kgs / 369.2 lbs	Charlotte Baker	VA	4/2018
50-54	155.0 kgs / 341.7 lbs	Amy Traver	CT	10/2018
55-59	140.5 kgs / 309.7 lbs	Mary Hodge	VA	8/2021
60-64	153.0 kgs / 337.3 lbs	Linda Lee	VA	8/2021
65-69	133.5 kgs / 294.3 lbs	Karen Hansen	VA	9/2016
70-74	130.0 kgs / 286.5 lbs	Helena Pettit	MD	6/2022
Police/Fire/Mil	160.0 kgs / 352.7 lbs	Tomi Dement	VA	2/2024
Spec. Oly.	102.5 kgs / 225.9 lbs	Joni Talavera	PA	6/2016
Handicapped	127.5 kgs / 281.0 lbs	Alexis Rowley	PA	12/2023

Weight Class: 90+ / 198+ Female

Division	Deadlift	Name	Resides	Date
Open	226.86 kgs / 500.1 lbs	Anna Stamets	FL	3/2023

11 and under	107.5 kgs / 236.9 lbs	Olivia Stedman	NC	5/2023
12-13	137.5 kgs / 303.1 lbs	Victoria Vasquez	MD	7/2010
14-15	172.5 kgs / 380.2 lbs	Samantha Davis	OH	4/2021
16-17	175.0 kgs / 385.8 lbs	Lindsay Field	NY	4/2017
18-19	177.5 kgs / 391.3 lbs	Lindsay Field	NY	10/2017
20-24	205.0 kgs / 451.9 lbs	Kopper Carter	VA	6/2017
35-39	205.0 kgs / 451.9 lbs	Nicole Jones	TX	4/2015
40-44	186.03 kgs / 410.1 lbs	LaRiena Ferguson	FL	3/2023
45-49	161.0 kgs / 354.9 lbs	Melany Pearl	VA	1/2018
50-54	226.86 kgs / 500.1 lbs	Anna Stamets	FL	3/2023
55-59	162.5 kgs / 358.2 lbs	Charlotte Baker	VA	12/2023
60-64	155.0 kgs / 341.7 lbs	Shirley Cole	PA	8/2016
65-69	142.5 kgs / 314.1 lbs	Beatrice Temple	FL	11/2022
70-74	90.0 kgs / 198.4 lbs	Sandra Foli	IL	6/2014
80+	67.5 kgs / 148.8 lbs	Corrinne Cassidy	NH	3/2012
Police/Fire/Mil	162.5 kgs / 358.2 lbs	Charlotte Baker	VA	12/2023
Spec. Oly.	150.0 kgs / 330.6 lbs	Brandy Bush	NY	3/2015