

| Weight Class: 44 / 97 Female / Powerlifting |   |   |  |  |
|---|---|---|--|--|
| Division                                    | Squat   | Bench Press   | Deadlift   | Total  |
| Open  | 105.0 kgs / 231.4 lbs<br>Naomi Kutin (US-NJ) 11/2013        | 54.0 kgs / 119.0 lbs<br>Karen Poyner (US-VA) 8/2018         | 113.5 kgs / 250.2 lbs<br>Karen Poyner (US-VA) 8/2017         | 257.5 kgs / 567.6 lbs<br>Naomi Kutin (US-NJ) 11/2013         |
| 2: Open                                     | 102.5 kgs / 225.9 lbs<br>Naomi Kutin (US-NJ) 6/2013         | 53.5 kgs / 117.9 lbs<br>Karen Poyner (US-VA) 4/2017         | 113.0 kgs / 249.1 lbs<br>Naomi Kutin (US-NJ) 11/2013         | 250.5 kgs / 552.2 lbs<br>Naomi Kutin (US-NJ) 6/2013          |
| 3: Open                                     | 92.5 kgs / 203.9 lbs<br>Danielle Tasher (US-PA) 10/2012     | 50.0 kgs / 110.2 lbs<br>Ericka Molieri (US-VA) 6/2014       | 112.5 kgs / 248.0 lbs<br>Danielle Tasher (US-PA) 10/2012     | 247.5 kgs / 545.6 lbs<br>Danielle Tasher (US-PA) 10/2012     |
| 4: Open                                     | 85.0 kgs / 187.3 lbs<br>Naomi Kutin (US-NJ) 4/2011          | 45.0 kgs / 99.2 lbs<br>Naomi Kutin (US-NJ) 11/2013          | 87.5 kgs / 192.9 lbs<br>Naomi Kutin (US-NJ) 4/2011           | 202.5 kgs / 446.4 lbs<br>Naomi Kutin (US-NJ) 4/2011          |
| 5: Open                                     | 54.4 kgs / 119.9 lbs<br>Linh Nguyen (US-VA) 12/1999         | 43.0 kgs / 94.7 lbs<br>Naomi Kutin (US-NJ) 6/2013           | 83.9 kgs / 184.9 lbs<br>Maureen Cahill (US-NJ) 9/2001        | 161.0 kgs / 354.9 lbs<br>Maureen Cahill (US-NJ) 9/2001       |
| 6: Open                                     |   | 42.5 kgs / 93.6 lbs<br>Danielle Tasher (US-PA) 10/2012      | 72.5 kgs / 159.8 lbs<br>Linh Nguyen (US-VA) 12/1999          | 149.6 kgs / 329.8 lbs<br>Linh Nguyen (US-VA) 12/1999         |
| 7: Open                                     |   | 39.0 kgs / 85.9 lbs<br>Holli Smith (US-VT) 12/2006          |  |  |
| 8: Open                                     |   | 36.2 kgs / 79.8 lbs<br>Maureen Cahill (US-NJ) 9/2001        |  |  |
| 11 and under                                | 102.5 kgs / 225.9 lbs<br>Naomi Kutin (US-NJ) 6/2013         | 43.0 kgs / 94.7 lbs<br>Naomi Kutin (US-NJ) 6/2013           | 105.0 kgs / 231.4 lbs<br>Naomi Kutin (US-NJ) 6/2013          | 250.5 kgs / 552.2 lbs<br>Naomi Kutin (US-NJ) 6/2013          |
| 2: 11 and under                             | 85.0 kgs / 187.3 lbs<br>Naomi Kutin (US-NJ) 4/2011          | 30.0 kgs / 66.1 lbs<br>Naomi Kutin (US-NJ) 4/2011           | 87.5 kgs / 192.9 lbs<br>Naomi Kutin (US-NJ) 4/2011           | 202.5 kgs / 446.4 lbs<br>Naomi Kutin (US-NJ) 4/2011          |
| 12-13                                       | 105.0 kgs / 231.4 lbs<br>Naomi Kutin (US-NJ) 11/2013        | 45.0 kgs / 99.2 lbs<br>Naomi Kutin (US-NJ) 11/2013          | 113.0 kgs / 249.1 lbs<br>Naomi Kutin (US-NJ) 11/2013         | 257.5 kgs / 567.6 lbs<br>Naomi Kutin (US-NJ) 11/2013         |
| 14-15                                       | 70.0 kgs / 154.3 lbs<br>McKenna Kozina (Canada) 1/2016      | 37.5 kgs / 82.6 lbs<br>McKenna Kozina (Canada) 1/2016       | 82.5 kgs / 181.8 lbs<br>McKenna Kozina (Canada) 1/2016       | 187.5 kgs / 413.3 lbs<br>McKenna Kozina (Canada) 1/2016      |
| 2: 14-15                                    | 62.5 kgs / 137.7 lbs<br>McKenna Kozina (Canada) 10/2015     | 36.0 kgs / 79.3 lbs<br>Amanda Henson (US-MA) 2010           | 80.0 kgs / 176.3 lbs<br>McKenna Kozina (Canada) 10/2015      | 172.5 kgs / 380.2 lbs<br>McKenna Kozina (Canada) 10/2015     |
| 3: 14-15                                    | 55.0 kgs / 121.2 lbs<br>McKenna Kozina (Canada) 9/2015      |   | 77.5 kgs / 170.8 lbs<br>McKenna Kozina (Canada) 9/2015       | 160.0 kgs / 352.7 lbs<br>McKenna Kozina (Canada) 9/2015      |
| 4: 14-15                                    | 54.4 kgs / 119.9 lbs<br>Linh Nguyen (US-VA) 12/1999         |   | 72.5 kgs / 159.8 lbs<br>Linh Nguyen (US-VA) 12/1999          | 149.6 kgs / 329.8 lbs<br>Linh Nguyen (US-VA) 12/1999         |
| 16-17                                       | 92.5 kgs / 203.9 lbs<br>Danielle Tasher (US-PA) 10/2012     | 45.0 kgs / 99.2 lbs<br>Ashley Christiansen (US-NC) 4/2017   | 112.5 kgs / 248.0 lbs<br>Danielle Tasher (US-PA) 10/2012     | 247.5 kgs / 545.6 lbs<br>Danielle Tasher (US-PA) 10/2012     |
| 2: 16-17                                    |   | 42.5 kgs / 93.6 lbs<br>Danielle Tasher (US-PA) 10/2012      |  |  |
| 18-19                                       | 37.5 kgs / 82.6 lbs<br>Ashley Christiansen (US-NC) 11/2018  | 45.0 kgs / 99.2 lbs<br>Ashley Christiansen (US-NC) 5/2019   | 83.5 kgs / 184.0 lbs<br>Ashley Christiansen (US-NC) 11/2017  | 160.5 kgs / 353.8 lbs<br>Ashley Christiansen (US-NC) 6/2017  |
| 2: 18-19                                    | 36.0 kgs / 79.3 lbs<br>Ashley Christiansen (US-NC) 2/2018   | 44.0 kgs / 97.0 lbs<br>Ashley Christiansen (US-NC) 11/2017  | 82.5 kgs / 181.8 lbs<br>Ashley Christiansen (US-NC) 6/2017   | 129.2 kgs / 284.8 lbs<br>Treva Thatcher (US-NY) 2003         |
| 3: 18-19                                    | 35.5 kgs / 78.2 lbs<br>Ashley Christiansen (US-NC) 6/2017   | 43.5 kgs / 95.9 lbs<br>Ashley Christiansen (US-NC) 8/2017   | 70.3 kgs / 154.9 lbs<br>Treva Thatcher (US-NY) 2003          |  |
| 4: 18-19                                    | 34.0 kgs / 74.9 lbs<br>Treva Thatcher (US-NY) 2003          | 43.0 kgs / 94.7 lbs<br>Ashley Christiansen (US-NC) 6/2017   |  |  |
| 5: 18-19                                    |   | 24.9 kgs / 54.8 lbs<br>Treva Thatcher (US-NY) 2003          |  |  |
| 20-24                                       | 82.5 kgs / 181.8 lbs<br>Catherine Beninger (Canada) 5/2018  | 52.5 kgs / 115.7 lbs<br>Ashley Christiansen (US-NC) 11/2020 | 105.0 kgs / 231.4 lbs<br>Samantha Brickhouse (US-NC) 10/2015 | 220.0 kgs / 485.0 lbs<br>Catherine Beninger (Canada) 8/2017  |
| 2: 20-24                                    | 80.0 kgs / 176.3 lbs<br>Catherine Beninger (Canada) 8/2017  | 50.0 kgs / 110.2 lbs<br>Catherine Beninger (Canada) 5/2018  | 102.5 kgs / 225.9 lbs<br>Samantha Brickhouse (US-NC) 5/2015  | 207.5 kgs / 457.4 lbs<br>Samantha Brickhouse (US-NC) 10/2015 |
| 3: 20-24                                    | 70.0 kgs / 154.3 lbs<br>Catherine Beninger (Canada) 11/2016 | 47.5 kgs / 104.7 lbs<br>Catherine Beninger (Canada) 8/2017  | 100.0 kgs / 220.4 lbs<br>Samantha Brickhouse (US-NC) 11/2014 | 202.5 kgs / 446.4 lbs<br>Samantha Brickhouse (US-NC) 11/2014 |
| 4: 20-24                                    | 62.5 kgs / 137.7 lbs<br>Samantha Brickhouse (US-NC) 10/2015 | 43.5 kgs / 95.9 lbs<br>Samantha Brickhouse (US-NC) 11/2014  | 90.0 kgs / 198.4 lbs<br>Samantha Brickhouse (US-NC) 5/2014   | 170.0 kgs / 374.7 lbs<br>Samantha Brickhouse (US-NC) 5/2014  |
| 5: 20-24                                    | 60.0 kgs / 132.2 lbs<br>Samantha Brickhouse (US-NC) 11/2014 | 35.0 kgs / 77.1 lbs<br>Samantha Brickhouse (US-NC) 5/2014   |  |  |
| 6: 20-24                                    | 50.0 kgs / 110.2 lbs<br>Samantha Brickhouse (US-NC) 5/2014  |   |  |  |
| 35-39                                       | 70.0 kgs / 154.3 lbs<br>Sumaya Shakir (US-VA) 5/2015        | 45.0 kgs / 99.2 lbs<br>Sumaya Shakir (US-VA) 5/2015         | 97.5 kgs / 214.9 lbs<br>Dennise Larios (US-AZ) 6/2016        | 210.0 kgs / 462.9 lbs<br>Sumaya Shakir (US-VA) 5/2015        |
| 2: 35-39                                    | 45.0 kgs / 99.2 lbs<br>Holli Smith (US-VT) 12/2006          | 39.0 kgs / 85.9 lbs<br>Holli Smith (US-VT) 12/2006          | 95.0 kgs / 209.4 lbs<br>Sumaya Shakir (US-VA) 5/2015         | 156.0 kgs / 343.9 lbs<br>Holli Smith (US-VT) 12/2006         |
| 3: 35-39                                    |   |   | 72.0 kgs / 158.7 lbs<br>Holli Smith (US-VT) 12/2006          |  |

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|----------|--|---|---|--|
| 40-44    | 40.8 kgs / 89.9 lbs<br>Maureen Cahill (US-NJ) 9/2001   | 36.2 kgs / 79.8 lbs<br>Maureen Cahill (US-NJ) 9/2001  | 97.5 kgs / 214.9 lbs<br>Dennise Childers (US-AZ) 6/2017 | 167.5 kgs / 369.2 lbs<br>Dennise Childers (US-AZ) 6/2017 |
| 2: 40-44 |  |   | 83.9 kgs / 184.9 lbs<br>Maureen Cahill (US-NJ) 9/2001   | 161.0 kgs / 354.9 lbs<br>Maureen Cahill (US-NJ) 9/2001   |
| 55-59    | 40.0 kgs / 88.1 lbs<br>Rocky Luedeker (US-AZ) 6/2014   | 35.5 kgs / 78.2 lbs<br>Rocky Luedeker (US-AZ) 6/2014  | 67.5 kgs / 148.8 lbs<br>Rocky Luedeker (US-AZ) 8/2014   | 137.5 kgs / 303.1 lbs<br>Rocky Luedeker (US-AZ) 8/2014   |
| 2: 55-59 |  |   | 60.0 kgs / 132.2 lbs<br>Rocky Luedeker (US-AZ) 6/2014   | 130.5 kgs / 287.7 lbs<br>Rocky Luedeker (US-AZ) 6/2014   |
| 60-64    | 75.0 kgs / 165.3 lbs<br>Karen Poyner (US-VA) 8/2017    | 54.0 kgs / 119.0 lbs<br>Karen Poyner (US-VA) 8/2018   | 113.5 kgs / 250.2 lbs<br>Karen Poyner (US-VA) 8/2017    | 237.5 kgs / 523.5 lbs<br>Karen Poyner (US-VA) 8/2017     |
| 2: 60-64 | 73.0 kgs / 160.9 lbs<br>Karen Poyner (US-VA) 6/2017    | 53.5 kgs / 117.9 lbs<br>Karen Poyner (US-VA) 4/2017   | 105.0 kgs / 231.4 lbs<br>Karen Poyner (US-VA) 6/2017    | 230.5 kgs / 508.1 lbs<br>Karen Poyner (US-VA) 6/2017     |
| 3: 60-64 | 72.5 kgs / 159.8 lbs<br>Karen Poyner (US-VA) 4/2017    | 38.0 kgs / 83.7 lbs<br>Rocky Luedeker (US-AZ) 12/2016 | 103.0 kgs / 227.0 lbs<br>Karen Poyner (US-VA) 4/2017    | 229.0 kgs / 504.8 lbs<br>Karen Poyner (US-VA) 4/2017     |
| 4: 60-64 | 56.5 kgs / 124.5 lbs<br>Rocky Luedeker (US-AZ) 12/2016 | 36.5 kgs / 80.4 lbs<br>Rocky Luedeker (US-AZ) 4/2016  | 83.5 kgs / 184.0 lbs<br>Rocky Luedeker (US-AZ) 12/2016  | 166.0 kgs / 365.9 lbs<br>Rocky Luedeker (US-AZ) 5/2015   |
| 5: 60-64 | 56.0 kgs / 123.4 lbs<br>Rocky Luedeker (US-AZ) 4/2016  | 35.5 kgs / 78.2 lbs<br>Rocky Luedeker (US-AZ) 10/2015 | 83.0 kgs / 182.9 lbs<br>Rocky Luedeker (US-AZ) 10/2015  | 158.0 kgs / 348.3 lbs<br>Rocky Luedeker (US-AZ) 3/2015   |
| 6: 60-64 | 55.5 kgs / 122.3 lbs<br>Rocky Luedeker (US-AZ) 10/2015 | 35.0 kgs / 77.1 lbs<br>Rocky Luedeker (US-AZ) 5/2015  | 82.5 kgs / 181.8 lbs<br>Rocky Luedeker (US-AZ) 5/2015   | 137.5 kgs / 303.1 lbs<br>Rocky Luedeker (US-AZ) 11/2014  |
| 7: 60-64 | 55.0 kgs / 121.2 lbs<br>Rocky Luedeker (US-AZ) 5/2015  | 33.0 kgs / 72.7 lbs<br>Rocky Luedeker (US-AZ) 3/2015  | 77.5 kgs / 170.8 lbs<br>Rocky Luedeker (US-AZ) 3/2015   |  |
| 8: 60-64 | 51.0 kgs / 112.4 lbs<br>Rocky Luedeker (US-AZ) 3/2015  | 32.5 kgs / 71.6 lbs<br>Rocky Luedeker (US-AZ) 11/2014 | 68.5 kgs / 151.0 lbs<br>Rocky Luedeker (US-AZ) 11/2014  |  |
| 9: 60-64 | 43.5 kgs / 95.9 lbs<br>Rocky Luedeker (US-AZ) 11/2014  |   |   |  |
| 75-79    | 22.6 kgs / 49.8 lbs<br>Susan Bohling (US-FL) 6/2022    | 16.7 kgs / 36.8 lbs<br>Susan Bohling (US-FL) 6/2022   | 56.6 kgs / 124.7 lbs<br>Susan Bohling (US-FL) 6/2022    | 95.9 kgs / 211.4 lbs<br>Susan Bohling (US-FL) 6/2022     |

**Weight Class: 48 / 105 Female / Powerlifting**

| Division     | Squat   | Bench Press   | Deadlift  | Total  |
|--------------|---|---|---|--|
| Open         | 107.5 kgs / 236.9 lbs<br>Naomi Kutin (US-NJ) 11/2014      | 64.0 kgs / 141.0 lbs<br>McKenna Kozina (Canada) 10/2017 | 135.0 kgs / 297.6 lbs<br>Keri Davis (US-VA) 6/2017        | 285.0 kgs / 628.3 lbs<br>Keri Davis (US-VA) 6/2017         |
| 2: Open      | 102.5 kgs / 225.9 lbs<br>Naomi Kutin (US-NJ) 2012         | 62.5 kgs / 137.7 lbs<br>Jill Keilty (Canada) 11/2014    | 128.0 kgs / 282.1 lbs<br>Christina Lam (Canada) 6/2016    | 275.0 kgs / 606.2 lbs<br>Naomi Kutin (US-NJ) 11/2014       |
| 3: Open      | 90.0 kgs / 198.4 lbs<br>Karen Poyner (US-VA) 6/2011       | 58.5 kgs / 128.9 lbs<br>Marzia Girardi (Italy) 7/2012   | 127.5 kgs / 281.0 lbs<br>Amanda Hunsucker (US-AZ) 4/2016  | 270.0 kgs / 595.2 lbs<br>Karen Poyner (US-VA) 6/2011       |
| 4: Open      | 81.6 kgs / 179.8 lbs<br>Krystle McKenzie (US-DC) 12/1999  | 45.0 kgs / 99.2 lbs<br>Beth-el Algarin (US-MN) 7/2011   | 126.0 kgs / 277.7 lbs<br>Amanda Hunsucker (US-AZ) 5/2015  | 242.5 kgs / 534.6 lbs<br>Kimberly Ryman (US-VA) 2009       |
| 5: Open      |   | 40.0 kgs / 88.1 lbs<br>Krystine Loring (US-VT) 2009     | 125.0 kgs / 275.5 lbs<br>Amanda Hunsucker (US-AZ) 3/2015  | 231.3 kgs / 509.9 lbs<br>Krystle McKenzie (US-DC) 12/1999  |
| 6: Open      |   | 38.5 kgs / 84.8 lbs<br>Krystle McKenzie (US-DC) 12/1999 | 122.5 kgs / 270.0 lbs<br>Kimberly Ryman (US-VA) 2009      |  |
| 7: Open      |   |   | 111.1 kgs / 244.9 lbs<br>Krystle McKenzie (US-DC) 12/1999 |  |
| 11 and under | 102.5 kgs / 225.9 lbs<br>Naomi Kutin (US-NJ) 2012         | 45.0 kgs / 99.2 lbs<br>Beth-el Algarin (US-MN) 7/2011   | 95.0 kgs / 209.4 lbs<br>Naomi Kutin (US-NJ) 2012          | 225.5 kgs / 497.1 lbs<br>Naomi Kutin (US-NJ) 2012          |
| 12-13        | 107.5 kgs / 236.9 lbs<br>Naomi Kutin (US-NJ) 11/2014      | 47.5 kgs / 104.7 lbs<br>Naomi Kutin (US-NJ) 6/2014      | 120.0 kgs / 264.5 lbs<br>Naomi Kutin (US-NJ) 11/2014      | 275.0 kgs / 606.2 lbs<br>Naomi Kutin (US-NJ) 11/2014       |
| 2: 12-13     | 85.0 kgs / 187.3 lbs<br>Naomi Kutin (US-NJ) 6/2014        | 35.0 kgs / 77.1 lbs<br>Savannah Sparkes (US-AZ) 3/2014  | 97.5 kgs / 214.9 lbs<br>Naomi Kutin (US-NJ) 6/2014        | 230.0 kgs / 507.0 lbs<br>Naomi Kutin (US-NJ) 6/2014        |
| 3: 12-13     | 55.0 kgs / 121.2 lbs<br>Savannah Sparkes (US-AZ) 3/2014   |   | 87.5 kgs / 192.9 lbs<br>Savannah Sparkes (US-AZ) 3/2014   | 177.5 kgs / 391.3 lbs<br>Savannah Sparkes (US-AZ) 3/2014   |
| 14-15        | 90.72 kgs / 200.0 lbs<br>Natalie Norcross (US-FL) 12/2023 | 42.5 kgs / 93.6 lbs<br>Jessica Smith (US-NC) 10/2015    | 111.1 kgs / 244.9 lbs<br>Krystle McKenzie (US-DC) 12/1999 | 239.95 kgs / 528.9 lbs<br>Natalie Norcross (US-FL) 12/2023 |
| 2: 14-15     | 82.5 kgs / 181.8 lbs<br>Jessica Smith (US-NC) 10/2015     | 38.5 kgs / 84.8 lbs<br>Krystle McKenzie (US-DC) 12/1999 |   | 231.3 kgs / 509.9 lbs<br>Krystle McKenzie (US-DC) 12/1999  |
| 3: 14-15     | 81.6 kgs / 179.8 lbs<br>Krystle McKenzie (US-DC) 12/1999  |   |   |  |
| 16-17        | 105.0 kgs / 231.4 lbs<br>McKenna Kozina (Canada) 10/2017  | 64.0 kgs / 141.0 lbs<br>McKenna Kozina (Canada) 10/2017 | 115.0 kgs / 253.5 lbs<br>Danielle Tasher (US-PA) 3/2012   | 274.0 kgs / 604.0 lbs<br>McKenna Kozina (Canada) 10/2017   |
| 2: 16-17     | 102.5 kgs / 225.9 lbs<br>McKenna Kozina (Canada) 8/2017   | 60.0 kgs / 132.2 lbs<br>McKenna Kozina (Canada) 8/2017  |   | 272.5 kgs / 600.7 lbs<br>McKenna Kozina (Canada) 8/2017    |
| 3: 16-17     | 100.0 kgs / 220.4 lbs<br>McKenna Kozina (Canada) 3/2017   | 57.5 kgs / 126.7 lbs<br>McKenna Kozina (Canada) 3/2017  |   | 252.5 kgs / 556.6 lbs<br>McKenna Kozina (Canada) 3/2017    |
| 4: 16-17     | 92.5 kgs / 203.9 lbs<br>McKenna Kozina (Canada) 10/2016   | 50.5 kgs / 111.3 lbs<br>McKenna Kozina (Canada) 10/2016 |   | 247.5 kgs / 545.6 lbs<br>Danielle Tasher (US-PA) 3/2012    |
| 5: 16-17     | 90.0 kgs / 198.4 lbs<br>Danielle Tasher (US-PA) 3/2012    | 50.0 kgs / 110.2 lbs<br>McKenna Kozina (Canada) 8/2016  |   |  |
| 6: 16-17     |   | 45.0 kgs / 99.2 lbs<br>Danielle Tasher (US-PA) 3/2012   |   |  |
| 18-19        | 104.0 kgs / 229.2 lbs<br>McKenna Kozina (Canada) 10/2019  | 60.5 kgs / 133.3 lbs<br>McKenna Kozina (Canada) 6/2019  | 112.5 kgs / 248.0 lbs<br>McKenna Kozina (Canada) 5/2018   | 277.0 kgs / 609.5 lbs<br>McKenna Kozina (Canada) 5/2018    |

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|----------|---|---|--|--|
| 2: 18-19 | 103.0 kgs / 227.0 lbs<br>McKenna Kozina (Canada) 6/2019 | 60.0 kgs / 132.2 lbs<br>McKenna Kozina (Canada) 5/2018      | 105.0 kgs / 231.4 lbs<br>Laurel Trail (US-AZ) 2012           | 202.5 kgs / 446.4 lbs<br>Laurel Trail (US-AZ) 2012           |
| 3: 18-19 | 102.5 kgs / 225.9 lbs<br>McKenna Kozina (Canada) 5/2018 | 55.0 kgs / 121.2 lbs<br>Rylea Yanke (Canada) 8/2015         |  |  |
| 4: 18-19 | 57.5 kgs / 126.7 lbs<br>Jessica Lovitt (US-NC) 2011     | 50.0 kgs / 110.2 lbs<br>Rylea Yanke (Canada) 1/2015         |  |  |
| 5: 18-19 |   | 47.5 kgs / 104.7 lbs<br>Laurel Trail (US-AZ) 2012           |  |  |
| 20-24    | 85.0 kgs / 187.3 lbs<br>Amanda Hunsucker (US-AZ) 4/2016 | 60.0 kgs / 132.2 lbs<br>Amanda Hunsucker (US-AZ) 4/2016     | 127.5 kgs / 281.0 lbs<br>Amanda Hunsucker (US-AZ) 4/2016     | 272.5 kgs / 600.7 lbs<br>Amanda Hunsucker (US-AZ) 4/2016     |
| 2: 20-24 | 77.5 kgs / 170.8 lbs<br>Amanda Hunsucker (US-AZ) 3/2015 | 56.0 kgs / 123.4 lbs<br>Amanda Hunsucker (US-AZ) 5/2015     | 126.0 kgs / 277.7 lbs<br>Amanda Hunsucker (US-AZ) 5/2015     | 257.5 kgs / 567.6 lbs<br>Amanda Hunsucker (US-AZ) 3/2015     |
| 3: 20-24 | 73.0 kgs / 160.9 lbs<br>Amanda Hunsucker (US-AZ) 8/2014 | 55.0 kgs / 121.2 lbs<br>Amanda Hunsucker (US-AZ) 3/2015     | 125.0 kgs / 275.5 lbs<br>Amanda Hunsucker (US-AZ) 3/2015     | 230.0 kgs / 507.0 lbs<br>Amanda Hunsucker (US-AZ) 8/2014     |
| 4: 20-24 |   | 52.5 kgs / 115.7 lbs<br>Amanda Hunsucker (US-AZ) 8/2014     | 120.0 kgs / 264.5 lbs<br>Amanda Hunsucker (US-AZ) 8/2014     |  |
| 5: 20-24 |   | 40.0 kgs / 88.1 lbs<br>Krystine Loring (US-VT) 2009         | 102.5 kgs / 225.9 lbs<br>Krystine Loring (US-VT) 2009        |  |
| 35-39    | 82.5 kgs / 181.8 lbs<br>Jill Neziri (US-NY) 6/2022      | 57.5 kgs / 126.7 lbs<br>Viktoriya Kruglyak (Ukraine) 4/2014 | 122.5 kgs / 270.0 lbs<br>Jamie Brissey (US-VA) 4/2014        | 237.5 kgs / 523.5 lbs<br>Jamie Brissey (US-VA) 4/2014        |
| 2: 35-39 | 80.0 kgs / 176.3 lbs<br>Jill Neziri (US-NY) 12/2020     |   | 107.5 kgs / 236.9 lbs<br>Viktoriya Kruglyak (Ukraine) 4/2014 | 232.5 kgs / 512.5 lbs<br>Viktoriya Kruglyak (Ukraine) 4/2014 |
| 3: 35-39 | 78.0 kgs / 171.9 lbs<br>Jill Neziri (US-NY) 12/2019     |   |  |  |
| 4: 35-39 | 75.0 kgs / 165.3 lbs<br>Marni Frandson (US-NE) 6/2016   |   |  |  |
| 5: 35-39 | 72.5 kgs / 159.8 lbs<br>Benita Steffan (US-PA) 2002     |   |  |  |
| 40-44    | 70.0 kgs / 154.3 lbs<br>Tracey Mancuso (Canada) 7/2014  | 62.5 kgs / 137.7 lbs<br>Jill Keilty (Canada) 11/2014        | 100.0 kgs / 220.4 lbs<br>Jill Keilty (Canada) 11/2014        | 225.0 kgs / 496.0 lbs<br>Jill Keilty (Canada) 11/2014        |
| 2: 40-44 |   | 40.0 kgs / 88.1 lbs<br>Tracey Mancuso (Canada) 7/2014       | 97.5 kgs / 214.9 lbs<br>Tracey Mancuso (Canada) 7/2014       | 205.0 kgs / 451.9 lbs<br>Tracey Mancuso (Canada) 7/2014      |
| 45-49    | 74.0 kgs / 163.1 lbs<br>Jill Keilty (Canada) 5/2023     | 59.0 kgs / 130.0 lbs<br>Jill Keilty (Canada) 11/2023        | 122.5 kgs / 270.0 lbs<br>Kimberly Ryman (US-VA) 2009         | 244.0 kgs / 537.9 lbs<br>Jill Keilty (Canada) 11/2023        |
| 2: 45-49 | 73.5 kgs / 162.0 lbs<br>Kimberly Ryman (US-VA) 2009     | 58.5 kgs / 128.9 lbs<br>Marzia Girardi (Italy) 7/2012       |  | 242.5 kgs / 534.6 lbs<br>Kimberly Ryman (US-VA) 2009         |
| 50-54    | 86.1 kgs / 189.8 lbs<br>Karen Poyner (US-VA)            | 58.9 kgs / 129.8 lbs<br>Karen Poyner (US-VA)                | 120.2 kgs / 264.9 lbs<br>Karen Poyner (US-VA)                | 265.3 kgs / 584.8 lbs<br>Karen Poyner (US-VA)                |
| 55-59    | 90.0 kgs / 198.4 lbs<br>Karen Poyner (US-VA) 6/2011     | 58.0 kgs / 127.8 lbs<br>Karen Poyner (US-VA) 2013           | 122.5 kgs / 270.0 lbs<br>Karen Poyner (US-VA) 6/2011         | 270.0 kgs / 595.2 lbs<br>Karen Poyner (US-VA) 6/2011         |
| 60-64    | 80.5 kgs / 177.4 lbs<br>Karen Poyner (US-VA) 4/2016     | 53.5 kgs / 117.9 lbs<br>Karen Poyner (US-VA) 4/2016         | 112.5 kgs / 248.0 lbs<br>Kimberly Price (US-VA) 11/2023      | 245.0 kgs / 540.1 lbs<br>Karen Poyner (US-VA) 4/2016         |
| 2: 60-64 |   |   | 112.0 kgs / 246.9 lbs<br>Kimberly Price (US-VA) 4/2023       |  |
| 3: 60-64 |   |   | 111.5 kgs / 245.8 lbs<br>Kimberly Price (US-VA) 11/2022      |  |
| 4: 60-64 |   |   | 111.0 kgs / 244.7 lbs<br>Karen Poyner (US-VA) 4/2016         |  |
| 65-69    | 45.0 kgs / 99.2 lbs<br>Jenny Telles (US-NM) 11/2014     | 27.5 kgs / 60.6 lbs<br>Jenny Telles (US-NM) 11/2014         | 67.5 kgs / 148.8 lbs<br>Jenny Telles (US-NM) 11/2014         | 140.0 kgs / 308.6 lbs<br>Jenny Telles (US-NM) 11/2014        |

| Weight Class: 52 / 114 Female / Powerlifting |  |   |  |  |
|--|--|---|--|--|
| Division                                     | Squat  | Bench Press   | Deadlift   | Total  |
| Open   | 120.0 kgs / 264.5 lbs<br>Marie Joaquin (Canada) 5/2018   | 76.0 kgs / 167.5 lbs<br>Natasha Beasley (US-VA) 10/2017 | 152.5 kgs / 336.2 lbs<br>Natasha Beasley (US-VA) 10/2016 | 318.5 kgs / 702.1 lbs<br>Natasha Beasley (US-VA) 10/2017 |
| 2: Open                                      | 115.0 kgs / 253.5 lbs<br>Hannah Kaminski (Canada) 2/2018 | 75.5 kgs / 166.4 lbs<br>Natasha Beasley (US-VA) 6/2017  | 149.8 kgs / 330.2 lbs<br>Donna McBurney (US-MA) 2007     | 315.0 kgs / 694.4 lbs<br>Natasha Beasley (US-VA) 10/2016 |
| 3: Open                                      | 113.0 kgs / 249.1 lbs<br>Marie Joaquin (Canada) 10/2017  | 73.5 kgs / 162.0 lbs<br>Bianca Luedeker (US-AZ) 6/2014  | 113.3 kgs / 249.7 lbs<br>Krystle McKenzie (US-DC) 2/2002 | 310.7 kgs / 684.9 lbs<br>Donna McBurney (US-MA) 2007     |
| 4: Open                                      | 112.5 kgs / 248.0 lbs<br>Naomi Kutin (US-NJ) 6/2015      | 70.0 kgs / 154.3 lbs<br>Bianca Luedeker (US-AZ) 3/2014  |  | 226.1 kgs / 498.4 lbs<br>Krystle McKenzie (US-DC) 2/2002 |
| 5: Open                                      | 105.0 kgs / 231.4 lbs<br>Elizabeth Cameron (US-AZ) 2012  | 68.0 kgs / 149.9 lbs<br>Donna McBurney (US-MA) 2007     |  |  |
| 6: Open                                      | 90.7 kgs / 199.9 lbs<br>Krystle McKenzie (US-DC) 2/2002  |   |  |  |
| 11 and under                                 | 72.5 kgs / 159.8 lbs<br>Madison Berry (US-NC) 1/2021     | 38.0 kgs / 83.7 lbs<br>Mackenzie Taylor (US-NC) 9/2019  | 90.0 kgs / 198.4 lbs<br>Mackenzie Taylor (US-NC) 9/2019  | 187.5 kgs / 413.3 lbs<br>Sarah Hunt (US-PA) 2011         |
| 2: 11 and under                              | 70.0 kgs / 154.3 lbs<br>Sarah Hunt (US-PA) 2011          | 35.0 kgs / 77.1 lbs<br>Sarah Hunt (US-PA) 2011          | 82.5 kgs / 181.8 lbs<br>Sarah Hunt (US-PA) 2011          |  |
| 12-13  | 112.5 kgs / 248.0 lbs<br>Naomi Kutin (US-NJ) 6/2015      | 60.0 kgs / 132.2 lbs<br>Miranda Chambers (US-PA) 3/2014 | 130.0 kgs / 286.5 lbs<br>Miranda Chambers (US-PA) 3/2014 | 290.0 kgs / 639.3 lbs<br>Miranda Chambers (US-PA) 3/2014 |
| 2: 12-13                                     | 100.0 kgs / 220.4 lbs<br>Miranda Chambers (US-PA) 3/2014 |   |  |  |

|          |  |   |  |  |
|----------|--|---|--|--|
| 14-15    | 92.5 kgs / 203.9 lbs<br>Samantha Salemno (US-PA) 6/2015    | 50.0 kgs / 110.2 lbs<br>Gwendolyn Sheridan (Canada) 2/2012  | 107.5 kgs / 236.9 lbs<br>Natalie Norcross (US-FL) 11/2023    | 227.5 kgs / 501.5 lbs<br>Samantha Salemno (US-PA) 6/2015     |
| 2: 14-15 | 77.5 kgs / 170.8 lbs<br>Madison Trauger (US-PA) 10/2012    |   | 105.5 kgs / 232.5 lbs<br>Brooke Zak (US-NC) 3/2020           | 222.5 kgs / 490.5 lbs<br>Madison Trauger (US-PA) 10/2012     |
| 3: 14-15 | 60.0 kgs / 132.2 lbs<br>Gwendolyn Sheridan (Canada) 2/2012 |   | 105.0 kgs / 231.4 lbs<br>Madison Trauger (US-PA) 10/2012     | 202.5 kgs / 446.4 lbs<br>Gwendolyn Sheridan (Canada) 2/2012  |
| 4: 14-15 |  |   | 92.5 kgs / 203.9 lbs<br>Gwendolyn Sheridan (Canada) 2/2012   |  |
| 16-17    | 95.5 kgs / 210.5 lbs<br>Kaylum Mills (US-NC) 5/2023        | 55.0 kgs / 121.2 lbs<br>Kaylum Mills (US-NC) 5/2023         | 123.0 kgs / 271.1 lbs<br>Kaylum Mills (US-NC) 5/2023         | 273.5 kgs / 602.9 lbs<br>Kaylum Mills (US-NC) 5/2023         |
| 2: 16-17 | 91.5 kgs / 201.7 lbs<br>Jessica Smith (US-NC) 6/2016       | 50.0 kgs / 110.2 lbs<br>Hope Weaver (US-PA) 12/2018         | 122.5 kgs / 270.0 lbs<br>Jessica Smith (US-NC) 6/2016        | 257.0 kgs / 566.5 lbs<br>Jessica Smith (US-NC) 6/2016        |
| 3: 16-17 | 90.7 kgs / 199.9 lbs<br>Krystle McKenzie (US-DC) 2/2002    | 48.0 kgs / 105.8 lbs<br>Jessica Smith (US-NC) 6/2016        | 113.3 kgs / 249.7 lbs<br>Krystle McKenzie (US-DC) 2/2002     | 226.1 kgs / 498.4 lbs<br>Krystle McKenzie (US-DC) 2/2002     |
| 4: 16-17 |  | 47.5 kgs / 104.7 lbs<br>Lizette Magana (US-AZ) 4/2013       |  |  |
| 18-19    | 92.5 kgs / 203.9 lbs<br>Courtney Krauss (Canada) 8/2023    | 55.0 kgs / 121.2 lbs<br>Courtney Krauss (Canada) 8/2023     | 107.5 kgs / 236.9 lbs<br>Courtney Krauss (Canada) 8/2023     | 255.0 kgs / 562.1 lbs<br>Courtney Krauss (Canada) 8/2023     |
| 2: 18-19 | 70.5 kgs / 155.4 lbs<br>Roisin Byrne (Ireland) 2/2019      | 45.0 kgs / 99.2 lbs<br>Roisin Byrne (Ireland) 2/2019        | 100.5 kgs / 221.5 lbs<br>Roisin Byrne (Ireland) 2/2019       | 213.0 kgs / 469.5 lbs<br>Roisin Byrne (Ireland) 2/2019       |
| 3: 18-19 | 62.5 kgs / 137.7 lbs<br>Alivia Houston (US-PA) 10/2017     | 37.5 kgs / 82.6 lbs<br>Alivia Houston (US-PA) 10/2017       | 100.0 kgs / 220.4 lbs<br>Alivia Houston (US-PA) 10/2017      | 202.5 kgs / 446.4 lbs<br>Amanda Feist (US-NM) 3/2014         |
| 4: 18-19 |  |   | 97.5 kgs / 214.9 lbs<br>Amanda Feist (US-NM) 3/2014          |  |
| 20-24    | 120.0 kgs / 264.5 lbs<br>Marie Joaquin (Canada) 5/2018     | 65.0 kgs / 143.2 lbs<br>Rylea Yanke (Canada) 5/2018         | 140.0 kgs / 308.6 lbs<br>Izaba Paras (US-VA) 6/2017          | 306.0 kgs / 674.6 lbs<br>Marie Joaquin (Canada) 5/2018       |
| 2: 20-24 | 115.0 kgs / 253.5 lbs<br>Hannah Kaminski (Canada) 2/2018   | 60.0 kgs / 132.2 lbs<br>Elizabeth Cameron (US-AZ) 2012      | 137.5 kgs / 303.1 lbs<br>Kari Sakamoto (US-NE) 11/2013       | 297.5 kgs / 655.8 lbs<br>Hannah Kaminski (Canada) 2/2018     |
| 3: 20-24 | 113.0 kgs / 249.1 lbs<br>Marie Joaquin (Canada) 10/2017    |   | 130.0 kgs / 286.5 lbs<br>Nicole Paul-McEvoy (Canada) 2012    | 293.0 kgs / 645.9 lbs<br>Izaba Paras (US-VA) 6/2017          |
| 4: 20-24 | 107.5 kgs / 236.9 lbs<br>Izaba Paras (US-VA) 6/2017        |   |  | 287.5 kgs / 633.8 lbs<br>Elizabeth Cameron (US-AZ) 2012      |
| 5: 20-24 | 105.0 kgs / 231.4 lbs<br>Elizabeth Cameron (US-AZ) 2012    |   |  |  |
| 35-39    | 113.0 kgs / 249.1 lbs<br>Amanda Johner (Canada) 10/2019    | 76.0 kgs / 167.5 lbs<br>Natasha Beasley (US-VA) 10/2017     | 150.0 kgs / 330.6 lbs<br>Natasha Beasley (US-VA) 10/2017     | 318.5 kgs / 702.1 lbs<br>Natasha Beasley (US-VA) 10/2017     |
| 2: 35-39 | 92.5 kgs / 203.9 lbs<br>Jennifer Coffee (US-VA) 6/2014     | 52.5 kgs / 115.7 lbs<br>Jennifer Coffee (US-VA) 6/2014      | 125.0 kgs / 275.5 lbs<br>Jamie Brissey (US-VA) 6/2015        | 257.5 kgs / 567.6 lbs<br>Andrea Kawano (US-MD) 6/2017        |
| 3: 35-39 | 85.0 kgs / 187.3 lbs<br>Jennifer Coffee (US-VA) 4/2014     | 47.5 kgs / 104.7 lbs<br>Jennifer Coffee (US-VA) 4/2014      | 124.0 kgs / 273.3 lbs<br>Jennifer Coffee (US-VA) 4/2014      | 255.5 kgs / 563.2 lbs<br>Jennifer Coffee (US-VA) 4/2014      |
| 40-44    | 90.7 kgs / 199.9 lbs<br>Donna McBurney (US-MA) 2007        | 68.0 kgs / 149.9 lbs<br>Donna McBurney (US-MA) 2007         | 149.8 kgs / 330.2 lbs<br>Donna McBurney (US-MA) 2007         | 310.7 kgs / 684.9 lbs<br>Donna McBurney (US-MA) 2007         |
| 45-49    | 87.5 kgs / 192.9 lbs<br>Nikki Chapman (Canada) 9/2012      | 60.0 kgs / 132.2 lbs<br>Nikki Chapman (Canada) 9/2012       | 120.0 kgs / 264.5 lbs<br>Jennifer Waldron (US-KY) 2/2018     | 262.5 kgs / 578.7 lbs<br>Nikki Chapman (Canada) 9/2012       |
| 2: 45-49 |  |   | 117.5 kgs / 259.0 lbs<br>Nikki Chapman (Canada) 9/2012       |  |
| 50-54    | 90.0 kgs / 198.4 lbs<br>Benita Steffan (US-PA) 11/2013     | 65.5 kgs / 144.4 lbs<br>Lisa Scheffelmaier (Canada) 11/2014 | 112.5 kgs / 248.0 lbs<br>Lisa Scheffelmaier (Canada) 11/2014 | 245.5 kgs / 541.2 lbs<br>Marcella Cameron (Canada) 6/2019    |
| 2: 50-54 |  | 60.0 kgs / 132.2 lbs<br>Lisa Scheffelmaier (Canada) 1/2014  | 97.5 kgs / 214.9 lbs<br>Lisa Scheffelmaier (Canada) 1/2014   | 245.0 kgs / 540.1 lbs<br>Lisa Scheffelmaier (Canada) 11/2014 |
| 3: 50-54 |  |   |  | 230.0 kgs / 507.0 lbs<br>Lisa Scheffelmaier (Canada) 1/2014  |
| 55-59    | 85.0 kgs / 187.3 lbs<br>Susan White (Canada) 11/2017       | 50.5 kgs / 111.3 lbs<br>Janet Huntley (US-PA) 10/2021       | 115.0 kgs / 253.5 lbs<br>Kimberly Price (US-VA) 11/2020      | 230.0 kgs / 507.0 lbs<br>Ginger Enderson (US-NC) 11/2014     |
| 2: 55-59 | 80.0 kgs / 176.3 lbs<br>Ginger Enderson (US-NC) 11/2014    | 50.0 kgs / 110.2 lbs<br>Susan White (Canada) 11/2017        | 110.0 kgs / 242.5 lbs<br>Janet Huntley (US-PA) 4/2019        |  |
| 3: 55-59 |  | 48.0 kgs / 105.8 lbs<br>Janet Huntley (US-PA) 10/2016       | 107.5 kgs / 236.9 lbs<br>Ginger Enderson (US-NC) 11/2014     |  |
| 4: 55-59 |  | 45.0 kgs / 99.2 lbs<br>Ginger Enderson (US-NC) 6/2013       |  |  |
| 60-64    | 100.0 kgs / 220.4 lbs<br>Christina Lahey (Canada) 5/2023   | 62.5 kgs / 137.7 lbs<br>Christina Lahey (Canada) 5/2023     | 115.0 kgs / 253.5 lbs<br>Christina Lahey (Canada) 5/2023     | 277.5 kgs / 611.7 lbs<br>Christina Lahey (Canada) 5/2023     |
| 2: 60-64 | 70.0 kgs / 154.3 lbs<br>Janet Huntley (US-PA) 4/2023       | 48.5 kgs / 106.9 lbs<br>Janet Huntley (US-PA) 4/2023        | 102.5 kgs / 225.9 lbs<br>Janet Huntley (US-PA) 4/2023        | 221.0 kgs / 487.2 lbs<br>Janet Huntley (US-PA) 4/2023        |
| 3: 60-64 | 68.0 kgs / 149.9 lbs<br>Janet Huntley (US-PA) 12/2022      | 48.0 kgs / 105.8 lbs<br>Janet Huntley (US-PA) 12/2022       | 97.5 kgs / 214.9 lbs<br>Janet Huntley (US-PA) 4/2022         | 212.5 kgs / 468.4 lbs<br>Janet Huntley (US-PA) 4/2022        |
| 4: 60-64 | 67.5 kgs / 148.8 lbs<br>Janet Huntley (US-PA) 4/2022       | 47.5 kgs / 104.7 lbs<br>Janet Huntley (US-PA) 4/2022        | 80.0 kgs / 176.3 lbs<br>Roxanne Chance (US-AZ) 6/2017        | 165.5 kgs / 364.8 lbs<br>Roxanne Chance (US-AZ) 6/2017       |
| 5: 60-64 | 52.5 kgs / 115.7 lbs<br>Roxanne Chance (US-AZ) 6/2017      | 40.0 kgs / 88.1 lbs<br>Karina Harris (Canada) 9/2021        |  |  |
| 6: 60-64 |  | 37.5 kgs / 82.6 lbs<br>Trish Kirkland (US-FL) 6/2018        |  |  |

|          |   |  |   |  |
|----------|---|--|---|--|
| 7: 60-64 |   | 33.0 kgs / 72.7 lbs<br>Roxanne Chance (US-AZ) 6/2017   |   |  |
| 70-74    | 61.0 kgs / 134.4 lbs<br>Mary Ann Little (US-PA) 10/2015 | 35.0 kgs / 77.1 lbs<br>Mary Ann Little (US-PA) 11/2014 | 78.0 kgs / 171.9 lbs<br>Mary Ann Little (US-PA) 10/2016 | 169.5 kgs / 373.6 lbs<br>Mary Ann Little (US-PA) 10/2015 |
| 2: 70-74 | 60.0 kgs / 132.2 lbs<br>Mary Ann Little (US-PA) 11/2014 |  | 77.5 kgs / 170.8 lbs<br>Mary Ann Little (US-PA) 10/2015 | 165.0 kgs / 363.7 lbs<br>Mary Ann Little (US-PA) 11/2014 |
| 3: 70-74 |   |  | 72.5 kgs / 159.8 lbs<br>Mary Ann Little (US-PA) 11/2014 |  |

**Weight Class: 56 / 123 Female / Powerlifting**

| Division     | Squat   | Bench Press  | Deadlift  | Total   |
|--------------|---|--|---|---|
| Open         | 157.0 kgs / 346.1 lbs<br>Elizabeth Craven (Australia) 10/2018 | 120.0 kgs / 264.5 lbs<br>Febrose Tsiode (Nauru) 10/2018      | 192.5 kgs / 424.3 lbs<br>Melissa Barber (US-MD) 5/2016        | 427.0 kgs / 941.3 lbs<br>Elizabeth Craven (Australia) 10/2018 |
| 2: Open      | 140.0 kgs / 308.6 lbs<br>Breann Thiessen (Canada) 1/2015      | 96.0 kgs / 211.6 lbs<br>Giorgia Pratesi (Italy) 7/2012       | 160.0 kgs / 352.7 lbs<br>Mayra Armijo (US-NM) 6/2014          | 385.0 kgs / 848.7 lbs<br>Melissa Barber (US-MD) 5/2016        |
| 3: Open      | 115.0 kgs / 253.5 lbs<br>Melissa Klein (US-IL) 2013           | 80.0 kgs / 176.3 lbs<br>Kelly Moore (US-WI) 2009             | 158.0 kgs / 348.3 lbs<br>Suzanne Davis (US-AZ) 3/2014         | 352.5 kgs / 777.1 lbs<br>Breann Thiessen (Canada) 1/2015      |
| 4: Open      | 110.0 kgs / 242.5 lbs<br>Kelly Moore (US-WI) 2009             | 63.5 kgs / 139.9 lbs<br>Leslie Kutner (US-FL) 2007           | 157.5 kgs / 347.2 lbs<br>Kelly Moore (US-WI) 2009             | 347.5 kgs / 766.0 lbs<br>Mayra Armijo (US-NM) 6/2014          |
| 5: Open      |   |  |   | 327.5 kgs / 722.0 lbs<br>Kelly Moore (US-WI) 2009             |
| 11 and under | 82.5 kgs / 181.8 lbs<br>Beth-el Algarin (US-MN) 6/2012        | 57.5 kgs / 126.7 lbs<br>Beth-el Algarin (US-MN) 6/2012       | 100.0 kgs / 220.4 lbs<br>Beth-el Algarin (US-MN) 6/2012       | 240.0 kgs / 529.1 lbs<br>Beth-el Algarin (US-MN) 6/2012       |
| 12-13        | 80.0 kgs / 176.3 lbs<br>Mackenzie Taylor (US-NC) 8/2020       | 48.5 kgs / 106.9 lbs<br>Mackenzie Taylor (US-NC) 8/2020      | 114.0 kgs / 251.3 lbs<br>Mackenzie Taylor (US-NC) 8/2020      | 230.0 kgs / 507.0 lbs<br>Mackenzie Taylor (US-NC) 8/2020      |
| 2: 12-13     | 70.0 kgs / 154.3 lbs<br>Mackenzie Taylor (US-NC) 3/2020       | 48.0 kgs / 105.8 lbs<br>Mackenzie Taylor (US-NC) 3/2020      | 98.0 kgs / 216.0 lbs<br>Mackenzie Taylor (US-NC) 3/2020       | 206.0 kgs / 454.1 lbs<br>Mackenzie Taylor (US-NC) 3/2020      |
| 3: 12-13     | 52.5 kgs / 115.7 lbs<br>Payton Swagar (Canada) 6/2016         | 37.5 kgs / 82.6 lbs<br>Payton Swagar (Canada) 6/2016         | 75.0 kgs / 165.3 lbs<br>Annie Ammons (US-NC) 6/2015           | 160.0 kgs / 352.7 lbs<br>Payton Swagar (Canada) 6/2016        |
| 4: 12-13     | 45.0 kgs / 99.2 lbs<br>Annie Ammons (US-NC) 6/2015            | 29.5 kgs / 65.0 lbs<br>Payton Swagar (Canada) 1/2016         |   | 147.5 kgs / 325.1 lbs<br>Annie Ammons (US-NC) 6/2015          |
| 5: 12-13     |   | 27.5 kgs / 60.6 lbs<br>Annie Ammons (US-NC) 6/2015           |   |   |
| 14-15        | 132.5 kgs / 292.1 lbs<br>Naomi Kutin (US-NJ) 6/2016           | 70.0 kgs / 154.3 lbs<br>Miranda Chambers (US-PA) 11/2014     | 147.5 kgs / 325.1 lbs<br>Naomi Kutin (US-NJ) 6/2016           | 332.5 kgs / 733.0 lbs<br>Naomi Kutin (US-NJ) 6/2016           |
| 2: 14-15     | 117.5 kgs / 259.0 lbs<br>Naomi Kutin (US-NJ) 10/2015          |  | 142.5 kgs / 314.1 lbs<br>Naomi Kutin (US-NJ) 10/2015          | 310.0 kgs / 683.4 lbs<br>Miranda Chambers (US-PA) 11/2014     |
| 3: 14-15     | 112.5 kgs / 248.0 lbs<br>Miranda Chambers (US-PA) 11/2014     |  | 130.0 kgs / 286.5 lbs<br>Miranda Chambers (US-PA) 11/2014     |   |
| 16-17        | 120.0 kgs / 264.5 lbs<br>Miranda Chambers (US-PA) 6/2016      | 85.0 kgs / 187.3 lbs<br>Miranda Chambers (US-PA) 10/2016     | 155.0 kgs / 341.7 lbs<br>Miranda Chambers (US-PA) 10/2016     | 355.0 kgs / 782.6 lbs<br>Miranda Chambers (US-PA) 10/2016     |
| 2: 16-17     | 102.5 kgs / 225.9 lbs<br>Madison Hendricks (US-PA) 11/2014    | 77.5 kgs / 170.8 lbs<br>Miranda Chambers (US-PA) 6/2016      | 145.0 kgs / 319.6 lbs<br>Miranda Chambers (US-PA) 6/2016      | 342.5 kgs / 755.0 lbs<br>Miranda Chambers (US-PA) 6/2016      |
| 3: 16-17     | 65.0 kgs / 143.2 lbs<br>Lizette Magana (US-AZ) 3/2014         | 63.5 kgs / 139.9 lbs<br>Leslie Kutner (US-FL) 2007           | 137.5 kgs / 303.1 lbs<br>Nicole Bodulow (US-PA) 2012          | 285.0 kgs / 628.3 lbs<br>Jenna Hardy (US-PA) 2011             |
| 18-19        | 135.0 kgs / 297.6 lbs<br>Febrose Tsiode (Nauru) 10/2018       | 120.0 kgs / 264.5 lbs<br>Febrose Tsiode (Nauru) 10/2018      | 140.0 kgs / 308.6 lbs<br>Febrose Tsiode (Nauru) 10/2018       | 395.0 kgs / 870.8 lbs<br>Febrose Tsiode (Nauru) 10/2018       |
| 2: 18-19     | 95.0 kgs / 209.4 lbs<br>Rachel Jordan (US-NC) 10/2015         | 65.0 kgs / 143.2 lbs<br>Christine Trac (Canada) 1/2016       | 135.0 kgs / 297.6 lbs<br>Kendra Green (US-VA) 7/2018          | 282.5 kgs / 622.7 lbs<br>Christine Trac (Canada) 1/2016       |
| 3: 18-19     | 90.0 kgs / 198.4 lbs<br>Terese Mazurkewich (Canada) 9/2015    | 57.5 kgs / 126.7 lbs<br>Rachel Jordan (US-NC) 10/2015        | 132.5 kgs / 292.1 lbs<br>Christine Trac (Canada) 1/2016       | 270.0 kgs / 595.2 lbs<br>Rachel Jordan (US-NC) 10/2015        |
| 4: 18-19     | 85.0 kgs / 187.3 lbs<br>Lucy Chung (US-NE) 6/2014             | 50.0 kgs / 110.2 lbs<br>Terese Mazurkewich (Canada) 9/2015   | 125.0 kgs / 275.5 lbs<br>Lucy Chung (US-NE) 6/2014            | 242.5 kgs / 534.6 lbs<br>Lucy Chung (US-NE) 6/2014            |
| 5: 18-19     |   | 45.0 kgs / 99.2 lbs<br>Lucy Chung (US-NE) 6/2014             |   |   |
| 20-24        | 140.0 kgs / 308.6 lbs<br>Breann Thiessen (Canada) 1/2015      | 87.5 kgs / 192.9 lbs<br>Jonalyn Barcarse (US-VA) 6/2021      | 170.0 kgs / 374.7 lbs<br>Jonalyn Barcarse (US-VA) 6/2021      | 387.5 kgs / 854.2 lbs<br>Jonalyn Barcarse (US-VA) 6/2021      |
| 2: 20-24     | 95.0 kgs / 209.4 lbs<br>Sarah Barber (US-NY) 6/2014           | 75.0 kgs / 165.3 lbs<br>Breann Thiessen (Canada) 1/2015      | 163.0 kgs / 359.3 lbs<br>Sherine Thoummarath (Canada) 2/2017  | 352.5 kgs / 777.1 lbs<br>Breann Thiessen (Canada) 1/2015      |
| 3: 20-24     | 82.0 kgs / 180.7 lbs<br>Sarah Barber (US-NY) 3/2014           | 42.5 kgs / 93.6 lbs<br>Zoe Cosmopoulos (South Africa) 8/2014 | 162.5 kgs / 358.2 lbs<br>Sherine Thoummarath (Canada) 10/2016 | 275.0 kgs / 606.2 lbs<br>Rebecca Breedon (US-VA) 6/2013       |
| 4: 20-24     | 52.5 kgs / 115.7 lbs<br>Nicole Demato (US-MA) 3/2014          | 40.0 kgs / 88.1 lbs<br>Sarah Barber (US-NY) 3/2014           | 158.0 kgs / 348.3 lbs<br>Sherine Thoummarath (Canada) 6/2016  |   |
| 5: 20-24     |   | 37.5 kgs / 82.6 lbs<br>Nicole Demato (US-MA) 3/2014          | 152.5 kgs / 336.2 lbs<br>Breann Thiessen (Canada) 1/2015      |   |
| 6: 20-24     |   |  | 130.0 kgs / 286.5 lbs<br>Sarah Barber (US-NY) 6/2014          |   |



|                    |   |  |   |   |
|--------------------|---|--|---|---|
| 7: 20-24           |   |  | 120.0 kgs / 264.5 lbs<br>Sarah Barber (US-NY) 3/2014          |   |
| 8: 20-24           |   |  | 102.5 kgs / 225.9 lbs<br>Nicole Demato (US-MA) 3/2014         |   |
| 35-39              | 120.0 kgs / 264.5 lbs<br>Misty Posey (US-VA) 10/2015          | 80.5 kgs / 177.4 lbs<br>Natasha Beasley (US-VA) 6/2018       | 165.0 kgs / 363.7 lbs<br>Natasha Beasley (US-VA) 6/2018       | 345.5 kgs / 761.6 lbs<br>Natasha Beasley (US-VA) 6/2018       |
| 2: 35-39           | 95.0 kgs / 209.4 lbs<br>Kristen Miceli (US-VT) 2012           | 75.0 kgs / 165.3 lbs<br>Natasha Beasley (US-VA) 2/2018       | 155.0 kgs / 341.7 lbs<br>Natasha Beasley (US-VA) 2/2018       | 335.0 kgs / 738.5 lbs<br>Natasha Beasley (US-VA) 2/2018       |
| 3: 35-39           |   | 67.5 kgs / 148.8 lbs<br>Sandra Rensburg (South Africa) 2013  | 145.0 kgs / 319.6 lbs<br>Jennifer Coffee (US-VA) 10/2016      | 320.0 kgs / 705.4 lbs<br>Jennifer Coffee (US-VA) 10/2016      |
| 4: 35-39           |   |  | 142.5 kgs / 314.1 lbs<br>Misty Posey (US-VA) 10/2015          | 315.0 kgs / 694.4 lbs<br>Misty Posey (US-VA) 10/2015          |
| 5: 35-39           |   |  | 125.0 kgs / 275.5 lbs<br>Sandra Rensburg (South Africa) 2013  | 280.0 kgs / 617.2 lbs<br>Sandra Rensburg (South Africa) 2013  |
| 40-44              | 157.0 kgs / 346.1 lbs<br>Elizabeth Craven (Australia) 10/2018 | 85.0 kgs / 187.3 lbs<br>Elizabeth Craven (Australia) 10/2018 | 185.0 kgs / 407.8 lbs<br>Elizabeth Craven (Australia) 10/2018 | 427.0 kgs / 941.3 lbs<br>Elizabeth Craven (Australia) 10/2018 |
| 2: 40-44           | 115.0 kgs / 253.5 lbs<br>Melissa Klein (US-IL) 2013           | 67.5 kgs / 148.8 lbs<br>Melissa Klein (US-IL) 2013           | 158.0 kgs / 348.3 lbs<br>Suzanne Davis (US-AZ) 3/2014         | 325.5 kgs / 717.5 lbs<br>Suzanne Davis (US-AZ) 3/2014         |
| 3: 40-44           |   |  | 105.0 kgs / 231.4 lbs<br>Sandra Cappon (Canada) 1/2014        | 232.5 kgs / 512.5 lbs<br>Sandra Cappon (Canada) 1/2014        |
| 45-49              | 110.0 kgs / 242.5 lbs<br>Kelly Moore (US-WI) 2009             | 80.0 kgs / 176.3 lbs<br>Kelly Moore (US-WI) 2009             | 157.5 kgs / 347.2 lbs<br>Kelly Moore (US-WI) 2009             | 327.5 kgs / 722.0 lbs<br>Kelly Moore (US-WI) 2009             |
| 50-54              | 100.0 kgs / 220.4 lbs<br>Maxine Ferris (US-NC) 2/2018         | 72.5 kgs / 159.8 lbs<br>Diane Brill (US-NV) 10/2012          | 130.0 kgs / 286.5 lbs<br>Maxine Ferris (US-NC) 2/2018         | 291.0 kgs / 641.5 lbs<br>Maxine Ferris (US-NC) 2/2018         |
| 2: 50-54           | 97.5 kgs / 214.9 lbs<br>Maxine Ferris (US-NC) 11/2017         |  | 128.0 kgs / 282.1 lbs<br>Maxine Ferris (US-NC) 11/2017        | 290.0 kgs / 639.3 lbs<br>Diane Brill (US-NV) 10/2012          |
| 3: 50-54           | 95.0 kgs / 209.4 lbs<br>Diane Brill (US-NV) 10/2012           |  | 127.5 kgs / 281.0 lbs<br>Diane Brill (US-NV) 10/2012          |   |
| 55-59              | 87.5 kgs / 192.9 lbs<br>Lori McMahon (US-PA) 12/2022          | 74.8 kgs / 164.9 lbs<br>Lisa Hoyt (US-WA) 6/2022             | 120.0 kgs / 264.5 lbs<br>Susan Drach (US-VA) 4/2014           | 274.3 kgs / 604.7 lbs<br>Lisa Hoyt (US-WA) 6/2022             |
| 2: 55-59           | 87.0 kgs / 191.8 lbs<br>Diane Brill (US-NV) 6/2019            | 70.0 kgs / 154.3 lbs<br>Diane Brill (US-NV) 6/2019           |   | 265.0 kgs / 584.2 lbs<br>Diane Brill (US-NV) 10/2019          |
| 3: 55-59           | 86.1 kgs / 189.8 lbs<br>Patricia Azlin (US-VA) 2009           | 67.5 kgs / 148.8 lbs<br>Diane Brill (US-NV) 4/2017           |   | 260.5 kgs / 574.2 lbs<br>Diane Brill (US-NV) 6/2019           |
| 4: 55-59           |   | 57.5 kgs / 126.7 lbs<br>Susan Drach (US-VA) 4/2014           |   | 250.0 kgs / 551.1 lbs<br>Diane Brill (US-NV) 4/2017           |
| 5: 55-59           |   |  |   | 240.4 kgs / 529.9 lbs<br>Patricia Azlin (US-VA) 2009          |
| 60-64              | 87.5 kgs / 192.9 lbs<br>Janet Warne (Canada) 10/2016          | 60.5 kgs / 133.3 lbs<br>Susan Drach (US-VA) 4/2019           | 126.5 kgs / 278.8 lbs<br>Susan Drach (US-VA) 4/2019           | 257.0 kgs / 566.5 lbs<br>Susan Drach (US-VA) 4/2019           |
| 2: 60-64           | 60.0 kgs / 132.2 lbs<br>Susan Drach (US-VA) 4/2016            | 56.0 kgs / 123.4 lbs<br>Susan Drach (US-VA) 4/2018           | 123.0 kgs / 271.1 lbs<br>Susan Drach (US-VA) 4/2018           | 251.5 kgs / 554.4 lbs<br>Susan Drach (US-VA) 4/2018           |
| 3: 60-64           |   | 55.0 kgs / 121.2 lbs<br>Susan Drach (US-VA) 4/2016           | 112.5 kgs / 248.0 lbs<br>Susan Drach (US-VA) 4/2016           | 228.0 kgs / 502.6 lbs<br>Janet Warne (Canada) 10/2016         |
| 4: 60-64           |   |  |   | 227.5 kgs / 501.5 lbs<br>Susan Drach (US-VA) 4/2016           |
| 65-69              | 67.0 kgs / 147.7 lbs<br>Marcia Anderson (US-VA) 7/2019        | 42.5 kgs / 93.6 lbs<br>Trish Kirkland (US-FL) 6/2019         | 85.0 kgs / 187.3 lbs<br>Trish Kirkland (US-FL) 6/2019         | 185.0 kgs / 407.8 lbs<br>Trish Kirkland (US-FL) 6/2019        |
| 2: 65-69           | 57.5 kgs / 126.7 lbs<br>Trish Kirkland (US-FL) 6/2019         |  |   |   |
| 70-74              | 77.5 kgs / 170.8 lbs<br>Marcia Anderson (US-VA) 11/2022       | 41.0 kgs / 90.3 lbs<br>Marcia Anderson (US-VA) 7/2021        | 103.0 kgs / 227.0 lbs<br>Marcia Anderson (US-VA) 11/2022      | 220.5 kgs / 486.1 lbs<br>Marcia Anderson (US-VA) 11/2022      |
| 2: 70-74           | 75.0 kgs / 165.3 lbs<br>Marcia Anderson (US-VA) 7/2021        | 25.0 kgs / 55.1 lbs<br>Janet Bauer (US-OH) 10/2017           | 102.5 kgs / 225.9 lbs<br>Marcia Anderson (US-VA) 7/2021       | 218.5 kgs / 481.7 lbs<br>Marcia Anderson (US-VA) 7/2021       |
| 3: 70-74           | 42.5 kgs / 93.6 lbs<br>Janet Bauer (US-OH) 10/2017            |  | 82.5 kgs / 181.8 lbs<br>Janet Bauer (US-OH) 10/2017           | 145.0 kgs / 319.6 lbs<br>Janet Bauer (US-OH) 10/2017          |
| Police/Fire/Mil    | 120.0 kgs / 264.5 lbs<br>Misty Posey (US-VA) 10/2015          | 57.5 kgs / 126.7 lbs<br>Rebecca Breeden (US-VA) 6/2013       | 142.5 kgs / 314.1 lbs<br>Misty Posey (US-VA) 10/2015          | 315.0 kgs / 694.4 lbs<br>Misty Posey (US-VA) 10/2015          |
| 2: Police/Fire/Mil | 90.0 kgs / 198.4 lbs<br>Rebecca Breeden (US-VA) 6/2013        |  | 127.5 kgs / 281.0 lbs<br>Rebecca Breeden (US-VA) 6/2013       | 275.0 kgs / 606.2 lbs<br>Rebecca Breeden (US-VA) 6/2013       |

**Weight Class: 60 / 132 Female / Powerlifting**

| Division | Squat  | Bench Press  | Deadlift  | Total   |
|----------|--|--|---|---|
| Open     | 147.5 kgs / 325.1 lbs<br>Sherine Thoummarath (Canada)<br>10/2017 | 92.5 kgs / 203.9 lbs<br>Svetlana Dergaputskaya (Ukraine)<br>4/2014 | 180.0 kgs / 396.8 lbs<br>Natasha Beasley (US-VA) 3/2020 | 397.5 kgs / 876.3 lbs<br>Daniella Means (Hong Kong) 10/2018 |
| 2: Open  | 140.5 kgs / 309.7 lbs<br>Sherine Thoummarath (Canada)<br>8/2017  | 72.5 kgs / 159.8 lbs<br>Diane Brill (US-NV) 2010                   | 178.5 kgs / 393.5 lbs<br>Natasha Beasley (US-VA) 6/2019 | 385.0 kgs / 848.7 lbs<br>Andrea White (US-NY) 6/2014        |
| 3: Open  | 140.0 kgs / 308.6 lbs<br>Lisa Suda (US-VA) 6/2016                | 65.7 kgs / 144.8 lbs<br>Tausha Oxer (US-VA) 2/2000                 | 176.0 kgs / 388.0 lbs<br>Sandi Burke (Ireland) 2/2019   | 380.0 kgs / 837.7 lbs<br>Antonina Burbytko (Ukraine) 4/2014 |

|                 |  |   |  |  |
|-----------------|--|---|--|--|
| 4: Open         | 135.0 kgs / 297.6 lbs<br>Antonina Burbytko (Ukraine) 4/2014      |   | 175.5 kgs / 386.9 lbs<br>Jennifer Coffee (US-VA) 10/2017         | 340.1 kgs / 749.7 lbs<br>Ellen Stein (US-NY) 12/2007             |
| 5: Open         | 124.7 kgs / 274.9 lbs<br>Ellen Stein (US-NY) 12/2007             |   | 175.0 kgs / 385.8 lbs<br>Andrea White (US-NY) 6/2014             |  |
| 6: Open         |  |   | 160.0 kgs / 352.7 lbs<br>Antonina Burbytko (Ukraine) 4/2014      |  |
| 7: Open         |  |   | 153.5 kgs / 338.4 lbs<br>Sammantha Perrine (US-PA) 10/2012       |  |
| 8: Open         |  |   | 151.9 kgs / 334.8 lbs<br>Ellen Stein (US-NY) 12/2007             |  |
| 11 and under    | 95.0 kgs / 209.4 lbs<br>Madison Berry (US-NC) 11/2021            | 48.5 kgs / 106.9 lbs<br>Madison Berry (US-NC) 10/2021           | 106.0 kgs / 233.6 lbs<br>Madison Berry (US-NC) 11/2021           | 245.5 kgs / 541.2 lbs<br>Madison Berry (US-NC) 11/2021           |
| 2: 11 and under | 92.5 kgs / 203.9 lbs<br>Madison Berry (US-NC) 10/2021            | 47.5 kgs / 104.7 lbs<br>Madison Berry (US-NC) 10/2021           | 102.5 kgs / 225.9 lbs<br>Madison Berry (US-NC) 10/2021           | 232.5 kgs / 512.5 lbs<br>Madison Berry (US-NC) 10/2021           |
| 3: 11 and under | 85.0 kgs / 187.3 lbs<br>Madison Berry (US-NC) 5/2021             | 42.5 kgs / 93.6 lbs<br>Madison Berry (US-NC) 8/2021             | 100.0 kgs / 220.4 lbs<br>Madison Berry (US-NC) 10/2021           | 210.0 kgs / 462.9 lbs<br>Madison Berry (US-NC) 5/2021            |
| 4: 11 and under | 55.0 kgs / 121.2 lbs<br>Mattea Ahlajah (Canada) 5/2018           | 40.0 kgs / 88.1 lbs<br>Madison Berry (US-NC) 5/2021             | 91.0 kgs / 200.6 lbs<br>Madison Berry (US-NC) 5/2021             | 160.0 kgs / 352.7 lbs<br>Mattea Ahlajah (Canada) 5/2018          |
| 5: 11 and under | 27.5 kgs / 60.6 lbs<br>Olivia Toth (US-NH) 12/2008               | 30.0 kgs / 66.1 lbs<br>Mattea Ahlajah (Canada) 5/2018           | 80.0 kgs / 176.3 lbs<br>Mattea Ahlajah (Canada) 5/2018           | 125.0 kgs / 275.5 lbs<br>Olivia Toth (US-NH) 12/2008             |
| 6: 11 and under |  | 27.5 kgs / 60.6 lbs<br>Olivia Toth (US-NH) 12/2008              | 70.0 kgs / 154.3 lbs<br>Olivia Toth (US-NH) 12/2008              |  |
| 12-13           | 85.5 kgs / 188.4 lbs<br>Mackenzie Taylor (US-NC) 11/2020         | 65.0 kgs / 143.2 lbs<br>Beth-el Algarin (US-MN) 10/2012         | 127.5 kgs / 281.0 lbs<br>Mackenzie Taylor (US-NC) 1/2021         | 260.5 kgs / 574.2 lbs<br>Mackenzie Taylor (US-NC) 1/2021         |
| 2: 12-13        | 85.0 kgs / 187.3 lbs<br>Beth-el Algarin (US-MN) 10/2012          |   | 124.0 kgs / 273.3 lbs<br>Mackenzie Taylor (US-NC) 11/2020        | 260.0 kgs / 573.1 lbs<br>Beth-el Algarin (US-MN) 10/2012         |
| 3: 12-13        |  |   | 115.0 kgs / 253.5 lbs<br>Beth-el Algarin (US-MN) 10/2012         |  |
| 14-15           | 100.0 kgs / 220.4 lbs<br>Victoria Barry (Canada) 10/2018         | 62.5 kgs / 137.7 lbs<br>Katelyn Barry (Canada) 10/2018          | 145.0 kgs / 319.6 lbs<br>Madison Hendricks (US-PA) 3/2014        | 282.5 kgs / 622.7 lbs<br>Madison Hendricks (US-PA) 3/2014        |
| 2: 14-15        | 92.0 kgs / 202.8 lbs<br>Madison Hendricks (US-PA) 3/2014         | 52.5 kgs / 115.7 lbs<br>Kelly Hennigan (US-PA) 2013             | 108.0 kgs / 238.0 lbs<br>Emily Hutcherson (US-VA) 2013           | 240.0 kgs / 529.1 lbs<br>Kelly Hennigan (US-PA) 2013             |
| 3: 14-15        | 90.0 kgs / 198.4 lbs<br>Halie Sweeney (US-NC) 2012               |   |  |  |
| 16-17           | 117.5 kgs / 259.0 lbs<br>Shannon Faircloth (US-VA) 6/2023        | 65.7 kgs / 144.8 lbs<br>Tausha Oxer (US-VA) 2/2000              | 153.5 kgs / 338.4 lbs<br>Sammantha Perrine (US-PA) 10/2012       | 306.0 kgs / 674.6 lbs<br>Sammantha Perrine (US-PA) 10/2012       |
| 2: 16-17        | 112.5 kgs / 248.0 lbs<br>Julie Shepherd (US-MT) 8/2016           |   |  |  |
| 3: 16-17        | 97.5 kgs / 214.9 lbs<br>Jenna Hardy (US-PA) 2012                 |   |  |  |
| 18-19           | 120.0 kgs / 264.5 lbs<br>Azlin Ferguson (Canada) 12/2022         | 60.5 kgs / 133.3 lbs<br>Azlin Ferguson (Canada) 12/2022         | 142.5 kgs / 314.1 lbs<br>Krystal Stanczyk (US-PA) 11/2014        | 312.5 kgs / 688.9 lbs<br>Krystal Stanczyk (US-PA) 11/2014        |
| 2: 18-19        | 111.5 kgs / 245.8 lbs<br>Krystal Stanczyk (US-PA) 11/2014        | 60.0 kgs / 132.2 lbs<br>Krystal Stanczyk (US-PA) 11/2014        |  |  |
| 20-24           | 147.5 kgs / 325.1 lbs<br>Sherine Thoummarath (Canada) 10/2017    | 85.0 kgs / 187.3 lbs<br>Antonina Burbytko (Ukraine) 4/2014      | 172.5 kgs / 380.2 lbs<br>Sherine Thoummarath (Canada) 10/2017    | 380.0 kgs / 837.7 lbs<br>Antonina Burbytko (Ukraine) 4/2014      |
| 2: 20-24        | 140.5 kgs / 309.7 lbs<br>Sherine Thoummarath (Canada) 8/2017     | 52.5 kgs / 115.7 lbs<br>Kelsey Horton (US-NM) 3/2014            | 162.5 kgs / 358.2 lbs<br>Sherine Thoummarath (Canada) 8/2017     | 304.0 kgs / 670.1 lbs<br>Kelsey Horton (US-NM) 3/2014            |
| 3: 20-24        | 135.0 kgs / 297.6 lbs<br>Antonina Burbytko (Ukraine) 4/2014      |   | 160.0 kgs / 352.7 lbs<br>Antonina Burbytko (Ukraine) 4/2014      |  |
| 4: 20-24        | 108.5 kgs / 239.1 lbs<br>Kelsey Horton (US-NM) 3/2014            |   | 145.0 kgs / 319.6 lbs<br>Kelsey Horton (US-NM) 3/2014            |  |
| 35-39           | 130.0 kgs / 286.5 lbs<br>Jenn Lee (Canada) 10/2019               | 92.5 kgs / 203.9 lbs<br>Svetlana Dergaputskaya (Ukraine) 4/2014 | 180.0 kgs / 396.8 lbs<br>Natasha Beasley (US-VA) 3/2020          | 385.0 kgs / 848.7 lbs<br>Andrea White (US-NY) 6/2014             |
| 2: 35-39        | 125.0 kgs / 275.5 lbs<br>Andrea White (US-NY) 6/2014             | 35.0 kgs / 77.1 lbs<br>Jonni Sergi (US-NY) 3/2014               | 178.5 kgs / 393.5 lbs<br>Natasha Beasley (US-VA) 6/2019          | 352.5 kgs / 777.1 lbs<br>Svetlana Dergaputskaya (Ukraine) 4/2014 |
| 3: 35-39        | 115.0 kgs / 253.5 lbs<br>Svetlana Dergaputskaya (Ukraine) 4/2014 |   | 175.5 kgs / 386.9 lbs<br>Jennifer Coffee (US-VA) 10/2017         | 230.0 kgs / 507.0 lbs<br>Jonni Sergi (US-NY) 3/2014              |
| 4: 35-39        | 92.0 kgs / 202.8 lbs<br>Jonni Sergi (US-NY) 3/2014               |   | 175.0 kgs / 385.8 lbs<br>Andrea White (US-NY) 6/2014             |  |
| 5: 35-39        |  |   | 145.0 kgs / 319.6 lbs<br>Svetlana Dergaputskaya (Ukraine) 4/2014 |  |
| 6: 35-39        |  |   | 102.0 kgs / 224.8 lbs<br>Jonni Sergi (US-NY) 3/2014              |  |
| 40-44           | 135.0 kgs / 297.6 lbs<br>Jennifer Minella (US-NC) 11/2020        | 77.5 kgs / 170.8 lbs<br>Jennifer Minella (US-NC) 11/2020        | 176.0 kgs / 388.0 lbs<br>Sandi Burke (Ireland) 2/2019            | 356.0 kgs / 784.8 lbs<br>Sandi Burke (Ireland) 2/2019            |

|                    |   |   |  |  |
|--------------------|---|---|--|--|
| 2: 40-44           | 120.0 kgs / 264.5 lbs<br>Sandi Burke (Ireland) 8/2018     | 66.0 kgs / 145.5 lbs<br>Carlee Grant (Canada) 10/2019     | 173.0 kgs / 381.3 lbs<br>Sandi Burke (Ireland) 10/2018     | 352.5 kgs / 777.1 lbs<br>Sandi Burke (Ireland) 8/2018      |
| 3: 40-44           | 115.0 kgs / 253.5 lbs<br>Sandi Burke (Ireland) 5/2018     | 65.5 kgs / 144.4 lbs<br>Karen Ogilvie (Canada) 2/2019     | 172.5 kgs / 380.2 lbs<br>Sandi Burke (Ireland) 8/2018      | 340.5 kgs / 750.6 lbs<br>Sandi Burke (Ireland) 5/2018      |
| 4: 40-44           | 112.5 kgs / 248.0 lbs<br>Shana Betz (Canada) 6/2016       | 65.0 kgs / 143.2 lbs<br>Karen Ogilvie (Canada) 10/2018    | 168.0 kgs / 370.3 lbs<br>Sandi Burke (Ireland) 5/2018      | 318.0 kgs / 701.0 lbs<br>Shana Betz (Canada) 6/2016        |
| 5: 40-44           | 105.0 kgs / 231.4 lbs<br>Jennifer Higgins (US-AZ) 2011    | 62.5 kgs / 137.7 lbs<br>Shana Betz (Canada) 6/2016        | 143.0 kgs / 315.2 lbs<br>Shana Betz (Canada) 6/2016        | 302.0 kgs / 665.7 lbs<br>Jennifer Higgins (US-AZ) 6/2012   |
| 6: 40-44           |   | 61.2 kgs / 134.9 lbs<br>Marcy Stein (US-NY) 12/2007       | 142.5 kgs / 314.1 lbs<br>Jennifer Higgins (US-AZ) 6/2012   |  |
| 45-49              | 120.0 kgs / 264.5 lbs<br>Tonya Motyka (Canada) 2/2019     | 75.0 kgs / 165.3 lbs<br>Tonya Motyka (Canada) 2/2019      | 157.5 kgs / 347.2 lbs<br>Tonya Motyka (Canada) 2/2019      | 352.5 kgs / 777.1 lbs<br>Tonya Motyka (Canada) 2/2019      |
| 2: 45-49           | 115.0 kgs / 253.5 lbs<br>Laura Clancy (US-VA) 6/2015      | 66.5 kgs / 146.6 lbs<br>Laura Clancy (US-VA) 2013         | 132.5 kgs / 292.1 lbs<br>Sandra Cappon (Canada) 6/2016     | 302.5 kgs / 666.8 lbs<br>Laura Clancy (US-VA) 6/2014       |
| 3: 45-49           | 113.5 kgs / 250.2 lbs<br>Laura Clancy (US-VA) 2013        |   | 130.0 kgs / 286.5 lbs<br>Rhonda Jones (US-NM) 3/2014       | 255.0 kgs / 562.1 lbs<br>Sandra Cappon (Canada) 6/2014     |
| 4: 45-49           |   |   |  | 252.5 kgs / 556.6 lbs<br>Rhonda Jones (US-NM) 3/2014       |
| 50-54              | 124.7 kgs / 274.9 lbs<br>Ellen Stein (US-NY) 12/2007      | 77.5 kgs / 170.8 lbs<br>Patti McKee (US-AZ) 5/2015        | 151.9 kgs / 334.8 lbs<br>Ellen Stein (US-NY) 12/2007       | 340.1 kgs / 749.7 lbs<br>Ellen Stein (US-NY) 12/2007       |
| 2: 50-54           |   | 72.5 kgs / 159.8 lbs<br>Diane Brill (US-NV) 2010          |  |  |
| 55-59              | 92.5 kgs / 203.9 lbs<br>Annemarie Kemmerer (US-PA) 6/2013 | 62.5 kgs / 137.7 lbs<br>Wanda Bradbury (Canada) 4/2023    | 135.0 kgs / 297.6 lbs<br>Annemarie Kemmerer (US-PA) 6/2013 | 287.5 kgs / 633.8 lbs<br>Annemarie Kemmerer (US-PA) 6/2013 |
| 2: 55-59           |   | 60.0 kgs / 132.2 lbs<br>Annemarie Kemmerer (US-PA) 6/2013 |  |  |
| 60-64              | 87.0 kgs / 191.8 lbs<br>Annemarie Kemmerer (US-PA) 3/2014 | 60.0 kgs / 132.2 lbs<br>Annemarie Kemmerer (US-PA) 3/2014 | 117.0 kgs / 257.9 lbs<br>Annemarie Kemmerer (US-PA) 3/2014 | 265.0 kgs / 584.2 lbs<br>Annemarie Kemmerer (US-PA) 3/2014 |
| 65-69              | 65.0 kgs / 143.2 lbs<br>Linda Leightley (US-VA) 6/2014    | 37.5 kgs / 82.6 lbs<br>Linda Leightley (US-VA) 6/2014     | 112.5 kgs / 248.0 lbs<br>Linda Leightley (US-VA) 6/2014    | 215.0 kgs / 473.9 lbs<br>Linda Leightley (US-VA) 6/2014    |
| 70-74              | 76.0 kgs / 167.5 lbs<br>Linda Leightley (US-VA) 11/2019   | 45.5 kgs / 100.3 lbs<br>Linda Leightley (US-VA) 3/2019    | 125.0 kgs / 275.5 lbs<br>Linda Leightley (US-VA) 11/2019   | 243.5 kgs / 536.8 lbs<br>Linda Leightley (US-VA) 11/2019   |
| 2: 70-74           | 75.0 kgs / 165.3 lbs<br>Linda Leightley (US-VA) 8/2017    | 45.0 kgs / 99.2 lbs<br>Linda Leightley (US-VA) 3/2017     | 124.5 kgs / 274.4 lbs<br>Linda Leightley (US-VA) 3/2019    | 243.0 kgs / 535.7 lbs<br>Linda Leightley (US-VA) 3/2017    |
| 3: 70-74           | 74.0 kgs / 163.1 lbs<br>Linda Leightley (US-VA) 3/2017    | 43.0 kgs / 94.7 lbs<br>Linda Leightley (US-VA) 10/2015    | 124.0 kgs / 273.3 lbs<br>Linda Leightley (US-VA) 3/2017    | 238.5 kgs / 525.7 lbs<br>Linda Leightley (US-VA) 9/2016    |
| 4: 70-74           | 73.0 kgs / 160.9 lbs<br>Linda Leightley (US-VA) 9/2016    | 42.5 kgs / 93.6 lbs<br>Linda Leightley (US-VA) 6/2015     | 123.0 kgs / 271.1 lbs<br>Linda Leightley (US-VA) 9/2016    | 236.0 kgs / 520.2 lbs<br>Linda Leightley (US-VA) 10/2015   |
| 5: 70-74           | 72.0 kgs / 158.7 lbs<br>Linda Leightley (US-VA) 10/2015   |   | 121.0 kgs / 266.7 lbs<br>Linda Leightley (US-VA) 10/2015   | 232.5 kgs / 512.5 lbs<br>Linda Leightley (US-VA) 6/2015    |
| 6: 70-74           | 70.0 kgs / 154.3 lbs<br>Linda Leightley (US-VA) 6/2015    |   | 120.0 kgs / 264.5 lbs<br>Linda Leightley (US-VA) 6/2015    |  |
| 75-79              | 70.0 kgs / 154.3 lbs<br>Linda Leightley (US-VA) 10/2021   | 45.0 kgs / 99.2 lbs<br>Linda Leightley (US-VA) 3/2020     | 125.0 kgs / 275.5 lbs<br>Linda Leightley (US-VA) 10/2021   | 240.0 kgs / 529.1 lbs<br>Linda Leightley (US-VA) 10/2021   |
| 2: 75-79           | 62.5 kgs / 137.7 lbs<br>Linda Leightley (US-VA) 3/2020    |   | 122.5 kgs / 270.0 lbs<br>Linda Leightley (US-VA) 3/2020    | 230.0 kgs / 507.0 lbs<br>Linda Leightley (US-VA) 3/2020    |
| 80+                | 40.0 kgs / 88.1 lbs<br>Ruth Coak (US-AZ) 6/2014           | 35.0 kgs / 77.1 lbs<br>Ruth Coak (US-AZ) 6/2014           | 95.0 kgs / 209.4 lbs<br>Ruth Coak (US-AZ) 6/2014           | 170.0 kgs / 374.7 lbs<br>Ruth Coak (US-AZ) 6/2014          |
| Police/Fire/Mil    | 102.5 kgs / 225.9 lbs<br>Kristi Juneau (US-NH) 6/2017     | 54.4 kgs / 119.9 lbs<br>Gina Shubeta (US-OH)              | 122.5 kgs / 270.0 lbs<br>Kristi Juneau (US-NH) 6/2017      | 270.0 kgs / 595.2 lbs<br>Kristi Juneau (US-NH) 6/2017      |
| 2: Police/Fire/Mil | 100.0 kgs / 220.4 lbs<br>Lucy Slate (US-AZ) 6/2012        |   | 112.5 kgs / 248.0 lbs<br>Lucy Slate (US-AZ) 6/2012         | 262.5 kgs / 578.7 lbs<br>Lucy Slate (US-AZ) 6/2012         |

| Weight Class: 67.5 / 148 Female / Powerlifting |   |   |   |   |
|--|---|---|---|---|
| Division                                       | Squat   | Bench Press   | Deadlift  | Total   |
| Open   | 155.5 kgs / 342.8 lbs<br>Naomi Kutin (US-NJ) 1/2022         | 97.5 kgs / 214.9 lbs<br>Andrea White (US-NY) 11/2014  | 200.0 kgs / 440.9 lbs<br>Tricia Floyd (US-VA) 3/2018      | 413.5 kgs / 911.6 lbs<br>Lisa Lethbridge (Canada) 2/2019  |
| 2: Open  | 155.0 kgs / 341.7 lbs<br>Lisa Lethbridge (Canada) 2/2019    | 91.5 kgs / 201.7 lbs<br>Andrea White (US-NY) 2013     | 195.0 kgs / 429.8 lbs<br>Tricia Floyd (US-VA) 2/2018      | 412.5 kgs / 909.3 lbs<br>Andrea White (US-NY) 11/2014     |
| 3: Open  | 146.0 kgs / 321.8 lbs<br>Leah Cameron (Canada) 11/2018      | 85.0 kgs / 187.3 lbs<br>Tara Steadman (US-AZ) 10/2010 | 183.0 kgs / 403.4 lbs<br>Dallas Smith (Canada) 10/2015    | 407.5 kgs / 898.3 lbs<br>Latosha Floyd (US-VA) 6/2014     |
| 4: Open  | 145.5 kgs / 320.7 lbs<br>Andrea Melito (Canada) 10/2018     | 72.5 kgs / 159.8 lbs<br>Sarah Dolson (US-DC) 9/2001   | 182.5 kgs / 402.3 lbs<br>Latosha Floyd (US-VA) 6/2014     | 387.5 kgs / 854.2 lbs<br>Andrea White (US-NY) 2013        |
| 5: Open  | 145.0 kgs / 319.6 lbs<br>Aubrey Mester-Webb (US-VA) 11/2014 |   | 175.0 kgs / 385.8 lbs<br>Andrea White (US-NY) 2013        | 351.5 kgs / 774.9 lbs<br>Sammantha Perrine (US-PA) 3/2013 |
| 6: Open  | 142.5 kgs / 314.1 lbs<br>Latosha Floyd (US-VA) 6/2014       |   | 170.0 kgs / 374.7 lbs<br>Sammantha Perrine (US-PA) 3/2013 | 332.5 kgs / 733.0 lbs<br>Lindsey Brill (US-NV) 10/2012    |
| 7: Open  | 130.0 kgs / 286.5 lbs<br>Laura Clancy (US-VA) 2012          |   | 150.0 kgs / 330.6 lbs<br>Lindsey Brill (US-NV) 10/2012    | 289.0 kgs / 637.1 lbs<br>Lindsey Brill (US-NV) 10/2010    |



|                 |   |  |   |   |
|-----------------|---|--|---|---|
| 8: Open         | 120.0 kgs / 264.5 lbs<br>Lindsey Brill (US-NV) 10/2012      |  | 137.5 kgs / 303.1 lbs<br>Lindsey Brill (US-NV) 10/2010      | 74.8 kgs / 164.9 lbs<br>Josie Merrell (US-MI) 12/2001       |
| 9: Open         | 97.5 kgs / 214.9 lbs<br>Lindsey Brill (US-NV) 10/2010       |  | 136.0 kgs / 299.8 lbs<br>Nona Hubbard (US-NH) 12/2007       |   |
| 10: Open        | 22.6 kgs / 49.8 lbs<br>Josie Merrell (US-MI) 12/2001        |  | 36.2 kgs / 79.8 lbs<br>Josie Merrell (US-MI) 12/2001        |   |
| 11 and under    | 115.0 kgs / 253.5 lbs<br>Madison Berry (US-NC) 5/2023       | 67.5 kgs / 148.8 lbs<br>Madison Berry (US-NC) 5/2023     | 130.0 kgs / 286.5 lbs<br>Madison Berry (US-NC) 5/2023       | 312.5 kgs / 688.9 lbs<br>Madison Berry (US-NC) 5/2023       |
| 2: 11 and under | 112.5 kgs / 248.0 lbs<br>Madison Berry (US-NC) 11/2022      | 65.0 kgs / 143.2 lbs<br>Madison Berry (US-NC) 2/2023     | 128.0 kgs / 282.1 lbs<br>Madison Berry (US-NC) 2/2023       | 302.5 kgs / 666.8 lbs<br>Madison Berry (US-NC) 11/2022      |
| 3: 11 and under | 107.5 kgs / 236.9 lbs<br>Madison Berry (US-NC) 10/2022      | 62.5 kgs / 137.7 lbs<br>Madison Berry (US-NC) 11/2022    | 127.5 kgs / 281.0 lbs<br>Madison Berry (US-NC) 11/2022      | 291.5 kgs / 642.6 lbs<br>Madison Berry (US-NC) 10/2022      |
| 4: 11 and under | 105.0 kgs / 231.4 lbs<br>Madison Berry (US-NC) 8/2022       | 61.5 kgs / 135.5 lbs<br>Madison Berry (US-NC) 10/2022    | 122.5 kgs / 270.0 lbs<br>Madison Berry (US-NC) 10/2022      | 277.5 kgs / 611.7 lbs<br>Madison Berry (US-NC) 8/2022       |
| 5: 11 and under | 102.5 kgs / 225.9 lbs<br>Madison Berry (US-NC) 5/2022       | 57.5 kgs / 126.7 lbs<br>Madison Berry (US-NC) 8/2022     | 118.5 kgs / 261.2 lbs<br>Madison Berry (US-NC) 8/2022       | 265.0 kgs / 584.2 lbs<br>Madison Berry (US-NC) 5/2022       |
| 6: 11 and under | 92.5 kgs / 203.9 lbs<br>Madison Berry (US-NC) 2/2022        | 52.5 kgs / 115.7 lbs<br>Madison Berry (US-NC) 5/2022     | 115.0 kgs / 253.5 lbs<br>Madison Berry (US-NC) 5/2022       | 245.0 kgs / 540.1 lbs<br>Madison Berry (US-NC) 2/2022       |
| 7: 11 and under | 30.0 kgs / 66.1 lbs<br>Kennedy Macinnes (Canada) 4/2019     | 51.0 kgs / 112.4 lbs<br>Madison Berry (US-NC) 2/2022     | 110.0 kgs / 242.5 lbs<br>Madison Berry (US-NC) 2/2022       | 122.5 kgs / 270.0 lbs<br>Kennedy Macinnes (Canada) 4/2019   |
| 8: 11 and under |   | 27.5 kgs / 60.6 lbs<br>Kennedy Macinnes (Canada) 4/2019  | 65.0 kgs / 143.2 lbs<br>Kennedy Macinnes (Canada) 4/2019    |   |
| 12-13           | 110.0 kgs / 242.5 lbs<br>Mackenzie Taylor (US-NC) 5/2021    | 63.5 kgs / 139.9 lbs<br>Mackenzie Taylor (US-NC) 5/2021  | 138.0 kgs / 304.2 lbs<br>Mackenzie Taylor (US-NC) 5/2021    | 305.5 kgs / 673.5 lbs<br>Mackenzie Taylor (US-NC) 5/2021    |
| 2: 12-13        | 97.5 kgs / 214.9 lbs<br>Lindsey Brill (US-NV) 10/2010       | 59.0 kgs / 130.0 lbs<br>Lindsey Brill (US-NV) 10/2010    | 137.5 kgs / 303.1 lbs<br>Lindsey Brill (US-NV) 10/2010      | 289.0 kgs / 637.1 lbs<br>Lindsey Brill (US-NV) 10/2010      |
| 14-15           | 120.0 kgs / 264.5 lbs<br>Lindsey Brill (US-NV) 10/2012      | 70.0 kgs / 154.3 lbs<br>Lindsey Brill (US-NV) 10/2012    | 150.0 kgs / 330.6 lbs<br>Lindsey Brill (US-NV) 10/2012      | 332.5 kgs / 733.0 lbs<br>Lindsey Brill (US-NV) 10/2012      |
| 16-17           | 145.0 kgs / 319.6 lbs<br>Naomi Kutin (US-NJ) 6/2019         | 75.0 kgs / 165.3 lbs<br>Jamie Augustine (US-PA) 10/2021  | 175.0 kgs / 385.8 lbs<br>Courtney Young (US-NE) 3/2017      | 360.0 kgs / 793.6 lbs<br>Naomi Kutin (US-NJ) 10/2018        |
| 2: 16-17        | 137.5 kgs / 303.1 lbs<br>Naomi Kutin (US-NJ) 6/2018         | 71.0 kgs / 156.5 lbs<br>Sammantha Perrine (US-PA) 3/2013 | 170.0 kgs / 374.7 lbs<br>Sammantha Perrine (US-PA) 3/2013   | 357.5 kgs / 788.1 lbs<br>Naomi Kutin (US-NJ) 6/2018         |
| 3: 16-17        | 115.0 kgs / 253.5 lbs<br>Courtney Young (US-NE) 3/2017      |  |   | 351.5 kgs / 774.9 lbs<br>Sammantha Perrine (US-PA) 3/2013   |
| 4: 16-17        | 112.5 kgs / 248.0 lbs<br>Sammantha Perrine (US-PA) 3/2013   |  |   |   |
| 18-19           | 147.5 kgs / 325.1 lbs<br>Naomi Kutin (US-NJ) 6/2021         | 72.5 kgs / 159.8 lbs<br>Sarah Dolson (US-DC) 9/2001      | 172.5 kgs / 380.2 lbs<br>Naomi Kutin (US-NJ) 6/2021         | 377.5 kgs / 832.2 lbs<br>Naomi Kutin (US-NJ) 6/2021         |
| 2: 18-19        | 125.0 kgs / 275.5 lbs<br>Christine Beauchamp (Canada) 2012  |  | 152.5 kgs / 336.2 lbs<br>Sammantha Perrine (US-PA) 6/2013   | 325.0 kgs / 716.4 lbs<br>Sammantha Perrine (US-PA) 6/2013   |
| 3: 18-19        |   |  |   | 305.0 kgs / 672.4 lbs<br>Christine Beauchamp (Canada) 2012  |
| 20-24           | 155.5 kgs / 342.8 lbs<br>Naomi Kutin (US-NJ) 1/2022         | 87.5 kgs / 192.9 lbs<br>Abby Hall (Canada) 6/2019        | 183.0 kgs / 403.4 lbs<br>Naomi Kutin (US-NJ) 11/2022        | 398.0 kgs / 877.4 lbs<br>Naomi Kutin (US-NJ) 1/2022         |
| 2: 20-24        | 145.0 kgs / 319.6 lbs<br>Aubrey Mester-Webb (US-VA) 11/2014 | 85.0 kgs / 187.3 lbs<br>Tara Steadman (US-AZ) 10/2010    | 182.5 kgs / 402.3 lbs<br>Naomi Kutin (US-NJ) 1/2022         | 390.5 kgs / 860.8 lbs<br>Abby Hall (Canada) 6/2019          |
| 3: 20-24        | 122.5 kgs / 270.0 lbs<br>Katie McGeachy (Canada) 7/2014     |  | 164.0 kgs / 361.5 lbs<br>Rachelle Forget (Canada) 10/2019   | 370.0 kgs / 815.7 lbs<br>Aubrey Mester-Webb (US-VA) 11/2014 |
| 4: 20-24        | 120.0 kgs / 264.5 lbs<br>Katie McGeachy (Canada) 1/2014     |  | 163.5 kgs / 360.4 lbs<br>Rachelle Forget (Canada) 6/2019    | 337.5 kgs / 744.0 lbs<br>Katie McGeachy (Canada) 9/2014     |
| 5: 20-24        |   |  | 162.5 kgs / 358.2 lbs<br>Ashley Enns (Canada) 5/2018        | 332.5 kgs / 733.0 lbs<br>Katie McGeachy (Canada) 7/2014     |
| 6: 20-24        |   |  | 160.5 kgs / 353.8 lbs<br>Teresa Lei (Canada) 2/2018         | 320.0 kgs / 705.4 lbs<br>Katie McGeachy (Canada) 1/2014     |
| 7: 20-24        |   |  | 160.0 kgs / 352.7 lbs<br>Aubrey Mester-Webb (US-VA) 11/2014 |   |
| 8: 20-24        |   |  | 152.5 kgs / 336.2 lbs<br>Kelsey Horton (US-NM) 6/2014       |   |
| 9: 20-24        |   |  | 142.5 kgs / 314.1 lbs<br>Brittany Dewald (Canada) 1/2014    |   |
| 35-39           | 132.5 kgs / 292.1 lbs<br>Andrea White (US-NY) 11/2014       | 97.5 kgs / 214.9 lbs<br>Andrea White (US-NY) 11/2014     | 200.0 kgs / 440.9 lbs<br>Tricia Floyd (US-VA) 3/2018        | 412.5 kgs / 909.3 lbs<br>Andrea White (US-NY) 11/2014       |
| 2: 35-39        | 125.0 kgs / 275.5 lbs<br>Andrea White (US-NY) 2013          | 91.5 kgs / 201.7 lbs<br>Andrea White (US-NY) 2013        | 195.0 kgs / 429.8 lbs<br>Tricia Floyd (US-VA) 2/2018        | 387.5 kgs / 854.2 lbs<br>Andrea White (US-NY) 2013          |
| 3: 35-39        |   |  | 182.5 kgs / 402.3 lbs<br>Andrea White (US-NY) 11/2014       |   |
| 4: 35-39        |   |  | 175.0 kgs / 385.8 lbs<br>Andrea White (US-NY) 2013          |   |

|                    |  |  |   |   |
|--------------------|--|--|---|---|
| 40-44              | 135.0 kgs / 297.6 lbs<br>Assumpta Feeney (Ireland) 10/2016 | 77.5 kgs / 170.8 lbs<br>Assumpta Feeney (Ireland) 10/2016  | 175.0 kgs / 385.8 lbs<br>Assumpta Feeney (Ireland) 10/2016  | 387.5 kgs / 854.2 lbs<br>Assumpta Feeney (Ireland) 10/2016  |
| 2: 40-44           | 130.0 kgs / 286.5 lbs<br>Victoria Tasher (US-PA) 10/2013   | 72.5 kgs / 159.8 lbs<br>Christie Burnett (US-AZ) 2009      | 145.0 kgs / 319.6 lbs<br>Victoria Tasher (US-PA) 10/2013    | 340.0 kgs / 749.5 lbs<br>Victoria Tasher (US-PA) 3/2014     |
| 3: 40-44           |  |  |   | 335.0 kgs / 738.5 lbs<br>Victoria Tasher (US-PA) 10/2013    |
| 45-49              | 130.0 kgs / 286.5 lbs<br>Laura Clancy (US-VA) 2012         | 77.5 kgs / 170.8 lbs<br>Tonya Motyka (Canada) 4/2017       | 152.5 kgs / 336.2 lbs<br>Tonya Motyka (Canada) 10/2017      | 350.0 kgs / 771.6 lbs<br>Tonya Motyka (Canada) 4/2017       |
| 2: 45-49           |  | 73.5 kgs / 162.0 lbs<br>Mary Ann Wieckowski (US-PA) 6/2013 | 150.0 kgs / 330.6 lbs<br>Tonya Motyka (Canada) 4/2017       | 307.5 kgs / 677.9 lbs<br>Laura Clancy (US-VA) 2012          |
| 3: 45-49           |  |  | 145.0 kgs / 319.6 lbs<br>Sherry Chaffin (US-VA) 9/2016      |   |
| 4: 45-49           |  |  | 136.0 kgs / 299.8 lbs<br>Nona Hubbard (US-NH) 12/2007       |   |
| 50-54              | 132.5 kgs / 292.1 lbs<br>Suzanne LaForge (US-MA) 11/2014   | 72.5 kgs / 159.8 lbs<br>Suzanne LaForge (US-MA) 11/2014    | 167.5 kgs / 369.2 lbs<br>Suzanne LaForge (US-MA) 11/2014    | 372.5 kgs / 821.2 lbs<br>Suzanne LaForge (US-MA) 11/2014    |
| 2: 50-54           | 42.5 kgs / 93.6 lbs<br>Susan Daigle-Leach (US-AZ) 3/2014   | 52.5 kgs / 115.7 lbs<br>Susan Daigle-Leach (US-AZ) 3/2014  | 82.5 kgs / 181.8 lbs<br>Susan Daigle-Leach (US-AZ) 3/2014   | 177.5 kgs / 391.3 lbs<br>Susan Daigle-Leach (US-AZ) 3/2014  |
| 55-59              | 110.0 kgs / 242.5 lbs<br>Suzanne LaForge (US-FL) 10/2019   | 62.5 kgs / 137.7 lbs<br>Suzanne LaForge (US-FL) 10/2019    | 145.0 kgs / 319.6 lbs<br>Suzanne LaForge (US-FL) 10/2019    | 317.5 kgs / 699.9 lbs<br>Suzanne LaForge (US-FL) 10/2019    |
| 2: 55-59           | 102.5 kgs / 225.9 lbs<br>Deb Ellard (Canada) 7/2015        | 60.0 kgs / 132.2 lbs<br>Annemarie Kemmerer (US-PA) 10/2012 | 132.5 kgs / 292.1 lbs<br>Annemarie Kemmerer (US-PA) 10/2013 | 277.5 kgs / 611.7 lbs<br>Annemarie Kemmerer (US-PA) 10/2013 |
| 3: 55-59           | 101.0 kgs / 222.6 lbs<br>Deb Ellard (Canada) 1/2015        |  |   |   |
| 4: 55-59           | 85.0 kgs / 187.3 lbs<br>Annemarie Kemmerer (US-PA) 10/2012 |  |   |   |
| 60-64              | 117.9 kgs / 259.9 lbs<br>Suzanne LaForge (US-FL) 6/2022    | 75.0 kgs / 165.3 lbs<br>Deb Ellard (Canada) 9/2021         | 151.9 kgs / 334.8 lbs<br>Suzanne LaForge (US-FL) 6/2022     | 335.5 kgs / 739.6 lbs<br>Suzanne LaForge (US-FL) 6/2022     |
| 2: 60-64           | 100.0 kgs / 220.4 lbs<br>Deb Ellard (Canada) 9/2021        | 60.0 kgs / 132.2 lbs<br>Debra Cohen (US-NJ) 6/2018         | 127.5 kgs / 281.0 lbs<br>Debra Cohen (US-NJ) 6/2018         | 300.0 kgs / 661.3 lbs<br>Deb Ellard (Canada) 9/2021         |
| 3: 60-64           | 92.5 kgs / 203.9 lbs<br>Darlene Warren (Canada) 10/2019    | 50.0 kgs / 110.2 lbs<br>Doris Santos (US-PA) 10/2013       | 92.5 kgs / 203.9 lbs<br>LuAnn Posey (US-AZ) 6/2016          | 275.0 kgs / 606.2 lbs<br>Debra Cohen (US-NJ) 6/2018         |
| 4: 60-64           | 90.0 kgs / 198.4 lbs<br>Darlene Warren (Canada) 5/2019     |  | 85.0 kgs / 187.3 lbs<br>Doris Santos (US-PA) 10/2013        | 182.5 kgs / 402.3 lbs<br>LuAnn Posey (US-AZ) 6/2016         |
| 5: 60-64           | 87.5 kgs / 192.9 lbs<br>Debra Cohen (US-NJ) 6/2018         |  |   | 160.0 kgs / 352.7 lbs<br>Doris Santos (US-PA) 10/2013       |
| 6: 60-64           | 52.5 kgs / 115.7 lbs<br>LuAnn Posey (US-AZ) 6/2016         |  |   |   |
| 7: 60-64           | 42.5 kgs / 93.6 lbs<br>Anna Franklin (US-AZ) 5/2015        |  |   |   |
| 8: 60-64           | 32.5 kgs / 71.6 lbs<br>Bonnie Kershaw (US-NH) 2011         |  |   |   |
| 65-69              | 40.8 kgs / 89.9 lbs<br>Dottie Mikoloski (US-MD)            |  | 95.2 kgs / 209.8 lbs<br>Dottie Mikoloski (US-MD)            | 176.9 kgs / 389.9 lbs<br>Dottie Mikoloski (US-MD)           |
| 70-74              | 47.5 kgs / 104.7 lbs<br>Tonnie Alliance (US-OH) 10/2016    | 45.5 kgs / 100.3 lbs<br>Tonnie Alliance (US-OH) 10/2016    | 122.5 kgs / 270.0 lbs<br>Tonnie Alliance (US-OH) 10/2016    | 212.5 kgs / 468.4 lbs<br>Tonnie Alliance (US-OH) 10/2016    |
| 2: 70-74           | 45.0 kgs / 99.2 lbs<br>Tonnie Alliance (US-OH) 6/2016      | 40.0 kgs / 88.1 lbs<br>Tonnie Alliance (US-OH) 6/2016      | 118.5 kgs / 261.2 lbs<br>Tonnie Alliance (US-OH) 6/2016     | 203.5 kgs / 448.6 lbs<br>Tonnie Alliance (US-OH) 6/2016     |
| 75-79              | 57.5 kgs / 126.7 lbs<br>Janet Reynolds (US-FL) 7/2021      | 47.5 kgs / 104.7 lbs<br>Janet Reynolds (US-FL) 7/2021      | 90.0 kgs / 198.4 lbs<br>Janet Reynolds (US-FL) 7/2021       | 195.0 kgs / 429.8 lbs<br>Janet Reynolds (US-FL) 7/2021      |
| 2: 75-79           | 22.6 kgs / 49.8 lbs<br>Josie Merrell (US-MI) 12/2001       | 15.8 kgs / 34.8 lbs<br>Josie Merrell (US-MI) 12/2001       | 36.2 kgs / 79.8 lbs<br>Josie Merrell (US-MI) 12/2001        | 74.8 kgs / 164.9 lbs<br>Josie Merrell (US-MI) 12/2001       |
| 80+                | 56.6 kgs / 124.7 lbs<br>Janet Reynolds (US-FL) 6/2022      | 41.7 kgs / 91.9 lbs<br>Janet Reynolds (US-FL) 6/2022       | 87.5 kgs / 192.9 lbs<br>Bonnie Thurston (US-FL) 7/2021      | 162.5 kgs / 358.2 lbs<br>Bonnie Thurston (US-FL) 7/2021     |
| 2: 80+             | 45.0 kgs / 99.2 lbs<br>Bonnie Thurston (US-FL) 7/2021      | 30.0 kgs / 66.1 lbs<br>Bonnie Thurston (US-FL) 7/2021      |   |   |
| Police/Fire/Mil    | 120.0 kgs / 264.5 lbs<br>Callie Kessler (US-VA) 10/2015    | 67.5 kgs / 148.8 lbs<br>Deeanna Burnah (US-MD) 6/2016      | 135.0 kgs / 297.6 lbs<br>Kayla Irwin (US-PA) 10/2016        | 310.0 kgs / 683.4 lbs<br>Kayla Irwin (US-PA) 10/2016        |
| 2: Police/Fire/Mil |  | 52.5 kgs / 115.7 lbs<br>Callie Kessler (US-VA) 10/2015     | 120.0 kgs / 264.5 lbs<br>Callie Kessler (US-VA) 10/2015     | 292.5 kgs / 644.8 lbs<br>Callie Kessler (US-VA) 10/2015     |

| Weight Class: 75 / 165 Female / Powerlifting |   |   |   |   |
|--|---|---|---|---|
| Division                                     | Squat   | Bench Press   | Deadlift  | Total   |
| Open   | 177.5 kgs / 391.3 lbs<br>Miki Cestnik (US-MT) 2/2016    | 102.5 kgs / 225.9 lbs<br>Angela Lewis (Canada) 7/2019 | 200.0 kgs / 440.9 lbs<br>Miki Cestnik (US-MT) 2/2016    | 465.0 kgs / 1025.1 lbs<br>Miki Cestnik (US-MT) 2/2016       |
| 2: Open                                      | 162.5 kgs / 358.2 lbs<br>Erlinda Gomez (US-TX) 5/2015   | 98.0 kgs / 216.0 lbs<br>Tierra Tucker (US-MD) 3/2019  | 187.5 kgs / 413.3 lbs<br>Latosha Floyd (US-VA) 11/2014  | 415.0 kgs / 914.9 lbs<br>Aubrey Mester-Webb (US-VA) 10/2015 |
| 3: Open                                      | 157.5 kgs / 347.2 lbs<br>Ashley Szczepanec (US-VA) 2013 | 95.0 kgs / 209.4 lbs<br>Tierra Tucker (US-MD) 8/2018  | 177.5 kgs / 391.3 lbs<br>Kimberley Clark (US-MA) 3/2014 | 412.5 kgs / 909.3 lbs<br>Latosha Floyd (US-VA) 11/2014      |

|                 |  |   |   |   |
|-----------------|--|---|---|---|
| 4: Open         | 120.0 kgs / 264.5 lbs<br>Kimberley Clark (US-MA) 10/2013     | 93.5 kgs / 206.1 lbs<br>Joan Gardner (US-VT) 12/2006        | 173.0 kgs / 381.3 lbs<br>Kimberley Clark (US-MA) 10/2013      | 355.0 kgs / 782.6 lbs<br>Robyn Homans (Canada) 6/2014         |
| 5: Open         | 110.0 kgs / 242.5 lbs<br>Bonita Hein (South Africa) 2012     |   | 150.0 kgs / 330.6 lbs<br>Bonita Hein (South Africa) 2012      | 353.0 kgs / 778.2 lbs<br>Robyn Homans (Canada) 1/2014         |
| 6: Open         | 97.5 kgs / 214.9 lbs<br>Nicole Hardy (US-PA) 10/2011         |   | 145.8 kgs / 321.4 lbs<br>Aimee Cowdery (US-PA) 7/2011         | 350.5 kgs / 772.7 lbs<br>Kimberley Clark (US-MA) 10/2013      |
| 7: Open         |  |   | 137.5 kgs / 303.1 lbs<br>Joan Gardner (US-VT) 12/2006         | 327.5 kgs / 722.0 lbs<br>Bonita Hein (South Africa) 2012      |
| 8: Open         |  |   |   | 295.0 kgs / 650.3 lbs<br>Nicole Hardy (US-PA) 10/2011         |
| 9: Open         |  |   |   | 293.5 kgs / 647.0 lbs<br>Joan Gardner (US-VT) 12/2006         |
| 11 and under    | 130.0 kgs / 286.5 lbs<br>Madison Berry (US-NC) 11/2023       | 73.0 kgs / 160.9 lbs<br>Madison Berry (US-NC) 11/2023       | 140.0 kgs / 308.6 lbs<br>Madison Berry (US-NC) 11/2023        | 343.0 kgs / 756.1 lbs<br>Madison Berry (US-NC) 11/2023        |
| 2: 11 and under | 127.5 kgs / 281.0 lbs<br>Madison Berry (US-NC) 10/2023       | 72.5 kgs / 159.8 lbs<br>Madison Berry (US-NC) 10/2023       | 137.5 kgs / 303.1 lbs<br>Madison Berry (US-NC) 8/2023         | 332.5 kgs / 733.0 lbs<br>Madison Berry (US-NC) 10/2023        |
| 3: 11 and under | 125.0 kgs / 275.5 lbs<br>Madison Berry (US-NC) 8/2023        | 70.0 kgs / 154.3 lbs<br>Madison Berry (US-NC) 8/2023        | 129.7 kgs / 285.9 lbs<br>Madison Berry (US-NC) 6/2023         | 331.5 kgs / 730.8 lbs<br>Madison Berry (US-NC) 8/2023         |
| 4: 11 and under | 113.8 kgs / 250.8 lbs<br>Madison Berry (US-NC) 6/2023        | 68.4 kgs / 150.7 lbs<br>Madison Berry (US-NC) 6/2023        | 120.0 kgs / 264.5 lbs<br>Madison Berry (US-NC) 8/2022         | 311.9 kgs / 687.6 lbs<br>Madison Berry (US-NC) 6/2023         |
| 5: 11 and under | 105.0 kgs / 231.4 lbs<br>Madison Berry (US-NC) 8/2022        | 59.0 kgs / 130.0 lbs<br>Madison Berry (US-NC) 8/2022        | 85.0 kgs / 187.3 lbs<br>Mary Ross (US-VA) 6/2018              | 284.0 kgs / 626.1 lbs<br>Madison Berry (US-NC) 8/2022         |
| 6: 11 and under | 30.0 kgs / 66.1 lbs<br>Mary Ross (US-VA) 6/2018              | 25.0 kgs / 55.1 lbs<br>Mary Ross (US-VA) 6/2018             |   | 140.0 kgs / 308.6 lbs<br>Mary Ross (US-VA) 6/2018             |
| 12-13           | 123.0 kgs / 271.1 lbs<br>Mackenzie Taylor (US-NC) 11/2021    | 67.5 kgs / 148.8 lbs<br>Mackenzie Taylor (US-NC) 10/2021    | 141.0 kgs / 310.8 lbs<br>Mackenzie Taylor (US-NC) 10/2021     | 326.0 kgs / 718.6 lbs<br>Mackenzie Taylor (US-NC) 10/2021     |
| 2: 12-13        | 122.5 kgs / 270.0 lbs<br>Mackenzie Taylor (US-NC) 10/2021    | 59.0 kgs / 130.0 lbs<br>Jessica Farnoli (US-CT) 6/2019      | 140.0 kgs / 308.6 lbs<br>Jessica Farnoli (US-CT) 6/2019       | 301.5 kgs / 664.6 lbs<br>Jessica Farnoli (US-CT) 6/2019       |
| 3: 12-13        | 105.0 kgs / 231.4 lbs<br>Jessica Farnoli (US-CT) 6/2019      | 47.5 kgs / 104.7 lbs<br>Lily Stoddard (US-NY) 6/2018        | 113.0 kgs / 249.1 lbs<br>Lily Stoddard (US-NY) 6/2018         | 245.5 kgs / 541.2 lbs<br>Lily Stoddard (US-NY) 6/2018         |
| 4: 12-13        | 85.0 kgs / 187.3 lbs<br>Carly Dixon-Craddock (Canada) 3/2013 | 40.0 kgs / 88.1 lbs<br>Carly Dixon-Craddock (Canada) 3/2013 | 112.5 kgs / 248.0 lbs<br>Madilyn Sorey (US-NC) 10/2017        | 227.5 kgs / 501.5 lbs<br>Carly Dixon-Craddock (Canada) 3/2013 |
| 5: 12-13        |  |   | 110.0 kgs / 242.5 lbs<br>Madilyn Sorey (US-NC) 8/2017         |   |
| 6: 12-13        |  |   | 105.0 kgs / 231.4 lbs<br>Madilyn Sorey (US-NC) 6/2017         |   |
| 7: 12-13        |  |   | 102.5 kgs / 225.9 lbs<br>Carly Dixon-Craddock (Canada) 3/2013 |   |
| 14-15           | 160.0 kgs / 352.7 lbs<br>Mackenzie Taylor (US-NC) 5/2023     | 90.0 kgs / 198.4 lbs<br>Mackenzie Taylor (US-NC) 5/2023     | 173.0 kgs / 381.3 lbs<br>Mackenzie Taylor (US-NC) 5/2023      | 423.0 kgs / 932.5 lbs<br>Mackenzie Taylor (US-NC) 5/2023      |
| 2: 14-15        | 155.0 kgs / 341.7 lbs<br>Mackenzie Taylor (US-NC) 10/2022    | 88.0 kgs / 194.0 lbs<br>Mackenzie Taylor (US-NC) 2/2023     | 162.5 kgs / 358.2 lbs<br>Mackenzie Taylor (US-NC) 2/2023      | 392.5 kgs / 865.3 lbs<br>Mackenzie Taylor (US-NC) 2/2023      |
| 3: 14-15        | 150.0 kgs / 330.6 lbs<br>Mackenzie Taylor (US-NC) 8/2022     | 80.0 kgs / 176.3 lbs<br>Mackenzie Taylor (US-NC) 10/2022    | 155.0 kgs / 341.7 lbs<br>Mackenzie Taylor (US-NC) 10/2022     | 390.0 kgs / 859.7 lbs<br>Mackenzie Taylor (US-NC) 10/2022     |
| 4: 14-15        | 147.5 kgs / 325.1 lbs<br>Mackenzie Taylor (US-NC) 6/2022     | 78.5 kgs / 173.0 lbs<br>Mackenzie Taylor (US-NC) 8/2022     | 152.5 kgs / 336.2 lbs<br>Mackenzie Taylor (US-NC) 8/2022      | 378.5 kgs / 834.4 lbs<br>Mackenzie Taylor (US-NC) 8/2022      |
| 5: 14-15        | 137.5 kgs / 303.1 lbs<br>Mackenzie Taylor (US-NC) 2/2022     | 72.5 kgs / 159.8 lbs<br>Mackenzie Taylor (US-NC) 2/2022     | 150.0 kgs / 330.6 lbs<br>Mackenzie Taylor (US-NC) 6/2022      | 370.0 kgs / 815.7 lbs<br>Mackenzie Taylor (US-NC) 6/2022      |
| 6: 14-15        | 115.0 kgs / 253.5 lbs<br>Jacqueline Schmidt (Canada) 9/2015  | 67.5 kgs / 148.8 lbs<br>Waverly VerHill (US-PA) 6/2015      | 145.0 kgs / 319.6 lbs<br>Mackenzie Taylor (US-NC) 2/2022      | 342.5 kgs / 755.0 lbs<br>Mackenzie Taylor (US-NC) 2/2022      |
| 7: 14-15        | 100.0 kgs / 220.4 lbs<br>Waverly VerHill (US-PA) 6/2015      | 62.5 kgs / 137.7 lbs<br>Nicole Hardy (US-PA) 10/2011        | 140.0 kgs / 308.6 lbs<br>Waverly VerHill (US-PA) 6/2015       | 307.5 kgs / 677.9 lbs<br>Waverly VerHill (US-PA) 6/2015       |
| 8: 14-15        | 97.5 kgs / 214.9 lbs<br>Nicole Hardy (US-PA) 10/2011         |   | 135.0 kgs / 297.6 lbs<br>Nicole Hardy (US-PA) 10/2011         | 295.0 kgs / 650.3 lbs<br>Nicole Hardy (US-PA) 10/2011         |
| 16-17           | 117.9 kgs / 259.9 lbs<br>Kelly Miller (USA)                  | 65.0 kgs / 143.2 lbs<br>Nicole Hardy (US-PA) 3/2012         | 155.0 kgs / 341.7 lbs<br>Namroz Gill (Canada) 12/2022         | 327.5 kgs / 722.0 lbs<br>Namroz Gill (Canada) 12/2022         |
| 2: 16-17        |  |   | 146.5 kgs / 322.9 lbs<br>Hanna Holden (US-NC) 6/2016          | 300.0 kgs / 661.3 lbs<br>Jordan Draves (US-NC) 11/2014        |
| 3: 16-17        |  |   | 145.8 kgs / 321.4 lbs<br>Aimee Cowdery (US-PA) 7/2011         |   |
| 18-19           | 147.5 kgs / 325.1 lbs<br>Jamie Augustine (US-PA) 11/2022     | 80.0 kgs / 176.3 lbs<br>Jamie Augustine (US-PA) 11/2022     | 160.0 kgs / 352.7 lbs<br>Jamie Augustine (US-PA) 11/2022      | 387.5 kgs / 854.2 lbs<br>Jamie Augustine (US-PA) 11/2022      |
| 2: 18-19        | 120.0 kgs / 264.5 lbs<br>Megan Short (US-WV) 2/2017          | 65.0 kgs / 143.2 lbs<br>Elizabeth Fraser (Canada) 6/2016    | 146.0 kgs / 321.8 lbs<br>Megan Short (US-WV) 2/2017           | 322.5 kgs / 710.9 lbs<br>Megan Short (US-WV) 2/2017           |
| 3: 18-19        | 110.0 kgs / 242.5 lbs<br>Rachel Hess (US-PA) 2013            | 55.0 kgs / 121.2 lbs<br>Kateri Peters (US-MD) 6/2015        | 145.5 kgs / 320.7 lbs<br>Gabi Choates (US-NC) 5/2014          | 295.0 kgs / 650.3 lbs<br>Rachel Hess (US-PA) 2013             |
| 4: 18-19        |  | 52.5 kgs / 115.7 lbs<br>Gabi Choates (US-NC) 5/2014         |   |   |
| 20-24           | 155.0 kgs / 341.7 lbs<br>Aubrey Mester-Webb (US-VA) 10/2015  | 85.0 kgs / 187.3 lbs<br>Angela Lewis (Canada) 5/2018        | 182.5 kgs / 402.3 lbs<br>Aubrey Mester-Webb (US-VA) 10/2015   | 415.0 kgs / 914.9 lbs<br>Aubrey Mester-Webb (US-VA) 10/2015   |

|          |  |  |  |  |
|----------|--|--|--|--|
| 2: 20-24 | 120.0 kgs / 264.5 lbs<br>Kimberley Clark (US-MA) 10/2013         | 77.5 kgs / 170.8 lbs<br>Aubrey Mester-Webb (US-VA) 10/2015 | 177.5 kgs / 391.3 lbs<br>Kimberley Clark (US-MA) 3/2014          | 352.5 kgs / 777.1 lbs<br>Kimberley Clark (US-MA) 3/2014          |
| 3: 20-24 |  | 67.5 kgs / 148.8 lbs<br>Elise Jackson (Canada) 3/2015      | 173.0 kgs / 381.3 lbs<br>Kimberley Clark (US-MA) 10/2013         | 350.5 kgs / 772.7 lbs<br>Kimberley Clark (US-MA) 10/2013         |
| 4: 20-24 |  | 60.0 kgs / 132.2 lbs<br>Jennifer Stutz (US-IL) 2012        |  |  |
| 35-39    | 167.5 kgs / 369.2 lbs<br>Kelli Fagan (Australia) 10/2018         | 85.0 kgs / 187.3 lbs<br>Kelli Fagan (Australia) 10/2018    | 190.0 kgs / 418.8 lbs<br>Kelli Fagan (Australia) 10/2018         | 442.5 kgs / 975.5 lbs<br>Kelli Fagan (Australia) 10/2018         |
| 2: 35-39 | 150.0 kgs / 330.6 lbs<br>Lisa Szabon-Smith (Canada) 8/2018       | 83.0 kgs / 182.9 lbs<br>Lisa Szabon-Smith (Canada) 5/2018  | 160.0 kgs / 352.7 lbs<br>Lisa Szabon-Smith (Canada) 8/2018       | 390.0 kgs / 859.7 lbs<br>Lisa Szabon-Smith (Canada) 8/2018       |
| 3: 35-39 | 145.0 kgs / 319.6 lbs<br>Lisa Szabon-Smith (Canada) 5/2018       | 82.5 kgs / 181.8 lbs<br>Erlinda Gomez (US-TX) 6/2014       | 156.0 kgs / 343.9 lbs<br>Lisa Szabon-Smith (Canada) 5/2018       | 384.0 kgs / 846.5 lbs<br>Lisa Szabon-Smith (Canada) 5/2018       |
| 4: 35-39 | 138.0 kgs / 304.2 lbs<br>Lisa Szabon-Smith (Canada) 8/2017       | 80.0 kgs / 176.3 lbs<br>Rena Witzaney (Canada) 1/2014      | 155.0 kgs / 341.7 lbs<br>Melanie Winitoy (Canada) 3/2015         | 353.0 kgs / 778.2 lbs<br>Lisa Szabon-Smith (Canada) 8/2017       |
| 5: 35-39 | 137.5 kgs / 303.1 lbs<br>Erlinda Gomez (US-TX) 6/2014            |  | 147.5 kgs / 325.1 lbs<br>Rena Witzaney (Canada) 6/2014           | 352.5 kgs / 777.1 lbs<br>Rena Witzaney (Canada) 6/2014           |
| 6: 35-39 | 130.0 kgs / 286.5 lbs<br>Rena Witzaney (Canada) 6/2014           |  | 140.5 kgs / 309.7 lbs<br>Rena Witzaney (Canada) 1/2014           | 330.5 kgs / 728.6 lbs<br>Rena Witzaney (Canada) 1/2014           |
| 7: 35-39 | 110.0 kgs / 242.5 lbs<br>Rena Witzaney (Canada) 1/2014           |  |  |  |
| 40-44    | 162.5 kgs / 358.2 lbs<br>Erlinda Gomez (US-TX) 5/2015            | 100.0 kgs / 220.4 lbs<br>Alexis Kajencki (US-MD) 11/2023   | 180.0 kgs / 396.8 lbs<br>Melanie Winitoy (Canada) 5/2017         | 430.0 kgs / 947.9 lbs<br>Alexis Kajencki (US-MD) 11/2023         |
| 2: 40-44 | 110.0 kgs / 242.5 lbs<br>Bonita Hein (South Africa) 2012         | 82.5 kgs / 181.8 lbs<br>Eileen Gorry (Ireland) 10/2018     | 165.0 kgs / 363.7 lbs<br>Erlinda Gomez (US-TX) 5/2015            | 407.5 kgs / 898.3 lbs<br>Erlinda Gomez (US-TX) 5/2015            |
| 3: 40-44 |  | 82.0 kgs / 180.7 lbs<br>Eileen Gorry (Ireland) 5/2018      | 150.0 kgs / 330.6 lbs<br>Bonita Hein (South Africa) 2012         | 327.5 kgs / 722.0 lbs<br>Bonita Hein (South Africa) 2012         |
| 4: 40-44 |  | 80.0 kgs / 176.3 lbs<br>Erlinda Gomez (US-TX) 5/2015       |  |  |
| 5: 40-44 |  | 77.5 kgs / 170.8 lbs<br>Jennifer Lyonnais (US-AZ) 8/2014   |  |  |
| 6: 40-44 |  | 72.0 kgs / 158.7 lbs<br>Karen Nace (US-PA) 3/2014          |  |  |
| 7: 40-44 |  | 67.5 kgs / 148.8 lbs<br>Bonita Hein (South Africa) 2012    |  |  |
| 45-49    | 150.0 kgs / 330.6 lbs<br>Leanne Knox (Australia) 10/2018         | 85.0 kgs / 187.3 lbs<br>Eileen Gorry (Ireland) 10/2019     | 165.0 kgs / 363.7 lbs<br>Leanne Knox (Australia) 10/2018         | 380.0 kgs / 837.7 lbs<br>Leanne Knox (Australia) 10/2018         |
| 2: 45-49 | 115.0 kgs / 253.5 lbs<br>Angela Thompson (Canada) 11/2017        | 84.0 kgs / 185.1 lbs<br>Eileen Gorry (Ireland) 8/2019      | 138.5 kgs / 305.3 lbs<br>Angela Thompson (Canada) 11/2017        | 316.0 kgs / 696.6 lbs<br>Angela Thompson (Canada) 11/2017        |
| 3: 45-49 | 112.5 kgs / 248.0 lbs<br>Sharon Schwartz (US-PA) 2013            | 76.0 kgs / 167.5 lbs<br>Mary Ann Wieckowski (US-PA) 6/2013 | 138.0 kgs / 304.2 lbs<br>Lori McWatters (Canada) 6/2015          | 277.5 kgs / 611.7 lbs<br>Lori McWatters (Canada) 6/2015          |
| 4: 45-49 |  |  | 122.5 kgs / 270.0 lbs<br>Molly Gigaba (South Africa) 8/2014      | 267.5 kgs / 589.7 lbs<br>Lori McWatters (Canada) 1/2015          |
| 5: 45-49 |  |  | 100.0 kgs / 220.4 lbs<br>Geri Reimer (Canada) 7/2014             | 265.0 kgs / 584.2 lbs<br>Molly Gigaba (South Africa) 8/2014      |
| 6: 45-49 |  |  |  | 242.5 kgs / 534.6 lbs<br>Geri Reimer (Canada) 7/2014             |
| 50-54    | 115.0 kgs / 253.5 lbs<br>Megan Martin (US-NE) 6/2017             | 93.5 kgs / 206.1 lbs<br>Joan Gardner (US-VT) 12/2006       | 157.5 kgs / 347.2 lbs<br>Megan Martin (US-NE) 6/2017             | 330.0 kgs / 727.5 lbs<br>Megan Martin (US-NE) 6/2017             |
| 2: 50-54 | 95.0 kgs / 209.4 lbs<br>Pamela Ferree (US-AZ) 6/2016             |  | 145.0 kgs / 319.6 lbs<br>Pamela Ferree (US-AZ) 6/2016            | 293.5 kgs / 647.0 lbs<br>Joan Gardner (US-VT) 12/2006            |
| 3: 50-54 | 85.0 kgs / 187.3 lbs<br>Jordan Friede (US-VT) 2013               |  | 142.5 kgs / 314.1 lbs<br>Pamela Ferree (US-AZ) 5/2015            |  |
| 4: 50-54 |  |  | 137.5 kgs / 303.1 lbs<br>Joan Gardner (US-VT) 12/2006            |  |
| 55-59    | 110.0 kgs / 242.5 lbs<br>Lynne Courtneage-Coolen (Canada) 5/2018 | 65.0 kgs / 143.2 lbs<br>Claudia Helmick (US-VA) 10/2018    | 128.5 kgs / 283.2 lbs<br>Claudia Helmick (US-VA) 10/2018         | 274.0 kgs / 604.0 lbs<br>Claudia Helmick (US-VA) 10/2018         |
| 2: 55-59 | 95.5 kgs / 210.5 lbs<br>Lynne Courtneage-Coolen (Canada) 8/2017  | 62.5 kgs / 137.7 lbs<br>Kim Doutt (US-PA) 6/2018           | 128.0 kgs / 282.1 lbs<br>Lynne Courtneage-Coolen (Canada) 2/2018 | 268.0 kgs / 590.8 lbs<br>Lynne Courtneage-Coolen (Canada) 5/2018 |
| 3: 55-59 | 95.0 kgs / 209.4 lbs<br>Dell Meredith (Canada) 7/2015            | 55.0 kgs / 121.2 lbs<br>Kim Doutt (US-PA) 12/2017          | 127.5 kgs / 281.0 lbs<br>Sheryl Shockley (US-MT) 2013            | 262.5 kgs / 578.7 lbs<br>Dell Meredith (Canada) 7/2015           |
| 4: 55-59 | 92.5 kgs / 203.9 lbs<br>Sheryl Shockley (US-MT) 2013             | 53.5 kgs / 117.9 lbs<br>Doris Santos (US-PA) 6/2013        |  | 260.0 kgs / 573.1 lbs<br>Sheryl Shockley (US-MT) 2013            |
| 60-64    | 115.0 kgs / 253.5 lbs<br>Lynne Courtneage-Coolen (Canada) 6/2019 | 60.0 kgs / 132.2 lbs<br>Geneva Koutas (US-VA) 6/2013       | 140.0 kgs / 308.6 lbs<br>Lynne Courtneage-Coolen (Canada) 2/2019 | 293.0 kgs / 645.9 lbs<br>Lynne Courtneage-Coolen (Canada) 2/2019 |
| 2: 60-64 | 113.0 kgs / 249.1 lbs<br>Lynne Courtneage-Coolen (Canada) 2/2019 |  | 136.5 kgs / 300.9 lbs<br>Lynne Courtneage-Coolen (Canada) 8/2018 | 280.0 kgs / 617.2 lbs<br>Kathy Brennan (Canada) 2/2019           |

|                    |   |   |   |   |
|--------------------|---|---|---|---|
| 3: 60-64           | 112.5 kgs / 248.0 lbs<br>Lynne Courtnage-Coolen (Canada) 8/2018 |   | 125.0 kgs / 275.5 lbs<br>Brid O'Sullivan (Ireland) 7/2017 | 277.5 kgs / 611.7 lbs<br>Lynne Courtnage-Coolen (Canada) 8/2018 |
| 4: 60-64           | 97.5 kgs / 214.9 lbs<br>Catherine Innes (US-NJ) 2013            |   | 120.0 kgs / 264.5 lbs<br>Catherine Innes (US-NJ) 2013     | 262.5 kgs / 578.7 lbs<br>Catherine Innes (US-NJ) 2013           |
| 5: 60-64           |   |   | 107.5 kgs / 236.9 lbs<br>Geneva Koutas (US-VA) 6/2013     |   |
| 70-74              | 67.5 kgs / 148.8 lbs<br>Linda Odum (US-VA) 4/2019               | 35.0 kgs / 77.1 lbs<br>Linda Odum (US-VA) 7/2018      | 112.5 kgs / 248.0 lbs<br>Linda Odum (US-VA) 4/2019        | 212.5 kgs / 468.4 lbs<br>Linda Odum (US-VA) 4/2019              |
| 2: 70-74           | 65.0 kgs / 143.2 lbs<br>Linda Odum (US-VA) 10/2018              |   | 110.0 kgs / 242.5 lbs<br>Linda Odum (US-VA) 10/2018       | 207.5 kgs / 457.4 lbs<br>Linda Odum (US-VA) 10/2018             |
| 3: 70-74           | 50.0 kgs / 110.2 lbs<br>Linda Odum (US-VA) 7/2018               |   | 107.5 kgs / 236.9 lbs<br>Linda Odum (US-VA) 7/2018        | 192.5 kgs / 424.3 lbs<br>Linda Odum (US-VA) 7/2018              |
| Police/Fire/Mil    | 127.5 kgs / 281.0 lbs<br>Tara Valli (US-VA) 9/2014              | 75.0 kgs / 165.3 lbs<br>Mona Espinosa (US-VA) 10/2018 | 152.0 kgs / 335.0 lbs<br>Fallon Williams (US-VA) 10/2015  | 337.5 kgs / 744.0 lbs<br>Tara Valli (US-VA) 9/2014              |
| 2: Police/Fire/Mil |   | 65.0 kgs / 143.2 lbs<br>Tara Valli (US-VA) 9/2014     | 145.0 kgs / 319.6 lbs<br>Tara Valli (US-VA) 9/2014        |   |

**Weight Class: 82.5 / 181 Female / Powerlifting**

| Division        | Squat  | Bench Press  | Deadlift  | Total   |
|-----------------|--|--|---|---|
| Open            | 185.5 kgs / 408.9 lbs<br>Lisa Gervais (Canada) 6/2019        | 115.0 kgs / 253.5 lbs<br>Allison White (US-VA) 5/2019    | 205.0 kgs / 451.9 lbs<br>Carlita Farmer (US-NC) 10/2016   | 482.5 kgs / 1063.7 lbs<br>Danielle Philibert (Canada) 5/2018          |
| 2: Open         | 185.0 kgs / 407.8 lbs<br>Danielle Philibert (Canada) 5/2018  | 105.0 kgs / 231.4 lbs<br>Lisa Gervais (Canada) 8/2016    | 197.5 kgs / 435.4 lbs<br>Carlita Farmer (US-NC) 6/2016    | 472.5 kgs / 1041.6 lbs<br>Danielle Philibert (Canada) 12/2017         |
| 3: Open         | 182.5 kgs / 402.3 lbs<br>Danielle Philibert (Canada) 12/2017 | 98.0 kgs / 216.0 lbs<br>Lisa Gervais (Canada) 10/2015    | 190.0 kgs / 418.8 lbs<br>Jamie Jackson (US-VA) 2013       | 462.5 kgs / 1019.6 lbs<br>Carlita Farmer (US-NC) 10/2016              |
| 4: Open         | 175.0 kgs / 385.8 lbs<br>Lisa Gervais (Canada) 10/2017       | 92.5 kgs / 203.9 lbs<br>Sara Burwash (Canada) 9/2015     | 167.8 kgs / 369.9 lbs<br>Kacie Sharp (US-NE) 2007         | 455.0 kgs / 1003.0 lbs<br>Lisa Gervais (Canada) 8/2016                |
| 5: Open         | 167.5 kgs / 369.2 lbs<br>Lisa Gervais (Canada) 8/2017        | 85.0 kgs / 187.3 lbs<br>Lisa Gervais (Canada) 8/2015     | 115.6 kgs / 254.8 lbs<br>Solita Williams (US-NC) 12/2000  | 440.0 kgs / 970.0 lbs<br>Carlita Farmer (US-NC) 6/2016                |
| 6: Open         | 165.5 kgs / 364.8 lbs<br>Carlita Farmer (US-NC) 10/2016      | 81.6 kgs / 179.8 lbs<br>Kacie Sharp (US-NE) 2007         |   | 430.0 kgs / 947.9 lbs<br>Lisa Gervais (Canada) 10/2015                |
| 7: Open         | 165.0 kgs / 363.7 lbs<br>Lisa Gervais (Canada) 8/2016        |  |   | 425.0 kgs / 936.9 lbs<br>Jamie Jackson (US-VA) 2013                   |
| 8: Open         | 155.0 kgs / 341.7 lbs<br>Carlita Farmer (US-NC) 6/2016       |  |   | 399.1 kgs / 879.8 lbs<br>Kacie Sharp (US-NE) 2007                     |
| 9: Open         | 152.5 kgs / 336.2 lbs<br>Lisa Gervais (Canada) 10/2015       |  |   | 233.6 kgs / 514.9 lbs<br>Solita Williams (US-NC) 12/2000              |
| 10: Open        | 149.6 kgs / 329.8 lbs<br>Kacie Sharp (US-NE) 2007            |  |   |   |
| 11 and under    | 65.0 kgs / 143.2 lbs<br>Olivia Stedman (US-NC) 8/2022        | 45.0 kgs / 99.2 lbs<br>Olivia Stedman (US-NC) 8/2022     | 90.0 kgs / 198.4 lbs<br>Olivia Stedman (US-NC) 8/2022     | 191.0 kgs / 421.0 lbs<br>Olivia Stedman (US-NC) 8/2022                |
| 2: 11 and under | 60.0 kgs / 132.2 lbs<br>Olivia Stedman (US-NC) 5/2022        | 37.5 kgs / 82.6 lbs<br>Olivia Stedman (US-NC) 5/2022     | 89.0 kgs / 196.2 lbs<br>Olivia Stedman (US-NC) 5/2022     | 186.5 kgs / 411.1 lbs<br>Olivia Stedman (US-NC) 5/2022                |
| 12-13           | 65.7 kgs / 144.8 lbs<br>Danielle Luff (US-NC)                | 57.5 kgs / 126.7 lbs<br>Victoria Vasquez (US-MD)         | 115.6 kgs / 254.8 lbs<br>Solita Williams (US-NC) 12/2000  | 233.6 kgs / 514.9 lbs<br>Solita Williams (US-NC) 12/2000              |
| 14-15           | 167.5 kgs / 369.2 lbs<br>Mackenzie Taylor (US-NC) 11/2023    | 93.4 kgs / 205.9 lbs<br>Mackenzie Taylor (US-NC) 6/2023  | 180.0 kgs / 396.8 lbs<br>Mackenzie Taylor (US-NC) 11/2023 | 440.0 kgs / 970.0 lbs<br>Mackenzie Taylor (US-NC) 11/2023             |
| 2: 14-15        | 166.0 kgs / 365.9 lbs<br>Mackenzie Taylor (US-NC) 6/2023     | 85.0 kgs / 187.3 lbs<br>Mackenzie Taylor (US-NC) 11/2022 | 175.0 kgs / 385.8 lbs<br>Mackenzie Taylor (US-NC) 10/2023 | 427.59999999999997 kgs / 942.6 lbs<br>Mackenzie Taylor (US-NC) 6/2023 |
| 3: 14-15        | 155.5 kgs / 342.8 lbs<br>Mackenzie Taylor (US-NC) 11/2022    | 80.0 kgs / 176.3 lbs<br>Mackenzie Taylor (US-NC) 8/2022  | 168.2 kgs / 370.8 lbs<br>Mackenzie Taylor (US-NC) 6/2023  | 403.0 kgs / 888.4 lbs<br>Mackenzie Taylor (US-NC) 11/2022             |
| 4: 14-15        | 152.5 kgs / 336.2 lbs<br>Mackenzie Taylor (US-NC) 8/2022     | 67.5 kgs / 148.8 lbs<br>Brooke Bonney (US-NY) 6/2012     | 162.5 kgs / 358.2 lbs<br>Mackenzie Taylor (US-NC) 11/2022 | 387.5 kgs / 854.2 lbs<br>Mackenzie Taylor (US-NC) 8/2022              |
| 5: 14-15        | 117.5 kgs / 259.0 lbs<br>Sequora Johnston (US-PA) 10/2013    |  | 155.0 kgs / 341.7 lbs<br>Mackenzie Taylor (US-NC) 8/2022  | 322.5 kgs / 710.9 lbs<br>Sequora Johnston (US-PA) 10/2013             |
| 6: 14-15        |  |  | 145.0 kgs / 319.6 lbs<br>Sequora Johnston (US-PA) 10/2013 |   |
| 16-17           | 137.5 kgs / 303.1 lbs<br>Nicole Chavez (US-AZ) 3/2014        | 77.5 kgs / 170.8 lbs<br>Brooke Bonney (US-NY) 2013       | 160.0 kgs / 352.7 lbs<br>Hanna Holden (US-NC) 4/2017      | 355.0 kgs / 782.6 lbs<br>Nicole Chavez (US-AZ) 3/2014                 |
| 2: 16-17        |  |  | 153.0 kgs / 337.3 lbs<br>Nicole Chavez (US-AZ) 3/2014     |   |
| 18-19           | 125.0 kgs / 275.5 lbs<br>Alana Amantine (US-PA) 8/2019       | 70.0 kgs / 154.3 lbs<br>Alana Amantine (US-PA) 8/2019    | 160.0 kgs / 352.7 lbs<br>Alana Amantine (US-PA) 8/2019    | 355.0 kgs / 782.6 lbs<br>Alana Amantine (US-PA) 8/2019                |
| 2: 18-19        | 117.5 kgs / 259.0 lbs<br>MahNyih Inglesia (US-NC) 5/2014     | 62.5 kgs / 137.7 lbs<br>Elizabeth Fraser (Canada) 1/2016 | 142.5 kgs / 314.1 lbs<br>MahNyih Inglesia (US-NC) 5/2014  | 316.5 kgs / 697.7 lbs<br>MahNyih Inglesia (US-NC) 5/2014              |
| 3: 18-19        |  | 60.0 kgs / 132.2 lbs<br>MahNyih Inglesia (US-NC) 5/2014  |   |   |
| 20-24           | 182.5 kgs / 402.3 lbs<br>Danielle Philibert (Canada) 12/2017 | 95.0 kgs / 209.4 lbs<br>Carlita Farmer (US-NC) 10/2016   | 205.0 kgs / 451.9 lbs<br>Carlita Farmer (US-NC) 10/2016   | 472.5 kgs / 1041.6 lbs<br>Danielle Philibert (Canada) 12/2017         |
| 2: 20-24        | 165.5 kgs / 364.8 lbs<br>Carlita Farmer (US-NC) 10/2016      | 92.5 kgs / 203.9 lbs<br>Carlita Farmer (US-NC) 6/2016    | 197.5 kgs / 435.4 lbs<br>Carlita Farmer (US-NC) 6/2016    | 462.5 kgs / 1019.6 lbs<br>Carlita Farmer (US-NC) 10/2016              |

|          |   |  |   |   |
|----------|---|--|---|---|
| 3: 20-24 | 155.0 kgs / 341.7 lbs<br>Carlita Farmer (US-NC) 6/2016          | 81.6 kgs / 179.8 lbs<br>Kacie Sharp (US-NE) 2007               | 167.8 kgs / 369.9 lbs<br>Kacie Sharp (US-NE) 2007             | 440.0 kgs / 970.0 lbs<br>Carlita Farmer (US-NC) 6/2016          |
| 4: 20-24 | 149.6 kgs / 329.8 lbs<br>Kacie Sharp (US-NE) 2007               |  |   | 399.1 kgs / 879.8 lbs<br>Kacie Sharp (US-NE) 2007               |
| 35-39    | 147.5 kgs / 325.1 lbs<br>Allison White (US-VA) 5/2019           | 115.0 kgs / 253.5 lbs<br>Allison White (US-VA) 5/2019          | 197.5 kgs / 435.4 lbs<br>Allison White (US-VA) 5/2019         | 455.0 kgs / 1003.0 lbs<br>Allison White (US-VA) 5/2019          |
| 2: 35-39 | 137.5 kgs / 303.1 lbs<br>Heather Juachon (US-VA) 10/2018        | 78.0 kgs / 171.9 lbs<br>Mona Espinosa (US-VA) 3/2019           | 165.0 kgs / 363.7 lbs<br>Dana Sandler (Canada) 1/2015         | 368.5 kgs / 812.3 lbs<br>Patty Pretorius (South Africa) 10/2017 |
| 3: 35-39 | 136.0 kgs / 299.8 lbs<br>Patty Pretorius (South Africa) 10/2017 | 75.0 kgs / 165.3 lbs<br>Patty Pretorius (South Africa) 10/2016 |   | 362.5 kgs / 799.1 lbs<br>Jessica Maloy (US-PA) 10/2015          |
| 4: 35-39 | 135.0 kgs / 297.6 lbs<br>Jessica Maloy (US-PA) 10/2015          | 70.0 kgs / 154.3 lbs<br>Danika Challand (Canada) 9/2015        |   | 345.0 kgs / 760.5 lbs<br>Dana Sandler (Canada) 1/2015           |
| 5: 35-39 | 117.5 kgs / 259.0 lbs<br>Dana Sandler (Canada) 1/2015           | 62.5 kgs / 137.7 lbs<br>Dana Sandler (Canada) 1/2015           |   |   |
| 40-44    | 150.0 kgs / 330.6 lbs<br>Kathleen MacDonald (Canada) 6/2019     | 97.5 kgs / 214.9 lbs<br>Kari Saban (US-FL)                     | 181.4 kgs / 399.9 lbs<br>Kari Saban (US-FL)                   | 419.5 kgs / 924.8 lbs<br>Kari Saban (US-FL)                     |
| 2: 40-44 | 145.0 kgs / 319.6 lbs<br>Kathleen MacDonald (Canada) 4/2019     |  |   |   |
| 3: 40-44 | 142.0 kgs / 313.0 lbs<br>Sara Burwash (Canada) 9/2015           |  |   |   |
| 4: 40-44 | 102.5 kgs / 225.9 lbs<br>Karen Nace (US-PA) 6/2014              |  |   |   |
| 5: 40-44 | 80.0 kgs / 176.3 lbs<br>Susanne Monfort (US-AZ) 6/2014          |  |   |   |
| 6: 40-44 | 77.5 kgs / 170.8 lbs<br>Susanne Monfort (US-AZ) 3/2014          |  |   |   |
| 45-49    | 147.0 kgs / 324.0 lbs<br>Sara Burwash (Canada) 10/2019          | 91.0 kgs / 200.6 lbs<br>Sara Burwash (Canada) 10/2019          | 160.0 kgs / 352.7 lbs<br>Sara Burwash (Canada) 10/2019        | 398.0 kgs / 877.4 lbs<br>Sara Burwash (Canada) 10/2019          |
| 2: 45-49 | 120.0 kgs / 264.5 lbs<br>Lianne Marquis (Canada) 10/2018        | 80.0 kgs / 176.3 lbs<br>Susanna Perrone (Italy) 2012           | 150.0 kgs / 330.6 lbs<br>Chris Redmond (US-PA) 4/2019         | 317.5 kgs / 699.9 lbs<br>Chris Redmond (US-PA) 4/2019           |
| 3: 45-49 | 115.0 kgs / 253.5 lbs<br>Lianne Marquis (Canada) 11/2017        |  | 145.0 kgs / 319.6 lbs<br>Sharon Schwartz (US-PA) 11/2012      | 310.0 kgs / 683.4 lbs<br>Lianne Marquis (Canada) 10/2018        |
| 4: 45-49 | 110.0 kgs / 242.5 lbs<br>Sharon Schwartz (US-PA) 11/2012        |  |   | 308.0 kgs / 679.0 lbs<br>Susanna Perrone (Italy) 2012           |
| 50-54    | 120.0 kgs / 264.5 lbs<br>Laura Reagle (US-AZ) 6/2014            | 80.0 kgs / 176.3 lbs<br>Mary Ann Wieckowski (US-PA) 11/2014    | 142.5 kgs / 314.1 lbs<br>Laura Reagle (US-AZ) 6/2014          | 320.0 kgs / 705.4 lbs<br>Mary Ann Wieckowski (US-PA) 6/2014     |
| 2: 50-54 |   | 77.5 kgs / 170.8 lbs<br>Mary Ann Wieckowski (US-PA) 6/2014     |   | 312.5 kgs / 688.9 lbs<br>Laura Reagle (US-AZ) 6/2014            |
| 3: 50-54 |   | 55.0 kgs / 121.2 lbs<br>Laura Reagle (US-AZ) 6/2014            |   |   |
| 55-59    | 93.0 kgs / 205.0 lbs<br>Kim Doutt (US-PA) 10/2016               | 75.0 kgs / 165.3 lbs<br>Linda Lee (US-VA) 6/2019               | 150.0 kgs / 330.6 lbs<br>Linda Lee (US-VA) 8/2019             | 310.0 kgs / 683.4 lbs<br>Linda Lee (US-VA) 8/2019               |
| 2: 55-59 | 92.5 kgs / 203.9 lbs<br>Sheryl Shockley (US-MT) 6/2014          | 70.0 kgs / 154.3 lbs<br>Kim Doutt (US-PA) 6/2016               | 147.5 kgs / 325.1 lbs<br>Linda Lee (US-VA) 6/2019             | 305.0 kgs / 672.4 lbs<br>Linda Lee (US-VA) 6/2019               |
| 3: 55-59 |   | 45.0 kgs / 99.2 lbs<br>Sheryl Shockley (US-MT) 6/2014          | 125.0 kgs / 275.5 lbs<br>Sheryl Shockley (US-MT) 6/2014       | 277.5 kgs / 611.7 lbs<br>Kim Doutt (US-PA) 6/2016               |
| 4: 55-59 |   |  |   | 262.5 kgs / 578.7 lbs<br>Sheryl Shockley (US-MT) 6/2014         |
| 60-64    | 95.0 kgs / 209.4 lbs<br>Gloria Knight-McNeil (US-NC) 10/2023    | 82.5 kgs / 181.8 lbs<br>Gloria Knight-McNeil (US-NC) 10/2023   | 136.0 kgs / 299.8 lbs<br>Brid O'Sullivan (Ireland) 5/2018     | 285.0 kgs / 628.3 lbs<br>Gloria Knight-McNeil (US-NC) 10/2023   |
| 2: 60-64 | 85.0 kgs / 187.3 lbs<br>Brid O'Sullivan (Ireland) 5/2018        | 57.5 kgs / 126.7 lbs<br>Kim Pollock (US-PA) 6/2021             |   | 257.5 kgs / 567.6 lbs<br>Brid O'Sullivan (Ireland) 5/2018       |
| 3: 60-64 |   | 45.0 kgs / 99.2 lbs<br>Brid O'Sullivan (Ireland) 10/2018       |   |   |
| 4: 60-64 |   | 42.5 kgs / 93.6 lbs<br>Brid O'Sullivan (Ireland) 5/2018        |   |   |
| 65-69    | 105.0 kgs / 231.4 lbs<br>Kathy Brennan (Canada) 4/2023          | 57.5 kgs / 126.7 lbs<br>Kathy Brennan (Canada) 4/2023          | 127.5 kgs / 281.0 lbs<br>Kathy Brennan (Canada) 4/2023        | 290.0 kgs / 639.3 lbs<br>Kathy Brennan (Canada) 4/2023          |
| 2: 65-69 | 75.0 kgs / 165.3 lbs<br>Susan Gregory (US-NE) 11/2022           | 50.0 kgs / 110.2 lbs<br>Susan Gregory (US-NE) 11/2022          | 105.5 kgs / 232.5 lbs<br>Margaret Estabrooks (Canada) 10/2016 | 222.5 kgs / 490.5 lbs<br>Susan Gregory (US-NE) 11/2022          |
| 3: 65-69 | 60.0 kgs / 132.2 lbs<br>Margaret Estabrooks (Canada) 10/2016    | 42.5 kgs / 93.6 lbs<br>Margaret Estabrooks (Canada) 9/2014     | 97.5 kgs / 214.9 lbs<br>Margaret Estabrooks (Canada) 9/2014   | 203.0 kgs / 447.5 lbs<br>Margaret Estabrooks (Canada) 10/2016   |
| 4: 65-69 | 52.5 kgs / 115.7 lbs<br>Margaret Estabrooks (Canada) 6/2016     | 40.0 kgs / 88.1 lbs<br>Margaret Estabrooks (Canada) 6/2014     | 95.0 kgs / 209.4 lbs<br>Margaret Estabrooks (Canada) 6/2014   | 190.0 kgs / 418.8 lbs<br>Margaret Estabrooks (Canada) 9/2014    |



|                    |   |  |   |   |
|--------------------|---|--|---|---|
| 5: 65-69           | 50.0 kgs / 110.2 lbs<br>Margaret Estabrooks (Canada) 9/2014     |  |   | 177.5 kgs / 391.3 lbs<br>Margaret Estabrooks (Canada) 6/2014    |
| 6: 65-69           | 45.0 kgs / 99.2 lbs<br>Margaret Estabrooks (Canada) 6/2014      |  |   |   |
| 70-74              | 130.5 kgs / 287.7 lbs<br>Linda Arvey (US-PA) 4/2023             | 72.5 kgs / 159.8 lbs<br>Linda Arvey (US-PA) 4/2023     | 157.5 kgs / 347.2 lbs<br>Linda Arvey (US-PA) 4/2023     | 355.5 kgs / 783.7 lbs<br>Linda Arvey (US-PA) 4/2023             |
| Police/Fire/Mil    | 136.0 kgs / 299.8 lbs<br>Patty Pretorius (South Africa) 10/2017 | 80.0 kgs / 176.3 lbs<br>Franky Moore (US-NC) 5/2015    | 162.5 kgs / 358.2 lbs<br>Franky Moore (US-NC) 5/2015    | 368.5 kgs / 812.3 lbs<br>Patty Pretorius (South Africa) 10/2017 |
| 2: Police/Fire/Mil | 135.0 kgs / 297.6 lbs<br>Jade Massey (US-NE) 6/2017             | 75.0 kgs / 165.3 lbs<br>Monique Skelton (US-NE) 6/2014 | 150.0 kgs / 330.6 lbs<br>Monique Skelton (US-NE) 6/2014 | 355.0 kgs / 782.6 lbs<br>Patty Pretorius (South Africa) 10/2016 |
| 3: Police/Fire/Mil | 125.0 kgs / 275.5 lbs<br>Patty Pretorius (South Africa) 10/2016 |  |   | 352.5 kgs / 777.1 lbs<br>Franky Moore (US-NC) 5/2015            |
| 4: Police/Fire/Mil | 112.5 kgs / 248.0 lbs<br>Monique Skelton (US-NE) 6/2014         |  |   | 322.5 kgs / 710.9 lbs<br>Monique Skelton (US-NE) 6/2014         |
| Spec. Oly.         | 70.0 kgs / 154.3 lbs<br>Joni Talavera (US-PA) 6/2015            | 50.0 kgs / 110.2 lbs<br>Joni Talavera (US-PA) 6/2015   | 100.0 kgs / 220.4 lbs<br>Joni Talavera (US-PA) 6/2015   | 220.0 kgs / 485.0 lbs<br>Joni Talavera (US-PA) 6/2015           |
| Handicapped        | 107.5 kgs / 236.9 lbs<br>Alexis Rowley (US-PA) 4/2023           | 67.5 kgs / 148.8 lbs<br>Alexis Rowley (US-PA) 4/2023   | 125.0 kgs / 275.5 lbs<br>Alexis Rowley (US-PA) 4/2023   | 300.0 kgs / 661.3 lbs<br>Alexis Rowley (US-PA) 4/2023           |

| <b>Weight Class: 90 / 198 Female / Powerlifting</b> |  |  |   |   |
|---|--|--|---|---|
| <b>Division</b>                                     | <b>Squat</b>   | <b>Bench Press</b>   | <b>Deadlift</b>   | <b>Total</b>  |
| <b>Open</b>   | <b>190.0 kgs / 418.8 lbs</b><br>Lisa Gervais (Canada) 10/2019    | <b>113.3 kgs / 249.7 lbs</b><br>Shannon Summers (US-SC) 2/2000 | <b>200.0 kgs / 440.9 lbs</b><br>Aria DeSimini (US-VA) 7/2018      | <b>487.5 kgs / 1074.7 lbs</b><br>Ogechi Akalegbere (US-MD) 8/2017 |
| <b>2: Open</b>                                      | <b>185.0 kgs / 407.8 lbs</b><br>Ogechi Akalegbere (US-MD) 8/2017 |  | <b>197.5 kgs / 435.4 lbs</b><br>Ogechi Akalegbere (US-MD) 8/2017  | <b>444.5 kgs / 979.9 lbs</b><br>Shannon Summers (US-SC) 2/2000    |
| <b>3: Open</b>                                      | <b>167.8 kgs / 369.9 lbs</b><br>Shannon Summers (US-SC) 2/2000   |  | <b>195.0 kgs / 429.8 lbs</b><br>Aria DeSimini (US-VA) 2/2017      |   |
| <b>4: Open</b>                                      |  |  | <b>188.0 kgs / 414.4 lbs</b><br>Riki Napiorkowski (US-NY) 10/2016 |   |
| <b>5: Open</b>                                      |  |  | <b>187.5 kgs / 413.3 lbs</b><br>Aria DeSimini (US-VA) 9/2016      |   |
| <b>6: Open</b>                                      |  |  | <b>185.0 kgs / 407.8 lbs</b><br>Angie Hobbs (US-NE) 6/2016        |   |
| <b>7: Open</b>                                      |  |  | <b>183.7 kgs / 404.9 lbs</b><br>Kari Saban (US-FL) 8/2006         |   |
| <b>8: Open</b>                                      |  |  | <b>163.2 kgs / 359.7 lbs</b><br>Shannon Summers (US-SC) 2/2000    |   |
| <b>11 and under</b>                                 | 85.0 kgs / 187.3 lbs<br>Olivia Stedman (US-NC) 2/2023            | 52.5 kgs / 115.7 lbs<br>Olivia Stedman (US-NC) 2/2023          | 101.0 kgs / 222.6 lbs<br>Olivia Stedman (US-NC) 2/2023            | 225.5 kgs / 497.1 lbs<br>Olivia Stedman (US-NC) 2/2023            |
| <b>2: 11 and under</b>                              | 80.0 kgs / 176.3 lbs<br>Olivia Stedman (US-NC) 11/2022           | 50.0 kgs / 110.2 lbs<br>Olivia Stedman (US-NC) 11/2022         | 100.0 kgs / 220.4 lbs<br>Olivia Stedman (US-NC) 11/2022           | 225.0 kgs / 496.0 lbs<br>Olivia Stedman (US-NC) 11/2022           |
| <b>3: 11 and under</b>                              | 65.0 kgs / 143.2 lbs<br>Olivia Stedman (US-NC) 10/2022           | 45.0 kgs / 99.2 lbs<br>Olivia Stedman (US-NC) 10/2022          | 95.0 kgs / 209.4 lbs<br>Olivia Stedman (US-NC) 10/2022            | 205.0 kgs / 451.9 lbs<br>Olivia Stedman (US-NC) 10/2022           |
| <b>12-13</b>  | 79.3 kgs / 174.8 lbs<br>Solita Williams (US-NC)                  | 52.1 kgs / 114.8 lbs<br>Solita Williams (US-NC)                | 115.6 kgs / 254.8 lbs<br>Solita Williams (US-NC)                  | 247.2 kgs / 544.9 lbs<br>Solita Williams (US-NC)                  |
| <b>14-15</b>  | 167.8 kgs / 369.9 lbs<br>Shannon Summers (US-SC) 2/2000          | 113.3 kgs / 249.7 lbs<br>Shannon Summers (US-SC) 2/2000        | 163.2 kgs / 359.7 lbs<br>Shannon Summers (US-SC) 2/2000           | 444.5 kgs / 979.9 lbs<br>Shannon Summers (US-SC) 2/2000           |
| <b>16-17</b>  | 122.5 kgs / 270.0 lbs<br>Rachel Hess (US-PA) 10/2012             | 50.5 kgs / 111.3 lbs<br>Allyson Sarnowski (US-NC) 4/2017       | 143.0 kgs / 315.2 lbs<br>Allyson Sarnowski (US-NC) 4/2017         | 315.0 kgs / 694.4 lbs<br>Rachel Hess (US-PA) 10/2012              |
| <b>2: 16-17</b>                                     |  | 50.0 kgs / 110.2 lbs<br>Rachel Hess (US-PA) 10/2012            | 142.5 kgs / 314.1 lbs<br>Rachel Hess (US-PA) 10/2012              |   |
| <b>18-19</b>  | 112.5 kgs / 248.0 lbs<br>Ashley Lindsey (US-NC) 8/2022           | 72.5 kgs / 159.8 lbs<br>Megan Andrews (Canada) 8/2023          | 150.0 kgs / 330.6 lbs<br>Ashley Lindsey (US-NC) 8/2022            | 325.0 kgs / 716.4 lbs<br>Ashley Lindsey (US-NC) 8/2022            |
| <b>2: 18-19</b>                                     | 102.5 kgs / 225.9 lbs<br>Mehza Memon (Canada) 6/2015             | 65.0 kgs / 143.2 lbs<br>Ashley Lindsey (US-NC) 8/2022          | 115.0 kgs / 253.5 lbs<br>Mehza Memon (Canada) 6/2015              | 260.0 kgs / 573.1 lbs<br>Mehza Memon (Canada) 6/2015              |
| <b>3: 18-19</b>                                     | 90.7 kgs / 199.9 lbs<br>Jennifer Seyfried (US-MI) 9/2001         | 58.9 kgs / 129.8 lbs<br>Jennifer Seyfried (US-MI) 9/2001       | 105.0 kgs / 231.4 lbs<br>Mehza Memon (Canada) 1/2015              | 244.9 kgs / 539.9 lbs<br>Jennifer Seyfried (US-MI) 9/2001         |
| <b>4: 18-19</b>                                     |  |  | 97.5 kgs / 214.9 lbs<br>Kelsie Tipton (US-NC) 2012                |   |
| <b>20-24</b>  | 175.5 kgs / 386.9 lbs<br>Paulina Deng (Canada) 7/2019            | 97.5 kgs / 214.9 lbs<br>Aria DeSimini (US-VA) 7/2018           | 200.0 kgs / 440.9 lbs<br>Aria DeSimini (US-VA) 7/2018             | 465.0 kgs / 1025.1 lbs<br>Aria DeSimini (US-VA) 7/2018            |
| <b>2: 20-24</b>                                     | 175.0 kgs / 385.8 lbs<br>Paulina Deng (Canada) 5/2019            | 87.5 kgs / 192.9 lbs<br>Aria DeSimini (US-VA) 1/2018           | 195.0 kgs / 429.8 lbs<br>Aria DeSimini (US-VA) 2/2017             | 435.0 kgs / 959.0 lbs<br>Aria DeSimini (US-VA) 2/2017             |
| <b>3: 20-24</b>                                     | 167.5 kgs / 369.2 lbs<br>Aria DeSimini (US-VA) 7/2018            | 86.1 kgs / 189.8 lbs<br>America Marrow (US-NC) 2005            | 187.5 kgs / 413.3 lbs<br>Aria DeSimini (US-VA) 9/2016             | 407.5 kgs / 898.3 lbs<br>Aria DeSimini (US-VA) 9/2016             |
| <b>4: 20-24</b>                                     | 160.0 kgs / 352.7 lbs<br>Aria DeSimini (US-VA) 1/2018            |  | 165.0 kgs / 363.7 lbs<br>Katrina Diaz (US-IL) 6/2014              | 377.5 kgs / 832.2 lbs<br>Katrina Diaz (US-IL) 6/2014              |
| <b>5: 20-24</b>                                     | 155.0 kgs / 341.7 lbs<br>Aria DeSimini (US-VA) 2/2017            |  |   |   |

|                 |   |  |   |   |
|-----------------|---|--|---|---|
| 6: 20-24        | 152.5 kgs / 336.2 lbs<br>Katrina Diaz (US-IL) 6/2014          |  |   |   |
| 35-39           | 145.0 kgs / 319.6 lbs<br>Rebecca Tucker (US-NY) 6/2018        | 102.5 kgs / 225.9 lbs<br>Martina Burton (US-MD) 3/2020       | 197.5 kgs / 435.4 lbs<br>Martina Burton (US-MD) 3/2020      | 420.0 kgs / 925.9 lbs<br>Martina Burton (US-MD) 3/2020        |
| 2: 35-39        | 132.5 kgs / 292.1 lbs<br>Heather Moyers (US-OH) 10/2012       | 90.0 kgs / 198.4 lbs<br>Rebecca Tucker (US-NY) 6/2018        | 170.0 kgs / 374.7 lbs<br>Rebecca Tucker (US-NY) 6/2018      | 405.0 kgs / 892.8 lbs<br>Rebecca Tucker (US-NY) 6/2018        |
| 3: 35-39        |   | 85.0 kgs / 187.3 lbs<br>Dawn Williams (US-VA) 6/2015         | 155.0 kgs / 341.7 lbs<br>Dawn Krpan (Canada) 6/2016         | 347.5 kgs / 766.0 lbs<br>Heather Moyers (US-OH) 10/2012       |
| 4: 35-39        |   | 72.5 kgs / 159.8 lbs<br>Heather Moyers (US-OH) 10/2012       | 147.5 kgs / 325.1 lbs<br>Heather Moyers (US-OH) 10/2012     |   |
| 40-44           | 172.3 kgs / 379.8 lbs<br>LaRiena Ferguson (US-FL) 6/2022      | 102.5 kgs / 225.9 lbs<br>Sara Burwash (Canada) 5/2018        | 183.7 kgs / 404.9 lbs<br>Kari Saban (US-FL) 8/2006          | 435.4 kgs / 959.8 lbs<br>Kari Saban (US-FL) 8/2006            |
| 2: 40-44        | 152.5 kgs / 336.2 lbs<br>Sara Burwash (Canada) 5/2019         | 100.0 kgs / 220.4 lbs<br>Sara Burwash (Canada) 10/2017       |   |   |
| 3: 40-44        | 151.9 kgs / 334.8 lbs<br>Kari Saban (US-FL) 8/2006            | 99.7 kgs / 219.7 lbs<br>Kari Saban (US-FL) 8/2006            |   |   |
| 45-49           | 122.5 kgs / 270.0 lbs<br>Cindy Stritzinger (US-PA) 4/2021     | 73.0 kgs / 160.9 lbs<br>Charlotte Baker (US-VA) 4/2018       | 167.5 kgs / 369.2 lbs<br>Charlotte Baker (US-VA) 4/2018     | 355.5 kgs / 783.7 lbs<br>Charlotte Baker (US-VA) 4/2018       |
| 2: 45-49        | 120.0 kgs / 264.5 lbs<br>Charlotte Baker (US-VA) 4/2017       | 72.5 kgs / 159.8 lbs<br>Charlotte Baker (US-VA) 4/2017       | 165.5 kgs / 364.8 lbs<br>Charlotte Baker (US-VA) 4/2017     | 352.5 kgs / 777.1 lbs<br>Charlotte Baker (US-VA) 4/2017       |
| 3: 45-49        | 112.5 kgs / 248.0 lbs<br>Michelle Lawson (US-PA) 10/2016      | 70.0 kgs / 154.3 lbs<br>Charlotte Baker (US-VA) 6/2016       | 165.0 kgs / 363.7 lbs<br>Charlotte Baker (US-VA) 6/2016     | 340.0 kgs / 749.5 lbs<br>Charlotte Baker (US-VA) 6/2016       |
| 4: 45-49        | 110.5 kgs / 243.6 lbs<br>Charlotte Baker (US-VA) 10/2015      | 68.0 kgs / 149.9 lbs<br>Charlotte Baker (US-VA) 6/2015       | 157.5 kgs / 347.2 lbs<br>Charlotte Baker (US-VA) 10/2015    | 327.5 kgs / 722.0 lbs<br>Charlotte Baker (US-VA) 10/2015      |
| 5: 45-49        | 105.0 kgs / 231.4 lbs<br>Charlotte Baker (US-VA) 4/2015       | 67.5 kgs / 148.8 lbs<br>Janine Wheeler (Canada) 10/2010      | 142.5 kgs / 314.1 lbs<br>Charlotte Baker (US-VA) 6/2015     | 305.0 kgs / 672.4 lbs<br>Charlotte Baker (US-VA) 4/2015       |
| 6: 45-49        | 102.5 kgs / 225.9 lbs<br>Janine Wheeler (Canada) 10/2010      |  | 137.5 kgs / 303.1 lbs<br>Charlotte Baker (US-VA) 4/2015     | 287.5 kgs / 633.8 lbs<br>Janine Wheeler (Canada) 10/2010      |
| 7: 45-49        |   |  | 130.0 kgs / 286.5 lbs<br>Janine Wheeler (Canada) 10/2010    |   |
| 50-54           | 103.5 kgs / 228.1 lbs<br>Lori McWatters (Canada) 9/2021       | 65.0 kgs / 143.2 lbs<br>Lori McWatters (Canada) 9/2021       | 150.0 kgs / 330.6 lbs<br>Amy Traver (US-CT) 6/2018          | 295.0 kgs / 650.3 lbs<br>Linda Kubiak (US-AZ) 6/2016          |
| 2: 50-54        | 103.0 kgs / 227.0 lbs<br>Lara Christie (Canada) 12/2020       | 62.5 kgs / 137.7 lbs<br>Lara Christie (Canada) 12/2020       | 135.0 kgs / 297.6 lbs<br>Linda Kubiak (US-AZ) 6/2016        |   |
| 3: 50-54        | 102.5 kgs / 225.9 lbs<br>Linda Kubiak (US-AZ) 6/2016          | 57.5 kgs / 126.7 lbs<br>Linda Kubiak (US-AZ) 6/2016          |   |   |
| 55-59           | 120.0 kgs / 264.5 lbs<br>Kathleen Carpenter (US-VA) 7/2018    | 70.0 kgs / 154.3 lbs<br>Kathleen Carpenter (US-VA) 7/2018    | 125.0 kgs / 275.5 lbs<br>Kathleen Carpenter (US-VA) 7/2018  | 315.0 kgs / 694.4 lbs<br>Kathleen Carpenter (US-VA) 7/2018    |
| 2: 55-59        | 87.5 kgs / 192.9 lbs<br>Diann Porter (US-AZ) 5/2015           | 47.5 kgs / 104.7 lbs<br>Diann Porter (US-AZ) 5/2015          | 107.5 kgs / 236.9 lbs<br>Diann Porter (US-AZ) 5/2015        | 242.5 kgs / 534.6 lbs<br>Diann Porter (US-AZ) 5/2015          |
| 60-64           | 100.0 kgs / 220.4 lbs<br>Gloria Knight-McNeil (US-NC) 11/2023 | 83.0 kgs / 182.9 lbs<br>Gloria Knight-McNeil (US-NC) 11/2023 | 145.5 kgs / 320.7 lbs<br>Hyacinth Joseph (US-NC) 4/2018     | 303.0 kgs / 667.9 lbs<br>Gloria Knight-McNeil (US-NC) 11/2023 |
| 2: 60-64        | 70.0 kgs / 154.3 lbs<br>Hyacinth Joseph (US-NC) 4/2018        | 82.5 kgs / 181.8 lbs<br>Hyacinth Joseph (US-NC) 10/2017      | 144.0 kgs / 317.4 lbs<br>Hyacinth Joseph (US-NC) 11/2017    | 288.0 kgs / 634.9 lbs<br>Hyacinth Joseph (US-NC) 4/2018       |
| 3: 60-64        | 62.5 kgs / 137.7 lbs<br>Hyacinth Joseph (US-NC) 11/2017       |  | 143.0 kgs / 315.2 lbs<br>Hyacinth Joseph (US-NC) 10/2017    | 281.5 kgs / 620.5 lbs<br>Hyacinth Joseph (US-NC) 11/2017      |
| 4: 60-64        | 50.0 kgs / 110.2 lbs<br>Hyacinth Joseph (US-NC) 10/2017       |  |   | 275.0 kgs / 606.2 lbs<br>Hyacinth Joseph (US-NC) 10/2017      |
| 65-69           | 68.0 kgs / 149.9 lbs<br>Karen Hansen (US-VA) 6/2017           | 53.0 kgs / 116.8 lbs<br>Karen Hansen (US-VA) 6/2017          | 132.5 kgs / 292.1 lbs<br>Karen Hansen (US-VA) 9/2015        | 246.0 kgs / 542.3 lbs<br>Karen Hansen (US-VA) 6/2017          |
| 2: 65-69        | 60.0 kgs / 132.2 lbs<br>Karen Hansen (US-VA) 9/2015           | 45.0 kgs / 99.2 lbs<br>Karen Hansen (US-VA) 9/2015           | 95.0 kgs / 209.4 lbs<br>Margaret Estabrooks (Canada) 3/2015 | 237.5 kgs / 523.5 lbs<br>Karen Hansen (US-VA) 9/2015          |
| 3: 65-69        | 50.0 kgs / 110.2 lbs<br>Margaret Estabrooks (Canada) 9/2015   | 40.0 kgs / 88.1 lbs<br>Margaret Estabrooks (Canada) 9/2015   |   | 185.0 kgs / 407.8 lbs<br>Margaret Estabrooks (Canada) 9/2015  |
| 4: 65-69        | 45.0 kgs / 99.2 lbs<br>Margaret Estabrooks (Canada) 3/2015    | 37.5 kgs / 82.6 lbs<br>Margaret Estabrooks (Canada) 3/2015   |   | 172.5 kgs / 380.2 lbs<br>Margaret Estabrooks (Canada) 3/2015  |
| 70-74           | 73.0 kgs / 160.9 lbs<br>Karen Hansen (US-VA) 6/2018           | 57.5 kgs / 126.7 lbs<br>Karen Hansen (US-VA) 10/2018         | 126.0 kgs / 277.7 lbs<br>Karen Hansen (US-VA) 6/2018        | 251.5 kgs / 554.4 lbs<br>Karen Hansen (US-VA) 6/2018          |
| 2: 70-74        |   | 52.5 kgs / 115.7 lbs<br>Karen Hansen (US-VA) 6/2018          |   |   |
| Police/Fire/Mil | 62.5 kgs / 137.7 lbs<br>Hyacinth Joseph (US-NC) 11/2017       | 82.5 kgs / 181.8 lbs<br>Hyacinth Joseph (US-NC) 11/2017      | 144.0 kgs / 317.4 lbs<br>Hyacinth Joseph (US-NC) 11/2017    | 281.5 kgs / 620.5 lbs<br>Hyacinth Joseph (US-NC) 11/2017      |
| Spec. Oly.      | 85.0 kgs / 187.3 lbs<br>Joni Talavera (US-PA) 6/2016          | 52.5 kgs / 115.7 lbs<br>Joni Talavera (US-PA) 6/2016         | 102.5 kgs / 225.9 lbs<br>Joni Talavera (US-PA) 6/2016       | 240.0 kgs / 529.1 lbs<br>Joni Talavera (US-PA) 6/2016         |
| Handicapped     | 97.5 kgs / 214.9 lbs<br>Alexis Rowley (US-PA) 12/2023         | 70.0 kgs / 154.3 lbs<br>Alexis Rowley (US-PA) 12/2023        | 127.5 kgs / 281.0 lbs<br>Alexis Rowley (US-PA) 12/2023      | 295.0 kgs / 650.3 lbs<br>Alexis Rowley (US-PA) 12/2023        |

**Weight Class: 90+ / 198+ Female / Powerlifting**

| Division | Squat | Bench Press | Deadlift | Total |
|----------|-------|-------------|----------|-------|
|----------|-------|-------------|----------|-------|

|              |   |   |   |   |
|--------------|---|---|---|---|
| Open         | 222.5 kgs / 490.5 lbs<br>Yurika Kepae (Nauru) 10/2018     | 125.5 kgs / 276.6 lbs<br>Lisa Quevedo (US-CA) 10/2013   | 226.86 kgs / 500.1 lbs<br>Anna Stamets (US-FL) 3/2023     | 505.9000000000003 kgs / 1115.3 lbs<br>Anna Stamets (US-FL) 3/2023 |
| 2: Open      | 205.0 kgs / 451.9 lbs<br>Emily Wingo (US-VA) 10/2017      | 87.5 kgs / 192.9 lbs<br>Laurie Thackeray (US-NH) 2012   | 206.0 kgs / 454.1 lbs<br>Emily Wingo (US-VA) 6/2017       | 502.5 kgs / 1107.8 lbs<br>Yurika Kepae (Nauru) 10/2018            |
| 3: Open      | 197.5 kgs / 435.4 lbs<br>Emily Wingo (US-VA) 6/2017       | 70.0 kgs / 154.3 lbs<br>Janine Wheeler (Canada) 9/2012  | 195.0 kgs / 429.8 lbs<br>Kopper Carter (US-VA) 10/2016    | 497.5 kgs / 1096.7 lbs<br>Emily Wingo (US-VA) 10/2017             |
| 4: Open      | 182.5 kgs / 402.3 lbs<br>Kopper Carter (US-VA) 10/2016    | 68.5 kgs / 151.0 lbs<br>Victoria Vasquez (US-MD) 7/2010 | 177.5 kgs / 391.3 lbs<br>Sarah Siegel (US-VA) 11/2014     | 490.0 kgs / 1080.2 lbs<br>Kopper Carter (US-VA) 6/2017            |
| 5: Open      | 172.5 kgs / 380.2 lbs<br>Emily Adams (US-VA) 6/2015       |   | 175.0 kgs / 385.8 lbs<br>Lisa Quevedo (US-CA) 10/2013     | 470.0 kgs / 1036.1 lbs<br>Kopper Carter (US-VA) 10/2016           |
| 6: Open      | 142.5 kgs / 314.1 lbs<br>Brandi Sneed (US-NC) 11/2014     |   | 147.5 kgs / 325.1 lbs<br>Laurie Thackeray (US-NH) 2012    | 415.0 kgs / 914.9 lbs<br>Emily Adams (US-VA) 6/2015               |
| 7: Open      | 132.5 kgs / 292.1 lbs<br>Janine Wheeler (Canada) 9/2012   |   | 145.0 kgs / 319.6 lbs<br>Janine Wheeler (Canada) 9/2012   | 410.0 kgs / 903.8 lbs<br>Lisa Quevedo (US-CA) 10/2013             |
| 8: Open      | 100.0 kgs / 220.4 lbs<br>Victoria Vasquez (US-MD) 7/2010  |   | 137.5 kgs / 303.1 lbs<br>Victoria Vasquez (US-MD) 7/2010  | 352.5 kgs / 777.1 lbs<br>Laurie Thackeray (US-NH) 2012            |
| 9: Open      |   |   |   | 342.5 kgs / 755.0 lbs<br>Janine Wheeler (Canada) 9/2012           |
| 10: Open     |   |   |   | 306.0 kgs / 674.6 lbs<br>Victoria Vasquez (US-MD) 7/2010          |
| 11 and under | 87.5 kgs / 192.9 lbs<br>Olivia Stedman (US-NC) 5/2023     | 57.5 kgs / 126.7 lbs<br>Olivia Stedman (US-NC) 5/2023   | 107.5 kgs / 236.9 lbs<br>Olivia Stedman (US-NC) 5/2023    | 252.5 kgs / 556.6 lbs<br>Olivia Stedman (US-NC) 5/2023            |
| 12-13        | 100.0 kgs / 220.4 lbs<br>Victoria Vasquez (US-MD) 7/2010  | 68.5 kgs / 151.0 lbs<br>Victoria Vasquez (US-MD) 7/2010 | 137.5 kgs / 303.1 lbs<br>Victoria Vasquez (US-MD) 7/2010  | 306.0 kgs / 674.6 lbs<br>Victoria Vasquez (US-MD) 7/2010          |
| 14-15        | 160.0 kgs / 352.7 lbs<br>Samantha Davis (US-OH) 4/2021    | 104.3 kgs / 229.9 lbs<br>Shannon Summers (US-SC)        | 172.5 kgs / 380.2 lbs<br>Samantha Davis (US-OH) 4/2021    | 432.5 kgs / 953.4 lbs<br>Samantha Davis (US-OH) 4/2021            |
| 16-17        | 181.4 kgs / 399.9 lbs<br>Shannon Summers (US-SC)          | 124.7 kgs / 274.9 lbs<br>Shannon Summers (US-SC)        | 167.5 kgs / 369.2 lbs<br>Autumn Powell (US-PA) 4/2021     | 471.7 kgs / 1039.9 lbs<br>Shannon Summers (US-SC)                 |
| 2: 16-17     |   |   | 112.5 kgs / 248.0 lbs<br>Erin Lewis (US-PA) 12/2019       |   |
| 3: 16-17     |   |   | 100.0 kgs / 220.4 lbs<br>Brianna Blevins (US-AZ) 4/2016   |   |
| 4: 16-17     |   |   | 95.0 kgs / 209.4 lbs<br>Caroline Willar (US-VA) 5/2015    |   |
| 18-19        | 142.5 kgs / 314.1 lbs<br>Lindsay Field (US-NY) 10/2018    | 75.0 kgs / 165.3 lbs<br>Brittany Luzier (US-PA) 4/2017  | 177.5 kgs / 391.3 lbs<br>Lindsay Field (US-NY) 10/2017    | 372.5 kgs / 821.2 lbs<br>Lindsay Field (US-NY) 10/2018            |
| 2: 18-19     | 130.0 kgs / 286.5 lbs<br>Lindsay Field (US-NY) 10/2017    | 62.0 kgs / 136.6 lbs<br>Sheila Paulin (Canada) 9/2012   | 150.0 kgs / 330.6 lbs<br>Maya El-Hage (US-VA) 3/2017      | 365.0 kgs / 804.6 lbs<br>Lindsay Field (US-NY) 10/2017            |
| 3: 18-19     | 122.5 kgs / 270.0 lbs<br>Brittany Luzier (US-PA) 4/2017   |   | 135.0 kgs / 297.6 lbs<br>Sheila Paulin (Canada) 9/2012    | 347.5 kgs / 766.0 lbs<br>Brittany Luzier (US-PA) 4/2017           |
| 4: 18-19     | 120.0 kgs / 264.5 lbs<br>Sheila Paulin (Canada) 9/2012    |   |   | 322.5 kgs / 710.9 lbs<br>Maya El-Hage (US-VA) 3/2017              |
| 5: 18-19     |   |   |   | 305.0 kgs / 672.4 lbs<br>Sheila Paulin (Canada) 9/2012            |
| 20-24        | 222.5 kgs / 490.5 lbs<br>Yurika Kepae (Nauru) 10/2018     | 125.5 kgs / 276.6 lbs<br>Lisa Quevedo (US-CA) 10/2013   | 205.0 kgs / 451.9 lbs<br>Kopper Carter (US-VA) 6/2017     | 502.5 kgs / 1107.8 lbs<br>Yurika Kepae (Nauru) 10/2018            |
| 2: 20-24     | 182.5 kgs / 402.3 lbs<br>Kopper Carter (US-VA) 10/2016    |   | 195.0 kgs / 429.8 lbs<br>Kopper Carter (US-VA) 10/2016    | 490.0 kgs / 1080.2 lbs<br>Kopper Carter (US-VA) 6/2017            |
| 3: 20-24     | 140.0 kgs / 308.6 lbs<br>Robin Callan (US-VA) 10/2015     |   | 175.0 kgs / 385.8 lbs<br>Lisa Quevedo (US-CA) 10/2013     | 470.0 kgs / 1036.1 lbs<br>Kopper Carter (US-VA) 10/2016           |
| 4: 20-24     | 137.5 kgs / 303.1 lbs<br>Robin Callan (US-VA) 6/2015      |   |   | 410.0 kgs / 903.8 lbs<br>Lisa Quevedo (US-CA) 10/2013             |
| 5: 20-24     | 125.5 kgs / 276.6 lbs<br>Lisa Quevedo (US-CA) 10/2013     |   |   |   |
| 35-39        | 170.0 kgs / 374.7 lbs<br>Brandi Sneed (US-IN) 10/2016     | 105.0 kgs / 231.4 lbs<br>Brandi Sneed (US-IN) 10/2016   | 200.0 kgs / 440.9 lbs<br>Malesia Taylor (US-VA) 11/2023   | 450.0 kgs / 992.0 lbs<br>Malesia Taylor (US-VA) 11/2023           |
| 2: 35-39     | 155.0 kgs / 341.7 lbs<br>Sarah Heminger (US-MA) 10/2015   | 82.5 kgs / 181.8 lbs<br>Sarah Seigel (US-VA) 4/2016     | 177.5 kgs / 391.3 lbs<br>Brandi Sneed (US-IN) 10/2017     | 447.5 kgs / 986.5 lbs<br>Brandi Sneed (US-IN) 10/2016             |
| 3: 35-39     | 135.0 kgs / 297.6 lbs<br>Sarah Heminger (US-MA) 6/2015    | 80.0 kgs / 176.3 lbs<br>Sarah Heminger (US-MA) 10/2015  | 175.0 kgs / 385.8 lbs<br>Brandi Sneed (US-IN) 10/2016     | 387.5 kgs / 854.2 lbs<br>Sarah Heminger (US-MA) 10/2015           |
| 4: 35-39     | 127.5 kgs / 281.0 lbs<br>Andrea Shelton (US-AZ) 3/2015    | 75.5 kgs / 166.4 lbs<br>Sarah Heminger (US-MA) 6/2015   | 167.5 kgs / 369.2 lbs<br>Sarah Seigel (US-VA) 4/2016      | 342.5 kgs / 755.0 lbs<br>Sarah Heminger (US-MA) 6/2015            |
| 5: 35-39     | 110.0 kgs / 242.5 lbs<br>Cindy Stritzinger (US-PA) 2013   | 75.0 kgs / 165.3 lbs<br>Cindy Stritzinger (US-PA) 2013  | 155.0 kgs / 341.7 lbs<br>Sarah Heminger (US-MA) 10/2015   | 322.5 kgs / 710.9 lbs<br>Andrea Shelton (US-AZ) 3/2015            |
| 6: 35-39     |   |   | 150.0 kgs / 330.6 lbs<br>Andrea Shelton (US-AZ) 3/2015    | 317.5 kgs / 699.9 lbs<br>Cindy Stritzinger (US-PA) 2013           |
| 7: 35-39     |   |   | 142.5 kgs / 314.1 lbs<br>Cindy Stritzinger (US-PA) 2013   |   |
| 40-44        | 190.56 kgs / 420.1 lbs<br>LaRiena Ferguson (US-FL) 3/2023 | 99.7 kgs / 219.7 lbs<br>Kari Saban (US-FL)              | 186.03 kgs / 410.1 lbs<br>LaRiena Ferguson (US-FL) 3/2023 | 471.87 kgs / 1040.2 lbs<br>LaRiena Ferguson (US-FL) 3/2023        |
| 2: 40-44     | 182.5 kgs / 402.3 lbs<br>Sarah Heminger (US-MA) 10/2018   |   | 182.5 kgs / 402.3 lbs<br>Sarah Heminger (US-MA) 6/2018    | 447.5 kgs / 986.5 lbs<br>Sarah Heminger (US-MA) 10/2018           |
| 3: 40-44     | 162.5 kgs / 358.2 lbs<br>Sarah Heminger (US-MA) 10/2017   |   | 170.0 kgs / 374.7 lbs<br>Sarah Heminger (US-MA) 10/2017   | 437.5 kgs / 964.5 lbs<br>Sarah Heminger (US-MA) 6/2018            |

|                    |   |  |   |  |
|--------------------|---|--|---|--|
| 4: 40-44           | 140.0 kgs / 308.6 lbs<br>Andrea Shelton (US-AZ) 6/2017    |  | 157.5 kgs / 347.2 lbs<br>Andrea Shelton (US-AZ) 4/2017    | 420.0 kgs / 925.9 lbs<br>Sarah Heminger (US-MA) 10/2017            |
| 5: 40-44           | 130.0 kgs / 286.5 lbs<br>Andrea Shelton (US-AZ) 4/2017    |  | 140.0 kgs / 308.6 lbs<br>Mickey Thorpe (US-VA) 4/2014     | 357.5 kgs / 788.1 lbs<br>Andrea Shelton (US-AZ) 6/2017             |
| 6: 40-44           | 105.0 kgs / 231.4 lbs<br>Mickey Thorpe (US-VA) 4/2014     |  |   | 350.0 kgs / 771.6 lbs<br>Andrea Shelton (US-AZ) 4/2017             |
| 7: 40-44           |   |  |   | 310.0 kgs / 683.4 lbs<br>Mickey Thorpe (US-VA) 4/2014              |
| 45-49              | 155.0 kgs / 341.7 lbs<br>Susan Knight (Canada) 8/2016     | 87.5 kgs / 192.9 lbs<br>Laurie Thackeray (US-NH) 2012    | 172.5 kgs / 380.2 lbs<br>Susan Knight (Canada) 10/2016    | 400.0 kgs / 881.8 lbs<br>Susan Knight (Canada) 10/2016             |
| 2: 45-49           | 152.5 kgs / 336.2 lbs<br>Susan Knight (Canada) 5/2016     |  | 162.5 kgs / 358.2 lbs<br>Susan Knight (Canada) 8/2016     | 395.0 kgs / 870.8 lbs<br>Susan Knight (Canada) 8/2016              |
| 3: 45-49           | 140.0 kgs / 308.6 lbs<br>Suzanne Ady (US-MT) 2/2016       |  | 157.5 kgs / 347.2 lbs<br>Susan Knight (Canada) 5/2016     | 382.5 kgs / 843.2 lbs<br>Susan Knight (Canada) 5/2016              |
| 4: 45-49           | 117.5 kgs / 259.0 lbs<br>Laurie Thackeray (US-NH) 2012    |  | 147.5 kgs / 325.1 lbs<br>Laurie Thackeray (US-NH) 2012    | 360.0 kgs / 793.6 lbs<br>Suzanne Ady (US-MT) 2/2016                |
| 5: 45-49           |   |  |   | 352.5 kgs / 777.1 lbs<br>Laurie Thackeray (US-NH) 2012             |
| 50-54              | 158.8 kgs / 350.0 lbs<br>Anna Stamets (US-FL) 3/2023      | 120.24 kgs / 265.0 lbs<br>Anna Stamets (US-FL) 3/2023    | 226.86 kgs / 500.1 lbs<br>Anna Stamets (US-FL) 3/2023     | 505.90000000000003 kgs / 1115.3 lbs<br>Anna Stamets (US-FL) 3/2023 |
| 2: 50-54           | 135.5 kgs / 298.7 lbs<br>Jose Potter (Canada) 11/2016     | 78.0 kgs / 171.9 lbs<br>Jose Potter (Canada) 11/2016     | 177.5 kgs / 391.3 lbs<br>Robyn Powell (US-AZ) 10/2017     | 373.5 kgs / 823.4 lbs<br>Jose Potter (Canada) 11/2016              |
| 3: 50-54           | 132.5 kgs / 292.1 lbs<br>Janine Wheeler (Canada) 9/2012   | 72.5 kgs / 159.8 lbs<br>Jose Potter (Canada) 9/2015      | 175.0 kgs / 385.8 lbs<br>Jose Potter (Canada) 9/2015      | 367.5 kgs / 810.1 lbs<br>Jose Potter (Canada) 9/2015               |
| 4: 50-54           |   | 70.0 kgs / 154.3 lbs<br>Janine Wheeler (Canada) 9/2012   | 145.0 kgs / 319.6 lbs<br>Janine Wheeler (Canada) 9/2012   | 342.5 kgs / 755.0 lbs<br>Janine Wheeler (Canada) 9/2012            |
| 55-59              | 120.0 kgs / 264.5 lbs<br>Charlotte Baker (US-VA) 6/2023   | 73.0 kgs / 160.9 lbs<br>Charlotte Baker (US-VA) 11/2023  | 157.5 kgs / 347.2 lbs<br>Charlotte Baker (US-VA) 6/2023   | 345.5 kgs / 761.6 lbs<br>Charlotte Baker (US-VA) 11/2023           |
| 2: 55-59           | 103.0 kgs / 227.0 lbs<br>Wanda Sommerfeld (Canada) 7/2019 | 72.5 kgs / 159.8 lbs<br>Sue Nova (US-AZ) 10/2017         | 145.0 kgs / 319.6 lbs<br>Sue Nova (US-AZ) 10/2017         | 345.0 kgs / 760.5 lbs<br>Charlotte Baker (US-VA) 6/2023            |
| 3: 55-59           | 102.5 kgs / 225.9 lbs<br>Sue Nova (US-AZ) 10/2017         | 55.0 kgs / 121.2 lbs<br>Diann Porter (US-AZ) 6/2014      | 125.0 kgs / 275.5 lbs<br>Diann Porter (US-AZ) 6/2014      | 315.0 kgs / 694.4 lbs<br>Sue Nova (US-AZ) 10/2017                  |
| 4: 55-59           | 92.5 kgs / 203.9 lbs<br>Diann Porter (US-AZ) 6/2014       | 50.0 kgs / 110.2 lbs<br>Diann Porter (US-AZ) 3/2014      | 120.0 kgs / 264.5 lbs<br>Diann Porter (US-AZ) 3/2014      | 270.0 kgs / 595.2 lbs<br>Diann Porter (US-AZ) 6/2014               |
| 5: 55-59           | 90.0 kgs / 198.4 lbs<br>Diann Porter (US-AZ) 3/2014       |  |   | 257.5 kgs / 567.6 lbs<br>Diann Porter (US-AZ) 3/2014               |
| 60-64              | 110.0 kgs / 242.5 lbs<br>Karen Repino (US-PA) 11/2023     | 65.0 kgs / 143.2 lbs<br>Karen Repino (US-PA) 11/2023     | 140.0 kgs / 308.6 lbs<br>Wanda Sommerfeld (Canada) 5/2022 | 302.5 kgs / 666.8 lbs<br>Karen Repino (US-PA) 11/2023              |
| 2: 60-64           | 108.0 kgs / 238.0 lbs<br>Wanda Sommerfeld (Canada) 5/2022 | 62.5 kgs / 137.7 lbs<br>Karen Repino (US-PA) 4/2023      | 85.0 kgs / 187.3 lbs<br>Katy Beyerle (US-OH) 4/2021       | 295.5 kgs / 651.4 lbs<br>Wanda Sommerfeld (Canada) 5/2022          |
| 3: 60-64           | 107.5 kgs / 236.9 lbs<br>Katy Beyerle (US-OH) 4/2021      | 55.0 kgs / 121.2 lbs<br>Wanda Sommerfeld (Canada) 5/2022 |   | 232.5 kgs / 512.5 lbs<br>Katy Beyerle (US-OH) 4/2021               |
| 4: 60-64           |   | 40.0 kgs / 88.1 lbs<br>Katy Beyerle (US-OH) 4/2021       |   |  |
| 65-69              | 106.5 kgs / 234.7 lbs<br>Beatrice Temple (US-FL) 6/2022   | 54.4 kgs / 119.9 lbs<br>Beatrice Temple (US-FL) 6/2022   | 136.0 kgs / 299.8 lbs<br>Beatrice Temple (US-FL) 6/2022   | 296.9 kgs / 654.5 lbs<br>Beatrice Temple (US-FL) 6/2022            |
| 2: 65-69           | 40.0 kgs / 88.1 lbs<br>Susan Shinn (US-NH) 3/2012         | 37.5 kgs / 82.6 lbs<br>Susan Shinn (US-NH) 3/2012        | 102.5 kgs / 225.9 lbs<br>Susan Shinn (US-NH) 3/2012       | 175.0 kgs / 385.8 lbs<br>Susan Shinn (US-NH) 3/2012                |
| Police/Fire/Mil    | 115.0 kgs / 253.5 lbs<br>Charlotte Baker (US-VA) 11/2023  | 73.0 kgs / 160.9 lbs<br>Charlotte Baker (US-VA) 11/2023  | 157.5 kgs / 347.2 lbs<br>Charlotte Baker (US-VA) 11/2023  | 345.5 kgs / 761.6 lbs<br>Charlotte Baker (US-VA) 11/2023           |
| 2: Police/Fire/Mil | 102.5 kgs / 225.9 lbs<br>Sharon UTI (US-IL) 1/2021        | 72.5 kgs / 159.8 lbs<br>Sharon UTI (US-IL) 1/2021        | 142.5 kgs / 314.1 lbs<br>Sharon UTI (US-IL) 1/2021        | 317.5 kgs / 699.9 lbs<br>Sharon UTI (US-IL) 1/2021                 |
| 3: Police/Fire/Mil | 85.0 kgs / 187.3 lbs<br>Linda Lopez (US-VA) 10/2015       | 70.0 kgs / 154.3 lbs<br>Linda Lopez (US-VA) 10/2015      | 137.5 kgs / 303.1 lbs<br>Linda Lopez (US-VA) 10/2015      | 292.5 kgs / 644.8 lbs<br>Linda Lopez (US-VA) 10/2015               |
| 4: Police/Fire/Mil | 75.0 kgs / 165.3 lbs<br>Linda Lopez (US-VA) 9/2015        | 67.5 kgs / 148.8 lbs<br>Linda Lopez (US-VA) 9/2015       | 125.0 kgs / 275.5 lbs<br>Linda Lopez (US-VA) 9/2015       | 267.5 kgs / 589.7 lbs<br>Linda Lopez (US-VA) 9/2015                |
| Spec. Oly.         | 72.5 kgs / 159.8 lbs<br>Rachel Ryan (Canada) 3/2017       | 50.0 kgs / 110.2 lbs<br>Rachel Ryan (Canada) 3/2017      | 120.0 kgs / 264.5 lbs<br>Rachel Ryan (Canada) 3/2017      | 242.5 kgs / 534.6 lbs<br>Rachel Ryan (Canada) 3/2017               |
| 2: Spec. Oly.      | 70.0 kgs / 154.3 lbs<br>Rachel Ryan (Canada) 7/2011       | 47.5 kgs / 104.7 lbs<br>Rachel Ryan (Canada) 7/2011      | 110.0 kgs / 242.5 lbs<br>Rachel Ryan (Canada) 7/2011      | 227.5 kgs / 501.5 lbs<br>Rachel Ryan (Canada) 7/2011               |