

**2023 Ohio State Championships  
Bedford, OH 12/10/2023**

Powerlifting

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Squat1	Squat2	Squat3	Squat4	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Eileen Mole	Female	40	OH	165	75/165.3	Masters (40-44)	85	90	95	97.5	47	52.5	55	-57.5	95	102.5	110	-117.5	260	1
Erin Scott	Female	25	OH	220.1	90+/198.5+ (F)	Open	110	117.5	125	132.5	65	67.5	72.5		125	137.5	147.5		345	1
Rich Smith	Male	30	PA	163.2	75/165.3	Open	152.5	162.5	-167.5		110	117.5	-127		200				480	1
Bob Nicholas	Male	80	OH	181	82.5/181.8	Masters (80+)	102.5	110	115		82.5	87.5	90		147.5	160	170		375	1
Walter Heinel II	Male	39	PA	191.8	90/198.4	Open	162.5	172.5	175		130	135	-140		220	230	235		545	1
Walter Heinel II	Male	39	PA	191.8	90/198.4	Sub-Masters (35-39)	162.5	172.5	175		130	135	-140		220	230	235		545	1
Chris Harrington	Male	24	OH	223.2	110/242.5	Junior (20-24)	185	225	230	-235	-120	125	-130		175	192.5	215		570	1
Athanasius Parker	Male	17	OH	301.8	140/308.6	Teen (16-17)	285	-310			-200	200	-205		285	-320			770	1

Push-pull

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Ashlyn Croak	Female	21	OH	128.6	60/132.2	Open	27.5	-32.5	32.5	-35	95	105	-110		137.5	1
Brady Croak	Male	13	OH	129	60/132.2	Open	40	47.5	55	-57.5	110	117.5	-127.5		172.5	1
Ashlyn Croak	Female	21	OH	128.6	60/132.2	Junior (20-24)	27.5	-32.5	32.5	-35	95	105	-110		137.5	1
Brady Croak	Male	13	OH	129	60/132.2	Teen (12-13)	40	47.5	55	-57.5	110	117.5	-127.5		172.5	1
Tony DiLucente	Male	64	FL	220.2	100/220.4	Masters (60-64)	150	-155	155	-157.5	215	227.5			382.5	1

Bench

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	Total	Placing
Madison Jaffe	Female	27	OH	146.4	67.5/148.8	Open	37.5	42.5	50		50	1

Deadlift

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	DL 1	DL 2	DL 3	DL 4	Total	Placing
Lucas Beatty	Male	10	OH	75	48/105.8	Youth 11 and Under	65	70	75		75	1
Nerone Leonardo	Male	6	OH	47.2	48/105.8	Youth 11 and Under	20	25	32.5		32.5	2
Trevor Croak	Male	18	OH	233.8	110/242.5	Open	210	227.5	235	245	235	1
Trevor Croak	Male	18	OH	233.8	110/242.5	Teen (18-19)	210	227.5	235	245	235	1
Bob Dunn	Male	65	OH	224.8	110/242.5	Masters (65-69)	140	147.5			147.5	1

Strict Curl

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	SC 1	SC 2	SC 3	SC 4	Total	Placing	
Madison Jaffe	Female	27	OH	146.4	67.5/148.8	Open		31	34	36.5	-38.5	36.5	1

Sonya Stengel	Female	11	OH	250	90+/198.5+ (F)	Youth 11 and Under	20.5	24.5	-29	24.5	1	
Larry Eastman	Male	72	PA	179.4	82.5/181.8	Open	58	59	61	-61.5	61	1
Larry Eastman	Male	72	PA	179.4	82.5/181.8	Masters (70-74)	58	59	61	-61.5	61	1
Bennett Rubin	Male	66	OH	178.8	82.5/181.8	Masters (65-69)	39.5	43.5	45.5	47	45.5	1
Scott Stengel	Male	36	OH	182.8	90/198.4	Open	65	70	-74	70	1	
Walter Heint II	Male	39	PA	191.8	90/198.4	Open	45	54	-59	54	2	
Walter Heint II	Male	39	PA	191.8	90/198.4	Sub-Masters (35-39)	45	54	-59	54	1	
Jeff Oilar	Male	40	IN	219.6	100/220.4	Open	70	-73.5	73.5	-76	73.5	1
Bob Dunn	Male	65	OH	224.8	110/242.5	Masters (65-69)	48.5	52	54.5	54.5	1	
Sam Jaffe	Male	72	OH	225.6	110/242.5	Masters (70-74)	52.5	54.5	-57.5	54.5	1	