

100% RAW Shenandoah Open August 26, 2023 Woodstock, VA

Name	State/Age	Wt Class	Body Wt	Division	Bench Press		
Linda Eggleston	NY-56 (F)	165	149.2	55-59	52.5		
Gary Teeter	PA-58	148	140.6	55-59	92.5		
Ryan Pearson	PA-14	181	180	14-15	100		
John Shifflett	VA-61	198	198.2	60-64	90		
Glen Shelton	VA-71	220	220	70-74	85		
Bernie Rhodes	VA-75	275	249.2	75-79	122.5		
Name	State/Age	Wt Class	Body Wt	Division	Strict Curl		
Linda Eggleston	NY-56 (F)	165	149.2	55-59	34		
Linda Lee	VA-63	181	179.2	60-64	46		
Gary Teeter	PA-58	148	140.6	55-59	55.5		
Doug Schader	PA-61	165	157.6	Open	43.5		
Doug Schader	PA-61	165	157.6	60-64	43.5		
Ryan Pearson	PA-14	181	180	14-15	40		
John Shifflett	VA-61	198	198.2	60-64	47.5		
Hoss Shelton	FL-41	220	206.8	Open	67.5		
Hoss Shelton	FL-41	220	206.8	40-44	67.5		
Glen Shelton	VA-71	220	220	70-74	40		
Reno Birt	FL-60	242	236.7	Open	70		
Reno Birt	FL-60	242	236.7	60-64	70		
Reno Birt	FL-60	242	236.7	P/F/M	70		
Name	State/Age	Wt Class	Body Wt	Division	Deadlift		
George James	MD-50	148	138.6	50-54	220		
Gary Teeter	PA-58	148	140.6	55-59	175		
Ryan Pearson	PA-14	181	180	14-15	142.5		
Don Silveus	VA-58	181	181.1	55-59	157.5		
Sarko Azadikha	VA-33	198	186	Open	150		
Sarko Azadikha	VA-33	198	186	30-34	150		
Name	State/Age	Wt Class	Body Wt	Division	Strict Curl	Bench Press	Total
Don Silveus	VA-58	181	181.1	55-59	45.5	80	125.5
John Shifflett	VA-61	198	198.2	60-64	47.5	90	137.5
Officials							
Randy Price							
John Shifflett							
Gary Teeter							
Gary Banks							
Bill Reedy							
Gary Banks							
Reno Birt							