



UAE Deadlift Records

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12/18/2023

Weight Class: 60 / 132 Female				
Division	Deadlift	Name	Resides	Date
Open	95.0 kgs / 209.4 lbs	Vanaja Nair	UAE	7/2023
50-54	95.0 kgs / 209.4 lbs	Vanaja Nair	UAE	7/2023

Weight Class: 67.5 / 148 Female				
Division	Deadlift	Name	Resides	Date
Open	100.0 kgs / 220.4 lbs	Vanaja Nair	UAE	11/2022
50-54	100.0 kgs / 220.4 lbs	Vanaja Nair	UAE	11/2022

Weight Class: 60 / 132 Male				
Division	Deadlift	Name	Resides	Date
Open	65.0 kgs / 143.2 lbs	Nikhlia Ashok	UAE	7/2023

Weight Class: 67.5 / 148 Male				
Division	Deadlift	Name	Resides	Date
Open	90.0 kgs / 198.4 lbs	Farhan Khan Ali	UAE	7/2023
20-24	90.0 kgs / 198.4 lbs	Farhan Khan Ali	UAE	7/2023

Weight Class: 75 / 165 Male				
Division	Deadlift	Name	Resides	Date
Open	160.0 kgs / 352.7 lbs	Krishnadas Choorapra	UAE	7/2023
35-39	160.0 kgs / 352.7 lbs	Krishnadas Choorapra	UAE	7/2023
40-44	80.0 kgs / 176.3 lbs	Binu Jajabreu	UAE	7/2023
45-49	110.0 kgs / 242.5 lbs	Anilkumar K	UAE	7/2023
50-54	145.0 kgs / 319.6 lbs	Santhosh Sadanandan	UAE	7/2023

Weight Class: 82.5 / 181 Male				
Division	Deadlift	Name	Resides	Date
Open	185.0 kgs / 407.8 lbs	Manikuttan Purushothaman	UAE	11/2023
35-39	140.0 kgs / 308.6 lbs	Muhammad Manshad	UAE	7/2023
45-49	135.0 kgs / 297.6 lbs	Pradeesh M.V	UAE	7/2023
50-54	140.0 kgs / 308.6 lbs	Michael Joseph	UAE	11/2022
60-64	185.0 kgs / 407.8 lbs	Manikuttan Purushothaman	UAE	11/2023

Police/Fire/Mil	185.0 kgs / 407.8 lbs	Manikuttan Purushothaman	UAE	11/2023
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Weight Class: 90 / 198 Male

Division	Deadlift	Name	Resides	Date
Open	165.0 kgs / 363.7 lbs	Manikuttan T.P.	UAE	6/2022
20-24	165.0 kgs / 363.7 lbs	Aliston Pinto	UAE	7/2023
35-39	150.0 kgs / 330.6 lbs	Asif Ali	UAE	7/2023
50-54	140.0 kgs / 308.6 lbs	Michael Joseph	UAE	7/2023
60-64	165.0 kgs / 363.7 lbs	Manikuttan T.P.	UAE	6/2022
Police/Fire/Mil	130.0 kgs / 286.5 lbs	Michael Joseph	UAE	11/2023

Weight Class: 100 / 220 Male

Division	Deadlift	Name	Resides	Date
Open	260.0 kgs / 573.1 lbs	Ashwand T.M.	UAE	7/2023
45-49	145.0 kgs / 319.6 lbs	Kumar .	UAE	7/2023

Weight Class: 110 / 242 Male

Division	Deadlift	Name	Resides	Date
Open	170.0 kgs / 374.7 lbs	Denny .	UAE	7/2023
50-54	170.0 kgs / 374.7 lbs	Denny .	UAE	7/2023

Weight Class: 140 / 308 Male

Division	Deadlift	Name	Resides	Date
Open	175.0 kgs / 385.8 lbs	Vinod Kumar	UAE	7/2023
45-49	175.0 kgs / 385.8 lbs	Vinod Kumar	UAE	7/2023