



Vietnam Powerlifting Records

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Weight Class: 90 / 198 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	135.0 kgs / 297.6 lbs Jimmy Pham (Vietnam) 3/2014	102.5 kgs / 225.9 lbs Jimmy Pham (Vietnam) 3/2014	162.5 kgs / 358.2 lbs Jimmy Pham (Vietnam) 3/2014	392.5 kgs / 865.3 lbs Jimmy Pham (Vietnam) 3/2014
18-19	135.0 kgs / 297.6 lbs Jimmy Pham (Vietnam) 3/2014	102.5 kgs / 225.9 lbs Jimmy Pham (Vietnam) 3/2014	162.5 kgs / 358.2 lbs Jimmy Pham (Vietnam) 3/2014	392.5 kgs / 865.3 lbs Jimmy Pham (Vietnam) 3/2014