



Germany Powerlifting Records

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11/25/2023

Weight Class: 67.5 / 148 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	67.5 kgs / 148.8 lbs Miriam Brede (Germany) 3/2015	50.0 kgs / 110.2 lbs Miriam Brede (Germany) 3/2015	92.5 kgs / 203.9 lbs Miriam Brede (Germany) 3/2015	207.5 kgs / 457.4 lbs Miriam Brede (Germany) 3/2015
16-17	67.5 kgs / 148.8 lbs Miriam Brede (Germany) 3/2015	50.0 kgs / 110.2 lbs Miriam Brede (Germany) 3/2015	92.5 kgs / 203.9 lbs Miriam Brede (Germany) 3/2015	207.5 kgs / 457.4 lbs Miriam Brede (Germany) 3/2015

Weight Class: 75 / 165 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	85.0 kgs / 187.3 lbs Katrin Ribb (Germany) 11/2023	87.5 kgs / 192.9 lbs Katrin Ribb (Germany) 11/2023	137.5 kgs / 303.1 lbs Katrin Ribb (Germany) 11/2023	310.0 kgs / 683.4 lbs Katrin Ribb (Germany) 11/2023
50-54	85.0 kgs / 187.3 lbs Katrin Ribb (Germany) 11/2023	87.5 kgs / 192.9 lbs Katrin Ribb (Germany) 11/2023	137.5 kgs / 303.1 lbs Katrin Ribb (Germany) 11/2023	310.0 kgs / 683.4 lbs Katrin Ribb (Germany) 11/2023

Weight Class: 110 / 242 Male / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	190.0 kgs / 418.8 lbs Hagen Ribb (Germany) 11/2023	125.0 kgs / 275.5 lbs Hagen Ribb (Germany) 11/2023	190.0 kgs / 418.8 lbs Hagen Ribb (Germany) 11/2023	505.0 kgs / 1113.3 lbs Hagen Ribb (Germany) 11/2023
50-54	190.0 kgs / 418.8 lbs Hagen Ribb (Germany) 11/2023	125.0 kgs / 275.5 lbs Hagen Ribb (Germany) 11/2023	190.0 kgs / 418.8 lbs Hagen Ribb (Germany) 11/2023	505.0 kgs / 1113.3 lbs Hagen Ribb (Germany) 11/2023
Handicapped	190.0 kgs / 418.8 lbs Hagen Ribb (Germany) 11/2023	125.0 kgs / 275.5 lbs Hagen Ribb (Germany) 11/2023	190.0 kgs / 418.8 lbs Hagen Ribb (Germany) 11/2023	505.0 kgs / 1113.3 lbs Hagen Ribb (Germany) 11/2023