



Turkmenistan Bench Records

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Weight Class: 82.5 / 181 Male				
Division	Bench Press	Name	Resides	Date
Open	110.0 kgs / 242.5 lbs	Tore Kaumov	Turkmenistan	4/2014
20-24	110.0 kgs / 242.5 lbs	Tore Kaumov	Turkmenistan	4/2014

Weight Class: 110 / 242 Male				
Division	Bench Press	Name	Resides	Date
Open	155.0 kgs / 341.7 lbs	Akmyrat Saparov	Turkmenistan	4/2014
20-24	155.0 kgs / 341.7 lbs	Akmyrat Saparov	Turkmenistan	4/2014