



## Turkey Bench Records

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Weight Class: 52 / 114 Male				
Division	Bench Press	Name	Resides	Date
Open	60.0 kgs / 132.2 lbs	Anar Elchin	Turkey	5/2009
20-24	60.0 kgs / 132.2 lbs	Onur Gombul	Turkey	6/2010

Weight Class: 56 / 123 Male				
Division	Bench Press	Name	Resides	Date
Open	70.0 kgs / 154.3 lbs	Asif Ulri	Turkey	5/2009
18-19	70.0 kgs / 154.3 lbs	Asif Ulri	Turkey	5/2009
20-24	65.0 kgs / 143.2 lbs	Rashed Uliye	Turkey	5/2009

Weight Class: 60 / 132 Male				
Division	Bench Press	Name	Resides	Date
Open	80.0 kgs / 176.3 lbs	Elmir Samir	Turkey	5/2009
20-24	65.0 kgs / 143.2 lbs	Erin Achil	Turkey	6/2010

Weight Class: 67.5 / 148 Male				
Division	Bench Press	Name	Resides	Date
Open	102.5 kgs / 225.9 lbs	Mustafa Rustam	Turkey	5/2009
20-24	70.0 kgs / 154.3 lbs	Taylan Barkin	Turkey	6/2010

Weight Class: 75 / 165 Male				
Division	Bench Press	Name	Resides	Date
Open	135.0 kgs / 297.6 lbs	Hamed Eldeniz	Turkey	5/2009
20-24	127.5 kgs / 281.0 lbs	Iraly Elchin	Turkey	5/2009
40-44	115.0 kgs / 253.5 lbs	Mustafa Cetindere	Turkey	6/2010
45-49	110.0 kgs / 242.5 lbs	Ismail Yildizel	Turkey	6/2010

Weight Class: 82.5 / 181 Male				
Division	Bench Press	Name	Resides	Date
Open	135.0 kgs / 297.6 lbs	Ismail Natiq	Turkey	5/2009
20-24	80.0 kgs / 176.3 lbs	Shafagh Bayssal	Turkey	6/2010
45-49	100.0 kgs / 220.4 lbs	Mehmet Ustundag	Turkey	6/2010

Weight Class: 90 / 198 Male				
Division	Bench Press	Name	Resides	Date
Open	120.0 kgs / 264.5 lbs	Gerayli Nurlan	Turkey	5/2009
18-19	120.0 kgs / 264.5 lbs	Gerayli Nurlan	Turkey	5/2009
20-24	90.0 kgs / 198.4 lbs	Tanju Helva	Turkey	6/2010

40-44	80.0 kgs / 176.3 lbs	Hakan Unsal	Turkey	6/2010
50-54	110.0 kgs / 242.5 lbs	Mehmet Ali	Turkey	6/2010

**Weight Class: 100 / 220 Male**

Division	Bench Press	Name	Resides	Date
Open	155.0 kgs / 341.7 lbs	Abdullah Azad	Turkey	5/2009

**Weight Class: 110 / 242 Male**

Division	Bench Press	Name	Resides	Date
Open	170.0 kgs / 374.7 lbs	Mohammad Zahir	Turkey	5/2009

**Weight Class: 125 / 275 Male**

Division	Bench Press	Name	Resides	Date
Open	195.0 kgs / 429.8 lbs	Mohammed Elnur	Turkey	5/2009
35-39	195.0 kgs / 429.8 lbs	Mohammed Elnur	Turkey	5/2009

**Weight Class: 140 / 308 Male**

Division	Bench Press	Name	Resides	Date
Open	202.5 kgs / 446.4 lbs	Aslan Faiq	Turkey	5/2009
20-24	170.0 kgs / 374.7 lbs	Camil Mahir	Turkey	5/2009
35-39	202.5 kgs / 446.4 lbs	Aslan Faiq	Turkey	5/2009
40-44	150.0 kgs / 330.6 lbs	Murat Tugrul	Turkey	6/2010