

## 2023 OBX Open

Jarvisburg, NC 10/14/2023

Powerlifting

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Squat1	Squat2	Squat3	Squat4	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Gabbi Saunders	Female	13	NC	38.8	40/88.1	Teen (12-13)	40	47.5	53	55	20	25	27.5	28.5	75	83	87.5		167.5	1
Jen Zak	Female	47	NC	60	60/132.2	Open	77.5	85	88		52.5	55.5	-57.5		90	97.5	102.5		245	1
Jen Zak	Female	47	NC	60	60/132.2	Masters (45-49)	77.5	85	88		52.5	55.5	-57.5		90	97.5	102.5		245	1
Madison Berry	Female	11	NC	75	75/165.3	Open	107.5	125	127.5		62.5	67.5	72.5		117.5	132.5	-140		332.5	1
Madison Berry	Female	11	NC	75	75/165.3	Youth (10-11)	107.5	125	127.5		62.5	67.5	72.5		117.5	132.5	-140		332.5	1
Mackenzie Taylor	Female	15	NC	76.8	82.5/181.8	Open	152.5	160	-167.5		82.5	90	-95		152.5	165	175		425	1
Sayda Cardenas	Female	24	VA	76.1	82.5/181.8	Open	105	115	-120		42.5	47.5	50		105	115	122.5		287.5	2
Mackenzie Taylor	Female	15	NC	76.8	82.5/181.8	Teen (14-15)	152.5	160	-167.5		82.5	90	-95		152.5	165	175		425	1
Sayda Cardenas	Female	24	VA	76.1	82.5/181.8	Junior (20-24)	105	115	-120		42.5	47.5	50		105	115	122.5		287.5	1
Gloria Knight-McNeil	Female	64	NC	80.8	82.5/181.8	Masters (60-64)	85	92.5	95		77.5	80	82.5		90	102.5	107.5	115	285	1
Nancy Breen	Female	64	VA	76.8	82.5/181.8	Masters (60-64)	82.5	90	-95		50	55	-60		92.5	100	110	115	255	2
Sayda Cardenas	Female	24	VA	76.1	82.5/181.8	Law/Fire/Military	105	115	-120		42.5	47.5	50		105	115	122.5		287.5	1
Sasha Lynn Payne	Female	17	VA	85.5	90/198.4	Teen (16-17)	52.5	57.5	65		25	30	-42.5		62.5	70	82.5		177.5	1
Jeremiah Skinner	Male	9	NC	46.9	48/105.8	Youth (8-9)	60	65	70		37.5	40	45	47.5	75	82	92.5	95	207.5	1
John Buck Ammons	Male	24	NC	55.1	56/123.4	Junior (20-24)	-92.5	92.5	97.5		52.5	60	65		107.5	112.5	125		287.5	1
Jordan Baird	Male	15	VA	59.8	60/132.2	Teen (14-15)	65	80	90		57.5	67.5	-75		92.5	105	117.5		275	1
Ben Zak	Male	54	NC	67	67.5/148.8	Open	117.5	135	140		92.5	105	110		160	177.5	-183		427.5	1
Ben Zak	Male	54	NC	67	67.5/148.8	Masters (50-54)	117.5	135	140		92.5	105	110		160	177.5	-183		427.5	1
John Permelia	Male	60	VA	74.2	75/165.3	Masters (60-64)	122.5	137.5	147.5		85	95	102.5		150	165	-175		415	1
Hayden McMurray	Male	16	NC	70.4	75/165.3	Teen (16-17)	135	142.5	147.5		72.5	77.5	-85		160	165	167.5		392.5	1
David Sobota	Male	41	NC	77.6	82.5/181.8	Open	172.5	182.5	192.5		122.5	132.5	-137.5		200	217.5	-228		542.5	1
David Sobota	Male	41	NC	77.6	82.5/181.8	Masters (40-44)	172.5	182.5	192.5		122.5	132.5	-137.5		200	217.5	-228		542.5	1
Ethan Sayers	Male	16	VA	77.1	82.5/181.8	Teen (16-17)	-82.5	92.5	102.5		45	55	57.5		125	142.5	-153		302.5	1
Hayes Ambrose	Male	17	VA	88	90/198.4	Teen (16-17)	140	147.5	152.5		-87.5	92.5	95		185	190	195		442.5	1
Jeffery Klugh	Male	19	NC	83.7	90/198.4	Teen (18-19)	137.5	-147.5	-160		87.5	97.5	-100		170	182.5	-193		417.5	1
Ed Brown	Male	39	VA	97.9	100/220.4	Sub-Masters (35-39)	180	195	207.5		137.5	145	-150		-225	225	255		607.5	1
Michael Dalton	Male	48	VA	94.7	100/220.4	Masters (45-49)	170	177.5	195		127.5	132.5	142.5		235	240	250		587.5	1
Benjamin McDaniel	Male	14	VA	91.7	100/220.4	Teen (14-15)	92.5	102.5	-107.5		82.5	92.5	95		120	137.5	150		347.5	1
Cameron Pollard	Male	15	VA	93.8	100/220.4	Teen (14-15)	-62.5	62.5			50	57.5	-62.5		112.5	130	160		280	2
Michael Oliver	Male	22	NC	107.7	110/242.5	Open	212.5	227.5	-240		132.5	145	152.5		272.5	295	318		697.5	1
Liam Emory	Male	16	VA	119.1	125/275.5	Teen (16-17)	155	165	175		80	87.5	90		185	195	-205		460	1

Push-pull

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Madison Berry	Female	11	NC	75	75/165.3	Open	62.5	67.5	72.5		117.5	132.5	-140		205	1
Madison Berry	Female	11	NC	75	75/165.3	Youth (10-11)	62.5	67.5	72.5		117.5	132.5	-140		205	1
Veronica Paylor	Female	51	NC	73.4	75/165.3	Masters (50-54)	67.5	-70	-70		100	105	112.5		180	1
Mackenzie Taylor	Female	15	NC	76.8	82.5/181.8	Open	82.5	90	-95		152.5	165	175		265	1
Mackenzie Taylor	Female	15	NC	76.8	82.5/181.8	Teen (14-15)	82.5	90	-95		152.5	165	175		265	1
Jeremiah Skinner	Male	9	NC	46.9	48/105.8	Youth (8-9)	37.5	40	45	47.5	75	82	92.5	95	137.5	1
David Sobota	Male	41	NC	77.6	82.5/181.8	Masters (40-44)	122.5	132.5	-137.5		200	217.5	-227.5		350	1
Eric Braswell	Male	42	NC	84.5	90/198.4	Open	82.5	-90	-95		125	135	-145		217.5	1
Eric Braswell	Male	42	NC	84.5	90/198.4	Masters (40-44)	82.5	-90	-95		125	135	-145		217.5	1
Michael Oliver	Male	22	NC	107.7	110/242.5	Open	132.5	145	152.5		272.5	295	318		470	1
Michael Oliver	Male	22	NC	107.7	110/242.5	Junior (20-24)	132.5	145	152.5		272.5	295	318		470	1

Bench

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	Total	Placing
Madison Berry	Female	11	NC	75	75/165.3	Open	62.5	67.5	72.5		72.5	1
Veronica Paylor	Female	51	NC	73.4	75/165.3	Masters (50-54)	67.5	-70	-70		67.5	1
Mackenzie Taylor	Female	15	NC	76.8	82.5/181.8	Open	82.5	90	-95		90	1
Mackenzie Taylor	Female	15	NC	76.8	82.5/181.8	Teen (14-15)	82.5	90	-95		90	1
Gloria Knight-McNeil	Female	64	NC	80.8	82.5/181.8	Masters (60-64)	77.5	80	82.5		82.5	1
Jeremiah Skinner	Male	9	NC	46.9	48/105.8	Youth (8-9)	37.5	40	45	47.5	45	1
Kejajuan Collington	Male	39	NC	67.2	67.5/148.8	Open	137.5	145	147.5		147.5	1
Daniel Cox	Male	16	NC	73.3	75/165.3	Teen (16-17)	82.5	87.5	90		90	1
Barry Capps	Male	56	SC	86.5	90/198.4	Masters (55-59)	100	105	109	111	107.5	1
Bernie Rhodes	Male	75	VA	114	125/275.5	Masters (75-79)	117.5	122.5	-128		122.5	1

Deadlift

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	DL 1	DL 2	DL 3	DL 4	Total	Placing
Veronica Paylor	Female	51	NC	73.4	75/165.3	Masters (50-54)	100	105	112.5		112.5	1

Strict Curl

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	SC 1	SC 2	SC 3	SC 4	Total	Placing
Gabbi Saunders	Female	13	NC	38.8	40/88.1	Teen (12-13)	11	13	15	16	15	1
Gracie Bushee	Female	11		44.8	48/105.8	Youth (10-11)	16	18.5	21.5	22.5	21.5	1
Jen Zak	Female	47	NC	60	60/132.2	Open	30.5	32.5	33.5		33.5	1
Regan Charlton	Female	19	NC	60	60/132.2	Teen (18-19)	33.5	35	-37		35	1
Jen Zak	Female	47	NC	60	60/132.2	Masters (45-49)	30.5	32.5	33.5		33.5	1
Madison Berry	Female	11	NC	75	75/165.3	Open	30	33.5	35.5		35.5	1
Madison Berry	Female	11	NC	75	75/165.3	Youth (10-11)	30	33.5	35.5		35.5	1
Veronica Paylor	Female	51	NC	73.4	75/165.3	Masters (50-54)	32	33	34.5		34.5	1
Mackenzie Taylor	Female	15	NC	76.8	82.5/181.8	Open	39	43	-45.5		43	1
Mackenzie Taylor	Female	15	NC	76.8	82.5/181.8	Teen (14-15)	39	43	-45.5		43	1
Gloria Knight-McNeil	Female	64	NC	80.8	82.5/181.8	Masters (60-64)	38	40	-42		40	1
Jeremiah Skinner	Male	9	NC	46.9	48/105.8	Youth (8-9)	17	18.5	20	21	20	1
John Buck Ammons	Male	24	NC	55.1	56/123.4	Junior (20-24)	32	-41	45.5		45.5	1
Ben Zak	Male	54	NC	67	67.5/148.8	Open	50	52	55		55	1
Ben Zak	Male	54	NC	67	67.5/148.8	Masters (50-54)	50	52	55		55	1
Barry Capps	Male	56	SC	86.5	90/198.4	Open	56	-58	-58		56	1
Barry Capps	Male	56	SC	86.5	90/198.4	Masters (55-59)	56	-58	-58		56	1
Jeffery Klugh	Male	19	NC	83.7	90/198.4	Teen (18-19)	45	-52.5	-52.5		45	1
Michael Oliver	Male	22	NC	107.7	110/242.5	Open	87.5	91	93.5		93.5	1
Bernie Rhodes	Male	75	VA	114	125/275.5	Masters (75-79)	48	-49	-50		48	1