

Weight Class: 30 / 66 Female			
Division	Bench Press	Name	Date
Open	23.0 kgs / 50.7 lbs	Kylie May	3/2022
2: Open	22.5 kgs / 49.6 lbs	Kylie May	11/2021
3: Open	20.5 kgs / 45.1 lbs	Gracie Bushee	1/2021
4: Open	19.5 kgs / 42.9 lbs	Avaya Berge	3/2019
5: Open	18.5 kgs / 40.7 lbs	Avaya Berge	8/2018
6: Open	17.0 kgs / 37.4 lbs	Mackenzie Taylor	11/2015
7: Open	16.0 kgs / 35.2 lbs	Mackenzie Taylor	8/2015
8: Open	15.0 kgs / 33.0 lbs	Brooke Zak	5/2014
9: Open	12.8 kgs / 28.2 lbs	Brooke Zak	2/2014
5 and under	13.5 kgs / 29.7 lbs	Sofia Corridean	10/2018
2: 5 and under	11.0 kgs / 24.2 lbs	Sofia Corridean	2/2018
3: 5 and under	10.0 kgs / 22.0 lbs	Sofia Corridean	11/2017
6-7	22.5 kgs / 49.6 lbs	Ashtyn Bushee	10/2022
2: 6-7	20.5 kgs / 45.1 lbs	Ashtyn Bushee	8/2022
3: 6-7	19.5 kgs / 42.9 lbs	Avaya Berge	3/2019
4: 6-7	18.5 kgs / 40.7 lbs	Avaya Berge	8/2018
5: 6-7	16.0 kgs / 35.2 lbs	Mackenzie Taylor	8/2015
8-9	20.5 kgs / 45.1 lbs	Gracie Bushee	1/2021
2: 8-9	18.5 kgs / 40.7 lbs	Avaya Berge	5/2019
3: 8-9	17.0 kgs / 37.4 lbs	Mackenzie Taylor	11/2015
4: 8-9	15.0 kgs / 33.0 lbs	Brooke Zak	5/2014
5: 8-9	12.8 kgs / 28.2 lbs	Brooke Zak	2/2014
10-11	23.0 kgs / 50.7 lbs	Kylie May	3/2022
2: 10-11	22.5 kgs / 49.6 lbs	Kylie May	11/2021
3: 10-11	17.5 kgs / 38.5 lbs	Kylie May	5/2021

Weight Class: 35 / 77 Female			
Division	Bench Press	Name	Date
Open	32.5 kgs / 71.6 lbs	Kylie May	2/2023
2: Open	30.0 kgs / 66.1 lbs	Kylie May	10/2022
3: Open	28.0 kgs / 61.7 lbs	Kylie May	8/2022
4: Open	25.0 kgs / 55.1 lbs	Kylie May	5/2022
5: Open	22.5 kgs / 49.6 lbs	Gracie Bushee	5/2021
6: Open	20.4 kgs / 44.9 lbs	Megan Gubbs	5/2008
7: Open	15.8 kgs / 34.8 lbs	Megan Gubbs	12/2007
6-7	25.5 kgs / 56.2 lbs	Ashtyn Bushee	2/2023
2: 6-7	18.0 kgs / 39.6 lbs	Sofia Corridean	8/2020
3: 6-7	15.8 kgs / 34.8 lbs	Megan Gubbs	12/2007
8-9	27.5 kgs / 60.6 lbs	Ashtyn Bushee	11/2023
2: 8-9	22.5 kgs / 49.6 lbs	Gracie Bushee	5/2021
3: 8-9	20.4 kgs / 44.9 lbs	Megan Gubbs	5/2008
10-11	30.0 kgs / 66.1 lbs	Kylie May	10/2022
2: 10-11	28.0 kgs / 61.7 lbs	Kylie May	8/2022
3: 10-11	25.0 kgs / 55.1 lbs	Kylie May	5/2022
4: 10-11	22.5 kgs / 49.6 lbs	Kylie May	2/2022
5: 10-11	17.0 kgs / 37.4 lbs	Brooke Zak	2/2016
6: 10-11	15.0 kgs / 33.0 lbs	Anna Zak	5/2014
7: 10-11	13.0 kgs / 28.6 lbs	Anna Zak	4/2014
8: 10-11	11.0 kgs / 24.2 lbs	Anna Zak	2/2014
12-13	32.5 kgs / 71.6 lbs	Kylie May	2/2023

2: 12-13	30.0 kgs / 66.1 lbs	Kylie May	11/2022
3: 12-13	22.5 kgs / 49.6 lbs	Gabbi Saunders	10/2022

Weight Class: 40 / 88 Female

Division	Bench Press	Name	Date
Open	35.5 kgs / 78.2 lbs	Kylie May	5/2023
2: Open	35.0 kgs / 77.1 lbs	Samantha Brickhouse	5/2014
3: Open	30.0 kgs / 66.1 lbs	Samantha Brickhouse	4/2014
6-7	18.5 kgs / 40.7 lbs	Sofia Corridean	10/2020
8-9	25.5 kgs / 56.2 lbs	Gracie Bushee	8/2021
2: 8-9	25.0 kgs / 55.1 lbs	Mackenzie Taylor	8/2017
3: 8-9	21.0 kgs / 46.2 lbs	Mackenzie Taylor	6/2017
10-11	27.5 kgs / 60.6 lbs	Gracie Bushee	11/2022
2: 10-11	25.0 kgs / 55.1 lbs	Gracie Bushee	8/2022
3: 10-11	22.5 kgs / 49.6 lbs	Gracie Bushee	3/2022
4: 10-11	22.0 kgs / 48.5 lbs	Brooke Zak	8/2016
5: 10-11	20.0 kgs / 44.0 lbs	Anna Zak	11/2014
12-13	35.5 kgs / 78.2 lbs	Kylie May	5/2023
2: 12-13	34.0 kgs / 74.9 lbs	Kylie May	4/2023
20-24	35.0 kgs / 77.1 lbs	Samantha Brickhouse	5/2014
2: 20-24	30.0 kgs / 66.1 lbs	Samantha Brickhouse	4/2014

Weight Class: 44 / 97 Female

Division	Bench Press	Name	Date
Open	52.5 kgs / 115.7 lbs	Ashley Christiansen	11/2020
2: Open	50.0 kgs / 110.2 lbs	Ashley Christiansen	3/2020
3: Open	48.0 kgs / 105.8 lbs	Ashley Christiansen	9/2019
4: Open	47.5 kgs / 104.7 lbs	Ashley Christiansen	3/2017
5: Open	46.0 kgs / 101.4 lbs	Ashley Christiansen	8/2016
6: Open	44.0 kgs / 97.0 lbs	Ashley Christiansen	6/2016
7: Open	43.5 kgs / 95.9 lbs	Samantha Brickhouse	11/2014
8: Open	42.5 kgs / 93.6 lbs	Samantha Brickhouse	10/2014
9: Open	25.0 kgs / 55.1 lbs	Brianna Babbit	11/2009
8-9	27.5 kgs / 60.6 lbs	Sofia Corridean	5/2022
2: 8-9	27.0 kgs / 59.5 lbs	Mackenzie Taylor	11/2017
10-11	30.0 kgs / 66.1 lbs	Avaya Berge	8/2021
2: 10-11	27.5 kgs / 60.6 lbs	Mackenzie Taylor	2/2018
3: 10-11	25.0 kgs / 55.1 lbs	Brianna Babbit	11/2009
12-13	36.5 kgs / 80.4 lbs	Kylie May	11/2023
2: 12-13	33.5 kgs / 73.8 lbs	Brooke Zak	8/2018
3: 12-13	27.5 kgs / 60.6 lbs	Brooke Zak	3/2018
4: 12-13	25.5 kgs / 56.2 lbs	Brooke Zak	2/2018
5: 12-13	25.0 kgs / 55.1 lbs	Anna Zak	5/2015
6: 12-13	23.5 kgs / 51.8 lbs	Anna Zak	4/2015
16-17	47.5 kgs / 104.7 lbs	Ashley Christiansen	3/2017
2: 16-17	46.0 kgs / 101.4 lbs	Ashley Christiansen	8/2016
3: 16-17	44.0 kgs / 97.0 lbs	Ashley Christiansen	6/2016
4: 16-17	43.0 kgs / 94.7 lbs	Ashley Christiansen	4/2016
5: 16-17	39.5 kgs / 87.0 lbs	Ashley Christiansen	2/2016
6: 16-17	12.5 kgs / 27.5 lbs	Amanda Dieckhaus	2/2015
18-19	45.0 kgs / 99.2 lbs	Ashley Christiansen	5/2019
2: 18-19	44.0 kgs / 97.0 lbs	Ashley Christiansen	11/2017

3: 18-19	43.5 kgs / 95.9 lbs	Ashley Christiansen	8/2017
4: 18-19	43.0 kgs / 94.7 lbs	Ashley Christiansen	6/2017
20-24	52.5 kgs / 115.7 lbs	Ashley Christiansen	11/2020
2: 20-24	50.0 kgs / 110.2 lbs	Ashley Christiansen	3/2020
3: 20-24	48.0 kgs / 105.8 lbs	Ashley Christiansen	9/2019
4: 20-24	47.5 kgs / 104.7 lbs	Ashley Christiansen	8/2019
5: 20-24	43.5 kgs / 95.9 lbs	Samantha Brickhouse	11/2014
6: 20-24	42.5 kgs / 93.6 lbs	Samantha Brickhouse	10/2014

Weight Class: 48 / 105 Female			
Division	Bench Press	Name	Date
Open	54.4 kgs / 119.9 lbs	K. Becceria	11/1997
8-9	30.0 kgs / 66.1 lbs	Sofia Corridean	8/2022
2: 8-9	25.0 kgs / 55.1 lbs	Kenli Harris	3/2022
3: 8-9	18.0 kgs / 39.6 lbs	Carly Cooper	1/2021
10-11	40.8 kgs / 89.9 lbs	K. Stegall	
2: 10-11	32.5 kgs / 71.6 lbs	Mackenzie Taylor	8/2018
3: 10-11	30.0 kgs / 66.1 lbs	Mackenzie Taylor	6/2018
4: 10-11	22.5 kgs / 49.6 lbs	Brooke Zak	6/2017
12-13	39.5 kgs / 87.0 lbs	Trenell Williams	11/2009
14-15	42.5 kgs / 93.6 lbs	Jessica Smith	10/2015
16-17	48.0 kgs / 105.8 lbs	Ashley Christiansen	11/2016
2: 16-17	47.5 kgs / 104.7 lbs	Ashley Christiansen	9/2016
18-19	37.5 kgs / 82.6 lbs	Jessica Lovitt	6/2011
20-24	45.0 kgs / 99.2 lbs	Samantha Brickhouse	8/2016
30-34	40.8 kgs / 89.9 lbs	Sandra Tipton	11/2002
35-39	30.0 kgs / 66.1 lbs	Julianna Pastorius	6/2012
40-44	54.4 kgs / 119.9 lbs	K. Becceria	11/1997
45-49	30.0 kgs / 66.1 lbs	Heidi Lassiter	11/2007
50-54	35.0 kgs / 77.1 lbs	Sherlene Lerosse	3/2013
Police/Fire/Mil	42.5 kgs / 93.6 lbs	Elizabeth Zeutschel	8/2014

Weight Class: 52 / 114 Female			
Division	Bench Press	Name	Date
Open	74.8 kgs / 164.9 lbs	Deborah Flanagan	11/2003
2: Open	70.3 kgs / 154.9 lbs	Deborah Flanagan	9/2003
8-9	29.5 kgs / 65.0 lbs	Madison Berry	11/2020
10-11	40.0 kgs / 88.1 lbs	Mackenzie Taylor	11/2019
2: 10-11	38.0 kgs / 83.7 lbs	Mackenzie Taylor	9/2019
3: 10-11	35.5 kgs / 78.2 lbs	Mackenzie Taylor	3/2019
4: 10-11	35.0 kgs / 77.1 lbs	Mackenzie Taylor	11/2018
5: 10-11	32.5 kgs / 71.6 lbs	Bryce Dowdy	6/2010
12-13	40.5 kgs / 89.2 lbs	Brooke Zak	9/2019
2: 12-13	40.0 kgs / 88.1 lbs	Brooke Zak	8/2019
3: 12-13	37.5 kgs / 82.6 lbs	Brooke Zak	5/2019
4: 12-13	28.0 kgs / 61.7 lbs	Anna Zak	8/2016
14-15	40.0 kgs / 88.1 lbs	Brooke Zak	3/2020
2: 14-15	31.0 kgs / 68.3 lbs	Anna Zak	2/2018
3: 14-15	30.5 kgs / 67.2 lbs	Anna Zak	11/2017
4: 14-15	30.0 kgs / 66.1 lbs	Emily Saieva	4/2016
16-17	55.0 kgs / 121.2 lbs	Kaylum Mills	5/2023
2: 16-17	48.0 kgs / 105.8 lbs	Jessica Smith	6/2016

18-19	57.5 kgs / 126.7 lbs	Kayla Johnson	2/2015
20-24	42.5 kgs / 93.6 lbs	B. Sattenwhite	2/2014
30-34	56.6 kgs / 124.7 lbs	Johli Carscallen	3/2007
35-39	56.7 kgs / 125.0 lbs	S. Gill	
40-44	74.8 kgs / 164.9 lbs	Deborah Flanagan	11/2003
2: 40-44	70.3 kgs / 154.9 lbs	Deborah Flanagan	9/2003
45-49	63.5 kgs / 139.9 lbs	Doreen Wofford	8/2008
55-59	47.5 kgs / 104.7 lbs	Ginger Enderson	8/2014
2: 55-59	45.0 kgs / 99.2 lbs	Ginger Enderson	6/2013
Police/Fire/Mil	47.5 kgs / 104.7 lbs	Kendra Johnson	3/2011

Weight Class: 56 / 123 Female

Division	Bench Press	Name	Date
Open	81.0 kgs / 178.5 lbs	Amy Eaton	6/2011
2: Open	79.3 kgs / 174.8 lbs	Gina Benton	2007
3: Open	47.6 kgs / 104.9 lbs	Cheri Grant	2/2006
4: Open	45.3 kgs / 99.8 lbs	L. Finney	1/2001
8-9	20.0 kgs / 44.0 lbs	Carly Cooper	10/2021
10-11	45.0 kgs / 99.2 lbs	Diamonds Marrow	4/2011
12-13	48.5 kgs / 106.9 lbs	Mackenzie Taylor	8/2020
2: 12-13	48.0 kgs / 105.8 lbs	Mackenzie Taylor	3/2020
3: 12-13	42.5 kgs / 93.6 lbs	Bryce Dowdy	11/2011
14-15	47.5 kgs / 104.7 lbs	Brooke Zak	1/2021
2: 14-15	45.0 kgs / 99.2 lbs	Brooke Zak	11/2020
3: 14-15	42.5 kgs / 93.6 lbs	Brooke Zak	8/2020
4: 14-15	35.0 kgs / 77.1 lbs	Tatiana Kendzulak	4/2014
5: 14-15	32.5 kgs / 71.6 lbs	Tatiana Kendzulak	2/2014
16-17	58.9 kgs / 129.8 lbs	C. Chavis	
2: 16-17	52.5 kgs / 115.7 lbs	Amberine Brown	6/2017
3: 16-17	47.5 kgs / 104.7 lbs	Amberine Brown	4/2017
4: 16-17	45.3 kgs / 99.8 lbs	L. Finney	1/2001
18-19	57.5 kgs / 126.7 lbs	Rachel Jordan	8/2015
20-24	50.0 kgs / 110.2 lbs	De'Anna Balance	3/2011
25-29	47.5 kgs / 104.7 lbs	Kendra Johnson	4/2011
30-34	55.0 kgs / 121.2 lbs	Jennie Turner	6/2013
35-39	78.5 kgs / 173.0 lbs	Amy Eaton	2/2011
40-44	81.0 kgs / 178.5 lbs	Amy Eaton	6/2011
45-49	47.6 kgs / 104.9 lbs	Cheri Grant	2/2006
50-54	62.5 kgs / 137.7 lbs	Maxine Ferris	2/2018
2: 50-54	57.5 kgs / 126.7 lbs	Maxine Ferris	6/2017

Weight Class: 60 / 132 Female

Division	Bench Press	Name	Date
Open	127.0 kgs / 279.9 lbs	Jennifer Thompson	8/2006
2: Open	70.3 kgs / 154.9 lbs	C. Chavis	2002
3: Open	63.5 kgs / 139.9 lbs	Kelly Wescott	5/1999
8-9	48.5 kgs / 106.9 lbs	Madison Berry	10/2021
2: 8-9	47.5 kgs / 104.7 lbs	Madison Berry	10/2021
3: 8-9	42.5 kgs / 93.6 lbs	Madison Berry	8/2021
4: 8-9	40.0 kgs / 88.1 lbs	Madison Berry	5/2021
10-11	35.0 kgs / 77.1 lbs	Annabelle Turlington	8/2021
2: 10-11	30.0 kgs / 66.1 lbs	Anecia Wilkerson	11/2009

12-13	54.5 kgs / 120.1 lbs	Mackenzie Taylor	1/2021
2: 12-13	50.0 kgs / 110.2 lbs	Mackenzie Taylor	11/2020
3: 12-13	45.0 kgs / 99.2 lbs	Mackenzie Taylor	10/2020
14-15	43.5 kgs / 95.9 lbs	Halie Sweeney	6/2012
16-17	55.0 kgs / 121.2 lbs	Samantha Ferris	11/2017
2: 16-17	50.0 kgs / 110.2 lbs	Lauren Cooper	10/2015
3: 16-17	30.0 kgs / 66.1 lbs	Shelby Vestal	3/2013
18-19	52.5 kgs / 115.7 lbs	Rachel Jordan	5/2015
2: 18-19	47.5 kgs / 104.7 lbs	Kristyn Champlin	2/2015
20-24	67.5 kgs / 148.8 lbs	Rachel Jordan	6/2016
25-29	56.6 kgs / 124.7 lbs	Carrie King	5/2003
30-34	127.0 kgs / 279.9 lbs	Jennifer Thompson	8/2006
35-39	70.3 kgs / 154.9 lbs	C. Chavis	
2: 35-39	70.0 kgs / 154.3 lbs	Jennifer Minella	10/2017
3: 35-39	63.5 kgs / 139.9 lbs	Kelly Wescott	5/1999
40-44	77.5 kgs / 170.8 lbs	Jennifer Minella	11/2020
2: 40-44	63.0 kgs / 138.8 lbs	LaKeisha Kanen	3/2018
3: 40-44	60.0 kgs / 132.2 lbs	LaKeisha Kanen	2/2018
4: 40-44	55.0 kgs / 121.2 lbs	Kate Rupert	6/2012
45-49	79.3 kgs / 174.8 lbs	Kelly Wescott	4/2007
50-54	76.0 kgs / 167.5 lbs	Kelly Wescott	3/2011
55-59	61.0 kgs / 134.4 lbs	Kelly Wescott	6/2016
Police/Fire/Mil	45.0 kgs / 99.2 lbs	Reagan Charlton	4/2023
2: Police/Fire/Mil	42.5 kgs / 93.6 lbs	Reagan Charlton	2/2023
3: Police/Fire/Mil	40.0 kgs / 88.1 lbs	Reagan Charlton	11/2022
4: Police/Fire/Mil	37.5 kgs / 82.6 lbs	Reagan Charlton	10/2022

Weight Class: 67.5 / 148 Female			
Division	Bench Press	Name	Date
Open	99.7 kgs / 219.7 lbs	Donna White	6/2003
2: Open	97.5 kgs / 214.9 lbs	Gloria Knight-McNeil	5/1999
8-9	51.0 kgs / 112.4 lbs	Madison Berry	2/2022
10-11	67.5 kgs / 148.8 lbs	Madison Berry	5/2023
2: 10-11	65.0 kgs / 143.2 lbs	Madison Berry	2/2023
3: 10-11	62.5 kgs / 137.7 lbs	Madison Berry	11/2022
4: 10-11	61.5 kgs / 135.5 lbs	Madison Berry	10/2022
5: 10-11	57.5 kgs / 126.7 lbs	Madison Berry	8/2022
6: 10-11	55.0 kgs / 121.2 lbs	Madison Berry	7/2022
7: 10-11	52.5 kgs / 115.7 lbs	Madison Berry	3/2022
8: 10-11	40.0 kgs / 88.1 lbs	Trinity Marrow	3/2012
12-13	67.5 kgs / 148.8 lbs	Mackenzie Taylor	10/2021
2: 12-13	63.5 kgs / 139.9 lbs	Mackenzie Taylor	5/2021
3: 12-13	43.0 kgs / 94.7 lbs	Shannon Rudd	6/2003
14-15	50.0 kgs / 110.2 lbs	Marrena Glanville	
2: 14-15	48.5 kgs / 106.9 lbs	Marrena Glanville	6/2010
16-17	50.0 kgs / 110.2 lbs	Marrena Glanville	10/2010
2: 16-17	40.8 kgs / 89.9 lbs	Erin Buchan	11/2006
18-19	62.5 kgs / 137.7 lbs	Kristi Amerson	6/2010
20-24	70.3 kgs / 154.9 lbs	Rebecca Howell	6/2006

25-29	84.8 kgs / 186.9 lbs	Latrese Reames	7/2007
30-34	51.0 kgs / 112.4 lbs	Allison Freeman	2/2022
2: 30-34	37.5 kgs / 82.6 lbs	Chrystian Morton	11/2021
3: 30-34	35.0 kgs / 77.1 lbs	Chrystian Morton	8/2021
35-39	97.5 kgs / 214.9 lbs	Gloria Knight-McNeil	5/1999
40-44	70.3 kgs / 154.9 lbs	G. Chavis	
2: 40-44	65.0 kgs / 143.2 lbs	Kate Rupert	8/2014
3: 40-44	63.5 kgs / 139.9 lbs	Janet Whetstone	3/2008
45-49	72.5 kgs / 159.8 lbs	Lori Bailey	2/2018
2: 45-49	72.0 kgs / 158.7 lbs	Lori Bailey	11/2017
3: 45-49	69.0 kgs / 152.1 lbs	Lori Bailey	6/2017
4: 45-49	66.5 kgs / 146.6 lbs	Lori Bailey	2/2017
5: 45-49	65.5 kgs / 144.4 lbs	Lori Bailey	6/2016
6: 45-49	65.0 kgs / 143.2 lbs	Kate Rupert	11/2015
7: 45-49	32.5 kgs / 71.6 lbs	Wanda Barr	9/2014
50-54	72.5 kgs / 159.8 lbs	Kelly Wescott	11/2010
55-59	52.5 kgs / 115.7 lbs	Sherry Pridgen	5/2021

Weight Class: 75 / 165 Female			
Division	Bench Press	Name	Date
Open	97.5 kgs / 214.9 lbs	Tammy Walker	3/2009
2: Open	86.1 kgs / 189.8 lbs	Tammy Walker	9/2007
3: Open	81.6 kgs / 179.8 lbs	Amanda Dolan	5/2003
4: Open	63.5 kgs / 139.9 lbs	Jennifer Zak	11/1999
5: Open	40.8 kgs / 89.9 lbs	K. McNeil	5/1999
10-11	73.0 kgs / 160.9 lbs	Madison Berry	11/2023
2: 10-11	72.5 kgs / 159.8 lbs	Madison Berry	10/2023
3: 10-11	70.0 kgs / 154.3 lbs	Madison Berry	8/2023
4: 10-11	68.4 kgs / 150.7 lbs	Madison Berry	6/2023
5: 10-11	66.0 kgs / 145.5 lbs	Madison Berry	4/2023
6: 10-11	59.0 kgs / 130.0 lbs	Madison Berry	8/2022
7: 10-11	40.8 kgs / 89.9 lbs	K. McNeil	5/1999
12-13	67.5 kgs / 148.8 lbs	Mackenzie Taylor	10/2021
2: 12-13	62.0 kgs / 136.6 lbs	Mackenzie Taylor	8/2021
3: 12-13	37.5 kgs / 82.6 lbs	Madilyn Sorey	8/2017
4: 12-13	32.5 kgs / 71.6 lbs	Madilyn Sorey	6/2017
5: 12-13	29.4 kgs / 64.8 lbs	Danielle Luff	5/1999
14-15	90.0 kgs / 198.4 lbs	Mackenzie Taylor	5/2023
2: 14-15	88.0 kgs / 194.0 lbs	Mackenzie Taylor	2/2023
3: 14-15	85.0 kgs / 187.3 lbs	Mackenzie Taylor	12/2022
4: 14-15	80.0 kgs / 176.3 lbs	Mackenzie Taylor	10/2022
5: 14-15	78.5 kgs / 173.0 lbs	Mackenzie Taylor	8/2022
6: 14-15	76.0 kgs / 167.5 lbs	Mackenzie Taylor	7/2022
7: 14-15	75.0 kgs / 165.3 lbs	Mackenzie Taylor	3/2022
8: 14-15	72.5 kgs / 159.8 lbs	Mackenzie Taylor	2/2022
9: 14-15	58.5 kgs / 128.9 lbs	Jordan Draves	3/2013
16-17	68.0 kgs / 149.9 lbs	M. Mercer	
2: 16-17	65.0 kgs / 143.2 lbs	Heather Lesh	6/2013
18-19	62.5 kgs / 137.7 lbs	Kristi Amerson	6/2010
20-24	63.5 kgs / 139.9 lbs	Jennifer Zak	11/1999
25-29	81.6 kgs / 179.8 lbs	Amanda Dolan	5/2003
30-34	65.0 kgs / 143.2 lbs	Sandra Bates	5/2022

2: 30-34	63.5 kgs / 139.9 lbs	Angel Green	2/2006
35-39	86.1 kgs / 189.8 lbs	Tammy Walker	9/2007
40-44	97.5 kgs / 214.9 lbs	Tammy Walker	3/2009
2: 40-44	72.5 kgs / 159.8 lbs	Michelle Omokaiye	10/2005
45-49	80.0 kgs / 176.3 lbs	Shannon Lowery	1/2021
2: 45-49	77.5 kgs / 170.8 lbs	Shannon Lowery	11/2019
3: 45-49	65.0 kgs / 143.2 lbs	Kate Rupert	2/2016
50-54	67.5 kgs / 148.8 lbs	Veronica Paylor	10/2023
2: 50-54	62.5 kgs / 137.7 lbs	Jennifer Tillett	8/2020
3: 50-54	57.5 kgs / 126.7 lbs	Jennifer Tillett	3/2018
55-59	45.0 kgs / 99.2 lbs	Nelda Newton	4/2018
60-64	42.5 kgs / 93.6 lbs	Crystal Rhoades	9/2023
Police/Fire/Mil	42.5 kgs / 93.6 lbs	Crystal Rhoades	9/2023

Weight Class: 82.5 / 181 Female			
Division	Bench Press	Name	Date
Open	112.5 kgs / 248.0 lbs	Tammy Walker	5/2014
2: Open	107.5 kgs / 236.9 lbs	Tammy Walker	5/2010
3: Open	81.6 kgs / 179.8 lbs	Karen Stone	10/2005
4: Open	56.6 kgs / 124.7 lbs	Solita Williams	12/1999
10-11	72.5 kgs / 159.8 lbs	Madison Berry	12/2023
2: 10-11	45.0 kgs / 99.2 lbs	Olivia Stedman	8/2022
3: 10-11	41.5 kgs / 91.4 lbs	Olivia Stedman	3/2022
12-13	56.7 kgs / 125.0 lbs	Solita Williams	
2: 12-13	56.6 kgs / 124.7 lbs	Solita Williams	12/1999
14-15	93.4 kgs / 205.9 lbs	Mackenzie Taylor	6/2023
2: 14-15	91.0 kgs / 200.6 lbs	Mackenzie Taylor	4/2023
3: 14-15	85.0 kgs / 187.3 lbs	Mackenzie Taylor	11/2022
4: 14-15	80.0 kgs / 176.3 lbs	Mackenzie Taylor	8/2022
5: 14-15	62.5 kgs / 137.7 lbs	Jaylin Frank	2/2018
6: 14-15	47.5 kgs / 104.7 lbs	Hanna Holden	11/2015
7: 14-15	40.0 kgs / 88.1 lbs	Victoria Donelson	4/2015
8: 14-15	32.5 kgs / 71.6 lbs	Ryan Ramsey	11/2014
16-17	90.0 kgs / 198.4 lbs	Mackenzie Taylor	12/2023
2: 16-17	60.0 kgs / 132.2 lbs	Hanna Holden	4/2017
3: 16-17	55.0 kgs / 121.2 lbs	Hanna Holden	11/2016
4: 16-17	52.5 kgs / 115.7 lbs	Hanna Holden	10/2016
5: 16-17	45.0 kgs / 99.2 lbs	Allyson Sarnowski	6/2016
18-19	62.5 kgs / 137.7 lbs	Tyra Gutierrez	4/2023
2: 18-19	60.5 kgs / 133.3 lbs	Tyra Gutierrez	8/2022
3: 18-19	60.0 kgs / 132.2 lbs	MahNyih Inglesia	5/2014
20-24	100.0 kgs / 220.4 lbs	Cristi Bartlett	11/2010
30-34	67.5 kgs / 148.8 lbs	Sandra Bates	8/2022
2: 30-34	62.5 kgs / 137.7 lbs	Alethea Lardner	12/2018
3: 30-34	57.5 kgs / 126.7 lbs	Alethea Lardner	7/2018
35-39	81.6 kgs / 179.8 lbs	Karen Stone	10/2005
40-44	107.5 kgs / 236.9 lbs	Tammy Walker	5/2010
45-49	112.5 kgs / 248.0 lbs	Tammy Walker	5/2014
2: 45-49	77.1 kgs / 169.9 lbs	Michelle Omokaiye	2005
50-54	70.0 kgs / 154.3 lbs	Veronica Paylor	11/2023
2: 50-54	57.5 kgs / 126.7 lbs	Jennifer Tillett	2/2018
55-59	77.5 kgs / 170.8 lbs	Hyacinth Joseph	3/2013

60-64	82.5 kgs / 181.8 lbs	Gloria Knight-McNeil	9/2023
2: 60-64	65.0 kgs / 143.2 lbs	Andrea Frederick	2/2016
Police/Fire/Mil	80.0 kgs / 176.3 lbs	Franky Moore	5/2015

Weight Class: 90 / 198 Female

Division	Bench Press	Name	Date
Open	102.5 kgs / 225.9 lbs	Nikki Creecy	3/2013
2: Open	102.0 kgs / 224.8 lbs	Ramona Gilbert	1999
10-11	52.5 kgs / 115.7 lbs	Olivia Stedman	2/2023
2: 10-11	50.0 kgs / 110.2 lbs	Olivia Stedman	11/2022
3: 10-11	45.3 kgs / 99.8 lbs	Solita Williams	5/2001
12-13	52.1 kgs / 114.8 lbs	Solita Williams	
14-15	65.0 kgs / 143.2 lbs	Aryah Seymore	6/2016
2: 14-15	45.0 kgs / 99.2 lbs	Elizabeth Faulk	3/2011
16-17	52.5 kgs / 115.7 lbs	Taliyah Jones	4/2011
18-19	65.0 kgs / 143.2 lbs	Ashley Lindsey	8/2022
2: 18-19	60.0 kgs / 132.2 lbs	Ashley Lindsey	2/2022
3: 18-19	49.8 kgs / 109.7 lbs	Kelsie Tipton	6/2012
20-24	102.0 kgs / 224.8 lbs	America Marrow	6/2007
2: 20-24	86.1 kgs / 189.8 lbs	America Marrow	2005
25-29	50.0 kgs / 110.2 lbs	Ashley Knowles	9/2019
30-34	55.0 kgs / 121.2 lbs	Rachel Mundell	4/2017
2: 30-34	47.5 kgs / 104.7 lbs	Susan Buzzard	6/2011
35-39	102.5 kgs / 225.9 lbs	Nikki Creecy	3/2013
2: 35-39	86.1 kgs / 189.8 lbs	Karen Stone	2/2006
40-44	70.3 kgs / 154.9 lbs	Helen Cain	5/2004
45-49	85.0 kgs / 187.3 lbs	Leslie Wright	10/2021
2: 45-49	67.5 kgs / 148.8 lbs	Leslie Wright	3/2020
3: 45-49	55.0 kgs / 121.2 lbs	Jennifer Tillett	6/2017
50-54	62.5 kgs / 137.7 lbs	Kristianne Bebout	9/2017
55-59	83.0 kgs / 182.9 lbs	Hyacinth Joseph	2/2016
2: 55-59	70.0 kgs / 154.3 lbs	Hyacinth Joseph	2/2014
60-64	85.0 kgs / 187.3 lbs	Hyacinth Joseph	10/2016
Police/Fire/Mil	82.5 kgs / 181.8 lbs	Hyacinth Joseph	11/2017

Weight Class: 90+ / 198+ Female

Division	Bench Press	Name	Date
Open	97.5 kgs / 214.9 lbs	Latonia Brown	8/2017
2: Open	94.0 kgs / 207.2 lbs	Brandi Sneed	4/2015
3: Open	93.0 kgs / 205.0 lbs	Brandi Sneed	2/2015
4: Open	92.9 kgs / 204.8 lbs	Erin Owens	10/2000
10-11	57.5 kgs / 126.7 lbs	Olivia Stedman	5/2023
2: 10-11	55.0 kgs / 121.2 lbs	Olivia Stedman	4/2023
12-13	52.1 kgs / 114.8 lbs	Kanika Bryant	10/2002
14-15	92.9 kgs / 204.8 lbs	Erin Owens	10/2000
16-17	90.7 kgs / 199.9 lbs	Erin Owens	
2: 16-17	86.1 kgs / 189.8 lbs	Erin Owens	10/2002
18-19	65.0 kgs / 143.2 lbs	Taylain Jones	4/2013
20-24	85.0 kgs / 187.3 lbs	Chelsey Elliott	10/2017
2: 20-24	82.5 kgs / 181.8 lbs	Chelsey Elliott	8/2017
3: 20-24	80.0 kgs / 176.3 lbs	Katherine Moore	2/2015
4: 20-24	63.5 kgs / 139.9 lbs	K. Kaign	9/2003

25-29	93.5 kgs / 206.1 lbs	Gwenasia Herring	2/2022
30-34	94.0 kgs / 207.2 lbs	Brandi Sneed	4/2015
35-39	97.5 kgs / 214.9 lbs	Shannon Scott	11/2019
2: 35-39	83.9 kgs / 184.9 lbs	B. Olsen	9/2003
40-44	97.5 kgs / 214.9 lbs	Latonia Brown	8/2017
2: 40-44	94.0 kgs / 207.2 lbs	Latonia Brown	4/2017
3: 40-44	93.0 kgs / 205.0 lbs	Latonia Brown	2/2017
4: 40-44	83.9 kgs / 184.9 lbs	Gail Woodson	9/2003
45-49	86.0 kgs / 189.5 lbs	Leslie Wright	6/2021
2: 45-49	85.5 kgs / 188.4 lbs	Leslie Wright	1/2021
3: 45-49	85.0 kgs / 187.3 lbs	Susan Zabawa	7/2007
50-54	85.0 kgs / 187.3 lbs	Kristianne Bebout	5/2015
2: 50-54	82.5 kgs / 181.8 lbs	Kristianne Bebout	11/2014
3: 50-54	80.0 kgs / 176.3 lbs	Kristianne Bebout	7/2014
4: 50-54	72.5 kgs / 159.8 lbs	Kristianne Bebout	4/2014
55-59	75.0 kgs / 165.3 lbs	Kristianne Bebout	4/2019
60-64	72.5 kgs / 159.8 lbs	Kristianne Bebout	11/2022
Police/Fire/Mil	97.5 kgs / 214.9 lbs	Latonia Brown	8/2017
2: Police/Fire/Mil	94.0 kgs / 207.2 lbs	Latonia Brown	4/2017
3: Police/Fire/Mil	93.0 kgs / 205.0 lbs	Latonia Brown	2/2017
4: Police/Fire/Mil	75.0 kgs / 165.3 lbs	Latonia Brown	11/2016

Weight Class: 30 / 66 Male			
Division	Bench Press	Name	Date
Open	40.8 kgs / 89.9 lbs	Eptwaund Saunders	10/1999
5 and under	11.5 kgs / 25.3 lbs	Devin Sobota	2/2018
2: 5 and under	11.3 kgs / 24.9 lbs	William Hawkins IV	11/2009
6-7	26.5 kgs / 58.4 lbs	Jeremiah Skinner	8/2021
2: 6-7	25.5 kgs / 56.2 lbs	Jeremiah Skinner	5/2021
3: 6-7	22.5 kgs / 49.6 lbs	William Hawkins IV	4/2011
8-9	27.5 kgs / 60.6 lbs	Jalen Reid	4/2011
10-11	32.9 kgs / 72.5 lbs	James Mims	7/2006
12-13	40.8 kgs / 89.9 lbs	Eptwaund Saunders	10/1999
Spec. Oly.	12.5 kgs / 27.5 lbs	Andrew Hill	8/2019
2: Spec. Oly.	11.0 kgs / 24.2 lbs	Andrew Hill	11/2018

Weight Class: 35 / 77 Male			
Division	Bench Press	Name	Date
Open	44.0 kgs / 97.0 lbs	Sean Miller	6/2013
2: Open	40.0 kgs / 88.1 lbs	Sean Miller	12/2012
3: Open	32.5 kgs / 71.6 lbs	William Hawkins IV	8/2012
6-7	32.5 kgs / 71.6 lbs	William Hawkins IV	8/2012
8-9	40.0 kgs / 88.1 lbs	Sean Miller	12/2012
10-11	44.0 kgs / 97.0 lbs	Sean Miller	6/2013
12-13	40.8 kgs / 89.9 lbs	Eptwaund Saunders	
2: 12-13	32.0 kgs / 70.5 lbs	Alexander Ferris	11/2017
3: 12-13	27.5 kgs / 60.6 lbs	Chris Miller	3/2013

Spec. Oly.	15.0 kgs / 33.0 lbs	Andrew Hill	11/2020
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Weight Class: 40 / 88 Male			
Division	Bench Press	Name	Date
Open	57.5 kgs / 126.7 lbs	DeAndre Proctor	8/2012
2: Open	34.0 kgs / 74.9 lbs	Steven Evans	6/2007
6-7	15.0 kgs / 33.0 lbs	Dylan Cooper	5/2014
2: 6-7	12.8 kgs / 28.2 lbs	Dylan Cooper	2/2014
8-9	57.5 kgs / 126.7 lbs	DeAndre Proctor	8/2012
10-11	47.5 kgs / 104.7 lbs	Sean Miller	11/2014
2: 10-11	42.5 kgs / 93.6 lbs	Sean Miller	4/2014
3: 10-11	38.0 kgs / 83.7 lbs	William Hawkins IV	2/2014
12-13	34.0 kgs / 74.9 lbs	Steven Evans	6/2007
14-15	40.8 kgs / 89.9 lbs	Eptwaund Saunders	

Weight Class: 44 / 97 Male			
Division	Bench Press	Name	Date
Open	62.5 kgs / 137.7 lbs	DeAndre Proctor	3/2013
2: Open	40.8 kgs / 89.9 lbs	Demetrius Bright	5/1999
6-7	22.5 kgs / 49.6 lbs	Dylan Cooper	2/2015
2: 6-7	20.0 kgs / 44.0 lbs	Dylan Cooper	11/2014
8-9	62.5 kgs / 137.7 lbs	DeAndre Proctor	3/2013
10-11	40.8 kgs / 89.9 lbs	Demetrius Bright	5/1999
12-13	52.0 kgs / 114.6 lbs	Sean Miller	11/2015
2: 12-13	32.5 kgs / 71.6 lbs	Chris Miller	4/2014
14-15	43.1 kgs / 95.0 lbs	T. Caudle	

Weight Class: 48 / 105 Male			
Division	Bench Press	Name	Date
Open	63.5 kgs / 139.9 lbs	Justin Martin	3/2006
2: Open	47.6 kgs / 104.9 lbs	Harrison Bateman	12/2001
8-9	62.5 kgs / 137.7 lbs	DeAndre Proctor	3/2013
2: 8-9	52.5 kgs / 115.7 lbs	DeAndre Proctor	3/2012
10-11	44.0 kgs / 97.0 lbs	Sean Miller	6/2013
12-13	57.5 kgs / 126.7 lbs	Sean Miller	9/2016
2: 12-13	47.6 kgs / 104.9 lbs	Harrison Bateman	12/2001
14-15	60.0 kgs / 132.2 lbs	Buck Ammons	11/2014
2: 14-15	58.0 kgs / 127.8 lbs	Buck Ammons	11/2014
16-17	63.5 kgs / 139.9 lbs	Justin Martin	3/2006
18-19	60.0 kgs / 132.2 lbs	Justin Martin	11/2006
Spec. Oly.	60.0 kgs / 132.2 lbs	Buck Ammons	11/2014
2: Spec. Oly.	58.0 kgs / 127.8 lbs	Buck Ammons	11/2014

Weight Class: 52 / 114 Male			
Division	Bench Press	Name	Date
Open	106.5 kgs / 234.7 lbs	Boyd Honeycutt	11/1999
8-9	47.5 kgs / 104.7 lbs	Jeramiah Skinner	11/2023
2: 8-9	35.0 kgs / 77.1 lbs	Dalton Fazio	3/2020
3: 8-9	32.5 kgs / 71.6 lbs	Darnez Taylor	8/2012
10-11	68.0 kgs / 149.9 lbs	DeAndre Proctor	10/2014
12-13	66.0 kgs / 145.5 lbs	Andrew Schwartz	5/2023
2: 12-13	55.0 kgs / 121.2 lbs	Zion Copeland	3/2012

14-15	65.8 kgs / 145.0 lbs	Eric Midkiff	
2: 14-15	63.5 kgs / 139.9 lbs	Eric O'Neil	3/2006
16-17	66.5 kgs / 146.6 lbs	Austin Hatkoff	4/2016
2: 16-17	60.0 kgs / 132.2 lbs	Buck Ammons	6/2015
18-19	81.6 kgs / 179.8 lbs	Michael Shine	
2: 18-19	65.7 kgs / 144.8 lbs	Dylan Edney	11/2006
35-39	106.5 kgs / 234.7 lbs	Boyd Honeycutt	11/1999

Weight Class: 56 / 123 Male			
Division	Bench Press	Name	Date
Open	136.5 kgs / 300.9 lbs	Brannigan Coleman	9/2016
2: Open	125.0 kgs / 275.5 lbs	Brannigan Coleman	5/2015
3: Open	115.0 kgs / 253.5 lbs	Daniel Champagne	8/2012
4: Open	104.3 kgs / 229.9 lbs	J. Chavez	11/1999
5: Open	68.0 kgs / 149.9 lbs	Tyrell Morris	5/1998
8-9	35.0 kgs / 77.1 lbs	Xavier Thomas	4/2015
10-11	58.9 kgs / 129.8 lbs	Anthony Morris	
2: 10-11	50.5 kgs / 111.3 lbs	Dalton Fazio	1/2021
3: 10-11	50.0 kgs / 110.2 lbs	Dalton Fazio	11/2020
4: 10-11	45.0 kgs / 99.2 lbs	Dalton Fazio	8/2020
5: 10-11	32.5 kgs / 71.6 lbs	Patrick Fleming	2/2017
12-13	68.0 kgs / 149.9 lbs	Tyrell Morris	5/1998
14-15	90.7 kgs / 199.9 lbs	Donnell Moore	
2: 14-15	80.0 kgs / 176.3 lbs	Ben Etringer	9/2007
16-17	88.4 kgs / 194.8 lbs	D. Henrics	
2: 16-17	83.9 kgs / 184.9 lbs	Robert Fey	3/2001
18-19	102.0 kgs / 224.8 lbs	T. Hodge	11/1999
20-24	70.0 kgs / 154.3 lbs	Buck Ammons	8/2022
25-29	136.5 kgs / 300.9 lbs	Brannigan Coleman	9/2016
2: 25-29	105.0 kgs / 231.4 lbs	Brannigan Coleman	10/2015
35-39	104.3 kgs / 229.9 lbs	J. Chavez	11/1999
40-44	77.1 kgs / 169.9 lbs	Jim Curcio	3/2001
65-69	90.7 kgs / 199.9 lbs	Byron Swain	5/2004
70-74	88.4 kgs / 194.8 lbs	Byron Swain	10/2006
Police/Fire/Mil	125.0 kgs / 275.5 lbs	Brannigan Coleman	
2: Police/Fire/Mil	115.0 kgs / 253.5 lbs	Daniel Champagne	8/2012
Spec. Oly.	70.0 kgs / 154.3 lbs	Buck Ammons	8/2022

Weight Class: 60 / 132 Male			
Division	Bench Press	Name	Date
Open	136.0 kgs / 299.8 lbs	Melvin Perry	2/2006
2: Open	106.5 kgs / 234.7 lbs	Ben Zak	2/1997
6-7	13.0 kgs / 28.6 lbs	Andrew Hill	11/2019
8-9	31.7 kgs / 69.8 lbs	C. Thorton III	
2: 8-9	27.5 kgs / 60.6 lbs	Dylan Cooper	4/2017
10-11	55.0 kgs / 121.2 lbs	Easten Binckley	5/2021
2: 10-11	49.8 kgs / 109.7 lbs	A. Taylor	4/1999
12-13	80.0 kgs / 176.3 lbs	Andrew Schwartz	9/2023
2: 12-13	79.3 kgs / 174.8 lbs	Cordett Clay	4/1999
14-15	99.7 kgs / 219.7 lbs	Donnell Moore	5/1999
16-17	111.1 kgs / 244.9 lbs	Larry Mabinton	

18-19	102.1 kgs / 225.0 lbs	J. Fisher	
2: 18-19	90.0 kgs / 198.4 lbs	Robert Melton	6/2012
20-24	100.0 kgs / 220.4 lbs	Cory Sellers	6/2012
25-29	106.6 kgs / 235.0 lbs	Ben Zak	
2: 25-29	106.5 kgs / 234.7 lbs	Ben Zak	2/1997
30-34	136.0 kgs / 299.8 lbs	Melvin Perry	2/2006
35-39	95.2 kgs / 209.8 lbs	Ben Zak	11/2005
40-44	95.0 kgs / 209.4 lbs	Miguel Lule	11/2021
2: 40-44	82.5 kgs / 181.8 lbs	Ben Zak	11/2013
45-49	95.0 kgs / 209.4 lbs	Frank Bottone	4/2016
50-54	95.0 kgs / 209.4 lbs	Ben Zak	3/2020
2: 50-54	90.0 kgs / 198.4 lbs	Ben Zak	9/2019
3: 50-54	75.0 kgs / 165.3 lbs	Glenn Raisin	9/2011
65-69	90.7 kgs / 199.9 lbs	Byron Swain	4/2004
2: 65-69	88.4 kgs / 194.8 lbs	Byron Swain	11/2003
70-74	86.1 kgs / 189.8 lbs	Byron Swain	6/2006
2: 70-74	79.3 kgs / 174.8 lbs	Byron Swain	4/2006
Police/Fire/Mil	58.9 kgs / 129.8 lbs	Perrie White	
Spec. Oly.	75.0 kgs / 165.3 lbs	Buck Ammons	5/2021
2: Spec. Oly.	70.0 kgs / 154.3 lbs	Buck Ammons	11/2020
3: Spec. Oly.	13.0 kgs / 28.6 lbs	Andrew Hill	11/2019

Weight Class: 67.5 / 148 Male			
Division	Bench Press	Name	Date
Open	167.5 kgs / 369.2 lbs	Jeremy Seff	4/2017
2: Open	157.5 kgs / 347.2 lbs	Theopolis Ussery	4/2016
3: Open	155.0 kgs / 341.7 lbs	Theopolis Ussery	2/2016
4: Open	147.5 kgs / 325.1 lbs	Theopolis Ussery	2/2015
5: Open	142.5 kgs / 314.1 lbs	David Wilson	11/2008
6: Open	138.3 kgs / 304.8 lbs	Donnell Moore	5/2000
7: Open	124.7 kgs / 274.9 lbs	Ben Zak	5/1998
10-11	60.0 kgs / 132.2 lbs	Easten Binckley	8/2021
2: 10-11	49.8 kgs / 109.7 lbs	Antonio Fleton	5/1999
12-13	88.4 kgs / 194.8 lbs	Cordett Clay	5/2000
14-15	115.7 kgs / 255.0 lbs	T. Gordan	
2: 14-15	102.5 kgs / 225.9 lbs	Jaquan Johnson	4/2023
3: 14-15	95.2 kgs / 209.8 lbs	Jeff Ross	3/2006
16-17	138.4 kgs / 305.1 lbs	Donnell Moore	
2: 16-17	138.3 kgs / 304.8 lbs	Donnell Moore	5/2000
18-19	140.0 kgs / 308.6 lbs	Lenard Jones	10/2015
2: 18-19	137.5 kgs / 303.1 lbs	Lenard Jones	8/2015
3: 18-19	124.7 kgs / 274.9 lbs	Donnell Moore	11/1999
20-24	162.5 kgs / 358.2 lbs	Lenard Jones	11/2019
2: 20-24	156.0 kgs / 343.9 lbs	Lenard Jones	8/2016
3: 20-24	142.5 kgs / 314.1 lbs	Jeremy Seff	5/2014
4: 20-24	136.0 kgs / 299.8 lbs	Charlie Thigpen	11/2002
25-29	167.5 kgs / 369.2 lbs	Jeremy Seff	4/2017
2: 25-29	140.0 kgs / 308.6 lbs	Christopher Ferranti	6/2015
3: 25-29	135.0 kgs / 297.6 lbs	Christopher Ferranti	6/2014
4: 25-29	124.7 kgs / 274.9 lbs	Ben Zak	5/1998
30-34	160.0 kgs / 352.7 lbs	Lenard Jones	10/2019
2: 30-34	129.2 kgs / 284.8 lbs	Israel Figueroa	5/2003

35-39	147.5 kgs / 325.1 lbs	Kejajuan Collington	10/2023
2: 35-39	127.5 kgs / 281.0 lbs	Billy Edwards	11/2007
40-44	127.0 kgs / 279.9 lbs	J. Meekins	
2: 40-44	97.5 kgs / 214.9 lbs	Ronnie Garner	6/2010
45-49	112.5 kgs / 248.0 lbs	David Kleinschuster	1/2021
2: 45-49	105.0 kgs / 231.4 lbs	Frank Bottone	4/2016
3: 45-49	102.5 kgs / 225.9 lbs	Ben Zak	11/2015
4: 45-49	97.5 kgs / 214.9 lbs	Ben Zak	8/2015
5: 45-49	95.0 kgs / 209.4 lbs	Ben Zak	11/2014
6: 45-49	77.5 kgs / 170.8 lbs	Bill Rehl	2/2014
50-54	142.5 kgs / 314.1 lbs	David Wilson	11/2008
55-59	107.5 kgs / 236.9 lbs	Fred Wescott	2/2016
2: 55-59	77.5 kgs / 170.8 lbs	Glenn Raisin	2/2014
60-64	97.5 kgs / 214.9 lbs	Rick Fecteau	11/2010
75-79	110.0 kgs / 242.5 lbs	Tom Newman	3/2020
Police/Fire/Mil	137.5 kgs / 303.1 lbs	Lenard Jones	8/2015
2: Police/Fire/Mil	100.0 kgs / 220.4 lbs	Stephen Shores	2/2015
3: Police/Fire/Mil	97.5 kgs / 214.9 lbs	Stephen Shores	2/2014
Spec. Oly.	50.0 kgs / 110.2 lbs	Jacob Erikson	11/2018

Weight Class: 75 / 165 Male			
Division	Bench Press	Name	Date
Open	174.6 kgs / 384.9 lbs	Brian Hough	6/2003
2: Open	154.2 kgs / 339.9 lbs	Kenneth Lacy	3/2002
3: Open	81.6 kgs / 179.8 lbs	Lester Gregory	5/2000
10-11	58.9 kgs / 129.8 lbs	Denvel Sutton	
2: 10-11	55.0 kgs / 121.2 lbs	Kayden Smith	5/2021
3: 10-11	45.3 kgs / 99.8 lbs	Marcus Crowder	5/2003
12-13	92.5 kgs / 203.9 lbs	Colson Bishop	8/2017
2: 12-13	81.6 kgs / 179.8 lbs	Lester Gregory	5/2000
14-15	115.0 kgs / 253.5 lbs	Zack Barnwell	3/2014
16-17	127.0 kgs / 279.9 lbs	Shaun House	9/2003
18-19	142.9 kgs / 315.0 lbs	C. Sithes	
2: 18-19	140.0 kgs / 308.6 lbs	William Willis	9/2012
20-24	161.0 kgs / 354.9 lbs	Aaron Griswell	2/2016
2: 20-24	145.0 kgs / 319.6 lbs	Aaron Griswell	5/2015
3: 20-24	135.0 kgs / 297.6 lbs	Christopher Balance	2010
25-29	162.5 kgs / 358.2 lbs	Justin Lane	2/2022
2: 25-29	149.6 kgs / 329.8 lbs	Brian Chisholm	4/2003
30-34	172.5 kgs / 380.2 lbs	Donnell Moore	10/2015
35-39	154.2 kgs / 339.9 lbs	Kenneth Lacy	3/2002
40-44	152.5 kgs / 336.2 lbs	Nasir Nantambu	6/2018
2: 40-44	132.5 kgs / 292.1 lbs	Michael Mason	2/2014
45-49	140.0 kgs / 308.6 lbs	Kevin Outland	8/2017
2: 45-49	137.5 kgs / 303.1 lbs	Kevin Outland	8/2016
3: 45-49	135.0 kgs / 297.6 lbs	Kevin Outland	6/2016
4: 45-49	105.0 kgs / 231.4 lbs	Ben Zak	2/2016
5: 45-49	97.5 kgs / 214.9 lbs	Ben Zak	5/2015
6: 45-49	92.5 kgs / 203.9 lbs	Bill Rehl	4/2014
50-54	141.5 kgs / 311.9 lbs	Kevin Outland	3/2020

2: 50-54	138.3 kgs / 304.8 lbs	Fred Wescott	11/2006
55-59	138.0 kgs / 304.2 lbs	John Bessette	10/2015
2: 55-59	133.0 kgs / 293.2 lbs	John Bessette	11/2014
3: 55-59	125.0 kgs / 275.5 lbs	Fred Wescott	2/2014
60-64	83.9 kgs / 184.9 lbs	Rick Fecteau	6/2007
65-69	124.0 kgs / 273.3 lbs	Tom Newnam	2/2014
70-74	130.0 kgs / 286.5 lbs	Tom Newnam	11/2015
2: 70-74	127.5 kgs / 281.0 lbs	Tom Newnam	10/2015
3: 70-74	125.5 kgs / 276.6 lbs	Tom Newnam	2/2015
4: 70-74	125.0 kgs / 275.5 lbs	Tom Newnam	11/2014
75-79	105.5 kgs / 232.5 lbs	Joseph Sanders	11/2020
2: 75-79	47.5 kgs / 104.7 lbs	Bert Fraser	11/2013
Police/Fire/Mil	172.5 kgs / 380.2 lbs	Donnell Moore	10/2015
2: Police/Fire/Mil	150.0 kgs / 330.6 lbs	Nasir Nantambu	11/2014
3: Police/Fire/Mil	145.0 kgs / 319.6 lbs	Nasir Nantambu	4/2014
4: Police/Fire/Mil	135.0 kgs / 297.6 lbs	Christopher Balance	2010
Spec. Oly.	36.2 kgs / 79.8 lbs	Bart Garrison	5/2008

Weight Class: 82.5 / 181 Male			
Division	Bench Press	Name	Date
Open	219.9 kgs / 484.7 lbs	Will Lynch	2/2006
2: Open	204.1 kgs / 449.9 lbs	Will Lynch	5/2003
3: Open	201.8 kgs / 444.8 lbs	Will Lynch	11/2002
4: Open	174.6 kgs / 384.9 lbs	Moganzick Bell	5/1999
5: Open	77.1 kgs / 169.9 lbs	Antonio Felton	4/1999
10-11	47.6 kgs / 104.9 lbs	K. Sutton	
2: 10-11	40.8 kgs / 89.9 lbs	Charlie Haskett	5/2004
12-13	77.1 kgs / 169.9 lbs	Antonio Felton	4/1999
14-15	140.6 kgs / 309.9 lbs	Chris Henry	5/2008
2: 14-15	138.3 kgs / 304.8 lbs	Greg Nuckols	6/2007
16-17	147.4 kgs / 324.9 lbs	Brandon Cross	5/2003
18-19	151.9 kgs / 334.8 lbs	David Floyd	11/1999
20-24	174.6 kgs / 384.9 lbs	Moganzick Bell	5/1999
25-29	201.8 kgs / 444.8 lbs	Will Lynch	11/2002
30-34	204.1 kgs / 449.9 lbs	Will Lynch	5/2003
35-39	205.0 kgs / 451.9 lbs	Will Lynch	11/2008
2: 35-39	204.6 kgs / 451.0 lbs	Will Lynch	5/2008
40-44	161.0 kgs / 354.9 lbs	John Hawley	11/2005
45-49	157.5 kgs / 347.2 lbs	Will Lynch	10/2020
2: 45-49	152.5 kgs / 336.2 lbs	Eddie Tipton	3/2011
50-54	143.0 kgs / 315.2 lbs	Eddie Tipton	4/2018
2: 50-54	142.5 kgs / 314.1 lbs	Steve Turlington	11/2017
3: 50-54	140.0 kgs / 308.6 lbs	Steve Turlington	4/2017
4: 50-54	138.3 kgs / 304.8 lbs	Brad Gabbert	11/2005
55-59	147.5 kgs / 325.1 lbs	John Bessette	6/2017
2: 55-59	138.0 kgs / 304.2 lbs	John Bessette	2/2016
3: 55-59	120.0 kgs / 264.5 lbs	John Bessette	2/2014
60-64	125.0 kgs / 275.5 lbs	Ronnie Powell	6/2010
65-69	130.0 kgs / 286.5 lbs	Joseph Sanders	9/2012

70-74	120.0 kgs / 264.5 lbs	Joseph Sanders	2/2017
2: 70-74	115.5 kgs / 254.6 lbs	Joseph Sanders	11/2016
3: 70-74	115.0 kgs / 253.5 lbs	Joseph Sanders	8/2016
75-79	60.0 kgs / 132.2 lbs	Ronald Grissom	2/2023
2: 75-79	42.5 kgs / 93.6 lbs	Bert Fraser	8/2014
Police/Fire/Mil	147.4 kgs / 324.9 lbs	Ronald Sarmiento	9/2007
Spec. Oly.	62.5 kgs / 137.7 lbs	J.P. Stanier	9/2019
2: Spec. Oly.	57.5 kgs / 126.7 lbs	J.P. Stanier	10/2018

Weight Class: 90 / 198 Male			
Division	Bench Press	Name	Date
Open	225.0 kgs / 496.0 lbs	Michael Dudley	10/2017
2: Open	220.0 kgs / 485.0 lbs	Michael Dudley	8/2017
3: Open	217.7 kgs / 479.9 lbs	Dan Pearson	5/2003
4: Open	206.3 kgs / 454.8 lbs	Paul Bossi	11/2002
5: Open	197.3 kgs / 434.9 lbs	Will Lynch	9/2002
6: Open	174.6 kgs / 384.9 lbs	David Floyd	5/2001
7: Open	104.3 kgs / 229.9 lbs	Joey Spencer	5/1999
10-11	60.0 kgs / 132.2 lbs	Jordan Howard	3/2012
12-13	97.5 kgs / 214.9 lbs	C. Gray	2/2011
14-15	129.2 kgs / 284.8 lbs	Stephen Payne	
16-17	149.7 kgs / 330.0 lbs	Josh Webb	6/2003
18-19	163.2 kgs / 359.7 lbs	Jason Herman	6/2003
20-24	205.0 kgs / 451.9 lbs	Ricky Dozier	10/2018
2: 20-24	182.5 kgs / 402.3 lbs	Ricky Dozier	6/2018
3: 20-24	174.6 kgs / 384.9 lbs	David Floyd	5/2001
25-29	197.3 kgs / 434.9 lbs	Will Lynch	9/2002
30-34	225.0 kgs / 496.0 lbs	Michael Dudley	10/2017
2: 30-34	220.0 kgs / 485.0 lbs	Michael Dudley	8/2017
3: 30-34	205.0 kgs / 451.9 lbs	Anthony Simpson	9/2011
35-39	206.3 kgs / 454.8 lbs	Paul Bossi	11/2002
40-44	175.0 kgs / 385.8 lbs	Dave Skinner	11/2014
45-49	170.0 kgs / 374.7 lbs	Joseph Lovallo	6/2007
50-54	154.2 kgs / 339.9 lbs	Michael Leibacher	5/2004
55-59	147.5 kgs / 325.1 lbs	John Bessette	10/2017
2: 55-59	145.0 kgs / 319.6 lbs	Harry Orr	4/2011
60-64	115.6 kgs / 254.8 lbs	Gus Holzmilller	11/2005
65-69	132.5 kgs / 292.1 lbs	Joseph Sanders	9/2013
75-79	63.5 kgs / 139.9 lbs	Jonathan Gordon	
80-84	77.5 kgs / 170.8 lbs	Vito Lombardo	9/2016
Police/Fire/Mil	205.0 kgs / 451.9 lbs	Ricky Dozier	10/2018
2: Police/Fire/Mil	170.0 kgs / 374.7 lbs	Joseph Lovallo	6/2007
Spec. Oly.	74.8 kgs / 164.9 lbs	Kos Jackson	3/2008

Weight Class: 100 / 220 Male			
Division	Bench Press	Name	Date
Open	238.0 kgs / 524.6 lbs	Michael Dudley	2/2018
2: Open	237.5 kgs / 523.5 lbs	Michael Dudley	10/2016
3: Open	236.5 kgs / 521.3 lbs	Michael Dudley	8/2016
4: Open	233.6 kgs / 514.9 lbs	Paul Bossi	11/2005
5: Open	219.9 kgs / 484.7 lbs	Paul Bossi	12/2000

6: Open	142.8 kgs / 314.8 lbs	M. Blount	11/1999
7: Open	77.1 kgs / 169.9 lbs	Jeremy Godfrey	4/1999
10-11	52.5 kgs / 115.7 lbs	Roosevelt Perry	3/2012
12-13	85.0 kgs / 187.3 lbs	David Howell	3/2011
2: 12-13	77.1 kgs / 169.9 lbs	Jeremy Godfrey	4/1999
14-15	165.5 kgs / 364.8 lbs	Ben Hopkins	11/2004
2: 14-15	145.1 kgs / 319.8 lbs	Ben Hopkins	7/2003
16-17	183.7 kgs / 404.9 lbs	Ben Hopkins	3/2006
18-19	174.6 kgs / 384.9 lbs	Shaun Hopkins	11/2004
2: 18-19	142.8 kgs / 314.8 lbs	M. Blount	11/1999
20-24	181.4 kgs / 399.9 lbs	Kinta Mallory	5/2001
25-29	237.5 kgs / 523.5 lbs	Michael Dudley	10/2016
2: 25-29	230.0 kgs / 507.0 lbs	Michael Dudley	8/2015
30-34	238.0 kgs / 524.6 lbs	Michael Dudley	2/2018
2: 30-34	234.5 kgs / 516.9 lbs	Michael Dudley	4/2017
3: 30-34	219.9 kgs / 484.7 lbs	Paul Bossi	12/2000
35-39	233.6 kgs / 514.9 lbs	Paul Bossi	11/2005
2: 35-39	219.9 kgs / 484.7 lbs	Paul Bossi	11/2004
40-44	176.9 kgs / 389.9 lbs	Mitchell Baker	5/2004
45-49	187.3 kgs / 412.9 lbs	Joseph Rascoe	5/2008
50-54	177.4 kgs / 391.0 lbs	Donnie Haddock	4/2009
55-59	175.0 kgs / 385.8 lbs	Joseph Rasco	11/2019
2: 55-59	145.0 kgs / 319.6 lbs	Ray Berry	4/2017
3: 55-59	140.0 kgs / 308.6 lbs	Ray Berry	6/2016
60-64	137.5 kgs / 303.1 lbs	Carl Inman	6/2018
2: 60-64	134.7 kgs / 296.9 lbs	Ronnie Garner	11/2009
65-69	145.0 kgs / 319.6 lbs	Carl Inman	11/2019
2: 65-69	140.0 kgs / 308.6 lbs	Carl Inman	4/2019
3: 65-69	122.5 kgs / 270.0 lbs	Joseph Sanders	11/2013
70-74	120.0 kgs / 264.5 lbs	Harry Orr	11/2023
2: 70-74	115.0 kgs / 253.5 lbs	Harry Orr	9/2023
Police/Fire/Mil	238.0 kgs / 524.6 lbs	Michael Dudley	2/2018
2: Police/Fire/Mil	230.0 kgs / 507.0 lbs	Michael Dudley	8/2015
3: Police/Fire/Mil	220.0 kgs / 485.0 lbs	Michael Dudley	4/2015
Spec. Oly.	67.5 kgs / 148.8 lbs	Ben Stavish	11/2008
2: Spec. Oly.	67.1 kgs / 147.9 lbs	Ben Stavish	5/2008

Weight Class: 110 / 242 Male			
Division	Bench Press	Name	Date
Open	240.4 kgs / 529.9 lbs	Shawn Reid	5/2001
2: Open	195.0 kgs / 429.8 lbs	Kinta Mallory	3/2001
3: Open	188.2 kgs / 414.9 lbs	Kent Wall	11/2000
12-13	92.5 kgs / 203.9 lbs	David Howell	6/2011
14-15	145.0 kgs / 319.6 lbs	Colson Bishop	7/2019
2: 14-15	131.5 kgs / 289.9 lbs	Donavan Taylor	11/2005
16-17	170.0 kgs / 374.7 lbs	Nolan Toti	6/2017
2: 16-17	167.5 kgs / 369.2 lbs	Nolan Toti	4/2017
3: 16-17	165.0 kgs / 363.7 lbs	Nolan Toti	2/2017
4: 16-17	151.9 kgs / 334.8 lbs	Randall Moore	3/2004
18-19	195.0 kgs / 429.8 lbs	Trey Manning	6/2006

2: 18-19	188.2 kgs / 414.9 lbs	Kent Wall	11/2000
20-24	205.0 kgs / 451.9 lbs	Tra Farrington	5/2014
2: 20-24	195.0 kgs / 429.8 lbs	Kinta Mallory	3/2001
25-29	232.5 kgs / 512.5 lbs	Ricky Dozier	5/2023
2: 25-29	230.0 kgs / 507.0 lbs	Michael Dudley	9/2016
3: 25-29	217.7 kgs / 479.9 lbs	Joseph Houston	4/2007
30-34	240.4 kgs / 529.9 lbs	Shawn Reid	5/2001
35-39	240.0 kgs / 529.1 lbs	Michael Dudley	11/2023
2: 35-39	227.5 kgs / 501.5 lbs	Michael Dudley	4/2023
3: 35-39	210.9 kgs / 464.9 lbs	Blair Rockwell	10/2002
40-44	240.4 kgs / 529.9 lbs	Paul Bossi	11/2006
45-49	227.5 kgs / 501.5 lbs	Paul Bossi	10/2013
2: 45-49	215.5 kgs / 475.0 lbs	Paul Bossi	7/2011
50-54	212.5 kgs / 468.4 lbs	Paul Bossi	10/2017
2: 50-54	199.5 kgs / 439.8 lbs	Brian Sullivan	11/2006
55-59	180.0 kgs / 396.8 lbs	Joseph Rascoe	4/2017
2: 55-59	177.5 kgs / 391.3 lbs	Joseph Rascoe	2/2017
3: 55-59	161.5 kgs / 356.0 lbs	Gene Berry	11/2015
4: 55-59	157.5 kgs / 347.2 lbs	Gene Berry	11/2015
5: 55-59	155.0 kgs / 341.7 lbs	Gene Berry	4/2015
6: 55-59	145.0 kgs / 319.6 lbs	Gene Berry	2/2015
60-64	135.0 kgs / 297.6 lbs	Gene Berry	2/2023
2: 60-64	132.5 kgs / 292.1 lbs	Carl Inman	3/2018
3: 60-64	130.0 kgs / 286.5 lbs	James Clark	11/2017
4: 60-64	127.5 kgs / 281.0 lbs	James Clark	4/2017
5: 60-64	126.0 kgs / 277.7 lbs	James Clark	2/2017
6: 60-64	125.0 kgs / 275.5 lbs	James Clark	6/2016
65-69	165.0 kgs / 363.7 lbs	Jerry Comstock	6/2012
70-74	115.0 kgs / 253.5 lbs	Casey Orr	9/2023
2: 70-74	112.0 kgs / 246.9 lbs	Casey Orr	2/2023
Police/Fire/Mil	232.5 kgs / 512.5 lbs	Ricky Dozier	5/2023
2: Police/Fire/Mil	227.5 kgs / 501.5 lbs	Ricky Dozier	2/2023
3: Police/Fire/Mil	225.0 kgs / 496.0 lbs	Lysander Roberson	4/2011
Spec. Oly.	85.0 kgs / 187.3 lbs	Ben Stavish	11/2009

Weight Class: 125 / 275 Male			
Division	Bench Press	Name	Date
Open	265.4 kgs / 585.1 lbs	Michael Belk	
2: Open	265.3 kgs / 584.8 lbs	Michael Belk	7/2007
3: Open	247.2 kgs / 544.9 lbs	Bennie Jones	4/2006
4: Open	242.6 kgs / 534.8 lbs	Carl Elliott	2000
12-13	79.3 kgs / 174.8 lbs	Aaron Chamblee	4/2003
2: 12-13	72.5 kgs / 159.8 lbs	Aaron Chamblee	11/2002
14-15	138.3 kgs / 304.8 lbs	Kris Mccoy	11/2006
16-17	161.1 kgs / 355.1 lbs	C. Gorham	
2: 16-17	158.7 kgs / 349.8 lbs	Adam Moore	3/2006
18-19	163.3 kgs / 360.0 lbs	E. Murphy	
2: 18-19	147.5 kgs / 325.1 lbs	Jesus San Martin	6/2011
20-24	170.0 kgs / 374.7 lbs	Jason Spruill	11/2005
25-29	240.4 kgs / 529.9 lbs	Carl Elliott	4/2001

30-34	247.2 kgs / 544.9 lbs	Bennie Jones	4/2006
35-39	265.3 kgs / 584.8 lbs	Michael Belk	7/2007
40-44	230.0 kgs / 507.0 lbs	Paul Bossi	11/2010
45-49	227.5 kgs / 501.5 lbs	Paul Bossi	10/2013
50-54	215.4 kgs / 474.8 lbs	Joe Hilliard	6/2007
2: 50-54	213.1 kgs / 469.8 lbs	Joe Hilliard	2/2006
55-59	208.0 kgs / 458.5 lbs	Paul Bossi	6/2022
2: 55-59	207.5 kgs / 457.4 lbs	Paul Bossi	4/2022
3: 55-59	167.5 kgs / 369.2 lbs	Gene Berry	10/2013
60-64	157.5 kgs / 347.2 lbs	Gene Berry	11/2018
2: 60-64	155.0 kgs / 341.7 lbs	Gene Berry	10/2018
65-69	170.0 kgs / 374.7 lbs	Jerry Comstock	8/2012
70-74	120.0 kgs / 264.5 lbs	Bernie Rhoades	4/2023
2: 70-74	117.5 kgs / 259.0 lbs	Bernie Rhodes	4/2023
Police/Fire/Mil	227.5 kgs / 501.5 lbs	Carl Elliott	3/2010
2: Police/Fire/Mil	181.4 kgs / 399.9 lbs	Ferrell Banks	5/2003
Spec. Oly.	97.5 kgs / 214.9 lbs	Ben Stavish	6/2011

Weight Class: 140 / 308 Male

Division	Bench Press	Name	Date
Open	265.0 kgs / 584.2 lbs	Michael Belk	11/2007
2: Open	256.2 kgs / 564.8 lbs	Carl Elliott	2005
3: Open	254.0 kgs / 559.9 lbs	Carl Elliott	3/2000
4: Open	74.8 kgs / 164.9 lbs	Cory White	2/1999
12-13	77.1 kgs / 169.9 lbs	Cory White	
2: 12-13	74.8 kgs / 164.9 lbs	Cory White	2/1999
14-15	156.5 kgs / 345.0 lbs	Denvel Sutton	
2: 14-15	156.4 kgs / 344.7 lbs	Denvel Sutton	5/2008
16-17	172.4 kgs / 380.0 lbs	William Riddick	
2: 16-17	166.5 kgs / 367.0 lbs	Denvel Sutton	11/2008
18-19	181.4 kgs / 399.9 lbs	William Riddick	6/2002
20-24	165.1 kgs / 363.9 lbs	William Walker	9/2007
25-29	254.0 kgs / 559.9 lbs	Carl Elliott	3/2000
30-34	265.0 kgs / 584.2 lbs	Michael Belk	11/2007
35-39	247.5 kgs / 545.6 lbs	Jerry Gunter	3/2013
2: 35-39	222.5 kgs / 490.5 lbs	Timmy Rush	9/2011
40-44	232.5 kgs / 512.5 lbs	Timmy Rush	3/2013
45-49	217.7 kgs / 479.9 lbs	Tim McVicker	6/2007
50-54	182.5 kgs / 402.3 lbs	Kevin Combs	11/2020
2: 50-54	167.5 kgs / 369.2 lbs	Chris Senter	2/2016
55-59	150.0 kgs / 330.6 lbs	Ray Smith	7/2013
Police/Fire/Mil	254.0 kgs / 559.9 lbs	Carl Elliott	6/2005

Unknown Class: SHW Male

Division	Bench Press	Name	Date
Open	252.5 kgs / 556.6 lbs	Jerry Gunter	3/2010
2: Open	217.7 kgs / 479.9 lbs	Herman Canada	3/2007
3: Open	201.8 kgs / 444.8 lbs	Herman Canada	11/2005
14-15	170.1 kgs / 375.0 lbs	N. Barnes	
16-17	182.5 kgs / 402.3 lbs	Denvel Sutton	4/2009
2: 16-17	161.0 kgs / 354.9 lbs	Sonny Mitchell	2/2006

18-19	165.5 kgs / 364.8 lbs	Paul Walsh	2/2006
20-24	150.0 kgs / 330.6 lbs	Nathan Daniels	2/2018
2: 20-24	145.0 kgs / 319.6 lbs	Nathan Daniels	4/2017
3: 20-24	107.5 kgs / 236.9 lbs	Joey Markle	8/2016
4: 20-24	85.0 kgs / 187.3 lbs	Joey Markel	6/2016
25-29	217.5 kgs / 479.5 lbs	Ryan Stone	4/2017
2: 25-29	195.0 kgs / 429.8 lbs	Ryan Stone	11/2015
3: 25-29	157.5 kgs / 347.2 lbs	Malcom Bethea	5/2015
30-34	201.8 kgs / 444.8 lbs	Herman Canada	11/2005
35-39	240.0 kgs / 529.1 lbs	Jerry Gunter	2/2014
2: 35-39	217.7 kgs / 479.9 lbs	Herman Canada	3/2007
40-44	237.5 kgs / 523.5 lbs	Jerry Gunter	8/2017
45-49	177.5 kgs / 391.3 lbs	Daniel Corridean	5/2021
Police/Fire/Mil	192.5 kgs / 424.3 lbs	Omar Barnes	4/2017