



United Kingdom Powerlifting Records

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Weight Class: 75 / 165 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	175.0 kgs / 385.8 lbs Ben Poole (United Kingdom) 3/2015	110.0 kgs / 242.5 lbs Ben Poole (United Kingdom) 3/2015	200.0 kgs / 440.9 lbs Ben Poole (United Kingdom) 3/2015	485.0 kgs / 1069.2 lbs Ben Poole (United Kingdom) 3/2015
Police/Fire/Mil	175.0 kgs / 385.8 lbs Ben Poole (United Kingdom) 3/2015	110.0 kgs / 242.5 lbs Ben Poole (United Kingdom) 3/2015	200.0 kgs / 440.9 lbs Ben Poole (United Kingdom) 3/2015	485.0 kgs / 1069.2 lbs Ben Poole (United Kingdom) 3/2015