

Dubai International Championships Dubai 07/22/2023

Bench

| Name | Gender | Age | Residence | Body wgt | Wgt Class | Division | Bench1 | Bench2 | Bench3 | Bench4 | Total | Placing |
|------------------------|--------|-----|-----------|----------|------------|---------------------|--------|--------|--------|--------|-------|---------|
| Vanaja Nair | Female | 51 | UAE | 60 | 60/132.2 | Masters (50-54) | 40 | -45 | | | 40 | 1 |
| Mittal Kantilal Parmar | Female | 33 | India | 65.4 | 67.5/148.8 | Open | 50 | -60 | -60 | | 50 | 1 |
| Katrin Ribb | Female | 53 | Germany | 74.1 | 75/165.3 | Masters (50-54) | 75 | 80 | 82.5 | | 82.5 | 1 |
| Mona Espinosa | Female | 41 | VA | 79.5 | 82.5/181.8 | Masters (40-44) | 65 | 67.5 | 70 | | 70 | 1 |
| Dorothy Sosnicki | Female | 59 | AZ | 88 | 90/198.4 | Masters (55-59) | 65 | 67.5 | 70 | | 70 | 1 |
| Sumit Thakyal | Male | 20 | India | 51.5 | 52/114.6 | Junior (20-24) | 65 | -75 | -75 | | 65 | 1 |
| Dev Kaushik | Male | 22 | India | 52.82 | 56/123.4 | Junior (20-24) | 65 | 70 | 72.5 | | 72.5 | 1 |
| Gary Teeter | Male | 58 | PA | 58.9 | 60/132.2 | Masters (55-59) | 85 | 90 | 92.5 | | 92.5 | 1 |
| Imran Hussain | Male | 26 | India | 64.12 | 67.5/148.8 | Open | -65 | 70 | 75 | | 75 | 1 |
| Rajat Kapoor | Male | 31 | India | 63.72 | 67.5/148.8 | Open | 50 | 60 | 67.5 | | 67.5 | 2 |
| Farhan Khan Ali | Male | 22 | UAE | 66 | 67.5/148.8 | Junior (20-24) | 30 | -35 | 40 | | 40 | 1 |
| Aman . | Male | 32 | India | 74.16 | 75/165.3 | Open | 125 | 132.5 | -140 | | 132.5 | 1 |
| Amit Bajaj | Male | 40 | India | 71.9 | 75/165.3 | Masters (40-44) | 110 | 125 | 132.5 | | 132.5 | 1 |
| Husanpreet Singh | Male | 16 | India | 68.62 | 75/165.3 | Teen (16-17) | 90 | 100 | 105 | | 105 | 1 |
| Krishnadas Choorapra | Male | 39 | UAE | 74 | 75/165.3 | Sub-Masters (35-39) | 85 | 95 | 100 | | 100 | 1 |
| Anilkumar K | Male | 47 | UAE | 71 | 75/165.3 | Masters (45-49) | 70 | 80 | 90 | | 90 | 1 |
| Santhosh Sadanandan | Male | 51 | UAE | 74.4 | 75/165.3 | Masters (50-54) | 65 | 75 | 80 | | 80 | 1 |
| Fazian Patel | Male | 29 | India | 82 | 82.5/181.8 | Open | 85 | -92.5 | 100 | | 100 | 1 |
| Arshdeep Singh | Male | 33 | India | 80.42 | 82.5/181.8 | Open | 80 | -85 | -85 | | 80 | 2 |
| Saseendran . | Male | 27 | UAE | 76 | 82.5/181.8 | Open | -50 | 50 | -60 | | 50 | 3 |
| Punarpreet Singh | Male | 18 | India | 78.1 | 82.5/181.8 | Teen (18-19) | 130 | 135 | 140 | | 140 | 1 |
| Pradeesh M.V | Male | 49 | UAE | 82.5 | 82.5/181.8 | Masters (45-49) | 80 | 90 | 100 | | 100 | 1 |
| Pramod Kaniyambady | Male | 47 | UAE | 76.5 | 82.5/181.8 | Masters (45-49) | 70 | 80 | 90 | | 90 | 2 |
| Muhammad Manshad | Male | 35 | UAE | 80 | 82.5/181.8 | Sub-Masters (35-39) | 60 | -75 | 80 | | 80 | 1 |
| Manikuttan Purushotham | Male | 61 | UAE | 82 | 82.5/181.8 | Masters (60-64) | 75 | | | | 75 | 1 |
| Arjun Saini | Male | 29 | India | 86.9 | 90/198.4 | Open | 100 | 115 | 120 | | 120 | 1 |
| Michael Joseph | Male | 51 | UAE | 88.8 | 90/198.4 | Masters (50-54) | 75 | 80 | 85 | | 85 | 1 |
| Asif Ali | Male | 38 | UAE | 87 | 90/198.4 | Sub-Masters (35-39) | -70 | 75 | 80 | | 80 | 1 |
| Aliston Pinto | Male | 24 | UAE | 90 | 90/198.4 | Junior (20-24) | 60 | 70 | 80 | | 80 | 1 |
| Vijay Kumar | Male | 46 | India | 84.43 | 90/198.4 | Masters (45-49) | 50 | 55 | 57.5 | | 57.5 | 1 |
| Gurvur Kumar | Male | 31 | India | 85.66 | 90/198.4 | Handicapped | 150 | 160 | -162.5 | | 160 | 1 |
| Rajat Kumar | Male | 24 | India | 97.84 | 100/220.4 | Open | 105 | 112.5 | 120 | | 120 | 1 |
| Ashwand T. M | Male | 30 | UAE | 96 | 100/220.4 | Open | 100 | 115 | -125 | | 115 | 2 |
| Abhimanyu Chopra | Male | 27 | India | 91.76 | 100/220.4 | Open | 70 | 85 | 90 | | 90 | 3 |
| Pardeep Singh | Male | 38 | India | 90.29 | 100/220.4 | Sub-Masters (35-39) | 110 | 117.5 | 122.5 | | 122.5 | 1 |
| Shamim Ahmed | Male | 45 | UAE | 91 | 100/220.4 | Masters (45-49) | 100 | 115 | -125 | | 115 | 1 |
| William Farrell | Male | 78 | OK | 97.1 | 100/220.4 | Masters (75-79) | 77.5 | 82.5 | -85 | | 82.5 | 1 |
| Kumar . | Male | 45 | UAE | 95 | 100/220.4 | Masters (45-49) | 60 | -70 | 75 | | 75 | 2 |
| Ankush Rathore | Male | 32 | India | 106.5 | 110/242.5 | Open | 120 | 130 | -132.5 | | 130 | 1 |
| Denny . | Male | 51 | UAE | 103 | 110/242.5 | Masters (50-54) | 50 | 120 | 135 | | 135 | 1 |
| Sanjeev Sharma | Male | 44 | India | 108.19 | 110/242.5 | Masters (40-44) | 115 | 125 | 127.5 | | 127.5 | 1 |
| Teerkaran Singh | Male | 17 | India | 109.95 | 110/242.5 | Teen (16-17) | 90 | 100 | -105 | | 100 | 1 |
| Omar . | Male | 41 | UAE | 108 | 110/242.5 | Masters (40-44) | -120 | | | | 0 | |
| Deepak Basist | Male | 33 | India | 123.23 | 125/275.5 | Open | 160 | -170 | 170 | | 170 | 1 |
| Rishabh Sharma | Male | 30 | India | 111.34 | 125/275.5 | Open | 135 | 147.5 | 160 | | 160 | 2 |
| Vinod Kumar | Male | 47 | UAE | 126 | 140/308.6 | Masters (45-49) | 100 | 110 | 120 | | 120 | 1 |
| Landon Efird | Male | 29 | NC | 157.7 | 140+/SHW | Open | 162.5 | 170 | -172.5 | | 170 | 1 |

Deadlift

| Name | Gender | Age | Residence | Body wgt | Wgt Class | Division | DL 1 | DL 2 | DL 3 | DL 4 | Total | Placing |
|------------------------|--------|-----|-----------|----------|------------|-----------------|------|--------|--------|------|-------|---------|
| Tarandeep Kaur | Female | 14 | India | 48 | 48/105.8 | Teen (14-15) | 52.5 | 65 | 70 | | 70 | 1 |
| Vanaja Nair | Female | 51 | UAE | 60 | 60/132.2 | Masters (50-54) | 85 | 95 | -105 | | 95 | 1 |
| Mittal Kantilal Parmar | Female | 33 | India | 65.4 | 67.5/148.8 | Open | -105 | 105 | -110 | | 105 | 1 |
| Sumit Thakyal | Male | 20 | India | 51.5 | 52/114.6 | Junior (20-24) | 170 | -177.5 | -177.5 | | 170 | 1 |
| Dev Kaushik | Male | 22 | India | 52.82 | 56/123.4 | Junior (20-24) | 130 | 142.5 | 145 | | 145 | 1 |
| Nikhlia Ashok | Male | 30 | UAE | 59 | 60/132.2 | Open | 50 | 60 | 65 | | 65 | 1 |
| Gary Teeter | Male | 58 | PA | 58.9 | 60/132.2 | Masters (55-59) | 145 | 160 | 162.5 | | 162.5 | 1 |
| Farhan Khan Ali | Male | 22 | UAE | 66 | 67.5/148.8 | Junior (20-24) | -60 | 80 | 90 | | 90 | 1 |

| | | | | | | | | | | | |
|------------------------|------|----|---------|--------|------------|---------------------|------|------|-------|-------|---|
| Aman . | Male | 32 | India | 74.16 | 75/165.3 | Open | 225 | 230 | 237.5 | 237.5 | 1 |
| Sarabjit Singh | Male | 30 | India | 70.8 | 75/165.3 | Open | 180 | 195 | 210 | 210 | 2 |
| Husanpreet Singh | Male | 16 | India | 68.62 | 75/165.3 | Teen (16-17) | 190 | -200 | -200 | 190 | 1 |
| Krishnadas Choorapra | Male | 39 | UAE | 74 | 75/165.3 | Sub-Masters (35-39) | 140 | 150 | 160 | 160 | 1 |
| Santhosh Sadanandan | Male | 51 | UAE | 74.4 | 75/165.3 | Masters (50-54) | 125 | 135 | 145 | 145 | 1 |
| Anilkumar K | Male | 47 | UAE | 71 | 75/165.3 | Masters (45-49) | 50 | 80 | 110 | 110 | 1 |
| Binu Jajabreu | Male | 42 | UAE | 70 | 75/165.3 | Masters (40-44) | 65 | 75 | 80 | 80 | 1 |
| Fazian Patel | Male | 29 | India | 82 | 82.5/181.8 | Open | 175 | 190 | -200 | 190 | 1 |
| Saseendran . | Male | 27 | UAE | 76 | 82.5/181.8 | Open | 100 | 140 | 160 | 160 | 2 |
| Arshdeep Singh | Male | 33 | India | 80.42 | 82.5/181.8 | Open | 80 | 100 | -140 | 100 | 3 |
| Manikuttan Purushotham | Male | 61 | UAE | 82 | 82.5/181.8 | Masters (60-64) | 140 | 175 | | 175 | 1 |
| Muhammad Manshad | Male | 35 | UAE | 80 | 82.5/181.8 | Sub-Masters (35-39) | 100 | 120 | 140 | 140 | 1 |
| Pradeesh M.V | Male | 49 | UAE | 82.5 | 82.5/181.8 | Masters (45-49) | 100 | 120 | 135 | 135 | 1 |
| Pramod Kaniyambady | Male | 47 | UAE | 76.5 | 82.5/181.8 | Masters (45-49) | 110 | 120 | 130 | 130 | 2 |
| Arjun Saini | Male | 29 | India | 86.9 | 90/198.4 | Open | 190 | 210 | 230 | 230 | 1 |
| Aliston Pinto | Male | 24 | UAE | 90 | 90/198.4 | Junior (20-24) | 100 | 150 | 165 | 165 | 1 |
| Asif Ali | Male | 38 | UAE | 87 | 90/198.4 | Sub-Masters (35-39) | 120 | 140 | 150 | 150 | 1 |
| Michael Joseph | Male | 51 | UAE | 88.8 | 90/198.4 | Masters (50-54) | 140 | | | 140 | 1 |
| Vijay Kumar | Male | 46 | India | 84.43 | 90/198.4 | Masters (45-49) | 110 | 120 | 135 | 135 | 1 |
| Sharandeep Singh | Male | 16 | India | 85.14 | 90/198.4 | Teen (16-17) | 85 | 92.5 | 105 | 105 | 1 |
| Ashwand T. M | Male | 30 | UAE | 96 | 100/220.4 | Open | 180 | 230 | 260 | 260 | 1 |
| Abhimanyu Chopra | Male | 27 | India | 91.76 | 100/220.4 | Open | 110 | 140 | -175 | 140 | 2 |
| Pardeep Singh | Male | 38 | India | 90.29 | 100/220.4 | Sub-Masters (35-39) | 180 | 200 | 212.5 | 212.5 | 1 |
| Shubham Sharma | Male | 24 | India | 96.64 | 100/220.4 | Junior (20-24) | 180 | 200 | 205 | 205 | 1 |
| William Farrell | Male | 78 | OK | 97.1 | 100/220.4 | Masters (75-79) | -145 | 150 | -160 | 150 | 1 |
| Kumar . | Male | 45 | UAE | 95 | 100/220.4 | Masters (45-49) | 120 | 140 | 145 | 145 | 1 |
| Ankush Rathore | Male | 32 | India | 106.5 | 110/242.5 | Open | 220 | 230 | 237.5 | 237.5 | 1 |
| Teerkaran Singh | Male | 17 | India | 109.95 | 110/242.5 | Teen (16-17) | 200 | 215 | 225 | 225 | 1 |
| Jeevan Kumar | Male | 38 | India | 101 | 110/242.5 | Sub-Masters (35-39) | 170 | 195 | 210 | 210 | 1 |
| Hagen Ribb | Male | 53 | Germany | 106 | 110/242.5 | Masters (50-54) | 160 | 180 | -200 | 180 | 1 |
| Sanjeev Sharma | Male | 44 | India | 108.19 | 110/242.5 | Masters (40-44) | 170 | 180 | | 180 | 1 |
| Denny . | Male | 51 | UAE | 103 | 110/242.5 | Masters (50-54) | 80 | 150 | 170 | 170 | 2 |
| Omar . | Male | 41 | UAE | 108 | 110/242.5 | Masters (40-44) | -140 | | | 0 | |
| Deepak Basist | Male | 33 | India | 123.23 | 125/275.5 | Open | 250 | 260 | 265 | 265 | 1 |
| Rishabh Sharma | Male | 30 | India | 111.34 | 125/275.5 | Open | 240 | 255 | -265 | 255 | 2 |
| Vinod Kumar | Male | 47 | UAE | 126 | 140/308.6 | Masters (45-49) | 145 | 160 | 175 | 175 | 1 |
| Landon Efird | Male | 29 | NC | 157.7 | 140+/SHW | Open | 335 | -350 | 350 | 350 | 1 |

Strict Curl

| Name | Gender | Age | Residence | Body wgt | Wgt Class | Division | SC 1 | SC 2 | SC 3 | SC 4 | Total | Placing |
|------------------------|--------|-----|-----------|----------|------------|---------------------|------|------|-------|------|-------|---------|
| Vanaja Nair | Female | 51 | UAE | 60 | 60/132.2 | Masters (50-54) | 22 | 24 | | | 24 | 1 |
| Katrin Ribb | Female | 53 | Germany | 74.1 | 75/165.3 | Masters (50-54) | 35 | 38.5 | 41 | | 41 | 1 |
| Mona Espinosa | Female | 41 | VA | 79.5 | 82.5/181.8 | Masters (40-44) | 32 | 34.5 | 36.5 | | 36.5 | 1 |
| Dorothy Sosnicki | Female | 59 | AZ | 88 | 90/198.4 | Masters (55-59) | 35 | 38 | -45 | | 38 | 1 |
| Nikhliia Ashok | Male | 30 | UAE | 59 | 60/132.2 | Open | 15 | 17 | -18.5 | | 17 | 1 |
| Gary Teeter | Male | 58 | PA | 58.9 | 60/132.2 | Masters (55-59) | 48 | 50 | 51 | | 51 | 1 |
| Rajat Kapoor | Male | 31 | India | 63.72 | 67.5/148.8 | Open | 25 | 30 | -50 | | 30 | 1 |
| Farhan Khan Ali | Male | 22 | UAE | 66 | 67.5/148.8 | Junior (20-24) | -25 | 25 | 30 | | 30 | 1 |
| Amit Bajaj | Male | 40 | India | 71.9 | 75/165.3 | Masters (40-44) | 40 | -50 | 50 | | 50 | 1 |
| Anilkumar K | Male | 47 | UAE | 71 | 75/165.3 | Masters (45-49) | 25 | 35 | 45 | | 45 | 1 |
| Krishnadas Choorapra | Male | 39 | UAE | 74 | 75/165.3 | Sub-Masters (35-39) | 25 | 35 | 45 | | 45 | 1 |
| Santhosh Sadanandan | Male | 51 | UAE | 74.4 | 75/165.3 | Masters (50-54) | 25 | 35 | -40 | | 35 | 1 |
| Binu Jajabreu | Male | 42 | UAE | 70 | 75/165.3 | Masters (40-44) | -15 | 15 | 18.5 | | 18.5 | 2 |
| Harish Amichand | Male | 34 | India | 80.26 | 82.5/181.8 | Open | 50 | -57 | -57 | | 50 | 1 |
| Saseendran . | Male | 27 | UAE | 76 | 82.5/181.8 | Open | -30 | 30 | -35 | | 30 | 2 |
| Pradeesh M.V | Male | 49 | UAE | 82.5 | 82.5/181.8 | Masters (45-49) | 35 | 50 | 55 | | 55 | 1 |
| Muhammad Manshad | Male | 35 | UAE | 80 | 82.5/181.8 | Sub-Masters (35-39) | -30 | 30 | 40 | | 40 | 1 |
| Pramod Kaniyambady | Male | 47 | UAE | 76.5 | 82.5/181.8 | Masters (45-49) | 30 | 35 | 37.5 | | 37.5 | 2 |
| Manikuttan Purushotham | Male | 61 | UAE | 82 | 82.5/181.8 | Masters (60-64) | 30 | | | | 30 | 1 |
| Michael Joseph | Male | 51 | UAE | 88.8 | 90/198.4 | Masters (50-54) | 40 | 45 | 50 | | 50 | 1 |
| Asif Ali | Male | 38 | UAE | 87 | 90/198.4 | Sub-Masters (35-39) | 30 | 40 | 45 | | 45 | 1 |
| Shmanpreet Singh | Male | 17 | India | 84.75 | 90/198.4 | Teen (16-17) | 35 | 42.5 | -47.5 | | 42.5 | 1 |
| Aliston Pinto | Male | 24 | UAE | 90 | 90/198.4 | Junior (20-24) | 30 | 40 | -45 | | 40 | 1 |
| Ashwand T. M | Male | 30 | UAE | 96 | 100/220.4 | Open | -45 | 45 | 55 | | 55 | 1 |

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|------------------|------|----|---------|--------|-----------|---------------------|-------|-------|-------|------|---|
| Shamim Ahmed | Male | 45 | UAE | 91 | 100/220.4 | Masters (45-49) | 40 | 50 | 60 | 60 | 1 |
| Shubham Sharma | Male | 24 | India | 96.64 | 100/220.4 | Junior (20-24) | 40 | 47.5 | 50 | 50 | 1 |
| William Farrell | Male | 78 | OK | 97.1 | 100/220.4 | Masters (75-79) | 41 | 42.5 | 45.5 | 45.5 | 1 |
| Kumar . | Male | 45 | UAE | 95 | 100/220.4 | Masters (45-49) | 30 | 40 | 45 | 45 | 2 |
| Anthony Huffman | Male | 59 | VA | 101.6 | 110/242.5 | Masters (55-59) | 70 | 72 | 75 | 75 | 1 |
| Hagen Ribb | Male | 53 | Germany | 106 | 110/242.5 | Masters (50-54) | 65 | 70 | 73 | 73 | 1 |
| Sanjeev Sharma | Male | 44 | India | 108.19 | 110/242.5 | Masters (40-44) | 50 | 60 | 62.5 | 62.5 | 1 |
| Jeevan Kumar | Male | 38 | India | 101 | 110/242.5 | Sub-Masters (35-39) | 45 | 50 | -51 | 50 | 1 |
| Denny . | Male | 51 | UAE | 103 | 110/242.5 | Masters (50-54) | 25 | 35 | 40 | 40 | 2 |
| Giorgio Karallas | Male | 30 | IN | 120.4 | 125/275.5 | Open | 87 | -95 | -95 | 87 | 1 |
| Vinod Kumar | Male | 47 | UAE | 126 | 140/308.6 | Masters (45-49) | 35 | 45 | -50 | 45 | 1 |
| Landon Efird | Male | 29 | NC | 157.7 | 140+/SHW | Open | -65 | 65 | 68 | 68 | 1 |
| Joseph Sabol | Male | 41 | PA | 194.4 | 140+/SHW | Masters (40-44) | -95.5 | -95.5 | -95.5 | 0 | |