



2023 Teen-Youth Rankings

Updated 12/23/2023 Ed Kutin

edkutin@gmail.com

2023 Squat Rankings Female

Weight Class: 44 / 97				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	68.95	152	Ashley Polacek	US-FL	Patriots Power Day	Melbourne	FL		
2	68	149.9	Gracie Bushee	US-NC	2023 American Challenge - NC	Elizabeth City	NC		
3	60	132.2	Bella Butler	US-PA	2023 Central PA Open	Clearfield	PA		
4	55	121.2	Gabbi Saunders	US-NC	2023 OBX Open Championships	Jarvisburg	NC		
5	52.5	115.7	Kylie May	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA		
6	49.9	110	Zoey Davis	US-FL	Patriots Power Day	Melbourne	FL		
7	46.6	102.7	Emma Bilak	US-FL	2023 American Challenge - FL	South Daytona	FL		
8	45	99.2	Ashtyn Bushee	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA		
9	37.5	82.6	Gabrielle Saunders	US-NC	NC State Championships	Raleigh	NC		
10	35	77.1	Gianna Beacham	US-NC	2023 American Challenge - NC	Elizabeth City	NC		
11	34.02	75	Avigayil Lundgren	US-FL	Patriots Power Day	Melbourne	FL		
12	32.67	72	Finleigh Caldwell	US-FL	Florida State Championships	Viera	FL		
	32.67	72	Ari Aude	US-FL	Florida State Championships	Viera	FL		
14	25	55.1	Daenerys DeWolfe	Canada	Summer Smash 2023		Canada		
15	24.95	55	Saige Vergara	US-FL	Patriots Power Day	Melbourne	FL		
16	18.15	40	Sofia Reyes	US-FL	Florida State Championships	Viera	FL		

Weight Class: 48 / 105				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	90.72	200	Natalie Norcross	US-FL	Patriots Power Day	Melbourne	FL		
2	70	154.3	Gracie Bushee	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA		
3	61.23	134.9	Emma Bilak	US-FL	Patriots Power Day	Melbourne	FL		
4	53	116.8	Khloe Bodiford	US-FL	2023 American Challenge - FL	South Daytona	FL		
5	52.1	114.8	Maddie Welton	US-FL	2023 American Challenge - FL	South Daytona	FL		
6	47.5	104.7	Gianna Beacham	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA		

Weight Class: 52 / 114				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	95.5	210.5	Kaylum Mills	US-NC	2023 American Challenge - NC	Elizabeth City	NC		
2	92.5	203.9	Courtney Krauss	Canada	Summer Smash 2023		Canada		
3	82.5	181.8	Natalie Norcross	US-FL	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA		
4	79.38	175	Kamryn Davis	US-FL	Patriots Power Day	Melbourne	FL		
5	73.5	162	Eliana Burrs	US-FL	Florida State Championships	Viera	FL		
6	72.5	159.8	Kinlee Fahselt	Canada	Summer Smash 2023		Canada		
7	70.33	155	Mariam Mizyed	US-FL	Florida State Championships	Viera	FL		
8	61.2	134.9	Kendall Booth	US-FL	2023 American Challenge - FL	South Daytona	FL		
9	52.1	114.8	Madi Hadley	US-FL	2023 American Challenge - FL	South Daytona	FL		

Weight Class: 56 / 123				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	97.5	214.9	Carolyn Le	US-NC	2023 American Challenge - NC	Elizabeth City	NC		

2	85	187.3	Reny Choi	Canada	Summer Smash 2023		Canada
3	67.5	148.8	Rebekah Wolters	US-PA	2023 Great Lakes Championships	Erie	PA
4	63.5	139.9	Madi Hadley	US-FL	Patriots Power Day	Melbourne	FL
5	62.5	137.7	Kayla Benko	Canada	Summer Smash 2023		Canada
6	52.5	115.7	Miranda Kassa	US-NY	2023 NJ State Championships	Fair Lawn	NJ
7	47.5	104.7	Cadence Tryggestad	US-NC	2023 American Challenge - NC	Elizabeth City	NC

Weight Class: 60 / 132		Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	117.5	259	Shannon Faircloth	US-VA	2023 American Challenge - VA	Woodstock	VA
2	85	187.3	Reagan Charlton	US-NC	NC State Championships	Raleigh	NC
	85	187.3	Nena Pfeffer	US-PA	2023 Central PA Open	Clearfield	PA
4	75	165.3	Ava Lucenti	US-NY	2023 American Challenge - NY	Owego	NY
5	72.5	159.8	Sofia Corridean	US-NC	2023 Southern Open	Jarvisburg	NC
6	52.5	115.7	Kai Sheppard	US-NY	2023 NJ State Championships	Fair Lawn	NJ

Weight Class: 67.5 / 148		Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	115	253.5	Madison Berry	US-NC	2023 American Challenge - NC	Elizabeth City	NC
2	90	198.4	Angelica Steffy	US-NC	2023 American Challenge - NC	Elizabeth City	NC
3	85	187.3	Emma Pollard	Canada	Spring Showdown		Canada
4	82.5	181.8	Marlee Hull	US-PA	2023 Great Lakes Championships	Erie	PA
5	75	165.3	Kathryn Laird	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
6	72.5	159.8	Yara Perez	US-FL	2023 American Challenge - FL	South Daytona	FL
7	60	132.2	Jahaira Cintron	US-NY	2023 NJ State Championships	Fair Lawn	NJ
8	52.5	115.7	Niley Camilo	US-NY	2023 NJ State Championships	Fair Lawn	NJ

Weight Class: 75 / 165		Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	160	352.7	Mackenzie Taylor	US-NC	2023 American Challenge - NC	Elizabeth City	NC
2	130	286.5	Madison Berry	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
3	97.5	214.9	Isabella Smith	US-NY	2023 NJ State Championships	Fair Lawn	NJ
4	90	198.4	Mia Gaylord	US-NY	2023 American Challenge - NY	Owego	NY

Weight Class: 82.5 / 181		Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	167.5	369.2	Mackenzie Taylor	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
2	120	264.5	Hannah Morris	US-VA	2023 Eastern USA Open	Richmond	VA
3	82.5	181.8	Claire Bires	US-PA	2023 Great Lakes Championships	Erie	PA

Weight Class: 90 / 198		Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	104	229.2	Megan Andrews	Canada	Summer Smash 2023		Canada
2	85	187.3	Olivia Stedman	US-NC	NC State Championships	Raleigh	NC
3	67.5	148.8	Olive Langlois	US-NC	2023 American Challenge - NC	Elizabeth City	NC
4	65	143.2	Sasha Lynn Payne	US-VA	2023 OBX Open Championships	Jarvisburg	NC
5	52.1	114.8	Naomi Jaquish	US-FL	2023 American Challenge - FL	South Daytona	FL

Weight Class: 90+ / 198+		Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	130	286.5	Demetria Sarafis	US-NC	NC State Championships	Raleigh	NC
2	117.5	259	Savannah Glanville	US-NC	2023 American Challenge - NC	Elizabeth City	NC
3	87.5	192.9	Olivia Stedman	US-NC	2023 American Challenge - NC	Elizabeth City	NC

2023 Bench Press Rankings Female

Weight Class: 44 / 97		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	

1	38.56	85	Ashley Polacek	US-FL	Patriots Power Day	Melbourne	FL
2	36.5	80.4	Kylie May	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
3	30	66.1	Gracie Bushee	US-NC	NC State Championships	Raleigh	NC
		30	Gabbi Saunders	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
5	27.5	60.6	Gianna Beacham	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	27.5	60.6	Ashtyn Bushee	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
	27.5	60.6	Bella Butler	US-PA	2023 Central PA Open	Clearfield	PA
8	27.21	59.9	Zoey Davis	US-FL	Patriots Power Day	Melbourne	FL
9	24.9	54.8	Emma Bilak	US-FL	2023 American Challenge - FL	South Daytona	FL
10	22.5	49.6	Gabrielle Saunders	US-NC	NC State Championships	Raleigh	NC
11	18.15	40	Finleigh Caldwell	US-FL	Florida State Championships	Viera	FL
12	16.79	37	Ari Aude	US-FL	Florida State Championships	Viera	FL
13	14.51	31.9	Saige Vergara	US-FL	Patriots Power Day	Melbourne	FL
	14.51	31.9	Avigayil Lundgren	US-FL	Patriots Power Day	Melbourne	FL
15	12.5	27.5	Daenerys DeWolfe	Canada	Summer Smash 2023		Canada
16	9.07	19.9	Sofia Reyes	US-FL	Florida State Championships	Viera	FL

Weight Class: 48 / 105		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	39.46	86.9	Natalie Norcross	US-FL	Patriots Power Day	Melbourne	FL
2	32.5	71.6	Gracie Bushee	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
3	30	66.1	Gianna Beacham	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
4	29.4	64.8	Maddie Welton	US-FL	2023 American Challenge - FL	South Daytona	FL
5	28.12	61.9	Emma Bilak	US-FL	Patriots Power Day	Melbourne	FL
6	23.5	51.8	Khloe Bodiford	US-FL	2023 American Challenge - FL	South Daytona	FL

Weight Class: 52 / 114		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	55	121.2	Lela Pensyl	US-PA	2023 Great Lakes Championships	Erie	PA
	55	121.2	Kaylum Mills	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	55	121.2	Courtney Krauss	Canada	Summer Smash 2023		Canada
4	45	99.2	Kinlee Fahselt	Canada	Summer Smash 2023		Canada
5	40.82	89.9	Kamryn Davis	US-FL	Patriots Power Day	Melbourne	FL
6	39.47	87	Eliana Burrs	US-FL	Florida State Championships	Viera	FL
7	37.5	82.6	Natalie Norcross	US-FL	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
8	35	77.1	Sofia Corridean	US-NC	2023 Battle of the Border	Currituck	NC
9	34.94	77	Mariam Mizyed	US-FL	Florida State Championships	Viera	FL
10	34	74.9	Kendall Booth	US-FL	2023 American Challenge - FL	South Daytona	FL
11	27.2	59.9	Madi Hadley	US-FL	2023 American Challenge - FL	South Daytona	FL

Weight Class: 56 / 123		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	55	121.2	Giuliana Hess	US-NJ	2023 NJ State Championships	Fair Lawn	NJ
2	50	110.2	Carolyn Le	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	50	110.2	Reny Choi	Canada	Summer Smash 2023		Canada
4	45	99.2	Isabella Costantino	US-PA	2023 Central PA Open	Clearfield	PA
5	32.5	71.6	Cadence Tryggestad	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	32.5	71.6	Kayla Benko	Canada	Summer Smash 2023		Canada
7	28.12	61.9	Madi Hadley	US-FL	Patriots Power Day	Melbourne	FL
8	27.5	60.6	Miranda Kassa	US-NY	2023 NJ State Championships	Fair Lawn	NJ
	27.5	60.6	Rebekah Wolters	US-PA	2023 Great Lakes Championships	Erie	PA

Weight Class: 60 / 132		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	60.5	133.3	Shannon Faircloth	US-VA	2023 American Challenge - VA	Woodstock	VA
2	57.5	126.7	Nena Pfeffer	US-PA	2023 Central PA Open	Clearfield	PA
3	55	121.2	Ava Lucenti	US-NY	2023 American Challenge - NY	Owego	NY
4	45	99.2	Reagan Charlton	US-NC	2023 Battle of the Border	Currituck	NC

5	35	77.1	Sofia Corridean	US-NC	2023 Southern Open	Jarvisburg	NC
6	32.5	71.6	Kai Sheppard	US-NY	2023 NJ State Championships	Fair Lawn	NJ

Weight Class: 67.5 / 148		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	67.5	148.8	Madison Berry	US-NC	2023 American Challenge - NC	Elizabeth City	NC
2	60	132.2	Emma Pollard	Canada	Spring Showdown		Canada
3	52.5	115.7	Angelica Steffy	US-NC	2023 American Challenge - NC	Elizabeth City	NC
4	50	110.2	Marlee Hull	US-PA	2023 Great Lakes Championships	Erie	PA
5	43	94.7	Yara Perez	US-FL	2023 American Challenge - FL	South Daytona	FL
6	40	88.1	Jahaira Cintron	US-NY	2023 NJ State Championships	Fair Lawn	NJ
7	37.5	82.6	Kathryn Laird	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
8	30	66.1	Niley Camilo	US-NY	2023 NJ State Championships	Fair Lawn	NJ
9	25	55.1	Hailey Wansor	US-NY	2023 American Challenge - NY	Owego	NY

Weight Class: 75 / 165		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	90	198.4	Mackenzie Taylor	US-NC	2023 American Challenge - NC	Elizabeth City	NC
2	73	160.9	Madison Berry	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
3	62.5	137.7	Mia Gaylord	US-NY	2023 American Challenge - NY	Owego	NY
4	50	110.2	Annabel McDonald	US-FL	2023 American Challenge - OH	Bedford	OH
5	40	88.1	Isabella Smith	US-NY	2023 NJ State Championships	Fair Lawn	NJ

Weight Class: 82.5 / 181		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	93.4	205.9	Mackenzie Taylor	US-NC	2023 American Challenge - FL	South Daytona	FL
2	72.5	159.8	Madison Berry	US-NC	2023 Christmas Classic	Woodstock	VA
3	70	154.3	Hannah Morris	US-VA	2023 Eastern USA Open	Richmond	VA
4	62.5	137.7	Tyra Giutierrez	US-NC	2023 Battle of the Border	Currituck	NC
5	52.5	115.7	Claire Bires	US-PA	2023 Great Lakes Championships	Erie	PA

Weight Class: 90 / 198		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	72.5	159.8	Megan Andrews	Canada	Summer Smash 2023		Canada
2	52.5	115.7	Olivia Stedman	US-NC	NC State Championships	Raleigh	NC
3	38.5	84.8	Naomi Jaquish	US-FL	2023 American Challenge - FL	South Daytona	FL
4	35	77.1	Olive Langlois	US-NC	2023 American Challenge - NC	Elizabeth City	NC
5	30	66.1	Sasha Lynn Payne	US-VA	2023 OBX Open Championships	Jarvisburg	NC

Weight Class: 90+ / 198+		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	72.5	159.8	Savannah Glanville	US-NC	2023 American Challenge - NC	Elizabeth City	NC
2	65	143.2	Demetria Sarafis	US-NC	2023 American Challenge - NC	Elizabeth City	NC
3	57.5	126.7	Olivia Stedman	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	57.5	126.7	Olivia Bundy	US-NY	2023 American Challenge - NY	Owego	NY

2023 Deadlift Rankings Female

Weight Class: 44 / 97		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	91.63	202	Ashley Polacek	US-FL	Patriots Power Day	Melbourne	FL
2	90	198.4	Gabbi Saunders	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
3	87.5	192.9	Kylie May	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
4	82.5	181.8	Gracie Bushee	US-NC	NC State Championships	Raleigh	NC
5	75	165.3	Gabrielle Saunders	US-NC	NC State Championships	Raleigh	NC
6	72.5	159.8	Bella Butler	US-PA	2023 Central PA Open	Clearfield	PA
7	65.7	144.8	Emma Bilak	US-FL	2023 American Challenge - FL	South Daytona	FL
8	62.5	137.7	Ashtyn Bushee	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA

9	56.7	125	Zoey Davis	US-FL	Patriots Power Day	Melbourne	FL
10	55	121.2	Gianna Beacham	US-NC	2023 American Challenge - NC	Elizabeth City	NC
11	53.09	117	Finleigh Caldwell	US-FL	Florida State Championships	Viera	FL
12	48.55	107	Ari Aude	US-FL	Florida State Championships	Viera	FL
13	43.09	94.9	Avigayil Lundgren	US-FL	Patriots Power Day	Melbourne	FL
14	42.5	93.6	Lesly Quinteros	US-VA	DMV Classic	Alexandria	VA
15	40	88.1	Daenerys DeWolfe	Canada	Summer Smash 2023		Canada
16	32.67	72	Sofia Reyes	US-FL	Florida State Championships	Viera	FL
17	32.66	72	Saige Vergara	US-FL	Patriots Power Day	Melbourne	FL

Weight Class: 48 / 105		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	109.77	241.9	Natalie Norcross	US-FL	Patriots Power Day	Melbourne	FL
2	75.7	166.8	Khloe Bodiford	US-FL	2023 American Challenge - FL	South Daytona	FL
3	74.84	164.9	Emma Bilak	US-FL	Patriots Power Day	Melbourne	FL
4	70.33	155	Maddie Welton	US-FL	Florida State Championships	Viera	FL
5	70	154.3	Tarandeep Kaur	India	Dubai International Championships		Dubai
		70	Gracie Bushee	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
7	60	132.2	Gianna Beacham	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA

Weight Class: 52 / 114		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	123	271.1	Kaylum Mills	US-NC	2023 American Challenge - NC	Elizabeth City	NC
2	107.5	236.9	Courtney Krauss	Canada	Summer Smash 2023		Canada
		107.5	Natalie Norcross	US-FL	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
4	102.09	225	Eliana Burrs	US-FL	Florida State Championships	Viera	FL
5	100	220.4	Sofia Corridean	US-NC	2023 Battle of the Border	Currituck	NC
6	90.74	200	Mariam Mizyed	US-FL	Florida State Championships	Viera	FL
7	90	198.4	Kinlee Fahselt	Canada	Summer Smash 2023		Canada
8	78.02	172	Kamryn Davis	US-FL	Patriots Power Day	Melbourne	FL
9	73.4	161.8	Kendall Booth	US-FL	2023 American Challenge - FL	South Daytona	FL
10	70	154.3	Tarandeep Kaur	India	India Paul Bossi Classic		India
11	66.6	146.8	Madi Hadley	US-FL	2023 American Challenge - FL	South Daytona	FL

Weight Class: 56 / 123		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	135	297.6	Reny Choi	Canada	Summer Smash 2023		Canada
2	115	253.5	Carolyn Le	US-NC	2023 American Challenge - NC	Elizabeth City	NC
3	100	220.4	Kayla Benko	Canada	Summer Smash 2023		Canada
4	97.5	214.9	Rebekah Wolters	US-PA	2023 Great Lakes Championships	Erie	PA
5	85	187.3	Miranda Kassa	US-NY	2023 NJ State Championships	Fair Lawn	NJ
		85	Isabella Costantino	US-PA	2023 Central PA Open	Clearfield	PA
7	77.11	169.9	Madi Hadley	US-FL	Patriots Power Day	Melbourne	FL
8	60	132.2	Cadence Tryggestad	US-NC	2023 American Challenge - NC	Elizabeth City	NC

Weight Class: 60 / 132		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	102.5	225.9	Shannon Faircloth	US-VA	2023 American Challenge - VA	Woodstock	VA
2	100	220.4	Ava Lucenti	US-NY	2023 American Challenge - NY	Owego	NY
3	97.5	214.9	Reagan Charlton	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
		97.5	Nena Pfeffer	US-PA	2023 Central PA Open	Clearfield	PA
5	95	209.4	Sofia Corridean	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
6	57.5	126.7	Kai Sheppard	US-NY	2023 NJ State Championships	Fair Lawn	NJ

Weight Class: 67.5 / 148		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	137.5	303.1	Marlee Hull	US-PA	2023 Great Lakes Championships	Erie	PA
2	135	297.6	Angelica Steffy	US-NC	2023 American Challenge - NC	Elizabeth City	NC

3	130	286.5	Madison Berry	US-NC	2023 American Challenge - NC	Elizabeth City	NC
4	112.5	248	Emma Pollard	Canada	Spring Showdown		Canada
5	95	209.4	Jahaira Cintron	US-NY	2023 NJ State Championships	Fair Lawn	NJ
	95	209.4	Kathryn Laird	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
7	86.1	189.8	Yara Perez	US-FL	2023 American Challenge - FL	South Daytona	FL
8	82.5	181.8	Hailey Wansor	US-NY	2023 American Challenge - NY	Owego	NY
9	80	176.3	Niley Camilo	US-NY	2023 NJ State Championships	Fair Lawn	NJ

Weight Class: 75 / 165		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	173	381.3	Mackenzie Taylor	US-NC	2023 American Challenge - NC	Elizabeth City	NC
2	140	308.6	Madison Berry	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
3	127.5	281	Mia Gaylord	US-NY	2023 American Challenge - NY	Owego	NY
4	122.5	270	Isabella Smith	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ

Weight Class: 82.5 / 181		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	180	396.8	Mackenzie Taylor	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
2	145	319.6	Hannah Morris	US-VA	2023 Eastern USA Open	Richmond	VA
3	140	308.6	Madison Berry	US-NC	2023 Christmas Classic	Woodstock	VA
4	130	286.5	Claire Bires	US-PA	2023 Great Lakes Championships	Erie	PA

Weight Class: 90 / 198		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	125	275.5	Megan Andrews	Canada	Summer Smash 2023		Canada
2	101	222.6	Olivia Stedman	US-NC	NC State Championships	Raleigh	NC
3	82.5	181.8	Sasha Lynn Payne	US-VA	2023 OBX Open Championships	Jarvisburg	NC
4	79.3	174.8	Naomi Jaquish	US-FL	2023 American Challenge - FL	South Daytona	FL
5	70	154.3	Olive Langlois	US-NC	2023 American Challenge - NC	Elizabeth City	NC

Weight Class: 90+ / 198+		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	170	374.7	Demetria Sarafis	US-NC	2023 American Challenge - NC	Elizabeth City	NC
2	117.9	259.9	Lisa Foster	US-FL	2023 American Challenge - FL	South Daytona	FL
3	110	242.5	Olivia Bundy	US-NY	2023 American Challenge - NY	Owego	NY
4	107.5	236.9	Olivia Stedman	US-NC	2023 American Challenge - NC	Elizabeth City	NC
5	105	231.4	Savannah Glanville	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
6	72.5	159.8	Sonya Stengel	US-OH	2023 Tri-State Championship	Solon	OH

2023 Total Rankings Female

Weight Class: 44 / 97		Total		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	199.14	439	Ashley Polacek	US-FL	Patriots Power Day	Melbourne	FL
2	176.5	389.1	Kylie May	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
3	175	385.8	Gracie Bushee	US-NC	NC State Championships	Raleigh	NC
4	172.5	380.2	Gabbi Saunders	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
5	160	352.7	Bella Butler	US-PA	2023 Central PA Open	Clearfield	PA
6	137.2	302.4	Emma Bilak	US-FL	2023 American Challenge - FL	South Daytona	FL
7	135	297.6	Gabrielle Saunders	US-NC	NC State Championships	Raleigh	NC
	135	297.6	Ashtyn Bushee	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
9	133.81	294.9	Zoey Davis	US-FL	Patriots Power Day	Melbourne	FL
10	117.5	259	Gianna Beacham	US-NC	2023 American Challenge - NC	Elizabeth City	NC
11	103.91	229	Finleigh Caldwell	US-FL	Florida State Championships	Viera	FL
12	98.01	216	Ari Aude	US-FL	Florida State Championships	Viera	FL
13	91.62	201.9	Avigayil Lundgren	US-FL	Patriots Power Day	Melbourne	FL
14	77.5	170.8	Daenerys DeWolfe	Canada	Summer Smash 2023		Canada
15	72.12	158.9	Saige Vergara	US-FL	Patriots Power Day	Melbourne	FL

16 59.89 132 Sofia Reyes US-FL Florida State Championships Viera FL

Weight Class: 48 / 105				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	239.95	528.9	Natalie Norcross	US-FL	Patriots Power Day	Melbourne	FL	
2	172.5	380.2	Gracie Bushee	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA	
3	164.19	361.9	Emma Bilak	US-FL	Patriots Power Day	Melbourne	FL	
4	152.2	335.5	Khloe Bodiford	US-FL	2023 American Challenge - FL	South Daytona	FL	
5	147.2	324.5	Maddie Welton	US-FL	2023 American Challenge - FL	South Daytona	FL	
6	137.5	303.1	Gianna Beacham	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA	

Weight Class: 52 / 114				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	273.5	602.9	Kaylum Mills	US-NC	2023 American Challenge - NC	Elizabeth City	NC	
2	255	562.1	Courtney Krauss	Canada	Summer Smash 2023		Canada	
3	227.5	501.5	Natalie Norcross	US-FL	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA	
4	215.06	474.1	Eliana Burrs	US-FL	Florida State Championships	Viera	FL	
5	202.5	446.4	Kinlee Fahselt	Canada	Summer Smash 2023		Canada	
6	198.22	436.9	Kamryn Davis	US-FL	Patriots Power Day	Melbourne	FL	
7	196.01	432.1	Mariam Mizyed	US-FL	Florida State Championships	Viera	FL	
8	168.6	371.6	Kendall Booth	US-FL	2023 American Challenge - FL	South Daytona	FL	
9	145.9	321.6	Madi Hadley	US-FL	2023 American Challenge - FL	South Daytona	FL	

Weight Class: 56 / 123				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	265	584.2	Reny Choi	Canada	Summer Smash 2023		Canada	
2	262.5	578.7	Carolyn Le	US-NC	2023 American Challenge - NC	Elizabeth City	NC	
3	195	429.8	Kayla Benko	Canada	Summer Smash 2023		Canada	
4	192.5	424.3	Rebekah Wolters	US-PA	2023 Great Lakes Championships	Erie	PA	
5	168.73	371.9	Madi Hadley	US-FL	Patriots Power Day	Melbourne	FL	
6	165	363.7	Miranda Kassa	US-NY	2023 NJ State Championships	Fair Lawn	NJ	
7	140	308.6	Cadence Tryggestad	US-NC	2023 American Challenge - NC	Elizabeth City	NC	

Weight Class: 60 / 132				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	280.5	618.3	Shannon Faircloth	US-VA	2023 American Challenge - VA	Woodstock	VA	
2	240	529.1	Nena Pfeffer	US-PA	2023 Central PA Open	Clearfield	PA	
3	230	507	Ava Lucenti	US-NY	2023 American Challenge - NY	Owego	NY	
4	225	496	Reagan Charlton	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA	
5	192.5	424.3	Sofia Corridean	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA	
6	142.5	314.1	Kai Sheppard	US-NY	2023 NJ State Championships	Fair Lawn	NJ	

Weight Class: 67.5 / 148				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	312.5	688.9	Madison Berry	US-NC	2023 American Challenge - NC	Elizabeth City	NC	
2	277.5	611.7	Angelica Steffy	US-NC	2023 American Challenge - NC	Elizabeth City	NC	
3	270	595.2	Marlee Hull	US-PA	2023 Great Lakes Championships	Erie	PA	
4	257.5	567.6	Emma Pollard	Canada	Spring Showdown		Canada	
5	207.5	457.4	Kathryn Laird	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ	
6	201.6	444.4	Yara Perez	US-FL	2023 American Challenge - FL	South Daytona	FL	
7	195	429.8	Jahaira Cintron	US-NY	2023 NJ State Championships	Fair Lawn	NJ	
8	162.5	358.2	Niley Camilo	US-NY	2023 NJ State Championships	Fair Lawn	NJ	

Weight Class: 75 / 165				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	423	932.5	Mackenzie Taylor	US-NC	2023 American Challenge - NC	Elizabeth City	NC	
2	343	756.1	Madison Berry	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA	
3	280	617.2	Mia Gaylord	US-NY	2023 American Challenge - NY	Owego	NY	

4	257.5	567.6	Isabella Smith	US-NY	2023 NJ State Championships	Fair Lawn	NJ
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Weight Class: 82.5 / 181				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	440	970	Mackenzie Taylor	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA	
2	335	738.5	Hannah Morris	US-VA	2023 Eastern USA Open	Richmond	VA	
3	265	584.2	Claire Bires	US-PA	2023 Great Lakes Championships	Erie	PA	

Weight Class: 90 / 198				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	292.5	644.8	Megan Andrews	Canada	Summer Smash 2023		Canada	
2	225.5	497.1	Olivia Stedman	US-NC	NC State Championships	Raleigh	NC	
3	177.5	391.3	Sasha Lynn Payne	US-VA	2023 OBX Open Championships	Jarvisburg	NC	
4	172.5	380.2	Olive Langlois	US-NC	2023 American Challenge - NC	Elizabeth City	NC	
5	169.9	374.5	Naomi Jaquish	US-FL	2023 American Challenge - FL	South Daytona	FL	

Weight Class: 90+ / 198+				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	362.5	799.1	Demetria Sarafis	US-NC	2023 American Challenge - NC	Elizabeth City	NC	
2	252.5	556.6	Olivia Stedman	US-NC	2023 American Challenge - NC	Elizabeth City	NC	
3	235	518	Savannah Glanville	US-NC	2023 American Challenge - NC	Elizabeth City	NC	

2023 Strict Curl Rankings Female

Weight Class: 44 / 97				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	21	46.2	Gracie Bushee	US-NC	2023 American Challenge SC - NC	Elizabeth City	NC	
2	16	35.2	Gabbi Saunders	US-NC	2023 OBX Open Championships	Jarvisburg	NC	
	16	35.2	Ashtyn Bushee	US-NC	2023 Strict Curl Worlds	Virginia Beach	VA	
4	13.5	29.7	Lesly Quinteros	US-VA	2023 Eastern USA Open	Richmond	VA	
5	10.5	23.1	Zana Zimmerman	US-CA	Curlifornia		CA	

Weight Class: 48 / 105				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	22.5	49.6	Gracie Bushee	USA	2023 OBX Open Championships	Jarvisburg	NC	

Weight Class: 52 / 114				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	27.5	60.6	Isabella Costantino	US-PA	United States Open	York	PA	
2	23	50.7	Avaya Berge	US-NC	2023 Battle of the Border	Currituck	NC	
3	20.5	45.1	Sofia Corridean	US-NC	2023 Battle of the Border	Currituck	NC	

Weight Class: 56 / 123				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	34	74.9	Reagan Charlton	US-NC	2023 Arnold Invitational Strict Curl	Columbus	OH	
2	30	66.1	Isabella Costantino	US-PA	2023 Central PA Open	Clearfield	PA	
3	21	46.2	Raine Babcock	US-CA	Curlifornia		CA	

Weight Class: 60 / 132				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	36.5	80.4	Reagan Charlton	US-NC	2023 Strict Curl Worlds	Virginia Beach	VA	

Weight Class: 67.5 / 148				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	37	81.5	Madison Berry	US-NC	2023 American Challenge SC - NC	Elizabeth City	NC	
2	25.5	56.2	Jahaira Cintron	US-NY	2023 NJ State Championships	Fair Lawn	NJ	
3	23.5	51.8	Kathryn Laird	US-NY	2023 NJ State Championships	Fair Lawn	NJ	
4	22	48.5	Leah Airy	US-CA	Curlifornia		CA	

5	18.5	40.7	Carly Cooper	US-NC	2023 Southern Open	Jarvisburg	NC
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Weight Class: 75 / 165			Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	46	101.4	Mackenzie Taylor	US-NC	NC State Championships	Raleigh	NC
2	37.5	82.6	Madison Berry	US-NC	2023 Strict Curl Worlds	Virginia Beach	VA
3	33	72.7	Mia Gaylord	US-NY	2023 American Challenge - NY	Owego	NY

Weight Class: 82.5 / 181			Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	49	108	Mackenzie Taylor	US-NC	2023 Battle of the Border	Currituck	NC

Weight Class: 90 / 198			Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	26	57.3	Olivia Stedman	US-NC	NC State Championships	Raleigh	NC

Weight Class: 90+ / 198+			Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	47.5	104.7	Demetria Sarafis	US-NC	2023 Battle of the Border	Currituck	NC
2	28.5	62.8	Olivia Stedman	US-NC	2023 American Challenge SC - NC	Elizabeth City	NC
3	24.5	54	Sonya Stengel	US-OH	2023 Ohio State Championships	Bedford	OH

2023 Squat Rankings Male

Weight Class: 48 / 105			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	74.86	165	Brock Vergara	US-FL	Florida State Championships	Viera	FL
2	72.5	159.8	Jeramiah Skinner	US-NC	2023 Southern Open	Jarvisburg	NC
3	63.52	140	Alex Bittle	US-FL	Florida State Championships	Viera	FL
4	61.2	134.9	Kellan Caldwell	US-FL	2023 American Challenge - FL	South Daytona	FL
5	52.5	115.7	Bronx McLean	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	52.5	115.7	Brezlin Bruner	US-PA	2023 Central PA Open	Clearfield	PA
7	52.18	115	Kai Vergara	US-FL	Florida State Championships	Viera	FL
8	49.91	110	Gavin Michocki	US-FL	Florida State Championships	Viera	FL
9	47.5	104.7	Devin Sobota	US-NC	2023 American Challenge - NC	Elizabeth City	NC
10	45.3	99.8	Christopher Zollo	US-FL	2023 American Challenge - FL	South Daytona	FL
11	44	97	Brennan Phillips	US-FL	Patriots Power Day	Melbourne	FL
12	40	88.1	Michael Nezir Jr	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
13	39.47	87	Mark Williams	US-FL	Florida State Championships	Viera	FL
	39.47	87	Ethan Phillips	US-FL	Florida State Championships	Viera	FL
15	37.5	82.6	Aidan Young	US-PA	2023 Central PA Open	Clearfield	PA
16	37.21	82	Matthew Williams	US-FL	Florida State Championships	Viera	FL
17	30.4	67	Nathan Coffey	US-FL	Florida State Championships	Viera	FL
18	27.2	59.9	Chase Zollo	US-FL	2023 American Challenge - FL	South Daytona	FL
19	18.15	40	Anthony Reyes	US-FL	Florida State Championships	Viera	FL

Weight Class: 52 / 114			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	75	165.3	Jeramiah Skinner	US-NC	2023 World Youth and Womens Powerlifting Championships	Virginia Beach	VA
2	63.5	139.9	Sam Osborn	US-FL	2023 American Challenge - FL	South Daytona	FL
3	61.2	134.9	Ben Osborn	US-FL	2023 American Challenge - FL	South Daytona	FL
4	52.16	114.9	Bodhi Solis	US-FL	Patriots Power Day	Melbourne	FL
5	48.55	107	Parker Mills	US-FL	Florida State Championships	Viera	FL
6	25	55.1	Brewer Drust	US-CT	Youth and Teen CT Strength	Cheshire	CT

Weight Class: 56 / 123			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	

1	61.25	135	James Allarding	US-FL	Florida State Championships	Viera	FL
2	61.23	134.9	Ethan Phillips	US-FL	Patriots Power Day	Melbourne	FL
3	57.5	126.7	Lachlan Pollard	Canada	Spring Showdown		Canada

Weight Class: 60 / 132		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	125	275.5	Anthony Estrada	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
2	97.5	214.9	Camden Sigafoose	US-MD	2023 American Challenge - MD	Silver Springs	MD
3	92.5	203.9	Noa Young	US-NY	2023 NJ State Championships	Fair Lawn	NJ
4	90	198.4	Jordan Baird	US-VA	2023 OBX Open Championships	Jarvisburg	NC
5	79.3	174.8	Dillon Winslow	US-FL	2023 American Challenge - FL	South Daytona	FL
6	67.5	148.8	Tristan Milie	US-PA	2023 Central PA Open	Clearfield	PA

Weight Class: 67.5 / 148		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	185	407.8	Nathaniel Thomas	US-NC	2023 American Challenge - NC	Elizabeth City	NC
2	179.1	394.8	Pierson Milburn	US-FL	2023 American Challenge - FL	South Daytona	FL
3	160.5	353.8	Dylan Aronson	Canada	Gathering of Nations		Canada
4	150	330.6	Easten Binckley	US-NC	NC State Championships	Raleigh	NC
			Joshua Bachtel	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
6	147.4	324.9	Graham Phillips	US-FL	2023 American Challenge - FL	South Daytona	FL
7	137.5	303.1	Dalton Fazio	US-NC	2023 American Challenge - NC	Elizabeth City	NC
8	120.24	265	Drake Small	US-FL	Florida State Championships	Viera	FL
9	115	253.5	Kayden VanKouteren	US-NC	2023 American Challenge - NC	Elizabeth City	NC
10	112.5	248	Benjamin Noler	US-PA	2023 Great Lakes Championships	Erie	PA
11	107.5	236.9	Ben Nola	US-PA	2023 American Challenge - OH	Bedford	OH
12	105	231.4	Wyatt Shultz	US-PA	2023 American Challenge - CT	Cheshire	CT
13	97.52	214.9	Dillon Winslow	US-FL	Patriots Power Day	Melbourne	FL
14	95	209.4	Teddy Gentile	US-NY	2023 NJ State Championships	Fair Lawn	NJ
15	92.5	203.9	Chaz Friend	US-NC	2023 American Challenge - NC	Elizabeth City	NC
16	63.52	140	Shane Odom	US-FL	Florida State Championships	Viera	FL
17	61.25	135	Josh Adams	US-FL	Florida State Championships	Viera	FL
18	50.82	112	Micah Lundgren	US-FL	Florida State Championships	Viera	FL

Weight Class: 75 / 165		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	185	407.8	Ethan Binckley	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
			Nathaniel Thomas	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
3	180	396.8	Jonathan Windt	US-MD	2023 American Challenge - MD	Silver Springs	MD
4	175	385.8	James Church	US-AZ	2023 American Challenge - AZ	Phoenix	AZ
			Easten Binckley	US-NC	Henderson Open	Henderson	NC
6	170	374.7	Gerard Naviello	US-NJ	2023 American Challenge - NJ	Fair Lawn	NJ
7	147.5	325.1	Hayden McMurray	US-NC	2023 OBX Open Championships	Jarvisburg	NC
			Gideon Ferree	US-PA	2023 Central PA Open	Clearfield	PA
9	145	319.6	Alex Fink	US-WV	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
10	140	308.6	Joshua Batchel	US-NC	2023 American Challenge - NC	Elizabeth City	NC
11	137.5	303.1	Benjamin Nola	US-PA	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
12	130	286.5	Peyton Williams	Canada	Valhalla Rising		Canada
			Braeden Philpott	US-PA	2023 American Challenge - NY	Owego	NY
14	127.5	281	Dalton Braman	US-NY	2023 American Challenge - NY	Owego	NY
15	125	275.5	Caden Simco	US-PA	2023 American Challenge - NJ	Fair Lawn	NJ
16	110	242.5	Cristoffer Leon	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
17	105	231.4	Caleb Rhodes	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
18	92.5	203.9	Brayden Dashiell	US-VA	2023 American Challenge - NC	Elizabeth City	NC
19	90	198.4	Carlisle Hanyon	US-NY	2023 American Challenge - NY	Owego	NY
20	77.5	170.8	Catlisle Hanyon	US-NY	Owego Winter Classic 2023	Owego	NY

Weight Class: 82.5 / 181		Squat		Male			
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Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	192.7	424.8	Braxton Fabien	US-FL	2023 American Challenge - FL	South Daytona	FL
2	187.5	413.3	Gavin Wickeremasuriya	US-NY	2023 NJ State Championships	Fair Lawn	NJ
3	185.9	409.8	Josiah Slate	US-FL	2023 American Challenge - FL	South Daytona	FL
4	182.5	402.3	Noah Simpson	US-NC	2023 American Challenge - NC	Elizabeth City	NC
5	172.5	380.2	CJ Pearson	US-NC	2023 American Challenge - NC	Elizabeth City	NC
6	167.5	369.2	Luka Britt	US-NC	2023 American Challenge - NC	Elizabeth City	NC
7	156.4	344.7	Naheam Fayiuinmi	US-FL	2023 American Challenge - FL	South Daytona	FL
8	155	341.7	Kenneth Beacham	US-NC	2023 American Challenge - NC	Elizabeth City	NC
9	147.46	325	Anthony Vargas	US-FL	Florida State Championships	Viera	FL
10	145	319.6	Diego Herandez	US-VA	2023 Eastern USA Open	Richmond	VA
	145	319.6	Dominic Yarger	US-NC	2023 American Challenge - NC	Elizabeth City	NC
12	140	308.6	Caden Simco	US-PA	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
	140	308.6	Dalton Fazio	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
14	112.5	248	Finn Parr	Canada	Valhalla Rising		Canada
15	102.5	225.9	Ethan Sayers	US-VA	2023 OBX Open Championships	Jarvisburg	NC
16	92.5	203.9	Carlisle Hanyon	US-NY	2023 World Youth and Womens Powerlifting Cha	Virginia Beach	VA
17	90	198.4	Caleb Rhodes	US-NY	2023 NJ State Championships	Fair Lawn	NJ
18	61.23	134.9	Micah Lundgren	US-FL	Patriots Power Day	Melbourne	FL
19	40	88.1	Lennox Skinner	Canada	Summer Smash 2023		Canada

Weight Class: 90 / 198		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	192.5	424.3	Elijah Binckley	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	192.5	424.3	Tyler Ivory	US-NC	2023 American Challenge - NC	Elizabeth City	NC
3	177.5	391.3	Reuben Lee	Canada	Summer Smash 2023		Canada
4	165	363.7	Hayes Ambrose	US-VA	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
5	150	330.6	Ciaran Henning	Canada	Valhalla Rising		Canada
	150	330.6	Jeffery Klugh	US-NC	2023 American Challenge - NC	Elizabeth City	NC
7	132.5	292.1	Chandler Jones	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
8	129.31	285	Logan Acevedo	US-FL	Florida State Championships	Viera	FL
9	125	275.5	Alex Ammerman	US-PA	2023 Central PA Open	Clearfield	PA
10	124.77	275	Seth Ramsey	US-FL	Florida State Championships	Viera	FL
11	117.93	259.9	Asher Lundgren	US-FL	Patriots Power Day	Melbourne	FL
12	92.5	203.9	Joe Viczko	Canada	Spring Showdown		Canada

Weight Class: 100 / 220		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	192.5	424.3	Brennan Pearson	US-NY	2023 NJ State Championships	Fair Lawn	NJ
	192.5	424.3	Colton Greene	US-NC	2023 American Challenge - NC	Elizabeth City	NC
3	180	396.8	Frank Castillo	US-VA	2023 American Challenge - VA	Woodstock	VA
4	142.5	314.1	Samuel Palumbo	US-OH	2023 American Challenge - OH	Bedford	OH
5	130	286.5	Jason Hernandez	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
6	127.5	281	James Sampley	US-VA	2023 Eastern USA Open	Richmond	VA
7	125	275.5	Hudson Harmon	US-VA	2023 American Challenge - VA	Woodstock	VA
8	102.5	225.9	Benjamin McDaniel	US-VA	2023 OBX Open Championships	Jarvisburg	NC
9	98.46	217	Jonathan Daniels	US-FL	Florida State Championships	Viera	FL
10	66.68	147	Slater Dykhous	US-FL	Patriots Power Day	Melbourne	FL
11	62.5	137.7	Cameron Pollard	US-VA	2023 OBX Open Championships	Jarvisburg	NC
12	61.23	134.9	Shane Dykhous	US-FL	Patriots Power Day	Melbourne	FL

Weight Class: 110 / 242		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	185	407.8	Colton Greene	US-NC	2023 Southern Open	Jarvisburg	NC
2	162.5	358.2	John Hopkins	US-NC	2023 American Challenge - NC	Elizabeth City	NC
3	142.5	314.1	Buck Bailey	US-NC	NC State Championships	Raleigh	NC
4	138.3	304.8	Vinny Chiellini	US-FL	2023 American Challenge - FL	South Daytona	FL
5	102.5	225.9	Randy Williams Jr	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ

Weight Class: 125 / 275				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	215	473.9	Justice Gray	US-NC	2023 American Challenge - NC	Elizabeth City	NC
2	185	407.8	Liam Emory	US-VA	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
3	175	385.8	Baron Capps	US-NC	NC State Championships	Raleigh	NC
4	137.5	303.1	Nicholas Angrove	US-NY	2023 American Challenge - NY	Owego	NY

Weight Class: 140 / 308				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	285	628.3	Athan Parker	US-OH	2023 Ohio State Championships	Bedford	OH
2	195	429.8	Baron Capps	US-NC	2023 American Challenge - NC	Elizabeth City	NC

2023 Bench Press Rankings Male

Weight Class: 48 / 105				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	47.5	104.7	Jeramiah Skinner	US-NC	2023 OBX Open Championships	Jarvisburg	NC
2	40.83	90	Brock Vergara	US-FL	Florida State Championships	Viera	FL
3	39.47	87	Alex Bittle	US-FL	Florida State Championships	Viera	FL
4	35	77.1	Brezlin Bruner	US-PA	2023 Central PA Open	Clearfield	PA
5	34	74.9	Kellan Caldwell	US-FL	2023 American Challenge - FL	South Daytona	FL
6	32.5	71.6	Stone Burcker	US-NC	DMV Classic	Alexandria	VA
7	30.5	67.2	Maximus Ruskin	US-VA	DMV Classic	Alexandria	VA
8	30.34	66.8	Ethan Phillips	US-FL	Florida State Championships	Viera	FL
9	27.5	60.6	Michael Neziri Jr	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
	27.5	60.6	Aidan Young	US-PA	2023 Central PA Open	Clearfield	PA
11	25	55.1	Devin Sobota	US-NC	2023 American Challenge - NC	Elizabeth City	NC
12	24.95	55	Kai Vergara	US-FL	Florida State Championships	Viera	FL
13	23.59	52	Mark Williams	US-FL	Florida State Championships	Viera	FL
	23.59	52	Brennan Phillips	US-FL	Patriots Power Day	Melbourne	FL
15	23.5	51.8	Christopher Zollo	US-FL	2023 American Challenge - FL	South Daytona	FL
16	22.69	50	Matthew Williams	US-FL	Florida State Championships	Viera	FL
17	20.42	45	Nathan Coffey	US-FL	Florida State Championships	Viera	FL
	20.42	45	Gavin Michocki	US-FL	Florida State Championships	Viera	FL
19	20	44	Bronx McLean	US-NC	2023 American Challenge - NC	Elizabeth City	NC
20	15.8	34.8	Chase Zollo	US-FL	2023 American Challenge - FL	South Daytona	FL

Weight Class: 52 / 114				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	66	145.5	Andrew Schwartz	US-NC	2023 American Challenge - NC	Elizabeth City	NC
2	48	105.8	Brewer Drust	US-CT	Connecticut Youth State Championships	Cheshire	CT
3	47.5	104.7	Jeramiah Skinner	US-NC	2023 World Youth and Womens Powerlifting Cha	Virginia Beach	VA
4	45.3	99.8	Sam Osborn	US-FL	2023 American Challenge - FL	South Daytona	FL
5	35	77.1	Tyler Bozzuto	US-CT	Youth and Teen CT Strength	Cheshire	CT
6	31.7	69.8	Ben Osborn	US-FL	2023 American Challenge - FL	South Daytona	FL
7	27.21	59.9	Bodhi Solis	US-FL	Patriots Power Day	Melbourne	FL
8	25.86	57	Parker Mills	US-FL	Florida State Championships	Viera	FL

Weight Class: 56 / 123				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	49.91	110	James Allarding	US-FL	Florida State Championships	Viera	FL
2	45.37	100	Gabriel Claybough	US-FL	Florida State Championships	Viera	FL
3	45	99.2	Lachlan Pollard	Canada	Spring Showdown		Canada
4	43.09	94.9	Ethan Phillips	US-FL	Patriots Power Day	Melbourne	FL
5	42.5	93.6	Jacob Smith	US-NC	2023 Battle of the Border	Currituck	NC

Weight Class: 60 / 132				Bench Press		Male	
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Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	92.5	203.9	Anthony Estrada	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
2	90	198.4	Andrew Schwartz	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
3	87.5	192.9	Adam Taylor	US-MD	DMV Classic	Alexandria	VA
4	72.5	159.8	Camden Sigafoose	US-MD	2023 American Challenge - MD	Silver Springs	MD
5	67.5	148.8	Benjamin Watson	US-NC	Henderson Open	Henderson	NC
	67.5	148.8	Jordan Baird	US-VA	2023 OBX Open Championships	Jarvisburg	NC
7	57.5	126.7	Noa Young	US-NY	2023 NJ State Championships	Fair Lawn	NJ
8	55	121.2	Brady Croak	US-OH	2023 Ohio State Championships	Bedford	OH
9	50	110.2	Camden Rhodes	US-NC	2023 World Youth and Womens Powerlifting Charr	Virginia Beach	VA
10	48.5	106.9	Dillon Winslow	US-FL	2023 American Challenge - FL	South Daytona	FL
11	47.5	104.7	Tristan Milie	US-PA	2023 Central PA Open	Clearfield	PA

Weight Class: 67.5 / 148 Bench Press Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	115	253.5	Ethan Binckley	US-NC	NC State Championships	Raleigh	NC
2	112.5	248	Nathan Henriques	US-VA	United States Open	York	PA
3	111.1	244.9	Pierson Milburn	US-FL	2023 American Challenge - FL	South Daytona	FL
	111.1	244.9	Graham Phillips	US-FL	2023 American Challenge - FL	South Daytona	FL
5	102.5	225.9	Jaquan Johnson	US-NC	2023 Battle of the Border	Currituck	NC
6	100	220.4	Dylan Aronson	Canada	Gathering of Nations		Canada
	100	220.4	Ryan Henriques	US-VA	United States Open	York	PA
8	92.5	203.9	Jake Cangiano	US-CT	Youth and Teen CT Strength	Cheshire	CT
	92.5	203.9	Nathaniel Thomas	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	92.5	203.9	Brandon Patrikios	US-NC	2023 American Challenge - NC	Elizabeth City	NC
11	87.5	192.9	Adam Taylor	US-MD	2023 Virginia State Open	Woodstock	VA
12	83.94	185	Drake Small	US-FL	Florida State Championships	Viera	FL
13	82.5	181.8	Easten Binckley	US-NC	NC State Championships	Raleigh	NC
14	80	176.3	Kayden VanKouteren	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	80	176.3	Joshua Bachtel	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
16	77.5	170.8	Benjamin Noler	US-PA	2023 Great Lakes Championships	Erie	PA
	77.5	170.8	Wyatt Shultz	US-PA	2023 American Challenge - CT	Cheshire	CT
	77.5	170.8	Ben Nola	US-PA	2023 American Challenge - OH	Bedford	OH
19	67.5	148.8	Dalton Fazio	US-NC	2023 American Challenge - NC	Elizabeth City	NC
20	65	143.2	Chaz Friend	US-NC	2023 American Challenge - NC	Elizabeth City	NC

Weight Class: 75 / 165 Bench Press Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	125	275.5	Ethan Binckley	US-NC	2023 Southern Open	Jarvisburg	NC
2	122.5	270	Jeff Gonzalez	US-CT	2023 American Challenge - CT	Cheshire	CT
3	110	242.5	Alex Fink	US-WV	2023 Patriots Open	Fredericksburg	VA
4	105	231.4	Husanpreet Singh	India	Dubai International Championships		Dubai
5	102.5	225.9	James Church	US-AZ	2023 American Challenge - AZ	Phoenix	AZ
6	97.5	214.9	Sammy LaMadeleine	US-CT	Youth and Teen CT Strength	Cheshire	CT
	97.5	214.9	Nathaniel Thomas	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
8	95	209.4	Braeden Philpott	US-PA	2023 Great Lakes Championships	Erie	PA
	95	209.4	Caden Simco	US-PA	2023 American Challenge - NJ	Fair Lawn	NJ
10	90	198.4	Daniel Cox	US-NC	2023 OBX Open Championships	Jarvisburg	NC
	90	198.4	Wyatt Shultz	US-PA	2023 Central PA Open	Clearfield	PA
12	87.5	192.9	Benjamin Nola	US-PA	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
13	85	187.3	Easten Binckley	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	85	187.3	Seth Smith	US-NC	2023 American Challenge - NC	Elizabeth City	NC
15	82.5	181.8	Peyton Williams	Canada	Valhalla Rising		Canada
	82.5	181.8	Joshua Batchel	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	82.5	181.8	Dalton Braman	US-NY	2023 American Challenge - NY	Owego	NY
	82.5	181.8	Jonathan Windt	US-MD	2023 American Challenge - MD	Silver Springs	MD
	82.5	181.8	Dexter Tetreatl	US-VA	2023 Christmas Classic	Woodstock	VA
20	80	176.3	Gideon Ferree	US-PA	2023 Central PA Open	Clearfield	PA

Weight Class: 82.5 / 181		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	149.6	329.8	Naheam Fayiuinmi	US-FL	2023 American Challenge - FL	South Daytona	FL
2	142.5	314.1	Punarpreet Singh	India	India Paul Bossi Classic		India
3	135	297.6	Reagan Dillion	US-PA	2023 American Challenge - VA	Woodstock	VA
4	132.5	292.1	Casey Percinsky	US-PA	United States Open	York	PA
5	125	275.5	Ayden Horton	US-NC	2023 American Challenge - NC	Elizabeth City	NC
6	117.9	259.9	Braxton Fabien	US-FL	2023 American Challenge - FL	South Daytona	FL
7	113.3	249.7	Josiah Slate	US-FL	2023 American Challenge - FL	South Daytona	FL
8	112.5	248	Ryan Pearson	US-PA	2023 Patriots Open	Fredericksburg	VA
9	110	242.5	CJ Pearson	US-NC	2023 Battle of the Border	Currituck	NC
10	107.5	236.9	Luka Britt	US-NC	2023 American Challenge - NC	Elizabeth City	NC
11	102.5	225.9	Gavin Wickeremasuriya	US-NY	2023 NJ State Championships	Fair Lawn	NJ
12	100	220.4	Kenneth Beacham	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	100	220.4	Caden Simco	US-PA	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
14	87.5	192.9	Finn Parr	Canada	Valhalla Rising		Canada
15	85	187.3	Diego Herandez	US-VA	2023 Eastern USA Open	Richmond	VA
	85	187.3	Braxton Finch	US-NC	2023 Battle of the Border	Currituck	NC
17	77.5	170.8	Wade Whitaker	US-NC	2023 Battle of the Border	Currituck	NC
	77.5	170.8	Dominic Yarger	US-NC	2023 American Challenge - NC	Elizabeth City	NC
19	77.13	170	Anthony Vargas	US-FL	Florida State Championships	Viera	FL
20	70	154.3	Kayden Smith	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	70	154.3	Dalton Fazio	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA

Weight Class: 90 / 198		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	142.5	314.1	Hilton Webb	US-NC	2023 American Challenge - NC	Elizabeth City	NC
2	135	297.6	Tyler Ivory	US-NC	2023 American Challenge - NC	Elizabeth City	NC
3	127.5	281	Michael Anton	US-CT	Youth and Teen CT Strength	Cheshire	CT
	127.5	281	Liem Paley	US-NY	2023 American Challenge - NY	Owego	NY
5	115	253.5	Elijah Binckley	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	115	253.5	Archer Ferris	US-PA	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
7	111.1	244.9	Logan Acevedo	US-FL	2023 American Challenge - FL	South Daytona	FL
8	107.5	236.9	Reuben Lee	Canada	Summer Smash 2023		Canada
9	105	231.4	Ciaran Henning	Canada	Valhalla Rising		Canada
10	102.5	225.9	Jayden Williams	US-NC	2023 Battle of the Border	Currituck	NC
	102.5	225.9	Alex Ammerman	US-PA	2023 Central PA Open	Clearfield	PA
12	100	220.4	Chandler Jones	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
13	97.5	214.9	Jeffery Klugh	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	97.5	214.9	Hayes Ambrose	US-VA	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
15	72.6	160	Seth Ramsey	US-FL	Florida State Championships	Viera	FL
16	65	143.2	Joe Viczko	Canada	Spring Showdown		Canada
17	55.34	122	Asher Lundgren	US-FL	Patriots Power Day	Melbourne	FL

Weight Class: 100 / 220		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	137.5	303.1	Evan Russo	US-CT	Youth and Teen CT Strength	Cheshire	CT
2	125	275.5	Samuel Palumbo	US-OH	2023 American Challenge - OH	Bedford	OH
3	117.5	259	Connor Hawkins	US-IL	2023 American Challenge - IL	Casey	IL
4	110	242.5	Brennan Pearson	US-NY	2023 NJ State Championships	Fair Lawn	NJ
	110	242.5	Colton Greene	US-NC	2023 Battle of the Border	Currituck	NC
	110	242.5	Jack Kurtz	US-CT	2023 American Challenge - CT	Cheshire	CT
7	105	231.4	Mike Fusco	US-CT	2023 American Challenge - CT	Cheshire	CT
	105	231.4	Frank Castillo	US-VA	2023 American Challenge - VA	Woodstock	VA
9	102.5	225.9	Joshua Revels	US-NC	2023 American Challenge - NC	Elizabeth City	NC
10	100	220.4	Esteban Morales	US-NC	2023 American Challenge - NC	Elizabeth City	NC
11	99.82	220	Evan Jaquish	US-FL	Florida State Championships	Viera	FL

12	95	209.4	Benjamin McDaniel	US-VA	2023 OBX Open Championships	Jarvisburg	NC
13	80	176.3	James Sampley	US-VA	2023 Eastern USA Open	Richmond	VA
14	75	165.3	Hudson Harmon	US-VA	2023 American Challenge - VA	Woodstock	VA
15	67.5	148.8	Jason Hernandez	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
16	62.5	137.7	Ayden Baumgartner	US-NC	2023 Battle of the Border	Currituck	NC
17	59.89	132	Jonathan Daniels	US-FL	Florida State Championships	Viera	FL
18	57.5	126.7	Cameron Pollard	US-VA	2023 OBX Open Championships	Jarvisburg	NC
19	45.36	100	Slater Dykhouse	US-FL	Patriots Power Day	Melbourne	FL
	45.36	100	Shane Dykhouse	US-FL	Patriots Power Day	Melbourne	FL

Weight Class: 110 / 242		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	172.5	380.2	David DeGuzman	US-MD	2023 Eastern USA Open	Richmond	VA
2	132.5	292.1	Zach Lowery	US-NC	NC State Championships	Raleigh	NC
3	122.5	270	Colton Greene	US-NC	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
4	117.5	259	John Hopkins	US-NC	2023 American Challenge - NC	Elizabeth City	NC
5	100	220.4	Teerkaran Singh	India	Dubai International Championships		Dubai
6	90.7	199.9	Vinny Chiellini	US-FL	2023 American Challenge - FL	South Daytona	FL
7	82.5	181.8	Buck Bailey	US-NC	NC State Championships	Raleigh	NC
8	60	132.2	Randy Williams Jr	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ

Weight Class: 125 / 275		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	127.5	281	Baron Capps	US-NC	NC State Championships	Raleigh	NC
2	115	253.5	Justice Gray	US-NC	2023 American Challenge - NC	Elizabeth City	NC
3	102.5	225.9	Nicholas Angrove	US-NY	2023 American Challenge - NY	Owego	NY
4	95	209.4	Liam Emory	US-VA	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
5	67.5	148.8	Braxton Foster	US-NC	2023 Battle of the Border	Currituck	NC

Weight Class: 140 / 308		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	200	440.9	Athan Parker	US-OH	2023 Ohio State Championships	Bedford	OH
2	132.5	292.1	Baron Capps	US-NC	2023 American Challenge - NC	Elizabeth City	NC

Unknown Class: SHW		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	95	209.4	Ayden Mott	US-NY	2023 American Challenge - NY	Owego	NY

2023 Deadlift Rankings Male

Weight Class: 48 / 105		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	108.89	240	Brock Vergara	US-FL	Florida State Championships	Viera	FL
2	95	209.4	Jeremiah Skinner	US-NC	2023 OBX Open Championships	Jarvisburg	NC
3	91.65	202	Alex Bittle	US-FL	Florida State Championships	Viera	FL
4	80.2	176.8	Kellan Caldwell	US-FL	2023 American Challenge - FL	South Daytona	FL
5	76	167.5	Stone Burcker	US-NC	DMV Classic	Alexandria	VA
6	75	165.3	Devin Sobota	US-NC	2023 American Challenge - NC	Elizabeth City	NC
		75	Lucas Beatty	US-OH	2023 Ohio State Championships	Bedford	OH
8	74.86	165	Ethan Phillips	US-FL	Florida State Championships	Viera	FL
9	72.5	159.8	Bronx McLean	US-NC	2023 American Challenge - NC	Elizabeth City	NC
10	70	154.3	Michael Neziri Jr	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
		70	Vantanpreet Singh	India	India Paul Bossi Classic		India
12	68.06	150	Kai Vergara	US-FL	Florida State Championships	Viera	FL
13	66.7	147	Gavin Michocki	US-FL	Florida State Championships	Viera	FL
14	65.7	144.8	Christopher Zollo	US-FL	2023 American Challenge - FL	South Daytona	FL
15	65	143.2	Brezlin Bruner	US-PA	2023 Central PA Open	Clearfield	PA
16	61.25	135	Mark Williams	US-FL	Florida State Championships	Viera	FL

17	60	132.2	Aidan Young	US-PA	2023 Central PA Open	Clearfield	PA
18	54.45	120	Matthew Williams	US-FL	Florida State Championships	Viera	FL
19	54.43	119.9	Brennan Phillips	US-FL	Patriots Power Day	Melbourne	FL
20	52.18	115	Nathan Coffey	US-FL	Florida State Championships	Viera	FL

Weight Class: 52 / 114		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	95	209.4	Jeramiah Skinner	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
2	83.9	184.9	Sam Osborn	US-FL	2023 American Challenge - FL	South Daytona	FL
3	71.2	156.9	Ben Osborn	US-FL	2023 American Challenge - FL	South Daytona	FL
4	61.25	135	Parker Mills	US-FL	Florida State Championships	Viera	FL
5	61.23	134.9	Bodhi Solis	US-FL	Patriots Power Day	Melbourne	FL
6	25	55.1	Brewer Drust	US-CT	Youth and Teen CT Strength	Cheshire	CT

Weight Class: 56 / 123		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	100	220.4	Jacob Smith	US-NC	2023 Battle of the Border	Currituck	NC
	100	220.4	Lachlan Pollard	Canada	Spring Showdown		Canada
3	90.72	200	Ethan Phillips	US-FL	Patriots Power Day	Melbourne	FL
4	86.21	190	James Allarding	US-FL	Florida State Championships	Viera	FL
5	79.4	175	Gabriel Claybough	US-FL	Florida State Championships	Viera	FL

Weight Class: 60 / 132		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	170	374.7	Anthony Estrada	US-NC	2023 Battle of the Border	Currituck	NC
2	142.5	314.1	Adam Taylor	US-MD	DMV Classic	Alexandria	VA
3	122.5	270	Camden Sigafoose	US-MD	2023 American Challenge - MD	Silver Springs	MD
4	120	264.5	Noa Young	US-NY	2023 NJ State Championships	Fair Lawn	NJ
5	117.5	259	Jordan Baird	US-VA	2023 OBX Open Championships	Jarvisburg	NC
	117.5	259	Brady Croak	US-OH	2023 Ohio State Championships	Bedford	OH
7	115	253.5	Caleb Frankhauser	US-NC	2023 Battle of the Border	Currituck	NC
8	111.1	244.9	Dillon Winslow	US-FL	2023 American Challenge - FL	South Daytona	FL
9	110	242.5	Tristan Milie	US-PA	2023 Central PA Open	Clearfield	PA

Weight Class: 67.5 / 148		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	223	491.6	Dylan Aronson	Canada	Gathering of Nations		Canada
2	190	418.8	Joshua Bachtel	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
3	185	407.8	Jaquan Johnson	US-NC	2023 Battle of the Border	Currituck	NC
	185	407.8	Nathaniel Thomas	US-NC	2023 American Challenge - NC	Elizabeth City	NC
5	183.7	404.9	Pierson Milburn	US-FL	2023 American Challenge - FL	South Daytona	FL
6	172.3	379.8	Graham Phillips	US-FL	2023 American Challenge - FL	South Daytona	FL
7	165	363.7	Easten Binckley	US-NC	NC State Championships	Raleigh	NC
8	163.34	360	Drake Small	US-FL	Florida State Championships	Viera	FL
9	160	352.7	Brandon Patrikios	US-NC	2023 American Challenge - NC	Elizabeth City	NC
10	155	341.7	Ben Nola	US-PA	2023 American Challenge - OH	Bedford	OH
11	142.5	314.1	Kayden VanKouteren	US-NC	2023 American Challenge - NC	Elizabeth City	NC
12	140.5	309.7	Adam Taylor	US-MD	2023 Virginia State Open	Woodstock	VA
13	140	308.6	Wyatt Shultz	US-PA	2023 American Challenge - CT	Cheshire	CT
14	137.5	303.1	Benjamin Noler	US-PA	2023 Great Lakes Championships	Erie	PA
	137.5	303.1	Dalton Fazio	US-NC	2023 American Challenge - NC	Elizabeth City	NC
16	130	286.5	Teddy Gentile	US-NY	2023 NJ State Championships	Fair Lawn	NJ
17	122.5	270	Chaz Friend	US-NC	2023 American Challenge - NC	Elizabeth City	NC
18	115.67	255	Dillon Winslow	US-FL	Patriots Power Day	Melbourne	FL
19	112.07	247	Josh Adams	US-FL	Florida State Championships	Viera	FL
20	110	242.5	Dustin Carrow	US-NC	Henderson Open	Henderson	NC

Weight Class: 75 / 165		Deadlift		Male			
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Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	232.5	512.5	James Church	US-AZ	2023 American Challenge - AZ	Phoenix	AZ
2	210	462.9	Jonathan Windt	US-MD	2023 American Challenge - MD	Silver Springs	MD
3	205	451.9	Ethan Binckley	US-NC	2023 Southern Open	Jarvisburg	NC
4	200	440.9	Nathaniel Thomas	US-NC	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
5	195	429.8	Easten Binckley	US-NC	Henderson Open	Henderson	NC
6	192.5	424.3	Joshua Batchel	US-NC	2023 American Challenge - NC	Elizabeth City	NC
7	190	418.8	Husanpreet Singh	India	Dubai International Championships		Dubai
8	187.5	413.3	Gerard Naviello	US-NJ	2023 American Challenge - NJ	Fair Lawn	NJ
9	185	407.8	Joshua Bachtel	US-NC	2023 Battle of the Border	Currituck	NC
10	177.5	391.3	Alex Fink	US-WV	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
11	175	385.8	Peyton Williams	Canada	Valhalla Rising		Canada
	175	385.8	Benjamin Nola	US-PA	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
	175	385.8	Gideon Ferree	US-PA	2023 Central PA Open	Clearfield	PA
14	170	374.7	Caden Simco	US-PA	2023 American Challenge - NJ	Fair Lawn	NJ
15	167.5	369.2	Hayden McMurray	US-NC	2023 OBX Open Championships	Jarvisburg	NC
16	165	363.7	Braeden Philpott	US-PA	2023 Great Lakes Championships	Erie	PA
17	152.5	336.2	Johnson Sheaffer	US-NC	2023 Battle of the Border	Currituck	NC
	152.5	336.2	Cristoffer Leon	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
19	145	319.6	Seth Smith	US-NC	2023 Battle of the Border	Currituck	NC
20	135	297.6	Dalton Braman	US-NY	2023 American Challenge - NY	Owego	NY

Weight Class: 82.5 / 181 Deadlift Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	237.5	523.5	Gavin Wickeremasuriya	US-NY	2023 NJ State Championships	Fair Lawn	NJ
2	210	462.9	Casey Percinsky	US-PA	United States Open	York	PA
3	201.8	444.8	Naheam Fayiuinmi	US-FL	2023 American Challenge - FL	South Daytona	FL
	201.8	444.8	Braxton Fabien	US-FL	2023 American Challenge - FL	South Daytona	FL
5	200	440.9	Diego Herandez	US-VA	2023 Eastern USA Open	Richmond	VA
6	192.83	425.1	Anthony Vargas	US-FL	Florida State Championships	Viera	FL
7	190.5	419.9	Josiah Slate	US-FL	2023 American Challenge - FL	South Daytona	FL
8	190	418.8	Kenneth Beacham	US-NC	2023 American Challenge - NC	Elizabeth City	NC
9	187.5	413.3	CJ Pearson	US-NC	2023 American Challenge - NC	Elizabeth City	NC
10	182.5	402.3	Caden Simco	US-PA	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
11	165	363.7	Trey Lindgren	Canada	Gathering of Nations		Canada
12	160	352.7	Kayden Smith	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	160	352.7	Ryan Pearson	US-PA	2023 Patriots Open	Fredericksburg	VA
14	157.5	347.2	Dominic Yarger	US-NC	2023 American Challenge - NC	Elizabeth City	NC
15	155	341.7	Finn Parr	Canada	Valhalla Rising		Canada
16	145	319.6	Braxton Finch	US-NC	2023 Battle of the Border	Currituck	NC
17	142.5	314.1	Luka Britt	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	142.5	314.1	Ethan Sayers	US-VA	2023 OBX Open Championships	Jarvisburg	NC
	142.5	314.1	Dalton Fazio	US-NC	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
20	132.5	292.1	Carlisle Hanyon	US-NY	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA

Weight Class: 90 / 198 Deadlift Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	237.5	523.5	Elijah Binckley	US-NC	2023 Battle of the Border	Currituck	NC
2	230	507	Archer Ferris	US-PA	2023 American Challenge - OH	Bedford	OH
3	217.5	479.5	Reuben Lee	Canada	Summer Smash 2023		Canada
4	210	462.9	Liem Paley	US-NY	2023 American Challenge - NY	Owego	NY
	210	462.9	Tyler Ivory	US-NC	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
6	205	451.9	Ciaran Henning	Canada	Valhalla Rising		Canada
	205	451.9	Hayes Ambrose	US-VA	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
8	190.56	420.1	Logan Acevedo	US-FL	Florida State Championships	Viera	FL
9	190	418.8	Jeffery Klugh	US-NC	2023 American Challenge - NC	Elizabeth City	NC
10	157.5	347.2	Alex Ammerman	US-PA	2023 Central PA Open	Clearfield	PA
11	150	330.6	Chandler Jones	US-NC	2023 Battle of the Border	Currituck	NC

12	142.92	315	Seth Ramsey	US-FL	Florida State Championships	Viera	FL
13	140	308.6	Abdiel Perez	US-NC	2023 Battle of the Border	Currituck	NC
14	129.27	284.9	Asher Lundgren	US-FL	Patriots Power Day	Melbourne	FL
15	115	253.5	Joe Viczko	Canada	Spring Showdown		Canada
16	105	231.4	Sharandeep Singh	India	Dubai International Championships		Dubai

Weight Class: 100 / 220		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	260	573.1	Colton Greene	US-NC	2023 Battle of the Border	Currituck	NC
2	190	418.8	Brennan Pearson	US-NY	2023 NJ State Championships	Fair Lawn	NJ
	190	418.8	Esteban Morales	US-NC	2023 American Challenge - NC	Elizabeth City	NC
4	185	407.8	Samuel Palumbo	US-OH	2023 American Challenge - OH	Bedford	OH
5	182.5	402.3	Frank Castillo	US-VA	2023 American Challenge - VA	Woodstock	VA
6	177.5	391.3	Connor Hawkins	US-IL	2023 American Challenge - IL	Casey	IL
7	175	385.8	Jason Hernandez	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
8	165	363.7	James Sampley	US-VA	2023 Eastern USA Open	Richmond	VA
9	162.5	358.2	Dale Dickerson	US-NC	2023 Battle of the Border	Currituck	NC
10	160	352.7	Syler Hall	US-NC	2023 Battle of the Border	Currituck	NC
	160	352.7	Cameron Pollard	US-VA	2023 OBX Open Championships	Jarvisburg	NC
12	152	335	Evan Jaquish	US-FL	Florida State Championships	Viera	FL
13	150	330.6	Benjamin McDaniel	US-VA	2023 OBX Open Championships	Jarvisburg	NC
14	145	319.6	Ayden Baumgartner	US-NC	2023 Battle of the Border	Currituck	NC
15	135	297.6	Hudson Harmon	US-VA	2023 American Challenge - VA	Woodstock	VA
16	127.04	280	Jonathan Daniels	US-FL	Florida State Championships	Viera	FL
17	113.4	250	Slater Dykhouse	US-FL	Patriots Power Day	Melbourne	FL
	113.4	250	Shane Dykhouse	US-FL	Patriots Power Day	Melbourne	FL

Weight Class: 110 / 242		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	278.5	613.9	Colton Greene	US-NC	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
2	245	540.1	Jorge Valle-Lopez	US-NC	2023 Battle of the Border	Currituck	NC
	245	540.1	Trevor Croak	US-OH	2023 Ohio State Championships	Bedford	OH
4	236.7	521.8	Vinny Chiellini	US-FL	2023 American Challenge - FL	South Daytona	FL
5	225	496	Teerkaran Singh	India	Dubai International Championships		Dubai
6	215	473.9	Zach Lowery	US-NC	NC State Championships	Raleigh	NC
7	207.5	457.4	John Hopkins	US-NC	2023 American Challenge - NC	Elizabeth City	NC
8	182.5	402.3	Buck Bailey	US-NC	NC State Championships	Raleigh	NC
9	112.5	248	Randy Williams Jr	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ

Weight Class: 125 / 275		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	217.5	479.5	Justice Gray	US-NC	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
2	215	473.9	Baron Capps	US-NC	2023 Battle of the Border	Currituck	NC
3	205	451.9	Liam Emory	US-VA	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
4	165	363.7	Nicholas Angrove	US-NY	2023 American Challenge - NY	Owego	NY
5	142.5	314.1	Braxton Foster	US-NC	2023 Battle of the Border	Currituck	NC

Weight Class: 140 / 308		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	285	628.3	Athan Parker	US-OH	2023 Ohio State Championships	Bedford	OH
2	217.5	479.5	Baron Capps	US-NC	2023 American Challenge - NC	Elizabeth City	NC

Unknown Class: SHW		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	165	363.7	Ayden Mott	US-NY	2023 American Challenge - NY	Owego	NY

2023 Total Rankings Male

Weight Class: 48 / 105				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	224.58	495.1	Brock Vergara	US-FL	Florida State Championships	Viera	FL	
2	207.5	457.4	Jeramiah Skinner	US-NC	2023 OBX Open Championships	Jarvisburg	NC	
3	194.64	429.1	Alex Bittle	US-FL	Florida State Championships	Viera	FL	
4	175.4	386.6	Kellan Caldwell	US-FL	2023 American Challenge - FL	South Daytona	FL	
5	152.5	336.2	Brezlin Bruner	US-PA	2023 Central PA Open	Clearfield	PA	
6	147.5	325.1	Devin Sobota	US-NC	2023 American Challenge - NC	Elizabeth City	NC	
7	145.19	320	Kai Vergara	US-FL	Florida State Championships	Viera	FL	
8	145	319.6	Bronx McLean	US-NC	2023 American Challenge - NC	Elizabeth City	NC	
9	144.67	318.9	Ethan Phillips	US-FL	Florida State Championships	Viera	FL	
10	137.5	303.1	Michael Neziri Jr	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ	
11	137.03	302	Gavin Michocki	US-FL	Florida State Championships	Viera	FL	
12	134.5	296.5	Christopher Zollo	US-FL	2023 American Challenge - FL	South Daytona	FL	
13	125	275.5	Aidan Young	US-PA	2023 Central PA Open	Clearfield	PA	
14	124.31	274	Mark Williams	US-FL	Florida State Championships	Viera	FL	
15	122.02	269	Brennan Phillips	US-FL	Patriots Power Day	Melbourne	FL	
16	114.35	252	Matthew Williams	US-FL	Florida State Championships	Viera	FL	
17	103	227	Nathan Coffey	US-FL	Florida State Championships	Viera	FL	
18	81.5	179.6	Chase Zollo	US-FL	2023 American Challenge - FL	South Daytona	FL	
19	66.7	147	Anthony Reyes	US-FL	Florida State Championships	Viera	FL	

Weight Class: 52 / 114				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	217.5	479.5	Jeramiah Skinner	US-NC	2023 World Youth and Womens Powerlifting Championships	Virginia Beach	VA	
2	192.7	424.8	Sam Osborn	US-FL	2023 American Challenge - FL	South Daytona	FL	
3	164.1	361.7	Ben Osborn	US-FL	2023 American Challenge - FL	South Daytona	FL	
4	140.6	309.9	Bodhi Solis	US-FL	Patriots Power Day	Melbourne	FL	
5	135.66	299	Parker Mills	US-FL	Florida State Championships	Viera	FL	
6	93	205	Brewer Drust	US-CT	Youth and Teen CT Strength	Cheshire	CT	

Weight Class: 56 / 123				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	202.5	446.4	Lachlan Pollard	Canada	Spring Showdown		Canada	
2	197.37	435.1	James Allarding	US-FL	Florida State Championships	Viera	FL	
3	195.04	429.9	Ethan Phillips	US-FL	Patriots Power Day	Melbourne	FL	

Weight Class: 60 / 132				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	377.5	832.2	Anthony Estrada	US-NC	2023 World Lightweight Mens Powerlifting Championships	Virginia Beach	VA	
2	292.5	644.8	Camden Sigafosse	US-MD	2023 American Challenge - MD	Silver Springs	MD	
3	275	606.2	Jordan Baird	US-VA	2023 OBX Open Championships	Jarvisburg	NC	
4	270	595.2	Noa Young	US-NY	2023 NJ State Championships	Fair Lawn	NJ	
5	238.9	526.6	Dillon Winslow	US-FL	2023 American Challenge - FL	South Daytona	FL	
6	225	496	Tristan Milie	US-PA	2023 Central PA Open	Clearfield	PA	

Weight Class: 67.5 / 148				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	483.5	1065.9	Dylan Aronson	Canada	Gathering of Nations		Canada	
2	473.9	1044.7	Pierson Milburn	US-FL	2023 American Challenge - FL	South Daytona	FL	
3	462.5	1019.6	Nathaniel Thomas	US-NC	2023 American Challenge - NC	Elizabeth City	NC	
4	430.8	949.7	Graham Phillips	US-FL	2023 American Challenge - FL	South Daytona	FL	
5	420	925.9	Joshua Bachtel	US-NC	2023 World Lightweight Mens Powerlifting Championships	Virginia Beach	VA	
6	397.5	876.3	Easten Binckley	US-NC	NC State Championships	Raleigh	NC	
7	367.52	810.2	Drake Small	US-FL	Florida State Championships	Viera	FL	
8	342.5	755	Dalton Fazio	US-NC	2023 American Challenge - NC	Elizabeth City	NC	
9	340	749.5	Ben Nola	US-PA	2023 American Challenge - OH	Bedford	OH	
10	337.5	744	Kayden VanKouteren	US-NC	2023 American Challenge - NC	Elizabeth City	NC	

11	327.5	722	Benjamin Noler	US-PA	2023 Great Lakes Championships	Erie	PA
12	322.5	710.9	Wyatt Shultz	US-PA	2023 American Challenge - CT	Cheshire	CT
13	287.5	633.8	Teddy Gentile	US-NY	2023 NJ State Championships	Fair Lawn	NJ
14	280	617.2	Chaz Friend	US-NC	2023 American Challenge - NC	Elizabeth City	NC
15	274.42	604.9	Dillon Winslow	US-FL	Patriots Power Day	Melbourne	FL
16	209.62	462.1	Josh Adams	US-FL	Florida State Championships	Viera	FL
17	193.73	427	Shane Odom	US-FL	Florida State Championships	Viera	FL
18	143.38	316	Micah Lundgren	US-FL	Florida State Championships	Viera	FL

Weight Class: 75 / 165		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	510	1124.3	James Church	US-AZ	2023 American Challenge - AZ	Phoenix	AZ
	510	1124.3	Ethan Binckley	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
3	482.5	1063.7	Nathaniel Thomas	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
4	472.5	1041.6	Jonathan Windt	US-MD	2023 American Challenge - MD	Silver Springs	MD
5	452.5	997.5	Easten Binckley	US-NC	Henderson Open	Henderson	NC
6	430	947.9	Alex Fink	US-WV	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
7	415	914.9	Joshua Batchel	US-NC	2023 American Challenge - NC	Elizabeth City	NC
8	402.5	887.3	Gideon Ferree	US-PA	2023 Central PA Open	Clearfield	PA
9	400	881.8	Benjamin Nola	US-PA	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
10	392.5	865.3	Hayden McMurray	US-NC	2023 OBX Open Championships	Jarvisburg	NC
11	390	859.7	Caden Simco	US-PA	2023 American Challenge - NJ	Fair Lawn	NJ
12	387.5	854.2	Peyton Williams	Canada	Valhalla Rising		Canada
13	380	837.7	Braeden Philpott	US-PA	2023 Great Lakes Championships	Erie	PA
14	345	760.5	Dalton Braman	US-NY	2023 American Challenge - NY	Owego	NY
15	327.5	722	Cristoffer Leon	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
16	290	639.3	Caleb Rhodes	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
17	255	562.1	Brayden Dashiell	US-VA	2023 American Challenge - NC	Elizabeth City	NC
18	240	529.1	Carlisle Hanyon	US-NY	2023 American Challenge - NY	Owego	NY
19	215	473.9	Catlisle Hanyon	US-NY	Owego Winter Classic 2023	Owego	NY
20	212.5	468.4	Caden Christie	US-PA	2023 Great Lakes Championships	Erie	PA

Weight Class: 82.5 / 181		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	527.5	1162.9	Gavin Wickeremasuriya	US-NY	2023 NJ State Championships	Fair Lawn	NJ
2	512.4	1129.6	Braxton Fabien	US-FL	2023 American Challenge - FL	South Daytona	FL
3	507.8	1119.4	Naheam Fayiuinmi	US-FL	2023 American Challenge - FL	South Daytona	FL
4	489.7	1079.5	Josiah Slate	US-FL	2023 American Challenge - FL	South Daytona	FL
5	467.5	1030.6	CJ Pearson	US-NC	2023 American Challenge - NC	Elizabeth City	NC
6	445	981	Kenneth Beacham	US-NC	2023 American Challenge - NC	Elizabeth City	NC
7	430	947.9	Diego Herandez	US-VA	2023 Eastern USA Open	Richmond	VA
8	422.5	931.4	Caden Simco	US-PA	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
9	417.5	920.4	Luka Britt	US-NC	2023 American Challenge - NC	Elizabeth City	NC
10	417.42	920.2	Anthony Vargas	US-FL	Florida State Championships	Viera	FL
11	380	837.7	Dominic Yarger	US-NC	2023 American Challenge - NC	Elizabeth City	NC
12	355	782.6	Finn Parr	Canada	Valhalla Rising		Canada
13	352.5	777.1	Dalton Fazio	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
14	302.5	666.8	Ethan Sayers	US-VA	2023 OBX Open Championships	Jarvisburg	NC
15	277.5	611.7	Caleb Rhodes	US-NY	2023 NJ State Championships	Fair Lawn	NJ
		277.5	Carlisle Hanyon	US-NY	2023 World Youth and Womens Powerlifting Charr	Virginia Beach	VA
17	170.09	374.9	Micah Lundgren	US-FL	Patriots Power Day	Melbourne	FL
18	130	286.5	Lennox Skinner	Canada	Summer Smash 2023		Canada

Weight Class: 90 / 198		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	537.5	1184.9	Elijah Binckley	US-NC	2023 American Challenge - NC	Elizabeth City	NC
	537.5	1184.9	Tyler Ivory	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
3	498	1097.8	Reuben Lee	Canada	Summer Smash 2023		Canada

4	467.5	1030.6	Hayes Ambrose	US-VA	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
5	460	1014.1	Ciaran Henning	Canada	Valhalla Rising		Canada
6	437.5	964.5	Jeffery Klugh	US-NC	2023 American Challenge - NC	Elizabeth City	NC
7	426.49	940.2	Logan Acevedo	US-FL	Florida State Championships	Viera	FL
8	385	848.7	Alex Ammerman	US-PA	2023 Central PA Open	Clearfield	PA
9	382.5	843.2	Chandler Jones	US-NC	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
10	340.29	750.2	Seth Ramsey	US-FL	Florida State Championships	Viera	FL
11	302.54	666.9	Asher Lundgren	US-FL	Patriots Power Day	Melbourne	FL
12	272.5	600.7	Joe Viczko	Canada	Spring Showdown		Canada

Weight Class: 100 / 220		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	545	1201.5	Colton Greene	US-NC	2023 American Challenge - NC	Elizabeth City	NC
2	492.5	1085.7	Brennan Pearson	US-NY	2023 NJ State Championships	Fair Lawn	NJ
3	467.5	1030.6	Frank Castillo	US-VA	2023 American Challenge - VA	Woodstock	VA
4	452.5	997.5	Samuel Palumbo	US-OH	2023 American Challenge - OH	Bedford	OH
5	372.5	821.2	James Sampley	US-VA	2023 Eastern USA Open	Richmond	VA
	372.5	821.2	Jason Hernandez	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
7	347.5	766	Benjamin McDaniel	US-VA	2023 OBX Open Championships	Jarvisburg	NC
8	335	738.5	Hudson Harmon	US-VA	2023 American Challenge - VA	Woodstock	VA
9	285.39	629.1	Jonathan Daniels	US-FL	Florida State Championships	Viera	FL
10	280	617.2	Cameron Pollard	US-VA	2023 OBX Open Championships	Jarvisburg	NC
11	225.44	497	Slater Dykhouse	US-FL	Patriots Power Day	Melbourne	FL
12	219.99	484.9	Shane Dykhouse	US-FL	Patriots Power Day	Melbourne	FL

Weight Class: 110 / 242		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	565	1245.5	Colton Greene	US-NC	2023 Southern Open	Jarvisburg	NC
2	487.5	1074.7	John Hopkins	US-NC	2023 American Challenge - NC	Elizabeth City	NC
3	465.7	1026.6	Vinny Chiellini	US-FL	2023 American Challenge - FL	South Daytona	FL
4	407.5	898.3	Buck Bailey	US-NC	NC State Championships	Raleigh	NC
5	275	606.2	Randy Williams Jr	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ

Weight Class: 125 / 275		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	532.5	1173.9	Justice Gray	US-NC	2023 American Challenge - NC	Elizabeth City	NC
2	497.5	1096.7	Baron Capps	US-NC	NC State Championships	Raleigh	NC
3	485	1069.2	Liam Emory	US-VA	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
4	405	892.8	Nicholas Angrove	US-NY	2023 American Challenge - NY	Owego	NY

Weight Class: 140 / 308		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	770	1697.5	Athan Parker	US-OH	2023 Ohio State Championships	Bedford	OH
2	545	1201.5	Baron Capps	US-NC	2023 American Challenge - NC	Elizabeth City	NC

2023 Strict Curl Rankings Male

Weight Class: 48 / 105		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	21	46.2	Jeramiah Skinner	US-NC	2023 OBX Open Championships	Jarvisburg	NC
2	20	44	Maximus Ruskin	US-VA	2023 Strict Curl Worlds	Virginia Beach	VA
3	19.5	42.9	Brezlin Bruner	US-PA	2023 Central PA Open	Clearfield	PA
4	18.5	40.7	Michael Neziri Jr	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
	18.5	40.7	Marcus Bennett	US-CA	Curlifornia		CA
6	18	39.6	Stone Burcker	US-NC	DMV Classic	Alexandria	VA
7	17	37.4	Noah Haley	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ
8	16	35.2	Lucas Beatty	US-OH	2023 Tri-State Championship	Solon	OH
9	13.1	28.8	Stan Hunter III	US-NY	2023 American Challenge - NY	Owego	NY

10	11	24.2	Owen Brown	US-OH	2023 Tri-State Championship	Solon	OH
11	10	22	Magnas Anderson	US-AZ	2023 American Challenge - AZ	Phoenix	AZ

Weight Class: 52 / 114		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	25	55.1	Andrew Schwartz	US-NC	2023 American Challenge SC - NC	Elizabeth City	NC
				US-CT	2023 American Challenge - CT	Cheshire	CT
3	22	48.5	Tyler Bozzuto	US-CT	Youth and Teen CT Strength	Cheshire	CT
				US-NC	2023 Strict Curl Worlds	Virginia Beach	VA

Weight Class: 56 / 123		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	46.5	102.5	John Self Jr	US-VA	2023 Arnold Invitational Strict Curl	Columbus	OH

Weight Class: 60 / 132		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	50.5	111.3	John Self Jr	US-VA	2023 American Challenge - MD	Silver Springs	MD
2	50	110.2	Adam Taylor	US-MD	DMV Classic	Alexandria	VA
3	39	85.9	Anthony Estrada	US-NC	NC State Championships	Raleigh	NC
4	37	81.5	Andrew Schwartz	US-NC	Henderson Open	Henderson	NC

Weight Class: 67.5 / 148		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	71	156.5	Ethan Binckley	US-NC	NC State Championships	Raleigh	NC
2	56.5	124.5	Ryan Henriques	US-VA	United States Open	York	PA
3	52.5	115.7	Nathan Henriques	US-VA	United States Open	York	PA
4	52	114.6	Jack Duncan	US-VA	DMV Classic	Alexandria	VA
5	51	112.4	Collin Henriques	US-VA	United States Open	York	PA
6	50	110.2	Dylan Aronson	Canada	Gathering of Nations		Canada
7	46	101.4	Easten Binckley	US-NC	NC State Championships	Raleigh	NC
8	42	92.5	Joshua Bachtel	US-NC	2023 Strict Curl Worlds	Virginia Beach	VA
9	41	90.3	Adam Taylor	US-MD	2023 Virginia State Open	Woodstock	VA
10	40	88.1	Jake Cangiano	US-CT	2023 American Challenge - CT	Cheshire	CT
11	27.5	60.6	Bray Festa	US-CT	2023 American Challenge - CT	Cheshire	CT
12	26	57.3	Ryan Wilkinson	US-CT	Youth and Teen CT Strength	Cheshire	CT
13	23	50.7	Jayden Kassa	US-NY	2023 NJ State Championships	Fair Lawn	NJ

Weight Class: 75 / 165		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	77.5	170.8	Ethan Binckley	US-NC	HardKore Strict Curl Open	Rockland	MA
2	65	143.2	Jeff Gonzalez	US-CT	2023 American Challenge - CT	Cheshire	CT
3	50.5	111.3	Easten Binckley	US-NC	2023 Strict Curl Worlds	Virginia Beach	VA
4	47.5	104.7	Seth Smith	US-NC	2023 Battle of the Border	Currituck	NC
5	46	101.4	Sammy LaMadeleine	US-CT	Youth and Teen CT Strength	Cheshire	CT
6	44	97	Nathaniel Thorp	US-PA	2023 Central PA Open	Clearfield	PA
7	36.5	80.4	Dexter Tetrealt	US-VA	2023 Christmas Classic	Woodstock	VA
8	29.5	65	Connor Grenier	US-CT	2023 American Challenge - CT	Cheshire	CT
9	26	57.3	Dylan Sarafis	US-NC	2023 Battle of the Border	Currituck	NC

Weight Class: 82.5 / 181		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	67.5	148.8	Ayden Horton	US-NC	2023 Battle of the Border	Currituck	NC
2	65	143.2	CJ Pearson	US-NC	2023 American Challenge SC - NC	Elizabeth City	NC
				US-NC	2023 American Challenge SC - NC	Elizabeth City	NC
4	55	121.2	Casey Percinsky	US-PA	United States Open	York	PA
5	54.5	120.1	Kenneth Beacham	US-NC	Henderson Open	Henderson	NC
6	54	119	Kenneth Beachum	US-NC	2023 Strict Curl Worlds	Virginia Beach	VA
7	50	110.2	Wade Whitaker	US-NC	2023 Battle of the Border	Currituck	NC

8	49	108	Nicholas Thorp	US-PA	2023 Central PA Open	Clearfield	PA
9	45.5	100.3	Ryan Pearson	US-PA	2023 Patriots Open	Fredericksburg	VA
10	25	55.1	Brendan Wolcott	US-CT	2023 American Challenge - CT	Cheshire	CT

Weight Class: 90 / 198							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	63.5	139.9	Elijah Binckley	US-NC	2023 American Challenge SC - NC	Elizabeth City	NC
2	61	134.4	Hilton Webb	US-NC	Henderson Open	Henderson	NC
3	60	132.2	Michael Anton	US-CT	Youth and Teen CT Strength	Cheshire	CT
4	57	125.6	Jeffery Klugh	US-NC	2023 American Challenge SC - NC	Elizabeth City	NC
5	52.5	115.7	Chandler Jones	US-NC	2023 Strict Curl Worlds	Virginia Beach	VA
6	48.5	106.9	George Basnett	US-NC	2023 American Challenge SC - NC	Elizabeth City	NC
7	46	101.4	Jayden Williams	US-NC	2023 Battle of the Border	Currituck	NC
8	45	99.2	Shmanpreet Singh	India	India Paul Bossi Classic		India

Weight Class: 100 / 220							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	77.5	170.8	Evan Russo	US-CT	Youth and Teen CT Strength	Cheshire	CT
2	61.5	135.5	Mike Fusco	US-CT	2023 American Challenge - CT	Cheshire	CT
3	61	134.4	Sam Harvey	US-PA	DMV Classic	Alexandria	VA
4	53.5	117.9	Jack Kurtz	US-CT	2023 American Challenge - CT	Cheshire	CT
5	52	114.6	Chandler Jones	US-NC	HardKore Strict Curl Open	Rockland	MA
6	50	110.2	Jason Hernandez	US-NY	2023 American Challenge - NJ	Fair Lawn	NJ

Weight Class: 110 / 242							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	78	171.9	David DeGuzman	US-MD	2023 Eastern USA Open	Richmond	VA
2	43	94.7	Buck Bailey	US-NC	NC State Championships	Raleigh	NC

Weight Class: 125 / 275							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	60	132.2	Baron Capps	US-NC	NC State Championships	Raleigh	NC
2	58	127.8	River Houck	US-NC	2023 American Challenge SC - NC	Elizabeth City	NC

Weight Class: 140 / 308							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	69	152.1	Baron Capps	US-NC	2023 American Challenge SC - NC	Elizabeth City	NC