

2024 Tri-state Championship

Bedford Heights, OH 03/10/2024

Powerlifting

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Squat1	Squat2	Squat3	Squat4	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Kristin Gulling	Female	54	OH	128.5	60/132.2	Masters (50-54)	-65	67.5	70	75	37.5	42.5	45	-45.5	67.5	75	82.5	93	197.5	1

Bench

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	Total	Placing
Madison Jaffe	Female	27	OH	146.4	67.5/148.8	Open	37.5	42.5	45		45	1
Ryan Sweeney	Male	33	OH	147.8	67.5/148.8	Handicapped	40	45	-52.5		45	1
Frank Nerone	Male	42	OH	221.8	110/242.5	Open	135	140	145		145	1
John Swearingen	Male	30	OH	305.2	140/308.6	Open	210	-220.5	220.5	-227.5	220	1

Deadlift

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	DL 1	DL 2	DL 3	DL 4	Total	Placing
Sonya Stengel	Female	11	OH	243	90+/198.5+ (F)	Youth 11 and Under	77.5	92.5	-110		92.5	1
Leonardo Nerone	Male	6	OH	105	48/105.8	Youth 11 and Under	30	32.5	35		35	1
Scott Stengel	Male	36	OH	195	90/198.4	Open	230	250	-272.5		250	1
Bob Dunn	Male	65	OH	223	110/242.5	Masters (65-69)	137.5	147.5	152.5		152.5	1

Strict Curl

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	SC 1	SC 2	SC 3	SC 4	Total	Placing
Denise Jaffe	Female	57	OH	121.3	56/123.4	Masters (55-59)	27.5	29.5	32.5	-33	32.5	1
Madison Jaffe	Female	27	OH	146.4	67.5/148.8	Open	29.5	32	34	-38.5	34	1
Sonya Stengel	Female	11	OH	243	90+/198.5+ (F)	Youth 11 and Under	20.5	25	-29		25	1
Ryan Sweeney	Male	33	OH	147.8	67.5/148.8	Handicapped	25	27.5	30	35	30	1
Bennett Rubin	Male	66	OH	180.2	82.5/181.8	Masters (65-69)	-41	43.5	45.5	47.5	45.5	1
Scott Stengel	Male	36	OH	195	90/198.4	Open	68.5	73	75		75	1
Bob Dunn	Male	65	OH	223	110/242.5	Masters (65-69)	48	52.5	55		55	1
Sam Jaffe	Male	72	OH	229.8	110/242.5	Masters (70-74)	53	55	-58		55	1