

Weight Class: 30 / 66 Female			
Division	Bench Press	Name	Date
Open	23.0 kgs / 50.7 lbs	Kylie May	3/2022
2: Open	22.5 kgs / 49.6 lbs	Kylie May	11/2021
3: Open	21.0 kgs / 46.2 lbs	Chloe Eckard	6/2012
4: Open	20.4 kgs / 44.9 lbs	Adrienne Zimmerman	2002
5 and under	13.5 kgs / 29.7 lbs	Sofia Corridean	10/2018
2: 5 and under	11.0 kgs / 24.2 lbs	Sofia Corridean	2/2018
3: 5 and under	10.0 kgs / 22.0 lbs	Sofia Corridean	11/2017
6-7	22.5 kgs / 49.6 lbs	Ashtyn Bushee	10/2022
2: 6-7	20.5 kgs / 45.1 lbs	Ashtyn Bushee	8/2022
3: 6-7	19.5 kgs / 42.9 lbs	Avaya Berge	3/2019
4: 6-7	18.5 kgs / 40.7 lbs	Avaya Berge	8/2018
5: 6-7	17.5 kgs / 38.5 lbs	Chloe Eckard	7/2010
8-9	21.0 kgs / 46.2 lbs	Chloe Eckard	6/2012
2: 8-9	18.2 kgs / 40.1 lbs	Maygan Richardson	3/2008
3: 8-9	16.3 kgs / 35.9 lbs	Adrienne Zimmerman	2002
10-11	23.0 kgs / 50.7 lbs	Kylie May	3/2022
2: 10-11	22.5 kgs / 49.6 lbs	Kylie May	11/2021
3: 10-11	20.4 kgs / 44.9 lbs	Adrienne Zimmerman	2002

Weight Class: 35 / 77 Female			
Division	Bench Press	Name	Date
Open	32.5 kgs / 71.6 lbs	Kylie May	2/2023
2: Open	30.3 kgs / 66.7 lbs	Ashley Polacek	6/2022
3: Open	27.3 kgs / 60.1 lbs	Colleen Kermar	3/2008
4: Open	25.0 kgs / 55.1 lbs	Adrienne Zimmerman	2003
6-7	25.5 kgs / 56.2 lbs	Ashtyn Bushee	2/2023
2: 6-7	18.0 kgs / 39.6 lbs	Sofia Corridean	8/2020
3: 6-7	15.8 kgs / 34.8 lbs	Megan Gubbs	12/2007
8-9	27.5 kgs / 60.6 lbs	Ashtyn Bushee	11/2023
2: 8-9	25.0 kgs / 55.1 lbs	Addelina D'Antonio	2011
3: 8-9	20.4 kgs / 44.9 lbs	Megan Gubbs	5/2008
4: 8-9	18.0 kgs / 39.6 lbs	Jessica Lynch	3/2008
10-11	30.0 kgs / 66.1 lbs	Kylie May	10/2022
2: 10-11	28.0 kgs / 61.7 lbs	Kylie May	8/2022
3: 10-11	25.0 kgs / 55.1 lbs	Adrienne Zimmerman	2003
12-13	32.5 kgs / 71.6 lbs	Kylie May	2/2023
2: 12-13	30.3 kgs / 66.7 lbs	Ashley Polacek	6/2022
3: 12-13	27.3 kgs / 60.1 lbs	Colleen Kermar	3/2008

Weight Class: 40 / 88 Female			
Division	Bench Press	Name	Date
Open	54.4 kgs / 119.9 lbs	Elizabeth Parker	6/2022
2: Open	47.5 kgs / 104.7 lbs	Elizabeth Parker	12/2019
3: Open	35.0 kgs / 77.1 lbs	Samantha Brickhouse	5/2014
4: Open	31.7 kgs / 69.8 lbs	Adrienne Zimmerman	2004
6-7	18.5 kgs / 40.7 lbs	Sofia Corridean	10/2020
8-9	25.5 kgs / 56.2 lbs	Gracie Bushee	8/2021
2: 8-9	25.0 kgs / 55.1 lbs	Mackenzie Taylor	8/2017
3: 8-9	21.0 kgs / 46.2 lbs	Mackenzie Taylor	6/2017
4: 8-9	20.4 kgs / 44.9 lbs	Sarah Hunt	2009

10-11	31.7 kgs / 69.8 lbs	Adrienne Zimmerman	2004
12-13	35.5 kgs / 78.2 lbs	Kylie May	5/2023
2: 12-13	34.0 kgs / 74.9 lbs	Kylie May	4/2023
3: 12-13	32.5 kgs / 71.6 lbs	Ashley Polacek	11/2022
4: 12-13	25.0 kgs / 55.1 lbs	Moriah Douglas	3/2008
20-24	54.4 kgs / 119.9 lbs	Elizabeth Parker	6/2022
2: 20-24	47.5 kgs / 104.7 lbs	Elizabeth Parker	12/2019
3: 20-24	35.0 kgs / 77.1 lbs	Samantha Brickhouse	5/2014
4: 20-24	30.0 kgs / 66.1 lbs	Samantha Brickhouse	4/2014
75-79	16.7 kgs / 36.8 lbs	Susan Bohling	6/2022
Spec. Oly.	42.5 kgs / 93.6 lbs	Elizabeth Parker	7/2021
Handicapped	35.0 kgs / 77.1 lbs	Elizabeth Parker	12/2018

Weight Class: 44 / 97 Female			
Division	Bench Press	Name	Date
Open	67.5 kgs / 148.8 lbs	Angelina Hong	3/2015
2: Open	54.4 kgs / 119.9 lbs	Ruth Snyder	1999
6-7	15.0 kgs / 33.0 lbs	Mattea Ahlijah	1/2014
8-9	41.0 kgs / 90.3 lbs	Beth-el Algarin	5/2010
2: 8-9	23.0 kgs / 50.7 lbs	Brenda Foor	11/2009
10-11	47.5 kgs / 104.7 lbs	Beth-el Algarin	2/2011
2: 10-11	29.5 kgs / 65.0 lbs	Emma Tshontikidis	4/2001
12-13	45.0 kgs / 99.2 lbs	Naomi Kutin	11/2013
2: 12-13	36.2 kgs / 79.8 lbs	Adrienne Zimmerman	2005
3: 12-13	27.2 kgs / 59.9 lbs	Tori Simmons	9/2001
14-15	42.5 kgs / 93.6 lbs	Kristine Connelly	11/2007
16-17	47.5 kgs / 104.7 lbs	Ashley Christiansen	3/2017
2: 16-17	46.0 kgs / 101.4 lbs	Ashley Christiansen	8/2016
3: 16-17	44.0 kgs / 97.0 lbs	Ashley Christiansen	6/2016
4: 16-17	43.0 kgs / 94.7 lbs	Ashley Christiansen	4/2016
5: 16-17	42.5 kgs / 93.6 lbs	Danielle Tasher	10/2012
6: 16-17	37.5 kgs / 82.6 lbs	Danielle Tasher	10/2011
7: 16-17	32.5 kgs / 71.6 lbs	Laurel Trail	3/2010
8: 16-17	27.2 kgs / 59.9 lbs	A. Stechyshyn	4/2009
9: 16-17	24.9 kgs / 54.8 lbs	Amanda Strickhauser	9/2001
18-19	67.5 kgs / 148.8 lbs	Angelina Hong	3/2015
2: 18-19	49.8 kgs / 109.7 lbs	Jessica McBride	11/2006
3: 18-19	24.9 kgs / 54.8 lbs	Treva Thatcher	2003
20-24	52.5 kgs / 115.7 lbs	Ashley Christiansen	11/2020
2: 20-24	51.0 kgs / 112.4 lbs	Jessica McBride	11/2007
30-34	42.5 kgs / 93.6 lbs	Jill Neziri	6/2017
35-39	54.4 kgs / 119.9 lbs	Ruth Snyder	1999
40-44	40.8 kgs / 89.9 lbs	Paula Lorenzi	2003
2: 40-44	36.2 kgs / 79.8 lbs	Maureen Cahill	9/2001
45-49	25.0 kgs / 55.1 lbs	Jeanette Savage	1/2023
55-59	35.5 kgs / 78.2 lbs	Rocky Luedeker	6/2014
2: 55-59	35.0 kgs / 77.1 lbs	Rocky Luedeker	3/2014
60-64	54.0 kgs / 119.0 lbs	Karen Poyner	12/2017
2: 60-64	53.5 kgs / 117.9 lbs	Karen Poyner	4/2017
3: 60-64	53.0 kgs / 116.8 lbs	Karen Poyner	2/2017
4: 60-64	50.0 kgs / 110.2 lbs	Karen Poyner	9/2016
5: 60-64	42.9 kgs / 94.5 lbs	Abigail Scudder	3/2013

65-69	47.5 kgs / 104.7 lbs	Karen Poyner	4/2023
2: 65-69	47.0 kgs / 103.6 lbs	Karen Poyner	11/2022
3: 65-69	45.0 kgs / 99.2 lbs	Karen Poyner	7/2022
Spec. Oly.	25.0 kgs / 55.1 lbs	Jeanette Savage	1/2023
Handicapped	20.0 kgs / 44.0 lbs	Sarla Devi	1/2021

Weight Class: 48 / 105 Female			
Division	Bench Press	Name	Date
Open	77.5 kgs / 170.8 lbs	Angelina Hong	2/2014
2: Open	63.5 kgs / 139.9 lbs	Linda Richard	7/2007
3: Open	60.1 kgs / 132.4 lbs	Karen Poyner	11/2006
4: Open	59.0 kgs / 130.0 lbs	Karen Poyner	4/2005
5: Open	54.4 kgs / 119.9 lbs	K. Becceria	11/1997
8-9	30.0 kgs / 66.1 lbs	Micah Vandenburg	7/2019
2: 8-9	27.2 kgs / 59.9 lbs	Sarah Hunt	2010
10-11	50.0 kgs / 110.2 lbs	Giuliana Hess	6/2022
2: 10-11	45.0 kgs / 99.2 lbs	Beth-el Algarin	7/2011
3: 10-11	27.3 kgs / 60.1 lbs	E. Blackett	3/2008
4: 10-11	22.7 kgs / 50.0 lbs	Emma Tshontikidis	12/1999
12-13	47.5 kgs / 104.7 lbs	Naomi Kutin	6/2014
2: 12-13	45.3 kgs / 99.8 lbs	Adrienne Zimmerman	2006
14-15	55.0 kgs / 121.2 lbs	Catherine Sableva	6/2013
2: 14-15	50.2 kgs / 110.6 lbs	T. Fitzpatrick	12/2001
3: 14-15	38.6 kgs / 85.0 lbs	Krystle McKenzie	2/2000
4: 14-15	38.5 kgs / 84.8 lbs	Krystle McKenzie	12/1999
16-17	64.0 kgs / 141.0 lbs	McKenna Kozina	10/2017
2: 16-17	60.0 kgs / 132.2 lbs	McKenna Kozina	8/2017
3: 16-17	57.5 kgs / 126.7 lbs	McKenna Kozina	3/2017
4: 16-17	51.0 kgs / 112.4 lbs	McKenna Kozina	11/2016
5: 16-17	50.5 kgs / 111.3 lbs	McKenna Kozina	10/2016
6: 16-17	50.0 kgs / 110.2 lbs	McKenna Kozina	8/2016
7: 16-17	47.5 kgs / 104.7 lbs	McKenna Kozina	3/2016
8: 16-17	45.0 kgs / 99.2 lbs	Laurel Trail	6/2010
18-19	77.5 kgs / 170.8 lbs	Angelina Hong	2/2014
2: 18-19	47.5 kgs / 104.7 lbs	Laurel Trail	3/2012
3: 18-19	37.5 kgs / 82.6 lbs	Megan Brown	2010
4: 18-19	34.0 kgs / 74.9 lbs	J Painter	2004
5: 18-19	30.6 kgs / 67.4 lbs	Peppertina Williams	12/1999
20-24	60.5 kgs / 133.3 lbs	Amanda Lajeunesse	6/2018
2: 20-24	60.0 kgs / 132.2 lbs	Amanda Hunsucker	4/2016
3: 20-24	56.0 kgs / 123.4 lbs	Amanda Hunsucker	5/2015
4: 20-24	55.0 kgs / 121.2 lbs	Amanda Hunsucker	3/2015
5: 20-24	52.5 kgs / 115.7 lbs	Amanda Hunsucker	8/2014
6: 20-24	50.0 kgs / 110.2 lbs	Lauren Rodriguez	6/2014
7: 20-24	43.1 kgs / 95.0 lbs	Jill Neziri	2004
8: 20-24	43.0 kgs / 94.7 lbs	Jill Neziri	6/2004
25-29	57.5 kgs / 126.7 lbs	Christina Lam	1/2016
2: 25-29	52.5 kgs / 115.7 lbs	Yuliya Myrnaya	12/2014
3: 25-29	40.0 kgs / 88.1 lbs	Meghan Merino	12/2013
30-34	61.0 kgs / 134.4 lbs	Vanessa Ferla	10/2016
2: 30-34	55.0 kgs / 121.2 lbs	Vanessa Ferla	3/2016
3: 30-34	40.8 kgs / 89.9 lbs	Sandra Tipton	11/2002

35-39	57.5 kgs / 126.7 lbs	Viktoriya Kruglyak	4/2014
2: 35-39	45.0 kgs / 99.2 lbs	Jamie Brissey	3/2014
3: 35-39	40.8 kgs / 89.9 lbs	Benita Steffan	2002
40-44	63.5 kgs / 139.9 lbs	Linda Richard	7/2007
2: 40-44	54.4 kgs / 119.9 lbs	K. Becceria	11/1997
45-49	59.0 kgs / 130.0 lbs	Karen Poyner	4/2005
50-54	60.1 kgs / 132.4 lbs	Karen Poyner	11/2006
55-59	58.5 kgs / 128.9 lbs	Karen Poyner	7/2012
60-64	53.5 kgs / 117.9 lbs	Karen Poyner	4/2016
65-69	27.5 kgs / 60.6 lbs	Jenny Telles	11/2014
Police/Fire/Mil	42.5 kgs / 93.6 lbs	Elizabeth Zeuschel	8/2014

Weight Class: 52 / 114 Female			
Division	Bench Press	Name	Date
Open	77.5 kgs / 170.8 lbs	Kerry Self	6/2017
2: Open	75.0 kgs / 165.3 lbs	Julie Puetz	3/2017
3: Open	74.8 kgs / 164.9 lbs	Deborah Flanagan	11/2003
4: Open	70.3 kgs / 154.9 lbs	Deborah Flanagan	9/2003
5: Open	61.2 kgs / 134.9 lbs	Rebecca Skal	1999
6: Open	34.9 kgs / 76.9 lbs	Sabrina Lhota	12/1999
8-9	36.5 kgs / 80.4 lbs	Avree Wright	2006
10-11	55.0 kgs / 121.2 lbs	Beth-el Algarin	3/2012
2: 10-11	36.5 kgs / 80.4 lbs	Avree Wright	2006
3: 10-11	31.8 kgs / 70.1 lbs	Emily Duppstadt	12/1999
12-13	60.0 kgs / 132.2 lbs	Miranda Chambers	3/2014
2: 12-13	40.0 kgs / 88.1 lbs	Heyley Gutierrez	2/2012
3: 12-13	30.0 kgs / 66.1 lbs	Rayleen Fernandez	5/2007
4: 12-13	24.9 kgs / 54.8 lbs	Yahlonda Ward	9/2001
14-15	55.0 kgs / 121.2 lbs	Lela Pensyl	4/2023
2: 14-15	50.0 kgs / 110.2 lbs	Gwendolyn Sheridan	2/2012
3: 14-15	48.5 kgs / 106.9 lbs	Adrienne Zimmerman	2007
4: 14-15	45.4 kgs / 100.0 lbs	K. Ott	2006
5: 14-15	45.3 kgs / 99.8 lbs	K. Ott	3/2006
6: 14-15	34.9 kgs / 76.9 lbs	Sabrina Lhota	12/1999
16-17	60.0 kgs / 132.2 lbs	McKenna Kozina	2/2017
2: 16-17	48.0 kgs / 105.8 lbs	Jessica Smith	6/2016
3: 16-17	47.5 kgs / 104.7 lbs	Lizette Magana	4/2013
4: 16-17	45.4 kgs / 100.0 lbs	Krystle McKenzie	2/2000
18-19	57.5 kgs / 126.7 lbs	Kayla Johnson	2/2015
2: 18-19	53.0 kgs / 116.8 lbs	Kestrel Coon	12/2010
3: 18-19	43.0 kgs / 94.7 lbs	A Hickey	2002
4: 18-19	40.8 kgs / 89.9 lbs	Asia Scales	9/2001
20-24	70.0 kgs / 154.3 lbs	Steph Nesich	11/2017
2: 20-24	68.5 kgs / 151.0 lbs	Elizabeth Cameron	9/2011
3: 20-24	61.2 kgs / 134.9 lbs	Rebecca Skal	1999
25-29	73.0 kgs / 160.9 lbs	Bianca Luedeker	10/2013
2: 25-29	52.7 kgs / 116.1 lbs	Cami Jones	12/2012
30-34	75.5 kgs / 166.4 lbs	Natasha Beasley	6/2017
2: 30-34	73.5 kgs / 162.0 lbs	Bianca Luedeker	6/2014
3: 30-34	56.6 kgs / 124.7 lbs	Johli Carscallen	3/2007
35-39	76.0 kgs / 167.5 lbs	Natasha Beasley	10/2017
2: 35-39	75.0 kgs / 165.3 lbs	Julie Puetz	3/2017

3: 35-39	62.5 kgs / 137.7 lbs	Jennifer Coffee	7/2015
4: 35-39	60.0 kgs / 132.2 lbs	Jill Keilty	9/2013
5: 35-39	47.9 kgs / 105.6 lbs	Kristina Martemucci	2/2012
6: 35-39	38.5 kgs / 84.8 lbs	Benita Steffan	2003
40-44	77.5 kgs / 170.8 lbs	Kerry Self	6/2017
2: 40-44	74.8 kgs / 164.9 lbs	Deborah Flanagan	11/2003
3: 40-44	70.3 kgs / 154.9 lbs	Deborah Flanagan	9/2003
45-49	63.5 kgs / 139.9 lbs	Doreen Wofford	8/2008
2: 45-49	43.2 kgs / 95.2 lbs	Lauren Watson	8/2007
50-54	65.5 kgs / 144.4 lbs	Lisa Scheffelmaier	11/2014
2: 50-54	65.0 kgs / 143.2 lbs	Lisa Scheffelmaier	9/2014
3: 50-54	60.0 kgs / 132.2 lbs	Lisa Scheffelmaier	1/2014
4: 50-54	47.6 kgs / 104.9 lbs	Jackie Burkett	11/2003
55-59	65.0 kgs / 143.2 lbs	Lori McMahon	12/2021
2: 55-59	50.5 kgs / 111.3 lbs	Janet Huntley	10/2021
3: 55-59	50.0 kgs / 110.2 lbs	Susan White	11/2017
4: 55-59	48.0 kgs / 105.8 lbs	Janet Huntley	10/2016
5: 55-59	47.5 kgs / 104.7 lbs	Ginger Enderson	8/2014
6: 55-59	45.0 kgs / 99.2 lbs	Ginger Enderson	6/2013
7: 55-59	42.5 kgs / 93.6 lbs	Elaine Audy	4/2013
60-64	62.5 kgs / 137.7 lbs	Christina Lahey	5/2023
2: 60-64	48.5 kgs / 106.9 lbs	Janet Huntley	4/2023
3: 60-64	48.0 kgs / 105.8 lbs	Janet Huntley	12/2022
4: 60-64	47.5 kgs / 104.7 lbs	Janet Huntley	4/2022
5: 60-64	45.5 kgs / 100.3 lbs	Jo Hendon	8/2021
6: 60-64	40.0 kgs / 88.1 lbs	Trish Kirkland	12/2018
7: 60-64	37.5 kgs / 82.6 lbs	Trish Kirkland	6/2018
8: 60-64	33.0 kgs / 72.7 lbs	Roxanne Chance	6/2017
9: 60-64	30.0 kgs / 66.1 lbs	Mary Kosmicki	3/2016
65-69	55.0 kgs / 121.2 lbs	Kathryn Eldred	6/2014
2: 65-69	36.0 kgs / 79.3 lbs	Mary Ann Little	2013
3: 65-69	35.0 kgs / 77.1 lbs	Mary Ann Little	4/2013
70-74	55.0 kgs / 121.2 lbs	Kathryn Eldred	5/2015
2: 70-74	35.0 kgs / 77.1 lbs	Mary Ann Little	11/2014
75-79	27.5 kgs / 60.6 lbs	Doreen Kimura	1/2014
Police/Fire/Mil	60.0 kgs / 132.2 lbs	Rebecca Breeden	9/2015
2: Police/Fire/Mil	55.0 kgs / 121.2 lbs	Misty Posey	2/2015
3: Police/Fire/Mil	47.5 kgs / 104.7 lbs	Kendra Johnson	3/2011
Handicapped	27.5 kgs / 60.6 lbs	Ainslee Hooper	5/2017

Weight Class: 56 / 123 Female

Division	Bench Press	Name	Date
Open	120.0 kgs / 264.5 lbs	Febrose Tsiode	10/2018
2: Open	96.0 kgs / 211.6 lbs	Giorgia Pratesi	7/2012
3: Open	81.6 kgs / 179.8 lbs	Kerry Self	10/2006
4: Open	68.0 kgs / 149.9 lbs	Rebecca Skal	1999
5: Open	63.5 kgs / 139.9 lbs	Jumana Asroush	12/1999
8-9	20.0 kgs / 44.0 lbs	Carly Cooper	10/2021
10-11	57.5 kgs / 126.7 lbs	Beth-el Algarin	6/2012
2: 10-11	45.0 kgs / 99.2 lbs	Diamonds Marrow	4/2011

12-13	48.5 kgs / 106.9 lbs	Mackenzie Taylor	8/2020
2: 12-13	48.0 kgs / 105.8 lbs	Mackenzie Taylor	3/2020
3: 12-13	47.6 kgs / 104.9 lbs	Ariel Bulmash	3/2009
4: 12-13	36.3 kgs / 80.0 lbs	K. Ott	2004
5: 12-13	36.2 kgs / 79.8 lbs	K. Ott	3/2004
6: 12-13	34.9 kgs / 76.9 lbs	Raquel Childers	12/1999
14-15	70.0 kgs / 154.3 lbs	Miranda Chambers	11/2014
2: 14-15	62.5 kgs / 137.7 lbs	Taisia Khramtsova	4/2014
3: 14-15	55.0 kgs / 121.2 lbs	Alyssa Golding	3/2013
4: 14-15	51.0 kgs / 112.4 lbs	Sabrina Lhota	12/1999
16-17	85.0 kgs / 187.3 lbs	Miranda Chambers	10/2016
2: 16-17	77.5 kgs / 170.8 lbs	Miranda Chambers	6/2016
3: 16-17	63.6 kgs / 140.2 lbs	Leslie Kutner	8/2007
4: 16-17	45.3 kgs / 99.8 lbs	L. Finney	1/2001
18-19	120.0 kgs / 264.5 lbs	Febrose Tsiode	10/2018
2: 18-19	70.5 kgs / 155.4 lbs	Leslie Kutner	3/2008
20-24	87.5 kgs / 192.9 lbs	Jonalyn Barcarse	6/2021
2: 20-24	80.0 kgs / 176.3 lbs	Melissa Hexter	10/2015
3: 20-24	75.0 kgs / 165.3 lbs	Jackie Hong	2/2014
4: 20-24	68.0 kgs / 149.9 lbs	Rebecca Skal	1999
5: 20-24	63.5 kgs / 139.9 lbs	Jumana Asroush	12/1999
25-29	78.0 kgs / 171.9 lbs	Skylar Yanke	6/2019
2: 25-29	77.5 kgs / 170.8 lbs	Taryn Haggerstone	5/2019
3: 25-29	67.5 kgs / 148.8 lbs	Melissa Barber	5/2016
4: 25-29	65.0 kgs / 143.2 lbs	Bianca Luedeker	10/2012
5: 25-29	47.5 kgs / 104.7 lbs	Kendra Johnson	4/2011
30-34	77.5 kgs / 170.8 lbs	Natasha Beasley	8/2017
2: 30-34	75.0 kgs / 165.3 lbs	Olga Dombrovska	4/2014
3: 30-34	65.0 kgs / 143.2 lbs	Suzanne Davis	12/2013
4: 30-34	55.0 kgs / 121.2 lbs	Jennie Turner	6/2013
5: 30-34	52.5 kgs / 115.7 lbs	Kristina Martemucci	8/2011
35-39	82.5 kgs / 181.8 lbs	Natasha Beasley	11/2018
2: 35-39	80.5 kgs / 177.4 lbs	Natasha Beasley	6/2018
3: 35-39	80.0 kgs / 176.3 lbs	Julie Puetz	11/2017
4: 35-39	78.5 kgs / 173.0 lbs	Amy Eaton	2/2011
5: 35-39	77.5 kgs / 170.8 lbs	Kerry Self	12/2010
6: 35-39	68.0 kgs / 149.9 lbs	Lori Snyder	2005
40-44	85.0 kgs / 187.3 lbs	Elizabeth Craven	10/2018
2: 40-44	82.5 kgs / 181.8 lbs	Kerry Self	8/2017
3: 40-44	81.0 kgs / 178.5 lbs	Amy Eaton	6/2011
4: 40-44	54.5 kgs / 120.1 lbs	Julianne Tomasello	4/2006
45-49	80.0 kgs / 176.3 lbs	Kelly Moore	10/2009
2: 45-49	63.5 kgs / 139.9 lbs	Lisa Hrutkay	3/2008
3: 45-49	52.3 kgs / 115.3 lbs	Lauren Watson	12/2007
4: 45-49	52.2 kgs / 115.0 lbs	Leigh Haines	7/2007
5: 45-49	47.6 kgs / 104.9 lbs	Cheri Grant	2/2006
50-54	72.5 kgs / 159.8 lbs	Diane Brill	10/2012
2: 50-54	62.5 kgs / 137.7 lbs	Lisa Hrutkay	3/2012
3: 50-54	47.5 kgs / 104.7 lbs	Courtenay Khoury	10/2009
4: 50-54	37.5 kgs / 82.6 lbs	Gretchen Gray-Buchana	6/2008
5: 50-54	32.5 kgs / 71.6 lbs	Nancy Scott	4/2008
55-59	74.8 kgs / 164.9 lbs	Lisa Hoyt	6/2022

2: 55-59	70.0 kgs / 154.3 lbs	Diane Brill	6/2019
3: 55-59	67.5 kgs / 148.8 lbs	Diane Brill	4/2017
4: 55-59	62.5 kgs / 137.7 lbs	Judith Wolff	8/2010
5: 55-59	45.3 kgs / 99.8 lbs	C Koch	2004
60-64	60.5 kgs / 133.3 lbs	Susan Drach	4/2019
2: 60-64	57.5 kgs / 126.7 lbs	Judith Wolff	6/2012
65-69	45.0 kgs / 99.2 lbs	Dianne MacMillan	3/2009
70-74	41.0 kgs / 90.3 lbs	Marcia Anderson	7/2021
2: 70-74	25.0 kgs / 55.1 lbs	Janet Bauer	10/2017
75-79	30.0 kgs / 66.1 lbs	Karola Meyer	10/2020
2: 75-79	28.0 kgs / 61.7 lbs	Karola Meyer	7/2019
3: 75-79	27.5 kgs / 60.6 lbs	Karila Meyer	4/2019
4: 75-79	18.1 kgs / 39.9 lbs	Dorothy Johnson	3/2008
80-84	32.0 kgs / 70.5 lbs	Karola Meyer	9/2021
2: 80-84	31.0 kgs / 68.3 lbs	Karola Meyer	6/2021
Police/Fire/Mil	60.0 kgs / 132.2 lbs	Yvonne Young	8/2012

Weight Class: 60 / 132 Female			
Division	Bench Press	Name	Date
Open	127.0 kgs / 279.9 lbs	Jennifer Thompson	8/2006
2: Open	91.8 kgs / 202.3 lbs	Amy Perlmutter	5/2000
3: Open	65.7 kgs / 144.8 lbs	Tausha Oxer	2/2000
4: Open	63.5 kgs / 139.9 lbs	Kelly Wescott	5/1999
8-9	48.5 kgs / 106.9 lbs	Madison Berry	10/2021
2: 8-9	47.5 kgs / 104.7 lbs	Madison Berry	10/2021
3: 8-9	42.5 kgs / 93.6 lbs	Madison Berry	8/2021
4: 8-9	40.0 kgs / 88.1 lbs	Madison Berry	5/2021
10-11	35.0 kgs / 77.1 lbs	Annabelle Turlington	8/2021
2: 10-11	30.0 kgs / 66.1 lbs	Anecia Wilkerson	11/2009
3: 10-11	27.5 kgs / 60.6 lbs	Olivia Toth	12/2008
12-13	65.0 kgs / 143.2 lbs	Beth-el Algarin	10/2012
2: 12-13	32.5 kgs / 71.6 lbs	Jordan Bowers	3/2010
14-15	62.5 kgs / 137.7 lbs	Katelyn Barry	10/2018
2: 14-15	60.0 kgs / 132.2 lbs	Anastasiya Vinnik	12/2014
3: 14-15	55.0 kgs / 121.2 lbs	Ashley Hoban	3/2014
4: 14-15	52.5 kgs / 115.7 lbs	Kelly Hennigan	2013
5: 14-15	45.0 kgs / 99.2 lbs	Rachel Medevielle	6/2011
6: 14-15	43.2 kgs / 95.2 lbs	Janell Goodwyn	5/2007
16-17	70.5 kgs / 155.4 lbs	Catherine Reynolds	4/2018
2: 16-17	70.0 kgs / 154.3 lbs	Catherine Reynolds	3/2018
3: 16-17	66.5 kgs / 146.6 lbs	Catherine Reynolds	8/2017
4: 16-17	65.7 kgs / 144.8 lbs	Tausha Oxer	2/2000
18-19	75.0 kgs / 165.3 lbs	Catherine Reynolds	10/2018
2: 18-19	72.5 kgs / 159.8 lbs	Catherine Reynolds	8/2018
3: 18-19	62.5 kgs / 137.7 lbs	Krystal Stanczyk	4/2014
4: 18-19	53.5 kgs / 117.9 lbs	Kayla Irwin	6/2012
5: 18-19	42.5 kgs / 93.6 lbs	Marinalva de Souza	8/2010
20-24	91.8 kgs / 202.3 lbs	Amy Perlmutter	5/2000
25-29	82.5 kgs / 181.8 lbs	Amanda Brady	11/2014
2: 25-29	67.5 kgs / 148.8 lbs	Laura Monroe	8/2011
3: 25-29	56.6 kgs / 124.7 lbs	Carrie King	5/2003
30-34	127.0 kgs / 279.9 lbs	Jennifer Thompson	8/2006

35-39	92.5 kgs / 203.9 lbs	Svetlana Dergaputskaya	4/2014
2: 35-39	79.4 kgs / 175.0 lbs	Kerry Self	5/2010
3: 35-39	63.5 kgs / 139.9 lbs	Kelly Wescott	5/1999
40-44	85.0 kgs / 187.3 lbs	Kerry Self	12/2017
2: 40-44	80.0 kgs / 176.3 lbs	Kerry Self	5/2017
3: 40-44	72.5 kgs / 159.8 lbs	Jenifer Kelly	3/2011
4: 40-44	61.2 kgs / 134.9 lbs	Marcy Stein	12/2007
5: 40-44	52.1 kgs / 114.8 lbs	S. Elchynski	2001
45-49	85.0 kgs / 187.3 lbs	Kerry Self	12/2018
2: 45-49	79.3 kgs / 174.8 lbs	Kelly Wescott	4/2007
50-54	79.0 kgs / 174.1 lbs	Patti McKee	6/2014
2: 50-54	76.0 kgs / 167.5 lbs	Kelly Wescott	3/2011
3: 50-54	72.5 kgs / 159.8 lbs	Diane Brill	10/2010
4: 50-54	63.5 kgs / 139.9 lbs	Ellen Stein	2007
55-59	73.5 kgs / 162.0 lbs	Diane Brill	6/2016
2: 55-59	73.0 kgs / 160.9 lbs	Diane Brill	5/2015
3: 55-59	62.5 kgs / 137.7 lbs	Judith Wolff	8/2010
60-64	60.0 kgs / 132.2 lbs	Judith Wolff	6/2012
65-69	50.0 kgs / 110.2 lbs	Judith Wolff	6/2018
2: 65-69	45.0 kgs / 99.2 lbs	Dianne MacMillan	3/2009
70-74	45.5 kgs / 100.3 lbs	Linda Leightley	3/2019
2: 70-74	45.0 kgs / 99.2 lbs	Linda Leightley	5/2016
3: 70-74	43.0 kgs / 94.7 lbs	Linda Leightley	10/2015
4: 70-74	42.5 kgs / 93.6 lbs	Linda Leightley	6/2015
75-79	45.0 kgs / 99.2 lbs	Linda Leightley	3/2020
2: 75-79	22.6 kgs / 49.8 lbs	Dorothy Johnson	2009
80-84	35.0 kgs / 77.1 lbs	Ruth Coak	6/2014
2: 80-84	22.6 kgs / 49.8 lbs	Dorothy Johnson	2009
3: 80-84	20.0 kgs / 44.0 lbs	Josie Merrell	9/2002
Police/Fire/Mil	72.5 kgs / 159.8 lbs	Katie Johnson	5/2015
2: Police/Fire/Mil	65.7 kgs / 144.8 lbs	Jan Shultis	11/2006
Handicapped	50.0 kgs / 110.2 lbs	Varshaben Joshi	7/2019

Weight Class: 67.5 / 148 Female			
Division	Bench Press	Name	Date
Open	105.0 kgs / 231.4 lbs	Lina Zubritskaya	2012
2: Open	104.6 kgs / 230.6 lbs	Michelle Borzak	7/2005
3: Open	99.7 kgs / 219.7 lbs	Donna White	6/2003
4: Open	97.5 kgs / 214.9 lbs	Gloria Knight-McNeil	5/1999
8-9	51.0 kgs / 112.4 lbs	Madison Berry	2/2022
10-11	67.5 kgs / 148.8 lbs	Madison Berry	5/2023
2: 10-11	65.0 kgs / 143.2 lbs	Madison Berry	2/2023
3: 10-11	62.5 kgs / 137.7 lbs	Madison Berry	11/2022
4: 10-11	61.5 kgs / 135.5 lbs	Madison Berry	10/2022
5: 10-11	57.5 kgs / 126.7 lbs	Madison Berry	8/2022
6: 10-11	55.0 kgs / 121.2 lbs	Madison Berry	7/2022
7: 10-11	52.5 kgs / 115.7 lbs	Madison Berry	3/2022
8: 10-11	40.0 kgs / 88.1 lbs	Trinity Marrow	3/2012
12-13	67.5 kgs / 148.8 lbs	Mackenzie Taylor	10/2021
2: 12-13	63.5 kgs / 139.9 lbs	Mackenzie Taylor	5/2021
3: 12-13	59.0 kgs / 130.0 lbs	Lindsey Brill	10/2010

4: 12-13	43.0 kgs / 94.7 lbs	Shannon Rudd	6/2003
5: 12-13	40.8 kgs / 89.9 lbs	Amanda Miller	12/1999
14-15	70.5 kgs / 155.4 lbs	Kaitlyn Duncan	11/2010
2: 14-15	70.3 kgs / 154.9 lbs	Angie Miller	2003
3: 14-15	47.6 kgs / 104.9 lbs	Robin Hawkins	9/2001
4: 14-15	45.4 kgs / 100.0 lbs	Kelli Taylor	4/2001
16-17	79.4 kgs / 175.0 lbs	Angie Miller	2004
2: 16-17	70.3 kgs / 154.9 lbs	Emilia Green	12/1999
18-19	72.5 kgs / 159.8 lbs	Sarah Dolson	9/2001
20-24	87.5 kgs / 192.9 lbs	Abby Hall	6/2019
2: 20-24	86.0 kgs / 189.5 lbs	Antonina Burbytko	9/2013
3: 20-24	85.0 kgs / 187.3 lbs	Tara Steadman	10/2010
4: 20-24	77.5 kgs / 170.8 lbs	Elise MacKenzie	10/2009
5: 20-24	70.3 kgs / 154.9 lbs	Rebecca Howell	6/2006
6: 20-24	68.0 kgs / 149.9 lbs	K Woodside	2001
25-29	90.0 kgs / 198.4 lbs	Abby Hall	10/2019
2: 25-29	85.0 kgs / 187.3 lbs	Serena Imbriaco	6/2019
3: 25-29	84.8 kgs / 186.9 lbs	Latrese Reames	7/2007
30-34	90.0 kgs / 198.4 lbs	Svetlana Pikalova	12/2014
2: 30-34	70.0 kgs / 154.3 lbs	Svetlana Morozova	4/2014
3: 30-34	57.8 kgs / 127.4 lbs	Laura Delay	5/2009
35-39	97.5 kgs / 214.9 lbs	Gloria Knight-McNeil	5/1999
40-44	80.0 kgs / 176.3 lbs	Jenifer Kelly	6/2011
2: 40-44	79.4 kgs / 175.0 lbs	Dawn Maroscher	1/2011
3: 40-44	72.5 kgs / 159.8 lbs	Christie Burnett	10/2009
4: 40-44	69.9 kgs / 154.1 lbs	Ruth Douglas	2007
5: 40-44	65.0 kgs / 143.2 lbs	Nona Hubbard	12/2006
6: 40-44	62.5 kgs / 137.7 lbs	Ruth Douglas	9/2005
7: 40-44	43.1 kgs / 95.0 lbs	Ruth Manning	12/1999
45-49	77.5 kgs / 170.8 lbs	Tonya Motyka	4/2017
2: 45-49	73.5 kgs / 162.0 lbs	Mary Ann Wieckowski	6/2012
3: 45-49	72.5 kgs / 159.8 lbs	Christe Burnett	3/2012
4: 45-49	69.5 kgs / 153.2 lbs	Nona Hubbard	8/2008
5: 45-49	63.5 kgs / 139.9 lbs	Cozetta Penn	6/2008
50-54	75.0 kgs / 165.3 lbs	Heather Flottmann	4/2023
2: 50-54	73.0 kgs / 160.9 lbs	Heather Flottmann	2/2023
3: 50-54	72.5 kgs / 159.8 lbs	Kelly Wescott	11/2010
4: 50-54	72.1 kgs / 158.9 lbs	Kathy McGee	4/2007
5: 50-54	36.5 kgs / 80.4 lbs	Rickie Robertson	10/2006
55-59	68.5 kgs / 151.0 lbs	Karen Walsh	4/2022
2: 55-59	68.0 kgs / 149.9 lbs	Claudia Helmick	12/2021
3: 55-59	65.7 kgs / 144.8 lbs	Cynthia Hochstetler	9/2010
4: 55-59	45.0 kgs / 99.2 lbs	Elaine Neal	6/2008
5: 55-59	37.5 kgs / 82.6 lbs	Teresa Wiles	9/2007
60-64	75.0 kgs / 165.3 lbs	Deb Ellard	9/2021
2: 60-64	60.0 kgs / 132.2 lbs	Debra Cohen	6/2018
3: 60-64	50.0 kgs / 110.2 lbs	Doris Santos	10/2013
4: 60-64	40.0 kgs / 88.1 lbs	Bonnie Kershaw	6/2012
65-69	50.0 kgs / 110.2 lbs	Susan Shofner	12/2019
2: 65-69	42.0 kgs / 92.5 lbs	Tonnie Alliance	11/2014
3: 65-69	40.8 kgs / 89.9 lbs	Dottie Mikoloski	9/2001
70-74	45.5 kgs / 100.3 lbs	Tonnie Alliance	10/2016

2: 70-74	45.0 kgs / 99.2 lbs	Tonnie Alliance	9/2015
3: 70-74	40.5 kgs / 89.2 lbs	Joan Bacon	8/2015
4: 70-74	40.0 kgs / 88.1 lbs	Tonnie Alliance	6/2015
75-79	47.5 kgs / 104.7 lbs	Janet Reynolds	7/2021
2: 75-79	27.5 kgs / 60.6 lbs	Marlene Henriques	3/2019
3: 75-79	15.9 kgs / 35.0 lbs	Josie Merrell	12/2001
80-84	41.7 kgs / 91.9 lbs	Janet Reynolds	6/2022
2: 80-84	30.5 kgs / 67.2 lbs	Marlene Henriques	3/2022
3: 80-84	30.0 kgs / 66.1 lbs	Bonnie Thurston	7/2021
Police/Fire/Mil	82.5 kgs / 181.8 lbs	Latosha Floyd	
2: Police/Fire/Mil	80.0 kgs / 176.3 lbs	Katie Johnson	10/2015
3: Police/Fire/Mil	72.5 kgs / 159.8 lbs	Jamie Potter	3/2012
4: Police/Fire/Mil	61.2 kgs / 134.9 lbs	Quincy Copeland	12/2009

Weight Class: 75 / 165 Female			
Division	Bench Press	Name	Date
Open	102.5 kgs / 225.9 lbs	Angela Lewis	7/2019
2: Open	98.0 kgs / 216.0 lbs	Tierra Tucker	3/2019
3: Open	97.5 kgs / 214.9 lbs	Joan Gardner	12/2006
4: Open	93.0 kgs / 205.0 lbs	Lynne Nelson	10/2006
5: Open	86.6 kgs / 190.9 lbs	T. Encarnacion	2001
6: Open	63.5 kgs / 139.9 lbs	Jennifer Zak	11/1999
7: Open	40.8 kgs / 89.9 lbs	K. McNeil	5/1999
10-11	73.0 kgs / 160.9 lbs	Madison Berry	11/2023
2: 10-11	72.5 kgs / 159.8 lbs	Madison Berry	10/2023
3: 10-11	70.0 kgs / 154.3 lbs	Madison Berry	8/2023
4: 10-11	68.4 kgs / 150.7 lbs	Madison Berry	6/2023
5: 10-11	66.0 kgs / 145.5 lbs	Madison Berry	4/2023
6: 10-11	59.0 kgs / 130.0 lbs	Madison Berry	8/2022
7: 10-11	47.5 kgs / 104.7 lbs	Samantha Davis	4/2017
8: 10-11	45.4 kgs / 100.0 lbs	Megan Dishman	10/2003
9: 10-11	40.8 kgs / 89.9 lbs	K. McNeil	5/1999
12-13	67.5 kgs / 148.8 lbs	Mackenzie Taylor	10/2021
2: 12-13	62.0 kgs / 136.6 lbs	Mackenzie Taylor	8/2021
3: 12-13	59.0 kgs / 130.0 lbs	Jessica Fagnoli	6/2019
4: 12-13	47.5 kgs / 104.7 lbs	Lily Stoddard	6/2018
5: 12-13	45.3 kgs / 99.8 lbs	C. Easter	1999
6: 12-13	29.4 kgs / 64.8 lbs	Danielle Luff	5/1999
14-15	90.0 kgs / 198.4 lbs	Mackenzie Taylor	5/2023
2: 14-15	88.0 kgs / 194.0 lbs	Mackenzie Taylor	2/2023
3: 14-15	87.5 kgs / 192.9 lbs	Beth-el Algarin	10/2015
4: 14-15	82.5 kgs / 181.8 lbs	Beth-el Algarin	11/2014
5: 14-15	62.5 kgs / 137.7 lbs	Nicole Hardy	10/2011
6: 14-15	38.6 kgs / 85.0 lbs	Abby Loop	10/2006
16-17	74.8 kgs / 164.9 lbs	Ashley Buck	2005
2: 16-17	45.4 kgs / 100.0 lbs	Kelli Taylor	9/2002
18-19	80.0 kgs / 176.3 lbs	Jamie Augustine	11/2022
2: 18-19	77.5 kgs / 170.8 lbs	Kristina-Marie Coleman	6/2016
3: 18-19	76.5 kgs / 168.6 lbs	Hope Griffith	2/2014

4: 18-19	75.0 kgs / 165.3 lbs	Hope Griffith	2/2014
5: 18-19	70.0 kgs / 154.3 lbs	Amanda Miskiel	3/2010
6: 18-19	52.1 kgs / 114.8 lbs	Rachel Clarke	2002
20-24	97.5 kgs / 214.9 lbs	Tara Steadman	6/2010
2: 20-24	83.9 kgs / 184.9 lbs	Nicole Miller	11/2006
3: 20-24	81.6 kgs / 179.8 lbs	Jennifer Streck-Borzi	2004
4: 20-24	63.5 kgs / 139.9 lbs	Jennifer Zak	11/1999
25-29	102.5 kgs / 225.9 lbs	Angela Lewis	7/2019
2: 25-29	98.0 kgs / 216.0 lbs	Tierra Tucker	3/2019
3: 25-29	95.0 kgs / 209.4 lbs	Tierra Tucker	8/2018
4: 25-29	87.5 kgs / 192.9 lbs	Tierra Tucker	3/2018
5: 25-29	82.5 kgs / 181.8 lbs	Aubrey Mester-Webb	10/2016
6: 25-29	81.6 kgs / 179.8 lbs	Amanda Dolan	5/2003
30-34	102.5 kgs / 225.9 lbs	Tierra Tucker	3/2020
2: 30-34	95.0 kgs / 209.4 lbs	Jesse Akister	10/2018
3: 30-34	83.0 kgs / 182.9 lbs	Bonni Rogers	2/2018
4: 30-34	77.5 kgs / 170.8 lbs	Bonni Rogers	8/2017
5: 30-34	75.0 kgs / 165.3 lbs	Bonni Rodgers	10/2016
6: 30-34	72.5 kgs / 159.8 lbs	Jamie King	10/2015
7: 30-34	70.0 kgs / 154.3 lbs	Iryna Leonova	4/2014
8: 30-34	63.5 kgs / 139.9 lbs	Angel Green	2/2006
35-39	90.0 kgs / 198.4 lbs	Hayley Bloom	6/2017
2: 35-39	87.5 kgs / 192.9 lbs	Hayley Bloom	12/2016
3: 35-39	86.1 kgs / 189.8 lbs	Tammy Walker	9/2007
4: 35-39	70.3 kgs / 154.9 lbs	Melody Stocks	11/2006
5: 35-39	58.9 kgs / 129.8 lbs	S Challis	2005
40-44	100.0 kgs / 220.4 lbs	Alexis Kajencki	11/2023
2: 40-44	98.0 kgs / 216.0 lbs	Alexis Kajencki	6/2023
3: 40-44	97.5 kgs / 214.9 lbs	Tammy Walker	3/2009
4: 40-44	72.5 kgs / 159.8 lbs	Michelle Omokaiye	10/2005
45-49	93.5 kgs / 206.1 lbs	Joan Gardner	12/2006
2: 45-49	93.0 kgs / 205.0 lbs	Lynne Nelson	10/2006
3: 45-49	20.4 kgs / 44.9 lbs	Brenda Smith	12/1999
50-54	97.5 kgs / 214.9 lbs	Joan Gardner	12/2006
2: 50-54	61.2 kgs / 134.9 lbs	Barbara Roby	11/2004
55-59	88.5 kgs / 195.1 lbs	Cynthia Crossland	3/2020
2: 55-59	85.0 kgs / 187.3 lbs	Cynthia Crossland	10/2018
3: 55-59	80.0 kgs / 176.3 lbs	Claudia Helmick	3/2017
4: 55-59	72.5 kgs / 159.8 lbs	Cynthia Hochstetler	9/2011
5: 55-59	47.5 kgs / 104.7 lbs	Elaine Neal	8/2008
60-64	77.5 kgs / 170.8 lbs	Cynthia Crossland	2/2023
2: 60-64	75.0 kgs / 165.3 lbs	Claudia Helmick	12/2022
3: 60-64	70.5 kgs / 155.4 lbs	Linda Jess	6/2017
4: 60-64	60.0 kgs / 132.2 lbs	Geneva Koutas	6/2013
5: 60-64	45.0 kgs / 99.2 lbs	Kathy Okerlund	9/2011
6: 60-64	30.0 kgs / 66.1 lbs	A Urban	2009
65-69	60.0 kgs / 132.2 lbs	Susan Shofner	4/2022
2: 65-69	55.0 kgs / 121.2 lbs	Susan Shofner	4/2021
3: 65-69	27.5 kgs / 60.6 lbs	Judy Phipps	6/2015
70-74	37.5 kgs / 82.6 lbs	Monica Johnston	9/2022
2: 70-74	35.0 kgs / 77.1 lbs	Linda Odum	7/2018
85-89	27.5 kgs / 60.6 lbs	Nada Brewer	3/2014

Police/Fire/Mil	90.0 kgs / 198.4 lbs	Hayley Bloom	6/2017
2: Police/Fire/Mil	87.5 kgs / 192.9 lbs	Hayley Bloom	12/2016
3: Police/Fire/Mil	82.5 kgs / 181.8 lbs	Nichola Diaz	8/2014
4: Police/Fire/Mil	81.6 kgs / 179.8 lbs	Michelle Bertrand	11/2002
Spec. Oly.	52.5 kgs / 115.7 lbs	Vivienne Shockley	6/2013

Weight Class: 82.5 / 181 Female			
Division	Bench Press	Name	Date
Open	115.0 kgs / 253.5 lbs	Allison White	5/2019
2: Open	112.5 kgs / 248.0 lbs	Tammy Walker	5/2014
3: Open	108.9 kgs / 240.0 lbs	Kathy Roberts	2006
4: Open	81.6 kgs / 179.8 lbs	Karen Stone	10/2005
5: Open	74.8 kgs / 164.9 lbs	J Jasper	2000
6: Open	56.6 kgs / 124.7 lbs	Solita Williams	12/1999
10-11	72.5 kgs / 159.8 lbs	Madison Berry	12/2023
2: 10-11	54.4 kgs / 119.9 lbs	Victoria Vasquez	1/2008
12-13	57.5 kgs / 126.7 lbs	Victoria Vasquez	
14-15	93.4 kgs / 205.9 lbs	Mackenzie Taylor	6/2023
2: 14-15	91.0 kgs / 200.6 lbs	Mackenzie Taylor	4/2023
3: 14-15	85.0 kgs / 187.3 lbs	Mackenzie Taylor	11/2022
4: 14-15	80.0 kgs / 176.3 lbs	Mackenzie Taylor	8/2022
5: 14-15	70.0 kgs / 154.3 lbs	Shelby Taylor	4/2017
6: 14-15	67.5 kgs / 148.8 lbs	Brooke Bonney	6/2012
7: 14-15	52.5 kgs / 115.7 lbs	Rachel Vincent	6/2011
8: 14-15	52.2 kgs / 115.0 lbs	Shanna Bowers	2/2000
16-17	90.0 kgs / 198.4 lbs	Mackenzie Taylor	12/2023
2: 16-17	82.2 kgs / 181.2 lbs	Anna McCloskey	8/2009
3: 16-17	67.5 kgs / 148.8 lbs	Aimee Cowdery	2001
4: 16-17	49.9 kgs / 110.0 lbs	Kristen Whitakers	2/2000
18-19	92.5 kgs / 203.9 lbs	Tara Maier	12/2013
2: 18-19	75.0 kgs / 165.3 lbs	Anna Knapski	8/2010
3: 18-19	70.3 kgs / 154.9 lbs	Nicole Miller	6/2005
20-24	106.6 kgs / 235.0 lbs	LaToya Parrish	12/2007
2: 20-24	74.8 kgs / 164.9 lbs	J Jasper	2000
25-29	105.0 kgs / 231.4 lbs	Lisa Gervais	8/2016
2: 25-29	98.0 kgs / 216.0 lbs	Lisa Gervais	10/2015
3: 25-29	85.0 kgs / 187.3 lbs	Lisa Gervais	8/2015
4: 25-29	72.5 kgs / 159.8 lbs	Anna Borodanenko	4/2014
5: 25-29	70.0 kgs / 154.3 lbs	Nicole Sims	3/2014
6: 25-29	62.5 kgs / 137.7 lbs	Kristin Coleman	8/2011
30-34	107.5 kgs / 236.9 lbs	Lisa Gervais	6/2019
2: 30-34	105.0 kgs / 231.4 lbs	Lisa Gervais	10/2017
3: 30-34	102.5 kgs / 225.9 lbs	Lisa Gervais	8/2017
4: 30-34	102.1 kgs / 225.0 lbs	Kathy Roberts	5/2010
35-39	115.0 kgs / 253.5 lbs	Allison White	5/2019
2: 35-39	102.5 kgs / 225.9 lbs	Missy Gentry	8/2016
3: 35-39	100.0 kgs / 220.4 lbs	Missy Gentry	4/2016
4: 35-39	81.6 kgs / 179.8 lbs	Karen Stone	10/2005
5: 35-39	61.5 kgs / 135.5 lbs	Carmen LaRue	8/2004

6: 35-39	58.9 kgs / 129.8 lbs	Melody Stocks	2001
40-44	107.5 kgs / 236.9 lbs	Tammy Walker	5/2010
2: 40-44	97.7 kgs / 215.3 lbs	Kari Saban	7/2007
45-49	112.5 kgs / 248.0 lbs	Tammy Walker	5/2014
2: 45-49	87.5 kgs / 192.9 lbs	Patricia Rusinek	4/2011
3: 45-49	77.1 kgs / 169.9 lbs	Michelle Omokaiye	2005
50-54	80.0 kgs / 176.3 lbs	Mary Ann Wieckowski	11/2014
2: 50-54	77.5 kgs / 170.8 lbs	Mary Ann Wieckowski	6/2014
3: 50-54	72.5 kgs / 159.8 lbs	Kim Douth	4/2014
4: 50-54	65.0 kgs / 143.2 lbs	Mary Hodge	4/2006
55-59	87.5 kgs / 192.9 lbs	Cynthia Crossland	6/2018
2: 55-59	77.5 kgs / 170.8 lbs	Hyacinth Joseph	3/2013
3: 55-59	42.5 kgs / 93.6 lbs	Janet Zullo	11/2011
60-64	92.5 kgs / 203.9 lbs	Erika Grill	6/2016
2: 60-64	65.0 kgs / 143.2 lbs	Andrea Frederick	2/2016
3: 60-64	52.1 kgs / 114.8 lbs	Jayne Goldstein	8/2008
4: 60-64	35.0 kgs / 77.1 lbs	Carol Pacetti	10/2007
65-69	57.5 kgs / 126.7 lbs	Kathy Brennan	4/2023
2: 65-69	50.0 kgs / 110.2 lbs	Susan Gregory	11/2022
3: 65-69	45.0 kgs / 99.2 lbs	Buellah Bishop	10/2006
70-74	72.5 kgs / 159.8 lbs	Linda Arvey	4/2023
2: 70-74	37.5 kgs / 82.6 lbs	Helena Pettit	2/2020
Police/Fire/Mil	95.0 kgs / 209.4 lbs	Hayley Bloom	11/2017
2: Police/Fire/Mil	80.0 kgs / 176.3 lbs	Franky Moore	5/2015
3: Police/Fire/Mil	75.0 kgs / 165.3 lbs	Monique Skelton	6/2014
4: Police/Fire/Mil	72.5 kgs / 159.8 lbs	April Spilde	7/2004
Spec. Oly.	57.5 kgs / 126.7 lbs	Vivienne Shockley	7/2015
2: Spec. Oly.	50.0 kgs / 110.2 lbs	Joni Talavera	3/2012
3: Spec. Oly.	47.6 kgs / 104.9 lbs	Joni Talavera	7/2011
4: Spec. Oly.	45.5 kgs / 100.3 lbs	Janelle Aikey	12/2007
Handicapped	67.5 kgs / 148.8 lbs	Alexis Rowley	4/2023

Weight Class: 90 / 198 Female			
Division	Bench Press	Name	Date
Open	122.5 kgs / 270.0 lbs	LaToya Parrish	5/2008
2: Open	113.3 kgs / 249.7 lbs	Shannon Summers	2/2000
3: Open	102.0 kgs / 224.8 lbs	Ramona Gilbert	1999
10-11	52.5 kgs / 115.7 lbs	Olivia Stedman	2/2023
2: 10-11	50.0 kgs / 110.2 lbs	Olivia Stedman	11/2022
3: 10-11	45.3 kgs / 99.8 lbs	Solita Williams	5/2001
12-13	62.5 kgs / 137.7 lbs	Victoria Vasquez	11/2009
14-15	113.3 kgs / 249.7 lbs	Shannon Summers	2/2000
16-17	72.5 kgs / 159.8 lbs	Shelby Taylor	12/2018
2: 16-17	62.5 kgs / 137.7 lbs	Lia Mendoza	3/2012
3: 16-17	58.9 kgs / 129.8 lbs	Charlie Fohringer	2/2008
4: 16-17	47.6 kgs / 104.9 lbs	Nicole Mitchell	4/2001
18-19	72.5 kgs / 159.8 lbs	Shelby Taylor	6/2021
2: 18-19	65.0 kgs / 143.2 lbs	CaDeisha Debroux	4/2012
3: 18-19	59.0 kgs / 130.0 lbs	Jennifer Seyfried	9/2001

20-24	122.5 kgs / 270.0 lbs	LaToya Parrish	5/2008
2: 20-24	102.0 kgs / 224.8 lbs	America Marrow	6/2007
3: 20-24	86.1 kgs / 189.8 lbs	America Marrow	2005
25-29	105.0 kgs / 231.4 lbs	Ogechi Akalegbere	8/2017
2: 25-29	100.0 kgs / 220.4 lbs	Lisa Woodland	10/2015
3: 25-29	62.5 kgs / 137.7 lbs	Alison Ludlow	3/2015
4: 25-29	55.5 kgs / 122.3 lbs	Rebecca Hall	8/2014
5: 25-29	52.5 kgs / 115.7 lbs	Rebecca Hall	3/2014
30-34	110.0 kgs / 242.5 lbs	Lisa Gervais	10/2019
2: 30-34	107.5 kgs / 236.9 lbs	Tara Steadman	10/2018
3: 30-34	105.0 kgs / 231.4 lbs	Tara Steadman	6/2018
4: 30-34	102.5 kgs / 225.9 lbs	Riki Napiorkowski	3/2018
5: 30-34	95.0 kgs / 209.4 lbs	Brandi Sneed	10/2015
6: 30-34	90.0 kgs / 198.4 lbs	Rebecca Tucker	6/2015
7: 30-34	85.0 kgs / 187.3 lbs	Rebecca Tucker	6/2014
8: 30-34	70.0 kgs / 154.3 lbs	Amber Hamilton	6/2014
9: 30-34	57.5 kgs / 126.7 lbs	Mona Zuniga	3/2011
35-39	102.5 kgs / 225.9 lbs	Nikki Creecy	3/2013
2: 35-39	86.1 kgs / 189.8 lbs	Karen Stone	2/2006
40-44	102.5 kgs / 225.9 lbs	Sara Burwash	5/2018
2: 40-44	100.0 kgs / 220.4 lbs	Kari Saban	8/2006
3: 40-44	70.3 kgs / 154.9 lbs	Helen Cain	5/2004
4: 40-44	61.2 kgs / 134.9 lbs	Helen Hoffler	11/2003
45-49	87.5 kgs / 192.9 lbs	Shri Drake	3/2010
2: 45-49	75.0 kgs / 165.3 lbs	Catherine Marquardt	3/2009
3: 45-49	56.7 kgs / 125.0 lbs	Mary Blackstone	9/2008
50-54	71.0 kgs / 156.5 lbs	Mary Hodge	11/2020
2: 50-54	70.5 kgs / 155.4 lbs	Mary Hodge	8/2020
3: 50-54	70.0 kgs / 154.3 lbs	Terri Korba	3/2018
4: 50-54	68.5 kgs / 151.0 lbs	Terri Korba	10/2017
5: 50-54	67.5 kgs / 148.8 lbs	Maureen Hodges	9/2015
6: 50-54	65.0 kgs / 143.2 lbs	Terri Korba	8/2015
7: 50-54	60.1 kgs / 132.4 lbs	Lucy Hawkins	3/2007
55-59	83.0 kgs / 182.9 lbs	Hyacinth Joseph	2/2016
2: 55-59	77.1 kgs / 169.9 lbs	Kathy Wetenhall	10/2008
60-64	85.0 kgs / 187.3 lbs	Hyacinth Joseph	10/2016
2: 60-64	62.5 kgs / 137.7 lbs	Sandy Flaus	10/2015
3: 60-64	60.0 kgs / 132.2 lbs	Sandy Flaus	8/2015
65-69	57.5 kgs / 126.7 lbs	Karen Hansen	12/2017
2: 65-69	53.0 kgs / 116.8 lbs	Karen Hansen	6/2017
3: 65-69	45.0 kgs / 99.2 lbs	Karen Hansen	9/2015
4: 65-69	40.0 kgs / 88.1 lbs	Margaret Estabrooks	9/2015
5: 65-69	37.5 kgs / 82.6 lbs	Margaret Estabrooks	3/2015
70-74	60.0 kgs / 132.2 lbs	Karen Hansen	7/2019
2: 70-74	57.5 kgs / 126.7 lbs	Karen Hansen	10/2018
3: 70-74	52.5 kgs / 115.7 lbs	Karen Hansen	6/2018
4: 70-74	37.5 kgs / 82.6 lbs	Carol Pacetti	4/2013
5: 70-74	25.0 kgs / 55.1 lbs	Helene Benedikte	3/2010
Police/Fire/Mil	92.5 kgs / 203.9 lbs	Mona Espinosa	9/2021
2: Police/Fire/Mil	87.5 kgs / 192.9 lbs	Shri Drake	3/2010

3: Police/Fire/Mil	60.1 kgs / 132.4 lbs	Lucy Hawkins	3/2007
Spec. Oly.	52.5 kgs / 115.7 lbs	Joni Talavera	6/2016
2: Spec. Oly.	20.0 kgs / 44.0 lbs	Vonda Martin	4/2016
Handicapped	70.0 kgs / 154.3 lbs	Alexis Rowley	12/2023

Weight Class: 90+ / 198+ Female			
Division	Bench Press	Name	Date
Open	125.5 kgs / 276.6 lbs	Lisa Quevedo	10/2013
2: Open	124.7 kgs / 274.9 lbs	Shannon Summers	12/1999
3: Open	104.3 kgs / 229.9 lbs	Shannon Summers	12/1998
10-11	57.5 kgs / 126.7 lbs	Olivia Stedman	5/2023
2: 10-11	55.0 kgs / 121.2 lbs	Olivia Stedman	4/2023
12-13	68.5 kgs / 151.0 lbs	Victoria Vasquez	7/2010
2: 12-13	52.1 kgs / 114.8 lbs	Kanika Bryant	10/2002
14-15	104.3 kgs / 229.9 lbs	Shannon Summers	12/1998
16-17	124.7 kgs / 274.9 lbs	Shannon Summers	12/1999
18-19	77.5 kgs / 170.8 lbs	Shelby Taylor	12/2019
2: 18-19	75.0 kgs / 165.3 lbs	Brittany Luzier	4/2017
3: 18-19	70.0 kgs / 154.3 lbs	Sheila Paulin	11/2012
4: 18-19	62.0 kgs / 136.6 lbs	Sheila Paulin	9/2012
20-24	125.5 kgs / 276.6 lbs	Lisa Quevedo	10/2013
2: 20-24	80.0 kgs / 176.3 lbs	Kacie Sharp	6/2010
3: 20-24	72.5 kgs / 159.8 lbs	Amber Lynn	5/2010
4: 20-24	68.0 kgs / 149.9 lbs	V Muscato	2004
5: 20-24	63.5 kgs / 139.9 lbs	K. Kaign	9/2003
25-29	112.5 kgs / 248.0 lbs	Marissa Wilson	3/2018
2: 25-29	90.0 kgs / 198.4 lbs	Kacie Moser	6/2015
3: 25-29	80.0 kgs / 176.3 lbs	Alexis Dowling	11/2014
4: 25-29	75.0 kgs / 165.3 lbs	Alexis Dowling	3/2014
5: 25-29	62.5 kgs / 137.7 lbs	Catherine Toniatti-Yanulavich	3/2013
30-34	116.5 kgs / 256.8 lbs	Jessica Read	3/2012
35-39	117.5 kgs / 259.0 lbs	Jessica Read	7/2012
2: 35-39	83.9 kgs / 184.9 lbs	B. Olsen	9/2003
40-44	107.5 kgs / 236.9 lbs	Rochelle Comly-Dubbs	6/2018
2: 40-44	105.0 kgs / 231.4 lbs	Rochelle Dubbs	4/2018
3: 40-44	102.5 kgs / 225.9 lbs	Rochelle Comly-Dubbs	12/2017
4: 40-44	97.5 kgs / 214.9 lbs	Latonia Brown	8/2017
5: 40-44	94.0 kgs / 207.2 lbs	Latonia Brown	4/2017
6: 40-44	93.0 kgs / 205.0 lbs	Latonia Brown	2/2017
7: 40-44	83.9 kgs / 184.9 lbs	Gail Woodson	9/2003
45-49	100.0 kgs / 220.4 lbs	Leslie Irwin	8/2018
2: 45-49	98.5 kgs / 217.1 lbs	Michelle Carlsen	11/2011
3: 45-49	87.5 kgs / 192.9 lbs	Shri Drake	2010
4: 45-49	85.0 kgs / 187.3 lbs	Susan Zabawa	7/2007
50-54	120.24 kgs / 265.0 lbs	Anna Stamets	3/2023
2: 50-54	97.5 kgs / 214.9 lbs	Michelle Carlsen	6/2012
3: 50-54	57.8 kgs / 127.4 lbs	B. Zelina	2008
55-59	85.0 kgs / 187.3 lbs	Dorothy Sosnicki	6/2019
2: 55-59	75.0 kgs / 165.3 lbs	Kristianne Bebout	4/2019
3: 55-59	72.5 kgs / 159.8 lbs	Sue Nova	10/2017

4: 55-59	63.5 kgs / 139.9 lbs	Laura McIntyre	6/2014
5: 55-59	60.0 kgs / 132.2 lbs	Laura McIntyre	3/2014
60-64	97.5 kgs / 214.9 lbs	Bonnie Petersen	3/2018
2: 60-64	62.5 kgs / 137.7 lbs	Sandy Flaus	8/2017
65-69	54.4 kgs / 119.9 lbs	Beatrice Temple	6/2022
2: 65-69	45.3 kgs / 99.8 lbs	Suci Stinnett	11/2005
70-74	35.0 kgs / 77.1 lbs	Sandra Foli	6/2014
80-84	25.0 kgs / 55.1 lbs	Corrinne Cassidy	3/2012
Police/Fire/Mil	100.0 kgs / 220.4 lbs	Leslie Irwin	8/2018
2: Police/Fire/Mil	97.5 kgs / 214.9 lbs	Latonia Brown	8/2017
3: Police/Fire/Mil	94.0 kgs / 207.2 lbs	Latonia Brown	4/2017
4: Police/Fire/Mil	93.0 kgs / 205.0 lbs	Latonia Brown	2/2017
5: Police/Fire/Mil	87.5 kgs / 192.9 lbs	Shri Drake	2010
6: Police/Fire/Mil	86.1 kgs / 189.8 lbs	Patricia McCauley	3/2007
Spec. Oly.	50.0 kgs / 110.2 lbs	Rachel Ryan	3/2017
2: Spec. Oly.	47.5 kgs / 104.7 lbs	Rachel Ryan	7/2011

Weight Class: 30 / 66 Male

Division	Bench Press	Name	Date
Open	40.8 kgs / 89.9 lbs	Eptwaund Saunders	10/1999
5 and under	15.8 kgs / 34.8 lbs	Chase Zollo	6/2023
2: 5 and under	11.5 kgs / 25.3 lbs	Devin Sobota	2/2018
3: 5 and under	11.3 kgs / 24.9 lbs	William Hawkins IV	11/2009
6-7	26.5 kgs / 58.4 lbs	Jeremiah Skinner	8/2021
2: 6-7	25.5 kgs / 56.2 lbs	Jeremiah Skinner	5/2021
3: 6-7	22.5 kgs / 49.6 lbs	William Hawkins IV	4/2011
8-9	29.5 kgs / 65.0 lbs	Joshua Moore	1/2013
2: 8-9	29.4 kgs / 64.8 lbs	A Barrett	2007
10-11	32.9 kgs / 72.5 lbs	James Mims	7/2006
12-13	40.8 kgs / 89.9 lbs	Eptwaund Saunders	10/1999
Spec. Oly.	12.5 kgs / 27.5 lbs	Andrew Hill	8/2019
2: Spec. Oly.	11.0 kgs / 24.2 lbs	Andrew Hill	11/2018

Weight Class: 35 / 77 Male

Division	Bench Press	Name	Date
Open	57.5 kgs / 126.7 lbs	Zach Seymour	8/2012
2: Open	34.0 kgs / 74.9 lbs	D Perhacs	2001
6-7	32.5 kgs / 71.6 lbs	William Hawkins IV	8/2012
2: 6-7	22.5 kgs / 49.6 lbs	Robby Wickham	2011
8-9	40.0 kgs / 88.1 lbs	Sean Miller	12/2012
2: 8-9	34.0 kgs / 74.9 lbs	A Barrett	2008
3: 8-9	22.7 kgs / 50.0 lbs	Angelo Williams	3/2008
10-11	57.5 kgs / 126.7 lbs	Zach Seymour	8/2012
2: 10-11	34.0 kgs / 74.9 lbs	D Perhacs	2001
12-13	40.8 kgs / 89.9 lbs	Eptwaund Saunders	

2: 12-13	32.0 kgs / 70.5 lbs	Alexander Ferris	11/2017
3: 12-13	27.5 kgs / 60.6 lbs	Chris Miller	3/2013
14-15	35.0 kgs / 77.1 lbs	Varun Mehta	7/2019
Spec. Oly.	15.0 kgs / 33.0 lbs	Andrew Hill	11/2020

Weight Class: 40 / 88 Male

Division	Bench Press	Name	Date
Open	57.5 kgs / 126.7 lbs	DeAndre Proctor	8/2012
2: Open	38.5 kgs / 84.8 lbs	J Campisi	1999
6-7	20.4 kgs / 44.9 lbs	Davis Lee	2009
8-9	57.5 kgs / 126.7 lbs	DeAndre Proctor	8/2012
2: 8-9	29.4 kgs / 64.8 lbs	C Stoner	2001
10-11	47.5 kgs / 104.7 lbs	Sean Miller	11/2014
2: 10-11	42.5 kgs / 93.6 lbs	Sean Miller	4/2014
3: 10-11	38.5 kgs / 84.8 lbs	J Campisi	1999
12-13	40.0 kgs / 88.1 lbs	Hunter Forte	
2: 12-13	38.5 kgs / 84.8 lbs	S Perhacs	2004
14-15	40.8 kgs / 89.9 lbs	Eptwaund Saunders	
2: 14-15	40.0 kgs / 88.1 lbs	Nick Hartmann	2012

Weight Class: 44 / 97 Male

Division	Bench Press	Name	Date
Open	92.5 kgs / 203.9 lbs	Jasen Hinkel	7/2007
2: Open	56.6 kgs / 124.7 lbs	Christopher Bloom	2002
3: Open	40.8 kgs / 89.9 lbs	Demetrius Bright	5/1999
6-7	31.75 kgs / 69.9 lbs	Matthias Algarin	10/2009
8-9	62.5 kgs / 137.7 lbs	DeAndre Proctor	3/2013
2: 8-9	37.5 kgs / 82.6 lbs	Matthias Algarin	3/2010
3: 8-9	22.7 kgs / 50.0 lbs	Carson Keeney	3/2008
10-11	57.5 kgs / 126.7 lbs	Zach Seymour	
2: 10-11	45.0 kgs / 99.2 lbs	Casey Walker	3/2015
3: 10-11	40.8 kgs / 89.9 lbs	Demetrius Bright	5/1999
12-13	52.5 kgs / 115.7 lbs	Adam Taylor	10/2020
2: 12-13	52.0 kgs / 114.6 lbs	Sean Miller	11/2015
3: 12-13	42.6 kgs / 93.9 lbs	N Chaszczewicz	2009
4: 12-13	40.0 kgs / 88.1 lbs	Hunter Forte	12/2006
14-15	56.6 kgs / 124.7 lbs	Christopher Bloom	2002
16-17	92.5 kgs / 203.9 lbs	Jasen Hinkel	7/2007
18-19	40.0 kgs / 88.1 lbs	Ajay Kumar	7/2019

Weight Class: 48 / 105 Male

Division	Bench Press	Name	Date
Open	112.5 kgs / 248.0 lbs	Jasen Hinkel	3/2010
2: Open	110.0 kgs / 242.5 lbs	Jasen Hinkel	1/2010
3: Open	92.5 kgs / 203.9 lbs	Jasen Hinkel	8/2007
4: Open	85.0 kgs / 187.3 lbs	Daniel Levandusky	2001
5: Open	49.9 kgs / 110.0 lbs	Michael Welcheck	5/2000
6-7	17.0 kgs / 37.4 lbs	Seth Ruschel	4/2011
8-9	62.5 kgs / 137.7 lbs	DeAndre Proctor	3/2013
2: 8-9	52.5 kgs / 115.7 lbs	DeAndre Proctor	3/2012
3: 8-9	42.5 kgs / 93.6 lbs	Matthias Algarin	2011
4: 8-9	37.5 kgs / 82.6 lbs	Nick Beebe	11/2011

5: 8-9	22.7 kgs / 50.0 lbs	B. Keeney	3/2006
10-11	57.5 kgs / 126.7 lbs	Zach Seymour	2012
2: 10-11	49.9 kgs / 110.0 lbs	Jared Fleming	2003
3: 10-11	49.8 kgs / 109.7 lbs	Jared Fleming	10/2003
4: 10-11	47.6 kgs / 104.9 lbs	Anthony McCloskey	5/2000
12-13	57.5 kgs / 126.7 lbs	Sean Miller	9/2016
2: 12-13	55.0 kgs / 121.2 lbs	Alex Seymour	8/2012
3: 12-13	52.5 kgs / 115.7 lbs	Kamryn Vasquez	3/2012
4: 12-13	49.9 kgs / 110.0 lbs	Michael Welcheck	5/2000
14-15	92.5 kgs / 203.9 lbs	James Miller	7/2013
2: 14-15	77.5 kgs / 170.8 lbs	James Miller	7/2012
3: 14-15	65.7 kgs / 144.8 lbs	Bradley Pataky	2002
4: 14-15	47.6 kgs / 104.9 lbs	Kevin Angus	12/2000
5: 14-15	45.3 kgs / 99.8 lbs	Hunter Claypatch	9/2000
16-17	92.5 kgs / 203.9 lbs	Jasen Hinkel	8/2007
2: 16-17	63.5 kgs / 139.9 lbs	Justin Martin	3/2006
18-19	112.5 kgs / 248.0 lbs	Jasen Hinkel	3/2010
2: 18-19	110.0 kgs / 242.5 lbs	Jasen Hinkel	1/2010
3: 18-19	77.1 kgs / 169.9 lbs	Rob Marcellino	2008
4: 18-19	60.0 kgs / 132.2 lbs	Justin Martin	11/2006
20-24	97.5 kgs / 214.9 lbs	Kartik .	1/2021
2: 20-24	95.0 kgs / 209.4 lbs	Kartik .	7/2019
3: 20-24	77.5 kgs / 170.8 lbs	Rob Marcellino	6/2010
30-34	106.0 kgs / 233.6 lbs	Aleksandr Ermachenko	11/2014
40-44	59.0 kgs / 130.0 lbs	Michael Kahan	9/2011
2: 40-44	58.5 kgs / 128.9 lbs	Michael Kahan	8/2010
45-49	60.0 kgs / 132.2 lbs	Michael Kahan	10/2012
2: 45-49	59.0 kgs / 130.0 lbs	Michael Kahan	9/2011
50-54	57.5 kgs / 126.7 lbs	Michael Kahan	6/2016
Spec. Oly.	60.0 kgs / 132.2 lbs	Buck Ammons	11/2014
2: Spec. Oly.	58.0 kgs / 127.8 lbs	Buck Ammons	11/2014
Handicapped	60.0 kgs / 132.2 lbs	John Hess	3/2013

Weight Class: 52 / 114 Male			
Division	Bench Press	Name	Date
Open	106.5 kgs / 234.7 lbs	Boyd Honeycutt	11/1999
2: Open	74.8 kgs / 164.9 lbs	Steve Birchak	2/1999
3: Open	49.4 kgs / 108.9 lbs	H. Alvarez	1998
8-9	47.5 kgs / 104.7 lbs	Jeramiah Skinner	11/2023
2: 8-9	35.0 kgs / 77.1 lbs	Nicholas Paternoster	8/2008
10-11	68.0 kgs / 149.9 lbs	DeAndre Proctor	10/2014
2: 10-11	49.4 kgs / 108.9 lbs	H. Alvarez	1998
12-13	70.0 kgs / 154.3 lbs	Aleksandr Brazhnik	12/2014
2: 12-13	64.0 kgs / 141.0 lbs	Cherokee Widner	3/2012
3: 12-13	56.9 kgs / 125.4 lbs	Nicholas Reyes	8/2004
4: 12-13	52.2 kgs / 115.0 lbs	H. Alvarez	1999
14-15	92.5 kgs / 203.9 lbs	James Miller	7/2013
2: 14-15	82.7 kgs / 182.3 lbs	Mike Burkeen	7/2009
3: 14-15	82.5 kgs / 181.8 lbs	Mike Burkeen	3/2009
4: 14-15	77.1 kgs / 169.9 lbs	Nick Birchak	12/2000
16-17	92.5 kgs / 203.9 lbs	James Miller	10/2014
2: 16-17	83.9 kgs / 184.9 lbs	Ian Smith	8/2006

3: 16-17	77.7 kgs / 171.2 lbs	Hunter Claypatch	4/2004
4: 16-17	72.5 kgs / 159.8 lbs	Christopher Bloom	2003
18-19	86.6 kgs / 190.9 lbs	Hunter Claypatch	7/2005
20-24	100.0 kgs / 220.4 lbs	Dmitriy Sergienko	12/2014
2: 20-24	99.8 kgs / 220.0 lbs	Daniel Levandusky	12/2002
35-39	106.5 kgs / 234.7 lbs	Boyd Honeycutt	11/1999
40-44	92.0 kgs / 202.8 lbs	Gary Peterson	11/2014
2: 40-44	86.1 kgs / 189.8 lbs	Glenn Murphy	4/2001
45-49	74.8 kgs / 164.9 lbs	Steve Birchak	2/1999
55-59	65.0 kgs / 143.2 lbs	Jason Farrow	10/2011
Spec. Oly.	32.5 kgs / 71.6 lbs	Charlie Sanders	8/2010
2: Spec. Oly.	27.5 kgs / 60.6 lbs	Nick Kennedy	7/2010
Handicapped	65.0 kgs / 143.2 lbs	John Hess	6/2013

Weight Class: 56 / 123 Male			
Division	Bench Press	Name	Date
Open	150.0 kgs / 330.6 lbs	Adam Zehr	11/2008
2: Open	127.0 kgs / 279.9 lbs	Michael Kuhns	2004
3: Open	104.3 kgs / 229.9 lbs	J. Chavez	11/1999
4: Open	97.5 kgs / 214.9 lbs	Steve Snyder	2/1999
5: Open	68.0 kgs / 149.9 lbs	Tyrell Morris	5/1998
8-9	40.0 kgs / 88.1 lbs	Nicholas Paternoster	6/2009
10-11	58.9 kgs / 129.8 lbs	Anthony Morris	
2: 10-11	50.5 kgs / 111.3 lbs	Dalton Fazio	1/2021
3: 10-11	50.0 kgs / 110.2 lbs	Dalton Fazio	11/2020
4: 10-11	45.0 kgs / 99.2 lbs	Dalton Fazio	8/2020
5: 10-11	42.5 kgs / 93.6 lbs	Robby Wickham	5/2014
6: 10-11	40.8 kgs / 89.9 lbs	Ben Lapole	4/2008
12-13	77.5 kgs / 170.8 lbs	Benjamin Henson	8/2008
2: 12-13	68.0 kgs / 149.9 lbs	Tyrell Morris	5/1998
14-15	100.0 kgs / 220.4 lbs	James Miller	6/2013
2: 14-15	97.5 kgs / 214.9 lbs	Ryan Horne	2002
3: 14-15	90.7 kgs / 199.9 lbs	C Williams	2000
16-17	107.5 kgs / 236.9 lbs	Kody Cox	6/2013
2: 16-17	102.5 kgs / 225.9 lbs	Robert Clark	2009
3: 16-17	83.9 kgs / 184.9 lbs	Robert Fey	3/2001
18-19	127.0 kgs / 279.9 lbs	Michael Kuhns	2004
2: 18-19	102.0 kgs / 224.8 lbs	T. Hodge	11/1999
20-24	122.5 kgs / 270.0 lbs	Justin Longstreet	8/2012
2: 20-24	97.5 kgs / 214.9 lbs	Hunter Claypatch	6/2008
3: 20-24	82.5 kgs / 181.8 lbs	Chris Leach	4/2008
25-29	150.0 kgs / 330.6 lbs	Adam Zehr	11/2008
30-34	105.0 kgs / 231.4 lbs	Vin Voeun	3/2011
35-39	115.0 kgs / 253.5 lbs	Ravinder Pal Singh	1/2021
2: 35-39	110.0 kgs / 242.5 lbs	Vin Voeun	6/2012
3: 35-39	104.3 kgs / 229.9 lbs	J. Chavez	11/1999
4: 35-39	97.5 kgs / 214.9 lbs	Steve Snyder	2/1999
40-44	80.0 kgs / 176.3 lbs	Satish Kambali	7/2018
2: 40-44	77.1 kgs / 169.9 lbs	Jim Curcio	3/2001
45-49	95.0 kgs / 209.4 lbs	Eric Green	10/2012
2: 45-49	90.0 kgs / 198.4 lbs	Eric Green	6/2011
50-54	112.5 kgs / 248.0 lbs	Gary Teeter	11/2018

2: 50-54	110.0 kgs / 242.5 lbs	Gary Teeter	10/2018
3: 50-54	95.0 kgs / 209.4 lbs	Eric Green	6/2014
4: 50-54	92.5 kgs / 203.9 lbs	Garret Taoka	7/2007
55-59	103.0 kgs / 227.0 lbs	Gary Teeter	6/2023
2: 55-59	102.5 kgs / 225.9 lbs	Gary Teeter	8/2022
3: 55-59	95.2 kgs / 209.8 lbs	Robert Gill	3/2007
60-64	107.5 kgs / 236.9 lbs	Carl King	6/2019
65-69	90.7 kgs / 199.9 lbs	Byron Swain	5/2004
70-74	88.4 kgs / 194.8 lbs	Byron Swain	10/2006
80-84	45.5 kgs / 100.3 lbs	John Bazacas	4/2013
Police/Fire/Mil	125.0 kgs / 275.5 lbs	Brannigan Coleman	
2: Police/Fire/Mil	115.0 kgs / 253.5 lbs	Daniel Champagne	8/2012
3: Police/Fire/Mil	72.6 kgs / 160.0 lbs	J. Weyman	2000
4: Police/Fire/Mil	72.5 kgs / 159.8 lbs	J. Weyman	5/2000
Spec. Oly.	70.0 kgs / 154.3 lbs	Buck Ammons	8/2022
2: Spec. Oly.	62.5 kgs / 137.7 lbs	Mathew Duckett	7/2010
3: Spec. Oly.	55.0 kgs / 121.2 lbs	Travis Lilly	6/2010
Handicapped	115.0 kgs / 253.5 lbs	Ravinder Pal Singh	1/2021
2: Handicapped	55.0 kgs / 121.2 lbs	Travis Lilly	6/2010

Weight Class: 60 / 132 Male			
Division	Bench Press	Name	Date
Open	160.0 kgs / 352.7 lbs	Adam Zehr	4/2009
2: Open	149.8 kgs / 330.2 lbs	Adam Zehr	5/2007
3: Open	138.6 kgs / 305.5 lbs	Brian Goelz	8/2006
4: Open	136.0 kgs / 299.8 lbs	Melvin Perry	2/2006
5: Open	132.1 kgs / 291.2 lbs	Michael Kuhns	2005
6: Open	131.5 kgs / 289.9 lbs	Michael Kuhns	2003
7: Open	120.0 kgs / 264.5 lbs	Dean Holland	4/2001
8: Open	106.5 kgs / 234.7 lbs	Ben Zak	2/1997
6-7	13.0 kgs / 28.6 lbs	Andrew Hill	11/2019
8-9	31.7 kgs / 69.8 lbs	C. Thorton III	
2: 8-9	27.5 kgs / 60.6 lbs	Dylan Cooper	4/2017
10-11	62.5 kgs / 137.7 lbs	Devon Cassady	2/2015
2: 10-11	61.2 kgs / 134.9 lbs	A. Kandis	7/2004
3: 10-11	49.8 kgs / 109.7 lbs	A. Taylor	4/1999
12-13	81.6 kgs / 179.8 lbs	Coy Wimer	12/2006
2: 12-13	79.3 kgs / 174.8 lbs	Cordett Clay	4/1999
14-15	112.0 kgs / 246.9 lbs	Michael Kuhns	2001
2: 14-15	99.7 kgs / 219.7 lbs	Donnell Moore	5/1999
16-17	131.5 kgs / 289.9 lbs	Michael Kuhns	2003
18-19	132.1 kgs / 291.2 lbs	Michael Kuhns	2005
20-24	136.8 kgs / 301.5 lbs	Michael Kuhns	7/2008
2: 20-24	104.3 kgs / 229.9 lbs	Mike Allgeier	2000
25-29	160.0 kgs / 352.7 lbs	Adam Zehr	4/2009
2: 25-29	149.8 kgs / 330.2 lbs	Adam Zehr	5/2007
3: 25-29	106.5 kgs / 234.7 lbs	Ben Zak	2/1997
30-34	140.0 kgs / 308.6 lbs	Michael Kuhns	12/2017
2: 30-34	136.0 kgs / 299.8 lbs	Melvin Perry	2/2006

35-39	135.0 kgs / 297.6 lbs	Michael Kuhns	12/2020
2: 35-39	120.0 kgs / 264.5 lbs	Dean Holland	4/2001
40-44	125.0 kgs / 275.5 lbs	Sinath Sam	6/2011
2: 40-44	80.0 kgs / 176.3 lbs	Mario Forte	12/2006
45-49	120.0 kgs / 264.5 lbs	Galen Takushi	10/2013
2: 45-49	110.0 kgs / 242.5 lbs	Gary Teeter	6/2012
3: 45-49	99.8 kgs / 220.0 lbs	Jay Helms	12/2009
4: 45-49	79.5 kgs / 175.2 lbs	Steven Sokup	3/2008
50-54	113.0 kgs / 249.1 lbs	Gary Teeter	10/2017
2: 50-54	112.5 kgs / 248.0 lbs	Gary Teeter	10/2017
3: 50-54	110.0 kgs / 242.5 lbs	Gary Teeter	6/2016
4: 50-54	107.5 kgs / 236.9 lbs	Gary Teeter	10/2015
5: 50-54	95.0 kgs / 209.4 lbs	Garret Taoka	9/2007
6: 50-54	93.0 kgs / 205.0 lbs	Jim Marchio	7/2007
7: 50-54	90.7 kgs / 199.9 lbs	Jim Marchio	3/2007
55-59	107.5 kgs / 236.9 lbs	Gary Teeter	1/2023
2: 55-59	107.0 kgs / 235.8 lbs	Gary Teeter	12/2022
3: 55-59	106.5 kgs / 234.7 lbs	Gary Teeter	10/2022
4: 55-59	106.0 kgs / 233.6 lbs	Gary Teeter	6/2022
5: 55-59	105.5 kgs / 232.5 lbs	Gary Teeter	11/2020
6: 55-59	105.0 kgs / 231.4 lbs	Gary Teeter	11/2019
7: 55-59	100.0 kgs / 220.4 lbs	Fred Dyer	10/2013
8: 55-59	90.0 kgs / 198.4 lbs	Jim Marchio	6/2011
9: 55-59	83.9 kgs / 184.9 lbs	Mike Boston	2006
60-64	117.5 kgs / 259.0 lbs	Paul Gillott	4/2018
2: 60-64	110.0 kgs / 242.5 lbs	Paul Gillott	10/2017
3: 60-64	90.0 kgs / 198.4 lbs	Jim Marchio	6/2016
65-69	121.0 kgs / 266.7 lbs	Paul Gillott	3/2019
2: 65-69	90.7 kgs / 199.9 lbs	Byron Swain	4/2004
3: 65-69	88.4 kgs / 194.8 lbs	Byron Swain	11/2003
70-74	86.1 kgs / 189.8 lbs	Byron Swain	6/2006
2: 70-74	79.3 kgs / 174.8 lbs	Byron Swain	4/2006
75-79	72.5 kgs / 159.8 lbs	Steve Smith	8/2010
Police/Fire/Mil	127.5 kgs / 281.0 lbs	Devin Gloeck	10/2017
Spec. Oly.	75.0 kgs / 165.3 lbs	Buck Ammons	5/2021
2: Spec. Oly.	70.0 kgs / 154.3 lbs	Buck Ammons	11/2020
3: Spec. Oly.	67.5 kgs / 148.8 lbs	Mathew Duckett	7/2011
4: Spec. Oly.	43.5 kgs / 95.9 lbs	Thomas Slicer	10/2008
Handicapped	127.5 kgs / 281.0 lbs	Brian Calcafuoco	9/2011

Weight Class: 67.5 / 148 Male			
Division	Bench Press	Name	Date
Open	175.0 kgs / 385.8 lbs	Adam Zehr	6/2011
2: Open	165.6 kgs / 365.0 lbs	James Love	6/2005
3: Open	156.4 kgs / 344.7 lbs	Mike Booth	2000
4: Open	138.3 kgs / 304.8 lbs	Donnell Moore	5/2000
5: Open	124.7 kgs / 274.9 lbs	Ben Zak	5/1998
8-9	28.13 kgs / 62.0 lbs	Micah Lundgren	3/2023
10-11	60.0 kgs / 132.2 lbs	Easten Binckley	8/2021
2: 10-11	57.5 kgs / 126.7 lbs	Daniel Cassidy	2/2015
3: 10-11	52.5 kgs / 115.7 lbs	Davis Lee	4/2013
4: 10-11	49.8 kgs / 109.7 lbs	Antonio Fleton	5/1999

12-13	90.8 kgs / 200.1 lbs	S. Kandis	7/2004
2: 12-13	88.4 kgs / 194.8 lbs	Cordett Clay	5/2000
14-15	127.0 kgs / 279.9 lbs	Brian Rebarchak	2003
16-17	138.4 kgs / 305.1 lbs	Donnell Moore	
2: 16-17	138.3 kgs / 304.8 lbs	Donnell Moore	5/2000
18-19	140.0 kgs / 308.6 lbs	Lenard Jones	10/2015
2: 18-19	137.5 kgs / 303.1 lbs	Lenard Jones	8/2015
3: 18-19	129.2 kgs / 284.8 lbs	Brian Ford	2008
4: 18-19	124.7 kgs / 274.9 lbs	Donnell Moore	11/1999
20-24	163.5 kgs / 360.4 lbs	Michael Kuhns	2006
2: 20-24	157.5 kgs / 347.2 lbs	Michael Kuhns	7/2006
3: 20-24	136.0 kgs / 299.8 lbs	Charlie Thigpen	11/2002
4: 20-24	86.2 kgs / 190.0 lbs	J. Vassallo	2001
25-29	167.5 kgs / 369.2 lbs	Jeremy Seff	4/2017
2: 25-29	145.5 kgs / 320.7 lbs	Alex Saretsky	2/2017
3: 25-29	142.5 kgs / 314.1 lbs	Luiz Azevedo	12/2013
4: 25-29	141.0 kgs / 310.8 lbs	Jermaine Kapolka	11/2012
5: 25-29	124.7 kgs / 274.9 lbs	Ben Zak	5/1998
30-34	175.0 kgs / 385.8 lbs	Adam Zehr	6/2011
2: 30-34	129.2 kgs / 284.8 lbs	Israel Figueroa	5/2003
35-39	165.0 kgs / 363.7 lbs	Adam Zehr	3/2015
2: 35-39	160.0 kgs / 352.7 lbs	Viet Tran	6/2014
3: 35-39	157.5 kgs / 347.2 lbs	Viet Tran	3/2014
4: 35-39	150.0 kgs / 330.6 lbs	Tim McCoy	11/2010
5: 35-39	142.9 kgs / 315.0 lbs	Danny Transfiguration	3/2001
40-44	160.0 kgs / 352.7 lbs	Viet Tran	6/2016
2: 40-44	150.0 kgs / 330.6 lbs	Tim McCoy	10/2013
3: 40-44	138.5 kgs / 305.3 lbs	Steve Asselin	10/2008
4: 40-44	129.2 kgs / 284.8 lbs	Ramone Cruz	2002
45-49	145.2 kgs / 320.1 lbs	David Wilson	11/2005
2: 45-49	138.9 kgs / 306.2 lbs	David Wilson	7/2005
3: 45-49	138.3 kgs / 304.8 lbs	David Wilson	2004
50-54	142.5 kgs / 314.1 lbs	David Wilson	11/2008
2: 50-54	127.5 kgs / 281.0 lbs	Paul Gillott	8/2008
3: 50-54	117.5 kgs / 259.0 lbs	Thomas Ferlito	9/2007
4: 50-54	113.2 kgs / 249.5 lbs	Wayne Claypatch	7/2006
55-59	132.5 kgs / 292.1 lbs	Paul Gillott	7/2009
2: 55-59	118.2 kgs / 260.5 lbs	Eric Cattell	3/2008
3: 55-59	97.1 kgs / 214.0 lbs	Italco Bonacci	2000
60-64	147.5 kgs / 325.1 lbs	Patrick Mason	6/2017
2: 60-64	136.5 kgs / 300.9 lbs	Emerson Lynn	6/2012
3: 60-64	106.7 kgs / 235.2 lbs	Paul Griffith	2006
65-69	137.5 kgs / 303.1 lbs	Emerson Lynn	11/2015
2: 65-69	107.5 kgs / 236.9 lbs	Cody Bartlett	12/2006
70-74	130.0 kgs / 286.5 lbs	Emerson Lynn	10/2020
2: 70-74	102.5 kgs / 225.9 lbs	James Hart	10/2015
3: 70-74	102.0 kgs / 224.8 lbs	Cody Bartlett	5/2009
4: 70-74	72.5 kgs / 159.8 lbs	William Falla	3/2009
75-79	110.0 kgs / 242.5 lbs	Tom Newman	3/2020
2: 75-79	97.5 kgs / 214.9 lbs	Frank Richey	7/2009
80-84	90.0 kgs / 198.4 lbs	Joe Stockinger	9/2014
85-89	82.5 kgs / 181.8 lbs	Joe Stockinger	1/2016

Police/Fire/Mil	140.0 kgs / 308.6 lbs	Brenden Eberle	11/2014
2: Police/Fire/Mil	132.5 kgs / 292.1 lbs	Paul Gillott	7/2009
3: Police/Fire/Mil	125.0 kgs / 275.5 lbs	Brandon Silva	11/2007
Spec. Oly.	70.3 kgs / 154.9 lbs	Chris Spairana	7/2011
2: Spec. Oly.	61.4 kgs / 135.3 lbs	Thomas Gerhauser	3/2008
Handicapped	122.5 kgs / 270.0 lbs	Brian Calcafuoco	2/2011
2: Handicapped	61.2 kgs / 134.9 lbs	Thomas Gerhauser	3/2008

Weight Class: 75 / 165 Male			
Division	Bench Press	Name	Date
Open	190.0 kgs / 418.8 lbs	James Love	11/2007
2: Open	183.7 kgs / 404.9 lbs	Orne Bey	2000
3: Open	81.6 kgs / 179.8 lbs	Lester Gregory	5/2000
10-11	65.7 kgs / 144.8 lbs	M. Mongera	2005
2: 10-11	45.3 kgs / 99.8 lbs	Marcus Crowder	5/2003
12-13	102.0 kgs / 224.8 lbs	Kegan Levesque	5/2008
2: 12-13	90.7 kgs / 199.9 lbs	Jimmy May III	5/2007
3: 12-13	81.6 kgs / 179.8 lbs	Lester Gregory	5/2000
14-15	135.0 kgs / 297.6 lbs	Caden Hale	12/2016
2: 14-15	132.5 kgs / 292.1 lbs	Joe Galvin	3/2015
3: 14-15	130.0 kgs / 286.5 lbs	Janos Zsofka	8/2010
4: 14-15	129.2 kgs / 284.8 lbs	Donald Anneser	2003
5: 14-15	102.0 kgs / 224.8 lbs	W. Eichhorn	2001
16-17	165.0 kgs / 363.7 lbs	Jason Luster	8/2010
2: 16-17	150.0 kgs / 330.6 lbs	Nicholas Apseloff	6/2010
3: 16-17	131.5 kgs / 289.9 lbs	Brad Bennett	10/2008
4: 16-17	129.5 kgs / 285.4 lbs	Dalton Davis	8/2006
5: 16-17	127.0 kgs / 279.9 lbs	Shaun House	9/2003
6: 16-17	104.3 kgs / 229.9 lbs	C. Magotta	2001
18-19	175.0 kgs / 385.8 lbs	Vladimir Tsaturyan	4/2014
2: 18-19	160.0 kgs / 352.7 lbs	David Lyons	6/2012
3: 18-19	155.0 kgs / 341.7 lbs	Jason Luster	4/2011
4: 18-19	152.0 kgs / 335.0 lbs	Adam Crider	4/2006
5: 18-19	133.8 kgs / 294.9 lbs	Trey Hague	11/2004
6: 18-19	112.5 kgs / 248.0 lbs	Richard Matsumoto	2000
20-24	167.5 kgs / 369.2 lbs	Larry Dyles	11/2007
2: 20-24	152.0 kgs / 335.0 lbs	Shawn Frasquillo	6/2007
3: 20-24	141.0 kgs / 310.8 lbs	Richard Bonney	8/2006
4: 20-24	140.6 kgs / 309.9 lbs	David Sands	4/2006
5: 20-24	122.5 kgs / 270.0 lbs	R. Colavito	2004
25-29	180.0 kgs / 396.8 lbs	Kevin Wais	8/2017
2: 25-29	177.5 kgs / 391.3 lbs	Kevin Wais	1/2016
3: 25-29	158.8 kgs / 350.0 lbs	Larry Dyles	3/2009
4: 25-29	149.6 kgs / 329.8 lbs	Brian Chisholm	4/2003
30-34	172.5 kgs / 380.2 lbs	Donnell Moore	10/2015
2: 30-34	170.0 kgs / 374.7 lbs	Jermaine Moore	7/2015
3: 30-34	165.0 kgs / 363.7 lbs	Jermaine Moore	5/2015
4: 30-34	150.0 kgs / 330.6 lbs	Yuriy Yekimenko	4/2014
5: 30-34	136.1 kgs / 300.0 lbs	Clayton Norwood	1/2010
6: 30-34	130.0 kgs / 286.5 lbs	Eric Hatchell	10/2009

35-39	165.0 kgs / 363.7 lbs	Arthur Chan	11/2012
2: 35-39	163.3 kgs / 360.0 lbs	John Self	11/2005
3: 35-39	163.2 kgs / 359.7 lbs	Joseph Braca	2000
40-44	175.0 kgs / 385.8 lbs	James Love	2/2017
2: 40-44	167.8 kgs / 369.9 lbs	Ken Hedrich	9/2010
3: 40-44	163.7 kgs / 360.8 lbs	Omar Bermudez	3/2008
4: 40-44	158.7 kgs / 349.8 lbs	John Polak	4/2001
5: 40-44	93.0 kgs / 205.0 lbs	M. Benducci	2000
45-49	174.9 kgs / 385.5 lbs	David Blattenberger	12/2010
2: 45-49	170.0 kgs / 374.7 lbs	Tony Conyers	12/2007
3: 45-49	161.0 kgs / 354.9 lbs	Corky Baggett	11/2002
50-54	153.0 kgs / 337.3 lbs	John Self	7/2021
2: 50-54	152.5 kgs / 336.2 lbs	Corky Baggett	11/2008
3: 50-54	138.3 kgs / 304.8 lbs	Fred Wescott	11/2006
55-59	146.0 kgs / 321.8 lbs	Raymond Harris	3/2019
2: 55-59	145.0 kgs / 319.6 lbs	Raymond Harris	10/2018
3: 55-59	142.5 kgs / 314.1 lbs	Raymond Harris	3/2016
4: 55-59	138.0 kgs / 304.2 lbs	John Bessette	10/2015
5: 55-59	137.5 kgs / 303.1 lbs	Raymond Harris	5/2015
6: 55-59	135.0 kgs / 297.6 lbs	Raymond Harris	3/2015
7: 55-59	133.0 kgs / 293.2 lbs	John Bessette	11/2014
8: 55-59	132.5 kgs / 292.1 lbs	Paul Gillott	3/2011
9: 55-59	131.0 kgs / 288.8 lbs	Paul Gillott	3/2010
10: 55-59	127.5 kgs / 281.0 lbs	Paul Gillott	2009
11: 55-59	112.5 kgs / 248.0 lbs	Dennis Cain	10/2009
12: 55-59	111.0 kgs / 244.7 lbs	David Petro-Roy	10/2008
13: 55-59	90.7 kgs / 199.9 lbs	Nicholas Theodorou	2006
60-64	175.0 kgs / 385.8 lbs	Tony Conyers	10/2018
2: 60-64	132.5 kgs / 292.1 lbs	Emerson Lynn	3/2012
3: 60-64	118.5 kgs / 261.2 lbs	Jerry Folkers	9/2011
4: 60-64	113.4 kgs / 250.0 lbs	Doug Wilcox	8/2003
65-69	157.5 kgs / 347.2 lbs	Tony Conyers	11/2023
2: 65-69	142.5 kgs / 314.1 lbs	Scott Craig	6/2016
3: 65-69	137.5 kgs / 303.1 lbs	Scott Craig	5/2015
4: 65-69	124.0 kgs / 273.3 lbs	Tom Newnam	2/2014
5: 65-69	123.1 kgs / 271.3 lbs	Randy Titus	7/2005
70-74	140.0 kgs / 308.6 lbs	Scott Craig	12/2016
2: 70-74	130.0 kgs / 286.5 lbs	Tom Newnam	11/2015
3: 70-74	127.5 kgs / 281.0 lbs	Tom Newnam	10/2015
4: 70-74	125.5 kgs / 276.6 lbs	Tom Newnam	2/2015
5: 70-74	125.0 kgs / 275.5 lbs	Tom Newnam	11/2014
6: 70-74	107.5 kgs / 236.9 lbs	Cody Bartlett	11/2009
7: 70-74	100.0 kgs / 220.4 lbs	Bill Tinkler	8/2006
75-79	105.5 kgs / 232.5 lbs	Joseph Sanders	11/2020
2: 75-79	105.0 kgs / 231.4 lbs	Gerald Lintas	10/2012
3: 75-79	87.5 kgs / 192.9 lbs	Robert Cortes	10/2009
80-84	105.0 kgs / 231.4 lbs	Gerald Lintas	10/2016
2: 80-84	57.5 kgs / 126.7 lbs	Joe Weissenburger	6/2014
3: 80-84	35.0 kgs / 77.1 lbs	Sam Contakos	2013
4: 80-84	34.0 kgs / 74.9 lbs	Rodger Merrell	4/2001
85-89	85.0 kgs / 187.3 lbs	Joe Stockinger	6/2015
90+	65.0 kgs / 143.2 lbs	Alan Day	6/2016

2: 90+	62.5 kgs / 137.7 lbs	Art Virta	6/2012
Police/Fire/Mil	185.0 kgs / 407.8 lbs	Kwansah Ackah	11/2007
Spec. Oly.	83.5 kgs / 184.0 lbs	Anthony Iovine	3/2013
2: Spec. Oly.	77.1 kgs / 169.9 lbs	Carl Riggleman	3/2012
3: Spec. Oly.	36.2 kgs / 79.8 lbs	Bart Garrison	5/2008
4: Spec. Oly.	30.0 kgs / 66.1 lbs	Daryl Taylor	4/2006
Handicapped	170.0 kgs / 374.7 lbs	Gurvir Kumar	1/2021
2: Handicapped	165.0 kgs / 363.7 lbs	Gurvir Kumar	7/2019

Weight Class: 82.5 / 181 Male			
Division	Bench Press	Name	Date
Open	219.9 kgs / 484.7 lbs	Will Lynch	2/2006
2: Open	204.1 kgs / 449.9 lbs	Will Lynch	5/2003
3: Open	201.8 kgs / 444.8 lbs	Will Lynch	11/2002
4: Open	192.7 kgs / 424.8 lbs	D. Martin	2000
5: Open	174.6 kgs / 384.9 lbs	Moganzick Bell	5/1999
6: Open	77.1 kgs / 169.9 lbs	Antonio Felton	4/1999
8-9	29.48 kgs / 64.9 lbs	Micah Lundgren	12/2023
10-11	47.6 kgs / 104.9 lbs	K. Sutton	
2: 10-11	45.0 kgs / 99.2 lbs	Brendan Wolcott	11/2023
3: 10-11	40.8 kgs / 89.9 lbs	Charlie Haskett	5/2004
12-13	135.0 kgs / 297.6 lbs	Reagan Dillion	6/2023
2: 12-13	97.5 kgs / 214.9 lbs	Christian Dietrich	6/2011
3: 12-13	86.2 kgs / 190.0 lbs	Jimmy May III	5/2007
4: 12-13	77.1 kgs / 169.9 lbs	Antonio Felton	4/1999
14-15	145.5 kgs / 320.7 lbs	Nicholas Apseloff	8/2008
2: 14-15	140.6 kgs / 309.9 lbs	Chris Henry	5/2008
3: 14-15	138.3 kgs / 304.8 lbs	Greg Nuckols	6/2007
4: 14-15	124.7 kgs / 274.9 lbs	A Somerville	1999
16-17	158.8 kgs / 350.0 lbs	Nicholas Apseloff	1/2010
2: 16-17	147.4 kgs / 324.9 lbs	Brandon Cross	5/2003
18-19	170.0 kgs / 374.7 lbs	Cyril Artemov	11/2012
2: 18-19	165.0 kgs / 363.7 lbs	Shawn Shuck	9/2005
3: 18-19	151.9 kgs / 334.8 lbs	David Floyd	11/1999
20-24	208.0 kgs / 458.5 lbs	Stephen Judah	11/2007
2: 20-24	174.6 kgs / 384.9 lbs	Moganzick Bell	5/1999
25-29	201.8 kgs / 444.8 lbs	Will Lynch	11/2002
30-34	204.1 kgs / 449.9 lbs	Will Lynch	5/2003
35-39	205.0 kgs / 451.9 lbs	Will Lynch	11/2008
2: 35-39	204.6 kgs / 451.0 lbs	Will Lynch	5/2008
3: 35-39	176.9 kgs / 389.9 lbs	John Self	7/2006
4: 35-39	170.0 kgs / 374.7 lbs	J. Brown	2000
40-44	195.4 kgs / 430.7 lbs	Rodney Rupe	4/2006
2: 40-44	161.0 kgs / 354.9 lbs	John Hawley	11/2005
3: 40-44	149.6 kgs / 329.8 lbs	Joseph Braca	2004
45-49	195.3 kgs / 430.5 lbs	David Blattenberger	12/2008
2: 45-49	162.4 kgs / 358.0 lbs	Ken Connelly	11/2007
3: 45-49	149.7 kgs / 330.0 lbs	Vinnie Gengaro	2004
50-54	182.5 kgs / 402.3 lbs	David Blattenberger	11/2012
2: 50-54	157.5 kgs / 347.2 lbs	Tim McCoy	4/2012
3: 50-54	155.0 kgs / 341.7 lbs	Howard Sturman	1/2012
4: 50-54	152.2 kgs / 335.5 lbs	L. Stires	2006

5: 50-54	152.0 kgs / 335.0 lbs	Rocky Huber	6/2006
6: 50-54	138.3 kgs / 304.8 lbs	Brad Gabbert	11/2005
55-59	170.0 kgs / 374.7 lbs	David Blattenberger	7/2017
2: 55-59	167.8 kgs / 369.9 lbs	Jim Van Allen	5/2009
3: 55-59	125.0 kgs / 275.5 lbs	Velton Brown	3/2008
4: 55-59	104.3 kgs / 229.9 lbs	Don Swingle	2006
5: 55-59	77.1 kgs / 169.9 lbs	D. Simmons	2001
60-64	155.5 kgs / 342.8 lbs	David Blattenberger	4/2023
2: 60-64	155.0 kgs / 341.7 lbs	Roy O'Dwyer	10/2015
3: 60-64	142.5 kgs / 314.1 lbs	William Deloney	4/2012
4: 60-64	125.0 kgs / 275.5 lbs	Patrick Currey	12/2007
5: 60-64	111.1 kgs / 244.9 lbs	Jimmy May	5/2007
6: 60-64	99.8 kgs / 220.0 lbs	Don Swingle	2006
65-69	137.5 kgs / 303.1 lbs	Ronnie Powell	12/2014
2: 65-69	132.5 kgs / 292.1 lbs	Perry Bassett	12/2013
3: 65-69	130.0 kgs / 286.5 lbs	Joseph Sanders	9/2012
4: 65-69	127.0 kgs / 279.9 lbs	Michael Miniette	7/2008
5: 65-69	120.5 kgs / 265.6 lbs	Patrick Currey	3/2008
6: 65-69	120.2 kgs / 264.9 lbs	Peter Hubbard	12/2007
70-74	132.5 kgs / 292.1 lbs	Perry Bassett	6/2016
2: 70-74	130.0 kgs / 286.5 lbs	Merv Goldstein	10/2012
3: 70-74	116.0 kgs / 255.7 lbs	Peter Hubbard	8/2008
75-79	110.0 kgs / 242.5 lbs	Bill Cross	10/2021
2: 75-79	107.5 kgs / 236.9 lbs	Perry Bassett	10/2019
3: 75-79	97.5 kgs / 214.9 lbs	Mike Kane	4/2016
4: 75-79	93.0 kgs / 205.0 lbs	Rolf Schwalbe	10/2013
5: 75-79	92.5 kgs / 203.9 lbs	Robert Cseh	11/2011
6: 75-79	77.5 kgs / 170.8 lbs	Joe Weissenburger	8/2011
80-84	95.0 kgs / 209.4 lbs	John Bretz	4/2023
2: 80-84	85.0 kgs / 187.3 lbs	Bill Remley	10/2011
85-89	60.0 kgs / 132.2 lbs	Dana Brigham	11/2019
2: 85-89	57.5 kgs / 126.7 lbs	Dana Brigham	6/2019
90+	60.0 kgs / 132.2 lbs	Roy Mitchell	6/2019
Police/Fire/Mil	208.0 kgs / 458.5 lbs	Stephen Judah	11/2007
2: Police/Fire/Mil	147.4 kgs / 324.9 lbs	Ronald Sarmento	9/2007
Spec. Oly.	97.5 kgs / 214.9 lbs	Chris Smallwood	4/2016
2: Spec. Oly.	87.5 kgs / 192.9 lbs	Anthony Iovine	3/2012
3: Spec. Oly.	45.5 kgs / 100.3 lbs	Ryan Smith	3/2008
Handicapped	175.0 kgs / 385.8 lbs	Gurvir Kumar	6/2022
2: Handicapped	140.0 kgs / 308.6 lbs	Manraj Singh	1/2021
3: Handicapped	120.0 kgs / 264.5 lbs	Manraj Singh	7/2019

Weight Class: 90 / 198 Male			
Division	Bench Press	Name	Date
Open	240.0 kgs / 529.1 lbs	Dennis Cieri	6/2010
2: Open	238.1 kgs / 524.9 lbs	Dennis Cieri	8/2006
3: Open	217.7 kgs / 479.9 lbs	Dan Pearson	5/2003
4: Open	206.3 kgs / 454.8 lbs	Paul Bossi	11/2002
5: Open	199.5 kgs / 439.8 lbs	Bruce Swanson	9/2002
6: Open	192.7 kgs / 424.8 lbs	Mike Mastrean	1999
7: Open	185.9 kgs / 409.8 lbs	Nick Vlastic	1997

10-11	60.0 kgs / 132.2 lbs	Jordan Howard	3/2012
12-13	124.7 kgs / 274.9 lbs	Nate Carlin	3/2008
2: 12-13	86.4 kgs / 190.4 lbs	Chris Crosby	5/2007
14-15	140.6 kgs / 309.9 lbs	Michael Kay	8/2008
2: 14-15	127.0 kgs / 279.9 lbs	Chris Van Gundy	7/2006
3: 14-15	104.3 kgs / 229.9 lbs	Joey Spencer	5/1999
16-17	182.5 kgs / 402.3 lbs	Kegan Levesque	3/2012
2: 16-17	161.0 kgs / 354.9 lbs	Andy Kadick	4/2007
3: 16-17	149.7 kgs / 330.0 lbs	David Schmitz	12/2001
18-19	190.0 kgs / 418.8 lbs	William Tarzell IV	11/2008
2: 18-19	181.4 kgs / 399.9 lbs	E. Cridge	2001
20-24	217.5 kgs / 479.5 lbs	Vasiliy Gaydar	12/2014
2: 20-24	200.3 kgs / 441.5 lbs	Brad Leonard	7/2004
3: 20-24	176.9 kgs / 389.9 lbs	J. McCode	2001
4: 20-24	174.6 kgs / 384.9 lbs	David Floyd	5/2001
25-29	200.0 kgs / 440.9 lbs	Brandon Perdue	7/2013
2: 25-29	197.3 kgs / 434.9 lbs	Will Lynch	9/2002
30-34	225.0 kgs / 496.0 lbs	Michael Dudley	10/2017
2: 30-34	220.0 kgs / 485.0 lbs	Michael Dudley	8/2017
3: 30-34	205.0 kgs / 451.9 lbs	Anthony Simpson	9/2011
4: 30-34	190.5 kgs / 419.9 lbs	John Krauss	5/2004
35-39	238.1 kgs / 524.9 lbs	Dennis Cieri	8/2006
2: 35-39	206.3 kgs / 454.8 lbs	Paul Bossi	11/2002
3: 35-39	199.5 kgs / 439.8 lbs	Bruce Swanson	9/2002
4: 35-39	185.9 kgs / 409.8 lbs	Nick Vlastic	1997
40-44	240.0 kgs / 529.1 lbs	Dennis Cieri	6/2010
2: 40-44	190.5 kgs / 419.9 lbs	Bruce Swanson	11/2006
3: 40-44	170.3 kgs / 375.4 lbs	D. Moore	2003
45-49	205.0 kgs / 451.9 lbs	Chris Walter	6/2017
2: 45-49	186.0 kgs / 410.0 lbs	Arthur Patterson	10/2006
3: 45-49	174.6 kgs / 384.9 lbs	William Blackstone	12/2005
4: 45-49	154.2 kgs / 339.9 lbs	K. Careri	2001
50-54	190.0 kgs / 418.8 lbs	Jacob Williams	11/2023
2: 50-54	187.5 kgs / 413.3 lbs	Jim Van Allen	4/2008
3: 50-54	181.5 kgs / 400.1 lbs	Ken Mattson	3/2008
4: 50-54	172.4 kgs / 380.0 lbs	Pat Aulicino	9/2006
5: 50-54	154.2 kgs / 339.9 lbs	Michael Leibacher	5/2004
55-59	190.0 kgs / 418.8 lbs	Jim Van Allen	12/2008
2: 55-59	174.7 kgs / 385.1 lbs	Wayne Cattell	3/2008
3: 55-59	152.0 kgs / 335.0 lbs	Bill Lindsey	1/2005
60-64	175.0 kgs / 385.8 lbs	David Blattenberger	6/2022
2: 60-64	172.5 kgs / 380.2 lbs	Roy O'Dwyer	6/2013
3: 60-64	168.7 kgs / 371.9 lbs	B. Phillips	2000
65-69	150.0 kgs / 330.6 lbs	Cosimo Orlando	10/2021
2: 65-69	142.5 kgs / 314.1 lbs	Jim McKenna	6/2016
3: 65-69	140.0 kgs / 308.6 lbs	Chuck Mulligan	6/2010
4: 65-69	113.6 kgs / 250.4 lbs	John Ruffalo	8/2007
70-74	135.0 kgs / 297.6 lbs	Chuck Mulligan	10/2015
2: 70-74	122.5 kgs / 270.0 lbs	Mike Kane	9/2011
3: 70-74	119.0 kgs / 262.3 lbs	Peter Hubbard	12/2008
4: 70-74	112.7 kgs / 248.4 lbs	John Ruffalo	11/2007
5: 70-74	99.7 kgs / 219.7 lbs	Dave Ginenthal	5/2004

75-79	137.5 kgs / 303.1 lbs	Terry Margolis	4/2018
2: 75-79	118.2 kgs / 260.5 lbs	Noble Carr	4/2007
3: 75-79	115.6 kgs / 254.8 lbs	John Sheehan	6/2004
4: 75-79	111.1 kgs / 244.9 lbs	John Sheehan	3/2004
80-84	112.5 kgs / 248.0 lbs	Terry Margolis	4/2022
2: 80-84	78.0 kgs / 171.9 lbs	Leroy Burton	10/2016
3: 80-84	77.5 kgs / 170.8 lbs	Leroy Burton	3/2016
4: 80-84	75.0 kgs / 165.3 lbs	Sam Messiter	4/2011
Police/Fire/Mil	205.0 kgs / 451.9 lbs	Ricky Dozier	10/2018
2: Police/Fire/Mil	200.0 kgs / 440.9 lbs	Sergei Didovik	7/2011
3: Police/Fire/Mil	197.5 kgs / 435.4 lbs	Aaron Johnson	11/2009
4: Police/Fire/Mil	188.2 kgs / 414.9 lbs	Michael Hodge	7/2006
5: Police/Fire/Mil	174.6 kgs / 384.9 lbs	Sylvester Freeman	11/2005
Spec. Oly.	105.0 kgs / 231.4 lbs	Daron Ealey	4/2016
2: Spec. Oly.	100.5 kgs / 221.5 lbs	Blair Lunau	2/2012
3: Spec. Oly.	95.0 kgs / 209.4 lbs	Frank Witt	8/2009
4: Spec. Oly.	75.0 kgs / 165.3 lbs	Myles Barman	4/2008
5: Spec. Oly.	74.8 kgs / 164.9 lbs	Kos Jackson	3/2008
Handicapped	160.0 kgs / 352.7 lbs	Gurvir Kumar	7/2023
2: Handicapped	140.0 kgs / 308.6 lbs	Thomas Weaver	3/2019
3: Handicapped	138.0 kgs / 304.2 lbs	Thomas Weaver	12/2018
4: Handicapped	137.5 kgs / 303.1 lbs	Thomas Weaver	4/2018
5: Handicapped	105.0 kgs / 231.4 lbs	Stephen Peterson	8/2016

Weight Class: 100 / 220 Male			
Division	Bench Press	Name	Date
Open	238.0 kgs / 524.6 lbs	Michael Dudley	2/2018
2: Open	237.5 kgs / 523.5 lbs	Michael Dudley	10/2016
3: Open	236.5 kgs / 521.3 lbs	Michael Dudley	8/2016
4: Open	235.9 kgs / 520.0 lbs	Dennis Cieri	3/2007
5: Open	233.6 kgs / 514.9 lbs	Paul Bossi	11/2005
6: Open	222.3 kgs / 490.0 lbs	Kenny Burkett	11/2002
7: Open	219.9 kgs / 484.7 lbs	Paul Bossi	12/2000
8: Open	145.1 kgs / 319.8 lbs	S McClaine	1999
9: Open	142.8 kgs / 314.8 lbs	M. Blount	11/1999
10: Open	77.1 kgs / 169.9 lbs	Jeremy Godfrey	4/1999
10-11	65.0 kgs / 143.2 lbs	Quinn Lindsay	2/2016
2: 10-11	52.5 kgs / 115.7 lbs	Roosevelt Perry	3/2012
12-13	124.7 kgs / 274.9 lbs	Nate Carlin	2008
2: 12-13	88.5 kgs / 195.1 lbs	Nathan McClain	4/2001
3: 12-13	77.1 kgs / 169.9 lbs	Jeremy Godfrey	4/1999
14-15	165.5 kgs / 364.8 lbs	Ben Hopkins	11/2004
2: 14-15	145.1 kgs / 319.8 lbs	Ben Hopkins	7/2003
3: 14-15	122.4 kgs / 269.8 lbs	S Morse	2002
16-17	192.5 kgs / 424.3 lbs	Kegan Levesque	6/2012
2: 16-17	183.7 kgs / 404.9 lbs	Ben Hopkins	3/2006
3: 16-17	145.1 kgs / 319.8 lbs	S McClaine	1999
18-19	192.5 kgs / 424.3 lbs	Cameron Maxwell	11/2015

2: 18-19	175.0 kgs / 385.8 lbs	Cody Light	4/2014
3: 18-19	174.6 kgs / 384.9 lbs	Shaun Hopkins	11/2004
4: 18-19	142.8 kgs / 314.8 lbs	M. Blount	11/1999
20-24	200.0 kgs / 440.9 lbs	Austin Pappas	10/2012
2: 20-24	199.6 kgs / 440.0 lbs	Robert Samsa	12/2007
3: 20-24	186.0 kgs / 410.0 lbs	Rick Marrama	6/2006
4: 20-24	181.4 kgs / 399.9 lbs	Kinta Mallory	5/2001
25-29	237.5 kgs / 523.5 lbs	Michael Dudley	10/2016
2: 25-29	230.0 kgs / 507.0 lbs	Michael Dudley	8/2015
3: 25-29	215.0 kgs / 473.9 lbs	Vadim Miroshnichenko	4/2014
4: 25-29	192.8 kgs / 425.0 lbs	Justin Vorrasi	3/2008
30-34	238.0 kgs / 524.6 lbs	Michael Dudley	2/2018
2: 30-34	234.5 kgs / 516.9 lbs	Michael Dudley	4/2017
3: 30-34	219.9 kgs / 484.7 lbs	Paul Bossi	12/2000
35-39	233.6 kgs / 514.9 lbs	Paul Bossi	11/2005
2: 35-39	222.3 kgs / 490.0 lbs	Kenny Burkett	11/2002
3: 35-39	199.5 kgs / 439.8 lbs	Nick Vlastic	2001
40-44	219.9 kgs / 484.7 lbs	Joe McAuliffe	5/2007
2: 40-44	208.6 kgs / 459.8 lbs	Nick Vlastic	2002
45-49	217.5 kgs / 479.5 lbs	Chris Walter	3/2018
2: 45-49	215.0 kgs / 473.9 lbs	Sabre Schnitzer	12/2012
3: 45-49	206.4 kgs / 455.0 lbs	William Blackstone	9/2008
4: 45-49	195.5 kgs / 430.9 lbs	Curtis Clapp	3/2008
5: 45-49	167.5 kgs / 369.2 lbs	Lenny Creatura	12/2006
6: 45-49	159.6 kgs / 351.8 lbs	Dave Lhota	9/2003
50-54	217.5 kgs / 479.5 lbs	Chris Walter	10/2021
2: 50-54	204.1 kgs / 449.9 lbs	Roy O'Dwyer	7/2007
3: 50-54	182.5 kgs / 402.3 lbs	Ken Mattson	7/2006
4: 50-54	161.0 kgs / 354.9 lbs	R. Arline	2001
5: 50-54	110.0 kgs / 242.5 lbs	Larry Akiyama	2000
55-59	212.5 kgs / 468.4 lbs	Roy O'Dwyer	11/2007
2: 55-59	181.38 kgs / 399.8 lbs	Greg Arnold	3/2007
3: 55-59	167.8 kgs / 369.9 lbs	Roland Cote	2003
60-64	187.5 kgs / 413.3 lbs	Roy O'Dwyer	12/2012
2: 60-64	165.0 kgs / 363.7 lbs	Howie Chaves	9/2011
3: 60-64	162.5 kgs / 358.2 lbs	Scott Shales	12/2006
4: 60-64	149.6 kgs / 329.8 lbs	Gerald Burke	11/2006
5: 60-64	124.7 kgs / 274.9 lbs	Walter Anczerewicz	8/2006
65-69	170.0 kgs / 374.7 lbs	Craig Perry	6/2018
2: 65-69	155.0 kgs / 341.7 lbs	Kenny Phillips	6/2012
3: 65-69	152.5 kgs / 336.2 lbs	William Hill	3/2009
4: 65-69	127.5 kgs / 281.0 lbs	Bernard Blough	6/2008
5: 65-69	97.5 kgs / 214.9 lbs	LeRoy Burton	2004
70-74	143.1 kgs / 315.4 lbs	Jerry Klufft	8/2007
2: 70-74	124.7 kgs / 274.9 lbs	Bob Dahlhamer	12/2006
75-79	145.0 kgs / 319.6 lbs	Rooster Fleming	4/2018
2: 75-79	130.0 kgs / 286.5 lbs	Terry Margolis	5/2017
3: 75-79	123.0 kgs / 271.1 lbs	John Moore	11/2015
4: 75-79	122.5 kgs / 270.0 lbs	John Moore	6/2015
5: 75-79	118.0 kgs / 260.1 lbs	John Moore	6/2013
6: 75-79	113.4 kgs / 250.0 lbs	Raymond Bernabe	4/2010
7: 75-79	65.0 kgs / 143.2 lbs	Charles Brackett	3/2009

80-84	121.0 kgs / 266.7 lbs	John Moore	7/2017
2: 80-84	80.0 kgs / 176.3 lbs	LeRoy Burton	11/2014
3: 80-84	50.0 kgs / 110.2 lbs	James Manos	4/2013
Police/Fire/Mil	238.0 kgs / 524.6 lbs	Michael Dudley	2/2018
2: Police/Fire/Mil	230.0 kgs / 507.0 lbs	Michael Dudley	8/2015
3: Police/Fire/Mil	220.0 kgs / 485.0 lbs	Michael Dudley	4/2015
4: Police/Fire/Mil	207.5 kgs / 457.4 lbs	Sean Flanagan	3/2014
5: Police/Fire/Mil	199.6 kgs / 440.0 lbs	Aaron Johnson	11/2008
6: Police/Fire/Mil	183.7 kgs / 404.9 lbs	Michael McGahan	4/2005
Spec. Oly.	110.0 kgs / 242.5 lbs	Atonio Chaves	5/2010
2: Spec. Oly.	67.5 kgs / 148.8 lbs	Ben Stavish	11/2008
3: Spec. Oly.	67.1 kgs / 147.9 lbs	Ben Stavish	5/2008
Handicapped	85.0 kgs / 187.3 lbs	Andrew Harding	11/2023

Weight Class: 110 / 242 Male			
Division	Bench Press	Name	Date
Open	272.2 kgs / 600.0 lbs	Rock Lewis	10/2006
2: Open	240.4 kgs / 529.9 lbs	Shawn Reid	5/2001
3: Open	195.0 kgs / 429.8 lbs	Kinta Mallory	3/2001
4: Open	188.2 kgs / 414.9 lbs	Kent Wall	11/2000
10-11	55.0 kgs / 121.2 lbs	Liam Vaness	3/2016
2: 10-11	52.5 kgs / 115.7 lbs	Liam Vaness	1/2016
12-13	102.5 kgs / 225.9 lbs	André de Sousa	8/2009
2: 12-13	79.3 kgs / 174.8 lbs	Jack Lee	2001
14-15	145.0 kgs / 319.6 lbs	Colson Bishop	7/2019
2: 14-15	143.0 kgs / 315.2 lbs	Eric Anderson	4/2009
3: 14-15	136.6 kgs / 301.1 lbs	E. Arriaga	2001
16-17	170.5 kgs / 375.8 lbs	Nick Seinera	7/2005
2: 16-17	151.9 kgs / 334.8 lbs	Randall Moore	3/2004
3: 16-17	67.1 kgs / 147.9 lbs	Kellen Kowchuck	4/2001
18-19	197.3 kgs / 434.9 lbs	Eddie DeBus	8/2006
2: 18-19	195.0 kgs / 429.8 lbs	Trey Manning	6/2006
3: 18-19	188.2 kgs / 414.9 lbs	Kent Wall	11/2000
20-24	215.0 kgs / 473.9 lbs	Andre Mealy	5/2017
2: 20-24	205.0 kgs / 451.9 lbs	Tra Farrington	5/2014
3: 20-24	195.0 kgs / 429.8 lbs	Kinta Mallory	3/2001
25-29	232.5 kgs / 512.5 lbs	Ricky Dozier	5/2023
2: 25-29	230.0 kgs / 507.0 lbs	Michael Dudley	9/2016
3: 25-29	217.7 kgs / 479.9 lbs	Joseph Houston	4/2007
30-34	240.4 kgs / 529.9 lbs	Shawn Reid	5/2001
35-39	272.2 kgs / 600.0 lbs	Rock Lewis	7/2007
2: 35-39	210.9 kgs / 464.9 lbs	Blair Rockwell	10/2002
3: 35-39	186.0 kgs / 410.0 lbs	K. Fitzgerald	2000
40-44	240.4 kgs / 529.9 lbs	Paul Bossi	11/2006
2: 40-44	220.3 kgs / 485.6 lbs	Nick Vlastic	2003
3: 40-44	204.1 kgs / 449.9 lbs	Albert Proctor	9/2003
4: 40-44	186.0 kgs / 410.0 lbs	M. Cohen	2000

45-49	227.5 kgs / 501.5 lbs	Paul Bossi	10/2013
2: 45-49	215.5 kgs / 475.0 lbs	Paul Bossi	7/2011
3: 45-49	208.7 kgs / 460.1 lbs	William Blackstone	6/2009
4: 45-49	195.0 kgs / 429.8 lbs	Dave Reeder	9/2005
5: 45-49	159.0 kgs / 350.5 lbs	Bill Beekley	6/2005
50-54	212.5 kgs / 468.4 lbs	Paul Bossi	10/2017
2: 50-54	211.2 kgs / 465.6 lbs	Ralph Laiuvara	7/2004
55-59	205.0 kgs / 451.9 lbs	Alvin Waldon	10/2009
2: 55-59	152.5 kgs / 336.2 lbs	Bill Sindelar	9/2006
60-64	192.5 kgs / 424.3 lbs	Nate Matthews	12/2019
2: 60-64	182.5 kgs / 402.3 lbs	Alvin Waldon	9/2011
3: 60-64	154.2 kgs / 339.9 lbs	Robert Spiers	11/2002
65-69	173.0 kgs / 381.3 lbs	Todd Campo	12/2018
2: 65-69	172.5 kgs / 380.2 lbs	Clifford Tallman	6/2010
3: 65-69	149.7 kgs / 330.0 lbs	Gary Fogle	4/2010
4: 65-69	117.9 kgs / 259.9 lbs	Bernard Blough	8/2009
5: 65-69	105.0 kgs / 231.4 lbs	Carl Wallin	12/2006
70-74	147.5 kgs / 325.1 lbs	Rooster Fleming	11/2013
2: 70-74	113.4 kgs / 250.0 lbs	Fred Bellcastro	10/2010
75-79	122.5 kgs / 270.0 lbs	Russell Combest	4/2011
80-84	112.5 kgs / 248.0 lbs	Raymond Bernabe	4/2011
Police/Fire/Mil	232.5 kgs / 512.5 lbs	Ricky Dozier	5/2023
2: Police/Fire/Mil	227.5 kgs / 501.5 lbs	Ricky Dozier	2/2023
3: Police/Fire/Mil	225.0 kgs / 496.0 lbs	Lysander Roberson	4/2011
4: Police/Fire/Mil	204.1 kgs / 449.9 lbs	Albert Proctor	11/2002
5: Police/Fire/Mil	186.0 kgs / 410.0 lbs	K. Fitzgerald	2000
Spec. Oly.	111.0 kgs / 244.7 lbs	Andrew Harding	6/2014
2: Spec. Oly.	110.0 kgs / 242.5 lbs	Andrew Harding	7/2011
3: Spec. Oly.	85.0 kgs / 187.3 lbs	Ben Stavish	11/2009
4: Spec. Oly.	75.0 kgs / 165.3 lbs	Michael Harrigan	3/2008
Handicapped	125.0 kgs / 275.5 lbs	Hagen Ribb	11/2023
2: Handicapped	117.5 kgs / 259.0 lbs	Andrew Crompton-Nicholas	9/2022
3: Handicapped	92.5 kgs / 203.9 lbs	Jerry Perdue	7/2022
4: Handicapped	74.8 kgs / 164.9 lbs	Michael Harrigan	11/2007

Weight Class: 125 / 275 Male			
Division	Bench Press	Name	Date
Open	265.4 kgs / 585.1 lbs	Michael Belk	
2: Open	265.3 kgs / 584.8 lbs	Michael Belk	7/2007
3: Open	247.2 kgs / 544.9 lbs	Bennie Jones	4/2006
4: Open	242.6 kgs / 534.8 lbs	Carl Elliott	2000
5: Open	215.0 kgs / 473.9 lbs	Greg Payne	4/2000
6: Open	192.8 kgs / 425.0 lbs	B. Schmidt	1999
7: Open	111.1 kgs / 244.9 lbs	Allan Siegel	1998
10-11	52.1 kgs / 114.8 lbs	Derrick McGarvey	
2: 10-11	47.6 kgs / 104.9 lbs	Derrick McGarvey	3/2008
12-13	79.3 kgs / 174.8 lbs	Aaron Chamblee	4/2003

2: 12-13	73.2 kgs / 161.3 lbs	Jack Lee	2001
14-15	198.5 kgs / 437.6 lbs	B Cabral	3/2009
2: 14-15	174.9 kgs / 385.5 lbs	Daniel Anderson	4/2005
16-17	205.0 kgs / 451.9 lbs	John Jefferson	6/2014
2: 16-17	160.0 kgs / 352.7 lbs	Eric Lorenzen	4/2014
3: 16-17	158.8 kgs / 350.0 lbs	Chris Defino	7/2007
4: 16-17	158.7 kgs / 349.8 lbs	Adam Moore	3/2006
5: 16-17	129.3 kgs / 285.0 lbs	V. Sansale	2001
18-19	204.4 kgs / 450.6 lbs	Nick Seinera	12/2007
2: 18-19	192.8 kgs / 425.0 lbs	B. Schmidt	1999
20-24	227.2 kgs / 500.8 lbs	Nick Seinera	4/2010
2: 20-24	197.3 kgs / 434.9 lbs	B. Schmidt	2000
25-29	247.5 kgs / 545.6 lbs	Aleksey Pridya-Kipyatok	12/2014
2: 25-29	240.4 kgs / 529.9 lbs	Carl Elliott	4/2001
30-34	250.0 kgs / 551.1 lbs	James Hourihan	5/2011
2: 30-34	247.2 kgs / 544.9 lbs	Bennie Jones	4/2006
35-39	265.3 kgs / 584.8 lbs	Michael Belk	7/2007
2: 35-39	212.3 kgs / 468.0 lbs	Bart Shuman	2001
40-44	237.5 kgs / 523.5 lbs	John Giffen	1/2015
2: 40-44	235.9 kgs / 520.0 lbs	Scott Kuzma	10/2006
3: 40-44	229.0 kgs / 504.8 lbs	Bart Shuman	2003
45-49	227.5 kgs / 501.5 lbs	Paul Bossi	10/2013
2: 45-49	220.0 kgs / 485.0 lbs	Greg Curatola	3/2009
3: 45-49	217.7 kgs / 479.9 lbs	Greg Lowe	2001
50-54	217.5 kgs / 479.5 lbs	John Giffen	4/2023
2: 50-54	215.4 kgs / 474.8 lbs	Joe Hilliard	6/2007
3: 50-54	213.1 kgs / 469.8 lbs	Joe Hilliard	2/2006
4: 50-54	165.6 kgs / 365.0 lbs	Berry Blackmon	12/2005
5: 50-54	99.8 kgs / 220.0 lbs	Darryl Crans	2001
55-59	208.0 kgs / 458.5 lbs	Paul Bossi	6/2022
2: 55-59	207.5 kgs / 457.4 lbs	Paul Bossi	4/2022
3: 55-59	205.0 kgs / 451.9 lbs	Glen Tenove	3/2015
4: 55-59	200.5 kgs / 442.0 lbs	Glen Tenove	3/2014
5: 55-59	200.0 kgs / 440.9 lbs	Kevin Hutchinson	6/2010
6: 55-59	131.5 kgs / 289.9 lbs	Bob Borofsky	10/2007
7: 55-59	127.2 kgs / 280.4 lbs	Darryl Crans	2004
60-64	195.0 kgs / 429.8 lbs	Glen Tenove	6/2016
2: 60-64	177.5 kgs / 391.3 lbs	Kevin Hutchinson	6/2015
3: 60-64	170.0 kgs / 374.7 lbs	Robert Kubat	3/2009
4: 60-64	150.0 kgs / 330.6 lbs	William Morris	7/2007
5: 60-64	111.1 kgs / 244.9 lbs	Allan Siegel	1998
65-69	190.0 kgs / 418.8 lbs	George Flikas	3/2012
2: 65-69	130.0 kgs / 286.5 lbs	Rich Plummer	10/2010
3: 65-69	104.3 kgs / 229.9 lbs	Allan Siegel	2004
70-74	190.0 kgs / 418.8 lbs	George Flikas	2/2013
2: 70-74	132.5 kgs / 292.1 lbs	Rich Plummer	9/2011
3: 70-74	117.5 kgs / 259.0 lbs	Gene Lawrence	6/2010
75-79	127.5 kgs / 281.0 lbs	Don Joy	6/2011
80-84	127.5 kgs / 281.0 lbs	Don Joy	9/2012
Police/Fire/Mil	227.5 kgs / 501.5 lbs	Carl Elliott	3/2010
2: Police/Fire/Mil	208.6 kgs / 459.8 lbs	Anthony Roberts	11/2003

3: Police/Fire/Mil	200.0 kgs / 440.9 lbs	Anthony Roberts	11/2002
Spec. Oly.	100.0 kgs / 220.4 lbs	Mathew Herbert	10/2017
2: Spec. Oly.	97.5 kgs / 214.9 lbs	Ben Stavish	6/2011
Handicapped	112.5 kgs / 248.0 lbs	Jerry Perdue	10/2021
2: Handicapped	95.0 kgs / 209.4 lbs	Jerry Perdue	7/2021

Weight Class: 140 / 308 Male			
Division	Bench Press	Name	Date
Open	266.0 kgs / 586.4 lbs	Dmitry Golovin	9/2013
2: Open	265.0 kgs / 584.2 lbs	Michael Belk	11/2007
3: Open	256.2 kgs / 564.8 lbs	Carl Elliott	2005
4: Open	254.0 kgs / 559.9 lbs	Carl Elliott	3/2000
5: Open	74.8 kgs / 164.9 lbs	Cory White	2/1999
12-13	77.1 kgs / 169.9 lbs	Cory White	
2: 12-13	74.8 kgs / 164.9 lbs	Cory White	2/1999
14-15	165.5 kgs / 364.8 lbs	Shane Yates	12/2000
16-17	200.0 kgs / 440.9 lbs	Athan Parker	12/2023
2: 16-17	166.5 kgs / 367.0 lbs	Denvel Sutton	11/2008
18-19	188.2 kgs / 414.9 lbs	Cody Yager	8/2007
2: 18-19	181.4 kgs / 399.9 lbs	William Riddick	6/2002
20-24	235.0 kgs / 518.0 lbs	Scott Weech	12/2006
2: 20-24	204.1 kgs / 449.9 lbs	Steve Dellinger	10/2006
25-29	254.0 kgs / 559.9 lbs	Carl Elliott	3/2000
30-34	265.0 kgs / 584.2 lbs	Michael Belk	11/2007
35-39	247.5 kgs / 545.6 lbs	Jerry Gunter	3/2013
2: 35-39	226.8 kgs / 500.0 lbs	Roscoe Ware	11/2005
40-44	242.5 kgs / 534.6 lbs	Daryl Charron	3/2008
2: 40-44	231.3 kgs / 509.9 lbs	Scott Kuzma	12/2006
3: 40-44	162.5 kgs / 358.2 lbs	Vincent Smith	8/2006
45-49	249.2 kgs / 549.3 lbs	Paul Brown	9/2000
50-54	226.5 kgs / 499.3 lbs	Marvin Rodenbeck	10/2016
2: 50-54	220.0 kgs / 485.0 lbs	Marvin Rodenbeck	5/2016
3: 50-54	217.5 kgs / 479.5 lbs	Marvin Rodenbeck	2/2016
4: 50-54	215.5 kgs / 475.0 lbs	Kent Burgess	9/2008
55-59	227.5 kgs / 501.5 lbs	Kent Burgess	10/2012
2: 55-59	188.0 kgs / 414.4 lbs	Glen Tenove	9/2011
3: 55-59	165.0 kgs / 363.7 lbs	Steve Brown	2009
4: 55-59	163.3 kgs / 360.0 lbs	Jim Wetenhall	12/2009
5: 55-59	136.0 kgs / 299.8 lbs	Ron Jeffrey	2005
60-64	207.5 kgs / 457.4 lbs	Glen Tenove	4/2016
2: 60-64	190.5 kgs / 419.9 lbs	Ronald Beuch	8/2012
3: 60-64	160.0 kgs / 352.7 lbs	Robert Kubat	3/2010
4: 60-64	136.2 kgs / 300.2 lbs	Ron Jeffrey	2007
65-69	156.0 kgs / 343.9 lbs	Bill Schnepf	4/2023
2: 65-69	155.0 kgs / 341.7 lbs	Bill Schnepf	4/2022
3: 65-69	148.0 kgs / 326.2 lbs	Joe Morales	6/2019
4: 65-69	147.5 kgs / 325.1 lbs	Jack Griffin	2/2011
5: 65-69	138.5 kgs / 305.3 lbs	Denny Faler	7/2008
6: 65-69	113.3 kgs / 249.7 lbs	Allan Siegel	2003
70-74	150.0 kgs / 330.6 lbs	Bill Schnepf	7/2023
2: 70-74	130.0 kgs / 286.5 lbs	Joe Morales	2/2023

3: 70-74	120.0 kgs / 264.5 lbs	Denny Faler	9/2011
4: 70-74	115.0 kgs / 253.5 lbs	Gene Lawrence	10/2010
5: 70-74	112.5 kgs / 248.0 lbs	Gene Lawrence	10/2010
75-79	95.0 kgs / 209.4 lbs	William Williams	4/2012
Police/Fire/Mil	254.0 kgs / 559.9 lbs	Carl Elliott	6/2005
Spec. Oly.	110.0 kgs / 242.5 lbs	Ryan Relosky	6/2021
2: Spec. Oly.	97.5 kgs / 214.9 lbs	Daniel Razo	4/2016

Unknown Class: SHW Male			
Division	Bench Press	Name	Date
Open	290.0 kgs / 639.3 lbs	Pedro Mejias	10/2018
2: Open	288.5 kgs / 636.0 lbs	Pedro Mejias	5/2014
3: Open	287.5 kgs / 633.8 lbs	Pedro Mejias	6/2012
4: Open	277.5 kgs / 611.7 lbs	Pedro Mejias	9/2011
5: Open	276.6 kgs / 609.7 lbs	John Dolan	2007
6: Open	254.5 kgs / 561.0 lbs	Beau Moore	8/2006
7: Open	231.3 kgs / 509.9 lbs	Nick Minneti	2005
8: Open	226.8 kgs / 500.0 lbs	Nick Minneti	5/2004
9: Open	226.7 kgs / 499.7 lbs	J. Deleone	1/2003
10: Open	202.3 kgs / 445.9 lbs	Robert D'Antonio	2000
11: Open	165.5 kgs / 364.8 lbs	Shane Yates	12/2000
12: Open	149.6 kgs / 329.8 lbs	Patrick DiLullo	3/2000
13: Open	142.8 kgs / 314.8 lbs	Patrick Dilullo	1999
12-13	77.5 kgs / 170.8 lbs	Josh Rafferty	6/2021
14-15	170.1 kgs / 375.0 lbs	N. Barnes	
2: 14-15	165.5 kgs / 364.8 lbs	Shane Yates	12/2000
3: 14-15	142.8 kgs / 314.8 lbs	Patrick Dilullo	1999
16-17	185.0 kgs / 407.8 lbs	Jauon Mejias	10/2016
2: 16-17	182.5 kgs / 402.3 lbs	Denvel Sutton	4/2009
3: 16-17	161.0 kgs / 354.9 lbs	Sonny Mitchell	2/2006
4: 16-17	158.7 kgs / 349.8 lbs	S McHenry	2002
5: 16-17	149.6 kgs / 329.8 lbs	Patrick DiLullo	3/2000
18-19	204.4 kgs / 450.6 lbs	Daniel Anderson	4/2009
2: 18-19	188.7 kgs / 416.0 lbs	Cody Yager	7/2007
3: 18-19	165.5 kgs / 364.8 lbs	Paul Walsh	2/2006
20-24	242.5 kgs / 534.6 lbs	Nicholas Cook	3/2015
2: 20-24	237.5 kgs / 523.5 lbs	Tom Murray	4/2012
3: 20-24	200.0 kgs / 440.9 lbs	Cody Yager	12/2007
4: 20-24	151.9 kgs / 334.8 lbs	N. Muscara	2000
25-29	217.5 kgs / 479.5 lbs	Cameron Gillespie	6/2016
2: 25-29	195.0 kgs / 429.8 lbs	Ryan Stone	11/2015
3: 25-29	190.0 kgs / 418.8 lbs	Jacob Everhart	8/2012
4: 25-29	172.5 kgs / 380.2 lbs	Manu Hailame	3/2010
30-34	277.5 kgs / 611.7 lbs	Pedro Mejias	9/2011
2: 30-34	226.8 kgs / 500.0 lbs	Nick Minneti	5/2004
35-39	290.0 kgs / 639.3 lbs	Pedro Mejias	10/2018
2: 35-39	288.5 kgs / 636.0 lbs	Pedro Mejias	5/2014
3: 35-39	247.5 kgs / 545.6 lbs	Wade Likens	4/2011
4: 35-39	237.2 kgs / 522.9 lbs	Steve Buccilli	9/2008
5: 35-39	231.3 kgs / 509.9 lbs	Nick Minneti	2/2006
6: 35-39	202.3 kgs / 445.9 lbs	Robert D'Antonio	2000
40-44	255.0 kgs / 562.1 lbs	Pedro Mejias	6/2021

2: 40-44	254.5 kgs / 561.0 lbs	Beau Moore	8/2006
3: 40-44	226.7 kgs / 499.7 lbs	J. Deleone	1/2003
45-49	247.5 kgs / 545.6 lbs	Beau Moore	6/2014
2: 45-49	220.0 kgs / 485.0 lbs	Thomas Dillard	7/2007
3: 45-49	217.7 kgs / 479.9 lbs	Jim Ray	12/2005
50-54	217.5 kgs / 479.5 lbs	John Grenz	4/2022
2: 50-54	205.5 kgs / 453.0 lbs	Terry Cox	10/2018
3: 50-54	205.0 kgs / 451.9 lbs	Terry Cox	6/2018
4: 50-54	204.1 kgs / 449.9 lbs	Jim Ray	1/2011
5: 50-54	197.3 kgs / 434.9 lbs	Ted Brooks	8/2009
6: 50-54	183.7 kgs / 404.9 lbs	Michael Madigan	1/2009
7: 50-54	174.6 kgs / 384.9 lbs	Jim Wetenhall	10/2008
55-59	220.0 kgs / 485.0 lbs	Bill Gillespie	5/2017
2: 55-59	207.5 kgs / 457.4 lbs	Robert Cutts	6/2016
3: 55-59	203.0 kgs / 447.5 lbs	Glen Tenove	6/2014
4: 55-59	200.0 kgs / 440.9 lbs	Glen Tenove	4/2013
5: 55-59	191.0 kgs / 421.0 lbs	Michael Madigan	6/2012
6: 55-59	67.5 kgs / 148.8 lbs	James Campbell	4/2008
60-64	170.0 kgs / 374.7 lbs	Jack Griffin	4/2008
65-69	154.2 kgs / 339.9 lbs	James Telljohn	6/2005
70-74	130.0 kgs / 286.5 lbs	Charles Hellickson	6/2013
Police/Fire/Mil	212.5 kgs / 468.4 lbs	Paul D'Antonio	10/2017
2: Police/Fire/Mil	207.5 kgs / 457.4 lbs	Paul D'Antonio	10/2016
3: Police/Fire/Mil	201.8 kgs / 444.8 lbs	Jessie Kosegi	4/2009
4: Police/Fire/Mil	195.0 kgs / 429.8 lbs	Rob Rebovich	3/2008
Spec. Oly.	137.5 kgs / 303.1 lbs	Scott Pagenkopf	12/2018
2: Spec. Oly.	120.0 kgs / 264.5 lbs	David Pelletier	1/2016
3: Spec. Oly.	115.0 kgs / 253.5 lbs	David Pelletier	8/2015
4: Spec. Oly.	50.0 kgs / 110.2 lbs	Charles Smith	3/2013