



Ukraine Bench Records

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Weight Class: 44 / 97 Female				
Division	Bench Press	Name	Resides	Date
Open	40.0 kgs / 88.1 lbs	Yekaterina Polezhaka	Ukraine	12/2014
20-24	40.0 kgs / 88.1 lbs	Yekaterina Polezhaka	Ukraine	12/2014

Weight Class: 48 / 105 Female				
Division	Bench Press	Name	Resides	Date
Open	57.5 kgs / 126.7 lbs	Viktoriya Kruglyak	Ukraine	4/2014
14-15	55.0 kgs / 121.2 lbs	Catherine Sableva	Ukraine	6/2013
35-39	57.5 kgs / 126.7 lbs	Viktoriya Kruglyak	Ukraine	4/2014
45-49	37.5 kgs / 82.6 lbs	Inna Odintsova	Ukraine	11/2014

Weight Class: 52 / 114 Female				
Division	Bench Press	Name	Resides	Date
Open	72.5 kgs / 159.8 lbs	Olga Dombrovska	Ukraine	12/2014
12-13	45.0 kgs / 99.2 lbs	Renata Bambatgireyeva	Ukraine	12/2014
14-15	37.5 kgs / 82.6 lbs	Diana Kolomiets	Ukraine	4/2014
18-19	45.0 kgs / 99.2 lbs	Ludmila Navrotskaya	Ukraine	6/2013
35-39	55.0 kgs / 121.2 lbs	Viktoriya Kruglyak	Ukraine	12/2014
40-44	55.0 kgs / 121.2 lbs	Viktoriya Kruglyak	Ukraine	12/2014

Weight Class: 56 / 123 Female				
Division	Bench Press	Name	Resides	Date
Open	75.0 kgs / 165.3 lbs	Olga Dombrovska	Ukraine	4/2014
14-15	62.5 kgs / 137.7 lbs	Taisia Khramtsova	Ukraine	4/2014
20-24	50.0 kgs / 110.2 lbs	Ekaterina Avdienko	Ukraine	11/2014
35-39	45.0 kgs / 99.2 lbs	Inna Feshchenko	Ukraine	4/2014

Weight Class: 60 / 132 Female				
Division	Bench Press	Name	Resides	Date
Open	92.5 kgs / 203.9 lbs	Svetlana Dergaputskaya	Ukraine	4/2014
14-15	60.0 kgs / 132.2 lbs	Anastasiya Vinnik	Ukraine	12/2014
16-17	40.0 kgs / 88.1 lbs	Yuliya Nayden	Ukraine	4/2014
18-19	60.0 kgs / 132.2 lbs	Iola Belka	Ukraine	11/2014
20-24	85.0 kgs / 187.3 lbs	Antonina Burbytko	Ukraine	4/2014
35-39	92.5 kgs / 203.9 lbs	Svetlana Dergaputskaya	Ukraine	4/2014

Weight Class: 67.5 / 148 Female				
Division	Bench Press	Name	Resides	Date

Open	90.0 kgs / 198.4 lbs	Svetlana Dergaputskaya	Ukraine	12/2014
18-19	60.0 kgs / 132.2 lbs	Olga Yachmeneva	Ukraine	4/2014
20-24	86.0 kgs / 189.5 lbs	Antonina Burbytko	Ukraine	9/2013
35-39	90.0 kgs / 198.4 lbs	Svetlana Dergaputskaya	Ukraine	12/2014

Weight Class: 75 / 165 Female

Division	Bench Press	Name	Resides	Date
Open	82.5 kgs / 181.8 lbs	Zhanna Mostovaya	Ukraine	11/2014
20-24	40.0 kgs / 88.1 lbs	Elena Lyashenko	Ukraine	12/2014
35-39	82.5 kgs / 181.8 lbs	Zhanna Mostovaya	Ukraine	11/2014

Weight Class: 82.5 / 181 Female

Division	Bench Press	Name	Resides	Date
Open	72.5 kgs / 159.8 lbs	Anna Borodanenko	Ukraine	4/2014
45-49	52.5 kgs / 115.7 lbs	Margarita Kishynevska	Ukraine	11/2014

Weight Class: 48 / 105 Male

Division	Bench Press	Name	Resides	Date
Open	106.0 kgs / 233.6 lbs	Aleksandr Ermachenko	Ukraine	11/2014
11 and under	27.5 kgs / 60.6 lbs	Maksim Zinchenko	Ukraine	4/2014

Weight Class: 52 / 114 Male

Division	Bench Press	Name	Resides	Date
Open	103.0 kgs / 227.0 lbs	Alexander Ermachenko	Ukraine	9/2013
12-13	70.0 kgs / 154.3 lbs	Aleksandr Brazhnik	Ukraine	12/2014
20-24	100.0 kgs / 220.4 lbs	Dmitriy Sergienko	Ukraine	12/2014

Weight Class: 56 / 123 Male

Division	Bench Press	Name	Resides	Date
Open	75.0 kgs / 165.3 lbs	Vladislav Katrechko	Ukraine	4/2014
14-15	75.0 kgs / 165.3 lbs	Vladislav Katrechko	Ukraine	4/2014

Weight Class: 60 / 132 Male

Division	Bench Press	Name	Resides	Date
Open	110.0 kgs / 242.5 lbs	Rostislav Borovskiy	Ukraine	11/2014
14-15	85.0 kgs / 187.3 lbs	Roman Abramchuk	Ukraine	11/2014
18-19	102.5 kgs / 225.9 lbs	Vladimir Klopotenko	Ukraine	12/2014

Weight Class: 67.5 / 148 Male

Division	Bench Press	Name	Resides	Date
Open	145.0 kgs / 319.6 lbs	Aleksandr Kostenko	Ukraine	12/2014
14-15	87.5 kgs / 192.9 lbs	Georgiy Smirnov	Ukraine	11/2014
16-17	95.0 kgs / 209.4 lbs	Bogdan Foka	Ukraine	4/2014
18-19	115.0 kgs / 253.5 lbs	Aleksey Titov	Ukraine	4/2014
20-24	145.0 kgs / 319.6 lbs	Aleksandr Kostenko	Ukraine	12/2014
35-39	115.0 kgs / 253.5 lbs	Anton Kolyada	Ukraine	4/2014
40-44	105.0 kgs / 231.4 lbs	Gennadiy Kravchenko	Ukraine	12/2014

Weight Class: 75 / 165 Male

Division	Bench Press	Name	Resides	Date
Open	175.0 kgs / 385.8 lbs	Vladimir Tsaturyan	Ukraine	4/2014
12-13	100.0 kgs / 220.4 lbs	Aleksey Sheptuha	Ukraine	4/2014
14-15	70.0 kgs / 154.3 lbs	Artem Barabash	Ukraine	12/2014
16-17	100.0 kgs / 220.4 lbs	Maksim Shcherbak	Ukraine	4/2014
18-19	175.0 kgs / 385.8 lbs	Vladimir Tsaturyan	Ukraine	4/2014
20-24	157.5 kgs / 347.2 lbs	Dmitriy Burdenyuk	Ukraine	11/2014
35-39	145.0 kgs / 319.6 lbs	Aleksey Cholovskiy	Ukraine	11/2014
40-44	160.0 kgs / 352.7 lbs	German Pisarenko	Ukraine	11/2014
45-49	125.0 kgs / 275.5 lbs	Aleksandr Polikarpov	Ukraine	12/2014

Weight Class: 82.5 / 181 Male

Division	Bench Press	Name	Resides	Date
Open	175.0 kgs / 385.8 lbs	Ivan Velikodniy	Ukraine	4/2014
14-15	125.0 kgs / 275.5 lbs	Vasiliy Tovkan	Ukraine	12/2014
16-17	135.0 kgs / 297.6 lbs	Aleksandr Kostyuk	Ukraine	11/2014
18-19	170.0 kgs / 374.7 lbs	Cyril Artemov	Ukraine	11/2012
20-24	172.5 kgs / 380.2 lbs	Vladimir Buryak	Ukraine	12/2014
35-39	127.5 kgs / 281.0 lbs	Yevgeniy Zhuvak	Ukraine	12/2014
40-44	155.0 kgs / 341.7 lbs	Oleg Pashkov	Ukraine	4/2014
45-49	132.5 kgs / 292.1 lbs	Aleksandr Polikarpov	Ukraine	4/2014

Weight Class: 90 / 198 Male

Division	Bench Press	Name	Resides	Date
Open	217.5 kgs / 479.5 lbs	Vasiliy Gaydar	Ukraine	12/2014
16-17	140.0 kgs / 308.6 lbs	Aleksandr Komar	Ukraine	4/2014
18-19	100.0 kgs / 220.4 lbs	Aleksandr Vorontsov	Ukraine	11/2014
20-24	217.5 kgs / 479.5 lbs	Vasiliy Gaydar	Ukraine	12/2014
35-39	185.0 kgs / 407.8 lbs	Andrey Tomakh	Ukraine	4/2014
40-44	160.0 kgs / 352.7 lbs	Andrey Galkevich	Ukraine	4/2014
45-49	172.5 kgs / 380.2 lbs	Aleksandr Kolyadinskiy	Ukraine	12/2014
50-54	145.0 kgs / 319.6 lbs	Viktor Babenko	Ukraine	12/2014
55-59	145.0 kgs / 319.6 lbs	Nikolay Shkatula	Ukraine	4/2014
60-64	115.0 kgs / 253.5 lbs	Sergey Pavlov	Ukraine	12/2014
Police/Fire/Mil	200.0 kgs / 440.9 lbs	Sergei Didovik	Ukraine	7/2011

Weight Class: 100 / 220 Male

Division	Bench Press	Name	Resides	Date
Open	215.0 kgs / 473.9 lbs	Vadim Miroshnichenko	Ukraine	4/2014
16-17	117.5 kgs / 259.0 lbs	Dmitriy Donchenko	Ukraine	12/2014
18-19	150.0 kgs / 330.6 lbs	Andrey Motorniy	Ukraine	11/2014
20-24	180.0 kgs / 396.8 lbs	Maksim Petrovskiy	Ukraine	11/2014
35-39	200.0 kgs / 440.9 lbs	Anatoliy Kalachinskiy	Ukraine	12/2014
40-44	177.5 kgs / 391.3 lbs	Andrey Shalmanov	Ukraine	12/2014
45-49	135.0 kgs / 297.6 lbs	Igor Maryenkov	Ukraine	12/2014
55-59	105.0 kgs / 231.4 lbs	Sergey Bedenko	Ukraine	4/2014

Weight Class: 110 / 242 Male

Division	Bench Press	Name	Resides	Date
Open	215.0 kgs / 473.9 lbs	Aleksandr Kirchev	Ukraine	11/2014

20-24	167.5 kgs / 369.2 lbs	Vladislav Volkov	Ukraine	12/2014
35-39	170.0 kgs / 374.7 lbs	Artem Snitkin	Ukraine	11/2014
40-44	165.0 kgs / 363.7 lbs	Sergey Kosovski	Ukraine	11/2014
45-49	190.0 kgs / 418.8 lbs	Surpash Bambatgireev	Ukraine	12/2014

Weight Class: 125 / 275 Male

Division	Bench Press	Name	Resides	Date
Open	247.5 kgs / 545.6 lbs	Aleksey Pridya-Kipyatok	Ukraine	12/2014
20-24	215.0 kgs / 473.9 lbs	Nikolaev Oleg	Ukraine	4/2013
35-39	205.0 kgs / 451.9 lbs	Dmitriy Kuleshov	Ukraine	12/2014
40-44	172.5 kgs / 380.2 lbs	Stanislav Maksimov	Ukraine	12/2014
45-49	200.0 kgs / 440.9 lbs	Sergey Afilonenko	Ukraine	12/2014
50-54	160.0 kgs / 352.7 lbs	Valeriy Osmolskiy	Ukraine	4/2014

Weight Class: 140 / 308 Male

Division	Bench Press	Name	Resides	Date
Open	266.0 kgs / 586.4 lbs	Dmitry Golovin	Ukraine	9/2013
20-24	210.0 kgs / 462.9 lbs	Ruslan Fursov	Ukraine	12/2014
40-44	235.0 kgs / 518.0 lbs	Victor Kochmar	Ukraine	7/2011
45-49	180.0 kgs / 396.8 lbs	Oleg Sergienko	Ukraine	11/2014