



Italy Bench Records

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7/4/2023

Weight Class: 48 / 105 Female				
Division	Bench Press	Name	Resides	Date
Open	58.5 kgs / 128.9 lbs	Marzia Girardi	Italy	7/2012
14-15	37.5 kgs / 82.6 lbs	Giulia Pia Schipani	Italy	11/2018
16-17	30.0 kgs / 66.1 lbs	Francesca Passafaro	Italy	11/2018
20-24	55.0 kgs / 121.2 lbs	Susanna Nucci	Italy	9/2020
45-49	58.5 kgs / 128.9 lbs	Marzia Girardi	Italy	7/2012

Weight Class: 52 / 114 Female				
Division	Bench Press	Name	Resides	Date
Open	55.0 kgs / 121.2 lbs	Tiziana Andaloro	Italy	7/2012
20-24	50.0 kgs / 110.2 lbs	Daniela Puglia	Italy	10/2021
40-44	55.0 kgs / 121.2 lbs	Monica Del Gottardo	Italy	10/2021
45-49	47.5 kgs / 104.7 lbs	Annunziata Messina	Italy	11/2018

Weight Class: 56 / 123 Female				
Division	Bench Press	Name	Resides	Date
Open	96.0 kgs / 211.6 lbs	Giorgia Pratesi	Italy	7/2012
18-19	70.0 kgs / 154.3 lbs	Miriana Migliaccio	Italy	10/2021
20-24	62.5 kgs / 137.7 lbs	Giusy Zaffino	Italy	11/2018
45-49	50.0 kgs / 110.2 lbs	Annunziata Messina	Italy	6/2019

Weight Class: 60 / 132 Female				
Division	Bench Press	Name	Resides	Date
Open	75.0 kgs / 165.3 lbs	Luisa Cefariello	Italy	4/2019
20-24	75.0 kgs / 165.3 lbs	Luisa Cefariello	Italy	4/2019
40-44	55.0 kgs / 121.2 lbs	Rosa Colosimo	Italy	4/2019

Weight Class: 67.5 / 148 Female				
Division	Bench Press	Name	Resides	Date
Open	85.0 kgs / 187.3 lbs	Serena Imbriaco	Italy	6/2019
20-24	70.0 kgs / 154.3 lbs	Lorena Mobilio	Italy	11/2018
45-49	60.0 kgs / 132.2 lbs	Giordana Parisi	Italy	10/2021

Weight Class: 75 / 165 Female				
Division	Bench Press	Name	Resides	Date
Open	70.0 kgs / 154.3 lbs	Simona Razzetti	Italy	9/2020
11 and under	35.0 kgs / 77.1 lbs	Niobe Paoletta	Italy	10/2021
16-17	42.5 kgs / 93.6 lbs	Virginia Rizzo	Italy	4/2019

18-19	70.0 kgs / 154.3 lbs	Simona Razzetti	Italy	9/2020
20-24	70.0 kgs / 154.3 lbs	Isabella Anderlini	Italy	9/2020
45-49	55.0 kgs / 121.2 lbs	Sara De Santis	Italy	4/2019

Weight Class: 82.5 / 181 Female

Division	Bench Press	Name	Resides	Date
Open	80.0 kgs / 176.3 lbs	Susanna Perrone	Italy	7/2012
35-39	40.0 kgs / 88.1 lbs	Alessandra Rotundo	Italy	4/2019
45-49	80.0 kgs / 176.3 lbs	Susanna Perrone	Italy	7/2012
50-54	65.0 kgs / 143.2 lbs	Loredana Frassati	Italy	7/2012

Weight Class: 90 / 198 Female

Division	Bench Press	Name	Resides	Date
Open	40.0 kgs / 88.1 lbs	Cristina Russo	Italy	10/2021

Weight Class: 48 / 105 Male

Division	Bench Press	Name	Resides	Date
Open	47.5 kgs / 104.7 lbs	Emanuele Mazzitelli	Italy	11/2018
12-13	30.0 kgs / 66.1 lbs	Vittorio Nappi	Italy	10/2021
14-15	47.5 kgs / 104.7 lbs	Emanuele Mazzitelli	Italy	11/2018

Weight Class: 52 / 114 Male

Division	Bench Press	Name	Resides	Date
Open	67.5 kgs / 148.8 lbs	Alberto Carito	Italy	11/2018
16-17	67.5 kgs / 148.8 lbs	Alberto Carito	Italy	11/2018

Weight Class: 56 / 123 Male

Division	Bench Press	Name	Resides	Date
Open	37.5 kgs / 82.6 lbs	Raffaele Ranieli	Italy	11/2018
14-15	37.5 kgs / 82.6 lbs	Raffaele Ranieli	Italy	11/2018

Weight Class: 60 / 132 Male

Division	Bench Press	Name	Resides	Date
Open	85.0 kgs / 187.3 lbs	Antonio Mainolfi	Italy	10/2021
11 and under	30.0 kgs / 66.1 lbs	Giuseppe Alimondi	Italy	11/2018
12-13	52.5 kgs / 115.7 lbs	Emilio Pio Bossio	Italy	4/2019
14-15	72.5 kgs / 159.8 lbs	Kristian Di Giovanni	Italy	9/2020
16-17	85.0 kgs / 187.3 lbs	Antonio Mainolfi	Italy	10/2021

Weight Class: 67.5 / 148 Male

Division	Bench Press	Name	Resides	Date
Open	135.0 kgs / 297.6 lbs	Giuseppe Cetraro	Italy	10/2021
14-15	105.0 kgs / 231.4 lbs	Riccardo Petruccelli	Italy	6/2019
16-17	112.5 kgs / 248.0 lbs	Tony Previerio	Italy	10/2021
18-19	115.0 kgs / 253.5 lbs	Riccardo Petruccelli	Italy	10/2021
20-24	120.0 kgs / 264.5 lbs	Alessio Rosa	Italy	10/2021
35-39	115.0 kgs / 253.5 lbs	Pietro Pardini	Italy	10/2021
40-44	132.5 kgs / 292.1 lbs	Luigi Orlando	Italy	10/2021

Weight Class: 75 / 165 Male				
Division	Bench Press	Name	Resides	Date
Open	160.0 kgs / 352.7 lbs	Giovanni Vessio	Italy	4/2019
12-13	70.0 kgs / 154.3 lbs	Ettore Emanuele	Italy	4/2019
14-15	102.5 kgs / 225.9 lbs	Joseph Schipani	Italy	11/2018
16-17	112.5 kgs / 248.0 lbs	Joseph Schipani	Italy	4/2019
18-19	130.0 kgs / 286.5 lbs	Patrick Premazzi	Italy	7/2012
20-24	150.0 kgs / 330.6 lbs	Domenico Cardilli	Italy	10/2021
35-39	130.0 kgs / 286.5 lbs	Diego Bonelli	Italy	7/2012
40-44	130.0 kgs / 286.5 lbs	Mario Golino	Italy	9/2020
70-74	100.0 kgs / 220.4 lbs	Mauro Mastrapasqua	Italy	11/2018

Weight Class: 82.5 / 181 Male				
Division	Bench Press	Name	Resides	Date
Open	200.0 kgs / 440.9 lbs	Matteo Masi	Italy	6/2019
14-15	92.5 kgs / 203.9 lbs	Igor De Maria	Italy	10/2021
16-17	80.0 kgs / 176.3 lbs	Antonio Belvedere	Italy	11/2018
18-19	125.0 kgs / 275.5 lbs	Giovanni Persia	Italy	10/2021
20-24	165.0 kgs / 363.7 lbs	Francesco Boccasile	Italy	10/2021
35-39	135.0 kgs / 297.6 lbs	Mario Barbera	Italy	6/2019
40-44	142.5 kgs / 314.1 lbs	Vincenzo Lavorio	Italy	10/2021
45-49	100.0 kgs / 220.4 lbs	Luca Fornari	Italy	3/2012
55-59	115.0 kgs / 253.5 lbs	Robert Agolli	Italy	9/2020
70-74	110.0 kgs / 242.5 lbs	Vincenzo Lo Iacono	Italy	10/2021
75-79	77.5 kgs / 170.8 lbs	Giuseppe Cersosimo	Italy	10/2021
80+	75.0 kgs / 165.3 lbs	Icaro Milocco	Italy	11/2018

Weight Class: 90 / 198 Male				
Division	Bench Press	Name	Resides	Date
Open	197.5 kgs / 435.4 lbs	Andrea Piccione	Italy	10/2021
14-15	60.0 kgs / 132.2 lbs	Saverio Biamonte	Italy	11/2018
16-17	112.5 kgs / 248.0 lbs	Michele Del Vecchio	Italy	10/2021
18-19	150.0 kgs / 330.6 lbs	Mattia Pranzo	Italy	10/2021
20-24	197.5 kgs / 435.4 lbs	Andrea Piccione	Italy	10/2021
35-39	170.0 kgs / 374.7 lbs	Luca Zanin	Italy	7/2012
40-44	125.0 kgs / 275.5 lbs	Franco Calderazzo	Italy	11/2018
45-49	157.5 kgs / 347.2 lbs	Emiliano Costa	Italy	10/2021
65-69	150.0 kgs / 330.6 lbs	Cosimo Orlando	Italy	10/2021
70-74	110.0 kgs / 242.5 lbs	Alberto Palumbo	Italy	10/2021
80+	75.0 kgs / 165.3 lbs	Icaro Milocco	Italy	4/2019

Weight Class: 100 / 220 Male				
Division	Bench Press	Name	Resides	Date
Open	170.0 kgs / 374.7 lbs	Andrea Cicero	Italy	10/2021
18-19	152.5 kgs / 336.2 lbs	Samuel Marzano	Italy	10/2021
20-24	170.0 kgs / 374.7 lbs	Andrea Cicero	Italy	10/2021
35-39	150.0 kgs / 330.6 lbs	Pietro Alimondi	Italy	4/2019
40-44	132.5 kgs / 292.1 lbs	Francesco Scalise	Italy	11/2018
65-69	137.5 kgs / 303.1 lbs	Alfredo Maestroni	Italy	10/2021

Weight Class: 110 / 242 Male				
Division	Bench Press	Name	Resides	Date
Open	215.0 kgs / 473.9 lbs	Nicola Masiello	Italy	6/2019
16-17	110.0 kgs / 242.5 lbs	Vincenzo La Bianca	Italy	11/2018
18-19	155.0 kgs / 341.7 lbs	Alessandro Tino	Italy	10/2021
20-24	215.0 kgs / 473.9 lbs	Nicola Masiello	Italy	6/2019
35-39	172.5 kgs / 380.2 lbs	Giancarlo Sbabo	Italy	7/2012
40-44	205.0 kgs / 451.9 lbs	Alessandro Ursi	Italy	4/2019
45-49	137.5 kgs / 303.1 lbs	Antonio Paoletta	Italy	10/2021
55-59	175.0 kgs / 385.8 lbs	Fabio Rotondi	Italy	10/2021

Weight Class: 125 / 275 Male				
Division	Bench Press	Name	Resides	Date
Open	205.0 kgs / 451.9 lbs	Domenico Franco	Italy	10/2021
16-17	120.0 kgs / 264.5 lbs	Raffaele Capozzi	Italy	10/2021
18-19	135.0 kgs / 297.6 lbs	Jacopo Maioli	Italy	6/2019
35-39	160.0 kgs / 352.7 lbs	Conti Massimo	Italy	7/2012

Weight Class: 140 / 308 Male				
Division	Bench Press	Name	Resides	Date
Open	190.0 kgs / 418.8 lbs	Mauro Iezzi	Italy	10/2021
18-19	145.0 kgs / 319.6 lbs	Vincenzo La Bianca	Italy	10/2021
35-39	180.0 kgs / 396.8 lbs	Claudio Randazzo	Italy	7/2012