



2023 Masters 60+ Rankings

Updated 12/23/2023 Ed Kutin

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2023 Squat Rankings Female

Weight Class: 48 / 105				Squat		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	65	143.2	Kimberly Price	US-VA	2023 Masters Powerlifting Nationals	York	PA	

Weight Class: 52 / 114				Squat		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	100	220.4	Christina Lahey	Canada	Gathering of Nations	Canada		
2	70	154.3	Janet Huntley	US-PA	2023 Masters Powerlifting Nationals	York	PA	

Weight Class: 60 / 132				Squat		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	47.5	104.7	Karina Harris	Canada	Spring Showdown	Canada		
2	27.5	60.6	Norma Jean Teufel	US-PA	2023 Central PA Open	Clearfield	PA	

Weight Class: 67.5 / 148				Squat		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	95	209.4	Lou Dipetta	US-NY	Owego Winter Classic 2023	Owego	NY	
2	67.5	148.8	Jane Bickel	US-PA	2023 Central PA Open	Clearfield	PA	
3	40	88.1	Cynthia Kremenik	US-PA	2023 Central PA Open	Clearfield	PA	

Weight Class: 75 / 165				Squat		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	112.5	248	Linda Arvey	US-PA	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA	
2	55	121.2	Crystal Rhoades	US-NC	Henderson Open	Henderson	NC	
3	48.55	107	Marcella Love	US-FL	Florida State Championships	Viera	FL	

Weight Class: 82.5 / 181				Squat		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	130.5	287.7	Linda Arvey	US-PA	2023 Masters Powerlifting Nationals	York	PA	
2	105	231.4	Kathy Brennan	Canada	Valhalla Rising	Canada		
3	95	209.4	Gloria Knight-McNeil	US-NC	2023 OBX Open Championships	Jarvisburg	NC	
4	90	198.4	Nancy Breen	US-VA	2023 OBX Open Championships	Jarvisburg	NC	
5	54.43	119.9	Cindy Rea	US-FL	Patriots Power Day	Melbourne	FL	

Weight Class: 90 / 198				Squat		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	100	220.4	Gloria Knight-McNeil	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA	

Weight Class: 90+ / 198+				Squat		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	110	242.5	Karen Repino	US-PA	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA	
2	90	198.4	Elaine Ostrander	US-MD	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA	

2023 Bench Press Rankings Female

Weight Class: 44 / 97			Bench Press	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	47.5	104.7	Karen Poyner	US-VA	2023 Battle of the Border	Currituck	NC	

Weight Class: 48 / 105			Bench Press	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	42.5	93.6	Kimberly Price	US-VA	2023 Masters Powerlifting Nationals	York	PA	

Weight Class: 52 / 114			Bench Press	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	62.5	137.7	Christina Lahey	Canada	Gathering of Nations		Canada	
2	48.5	106.9	Janet Huntley	US-PA	2023 Masters Powerlifting Nationals	York	PA	
3	45	99.2	Karina Harris	Canada	Summer Smash 2023		Canada	
4	42.5	93.6	Victoria Giorgi	US-MD	2023 Patriots Open	Fredericksburg	VA	
5	40	88.1	Marci VanHorn	US-VA	2023 World Youth and Womens Powerlifting Championships	Virginia Beach	VA	
6	35	77.1	Marci Vanhorn	US-VA	2023 Patriots Open	Fredericksburg	VA	

Weight Class: 56 / 123			Bench Press	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	47.5	104.7	Angela Krom	US-CT	New England Championships	Cheshire	CT	
2	45	99.2	Jo Hendon	US-VA	2023 Patriots Open	Fredericksburg	VA	

Weight Class: 60 / 132			Bench Press	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	47.5	104.7	Karina Harris	Canada	Spring Showdown		Canada	
2	32.5	71.6	Norma Jean Teufel	US-PA	2023 Central PA Open	Clearfield	PA	

Weight Class: 67.5 / 148			Bench Press	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	65	143.2	Carol Levasseur	US-MA	2023 American Challenge - MD	Silver Springs	MD	
2	47.5	104.7	Annette Ashby-Knox	US-MD	2023 American Challenge - MD	Silver Springs	MD	
3	45	99.2	Lou Dipetta	US-NY	Owego Winter Classic 2023	Owego	NY	
4	42.5	93.6	Diane Hiller	US-NY	Owego Winter Classic 2023	Owego	NY	
5	40	88.1	Jane Bickel	US-PA	2023 Central PA Open	Clearfield	PA	
6	30	66.1	Cynthia Kremenik	US-PA	2023 Central PA Open	Clearfield	PA	

Weight Class: 75 / 165			Bench Press	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	77.5	170.8	Cynthia Crossland	US-OK	NC State Championships	Raleigh	NC	
2	55	121.2	Nancy Breen	US-VA	2023 Christmas Classic	Woodstock	VA	
3	45	99.2	Diane Hiller	US-NY	2023 American Challenge - NY	Owego	NY	
4	42.5	93.6	Crystal Rhoades	US-NC	Henderson Open	Henderson	NC	
5	37.5	82.6	Cindy Morgan-Jaffe	US-DC	2023 American Challenge - MD	Silver Springs	MD	
6	32.67	72	Marcella Love	US-FL	Florida State Championships	Viera	FL	
7	23.59	52	Sandy Rice	US-FL	Patriots Power Day	Melbourne	FL	
8	22.5	49.6	Sarah Sappah	US-MD	2023 Eastern USA Open	Richmond	VA	

Weight Class: 82.5 / 181			Bench Press	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	82.5	181.8	Gloria Knight-McNeil	US-NC	Henderson Open	Henderson	NC	
2	72.5	159.8	Linda Arvey	US-PA	2023 Masters Strict Curl and Ironman Nationals	York	PA	
3	70	154.3	Linda Lee	US-VA	2023 Virginia State Open	Woodstock	VA	
4	57.5	126.7	Kathy Brennan	Canada	Valhalla Rising		Canada	
5	55	121.2	Nancy Breen	US-VA	2023 OBX Open Championships	Jarvisburg	NC	
6	32.66	72	Cindy Rea	US-FL	Patriots Power Day	Melbourne	FL	

Weight Class: 90 / 198			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	83	182.9	Gloria Knight-McNeil	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA

Weight Class: 90+ / 198+			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	65	143.2	Karen Repino	US-PA	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
2	42.5	93.6	Elaine Ostrander	US-MD	2023 Masters Powerlifting Nationals	York	PA

2023 Deadlift Rankings Female

Weight Class: 44 / 97			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	87	191.8	Karen Poyner	US-VA	2023 Battle of the Border	Currituck	NC

Weight Class: 48 / 105			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	112.5	248	Kimberly Price	US-VA	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA

Weight Class: 52 / 114			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	115	253.5	Christina Lahey	Canada	Gathering of Nations		Canada
2	102.5	225.9	Janet Huntley	US-PA	2023 Masters Powerlifting Nationals	York	PA
3	85	187.3	Victoria Giorgi	US-MD	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
4	80	176.3	Karina Harris	Canada	Summer Smash 2023		Canada
5	57.5	126.7	Marci VanHorn	US-VA	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA

Weight Class: 56 / 123			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	100	220.4	Jo Hendon	US-VA	2023 Patriots Open	Fredericksburg	VA
2	91	200.6	Lori Christ	US-NM	Down South Pull Classic	Houston	TX

Weight Class: 60 / 132			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	85	187.3	Karina Harris	Canada	Spring Showdown		Canada
2	75	165.3	Norma Jean Teufel	US-PA	2023 Central PA Open	Clearfield	PA

Weight Class: 67.5 / 148			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	115	253.5	Lou Dipetta	US-NY	Owego Winter Classic 2023	Owego	NY
2	112.5	248	Jane Bickel	US-PA	2023 Central PA Open	Clearfield	PA
3	60	132.2	Cynthia Kremenik	US-PA	2023 Central PA Open	Clearfield	PA

Weight Class: 75 / 165			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	150	330.6	Linda Arvey	US-PA	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
2	120	264.5	Nancy Breen	US-VA	2023 Christmas Classic	Woodstock	VA
3	80.31	177	Marcella Love	US-FL	Florida State Championships	Viera	FL
4	77.5	170.8	Crystal Rhoades	US-NC	Henderson Open	Henderson	NC
5	65	143.2	Cindy Morgan-Jaffe	US-DC	2023 American Challenge - MD	Silver Springs	MD
6	56.7	125	Sandy Rice	US-FL	Patriots Power Day	Melbourne	FL

Weight Class: 82.5 / 181			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	157.5	347.2	Linda Arvey	US-PA	2023 Masters Powerlifting Nationals	York	PA
2	127.5	281	Kathy Brennan	Canada	Valhalla Rising		Canada
3	115	253.5	Gloria Knight-McNeil	US-NC	2023 OBX Open Championships	Jarvisburg	NC
	115	253.5	Nancy Breen	US-VA	2023 OBX Open Championships	Jarvisburg	NC

5	77.11	169.9	Cindy Rea	US-FL	Patriots Power Day	Melbourne	FL
6	63.5	139.9	Brenda Swan	US-TX	Down South Pull Classic	Houston	TX

Weight Class: 90 / 198		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	120	264.5	Gloria Knight-McNeil	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA

Weight Class: 90+ / 198+		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	127.5	281	Karen Repino	US-PA	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
2	120	264.5	Elaine Ostrander	US-MD	2023 Masters Powerlifting Nationals	York	PA

2023 Total Rankings Female

Weight Class: 48 / 105		Total		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	219.5	483.9	Kimberly Price	US-VA	2023 Masters Powerlifting Nationals	York	PA

Weight Class: 52 / 114		Total		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	277.5	611.7	Christina Lahey	Canada	Gathering of Nations		Canada
2	221	487.2	Janet Huntley	US-PA	2023 Masters Powerlifting Nationals	York	PA

Weight Class: 60 / 132		Total		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	175	385.8	Karina Harris	Canada	Spring Showdown		Canada
2	135	297.6	Norma Jean Teufel	US-PA	2023 Central PA Open	Clearfield	PA

Weight Class: 67.5 / 148		Total		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	255	562.1	Lou Dipetta	US-NY	Owego Winter Classic 2023	Owego	NY
2	220	485	Jane Bickel	US-PA	2023 Central PA Open	Clearfield	PA
3	130	286.5	Cynthia Kremenik	US-PA	2023 Central PA Open	Clearfield	PA

Weight Class: 75 / 165		Total		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	175	385.8	Crystal Rhoades	US-NC	Henderson Open	Henderson	NC
2	161.53	356.1	Marcella Love	US-FL	Florida State Championships	Viera	FL

Weight Class: 82.5 / 181		Total		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	355.5	783.7	Linda Arvey	US-PA	2023 Masters Powerlifting Nationals	York	PA
2	290	639.3	Kathy Brennan	Canada	Valhalla Rising		Canada
3	285	628.3	Gloria Knight-McNeil	US-NC	2023 OBX Open Championships	Jarvisburg	NC
4	255	562.1	Nancy Breen	US-VA	2023 OBX Open Championships	Jarvisburg	NC
5	164.2	361.9	Cindy Rea	US-FL	Patriots Power Day	Melbourne	FL

Weight Class: 90 / 198		Total		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	303	667.9	Gloria Knight-McNeil	US-NC	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA

Weight Class: 90+ / 198+		Total		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	302.5	666.8	Karen Repino	US-PA	2023 World Youth and Womens Powerlifting Ch	Virginia Beach	VA
2	242.5	534.6	Elaine Ostrander	US-MD	2023 Masters Powerlifting Nationals	York	PA

2023 Strict Curl Rankings Female

Weight Class: 44 / 97		Strict Curl		Female			
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Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	25	55.1	Karen Poyner	US-VA	2023 Battle of the Border	Currituck	NC

Weight Class: 48 / 105 Strict Curl Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	18	39.6	Kimberly Price	US-VA	2023 Masters Strict Curl and Ironman Nationals	York	PA

Weight Class: 52 / 114 Strict Curl Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	28	61.7	Karina Harris	Canada	Summer Smash 2023		Canada
2	25	55.1	Victoria Giorgi	US-MD	2023 Strict Curl Worlds	Virginia Beach	VA
3	22.5	49.6	Marci Vanhorn	US-VA	2023 Patriots Open	Fredericksburg	VA
4	20.5	45.1	Marci VanHorn	US-VA	2023 Strict Curl Worlds	Virginia Beach	VA

Weight Class: 56 / 123 Strict Curl Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	34	74.9	Angela Krom	US-CT	2023 American Challenge - CT	Cheshire	CT
2	33	72.7	Lori Christ	US-NM	Curlifornia		CA
3	30.5	67.2	Jo Hendon	US-VA	2023 Patriots Open	Fredericksburg	VA
4	29	63.9	Karina Haris	Canada	Gathering of Nations		Canada

Weight Class: 67.5 / 148 Strict Curl Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	38	83.7	Carol Levasseur	US-MA	2023 American Challenge - MD	Silver Springs	MD
2	33.5	73.8	Annette Ashby-Knox	US-MD	2023 American Challenge - MD	Silver Springs	MD
3	27.5	60.6	Diane Hiller	US-NY	Owego Winter Classic 2023	Owego	NY
4	19	41.8	Audrey Keane	US-CA	Curlifornia		CA

Weight Class: 75 / 165 Strict Curl Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	43	94.7	Linda Lee	US-VA	2023 Christmas Classic	Woodstock	VA
2	38.5	84.8	Carol Levasseur	US-MA	HardKore Strict Curl Open	Rockland	MA
3	36.5	80.4	Linda Arvey	US-PA	2023 Strict Curl Worlds	Virginia Beach	VA
4	30	66.1	Diane Hiller	US-NY	2023 American Challenge - NY	Owego	NY
5	21	46.2	Sarah Sappah	US-MD	2023 Eastern USA Open	Richmond	VA
6	19.5	42.9	Cindy Morgan-Jaffe	US-DC	2023 American Challenge - MD	Silver Springs	MD
7	18	39.6	Crystal Rhoades	US-NC	Henderson Open	Henderson	NC

Weight Class: 82.5 / 181 Strict Curl Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	46	101.4	Linda Lee	US-VA	2023 Shenandoah Open	Woodstock	VA
2	41	90.3	Gloria Knight-McNeil	US-NC	Henderson Open	Henderson	NC
3	40	88.1	Linda Arvey	US-PA	2023 Masters Strict Curl and Ironman Nationals	York	PA
4	24	52.9	Brenda Swan	US-TX	Down South Pull Classic	Houston	TX

Weight Class: 90 / 198 Strict Curl Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	48	105.8	Linda Lee	US-VA	2023 American Challenge SC - VA	Woodstock	VA
2	42	92.5	Gloria Knight-McNeil	US-NC	2023 Strict Curl Worlds	Virginia Beach	VA
3	32.5	71.6	Gwen Bailey	US-MD	2023 American Challenge - MD	Silver Springs	MD

Weight Class: 90+ / 198+ Strict Curl Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	29.5	65	Karen Repino	US-PA	2023 Masters Strict Curl and Ironman Nationals	York	PA

2023 Squat Rankings Male

Weight Class: 60 / 132				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	100	220.4	Jack Welch	US-PA	2023 Central PA Open	Clearfield	PA	

Weight Class: 67.5 / 148				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	70	154.3	John Bissen	US-AZ	2023 American Challenge - AZ	Phoenix	AZ	

Weight Class: 75 / 165				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	230	507	Tony Conyers	US-FL	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA	
2	147.5	325.1	John Permelia	US-VA	2023 OBX Open Championships	Jarvisburg	NC	
3	115	253.5	Jonathan Jensen	US-NY	2023 American Challenge - NY	Owego	NY	
4	97.5	214.9	Danny Fink	US-WV	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA	
5	52.5	115.7	Yogi Sumner	US-NC	NC State Championships	Raleigh	NC	

Weight Class: 82.5 / 181				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	177.5	391.3	Miles Baker	US-VA	2023 Eastern USA Open	Richmond	VA	
2	150	330.6	Manikuttan Purushothaman	UAE	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA	
3	145	319.6	Vinnie Gengaro	US-NJ	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA	
4	120	264.5	Bob Nicholas	US-OH	2023 American Challenge - OH	Bedford	OH	
5	112.5	248	Robert Jackson	US-CT	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA	
6	100	220.4	Joe Oregia	US-PA	2023 Masters Powerlifting Nationals	York	PA	

Weight Class: 90 / 198				Squat	Male				
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	202.5	446.4	Robert Ludwig	US-PA	2023 American Challenge - NJ	Fair Lawn	NJ		
2	170	374.7	Michael Lane	Canada	Valhalla Rising		Canada		
3	160	352.7	Douglas Delaine	Canada	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA		
4	155	341.7	Spero Tshontikidis	US-FL	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA		
5	140	308.6	Kurt Leverett	US-FL	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA		
6	135	297.6	Robert Jackson	US-CT	2023 Masters Powerlifting Nationals	York	PA		
7	125	275.5	Bruce Maus	US-CT	2023 NJ State Championships	Fair Lawn	NJ		
		125	275.5	Michael Shannon	US-NM	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA	
9	102.5	225.9	Aldo Jackson	US-PA	2023 Masters Powerlifting Nationals	York	PA		
10	86.18	189.9	Tony Yamnitz	US-FL	Patriots Power Day	Melbourne	FL		

Weight Class: 100 / 220				Squat	Male				
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	182.5	402.3	Terry Napisa	US-VA	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA		
2	175	385.8	Thomas Dozier	US-FL	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA		
3	170	374.7	Bugs Bayer	US-PA	2023 Masters Powerlifting Nationals	York	PA		
		170	374.7	Robert Cook	US-VA	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA	
5	167.5	369.2	Glenn Smith	US-PA	2023 American Challenge - NY	Owego	NY		
6	155	341.7	Bob Cook	US-VA	2023 American Challenge - VA	Woodstock	VA		
7	115	253.5	William Farrell	US-OK	2023 American Challenge - TX	Houston	TX		
8	105	231.4	James Maguire	US-NJ	2023 Masters Powerlifting Nationals	York	PA		
9	93.92	207	Tony Yamnitz	US-FL	Florida State Championships	Viera	FL		

Weight Class: 110 / 242				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	180	396.8	Ed Kutin	US-NJ	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA	
2	130	286.5	Lloyd Penberthy	US-WV	2023 Masters Powerlifting Nationals	York	PA	

Weight Class: 125 / 275				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	207.5	457.4	Randy Sparks	Canada	Spring Showdown		Canada	

2	152.5	336.2	Mark Bowen	US-PA	2023 Central PA Open	Clearfield	PA
3	132.5	292.1	Lloyd Penberthy	US-WV	2023 Great Lakes Championships	Erie	PA

Unknown Class: SHW			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	191.5	422.1	Michael Hogan	Canada	Gathering of Nations	Canada	

2023 Bench Press Rankings Male

Weight Class: 60 / 132			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	65	143.2	Jack Welch	US-PA	2023 Central PA Open	Clearfield	PA

Weight Class: 67.5 / 148			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	124	273.3	Guy Ha	US-SC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
2	25	55.1	John Bissen	US-AZ	2023 American Challenge - AZ	Phoenix	AZ

Weight Class: 75 / 165			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	157.5	347.2	Tony Conyers	US-FL	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
2	142.5	314.1	David Blattenberger	US-PA	2023 Central PA Open	Clearfield	PA
3	115	253.5	Tom Petersen	Canada	Spring Showdown	Canada	
4	102.5	225.9	John Permelia	US-VA	2023 OBX Open Championships	Jarvisburg	NC
5	100	220.4	Stephen Gregori	US-MD	2023 Masters Strict Curl and Ironman Nationals	York	PA
		100	Bill Cross	US-AZ	2023 American Challenge - AZ	Phoenix	AZ
7	87.5	192.9	Danny Fink	US-WV	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
8	80	176.3	Jonathan Jensen	US-NY	2023 American Challenge - NY	Owego	NY
9	70	154.3	Ronald Grissom, Sr.	US-NC	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
10	67.5	148.8	Ronald Grissom	US-NC	Henderson Open	Henderson	NC
11	60	132.2	Yogi Sumner	US-NC	NC State Championships	Raleigh	NC
12	52.5	115.7	Steve Richman	US-IA	2023 American Challenge - IL	Casey	IL

Weight Class: 82.5 / 181			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	155.5	342.8	David Blattenberger	US-PA	2023 Tri-State Championship	Solon	OH
2	115	253.5	Vinnie Gengaro	US-NJ	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
3	100	220.4	Robert Jackson	US-CT	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
4	95	209.4	John Bretz	US-PA	2023 Great Lakes Championships	Erie	PA
		95	Bill Lindsey	US-VA	2023 American Challenge - VA	Woodstock	VA
		95	Manikuttan Purushothaman	UAE	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
7	92.5	203.9	Miles Baker	US-VA	2023 Eastern USA Open	Richmond	VA
8	90	198.4	Bob Nicholas	US-OH	2023 Ohio State Championships	Bedford	OH
9	75	165.3	Joe Orenzia	US-PA	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
10	62.5	137.7	William Arnold	US-MD	2023 Masters Strict Curl and Ironman Nationals	York	PA
11	60	132.2	Ronald Grissom	US-NC	NC State Championships	Raleigh	NC
12	45	99.2	Marvin Ickow	US-MD	2023 American Challenge - MD	Silver Springs	MD

Weight Class: 90 / 198			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	150	330.6	Robert Ludwig	US-PA	2023 American Challenge - NJ	Fair Lawn	NJ
2	130	286.5	Michael Shannon	US-NM	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
3	117.5	259	Jeff Bischoff	US-VA	2023 Patriots Open	Fredericksburg	VA
4	112.5	248	Richard Wiater	US-PA	2023 Great Lakes Championships	Erie	PA
5	111	244.7	Hugh McMunn	US-NY	2023 American Challenge - MD	Silver Springs	MD
6	110	242.5	Robert Jackson	US-CT	2023 Masters Powerlifting Nationals	York	PA
7	107.5	236.9	Michael Lane	Canada	Valhalla Rising	Canada	
8	100	220.4	Bruce Maus	US-CT	2023 Masters Powerlifting Nationals	York	PA

	100	220.4	Kent Cassell	US-VA	2023 Masters Powerlifting Nationals	York	PA
10	95	209.4	John Shifflett	US-VA	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
11	82.5	181.8	Spero Tshontikidis	US-FL	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
12	81.65	180	Tony Yamnitz	US-FL	Patriots Power Day	Melbourne	FL
13	75	165.3	Aldo Jackson	US-PA	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
14	72.5	159.8	Douglas Delainey	Canada	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
15	20	44	Kurt Leverett	US-FL	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA

Weight Class: 100 / 220		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	155	341.7	Tony DiLucente	US-FL	2023 Ohio State Championships	Bedford	OH
2	150	330.6	Glenn Smith	US-PA	2023 American Challenge - NY	Owego	NY
	150	330.6	Kevin Hutchinsin	US-IN	2023 Southern Open	Jarvisburg	NC
4	147.5	325.1	Ken Jubas	US-PA	2023 Masters Strict Curl and Ironman Nationals	York	PA
5	137.5	303.1	Kevin Hutchinson	US-IN	2023 American Challenge - IL	Casey	IL
	137.5	303.1	Thomas Dozier	US-FL	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
7	135	297.6	Terry Napisa	US-VA	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
	135	297.6	Harold Pittman	US-NC	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
9	132.5	292.1	Robert Cook	US-VA	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
	132.5	292.1	Brian Washington	US-MD	2023 Christmas Classic	Woodstock	VA
11	127.5	281	Bob Cook	US-VA	2023 American Challenge - VA	Woodstock	VA
12	125	275.5	Ray Berry	US-NC	2023 Battle of the Border	Currituck	NC
	125	275.5	Butch Huey	US-PA	2023 Central PA Open	Clearfield	PA
14	120	264.5	Harry Orr	US-NC	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
15	117.5	259	Ricky Carrow	US-NC	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
16	115	253.5	Marek Mathias	Canada	Summer Smash 2023		Canada
17	110	242.5	Steve Barry	US-PA	United States Open	York	PA
18	105	231.4	James Maguire	US-NJ	2023 Masters Powerlifting Nationals	York	PA
	105	231.4	Richard Staten	US-VA	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
20	97.5	214.9	Phillip Rosenstern	US-PA	2023 Great Lakes Championships	Erie	PA

Weight Class: 110 / 242		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	164	361.5	Reno Birt	US-FL	DMV Classic	Alexandria	VA
2	160	352.7	Jeff Oliver	US-PA	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
3	155	341.7	Nate Matthews	US-OH	2023 American Challenge - OH	Bedford	OH
4	137.5	303.1	Ed Kutin	US-NJ	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
5	135	297.6	Gene Berry	US-NC	NC State Championships	Raleigh	NC
6	130	286.5	Lloyd Penberthy	US-WV	2023 Masters Powerlifting Nationals	York	PA
7	115	253.5	Casey Orr	US-NC	Henderson Open	Henderson	NC
8	105	231.4	Billy Ray Powell	US-AZ	2023 Masters Strict Curl and Ironman Nationals	York	PA
	105	231.4	James Michael Lafferty	UAE	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
10	90.7	199.9	George Woodbury	US-FL	2023 American Challenge - FL	South Daytona	FL
11	85	187.3	Glen Shelton	US-VA	2023 Christmas Classic	Woodstock	VA

Weight Class: 125 / 275		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	181.5	400.1	Stephen Kozlowski	US-VA	NC State Championships	Raleigh	NC
2	152.5	336.2	Joe Grabowski	US-NY	Owego Winter Classic 2023	Owego	NY
3	142.5	314.1	Chris Dorsay	US-NJ	2023 American Challenge - NJ	Fair Lawn	NJ
4	137.5	303.1	Gene Berry	US-NC	2023 Battle of the Border	Currituck	NC
5	132.5	292.1	Dave Reeder	US-PA	2023 Masters Strict Curl and Ironman Nationals	York	PA
6	125.5	276.6	Bernie Rhodes	US-VA	2023 Southern Open	Jarvisburg	NC
7	125	275.5	Lloyd Penberthy	US-WV	2023 American Challenge - NY	Owego	NY
8	120	264.5	Bernie Rhoades	US-NC	2023 Masters Strict Curl and Ironman Nationals	York	PA
9	115	253.5	Bill Schnepf	US-MD	2023 Christmas Classic	Woodstock	VA
10	105	231.4	Brad Lovejoy	US-OH	Gathering of Nations		Canada
11	100	220.4	Bill Parks	US-MD	2023 American Challenge - MD	Silver Springs	MD

12	90	198.4	Mark Bowen	US-PA	2023 Central PA Open	Clearfield	PA
13	80	176.3	Randy Sparks	Canada	Spring Showdown		Canada

Weight Class: 140 / 308		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	178	392.4	Raymond Clasing	US-MD	2023 American Challenge - NC	Elizabeth City	NC
2	156	343.9	Bill Schnepf	US-MD	2023 Masters Strict Curl and Ironman Nationals	York	PA
3	135	297.6	Greg Bunch	US-VA	2023 Virginia State Open	Woodstock	VA
4	130	286.5	Joe Morales	US-AZ	West Coast Challenge	Peoria	AZ
5	125	275.5	Jeff House	US-GA	United States Open	York	PA
6	111.1	244.9	Bill Bradford	US-FL	2023 American Challenge - FL	South Daytona	FL
7	110	242.5	James Prendergast	US-NY	United States Open	York	PA
8	77.5	170.8	Guy Sappah	US-MD	2023 Eastern USA Open	Richmond	VA

Unknown Class: SHW		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	148	326.2	Michael Hogan	Canada	Gathering of Nations		Canada

2023 Deadlift Rankings Male

Weight Class: 60 / 132		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	185	407.8	Jim Marchio	US-VA	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
2	137.5	303.1	Jack Welch	US-PA	2023 Central PA Open	Clearfield	PA

Weight Class: 67.5 / 148		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	125	275.5	John Bissen	US-AZ	2023 American Challenge - AZ	Phoenix	AZ

Weight Class: 75 / 165		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	275	606.2	Tony Conyers	US-FL	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
2	165	363.7	Jonathan Jensen	US-NY	2023 American Challenge - NY	Owego	NY
	165	363.7	John Permelia	US-VA	2023 OBX Open Championships	Jarvisburg	NC
4	147.5	325.1	Danny Fink	US-WV	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
5	80	176.3	Yogi Sumner	US-NC	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA

Weight Class: 82.5 / 181		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	215	473.9	Birchmans Periera	Canada	Gathering of Nations		Canada
2	200	440.9	Miles Baker	US-VA	2023 Eastern USA Open	Richmond	VA
3	192.5	424.3	Vinnie Gengaro	US-NJ	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
4	185	407.8	Manikuttan Purushothaman	UAE	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
5	170	374.7	Bob Nicholas	US-OH	2023 American Challenge - OH	Bedford	OH
6	160	352.7	Joe Orenzia	US-PA	2023 Masters Powerlifting Nationals	York	PA
7	155	341.7	Don Swingle	US-NY	2023 Tri-State Championship	Solon	OH
8	145	319.6	Robert Jackson	US-CT	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
9	110	242.5	Pete Miller	US-VA	2023 American Challenge - VA	Woodstock	VA
10	100	220.4	Marvin Ickow	US-MD	2023 American Challenge - MD	Silver Springs	MD

Weight Class: 90 / 198		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	235	518	Roy Apelsoff	US-VA	2023 World Lightweight Mens Powerlifting Char	Virginia Beach	VA
2	227.5	501.5	Robert Ludwig	US-PA	2023 American Challenge - NJ	Fair Lawn	NJ
3	222.5	490.5	Michael Lane	Canada	Valhalla Rising		Canada
4	215	473.9	Douglas Delainey	Canada	Gathering of Nations		Canada
5	200	440.9	Kent Cassell	US-VA	2023 Masters Powerlifting Nationals	York	PA
6	192.5	424.3	Bruce Maus	US-CT	2023 Masters Powerlifting Nationals	York	PA

7	182.5	402.3	Spero Tshontikidis	US-FL	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
8	160	352.7	Robert Jackson	US-CT	2023 Masters Powerlifting Nationals	York	PA
9	157.5	347.2	Kurt Leverett	US-FL	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
10	145	319.6	Aldo Jackson	US-PA	2023 Masters Powerlifting Nationals	York	PA
		145	Michael Shannon	US-NM	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA
12	124.74	275	Tony Yamnitz	US-FL	Patriots Power Day	Melbourne	FL

Weight Class: 100 / 220			Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	250	551.1	Robert Cook	US-VA	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
2	245	540.1	Bob Cook	US-VA	2023 American Challenge - VA	Woodstock	VA
3	227.5	501.5	Tony DiLucente	US-FL	2023 American Challenge - OH	Bedford	OH
4	207.5	457.4	Glenn Smith	US-PA	2023 American Challenge - NY	Owego	NY
5	200	440.9	Thomas Dozier	US-FL	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
6	195	429.8	Jerry Moynihan	US-NY	2023 American Challenge - CT	Cheshire	CT
		195	Terry Napisa	US-VA	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
8	185	407.8	Bugs Bayer	US-PA	2023 Masters Powerlifting Nationals	York	PA
		185	Richard Staten	US-VA	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
10	165	363.7	Steve Barry	US-PA	United States Open	York	PA
11	160	352.7	William Farrell	US-OK	2023 American Challenge - TX	Houston	TX
12	155	341.7	James Maguire	US-NJ	2023 Masters Powerlifting Nationals	York	PA
13	148.37	327	Tony Yamnitz	US-FL	Florida State Championships	Viera	FL
14	111.13	244.9	John Rice	US-FL	Patriots Power Day	Melbourne	FL
15	95	209.4	Glen Shelton	US-VA	2023 American Challenge - VA	Woodstock	VA

Weight Class: 110 / 242			Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	260	573.1	Nate Matthews	US-OH	2023 American Challenge - OH	Bedford	OH
2	217.5	479.5	Ed Kutin	US-NJ	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
3	157.5	347.2	Bob Dunn	US-OH	2023 Tri-State Championship	Solon	OH
4	155	341.7	Lloyd Penberthy	US-WV	2023 Masters Powerlifting Nationals	York	PA
5	147.5	325.1	Sam Jaffe	US-OH	2023 Tri-State Championship	Solon	OH

Weight Class: 125 / 275			Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	250	551.1	Stephen Kozlowski	US-VA	2023 Masters Powerlifting Nationals	York	PA
2	205	451.9	Randy Sparks	Canada	Spring Showdown		Canada
3	172.5	380.2	Lloyd Penberthy	US-WV	2023 Great Lakes Championships	Erie	PA
4	165	363.7	Mark Bowen	US-PA	2023 Central PA Open	Clearfield	PA

Weight Class: 140 / 308			Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	200	440.9	Raymond Clasing	US-MD	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA
2	145	319.6	Jeff House	US-GA	2023 Patriots Open	Fredericksburg	VA

Unknown Class: SHW			Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	220	485	Michael Hogan	Canada	Spring Showdown		Canada

2023 Total Rankings Male

Weight Class: 60 / 132			Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	302.5	666.8	Jack Welch	US-PA	2023 Central PA Open	Clearfield	PA

Weight Class: 67.5 / 148			Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	220	485	John Bissen	US-AZ	2023 American Challenge - AZ	Phoenix	AZ

Weight Class: 75 / 165				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	662.5	1460.5	Tony Conyers	US-FL	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA	
2	415	914.9	John Permelia	US-VA	2023 OBX Open Championships	Jarvisburg	NC	
3	360	793.6	Jonathan Jensen	US-NY	2023 American Challenge - NY	Owego	NY	
4	332.5	733	Danny Fink	US-WV	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA	
5	190	418.8	Yogi Sumner	US-NC	NC State Championships	Raleigh	NC	

Weight Class: 82.5 / 181				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	470	1036.1	Miles Baker	US-VA	2023 Eastern USA Open	Richmond	VA	
2	452.5	997.5	Vinnie Gengaro	US-NJ	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA	
3	430	947.9	Manikuttan Purushothaman	UAE	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA	
4	375	826.7	Bob Nicholas	US-OH	2023 American Challenge - OH	Bedford	OH	
5	357.5	788.1	Robert Jackson	US-CT	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA	
6	330	727.5	Joe Oregia	US-PA	2023 Masters Powerlifting Nationals	York	PA	

Weight Class: 90 / 198				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	580	1278.6	Robert Ludwig	US-PA	2023 American Challenge - NJ	Fair Lawn	NJ	
2	500	1102.3	Michael Lane	Canada	Valhalla Rising		Canada	
3	437.5	964.5	Douglas Delainey	Canada	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA	
4	420	925.9	Spero Tshontikidis	US-FL	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA	
5	407.5	898.3	Bruce Maus	US-CT	2023 NJ State Championships	Fair Lawn	NJ	
6	405	892.8	Robert Jackson	US-CT	2023 Masters Powerlifting Nationals	York	PA	
7	400	881.8	Michael Shannon	US-NM	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA	
8	317.5	699.9	Aldo Jackson	US-PA	2023 Masters Powerlifting Nationals	York	PA	
		317.5	Kurt Leverett	US-FL	2023 World Lightweight Mens Powerlifting Charr	Virginia Beach	VA	
10	292.57	644.9	Tony Yamnitz	US-FL	Patriots Power Day	Melbourne	FL	

Weight Class: 100 / 220				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	552.5	1218	Robert Cook	US-VA	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA	
2	527.5	1162.9	Bob Cook	US-VA	2023 American Challenge - VA	Woodstock	VA	
3	525	1157.4	Glenn Smith	US-PA	2023 American Challenge - NY	Owego	NY	
4	512.5	1129.8	Terry Napisa	US-VA	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA	
		512.5	Thomas Dozier	US-FL	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA	
6	430	947.9	Bugs Bayer	US-PA	2023 Masters Powerlifting Nationals	York	PA	
7	365	804.6	James Maguire	US-NJ	2023 Masters Powerlifting Nationals	York	PA	
8	357.5	788.1	William Farrell	US-OK	2023 American Challenge - TX	Houston	TX	
9	323.96	714.2	Tony Yamnitz	US-FL	Florida State Championships	Viera	FL	

Weight Class: 110 / 242				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	535	1179.4	Ed Kutin	US-NJ	2023 World Heavyweight Mens Powerlifting Cha	Virginia Beach	VA	
2	415	914.9	Lloyd Penberthy	US-WV	2023 Masters Powerlifting Nationals	York	PA	

Weight Class: 125 / 275				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	470.5	1037.2	Randy Sparks	Canada	Spring Showdown		Canada	
2	427.5	942.4	Lloyd Penberthy	US-WV	2023 Great Lakes Championships	Erie	PA	
3	407.5	898.3	Mark Bowen	US-PA	2023 Central PA Open	Clearfield	PA	

Unknown Class: SHW				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	557.5	1229	Michael Hogan	Canada	Gathering of Nations		Canada	

2023 Strict Curl Rankings Male

Weight Class: 75 / 165		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	44.5	98.1	Stephen Gregori	US-MD	2023 Masters Strict Curl and Ironman Nationals	York	PA
2	44	97	Doug Schader	US-PA	2023 Masters Strict Curl and Ironman Nationals	York	PA
	44	97	Brian Brindle	US-VA	2023 Masters Strict Curl and Ironman Nationals	York	PA
4	43	94.7	Bill Cross	US-AZ	2023 American Challenge - AZ	Phoenix	AZ
5	28	61.7	Yogi Sumner	US-FL	2023 Strict Curl Worlds	Virginia Beach	VA
6	25.5	56.2	Steve Richman	US-IA	2023 American Challenge - IL	Casey	IL

Weight Class: 82.5 / 181		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	61	134.4	Larry Eastman	US-PA	2023 Ohio State Championships	Bedford	OH
2	49.5	109.1	Edward Flanders	US-ME	HardKore Strict Curl Open	Rockland	MA
3	49	108	Bill Cross	US-AZ	West Coast Challenge	Peoria	AZ
4	48	105.8	Robert Jackson	US-CT	2023 Strict Curl Worlds	Virginia Beach	VA
5	47	103.6	Bennett Rubin	US-OH	2023 Ohio State Championships	Bedford	OH
6	46	101.4	William Arnold	US-MD	2023 Masters Strict Curl and Ironman Nationals	York	PA
7	43.5	95.9	Jules Lloyd	US-CT	New England Championships	Cheshire	CT
8	40	88.1	Manikuttan Purushothaman	UAE	2023 Strict Curl Worlds	Virginia Beach	VA
9	39.5	87	Don Swingle	US-NY	2023 Tri-State Championship	Solon	OH
10	32	70.5	Bill Lindsey	US-VA	2023 American Challenge SC - VA	Woodstock	VA

Weight Class: 90 / 198		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	64.5	142.1	Billy Ray Powell	US-AZ	2023 Strict Curl Worlds	Virginia Beach	VA
2	60.5	133.3	Hugh McMunn	US-NY	2023 Masters Strict Curl and Ironman Nationals	York	PA
	60.5	133.3	Larry Eastman	US-PA	2023 Central PA Open	Clearfield	PA
4	60	132.2	McMunn Hugh	US-CT	New England Championships	Cheshire	CT
5	55.5	122.3	Mark Dantzler	US-MD	2023 Masters Strict Curl and Ironman Nationals	York	PA
6	53	116.8	Kurt Leverett	US-FL	Pro Strict Curl Championship	Virginia Beach	VA
7	52	114.6	Michael Shannon	US-NM	2023 Strict Curl Worlds	Virginia Beach	VA
8	51.5	113.5	Robert Jackson	US-CT	2023 Masters Strict Curl and Ironman Nationals	York	PA
9	50.5	111.3	Douglas Delaine	Canada	2023 Strict Curl Worlds	Virginia Beach	VA
10	48	105.8	John Shifflett	US-VA	2023 Strict Curl Worlds	Virginia Beach	VA
11	45	99.2	Doc Nash	US-NY	2023 American Challenge - NY	Owego	NY

Weight Class: 100 / 220		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	67.5	148.8	Billy Ray Powell	US-AZ	2023 Arnold Invitational Strict Curl	Columbus	OH
2	63.5	139.9	George Roy	US-VT	Owego Winter Classic 2023	Owego	NY
	63.5	139.9	Brian Washington	US-MD	2023 Christmas Classic	Woodstock	VA
4	61	134.4	Hugh McMunn	US-NY	2023 American Challenge - CT	Cheshire	CT
5	57.5	126.7	Tony Villa	US-IN	2023 Christmas Classic	Woodstock	VA
6	53.5	117.9	John Minnick	US-MD	2023 American Challenge - MD	Silver Springs	MD
7	50	110.2	Ricky Carrow	US-NC	2023 American Challenge SC - NC	Elizabeth City	NC
8	46	101.4	William Farrell	US-OK	2023 American Challenge - TX	Houston	TX
9	45	99.2	Richard Staten	US-VA	2023 Southern Open	Jarvisburg	NC
	45	99.2	James Michael Lafferty	UAE	2023 Strict Curl Worlds	Virginia Beach	VA
11	40	88.1	Glen Shelton	US-VA	2023 Shenandoah Open	Woodstock	VA

Weight Class: 110 / 242		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	75.5	166.4	Reno Birt	US-VA	2023 Masters Strict Curl and Ironman Nationals	York	PA
2	74	163.1	Jeff Oliver	US-PA	2023 Central PA Open	Clearfield	PA
3	70.5	155.4	Billy Ray Powell	US-AZ	2023 Masters Strict Curl and Ironman Nationals	York	PA
4	57.5	126.7	Leroy Wielenga	US-CA	Curlifornia		CA

5	57	125.6	Sam Jaffe	US-OH	2023 Tri-State Championship	Solon	OH
6	56	123.4	Ken Berry	US-CT	New England Championships	Cheshire	CT
7	54.5	120.1	Bob Dunn	US-OH	2023 Ohio State Championships	Bedford	OH
8	48.5	106.9	Bob Feeney	US-PA	2023 Strict Curl Worlds	Virginia Beach	VA
9	48	105.8	Johnny Kosnow	US-ME	2023 Strict Curl Worlds	Virginia Beach	VA
10	45	99.2	George Woodbury	US-FL	2023 Strict Curl Worlds	Virginia Beach	VA

Weight Class: 125 / 275		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	81.5	179.6	Stephen Kozlowski	US-VA	2023 Strict Curl Worlds	Virginia Beach	VA
2	67.5	148.8	Robert Slade	US-MD	2023 Patriots Open	Fredericksburg	VA
3	63.5	139.9	James Slade	US-MD	2023 American Challenge - MD	Silver Springs	MD
		139.9	Bill Schnepf	US-MD	2023 Christmas Classic	Woodstock	VA
5	50.5	111.3	Bernie Rhoades	US-NC	2023 Masters Strict Curl and Ironman Nationals	York	PA
6	50	110.2	Bernie Rhodes	US-VA	2023 American Challenge - MD	Silver Springs	MD
		110.2	Marvin Smith	US-MD	2023 American Challenge - MD	Silver Springs	MD
8	48.5	106.9	Bob Feeney	US-PA	2023 Masters Strict Curl and Ironman Nationals	York	PA

Weight Class: 140 / 308		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	70	154.3	Bill Schnepf	US-MD	2023 Masters Strict Curl and Ironman Nationals	York	PA
2	50	110.2	Jeff House	US-GA	United States Open	York	PA
		110.2	James Prendergast	US-NY	United States Open	York	PA
4	40	88.1	Joe Morales	US-AZ	West Coast Challenge	Peoria	AZ

Unknown Class: SHW		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	63.5	139.9	Michael Hogan	Canada	Summer Smash 2023		Canada
2	47.5	104.7	Marcel Duprey	US-CT	Owego Winter Classic 2023	Owego	NY