



Ireland Powerlifting Records

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7/4/2023

Weight Class: 52 / 114 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	90.0 kgs / 198.4 lbs Eimear Byrne (Ireland) 5/2018	45.0 kgs / 99.2 lbs Eimear Byrne (Ireland) 5/2018	105.0 kgs / 231.4 lbs Eimear Byrne (Ireland) 5/2018	240.0 kgs / 529.1 lbs Eimear Byrne (Ireland) 5/2018
18-19	70.5 kgs / 155.4 lbs Roisin Byrne (Ireland) 2/2019	45.0 kgs / 99.2 lbs Roisin Byrne (Ireland) 2/2019	100.5 kgs / 221.5 lbs Roisin Byrne (Ireland) 2/2019	213.0 kgs / 469.5 lbs Roisin Byrne (Ireland) 2/2019
35-39	90.0 kgs / 198.4 lbs Eimear Byrne (Ireland) 5/2018	45.0 kgs / 99.2 lbs Eimear Byrne (Ireland) 5/2018	105.0 kgs / 231.4 lbs Eimear Byrne (Ireland) 5/2018	240.0 kgs / 529.1 lbs Eimear Byrne (Ireland) 5/2018
50-54	55.0 kgs / 121.2 lbs Bernie O'Mahony (Ireland) 5/2018	32.5 kgs / 71.6 lbs Bernie O'Mahony (Ireland) 5/2018	105.0 kgs / 231.4 lbs Bernie O'Mahony (Ireland) 10/2018	190.0 kgs / 418.8 lbs Bernie O'Mahony (Ireland) 5/2018

Weight Class: 56 / 123 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	107.0 kgs / 235.8 lbs Sheena Doyle (Ireland) 10/2019	68.0 kgs / 149.9 lbs Sheena Doyle (Ireland) 10/2019	145.0 kgs / 319.6 lbs Louise Mckevitt (Ireland) 8/2019	305.0 kgs / 672.4 lbs Sheena Doyle (Ireland) 10/2019
18-19	87.5 kgs / 192.9 lbs Tola Adebisi (Ireland) 8/2018	45.0 kgs / 99.2 lbs Tola Adebisi (Ireland) 8/2018	112.5 kgs / 248.0 lbs Tola Adebisi (Ireland) 8/2018	245.0 kgs / 540.1 lbs Tola Adebisi (Ireland) 8/2018
20-24	95.0 kgs / 209.4 lbs Emily Manning (Ireland) 2/2019	58.0 kgs / 127.8 lbs Emily Manning (Ireland) 2/2019	135.0 kgs / 297.6 lbs Emily Manning (Ireland) 2/2019	288.0 kgs / 634.9 lbs Emily Manning (Ireland) 2/2019
35-39	87.5 kgs / 192.9 lbs Leonor Rodriguez (Ireland) 8/2019	57.5 kgs / 126.7 lbs Leonor Rodriguez (Ireland) 8/2019	145.0 kgs / 319.6 lbs Louise Mckevitt (Ireland) 8/2019	285.0 kgs / 628.3 lbs Leonor Rodriguez (Ireland) 8/2019

Weight Class: 60 / 132 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	120.0 kgs / 264.5 lbs Sandi Burke (Ireland) 8/2018	63.0 kgs / 138.8 lbs Sandi Burke (Ireland) 10/2019	176.0 kgs / 388.0 lbs Sandi Burke (Ireland) 2/2019	356.0 kgs / 784.8 lbs Sandi Burke (Ireland) 2/2019
18-19	110.0 kgs / 242.5 lbs Amy Byrne (Ireland) 2/2019	30.0 kgs / 66.1 lbs Amy Byrne (Ireland) 2/2019	120.0 kgs / 264.5 lbs Amy Byrne (Ireland) 2/2019	260.0 kgs / 573.1 lbs Amy Byrne (Ireland) 2/2019

20-24	106.0 kgs / 233.6 lbs Isla Shanley (Ireland) 7/2017	55.0 kgs / 121.2 lbs Sarah Coyne (Ireland) 8/2019	125.0 kgs / 275.5 lbs Sarah Coyne (Ireland) 8/2019	282.5 kgs / 622.7 lbs Sarah Coyne (Ireland) 8/2019
35-39	75.0 kgs / 165.3 lbs Louise Mckevitt (Ireland) 2/2019	45.0 kgs / 99.2 lbs Shari Murphy (Ireland) 8/2019	130.0 kgs / 286.5 lbs Louise Mckevitt (Ireland) 2/2019	245.0 kgs / 540.1 lbs Louise Mckevitt (Ireland) 2/2019
40-44	120.0 kgs / 264.5 lbs Sandi Burke (Ireland) 8/2018	63.0 kgs / 138.8 lbs Sandi Burke (Ireland) 10/2019	176.0 kgs / 388.0 lbs Sandi Burke (Ireland) 2/2019	356.0 kgs / 784.8 lbs Sandi Burke (Ireland) 2/2019
45-49	87.5 kgs / 192.9 lbs Stephanie Heeran (Ireland) 8/2018	47.5 kgs / 104.7 lbs Stephanie Heeran (Ireland) 8/2018	115.0 kgs / 253.5 lbs Stephanie Heeran (Ireland) 8/2018	250.0 kgs / 551.1 lbs Stephanie Heeran (Ireland) 8/2018

Weight Class: 67.5 / 148 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	135.0 kgs / 297.6 lbs Assumpta Feeney (Ireland) 10/2016	77.5 kgs / 170.8 lbs Assumpta Feeney (Ireland) 10/2016	175.0 kgs / 385.8 lbs Assumpta Feeney (Ireland) 10/2016	387.5 kgs / 854.2 lbs Assumpta Feeney (Ireland) 10/2016
18-19	105.0 kgs / 231.4 lbs Amy Byrne (Ireland) 8/2018	42.5 kgs / 93.6 lbs Amy Byrne (Ireland) 8/2018	110.0 kgs / 242.5 lbs Amy Byrne (Ireland) 8/2018	257.5 kgs / 567.6 lbs Amy Byrne (Ireland) 8/2018
20-24	106.0 kgs / 233.6 lbs Rachel O'Mahony (Ireland) 10/2019	56.0 kgs / 123.4 lbs Rachel O'Mahony (Ireland) 10/2019	150.0 kgs / 330.6 lbs Anna Reddin (Ireland) 5/2018	308.0 kgs / 679.0 lbs Rachel O'Mahony (Ireland) 10/2019
35-39	70.0 kgs / 154.3 lbs Ciara Murtagh (Ireland) 8/2019	45.0 kgs / 99.2 lbs Ciara Murtagh (Ireland) 8/2019	110.0 kgs / 242.5 lbs Ciara Murtagh (Ireland) 8/2019	225.0 kgs / 496.0 lbs Ciara Murtagh (Ireland) 8/2019
40-44	135.0 kgs / 297.6 lbs Assumpta Feeney (Ireland) 10/2016	77.5 kgs / 170.8 lbs Assumpta Feeney (Ireland) 10/2016	175.0 kgs / 385.8 lbs Assumpta Feeney (Ireland) 10/2016	387.5 kgs / 854.2 lbs Assumpta Feeney (Ireland) 10/2016

Weight Class: 75 / 165 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	125.0 kgs / 275.5 lbs Eileen Gorry (Ireland) 5/2018	85.0 kgs / 187.3 lbs Eileen Gorry (Ireland) 10/2019	160.0 kgs / 352.7 lbs Eileen Gorry (Ireland) 5/2018	367.0 kgs / 809.0 lbs Eileen Gorry (Ireland) 5/2018
18-19	67.5 kgs / 148.8 lbs Laura O'Driscoll (Ireland) 2/2019	32.5 kgs / 71.6 lbs Laura O'Driscoll (Ireland) 2/2019	80.0 kgs / 176.3 lbs Laura O'Driscoll (Ireland) 2/2019	180.0 kgs / 396.8 lbs Laura O'Driscoll (Ireland) 2/2019
20-24	110.0 kgs / 242.5 lbs Clarice Tighe (Ireland) 8/2018	55.0 kgs / 121.2 lbs Rebecca Draper (Ireland) 2/2019	125.0 kgs / 275.5 lbs Clarice Tighe (Ireland) 8/2018	280.0 kgs / 617.2 lbs Clarice Tighe (Ireland) 8/2018
40-44	125.0 kgs / 275.5 lbs Eileen Gorry (Ireland) 5/2018	82.5 kgs / 181.8 lbs Eileen Gorry (Ireland) 10/2018	160.0 kgs / 352.7 lbs Eileen Gorry (Ireland) 5/2018	367.0 kgs / 809.0 lbs Eileen Gorry (Ireland) 5/2018
45-49	120.0 kgs / 264.5 lbs Eileen Gorry (Ireland) 8/2019	85.0 kgs / 187.3 lbs Eileen Gorry (Ireland) 10/2019	145.0 kgs / 319.6 lbs Eileen Gorry (Ireland) 8/2019	348.0 kgs / 767.2 lbs Eileen Gorry (Ireland) 8/2019
60-64	70.0 kgs / 154.3 lbs Brid O'Sullivan (Ireland) 7/2017	40.0 kgs / 88.1 lbs Brid O'Sullivan (Ireland) 7/2017	125.0 kgs / 275.5 lbs Brid O'Sullivan (Ireland) 7/2017	235.0 kgs / 518.0 lbs Brid O'Sullivan (Ireland) 7/2017

Weight Class: 82.5 / 181 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	127.5 kgs / 281.0 lbs Linda Byrne (Ireland) 2/2019	65.5 kgs / 144.4 lbs Clodagh Higgins (Ireland) 2/2019	145.0 kgs / 319.6 lbs Linda Byrne (Ireland) 2/2019	337.5 kgs / 744.0 lbs Linda Byrne (Ireland) 2/2019
40-44	127.5 kgs / 281.0 lbs Linda Byrne (Ireland) 2/2019	65.0 kgs / 143.2 lbs Linda Byrne (Ireland) 8/2018	145.0 kgs / 319.6 lbs Linda Byrne (Ireland) 2/2019	337.5 kgs / 744.0 lbs Linda Byrne (Ireland) 2/2019
45-49	100.0 kgs / 220.4 lbs Niina Jarvenkari (Ireland) 2/2019	65.5 kgs / 144.4 lbs Clodagh Higgins (Ireland) 2/2019	107.5 kgs / 236.9 lbs Niina Jarvenkari (Ireland) 8/2019	267.5 kgs / 589.7 lbs Niina Jarvenkari (Ireland) 2/2019
60-64	85.0 kgs / 187.3 lbs Brid O'Sullivan (Ireland) 5/2018	45.0 kgs / 99.2 lbs Brid O'Sullivan (Ireland) 10/2018	136.0 kgs / 299.8 lbs Brid O'Sullivan (Ireland) 5/2018	257.5 kgs / 567.6 lbs Brid O'Sullivan (Ireland) 5/2018

Weight Class: 90 / 198 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	115.0 kgs / 253.5 lbs Shauna Murphy (Ireland) 8/2018	62.5 kgs / 137.7 lbs Niina Jarvenkari (Ireland) 5/2018	140.0 kgs / 308.6 lbs Rhona Doherty (Ireland) 5/2018	300.0 kgs / 661.3 lbs Rhona Doherty (Ireland) 5/2018
14-15	115.0 kgs / 253.5 lbs Shauna Murphy (Ireland) 8/2018	52.5 kgs / 115.7 lbs Shauna Murphy (Ireland) 8/2018	110.0 kgs / 242.5 lbs Shauna Murphy (Ireland) 8/2018	277.5 kgs / 611.7 lbs Shauna Murphy (Ireland) 8/2018
40-44	107.5 kgs / 236.9 lbs Niina Jarvenkari (Ireland) 5/2018	62.5 kgs / 137.7 lbs Niina Jarvenkari (Ireland) 5/2018	110.5 kgs / 243.6 lbs Niina Jarvenkari (Ireland) 5/2018	280.5 kgs / 618.3 lbs Niina Jarvenkari (Ireland) 5/2018

Weight Class: 90+ / 198+ Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	150.0 kgs / 330.6 lbs Rachel O'Connor (Ireland) 10/2019	80.0 kgs / 176.3 lbs Sandra Masterson (Ireland) 5/2018	170.0 kgs / 374.7 lbs Aislinn Kelly (Ireland) 10/2018	373.0 kgs / 822.3 lbs Rachel O'Connor (Ireland) 10/2019
20-24	80.0 kgs / 176.3 lbs Andrea Loughnane (Ireland) 7/2017	40.0 kgs / 88.1 lbs Andrea Loughnane (Ireland) 7/2017	110.0 kgs / 242.5 lbs Andrea Loughnane (Ireland) 7/2017	230.0 kgs / 507.0 lbs Andrea Loughnane (Ireland) 7/2017
35-39	115.0 kgs / 253.5 lbs Sarah May Hamilton (Ireland) 10/2018	80.0 kgs / 176.3 lbs Sandra Masterson (Ireland) 5/2018	145.0 kgs / 319.6 lbs Sandra Masterson (Ireland) 2/2019	327.5 kgs / 722.0 lbs Sandra Masterson (Ireland) 5/2018
40-44	105.0 kgs / 231.4 lbs Debbie Steele (Ireland) 5/2018	60.0 kgs / 132.2 lbs Debbie Steele (Ireland) 5/2018	145.0 kgs / 319.6 lbs Debbie Steele (Ireland) 5/2018	310.0 kgs / 683.4 lbs Debbie Steele (Ireland) 5/2018
50-54	80.0 kgs / 176.3 lbs Yvonne Osan (Ireland) 8/2019	50.0 kgs / 110.2 lbs Yvonne Osan (Ireland) 8/2019	135.0 kgs / 297.6 lbs Yvonne Osan (Ireland) 8/2019	265.0 kgs / 584.2 lbs Yvonne Osan (Ireland) 8/2019

Weight Class: 67.5 / 148 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	180.0 kgs / 396.8 lbs Darren Moloney (Ireland) 7/2017	105.0 kgs / 231.4 lbs Flor O'Sullivan (Ireland) 5/2018	227.5 kgs / 501.5 lbs Darren Moloney (Ireland) 7/2017	507.5 kgs / 1118.8 lbs Darren Moloney (Ireland) 7/2017

18-19	115.0 kgs / 253.5 lbs Michael O'Donnell (Ireland) 8/2019	90.0 kgs / 198.4 lbs Munashe Pfakacha (Ireland) 7/2017	170.0 kgs / 374.7 lbs William O'Donohue (Ireland) 2/2019	370.0 kgs / 815.7 lbs William O'Donohue (Ireland) 2/2019
20-24	180.0 kgs / 396.8 lbs Darren Moloney (Ireland) 7/2017	105.0 kgs / 231.4 lbs Flor O'Sullivan (Ireland) 5/2018	227.5 kgs / 501.5 lbs Darren Moloney (Ireland) 7/2017	507.5 kgs / 1118.8 lbs Darren Moloney (Ireland) 7/2017
55-59	132.5 kgs / 292.1 lbs James Fitzgerald (Ireland) 5/2018	97.5 kgs / 214.9 lbs James Fitzgerald (Ireland) 5/2018	150.0 kgs / 330.6 lbs James Fitzgerald (Ireland) 8/2018	377.5 kgs / 832.2 lbs James Fitzgerald (Ireland) 5/2018

Weight Class: 75 / 165 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	170.0 kgs / 374.7 lbs Vishnath Dobhal (Ireland) 8/2019	120.0 kgs / 264.5 lbs Alex Smale (Ireland) 10/2018	222.5 kgs / 490.5 lbs Alex Smale (Ireland) 10/2018	490.0 kgs / 1080.2 lbs Alex Smale (Ireland) 10/2018
14-15	150.0 kgs / 330.6 lbs Peter Stanev (Ireland) 8/2019	90.5 kgs / 199.5 lbs Conor Moore (Ireland) 8/2019	155.0 kgs / 341.7 lbs Peter Stanev (Ireland) 8/2019	387.5 kgs / 854.2 lbs Peter Stanev (Ireland) 8/2019
18-19	140.0 kgs / 308.6 lbs Alan O'Doherty (Ireland) 7/2017	102.5 kgs / 225.9 lbs Christopher Thomas (Ireland) 2/2019	180.0 kgs / 396.8 lbs Alan O'Doherty (Ireland) 7/2017	397.5 kgs / 876.3 lbs Alan O'Doherty (Ireland) 7/2017
20-24	130.0 kgs / 286.5 lbs Callum Mccarthy (Ireland) 5/2018	90.0 kgs / 198.4 lbs Callum Mccarthy (Ireland) 8/2019	182.5 kgs / 402.3 lbs Callum Mccarthy (Ireland) 8/2019	397.5 kgs / 876.3 lbs Callum Mccarthy (Ireland) 8/2019
35-39	152.5 kgs / 336.2 lbs Martin Mcgrath (Ireland) 2/2019	110.0 kgs / 242.5 lbs Tristan Jacobs (Ireland) 10/2018	202.5 kgs / 446.4 lbs Tristan Jacobs (Ireland) 10/2018	457.5 kgs / 1008.6 lbs Tristan Jacobs (Ireland) 10/2018
40-44	170.0 kgs / 374.7 lbs Vishnath Dobhal (Ireland) 8/2019	107.5 kgs / 236.9 lbs Vishnath Dobhal (Ireland) 8/2019	185.0 kgs / 407.8 lbs Colm McEneaney (Ireland) 8/2019	427.5 kgs / 942.4 lbs Vishnath Dobhal (Ireland) 8/2019
55-59	137.5 kgs / 303.1 lbs James Fitzgerald (Ireland) 2/2019	102.5 kgs / 225.9 lbs James Fitzgerald (Ireland) 2/2019	162.5 kgs / 358.2 lbs James Fitzgerald (Ireland) 8/2019	402.5 kgs / 887.3 lbs James Fitzgerald (Ireland) 8/2019

Weight Class: 82.5 / 181 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	185.0 kgs / 407.8 lbs Ian Murphy (Ireland) 8/2018	140.0 kgs / 308.6 lbs Mark Mansfield (Ireland) 5/2018	250.0 kgs / 551.1 lbs Paul Madden (Ireland) 5/2018	547.5 kgs / 1207.0 lbs Paul Madden (Ireland) 5/2018
18-19	170.0 kgs / 374.7 lbs Conor Nolan (Ireland) 5/2018	135.0 kgs / 297.6 lbs Conor Nolan (Ireland) 5/2018	225.0 kgs / 496.0 lbs Conor Nolan (Ireland) 5/2018	530.0 kgs / 1168.4 lbs Conor Nolan (Ireland) 5/2018
20-24	177.0 kgs / 390.2 lbs Mark Hayes (Ireland) 10/2019	140.0 kgs / 308.6 lbs Mark Mansfield (Ireland) 5/2018	230.0 kgs / 507.0 lbs Kealan Moran (Ireland) 7/2017	520.0 kgs / 1146.3 lbs Edward McGarry (Ireland) 8/2018
35-39	162.5 kgs / 358.2 lbs Tristan Jacobs (Ireland) 8/2019	117.5 kgs / 259.0 lbs Tristan Jacobs (Ireland) 8/2019	212.5 kgs / 468.4 lbs Tristan Jacobs (Ireland) 8/2019	492.5 kgs / 1085.7 lbs Tristan Jacobs (Ireland) 8/2019
45-49	180.0 kgs / 396.8 lbs Paul Madden (Ireland) 5/2018	117.5 kgs / 259.0 lbs Paul Madden (Ireland) 5/2018	250.0 kgs / 551.1 lbs Paul Madden (Ireland) 5/2018	547.5 kgs / 1207.0 lbs Paul Madden (Ireland) 5/2018

Weight Class: 90 / 198 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	216.0 kgs / 476.1 lbs Andy Murtagh (Ireland) 7/2017	150.0 kgs / 330.6 lbs David Gagnon (Ireland) 7/2017	290.0 kgs / 639.3 lbs Andy Murtagh (Ireland) 7/2017	643.5 kgs / 1418.6 lbs Andy Murtagh (Ireland) 7/2017
18-19	137.5 kgs / 303.1 lbs Darren Coakley (Ireland) 5/2018	95.0 kgs / 209.4 lbs Darren Coakley (Ireland) 5/2018	177.5 kgs / 391.3 lbs Donnchadh Callaghan (Ireland) 2/2019	400.0 kgs / 881.8 lbs Donnchadh Callaghan (Ireland) 2/2019
20-24	210.0 kgs / 462.9 lbs David Gagnon (Ireland) 7/2017	150.0 kgs / 330.6 lbs David Gagnon (Ireland) 7/2017	252.5 kgs / 556.6 lbs David Gagnon (Ireland) 7/2017	612.5 kgs / 1350.3 lbs David Gagnon (Ireland) 7/2017
35-39	190.0 kgs / 418.8 lbs Max Lauth (Ireland) 8/2019	127.5 kgs / 281.0 lbs Max Lauth (Ireland) 8/2019	250.0 kgs / 551.1 lbs Max Lauth (Ireland) 8/2019	567.5 kgs / 1251.1 lbs Max Lauth (Ireland) 8/2019
40-44	200.0 kgs / 440.9 lbs Fabrizio Marini (Ireland) 10/2016	132.5 kgs / 292.1 lbs Fabrizio Marini (Ireland) 10/2018	235.0 kgs / 518.0 lbs Fabrizio Marini (Ireland) 10/2016	555.0 kgs / 1223.5 lbs Fabrizio Marini (Ireland) 10/2016
50-54	216.0 kgs / 476.1 lbs Andy Murtagh (Ireland) 7/2017	137.5 kgs / 303.1 lbs Andy Murtagh (Ireland) 7/2017	290.0 kgs / 639.3 lbs Andy Murtagh (Ireland) 7/2017	643.5 kgs / 1418.6 lbs Andy Murtagh (Ireland) 7/2017
55-59	140.0 kgs / 308.6 lbs Roy Scott (Ireland) 8/2019	102.5 kgs / 225.9 lbs Roy Scott (Ireland) 8/2019	167.5 kgs / 369.2 lbs Roy Scott (Ireland) 8/2019	410.0 kgs / 903.8 lbs Roy Scott (Ireland) 8/2019
60-64	135.0 kgs / 297.6 lbs John Conlon (Ireland) 8/2018	110.0 kgs / 242.5 lbs John Conlon (Ireland) 8/2018	145.0 kgs / 319.6 lbs John Conlon (Ireland) 8/2018	390.0 kgs / 859.7 lbs John Conlon (Ireland) 8/2018

Weight Class: 100 / 220 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	210.0 kgs / 462.9 lbs Andy Murtagh (Ireland) 10/2018	145.0 kgs / 319.6 lbs Andy Murtagh (Ireland) 10/2018	300.0 kgs / 661.3 lbs Andy Murtagh (Ireland) 10/2018	650.0 kgs / 1432.9 lbs Andy Murtagh (Ireland) 10/2018
14-15	130.5 kgs / 287.7 lbs Eoin Buckley (Ireland) 2/2019	65.5 kgs / 144.4 lbs Eoin Buckley (Ireland) 2/2019	142.5 kgs / 314.1 lbs Eoin Buckley (Ireland) 2/2019	338.5 kgs / 746.2 lbs Eoin Buckley (Ireland) 2/2019
18-19	175.0 kgs / 385.8 lbs Ryan Broderick (Ireland) 2/2019	115.0 kgs / 253.5 lbs Aidan Mcdonagh (Ireland) 2/2019	210.0 kgs / 462.9 lbs Ryan Broderick (Ireland) 2/2019	495.0 kgs / 1091.2 lbs Ryan Broderick (Ireland) 2/2019
20-24	200.0 kgs / 440.9 lbs Ryan Broderick (Ireland) 10/2019	119.0 kgs / 262.3 lbs Ryan Broderick (Ireland) 10/2019	220.0 kgs / 485.0 lbs Michael Lucey (Ireland) 5/2018	509.0 kgs / 1122.1 lbs Ryan Broderick (Ireland) 10/2019
35-39	190.0 kgs / 418.8 lbs Andy Kenna (Ireland) 10/2018	140.0 kgs / 308.6 lbs Andy Kenna (Ireland) 2/2019	230.0 kgs / 507.0 lbs Andy Kenna (Ireland) 2/2019	550.0 kgs / 1212.5 lbs Andy Kenna (Ireland) 2/2019
40-44	177.5 kgs / 391.3 lbs Paul Kenneally (Ireland) 8/2019	105.0 kgs / 231.4 lbs Paul Kenneally (Ireland) 8/2019	217.5 kgs / 479.5 lbs Paul Kenneally (Ireland) 8/2019	500.0 kgs / 1102.3 lbs Paul Kenneally (Ireland) 8/2019
50-54	210.0 kgs / 462.9 lbs Andy Murtagh (Ireland) 10/2018	145.0 kgs / 319.6 lbs Andy Murtagh (Ireland) 10/2018	300.0 kgs / 661.3 lbs Andy Murtagh (Ireland) 10/2018	650.0 kgs / 1432.9 lbs Andy Murtagh (Ireland) 10/2018

Weight Class: 110 / 242 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	207.5 kgs / 457.4 lbs Paul Devine (Ireland) 8/2018	147.5 kgs / 325.1 lbs Paul Devine (Ireland) 8/2018	235.0 kgs / 518.0 lbs Ryan Sheehan (Ireland) 8/2018	585.0 kgs / 1289.6 lbs Paul Devine (Ireland) 8/2018
18-19	150.0 kgs / 330.6 lbs Ryan Sheehan (Ireland) 8/2018	125.0 kgs / 275.5 lbs Ryan Sheehan (Ireland) 8/2018	235.0 kgs / 518.0 lbs Ryan Sheehan (Ireland) 8/2018	510.0 kgs / 1124.3 lbs Ryan Sheehan (Ireland) 8/2018
20-24	160.0 kgs / 352.7 lbs Michael Lucey (Ireland) 2/2019	100.0 kgs / 220.4 lbs Michael Lucey (Ireland) 2/2019	225.0 kgs / 496.0 lbs Michael Lucey (Ireland) 2/2019	485.0 kgs / 1069.2 lbs Michael Lucey (Ireland) 2/2019
35-39	160.0 kgs / 352.7 lbs David Conlan (Ireland) 8/2019	110.0 kgs / 242.5 lbs David Conlan (Ireland) 8/2019	210.0 kgs / 462.9 lbs David Conlan (Ireland) 8/2019	480.0 kgs / 1058.2 lbs David Conlan (Ireland) 8/2019
40-44	185.0 kgs / 407.8 lbs Paul Kenneally (Ireland) 2/2019	110.0 kgs / 242.5 lbs Paul Kenneally (Ireland) 2/2019	235.0 kgs / 518.0 lbs Paul Kenneally (Ireland) 2/2019	530.0 kgs / 1168.4 lbs Paul Kenneally (Ireland) 2/2019
50-54	175.0 kgs / 385.8 lbs David MacHale (Ireland) 10/2019	120.0 kgs / 264.5 lbs David MacHale (Ireland) 5/2018	220.0 kgs / 485.0 lbs David MacHale (Ireland) 10/2018	505.0 kgs / 1113.3 lbs David MacHale (Ireland) 10/2018
55-59	195.0 kgs / 429.8 lbs John Mcmenamin (Ireland) 8/2019	130.0 kgs / 286.5 lbs John Mcmenamin (Ireland) 8/2019	215.0 kgs / 473.9 lbs John Mcmenamin (Ireland) 8/2019	540.0 kgs / 1190.4 lbs John Mcmenamin (Ireland) 8/2019
65-69	100.0 kgs / 220.4 lbs John Rice (Ireland) 7/2017	60.0 kgs / 132.2 lbs John Rice (Ireland) 7/2017	170.0 kgs / 374.7 lbs John Rice (Ireland) 7/2017	330.0 kgs / 727.5 lbs John Rice (Ireland) 7/2017

Weight Class: 125 / 275 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	205.0 kgs / 451.9 lbs David McElligott (Ireland) 10/2019	125.0 kgs / 275.5 lbs William Geraghty (Ireland) 8/2019	235.0 kgs / 518.0 lbs David McElligott (Ireland) 10/2019	563.0 kgs / 1241.1 lbs David McElligott (Ireland) 10/2019
20-24	105.0 kgs / 231.4 lbs Ross O'Connor (Ireland) 2/2019	117.5 kgs / 259.0 lbs Ross O'Connor (Ireland) 2/2019	200.0 kgs / 440.9 lbs Ross O'Connor (Ireland) 2/2019	422.5 kgs / 931.4 lbs Ross O'Connor (Ireland) 2/2019
35-39	205.0 kgs / 451.9 lbs David McElligott (Ireland) 10/2019	123.0 kgs / 271.1 lbs David McElligott (Ireland) 10/2019	235.0 kgs / 518.0 lbs David McElligott (Ireland) 10/2019	563.0 kgs / 1241.1 lbs David McElligott (Ireland) 10/2019
45-49	130.0 kgs / 286.5 lbs William Geraghty (Ireland) 8/2019	125.0 kgs / 275.5 lbs William Geraghty (Ireland) 8/2019	190.0 kgs / 418.8 lbs William Geraghty (Ireland) 8/2019	445.0 kgs / 981.0 lbs William Geraghty (Ireland) 8/2019

Weight Class: 140 / 308 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	182.5 kgs / 402.3 lbs Frank Murphy (Ireland) 8/2018	130.0 kgs / 286.5 lbs Jack Sheehy (Ireland) 5/2018	210.0 kgs / 462.9 lbs Frank Murphy (Ireland) 8/2018	492.5 kgs / 1085.7 lbs Frank Murphy (Ireland) 8/2018
16-17	160.0 kgs / 352.7 lbs Jack Sheehy (Ireland) 5/2018	130.0 kgs / 286.5 lbs Jack Sheehy (Ireland) 5/2018	200.0 kgs / 440.9 lbs Jack Sheehy (Ireland) 5/2018	490.0 kgs / 1080.2 lbs Jack Sheehy (Ireland) 5/2018
40-44	182.5 kgs / 402.3 lbs Frank Murphy (Ireland) 8/2018	100.0 kgs / 220.4 lbs Frank Murphy (Ireland) 8/2018	210.0 kgs / 462.9 lbs Frank Murphy (Ireland) 8/2018	492.5 kgs / 1085.7 lbs Frank Murphy (Ireland) 8/2018

Unknown Class: SHW Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	252.5 kgs / 556.6 lbs James McCarthy (Ireland) 7/2017	185.0 kgs / 407.8 lbs Peter Ryan (Ireland) 7/2017	300.0 kgs / 661.3 lbs James McCarthy (Ireland) 7/2017	702.5 kgs / 1548.7 lbs James McCarthy (Ireland) 7/2017
18-19	252.5 kgs / 556.6 lbs James McCarthy (Ireland) 7/2017	150.0 kgs / 330.6 lbs James McCarthy (Ireland) 7/2017	300.0 kgs / 661.3 lbs James McCarthy (Ireland) 7/2017	702.5 kgs / 1548.7 lbs James McCarthy (Ireland) 7/2017
45-49	230.0 kgs / 507.0 lbs Peter Ryan (Ireland) 7/2017	185.0 kgs / 407.8 lbs Peter Ryan (Ireland) 7/2017	285.0 kgs / 628.3 lbs Peter Ryan (Ireland) 7/2017	700.0 kgs / 1543.2 lbs Peter Ryan (Ireland) 7/2017