



All Time Men's Rankings

Updated 02/29/2024 Ed Kutin

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All Time Squat Rankings			Male		
Weight Class: 48 / 105			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	172.5		380.2 Jasen Hinkel	US-NE	2010
2	110		242.5 Casey Walker	US-PA	2016
3	107.5		236.9 Chase Fettes	US-PA	2013
4	95		209.4 Kamryn Vasquez	US-NE	2011
5	94.8		208.9 Tucker Lee	US-NC	
6	90.8		200.1 Jared Fleming	US-NY	2003
7	90		198.4 Ari Kutin	US-NJ	2014
8	87.5		192.9 C. Lester	US-NC	
9	87		191.8 Daniel Reinhold	US-PA	2014
10	85		187.3 Buck Ammons	US-NC	2016
11	83.9		184.9 B. Leebrick	US-NC	
	83.9		184.9 E. Smith	US-PA	2004
13	82.5		181.8 Hunter Forte	US-VT	
14	80		176.3 Zach Seymour	US-GA	
15	77.5		170.8 Bailey Underwood	US-AZ	2013
16	77		169.7 Andrew Nace	US-PA	2014
17	75		165.3 Adam Taylor	US-MD	2021
18	74.86		165 Brock Vergara	US-FL	2023
19	74.8		164.9 Alex Seymour	US-GA	
20	72.5		159.8 D Perhacs	US-PA	2002
	72.5		159.8 Jeramiah Skinner	US-NC	2023

Weight Class: 52 / 114			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	147.4		324.9 Caleb Tourres	US-LA	2007
2	136.1		300 Michael Shine	US-NC	
3	125		275.5 Dmitriy Sergienko	Ukraine	2014
4	124.7		274.9 Eric Midkiff	US-NC	
5	122.4		269.8 Glenn Murphy	US-MD	
6	106.5		234.7 Christopher Bloom	US-PA	2003
7	105		231.4 Tucker Lee	US-NC	
	105		231.4 Jake Rice	US-PA	2012
	105		231.4 Buck Ammons	US-NC	2018
10	103.1		227.2 Mike Burkeen	US-AZ	2009
11	102.5		225.9 Jarvis Milton	US-IA	2011
12	102		224.8 Dylan Edney	US-NC	
13	100		220.4 Evan Pittman	US-FL	2012
14	96.5		212.7 H. Alverez	US-NJ	1999
15	95		209.4 Nick Hartmann	US-PA	2014
16	92.5		203.9 Ari Kutin	US-NJ	2015
17	90		198.4 Mark Walker	US-PA	2013

	90	198.4	Jake Hartmann	US-PA	2015
19	85	187.3	Jason Farrow	US-FL	2011
20	84.8	186.9	S Smykal	US-PA	2010

Weight Class: 56 / 123					
			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	229	504.8	Michael Kuhns	US-PA	2004
2	182.5	402.3	Brannigan Coleman	US-NC	2017
3	160	352.7	Filippo Mascellaro	Italy	2021
4	156.9	345.9	Steve Snyder	US-PA	1999
5	156.4	344.7	Caleb Williams	US-PA	2000
6	151.9	334.8	C Williams	US-PA	2000
7	150	330.6	Idan Alkoby	Israel	2013
8	142.5	314.1	Jose Para	US-NC	2020
9	140	308.6	Nigel Whitford	Canada	2016
	140	308.6	Carl King	US-PA	2019
11	137.5	303.1	William Tenerelli	US-NJ	2014
	137.5	303.1	Hung Le	US-AZ	2015
13	135	297.6	Casey Walker	US-PA	2016
14	132.5	292.1	Sean Brokenshire	South Africa	2012
	132.5	292.1	Paul Cataldi	US-PA	2013
16	128	282.1	Spencer McCann	Canada	2013
17	125	275.5	Robert Clark	US-VA	
	125	275.5	Chase Fettes	US-PA	2014
	125	275.5	Ryan Kanashiro	Canada	2022
20	124.7	274.9	J. Jernigan	US-NC	

Weight Class: 60 / 132					
			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	250.5	552.2	Michael Kuhns	US-PA	2022
2	192.5	424.3	Jason Yuen	Canada	2019
3	182.5	402.3	Vincent Alvarado	US-NE	2011
4	175	385.8	Daniel Remulla	Canada	2012
5	170	374.7	George James	US-MD	2019
6	167.5	369.2	Jose Para	US-NC	2022
	167.5	369.2	An Nguyen	US-NJ	2022
8	165	363.7	Luke Cohen	Canada	2017
9	160	352.7	Dan Carpenter	US-FL	2008
	160	352.7	Alex Saretsky	Canada	2016
	160	352.7	Jose Parra	US-NC	2021
12	157.5	347.2	Joshua Sine	US-VA	
13	155	341.7	August Gershwin	US-PA	2014
14	154.2	339.9	Mike Allgeier	US-PA	2000
15	147.5	325.1	Steve Snyder	US-PA	1999
	147.5	325.1	Amro Eldesouki	US-AZ	2015
	147.5	325.1	Tyler Trudel	Canada	2019
18	147.4	324.9	D. Priddy	US-NC	
19	145.2	320.1	Eric Midkiff	US-NC	
20	145	319.6	Christopher Smith	US-NY	2012
	145	319.6	Ricardo Sanchez	US-NY	2022

Weight Class: 67.5 / 148					
			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	249.8	550.7	Michael Kuhns	US-PA	2006
2	222.5	490.5	Ross Rickards	Australia	2018
3	212.5	468.4	Lenard Jones	US-VA	2019
4	210	462.9	Benjamin Butty	Canada	2012
5	205.5	453	Alex Saretsky	Canada	2018

6	205	451.9	Alex LaRochelle	US-NH	2017
7	204.1	449.9	Ramone Cruz	US-PA	2002
8	201	443.1	Stephane Heroux	Canada	2019
9	200	440.9	Shane Elliot	US-MD	2022
10	195	429.8	Christopher Ferranti	US-NC	2015
11	190.5	419.9	Monte Lofing	US-NE	2018
12	190	418.8	Matthew Tillotson	US-NY	2017
13	188.2	414.9	Paul Griffith	US-PA	1999
14	187.5	413.3	Brenden Eberle	Canada	2015
	187.5	413.3	Max Hall	Canada	2019
	187.5	413.3	Michael Ohse	US-NC	2019
17	186.3	410.7	M. Romanello	US-FL	2008
	186.3	410.7	Rolando Manso	US-FL	2008
19	186	410	M. Gogluicci	US-NJ	2001
20	185	407.8	Daniel Cohen	Israel	2014
	185	407.8	Stan Lysholm	US-IA	2016
	185	407.8	Dillon Childs	Canada	2018
	185	407.8	Nathaniel Thomas	US-NC	2023

Weight Class: 75 / 165			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	258.5	569.8	Tony Conyers	US-FL	2022
2	237.5	523.5	Chase Weigel	Canada	2023
3	235	518	Matt Catalino	US-PA	2000
4	231.33	509.9	Jose Urbina	US-FL	2023
5	230	507	Nicholas DiMinni	US-NJ	2016
6	229	504.8	G. Clay	US-PA	2001
7	226.7	499.7	Joseph Braca	US-PA	2000
8	220	485	Jaime Velasquez	US-MD	2018
	220	485	Parker Bolton	US-NY	2022
10	218.5	481.7	Ramone Cruz	US-PA	2012
11	217.5	479.5	James Aikey	US-VT	
12	216	476.1	Tony Felix	Canada	2016
13	215.5	475	C. Kerley	US-NC	
	215.5	475	Cole Melanson	Canada	2016
15	215	473.9	Brett Freeman	US-NY	2012
	215	473.9	Austin Andreyo	US-PA	2019
17	212.5	468.4	Jeremy Muse	US-NC	
	212.5	468.4	Brian Stoner	US-NY	2013
	212.5	468.4	Jacob Vohs	US-PA	2014
20	210	462.9	Andrew Lee	US-AZ	2014

Weight Class: 82.5 / 181			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	273	601.8	Jaime Velasquez	US-MD	2022
2	272.6	600.9	Matt Clickett	US-PA	2002
3	272.5	600.7	Taggart Duburiya	Nauru	2018
4	270	595.2	Deamo Baguga	Nauru	2018
5	255	562.1	Daryl Taylor	US-VA	
	255	562.1	Darren Taylor	US-VA	2016
7	250	551.1	Gino Maranon	Canada	2021
8	247.5	545.6	Kevin Woods	US-NC	
9	245	540.1	Bjorn Torgerson	Canada	2014
	245	540.1	Brett Hansen	Canada	2017
11	242.6	534.8	Matt Catalino	US-PA	2002
12	242.5	534.6	Chad Penson	US-NM	2016
13	240	529.1	Larry Dyles	US-VA	
	240	529.1	Gleb Epelbaum	US-PA	2012

	240	529.1	Chase Weigel	Canada	2023
16	237.5	523.5	Ryan Kiecker	US-VA	2016
	237.5	523.5	Vitalie Ursu	Canada	2018
18	235	518	Irving Harris	Nauru	2018
	235	518	Cosmin Olteanu	Canada	2019
20	232.5	512.5	Cody Anderson	Canada	2019

Weight Class: 90 / 198					
			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	287.5	633.8	William Waller	US-VA	2021
2	276.6	609.7	Mike Mastrean	US-PA	2002
3	274.4	604.9	R. Jordan	US-PA	2001
4	274	604	Bjorn Torgerson	Canada	2015
5	273	601.8	Victor Biryukov	Russia	2012
6	272.5	600.7	Ben Royer	US-PA	2014
7	272.2	600	Joey King	US-OR	2006
8	260.8	574.9	J. McCode	US-PA	2001
9	256.3	565	D. Adams	US-NC	
10	256	564.3	Victor Akpawan	Canada	2019
11	255	562.1	Frank Butty	Canada	2012
	255	562.1	Benjamin Swope	US-AZ	2017
13	252.5	556.6	Kevin Woods	US-NC	2022
14	250	551.1	Brad Olson	Canada	2015
	250	551.1	Jesse Ronland	Nauru	2018
16	248.5	547.8	Dale Christopher	US-AZ	2009
17	245	540.1	Larry Dyles	US-VA	2018
18	244.9	539.9	J.B. Boyd	US-PA	2004
	244.9	539.9	Brandon Martin	US-FL	2023
20	242.5	534.6	Brandon Schabacker	US-VA	
	242.5	534.6	Matt Hartman	US-PA	2017
	242.5	534.6	Jason Yanes	US-AZ	2019
	242.5	534.6	Joshua Daily	US-FL	2019

Weight Class: 100 / 220					
			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	302.5	666.8	WeiBin He	China	2018
	302.5	666.8	AZI Idehenre	US-NC	2022
3	295	650.3	Greg Nuckols	US-NC	
4	290	639.3	Taylor Shadgett	Canada	2012
5	285	628.3	Chad Smith	US-OK	2009
6	280	617.2	Ryan Nolan	US-NJ	2022
	280	617.2	Bruce Knox	US-MD	2023
8	275	606.2	Kevin Varriale	US-IL	2015
	275	606.2	Garrick Jeffers	US-VA	2021
	275	606.2	TC Haubold	US-NC	2022
11	274.4	604.9	Marcus Schmidt	US-OH	
12	272.1	599.8	Chris Machin	US-NY	2000
13	272	599.6	Zackary Reimer	Canada	2019
14	270	595.2	Cody Light	US-PA	2017
15	268.5	591.9	Everett Brill	US-NM	2017
16	267.6	589.9	Jeff Diegan	US-NY	
17	265	584.2	Derek Dickinson	US-VA	2017
	265	584.2	Eric Dumas	Australia	2018
	265	584.2	Dario Lanzone	Italy	2021
20	262.5	578.7	Abed Abu-Sakout	US-VA	2018

Weight Class: 110 / 242					
			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year

1	317.8	700.6	Ken Howard	US-NY	2001
2	317.5	699.9	Chaz Ruffin	US-CT	2017
3	305	672.4	Michael Eaton	US-MD	
4	297.5	655.8	Jeff Lastuka	Canada	2022
5	295.5	651.4	James Jacobs	US-FL	2007
6	295	650.3	Jason Wahl	US-VA	
	295	650.3	Joash Teabuge	Nauru	2018
	295	650.3	Azi Idehenre	US-NC	2023
9	290.3	639.9	Jeff Diegan	US-NY	
10	285	628.3	Woody Leonard	US-NC	2017
	285	628.3	Derek Dickinson	US-VA	2019
	285	628.3	Anthony Miranda	US-OH	2023
13	284.8	627.8	Nick Hammer	US-FL	2007
14	282.5	622.7	Ronald Walling	US-VA	2015
15	280.8	619	Steve Protomastro	US-NJ	2001
16	279	615	Jeff Deigan	US-NY	2006
17	277.5	611.7	Stiven Rivas	US-VA	2023
18	276.6	609.7	Thomas Ruzsala	US-MD	
	276.6	609.7	A McFerren	US-PA	2001
20	275	606.2	Matt Cronin	US-VA	2014
	275	606.2	Nick Cataldi	US-PA	2016

Weight Class: 125 / 275			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	385.5	849.8	Greg Lowe	US-PA	2001
2	340	749.5	Matthew Sohmer	US-NY	2012
3	322.5	710.9	Anthony Krznar	Australia	2018
4	317.6	700.1	Trey Manning	US-NC	
5	307.5	677.9	Derek Dickinson	US-VA	2022
6	299.3	659.8	Thomas Ruzsala	US-MD	
7	297.5	655.8	Michael Eaton	US-MD	
8	295	650.3	Nate Butler	US-MO	2010
	295	650.3	Chris Moro	US-NY	2022
	295	650.3	Cory Constantin	Canada	2023
11	292.5	644.8	Adam Price	Canada	2019
12	287.5	633.8	Tyler Cook	US-OH	2019
13	286.4	631.3	Nick Hammer	US-FL	2007
14	285.8	630	Steve Protomastro	US-NJ	2000
15	285.7	629.8	Bart Shuman	US-PA	2003
16	285	628.3	Eliahu Henkin	Israel	2014
	285	628.3	Tim Harbison	US-OH	2016
	285	628.3	Kyle Schuster	US-PA	2016
19	283.6	625.2	Greg Stott	US-NC	
20	282.5	622.7	Drew Naghibzad	US-AZ	2012
	282.5	622.7	Dallas Daniels	US-NC	2014
	282.5	622.7	Kevin Dixon	Canada	2022

Weight Class: 140 / 308			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	375	826.7	Scott Weech	US-FL	2006
2	330	727.5	Alec Williamson	US-AZ	2018
3	320	705.4	Troy Dugan	US-PA	2017
4	317.5	699.9	David Villeneuve	US-VT	
5	305	672.4	Nick Chaprales	US-MA	
	305	672.4	Nick Morneau	Canada	2019
7	300	661.3	Nate Butler	US-MO	2011
8	295	650.3	Doug Mignot	US-PA	2012
	295	650.3	Matthew Rice	US-NC	2018

10	294.8	649.9	Daniel Corridean	US-MD	
11	292.6	645	Justin Steyer	US-MD	
12	290	639.3	Jayme Campbell	US-VA	
13	285.8	630	Greg Stott	US-NC	
14	285	628.3	Brian Barnes	US-IL	
	285	628.3	Athan Parker	US-OH	2023
16	282.5	622.7	J. C. Miller	US-FL	2011
	282.5	622.7	John Jones Jr	US-MD	2016
	282.5	622.7	Jeremy Burroughs	US-PA	2018
	282.5	622.7	Allen Gibson	US-FL	2019
20	280	617.2	Troy Winfrey	US-VA	
	280	617.2	Matt Slate	US-NV	2023

Unknown Class: SHW			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	425	936.9	Jezza Uepa	Nauru	2018
2	362.9	800	R Brent	US-VA	
3	362.8	799.8	Nick Minneti	US-VA	2005
4	341	751.7	Beau Moore	US-FL	2006
5	317.5	699.9	Rodney Nelson	US-NY	2022
6	312.9	689.8	Raymond Hodges	US-FL	2022
7	304	670.1	Daniel Corridean	US-MD	2006
8	297.2	655.2	R. Blackwell	US-NC	
9	295.5	651.4	Cody Yager	US-FL	2007
	295.5	651.4	Brian Ball	US-MD	2016
11	295	650.3	Brandon Hall	US-AZ	2013
12	292.5	644.8	Doug Mignot	US-PA	2011
13	288	634.9	B Banhart	US-PA	1998
14	285	628.3	Chris Harris	US-VA	2015
	285	628.3	Noah Graves	US-OH	2018
16	283.4	624.7	Shane Yates	US-SC	
17	282.5	622.7	Dawson Adler	US-FL	2019
18	280	617.2	Russell Peel	Canada	2019
19	277.5	611.7	Leon Bradford	US-AZ	2017
	277.5	611.7	Zac Gorra	US-MA	2023

All Time Bench Press Rankings			Male		
Weight Class: 48 / 105			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	112.5	248	Jasen Hinkel	US-NE	2010
2	106	233.6	Aleksandr Ermachenko	Ukraine	2014
3	97.5	214.9	Kartik .	India	2021
4	92.5	203.9	James Miller	US-VA	2013
5	85	187.3	Daniel Levandusky	US-PA	2001
6	77.5	170.8	Rob Marcellino	US-NJ	2010
7	67.5	148.8	Ismael Jackson	US-MD	2022
8	65.7	144.8	Bradley Pataky	US-PA	2002
9	65	143.2	Andy Faviers	South Africa	2013
10	63.5	139.9	Justin Martin	US-NC	2006
11	62.5	137.7	DeAndre Proctor	US-NC	2013
	62.5	137.7	Dev Kaushik	India	2019
13	60	132.2	Buck Ammons	US-NC	
	60	132.2	Michael Kahan	US-AZ	2012
	60	132.2	John Hess	US-PA	2013
16	58.5	128.9	Sean Miller	US-NC	2017
17	57.5	126.7	Zach Seymour	US-GA	
	57.5	126.7	Chase Fettes	US-PA	2013

19	57	125.6	Daniel Reinhold	US-PA	2014
20	56.6	124.7	Christopher Bloom	US-PA	2002

Weight Class: 52 / 114					
			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	106.5	234.7	Boyd Honeycutt	US-NC	1999
2	103	227	Alexander Ermachenko	Ukraine	2013
3	100	220.4	Dmitriy Sergienko	Ukraine	2014
4	99.8	220	Daniel Levandusky	US-PA	2002
5	93	205	Caleb Tourres	US-LA	2007
6	92.5	203.9	Hunter Claypatch	US-NY	2007
	92.5	203.9	James Miller	US-VA	2013
8	92	202.8	Gary Peterson	US-WA	2014
9	91.2	201	Glenn Murphy	US-MD	2000
10	90.7	199.9	Tony Ostrum	US-VA	2003
11	85	187.3	Rob Marcellino	US-NJ	2010
12	83.9	184.9	Ian Smith	US-IN	2006
13	82.7	182.3	Mike Burkeen	US-AZ	2009
14	81.6	179.8	Michael Shine	US-NC	
15	80	176.3	Arshavir Asdoryan	Armenia	2010
	80	176.3	Lazar Mircic	Serbia	2010
	80	176.3	Kshetralpal Gherwal	India	2019
	80	176.3	Sukhjit Singh	India	2019
19	79.5	175.2	Trevor Branam	US-FL	2007
20	77.1	169.9	Nick Birchak	US-OH	2000

Weight Class: 56 / 123					
			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	150	330.6	Adam Zehr	US-NY	2008
2	136.5	300.9	Brannigan Coleman	US-NC	2016
3	127	279.9	Michael Kuhns	US-PA	2004
4	122.5	270	Justin Longstreet	US-OH	2012
5	115	253.5	Daniel Champagne	US-NC	2012
	115	253.5	Ravinder Pal Singh	India	2021
7	112.5	248	Gary Teeter	US-PA	2018
8	110	242.5	Saman Karami	Iran	2009
	110	242.5	Vin Voeun	US-AZ	2012
10	109.5	241.4	Phirum Peang	US-RI	2007
11	107.5	236.9	Kody Cox	US-PA	2013
	107.5	236.9	Carl King	US-PA	2019
13	106.5	234.7	Eric Nelligar	USA	2004
14	105	231.4	Ravinderpal Singh	India	2019
15	104.3	229.9	J. Chavez	US-NC	1999
16	103.5	228.1	Hung Le	US-AZ	2015
17	103	227	Idan Alkoby	Israel	2013
18	102.5	225.9	Robert Clark	US-VA	2009
	102.5	225.9	Mike Burkeen	US-AZ	2010
	102.5	225.9	James Miller	US-VA	2014
	102.5	225.9	Nigel Whitford	Canada	2016

Weight Class: 60 / 132					
			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	160	352.7	Adam Zehr	US-NY	2009
2	149.8	330.2	Michael Kuhns	US-PA	2010
3	138.6	305.5	Brian Goelz	US-FL	2006
4	136	299.8	Melvin Perry	US-NC	2006
5	135	297.6	Jason Yuen	Canada	2019
6	131	288.8	Vincent Alvarado	US-NE	2011

7	130	286.5	Peter Tischenko	Ukraine	2010
	130	286.5	Devin Gloeckl	US-PA	2018
9	128	282.1	Vance Edwards	US-NH	2010
10	127.5	281	Brian Calcafuoco	Canada	2011
	127.5	281	Devin Gloeckl	US-PA	2017
12	125.5	276.6	Alex Saretsky	Canada	2016
13	125	275.5	Sinath Sam	US-DE	2011
	125	275.5	Daniel Remulla	Canada	2012
	125	275.5	Steve Ferestad	US-MT	2015
16	121	266.7	Paul Gillott	US-AZ	2019
17	120	264.5	Dean Holland	US-PA	2001
	120	264.5	Galen Takushi	US-HI	2013
	120	264.5	Gary Whetzel	US-WV	2014
	120	264.5	Anthony Yee	US-MD	2014

Weight Class: 67.5 / 148			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	175	385.8	Adam Zehr	US-NY	2011
2	167.5	369.2	Jeremy Seff	US-NC	2017
3	165.6	365	James Love	US-GA	2005
4	163.5	360.4	Michael Kuhns	US-PA	2006
5	162.5	358.2	Lenard Jones	US-NC	2019
6	160	352.7	Viet Tran	US-NE	2014
7	158.8	350	N Sampras	US-GA	
8	157.5	347.2	Theopolis Ussery	US-NC	2016
9	156.4	344.7	Mike Booth	USA	2000
10	155	341.7	Peter Tischenko	Ukraine	2012
11	152.5	336.2	Alex Saretsky	Canada	2018
	152.5	336.2	Andrew Fiocco	US-CT	2019
13	151.9	334.8	Joe Mukite	USA	2003
14	150	330.6	Tim McCoy	US-FL	2010
	150	330.6	Cedric Kouokam	Cameroon	2012
16	149.6	329.8	Andrew Waits	USA	2002
17	147.5	325.1	Patrick Mason	US-MA	2017
	147.5	325.1	Kejajuan Collington	US-NC	2023
	147.5	325.1	Brannigan Coleman	US-VA	2023
20	146.5	322.9	Scott Wilson	US-VA	2012

Weight Class: 75 / 165			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	190	418.8	James Love	US-GA	2007
2	185	407.8	Kwansah Ackah	US-MD	2007
3	183.7	404.9	Orne Bey	USA	2000
4	181.4	399.9	Omar Bermudez	US-FL	
5	180	396.8	Kevin Wais	Canada	2017
6	175	385.8	Vladimir Tsaturyan	Ukraine	2014
	175	385.8	Tony Conyers	US-FL	2018
8	174.9	385.5	David Blattenberger	US-PA	2010
9	174.6	384.9	Brian Hough	US-NC	2003
10	172.5	380.2	John Self	US-VA	2007
	172.5	380.2	Donnell Moore	US-NC	2015
12	170	374.7	Gerado Perez	US-FL	2006
	170	374.7	Jermaine Moore	US-MD	2015
	170	374.7	Gurvur Kumar	India	2021
15	167.8	369.9	Ken Hedrich	US-IL	2010
16	167.5	369.2	Larry Dyles	US-VA	2007
17	165.6	365	John Audia	US-NY	
	165.6	365	Michael Binkley	US-NJ	2009

19	165.5	364.8	Jacob Vohs	US-PA	2014
20	165	363.7	Matt Baker	US-MD	
	165	363.7	Jason Luster	US-PA	2010
	165	363.7	Arthur Chan	Canada	2012
	165	363.7	Daniel Gonzalez	Canada	2015

Weight Class: 82.5 / 181			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	219.9	484.7	Will Lynch	US-NC	2006
2	208	458.5	Stephen Judah	US-FL	2007
3	200	440.9	Matteo Masi	Italy	2019
4	195.4	430.7	Rodney Rupe	US-FL	2006
5	195.3	430.5	David Blattenberger	US-PA	2008
6	195	429.8	Jacob Williams	US-PA	2019
7	192.7	424.8	D. Martin	USA	2000
	192.7	424.8	James Adams	US-NC	2007
9	192.5	424.3	T.J. Mosley	US-VA	2015
10	191	421	Kevin Wais	Canada	2016
11	190	418.8	Kyland Folkers	US-NE	2011
12	189	416.6	Matthew Reep	US-VA	
13	188.2	414.9	George Dale	USA	2006
14	187.5	413.3	Ahmed Shafik	US-AZ	2015
	187.5	413.3	Lloyd Summers	US-OH	2015
	187.5	413.3	Chad Penson	US-NM	2016
17	185.9	409.8	Anthony Bannerman	US-NC	2007
18	185	407.8	Taggart Duburiya	Nauru	2018
	185	407.8	Llalando Austin	US-FL	2019
	185	407.8	Jaime Velasquez	US-MD	2022

Weight Class: 90 / 198			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	240	529.1	Dennis Cieri	US-NJ	2010
2	225	496	Michael Dudley	US-NC	2017
3	217.7	479.9	Dan Pearson	US-NC	2003
4	217.5	479.5	Vasiliy Gaydar	Ukraine	2014
5	210.9	464.9	Will Lynch	US-NC	2003
6	207.5	457.4	Varinder Singh	India	2019
7	206.3	454.8	Paul Bossi	US-NC	2002
8	205	451.9	Robert Barradas	US-GA	2007
	205	451.9	Anthony Simpson	US-NC	2011
	205	451.9	Chris Walter	US-NE	2015
	205	451.9	Ricky Dozier	US-NC	2018
12	200.3	441.5	Brad Leonard	US-PA	2004
13	200	440.9	Sergei Didovik	Ukraine	2011
	200	440.9	Brandon Perdue	US-VA	2013
15	199.5	439.8	Bruce Swanson	US-NY	2002
16	197.5	435.4	Aaron Johnson	US-VA	2009
	197.5	435.4	Andrea Piccione	Italy	2021
18	197.3	434.9	Nick Mercorelli	US-VA	2011
19	195	429.8	Jeffrey McDaniel	US-PA	2014
	195	429.8	Kevin Wais	Canada	2017

Weight Class: 100 / 220			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	238	524.6	Michael Dudley	US-NC	2018
2	235.9	520	Dennis Cieri	US-NJ	2007
3	233.6	514.9	Paul Bossi	US-NC	2005
4	222.3	490	Kenny Burkett	US-VA	2002

5	222.2	489.8	Marcus Shahid	USA	
6	219.9	484.7	Joe McAuliffe	US-NJ	2007
7	217.5	479.5	Chris Walter	US-NE	2018
	217.5	479.5	Ricky Dozier	US-NC	2020
9	215	473.9	Chad Smith	US-OK	2009
	215	473.9	Sabre Schnitzer	US-VA	2012
	215	473.9	Stephen Ashcraft	US-OH	2013
	215	473.9	Vadim Miroshnichenko	Ukraine	2014
	215	473.9	Viet Vo	US-NJ	2015
14	213.1	469.8	Brian Lapole	US-MD	2008
15	212.5	468.4	Roy O'Dwyer	US-MD	2007
16	210	462.9	Andrey Nerubenko	Russia	2011
17	208.6	459.8	Nick Vlastic	US-PA	2002
18	208	458.5	Jeremy Swain	US-PA	2023
19	207.5	457.4	Keith Herron	US-IN	2008
	207.5	457.4	Sherm Pensyl	US-PA	2012
	207.5	457.4	Sean Flanagan	US-CA	2014

Weight Class: 110 / 242			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	272.2	600	Rock Lewis	US-SC	2006
2	240.4	529.9	Paul Bossi	US-NC	2006
	240.4	529.9	Shawn Reid	US-NC	2001
4	240	529.1	Michael Dudley	US-VA	2022
5	237.5	523.5	Jerome Odie	US-VA	2017
6	232.5	512.5	Ricky Dozier	US-NC	2023
7	228	502.6	Scott Beitzell	US-VA	2017
8	225	496	Lysander Roberson	US-NC	2011
9	222.8	491.1	Brad Leonard	US-PA	2009
10	222.5	490.5	John Giffen	Canada	2012
11	220.3	485.6	Nick Vlastic	US-PA	2003
12	220	485	Nikolai Kornienko	Ukraine	2011
	220	485	Scott Walter	US-NE	2012
	220	485	Talieh Mario	Cameroon	2013
	220	485	James Kelly	US-HI	2014
16	217.7	479.9	Chip Edalgo	US-GA	2002
	217.7	479.9	Nick Ball	USA	2007
	217.7	479.9	Joseph Houston	US-NC	2007
19	217.5	479.5	Chris Walter	US-NE	2018
20	215.5	475	Christopher Holloway	US-VA	2016

Weight Class: 125 / 275			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	265.4	585.1	Michael Belk	US-NC	
2	250	551.1	James Hourihan	US-MA	2011
3	247.5	545.6	Aleksey Pridya-Kipyatok	Ukraine	2014
4	247.2	544.9	Bennie Jones	US-NC	2007
5	242.6	534.8	Carl Elliott	US-NC	2000
6	240	529.1	Jermaine Jones	US-NC	2011
7	237.5	523.5	John Giffen	Canada	2015
8	235.9	520	Scott Kuzma	US-VA	2006
9	233.6	514.9	Dennis Cain	US-NV	2004
10	231.3	509.9	Bert Faircloth	USA	2002
11	230	507	Paul Bossi	US-NC	2010
	230	507	JJ Jones	US-NC	2011
13	229.5	505.9	Michael Allocco	US-FL	2006
14	229	504.8	Bart Shuman	US-PA	2003
15	227.5	501.5	Steve Thompson	US-OH	2014

	227.5	501.5	Dennis Arnold	US-TN	2016
17	227.2	500.8	Nick Seiner	US-PA	2010
18	220	485	Jason Mattison	US-NE	2007
	220	485	Greg Curatola	US-ME	2009
	220	485	Daryl Charron	US-MO	2010

Weight Class: 140 / 308			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	266	586.4	Dmitry Golovin	Ukraine	2013
2	265	584.2	Michael Belk	US-NC	2007
3	256.2	564.8	Carl Elliott	US-NC	2005
4	252.5	556.6	Jerry Gunter	US-NC	2010
5	250	551.1	Matt Eveland	US-NE	2014
6	249.2	549.3	Paul Brown	US-PA	2000
7	242.5	534.6	Daryl Charron	US-MO	2008
8	238.1	524.9	Maurice Washington	US-GA	2005
9	237.5	523.5	Nick Summers	US-AZ	2016
10	235.8	519.8	Ben Cangelosi	USA	2002
11	235	518	Scott Weech	US-FL	2006
	235	518	Victor Kochmar	Ukraine	2011
13	232.5	512.5	Timmy Rush	US-NC	2013
14	231.3	509.9	Scott Kuzma	US-VA	2006
15	230	507	John Robinson	US-PA	2012
16	227.5	501.5	Kent Burgess	US-WV	2012
	227.5	501.5	Mark Hotochin	US-VA	2018
	227.5	501.5	Alec Williamson	US-AZ	2018
19	227.2	500.8	Nick Seiner	US-PA	2010
20	226.8	500	Roscoe Ware	US-VA	2005
	226.8	500	Zack Butkis	US-IL	2011

Unknown Class: SHW			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	290	639.3	Pedro Mejias	US-NY	2018
2	276.7	610	John Dolan	US-IL	
3	255.5	563.2	Rodney Nelson	US-NY	2022
4	255	562.1	Jezza Uepa	Nauru	2018
5	254.5	561	Beau Moore	US-FL	2006
6	252.5	556.6	Jerry Gunter	US-NC	2010
7	250	551.1	Marvin Bishop	US-OH	2011
8	247.5	545.6	Wade Likens	US-OH	2011
9	244.9	539.9	Raymond Hodges	US-FL	2022
10	242.5	534.6	Nicholas Cook	US-VA	2015
11	237.5	523.5	Tom Murray	US-PA	2012
12	237.2	522.9	Steve Buccilli	US-PA	2008
13	235	518	Aaron Morman	US-OH	2016
14	231.3	509.9	R Brent	US-VA	
	231.3	509.9	Nick Minneti	US-VA	2005
16	227.5	501.5	Wyatt Lozano	US-NY	2013
	227.5	501.5	Daniel Anderson	US-PA	2014
18	226.7	499.7	J. Deleone	USA	2003
19	225	496	Gregor Jankovic	Slovakia	2010
20	220	485	Thomas Dillard	US-VA	2007
	220	485	Radojica Marinkovic	Serbia	2010
	220	485	Bill Gillespie	US-VA	2017
	220	485	Ryheen Anderson	US-NY	2022
	220	485	Shawn Sackett	US-PA	2022

All Time Deadlift Rankings Male

Weight Class: 48 / 105			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	142.5		314.1 Chase Fettes	US-PA	2013
2	137.5		303.1 Casey Walker	US-PA	2016
3	127.5		281 Buck Ammons	US-NC	
4	125		275.5 Zach Seymour	US-GA	2012
5	124.7		274.9 B. Leebrick	US-NC	
6	122.5		270 Nick Hartmann	US-PA	2013
7	122.4		269.8 Bradley Pataky	US-PA	2002
8	120.2		264.9 Justin Martin	US-NC	2006
9	120		264.5 Andy Faviers	South Africa	2013
	120		264.5 Daniel Reinhold	US-PA	2014
11	115.6		254.8 Anthony McCloskey	US-OH	
12	115		253.5 Jared Fleming	US-NY	2003
	115		253.5 Bruno de Santana	Brazil	2010
	115		253.5 Kamryn Vasquez	US-NE	2012
	115		253.5 Navneet Singh	India	2019
16	110		242.5 Michael Kahan	US-AZ	2012
	110		242.5 Andrew Nace	US-PA	2014
18	108.89		240 Brock Vergara	US-FL	2023
19	107.5		236.9 Ari Kutin	US-NJ	2014
20	105		231.4 Santosh Singh	India	2019
	105		231.4 Raj Kalashiya	India	2019
	105		231.4 Adam Taylor	US-MD	2021

Weight Class: 52 / 114			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	170		374.7 Sumit Thakyal	India	2023
2	161.1		355.1 Michael Shine	US-NC	
3	157.5		347.2 Nick Hartmann	US-PA	2014
4	155		341.7 Austin Hatkoff	US-NC	2016
5	152.5		336.2 Jake Rice	US-PA	2012
	152.5		336.2 Mike Burkeen	US-AZ	2009
	152.5		336.2 Derek Welker	US-AZ	2010
	152.5		336.2 Arshad Khan	India	2019
9	150		330.6 Naveen .	India	2019
10	145.1		319.8 Glenn Murphy	US-MD	
11	145		319.6 Andy Faivers	South Africa	2013
	145		319.6 Dmitriy Sergienko	Ukraine	2014
	145		319.6 Buck Ammons	US-NC	2017
14	142.8		314.8 Dylan Edney	US-NC	
15	140.6		309.9 Kevin Houlroyd	US-NC	
	140.6		309.9 Mike Wilaby	US-NC	
17	140		308.6 Ashish Kaushal	India	2019
	140		308.6 Dev Kaushik	India	2021
19	137.5		303.1 Mayaur Vishwakarma	India	2019
20	133.8		294.9 Eric Midkiff	US-NC	

Weight Class: 56 / 123			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	222.5		490.5 Brannigan Coleman	US-NC	2017
2	202.5		446.4 William Tenerelli	US-NJ	2014
3	200		440.9 Idan Alkoby	Israel	2013
4	192.7		424.8 Steve Snyder	US-PA	1999
5	192.5		424.3 DeMarcus Khorsand	US-NC	
6	190		418.8 Sean Brokenshire	South Africa	2012

7	187.5	413.3	Daryl Johnson	US-NY	2015
8	185	407.8	Andy Phan	US-AZ	2013
	185	407.8	Hung Le	US-AZ	2014
	185	407.8	Nigel Whitford	Canada	2016
11	180	396.8	Eric Green	US-IA	2014
12	177.5	391.3	Sergey Chernov	Ukraine	2010
13	175	385.8	Nathan Jones	US-NC	2009
	175	385.8	Paul Cataldi	US-PA	2013
	175	385.8	Darren Fernandez	US-AZ	2016
	175	385.8	Gary Teeter	US-PA	2023
17	172.3	379.8	Caleb Williams	US-PA	2000
18	167.8	369.9	J. Weyman	US-NJ	2000
19	166	365.9	Mike Burkeen	US-AZ	2011
20	165	363.7	Robert Clark	US-VA	
	165	363.7	Nick Hartmann	US-PA	2015

Weight Class: 60 / 132			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	220	485	George James	US-MD	2019
2	217.5	479.5	William Tenerelli	US-NJ	2015
3	215	473.9	Dan Carpenter	US-FL	2008
4	213	469.5	Alex Saretsky	Canada	2016
5	212.5	468.4	Andy Phan	US-AZ	2015
6	210	462.9	Giuseppe Di Spena	Italy	2019
7	207.5	457.4	Peter Tischenko	Ukraine	2010
	207.5	457.4	Daniel Remulla	Canada	2012
9	205	451.9	Jim Marchio	US-VA	2015
10	204.1	449.9	Mike Allgeier	US-PA	2000
11	202	445.3	Jef Gorsky	US-NY	2011
12	200	440.9	Anthony Lee	US-MD	
	200	440.9	Anthony Yee	US-MD	
	200	440.9	Depree Seavers	US-NE	2018
15	197.5	435.4	Gary Whetzel	US-WV	2014
16	195	429.8	Vincent Alvarado	US-NE	2011
17	192.7	424.8	W Gonzalez	US-PA	1999
18	192.5	424.3	Rob Mayer	US-NY	2010
	192.5	424.3	Michael Kuhns	US-PA	2022
	192.5	424.3	Nick Silvio	US-NC	2023

Weight Class: 67.5 / 148			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	257.5	567.6	Brenden Eberle	Canada	2015
2	252	555.5	Lenard Jones	US-NC	2019
3	250	551.1	Benjamin Butty	Canada	2012
	250	551.1	Alex LaRochelle	US-NH	2017
5	249.4	549.8	Michael Ticknor	US-SC	2006
6	245	540.1	Christopher Ferranti	US-NC	2015
	245	540.1	Ross Rickards	Australia	2018
	245	540.1	Bryan Ellenberger	US-PA	2021
9	244.9	539.9	Joe Lineman	US-MD	
10	242.5	534.6	Norman Lowder	US-PA	2000
	242.5	534.6	Michael Ohse	US-NC	2019
12	240	529.1	Remi Fredericks	South Africa	2013
	240	529.1	Luis Quinones	US-NY	2021
14	237.5	523.5	Jed Lee	US-OH	2012
	237.5	523.5	Alex Saretsky	Canada	2016
	237.5	523.5	Jeremy Seff	US-NC	2017
17	235	518	Timothy Raube	US-VA	2014

	235		518 Jeff Ennis	US-VA	2017
19	233.7		515.2 J. Meekins	US-NC	
20	232.5		512.5 George James	US-MD	2013
	232.5		512.5 Darren Maloney	Ireland	2017
	232.5		512.5 Max Hall	Canada	2019

Weight Class: 75 / 165					
			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	285.7		629.8 Joseph Braca	US-PA	2000
2	285		628.3 Michael Hart	US-PA	2014
3	282.5		622.7 Tony Conyers	US-FL	2019
4	280.5		618.3 Remi Fredericks	South Africa	2018
5	277.5		611.7 Aaron Osborne	US-VA	2017
6	275		606.2 Michael Ticknor	US-SC	2009
7	274		604 Brenden Eberle	Canada	2016
8	272.1		599.8 Omar Bermudez	US-FL	
9	270		595.2 Jaime Velasquez	US-MD	2017
10	265		584.2 Kevin Pataky	US-PA	2019
11	263.4		580.6 Nicholas Theodorou	US-PA	2005
12	262.5		578.7 James Aikey	US-VT	
	262.5		578.7 Troy Becker	US-NE	2016
	262.5		578.7 Martin Hsieh	US-MD	2018
	262.5		578.7 Oliver Evangelista	US-NE	2019
	262.5		578.7 Jeremy Wong	Canada	2022
17	260		573.1 Rob Hanners	US-VA	2009
	260		573.1 Tony Felix	Canada	2016
	260		573.1 Noah Cline	US-PA	2018
20	258.5		569.8 Joe Lineman	US-MD	2000

Weight Class: 82.5 / 181					
			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	320		705.4 Deamo Baguga	Nauru	2018
2	307.5		677.9 Trevor Hogans	US-PA	2013
3	295		650.3 Garrett Hence	US-VA	
	295		650.3 Joseph Braca	US-PA	2013
	295		650.3 Jaime Velasquez	US-MD	2022
6	294.8		649.9 Spencer Gill	US-CA	2009
7	290.3		639.9 Dean Bellantoni	US-NY	
8	285.5		629.4 Justin Jackson	US-NE	2019
9	285.1		628.5 Brandon Petitt	US-NC	
	285.1		628.5 Kevin Woods	US-NC	
11	285		628.3 David Hansen	USA	2010
	285		628.3 Lloyd Summers	US-OH	2015
	285		628.3 Taggart Duburiya	Nauru	2018
14	283.4		624.7 Gleb Epelbaum	US-PA	2010
15	282.5		622.7 Andrew Schendel	US-NM	2013
	282.5		622.7 Jason Marshall	US-TX	2015
17	280.5		618.3 Victor Akpawan	Canada	2016
18	280		617.2 Tony Rodriguez	US-NV	2010
	280		617.2 Ben Royer	US-PA	2012
	280		617.2 Alexander Kipp	Canada	2014
	280		617.2 Jose Rivera	US-CO	2018

Weight Class: 90 / 198					
			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	341		751.7 Robert Herring	US-NC	2008
2	340		749.5 AZI Idehenre	US-NC	2022
3	306.6		675.9 Darren Dorn	USA	2011

4	305	672.4	William Waller	US-VA	2020
5	304.8	671.9	Krzysztof Ksepka	US-NJ	2001
6	303	667.9	Victor Akpawan	Canada	2019
7	302.5	666.8	Brandon Schabacker	US-VA	2015
8	300	661.3	Nathanael Glines	US-NH	2010
	300	661.3	Ben Royer	US-PA	2014
	300	661.3	TC Haubold	US-NC	2023
11	299.3	659.8	R. Jordan	US-PA	2001
	299.3	659.8	Mike Mastrean	US-PA	2001
13	295	650.3	Dean Bellantoni	US-NY	2010
14	294.8	649.9	J.B. Boyd	US-PA	2000
	294.8	649.9	Andy Brown	USA	2002
16	292.5	644.8	Tracy Moody	US-VA	
	292.5	644.8	Frank Butty	Canada	2012
	292.5	644.8	Matt Hartman	US-PA	2017
19	290.3	639.9	J. McCode	US-PA	2001
20	290	639.3	Andy Murtagh	Ireland	2017
	290	639.3	Garrison Cobb	US-AZ	2017
	290	639.3	Joseph Braca	US-PA	2018
	290	639.3	Michael Gralla	US-PA	2019

Weight Class: 100 / 220			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	365	804.6	AZI Idehenre	US-NC	2022
2	325	716.4	TC Haubold	US-NC	2022
3	322.5	710.9	Abed Abu-Sakout	US-VA	
4	320	705.4	Ross Vanderbosch	US-OH	2016
	320	705.4	Trent Ross	Australia	2018
6	311	685.6	Aaron Boyd	US-AZ	2014
7	310	683.4	Ryan Paradise	US-MA	2012
8	307.5	677.9	Durell Cull	US-NY	2017
	307.5	677.9	Corey Watson	US-MD	2021
10	305.5	673.5	Cephas McTizic	US-AR	2017
11	305	672.4	Josh Conner	US-AZ	2016
	305	672.4	Alexander Pronchuk	Canada	2019
13	304.4	671	Darren Dorn	USA	2008
14	303.9	669.9	Chris Machin	US-NY	2000
15	302.5	666.8	Mitchell Chesney	Canada	2018
	302.5	666.8	Bruce Knox	US-MD	2023
17	301.8	665.3	Krzysztof Ksepka	US-NJ	2002
18	301.6	664.9	Marshall Evans	US-PA	2001
19	300	661.3	Shaun Trimarco	US-IL	
	300	661.3	Alex Drolc	Canada	2008
	300	661.3	Wilfred Kebenghe	Cameroon	2013
	300	661.3	Alex Brandler	US-VA	2015
	300	661.3	Derek Dickinson	US-VA	2016
	300	661.3	Andy Murtagh	Ireland	2018
	300	661.3	WeiBin He	China	2018
	300	661.3	Andrea Cicero	Italy	2021
	300	661.3	Ryan Nolan	US-NJ	2022

Weight Class: 110 / 242			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	392.5	865.3	Michael Eaton	US-MD	2018
2	355	782.6	Azi Idehenre	US-NC	2023
3	350	771.6	Tra Farrington	US-NC	2014
4	340	749.5	Brandon Cox	US-AZ	2009
5	335.6	739.8	Ken Howard	US-NY	2001

6	330.5	728.6	Dorrell Petties-Dahmer	Canada	2019
7	324.8	716	R. Davis	US-PA	2000
8	322.5	710.9	Michael Oliver	US-MD	2024
9	320	705.4	Ronald Walling	US-VA	
	320	705.4	Chaz Ruffin	US-CT	2017
11	318.2	701.5	James Jacobs	US-FL	2007
12	318	701	Alexander Pronchuk	Canada	2019
13	317.5	699.9	Jeff Diegan	US-NY	
	317.5	699.9	D. Cooper	USA	2007
15	312.5	688.9	Brian Hershler	US-VA	2023
16	310	683.4	Dane Dillon	Canada	2014
	310	683.4	Tim Sparkes	US-AZ	2016
	310	683.4	Derek Dickinson	US-VA	2019
19	307.5	677.9	Bruce Knox	US-MD	2024
20	306.1	674.8	Steven Pruitt	US-FL	2022

Weight Class: 125 / 275			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	367.5	810.1	Michael Eaton	US-MD	
2	362.8	799.8	Greg Lowe	US-PA	2001
3	350	771.6	Dorrell Petties-Dahmer	Canada	2019
4	340	749.5	Brandon Cox	US-AZ	2010
5	335	738.5	Anthony Krznar	Australia	2018
6	332.5	733	Gregory Hartranft	US-NY	2010
7	331.1	729.9	Daniel Corridean	US-MD	2002
8	330	727.5	Rafael Crestani	Brazil	2010
	330	727.5	Ty Evans	US-FL	2018
10	328.9	725	Peter Gisondi	US-NY	
11	322.5	710.9	Casey Gerster	US-CO	2013
12	320	705.4	Greg Payne	US-HI	2000
	320	705.4	Matthew Sohmer	US-NY	2012
	320	705.4	Taylor Matthews	US-NC	2021
15	317.6	700.1	Greg Stott	US-NC	
	317.6	700.1	D. Wheel	US-NC	
17	315	694.4	Fred Littlejohn	US-VA	
18	310	683.4	Rob Landolina	US-NJ	2014
	310	683.4	Anton Zmushka	Canada	2018
	310	683.4	Chris Moro	US-NY	2022

Weight Class: 140 / 308			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	345.2	761	Corey Rideout	US-PA	2002
2	345	760.5	Scott Weech	US-FL	2006
	345	760.5	Stephen Davis	US-OH	2014
4	342.5	755	Mark Hotochin	US-VA	2018
5	342.4	754.8	Greg Payne	US-HI	1999
6	340	749.5	Jayme Campbell	US-VA	
	340	749.5	Roscoe Ware	US-VA	2013
8	337.5	744	Alec Williamson	US-AZ	2018
9	332.5	733	Nick Morneau	Canada	2019
10	331.1	729.9	Ben Cangelosi	USA	
	331.1	729.9	Daniel Corridean	US-MD	
12	330	727.5	David Villeneuve	US-VT	2013
13	327.5	722	Matt Eveland	US-NE	2014
14	325	716.4	Nick Chaprales	US-MA	2014
15	320	705.4	Troy Dugan	US-PA	2017
16	319.9	705.2	Greg Stott	US-NC	
17	317.5	699.9	Allen Gibson	US-FL	2019

18	310	683.4	Cameron Gillespie	US-CT	2017
19	306.1	674.8	Brian Barnes	US-IL	2011
20	301	663.5	Brandon Hall	US-AZ	2012

Unknown Class: SHW			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	367.5	810.1	Nicholas Cook	US-VA	
2	362.9	800	Nick Minneti	US-VA	
3	352.5	777.1	Landon Efird	US-NC	2023
4	352.3	776.6	Beau Moore	US-FL	2006
5	337.9	744.9	Raymond Hodges	US-FL	2022
6	335	738.5	Daniel Corridean	US-MD	2007
7	330	727.5	Cameron Gillespie	US-CT	2016
8	327.5	722	Noah Graves	US-OH	2018
9	325	716.4	Thomas Dillard	US-VA	2010
	325	716.4	Jeff Martens	Canada	2018
11	322	709.8	John James	US-VA	2004
12	320	705.4	Jezza Uepa	Nauru	2018
13	318.2	701.5	Cody Yager	US-FL	2007
14	318	701	Brandon Hall	US-AZ	2013
15	317.5	699.9	John Conner	USA	2009
16	306.1	674.8	Cody Russell	US-ME	2017
17	305	672.4	Cameron Gillespie	US-CT	2015
	305	672.4	Chris Harris	US-VA	2015
19	302.5	666.8	Leon Bradford	US-AZ	2017
	302.5	666.8	Brian Ball	US-MD	2018

All Time Total Rankings			Male		
Weight Class: 48 / 105			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	385	848.7	Jasen Hinkel	US-NE	2010
2	307.5	677.9	Chase Fettes	US-PA	2013
3	300	661.3	Casey Walker	US-PA	2016
4	270.1	595.4	Buck Ammons	US-NC	
5	265	584.2	Daniel Reinhold	US-PA	2014
6	262.5	578.7	Zach Seymour	US-GA	
7	251.8	555.1	B. Leebrick	US-NC	
8	251.7	554.8	Christopher Bloom	US-PA	2002
9	250	551.1	Andy Faviers	South Africa	2013
10	247.5	545.6	Kamryn Vasquez	US-NE	2011
11	247.2	544.9	Anthony McCloskey	US-OH	
12	240.4	529.9	Jared Fleming	US-NY	2003
13	237.5	523.5	Ari Kutin	US-NJ	2014
14	230	507	Andrew Nace	US-PA	2014
15	227.5	501.5	Bailey Underwood	US-AZ	2013
	227.5	501.5	Adam Taylor	US-MD	2021
17	225.5	497.1	Hunter Forte	US-VT	
18	224.58	495.1	Brock Vergara	US-FL	2023
19	222.5	490.5	Alex Seymour	US-GA	
20	220	485	C. Lester	US-NC	

Weight Class: 52 / 114			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	374.3	825.1	Michael Shine	US-NC	
2	370	815.7	Dmitriy Sergienko	Ukraine	2014
3	353.8	779.9	Glenn Murphy	US-MD	
4	337.5	744	Mike Burkeen	US-AZ	2009

5	331.1	729.9	Caleb Tourres	US-LA	2007
6	330	727.5	Jake Rice	US-PA	2012
7	324.4	715.1	Eric Midkiff	US-NC	
8	315	694.4	Nick Hartmann	US-PA	2014
9	310	683.4	Buck Ammons	US-NC	2018
10	306.1	674.8	Dylan Edney	US-NC	
11	299.5	660.2	Mike Wilaby	US-NC	
12	295	650.3	Mark Walker	US-PA	2013
13	285.8	630	Kevin Houlroyd	US-NC	
14	283.4	624.7	S Goetz	US-PA	2004
15	278.9	614.8	Steve Birchak	US-OH	
16	275	606.2	Robert Meck	US-PA	2012
17	272.5	600.7	Jason Farrow	US-FL	2011
18	270	595.2	H. Alvarez	US-NJ	1999
19	267.5	589.7	Jake Hartmann	US-PA	2015
20	255	562.1	Ari Kutin	US-NJ	2015

Weight Class: 56 / 123

			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	522.5	1151.9	Brannigan Coleman	US-NC	2017
2	521.6	1149.9	Michael Kuhns	US-PA	2004
3	453	998.6	Idan Alkoby	Israel	2013
4	446.7	984.7	Steve Snyder	US-PA	2009
5	435	959	William Tenerelli	US-NJ	2014
6	425	936.9	Nigel Whitford	Canada	2016
7	415	914.9	Sean Brokenshire	South Africa	2012
8	410	903.8	Carl King	US-PA	2019
9	406	895	Hung Le	US-AZ	2015
10	402.6	887.5	DeMarcus Khorsand	US-NC	
11	399.1	879.8	Caleb Williams	US-PA	2000
	399.1	879.8	C Williams	US-PA	2000
13	393	866.4	Gary Teeter	US-PA	2023
14	387.5	854.2	Andy Phan	US-AZ	2013
	387.5	854.2	Daryl Johnson	US-NY	2015
16	385	848.7	Robert Clark	US-VA	
17	382.5	843.2	Paul Cataldi	US-PA	2012
18	375	826.7	Ryan Kanashiro	Canada	2022
19	372.5	821.2	Mike Burkeen	US-AZ	2011
20	362.5	799.1	Casey Walker	US-PA	2016
	362.5	799.1	Jose Para	US-NC	2020

Weight Class: 60 / 132

			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	567.5	1251.1	Michael Kuhns	US-PA	2017
2	506	1115.5	Vincent Alvarado	US-NE	2011
3	505	1113.3	Daniel Remulla	Canada	2012
4	498.5	1098.9	Alex Saretsky	Canada	2016
5	495	1091.2	Jason Yuen	Canada	2019
6	482.5	1063.7	Dan Carpenter	US-FL	2008
7	473	1042.7	George James	US-MD	2019
8	462.6	1019.8	Mike Allgeier	US-PA	2000
9	460	1014.1	Anthony Lee	US-MD	
	460	1014.1	Anthony Yee	US-MD	2011
	460	1014.1	An Nguyen	US-NJ	2022
12	453.5	999.7	W Gonzalez	US-PA	1999
13	452.5	997.5	Gary Whetzel	US-WV	2014
14	450	992	Joshua Sine	US-VA	
15	440	970	Andy Phan	US-AZ	2014

16	435	959	Luke Cohen	Canada	2017
17	434.5	957.8	Jef Gorsky	US-NY	2011
18	430	947.9	Jose Para	US-NC	2022
19	422.5	931.4	Steve Ferestad	US-MT	2015
20	422.3	931	Steve Snyder	US-PA	2009

Weight Class: 67.5 / 148					
Rank	Lift	lbs	Total Lifter	Male Country	Year
1	622	1371.2	Lenard Jones	US-NC	2019
2	600	1322.7	Ross Rickards	Australia	2018
3	590.5	1301.8	Alex Saretsky	Canada	2018
4	582.5	1284.1	Alex LaRochelle	US-NH	2017
5	580	1278.6	Brenden Eberle	Canada	2014
	580	1278.6	Christopher Ferranti	US-NC	2015
7	577.5	1273.1	Jeremy Seff	US-NC	2017
8	576	1269.8	Michael Kuhns	US-PA	2006
9	565	1245.5	Benjamin Butty	Canada	2012
10	555	1223.5	Brannigan Coleman	US-VA	2023
11	546.5	1204.8	Ramone Cruz	US-PA	2002
12	545.2	1201.9	Theopolis Ussery	US-NC	
13	545	1201.5	Willie Trebach	US-MD	2023
14	542.5	1195.9	Michael Ohse	US-NC	2019
15	541	1192.6	Stephane Heroux	Canada	2019
16	538.7	1187.6	Rolando Manso	US-FL	2008
17	535.4	1180.3	J. Meekins	US-NC	
18	532.5	1173.9	Matthew Tillotson	US-NY	2017
19	530	1168.4	Luis Ardon	US-VA	
20	525	1157.4	David Wilson	US-NC	2008
	525	1157.4	Bryan Ellenberger	US-PA	2021

Weight Class: 75 / 165					
Rank	Lift	lbs	Total Lifter	Male Country	Year
1	698.4	1539.6	Tony Conyers	US-FL	2022
2	671.3	1479.9	Omar Bermudez	US-FL	
3	666.7	1469.8	Joseph Braca	US-PA	2000
4	637.29	1404.9	Jose Urbina	US-FL	2023
5	635	1399.9	Matt Catalino	US-PA	2000
6	625	1377.8	James Aikey	US-VT	
7	622.5	1372.3	Jaime Velasquez	US-MD	2017
8	617.5	1361.3	Aaron Osborne	US-VA	2017
9	612.5	1350.3	Jacob Vohs	US-PA	2014
	612.5	1350.3	Tony Felix	Canada	2016
	612.5	1350.3	Oliver Evangelista	US-NE	2019
12	610	1344.8	John Polak	US-WV	2001
13	607.5	1339.2	Noah Cline	US-PA	2018
14	606	1335.9	Cole Melanson	Canada	2016
15	605.6	1335.1	John Audia	US-NY	
16	605.5	1334.8	Remi Fredericks	South Africa	2018
17	605	1333.7	Chase Weigel	Canada	2023
18	600	1322.7	Martin Hsieh	US-MD	2018
19	597.5	1317.2	Ravy Phoun	US-CA	2013
	597.5	1317.2	Kevin Pataky	US-PA	2017

Weight Class: 82.5 / 181					
Rank	Lift	lbs	Total Lifter	Male Country	Year
1	748	1649	Jaime Velasquez	US-MD	2022
2	745	1642.4	Deamo Baguga	Nauru	2018
3	732.5	1614.8	Taggart Duburiya	Nauru	2018

4	707.7	1560.1	Kevin Woods	US-NC	
5	702.5	1548.7	Chad Penson	US-NM	2016
6	690	1521.1	Lloyd Summers	US-OH	2015
7	682.5	1504.6	Gleb Epelbaum	US-PA	2009
	682.5	1504.6	Trevor Hogans	US-PA	2013
9	675.9	1490	Dean Bellantoni	US-NY	
10	673.5	1484.7	Matt Catalino	US-PA	2002
11	672.5	1482.5	Ryan Kiecker	US-VA	2016
12	670	1477	Jose Rivera	US-CO	2018
13	667.5	1471.5	Tony Conyers	US-FL	2018
14	665	1466	Gino Maranon	Canada	2021
15	664.5	1464.9	Joseph Braca	US-PA	2004
16	662.5	1460.5	Kevin Weiss	Canada	2012
	662.5	1460.5	Vitalie Ursu	Canada	2016
18	660	1455	Ben Royer	US-PA	2012
19	647.8	1428.1	Brandon Petitt	US-NC	
20	647.5	1427.4	Chris Sousa	Canada	2014
	647.5	1427.4	Brandon Russell	US-PA	2018

Weight Class: 90 / 198			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	755.2	1664.9	Mike Mastrean	US-PA	2002
2	751	1655.6	William Waller	US-VA	2021
3	750	1653.4	Ben Royer	US-PA	2014
4	737	1624.7	R. Jordan	US-PA	2001
5	728	1604.9	J. McCode	US-PA	2001
6	723	1593.9	Jesse Ronland	Nauru	2018
7	721.5	1590.6	D. Adams	US-NC	
8	720.5	1588.4	Victor Biryukov	Russia	2012
9	718	1582.9	Victor Akpawan	Canada	2019
10	714.4	1574.9	Robert Samsa	US-OH	
11	712.1	1569.8	Joey King	US-OR	2006
12	702.5	1548.7	Brandon Schabacker	US-VA	
13	700	1543.2	Frank Butty	Canada	2012
14	697.5	1537.7	Bjorn Torgerson	Canada	2015
15	692.5	1526.6	Kevin Woods	US-NC	2022
16	690	1521.1	Brad Olson	Canada	2015
17	687.5	1515.6	Matt Hartman	US-PA	2017
	687.5	1515.6	Michael Gralla	US-PA	2021
19	682.6	1504.8	J.B. Boyd	US-PA	2000
20	682.5	1504.6	Jose Rivera	US-CO	2019

Weight Class: 100 / 220			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	830	1829.8	AZI Idehenre	US-NC	2022
2	807.5	1780.2	WeiBin He	China	2018
3	777.8	1714.7	Greg Nuckols	US-NC	
4	770	1697.5	Bruce Knox	US-MD	2023
5	768.8	1694.8	Marcus Shahid	USA	
6	762.5	1681	TC Haubold	US-NC	2022
7	757.5	1669.9	Derek Dickinson	US-VA	2017
8	755	1664.4	Abed Abu-Sakout	US-VA	2018
9	750	1653.4	Chad Smith	US-OK	2009
10	748.7	1650.5	Paul Bossi	US-NC	
11	745	1642.4	Ryan Nolan	US-NJ	2022
12	744.5	1641.3	Michael Dudley	US-NC	2017
13	739.3	1629.8	Chris Machin	US-NY	2000
14	737.5	1625.8	Cody Light	US-PA	2017

15	734.8	1619.9	Robert Samsa	US-OH	
	734.8	1619.9	Ben Royer	US-PA	2004
17	730	1609.3	Josh Conner	US-AZ	2014
18	727.5	1603.8	Trent Ross	Australia	2018
19	726	1600.5	Aaron Boyd	US-AZ	2014
20	725	1598.3	Sabre Schnitzer	US-VA	

Weight Class: 110 / 242					
Rank	Lift	lbs	Total Lifter	Male Country	Year
1	845	1862.8	Michael Eaton	US-MD	2016
2	825	1818.7	Chaz Ruffin	US-CT	2017
3	809.8	1785.2	James Jacobs	US-FL	2007
4	797.5	1758.1	Azi Idehenre	US-NC	2023
5	796.1	1755	Jeff Diegan	US-NY	
6	795	1752.6	Derek Dickinson	US-VA	2019
7	792.5	1747.1	Ronald Walling	US-VA	
8	777.5	1714	Brandon Cox	US-AZ	2009
9	772.5	1703	Joash Teabuge	Nauru	2018
10	770.8	1699.3	Tra Farrington	US-NC	
11	766.5	1689.8	Trey Manning	US-NC	
12	765	1686.5	Nick Hammer	US-NC	2017
13	762.5	1681	Jeff Lastuka	Canada	2023
	762.5	1681	Anthony Miranda	US-OH	2023
15	752.1	1658	Dennis Henderson	US-PA	1998
16	750.7	1654.9	Steve Protomastro	US-NJ	2001
17	750	1653.4	Jason Wahl	US-VA	
18	748.4	1649.9	Jeff Deigan	US-NY	2006
19	743	1638	Alexander Pronchuk	Canada	2019
20	740	1631.4	Andy Stitnick	US-IL	

Weight Class: 125 / 275					
Rank	Lift	lbs	Total Lifter	Male Country	Year
1	966.1	2129.8	Greg Lowe	US-PA	2001
2	852.5	1879.4	Anthony Krznar	Australia	2018
3	839.5	1850.7	Michael Belk	US-NC	
4	827.5	1824.3	Derek Dickinson	US-VA	2022
5	822.5	1813.2	Chris Moro	US-NY	2022
6	817.5	1802.2	Michael Eaton	US-MD	
7	800.5	1764.7	Bart Shuman	US-PA	2003
8	800	1763.6	Adam Price	Canada	2019
9	795.3	1753.3	Trey Manning	US-NC	
10	794.1	1750.6	Greg Stott	US-NC	
11	792.5	1747.1	Matthew Sohmer	US-NY	2012
12	791.5	1744.9	Thomas Ruzala	US-MD	
13	788.7	1738.7	Nick Hammer	US-FL	2007
14	785	1730.6	Nate Butler	US-MO	2010
15	777.5	1714	Dorrell Petties-Dahmer	Canada	2019
16	772.5	1703	Drew Naghibzad	US-AZ	2012
17	771.1	1699.9	Peter Gisondi	US-NY	
18	770	1697.5	Matt Cronin	US-VA	
	770	1697.5	Brandon Cox	US-AZ	2010
20	767.5	1692	Tyler Cook	US-OH	2019

Weight Class: 140 / 308					
Rank	Lift	lbs	Total Lifter	Male Country	Year
1	956	2107.5	Scott Weech	US-FL	2006
2	895	1973.1	Alec Williamson	US-AZ	2018
3	840	1851.8	Nick Morneau	Canada	2019

4	835	1840.8	David Villeneuve	US-VT	
5	832.5	1835.3	Matt Eveland	US-NE	2014
6	830	1829.8	Jayne Campbell	US-VA	
7	821	1809.9	Daniel Corridean	US-MD	
8	817.5	1802.2	Allen Gibson	US-FL	2019
9	812.5	1791.2	Nate Butler	US-MO	2011
10	810	1785.7	Nick Chaprales	US-MA	2014
11	807.7	1780.6	Greg Stott	US-NC	
12	800	1763.6	Troy Dugan	US-PA	2017
13	785	1730.6	John Jones Jr	US-MD	2016
14	782	1723.9	Brian Barnes	US-IL	
15	770	1697.5	Athan Parker	US-OH	2023
16	765.2	1686.9	Justin Steyer	US-MD	
17	763	1682.1	Doug Mignot	US-PA	2011
18	762	1679.9	J. C. Miller	US-FL	2011
19	755	1664.4	Matt Slate	US-NV	2023
20	752.5	1658.9	Jeremy Burroughs	US-PA	2018

Unknown Class: SHW			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	1000	2204.6	Jeza Uepa	Nauru	2018
2	952.6	2100.1	R Brent	US-VA	
3	952.5	2099.8	Nick Minneti	US-VA	2005
4	947.7	2089.2	Beau Moore	US-FL	2006
5	895.7	1974.6	Raymond Hodges	US-FL	2022
6	830	1829.8	Noah Graves	US-OH	2018
7	818.5	1804.4	Daniel Corridean	US-MD	2006
8	813.7	1793.8	Cody Yager	US-FL	2007
9	793	1748.2	Brandon Hall	US-AZ	2013
10	782.5	1725	Chris Harris	US-VA	2015
	782.5	1725	Rodney Nelson	US-NY	2022
12	775.5	1709.6	Brian Ball	US-MD	2016
13	773.3	1704.8	Steve Buccilli	US-PA	2008
14	767.5	1692	Russell Peel	Canada	2019
15	762.5	1681	Doug Mignot	US-PA	2011
	762.5	1681	Aaron Morman	US-OH	2016
17	757.5	1669.9	Leon Bradford	US-AZ	2017
18	755	1664.4	Paul D'Antonio	US-PA	2017
19	742.5	1636.9	Moila Aokuso	Canada	2018
20	740.5	1632.5	Jason Thompson	Canada	2018

All Time Strict Curl Rankings				Male	
Weight Class: 48 / 105			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	46	101.4	Alexander Ermachenko	Ukraine	2014
2	40.5	89.2	Buck Ammons	US-NC	2015
3	40	88.1	Tucker Lee	US-NC	2011
4	35	77.1	Dev Kaushik	India	2018
	35	77.1	Navneet Singh	India	2019
	35	77.1	Rahul Sen	India	2019
7	34	74.9	Marshall Cooper	US-NC	2021
8	33.5	73.8	Rob Marcellino	US-NJ	2010
9	32.5	71.6	James Miller	US-VA	2012
10	31.5	69.4	Adam Taylor	US-MD	2021
11	31	68.3	Michael Kahan	US-AZ	2012
12	30	66.1	Eric Cassetta	US-AZ	2008
	30	66.1	Zach Williamson	US-NE	2013

14	28.5	62.8	Nick Hartmann	US-PA	2013
15	27.5	60.6	Sean Miller	US-NC	2016
16	27	59.5	John Self	US-VA	2021
17	26	57.3	Erik Thomas	US-PA	2015
18	25.9	57	Mo Pollack	US-VA	2008
	25.9	57	Matthias Algarin	US-MN	2013
20	25.7	56.6	Seth Walter	US-NE	2014

Weight Class: 52 / 114			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	46.5	102.5	John Self Jr	US-VA	2022
2	45.5	100.3	Gary Peterson	US-WA	2015
3	42.5	93.6	Vijay .	India	2018
4	42	92.5	Buck Ammons	US-NC	2017
5	41	90.3	Mike Burkeen	US-AZ	2009
6	40.5	89.2	Rob Marcellino	US-NJ	2010
7	40	88.1	Austin Hatkoff	US-NC	2016
	40	88.1	Kshetral Gherwal	India	2019
9	39	85.9	Marshall Cooper	US-NC	2021
10	37.5	82.6	Parshant .	India	2018
	37.5	82.6	Aditya Arya	India	2019
	37.5	82.6	Dev Kaushik	India	2019
	37.5	82.6	Adam Taylor	US-MD	2021
14	36	79.3	Nick Hartmann	US-PA	2014
15	35	77.1	Prashant .	India	2019
16	33.5	73.8	Ryan Henriques	US-VA	2021
17	32.5	71.6	James Miller	US-VA	2012
18	30	66.1	Martin Hodges	US-NC	2010
	30	66.1	Mark Walker	US-PA	2013
	30	66.1	Zach Williamson	US-NE	2013
	30	66.1	Russell Gayle	US-NC	2014
	30	66.1	Will Barney	US-CT	2017
	30	66.1	Sahil .	India	2019

Weight Class: 56 / 123			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	58.5	128.9	Edward Joseph	US-NY	2023
2	57.8	127.4	Gary Teeter	US-PA	2022
3	50.5	111.3	Eric Green	US-IA	2014
4	48	105.8	Buck Ammons	US-NC	2022
5	47.5	104.7	Scott Groce	US-AZ	2010
6	46.5	102.5	John Self Jr	US-VA	2023
7	45.5	100.3	Ethan Lehmer	US-NY	2019
8	45	99.2	Sahil .	India	2019
9	44	97	Robert Clark	US-VA	2010
10	43	94.7	Austin Hatkoff	US-NC	2017
	43	94.7	Adam Taylor	US-MD	2022
12	42.5	93.6	Claudemir Ferreira	Brazil	2009
	42.5	93.6	Nathan Jones	US-NC	2009
	42.5	93.6	Sean Brokenshire	South Africa	2012
	42.5	93.6	DeMarcus Khorsand	US-NC	2013
	42.5	93.6	Vijay .	India	2019
17	41	90.3	Mason Winkler	US-MD	2021
18	40.8	89.9	Mike Burkeen	US-AZ	2009
19	40	88.1	Justin Perry	US-VT	2011
	40	88.1	Dev Kaushik	India	2023

Weight Class: 60 / 132			Strict Curl	Male	
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Rank	Lift	lbs	Lifter	Country	Year
1	60	132.2	Alex Saretsky	Canada	2016
2	59.5	131.1	Gary Teeter	US-PA	2022
3	55	121.2	Josh Robinson	US-NE	2010
4	53.5	117.9	Sinath Sam	US-DE	2011
5	52.5	115.7	Wayne Owens	US-MD	2020
	52.5	115.7	Nick Silvio	US-NC	2023
7	52	114.6	Alik Alifkhanov	Ukraine	2014
8	51	112.4	Buck Ammons	US-NC	2020
9	50.5	111.3	John Self Jr	US-VA	2023
10	50	110.2	Scott Groce	US-AZ	2010
	50	110.2	Cory Sellers	US-NC	2012
	50	110.2	Adam Taylor	US-MD	2023
13	49.5	109.1	George James	US-MD	2022
14	48.5	106.9	Tsimoha Rostislav	Ukraine	2013
15	48.1	106	Jason Harpel	US-OH	2010
16	48	105.8	Rostislav Borovskiy	Ukraine	2014
	48	105.8	Paul Gillott	US-AZ	2018
18	47.5	104.7	Bryce Atkerson	US-AZ	2011
	47.5	104.7	Amro Eldesouki	US-AZ	2015
	47.5	104.7	Ankit .	India	2019
	47.5	104.7	Ben Zak	US-NC	2020

Weight Class: 67.5 / 148			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	71	156.5	Ethan Binckley	US-NC	2023
	71	156.5	Romairo Samuel	US-FL	2023
3	69.5	153.2	Steve Orseno	US-MA	2023
4	68.5	151	Corey McLaughlin	US-PA	2019
5	67.5	148.8	Alex Saretsky	Canada	2016
	67.5	148.8	Willie Trebach	US-MD	2023
7	65	143.2	Evandro de Souza	Brazil	2009
8	63.5	139.9	Andrew Fiocco	US-CT	2019
	63.5	139.9	Gabriel Berger	US-MD	2022
10	62.5	137.7	Shane Frey	Canada	2017
11	61	134.4	Nikolay Belikov	Ukraine	2014
12	60.5	133.3	John Wong	US-CA	2023
13	60	132.2	Justin Tripodi	US-NY	2009
	60	132.2	Craig Curtis	US-VA	2016
15	59	130	Adam Sowards	US-MI	2022
	59	130	Gary Teeter	US-PA	2024
17	58.9	129.8	Nick Sischka	US-AZ	2008
18	57.5	126.7	Johnny Pareja	US-AZ	2008
	57.5	126.7	Joseph Tran	US-NE	2012
	57.5	126.7	Jeremy Seff	US-NC	2017

Weight Class: 75 / 165			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	77.5	170.8	Ethan Binckley	US-NC	2023
2	75	165.3	Bryan Ruskin	US-VA	2021
3	73.5	162	Jacob Robnett	US-CA	2023
4	73	160.9	Michael Gause	US-VA	2022
5	72.5	159.8	Andrew LeBrun	US-MD	2009
6	71	156.5	Alex Saretsky	Canada	2017
	71	156.5	John Self	US-VA	2023
	71	156.5	Gary Kessler	US-VA	2023
9	70.5	155.4	Michael Casabona	US-NY	2015
	70.5	155.4	Corey McLaughlin	US-PA	2020

11	70	154.3	Austin Jennings	US-TX	2023
12	68.5	151	Nasir Nantambu	US-NC	2014
13	68	149.9	Vahana Dorcis	US-AZ	2014
	68	149.9	Willie Trebach	US-MD	2024
15	67.5	148.8	Robert Freeman	US-VA	2012
16	67	147.7	Justin Hopkins	US-TX	2008
	67	147.7	Joseph Freni	US-MA	2019
18	66	145.5	Andrew Long	US-NY	2020
	66	145.5	Steve Orseno	US-MA	2021
	66	145.5	Ethen Binckley	US-NC	2022

Weight Class: 82.5 / 181			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	85.5	188.4	Bryan Ruskin	US-VA	2022
2	83.5	184	Data Sanaia	Georgia	2011
3	79	174.1	Aleksandr Nekrasenko	Ukraine	2014
4	78	171.9	Luis Rocha	US-VA	2023
5	77.5	170.8	Carlos Quinteros	US-MD	2022
6	75	165.3	Larry Dyles	US-VA	2011
7	74.5	164.2	Pat Douglas	US-NE	2021
	74.5	164.2	Jacob Robnett	US-CA	2023
9	74	163.1	Igor Zalivan	Ukraine	2014
10	73.5	162	Andrey Kanubrikov	Ukraine	2014
11	73	160.9	Tim Earl	US-AZ	2016
	73	160.9	Ed Teixeira	US-PA	2023
	73	160.9	Eduardo Teixeira	US-PA	2023
14	72.5	159.8	Rodrigo Silva	Brazil	2009
	72.5	159.8	Andrew LeBrun	US-MD	2011
	72.5	159.8	Llalando Austin	US-FL	2021
17	72	158.7	Anthony Bannerman	US-NC	2017
18	71.5	157.6	Mark Wilhelm	US-MD	2010
19	70.5	155.4	Brian Persons	US-OH	2022
20	70.3	154.9	Austin Jensen	US-OH	2008
	70.3	154.9	Aaron Mobley	US-IA	2008
	70.3	154.9	Adam Rosario	US-NY	2009

Weight Class: 90 / 198			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	91	200.6	John Cooper	US-NC	2022
	91	200.6	Ray Jones	US-VA	2023
3	86.5	190.6	Bryan Ruskin	US-VA	2022
4	84	185.1	Anthony Bennett	US-CA	2023
5	81	178.5	Sergei Didovik	Ukraine	2011
6	80.5	177.4	Tyler Travis	US-VA	2021
7	78.5	173	Steve Babcock	US-CA	2023
8	78	171.9	Anthony Esteves	US-CT	2023
9	77.7	171.2	Tim Henriques	US-VA	2013
10	77.5	170.8	Jamie Ness	US-KY	2023
11	77	169.7	Viktor Babenko	Ukraine	2014
12	76	167.5	Ruslan Klimenko	Ukraine	2013
	76	167.5	Jesse Roland	Nauru	2018
14	75.5	166.4	Carl Wesley	US-TX	2023
15	75	165.3	Alex Paluilis	US-NH	2011
	75	165.3	Chase Stratton	US-MO	2011
	75	165.3	Chase Stratton	US-MO	2011
	75	165.3	Duncan Warner	US-AL	2018
	75	165.3	TC Haubold	US-NC	2023
20	74.8	164.9	Larry Dyles	US-VA	2012

Weight Class: 100 / 220			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	93.5	206.1	Bruce Knox	US-MD	2023
2	91.5	201.7	John Cooper	US-NC	2023
3	91	200.6	Vadim Kazeyko	US-NY	2023
4	90	198.4	Maximillian Zart	US-OH	2018
5	87	191.8	Brian Bellwood	US-NJ	2023
6	85	187.3	Josh Conner	US-AZ	2014
7	82	180.7	Quincy Pecora	US-CT	2021
8	80	176.3	John Mays	US-VA	2009
	80	176.3	Kevin Ward	US-VA	2013
	80	176.3	Garrison Cobb	US-AZ	2016
11	78.5	173	Charles Parks	US-MD	2010
	78.5	173	Connor Peasley	US-CA	2023
13	78	171.9	Andrey Kasyan	Ukraine	2013
	78	171.9	Charles Schoeneberg	US-MD	2023
	78	171.9	Alleister Nash	US-NY	2023
16	77.5	170.8	Tim Henriques	US-VA	2012
	77.5	170.8	Jeremey Meyer	US-NE	2013
	77.5	170.8	Ricky Dozier	US-NC	2022
	77.5	170.8	Evan Russo	US-CT	2023
20	77.2	170.1	Tyler Bowman	US-NY	2009

Weight Class: 110 / 242			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	94.5	208.3	Michael Oliver	US-MD	2024
2	94	207.2	Bruce Knox	US-MD	2023
3	92.5	203.9	Maximillian Zart	US-OH	2018
4	91	200.6	Kwame Grant	US-VA	2022
5	86.5	190.6	Kenneth Bailey	US-VA	2022
	86.5	190.6	Ricky Dozier	US-NC	2023
7	86	189.5	Isaiah Wolf	Canada	2023
8	85.5	188.4	John Cooper	US-NC	2021
9	85	187.3	John Franks	US-PA	2011
10	83.9	184.9	Charles Parks	US-MD	2011
11	83	182.9	Sean Gallagher	US-VA	2023
12	82.5	181.8	Danny Clarke	US-PA	2022
13	82	180.7	Stiven Rivas	US-VA	2022
14	81	178.5	Paul DeSimone	US-MA	2013
15	80	176.3	Ricardo Caitano	Brazil	2010
	80	176.3	Dmitriy Kalashnik	Ukraine	2014
17	79.4	175	Justin Vorassi	US-VA	2008
18	79	174.1	Connor Peasley	US-CA	2023
19	78	171.9	George Basnett	US-NC	2023
	78	171.9	David DeGuzman	US-MD	2023

Weight Class: 125 / 275			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	97.5	214.9	Ihor Pober	Ukraine	2023
2	97	213.8	Giorgio Karallas	US-IN	2022
3	87.5	192.9	Chad Jackson	US-VA	2015
4	84.5	186.2	Chris Pitts	US-NC	2021
5	82.5	181.8	Kevin Ward	US-VA	2015
6	82	180.7	George Basnett	US-NC	2023
7	81.5	179.6	Stephen Kozlowski	US-VA	2023
8	81	178.5	Paul DeSimone	US-MA	2013
9	80.5	177.4	Clint Bartolic	US-OH	2010

10	80	176.3	Roman Shapovalov	Ukraine	2013
	80	176.3	Aleksandr Romanuk	Ukraine	2014
	80	176.3	Isaiah Wolf	Canada	2022
13	79	174.1	Brandon McEwan	US-NY	2009
	79	174.1	Paul Bossi	US-NC	2023
15	78	171.9	Chris Fry	US-VA	2023
	78	171.9	Christopher Allen	US-VA	2023
17	77.5	170.8	Cleef Metellus	US-NY	2019
	77.5	170.8	Chris Allen	US-VA	2023
19	77	169.7	Chad Weeden	US-NY	2021
20	76	167.5	Glen Tenove	US-CA	2015
	76	167.5	Kelly McKenzie	US-AZ	2019

Weight Class: 140 / 308			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	95	209.4	Giorgio Karallas	US-NE	2023
2	92	202.8	Dmitry Golovin	Ukraine	2013
3	91	200.6	Chris Pitts	US-NY	2023
4	85	187.3	Isaiah Wolf	Canada	2022
5	83	182.9	Brandon Hall	US-AZ	2015
6	80	176.3	Nate Woodard	US-VA	2012
7	79.4	175	Paul Hawley	US-NE	2008
8	79	174.1	DJ Stinson	US-VA	2019
9	78.5	173	Cameron Wharram	Canada	2012
	78.5	173	Chris Fry	US-VA	2022
11	78	171.9	Richard Vincent	US-NE	2010
12	77.5	170.8	Baron Dixon	US-VA	2022
	77.5	170.8	Stevie Murden	US-VA	2023
14	76	167.5	Raymond Clasing	US-MD	2012
	76	167.5	Glen Tenove	US-CA	2015
16	75	165.3	Alexandre Hoffman	Brazil	2010
	75	165.3	Lee Sandlin	US-OH	2012
18	74.8	164.9	Joel Anderson	US-VA	2009
19	74	163.1	Austin Poff	US-NC	2023
20	73	160.9	Patrick Russo	US-CT	2017

Unknown Class: SHW			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	99	218.2	Joseph Sabol	US-PA	2023
2	95.5	210.5	Antonio Collins	US-PA	2023
3	93.5	206.1	Wyatt Lozano	US-NY	2021
4	82.5	181.8	Brandon Hall	US-AZ	2013
	82.5	181.8	Kevin Ward	US-VA	2020
6	80	176.3	Lee Sandlin	US-KY	2017
	80	176.3	Raymond Hodges	US-FL	2019
8	78	171.9	DJ Stinson	US-VA	2021
	78	171.9	Ryan Stone	US-NC	2023
10	77.5	170.8	Baron Dixon	US-VA	2019
11	75.5	166.4	Glen Tenove	US-CA	2013
12	75	165.3	Jack Griffin	US-TX	2008
	75	165.3	Russell Peel	Canada	2018
14	73	160.9	Marvin Bishop	US-OH	2011
	73	160.9	Josh Caudill	US-IN	2023
16	72.6	160	Richard Vincent	US-NE	2010
17	72.5	159.8	Joshua Caudill	US-IN	2022
18	71.4	157.4	Dustin Speed	US-NV	2008
19	71	156.5	Paul D'Antonio	US-PA	2012