

**2023 Southern Open
Jarvisburg, NC 08/12/2023**

Powerlifting

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Squat1	Squat2	Squat3	Squat4	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Jennifer Zak	Female	47	NC	59.7	60/132.2	Open	75	82.5	87.5		48	52.5	55		92.5	-100	-100		235	1
Jennifer Zak	Female	47	NC	59.7	60/132.2	Masters (45-49)	75	82.5	87.5		48	52.5	55		92.5	-100	-100		235	1
Sofia Corridean	Female	10	NC	57.2	60/132.2	Youth 11 and Under	62.5	67.5	72.5		30	35	-37.5		75	80			187.5	1
Madison Berry	Female	11	NC	72	75/165.3	Open	107.5	120	125		60	65	69	70	115	130	137.5		330	1
Madison Berry	Female	11	NC	72	75/165.3	Youth 11 and Under	107.5	120	125		60	65	69	70	115	130	137.5		330	1
Jeremiah Skinner	Male	9	NC	44	48/105.8	Youth 11 and Under	57.5	65	67.5	72.5	30	37.5	-42.5		-75	80	85		190	1
Ben Zak	Male	53	NC	65.7	67.5/148.8	Open	117.5	137.5	-140		90	105	107.5		157.5	172.5	-177.5		417.5	1
Ben Zak	Male	53	NC	65.7	67.5/148.8	Masters (50-54)	117.5	137.5	-140		90	105	107.5		157.5	172.5	-177.5		417.5	1
Ethan Binkley	Male	18	NC	73.6	75/165.3	Teen (18-19)	152.5	165	-170		112.5	125	-130		190	205	-227.5		495	1
Dalton Fazio	Male	13	NC	76.1	82.5/181.8	Teen (12-13)	107.5	115	122.5	125	55	60	67.5		110	127.5	140		330	1
Cameron Druyor	Male	37	VA	90	90/198.4	Sub-Masters (35-39)	-150	150	160		105	115	117.5		200	210	-215		487.5	1
Eric Braswell	Male	42	NC	83.9	90/198.4	Masters (40-44)	120	130	-137.5		85	90	-95		-125	135	142.5		362.5	1
Colten Greene	Male	17	NC	103.4	110/242.5	Teen (16-17)	185	-195	-200		112.5	115	117.5		237.5	245	262.5		565	1
Daniel Corridean	Male	47	NC	134.4	140/308.6	Open	237.5	255			160				260	275	283.5	290	697.5	1

Push-pull

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Madison Berry	Female	11	NC	72	75/165.3	Open	60	65	69	70	115	130	137.5		205	1
Madison Berry	Female	11	NC	72	75/165.3	Youth 11 and Under	60	65	69	70	115	130	137.5		205	1
Richard Staten, Jr	Male	68	VA	95.9	100/220.4	Masters (65-69)	-100	100	102.5		142.5	160	172.5		275	1

Bench

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	Total	Placing
Jennifer Zak	Female	47	NC	59.7	60/132.2	Open	48	52.5	55		55	1
Mackenzie Taylor	Female	15	NC	75	75/165.3	Open	75	82.5	-87.5		82.5	1
Madison Berry	Female	11	NC	72	75/165.3	Open	60	65	69	70	67.5	2
Mackenzie Taylor	Female	15	NC	75	75/165.3	Teen (14-15)	75	82.5	-87.5		82.5	1
Madison Berry	Female	11	NC	72	75/165.3	Youth 11 and Under	60	65	69	70	67.5	1
Jeremiah Skinner	Male	9	NC	44	48/105.8	Youth 11 and Under	30	37.5	-42.5		37.5	1
Kevin Hutchinsin	Male	68	IN	97.8	100/220.4	Masters (65-69)	140	145	147.5	150	147.5	1
Richard Staten, Jr	Male	68	VA	95.9	100/220.4	Masters (65-69)	-100	100	102.5		102.5	2
Bernie Rhodes	Male	74	VA	114	125/275.5	Masters (70-74)	-120	125.5	-127.5		125	1
Raymond Classings	Male	63	MD	135	140/308.6	Open	162.5	170	172.5		172.5	1
Raymond Classings	Male	63	MD	135	140/308.6	Masters (60-64)	162.5	170	172.5		172.5	1
Raymond Classings	Male	63	MD	135	140/308.6	Law/Fire/Military	162.5	170	172.5		172.5	1

Deadlift

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	DL 1	DL 2	DL 3	DL 4	Total	Placing	
Sofia Corridean	Female	10	NC	57.2	60/132.2	Youth 11 and Under		75	80		80	1	
Jeremiah Skinner	Male	9	NC	44	48/105.8	Youth 11 and Under	-75	80	85		85	1	
Daniel Corridean	Male	47	NC	134.4	140/308.6	Open		260	275	283.5	290	282.5	1