



Ireland Deadlift Records

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7/4/2023

Weight Class: 52 / 114 Female				
Division	Deadlift	Name	Resides	Date
Open	140.5 kgs / 309.7 lbs	Nicolle Lynskey	Ireland	2/2018
18-19	100.5 kgs / 221.5 lbs	Roisin Byrne	Ireland	2/2019
20-24	140.5 kgs / 309.7 lbs	Nicolle Lynskey	Ireland	2/2018
35-39	105.0 kgs / 231.4 lbs	Eimear Byrne	Ireland	5/2018
45-49	100.0 kgs / 220.4 lbs	Bernie O'Mahony	Ireland	2/2018
50-54	105.0 kgs / 231.4 lbs	Bernie O'Mahony	Ireland	10/2018

Weight Class: 56 / 123 Female				
Division	Deadlift	Name	Resides	Date
Open	145.0 kgs / 319.6 lbs	Louise Mckevitt	Ireland	8/2019
18-19	112.5 kgs / 248.0 lbs	Tola Adebisi	Ireland	8/2018
20-24	135.0 kgs / 297.6 lbs	Emily Manning	Ireland	2/2019
35-39	145.0 kgs / 319.6 lbs	Louise Mckevitt	Ireland	8/2019
50-54	102.5 kgs / 225.9 lbs	Bernie O'Mahony	Ireland	4/2019

Weight Class: 60 / 132 Female				
Division	Deadlift	Name	Resides	Date
Open	177.5 kgs / 391.3 lbs	Sandi Burke	Ireland	4/2019
18-19	120.0 kgs / 264.5 lbs	Amy Byrne	Ireland	2/2019
20-24	142.5 kgs / 314.1 lbs	Nicolle Lynskey	Ireland	7/2017
35-39	130.0 kgs / 286.5 lbs	Louise Mckevitt	Ireland	2/2019
40-44	177.5 kgs / 391.3 lbs	Sandi Burke	Ireland	4/2019
45-49	115.0 kgs / 253.5 lbs	Stephanie Heeran	Ireland	8/2018

Weight Class: 67.5 / 148 Female				
Division	Deadlift	Name	Resides	Date
Open	175.0 kgs / 385.8 lbs	Assumpta Feeney	Ireland	10/2016
18-19	112.5 kgs / 248.0 lbs	Emily Keane	Ireland	2/2018
20-24	150.0 kgs / 330.6 lbs	Anna Reddin	Ireland	5/2018
35-39	127.5 kgs / 281.0 lbs	Eileen O'Connor	Ireland	7/2017
40-44	175.0 kgs / 385.8 lbs	Assumpta Feeney	Ireland	10/2016
45-49	120.0 kgs / 264.5 lbs	Mags O'Driscoll	Ireland	4/2019

Weight Class: 75 / 165 Female				
Division	Deadlift	Name	Resides	Date
Open	160.0 kgs / 352.7 lbs	Eileen Gorry	Ireland	5/2018
18-19	95.0 kgs / 209.4 lbs	Laura O'Driscoll	Ireland	2/2018

20-24	125.0 kgs / 275.5 lbs	Clarice Tighe	Ireland	8/2018
35-39	100.0 kgs / 220.4 lbs	Ber Kiely	Ireland	2/2018
40-44	160.0 kgs / 352.7 lbs	Eileen Gorry	Ireland	5/2018
45-49	150.0 kgs / 330.6 lbs	Eileen Gorry	Ireland	6/2019
60-64	125.0 kgs / 275.5 lbs	Brid O'Sullivan	Ireland	2/2017

Weight Class: 82.5 / 181 Female

Division	Deadlift	Name	Resides	Date
Open	147.5 kgs / 325.1 lbs	Linda Byrne	Ireland	4/2019
40-44	147.5 kgs / 325.1 lbs	Linda Byrne	Ireland	4/2019
45-49	107.5 kgs / 236.9 lbs	Niina Jarvenkari	Ireland	8/2019
60-64	136.0 kgs / 299.8 lbs	Brid O'Sullivan	Ireland	5/2018

Weight Class: 90 / 198 Female

Division	Deadlift	Name	Resides	Date
Open	140.0 kgs / 308.6 lbs	Rhona Doherty	Ireland	5/2018
14-15	110.0 kgs / 242.5 lbs	Shauna Murphy	Ireland	8/2018
18-19	80.0 kgs / 176.3 lbs	Karina Lavery	Ireland	4/2019
40-44	110.5 kgs / 243.6 lbs	Niina Jarvenkari	Ireland	5/2018

Weight Class: 90+ / 198+ Female

Division	Deadlift	Name	Resides	Date
Open	170.0 kgs / 374.7 lbs	Aislinn Kelly	Ireland	10/2018
20-24	140.0 kgs / 308.6 lbs	Danielle O'Shea	Ireland	2/2017
35-39	145.0 kgs / 319.6 lbs	Sandra Masterson	Ireland	2/2019
40-44	145.0 kgs / 319.6 lbs	Debbie Steele	Ireland	5/2018
45-49	135.0 kgs / 297.6 lbs	Yvonne Osan	Ireland	2/2018
50-54	135.0 kgs / 297.6 lbs	Yvonne Osan	Ireland	8/2019

Weight Class: 67.5 / 148 Male

Division	Deadlift	Name	Resides	Date
Open	232.5 kgs / 512.5 lbs	Darren Maloney	Ireland	2/2017
16-17	150.0 kgs / 330.6 lbs	Luke Cunningham	Ireland	4/2019
18-19	190.0 kgs / 418.8 lbs	William Donohoe	Ireland	6/2019
20-24	232.5 kgs / 512.5 lbs	Darren Maloney	Ireland	2/2017
55-59	150.0 kgs / 330.6 lbs	James Fitzgerald	Ireland	8/2018

Weight Class: 75 / 165 Male

Division	Deadlift	Name	Resides	Date
Open	227.5 kgs / 501.5 lbs	Alex Smale	Ireland	4/2019
14-15	155.0 kgs / 341.7 lbs	Peter Stanev	Ireland	8/2019
18-19	180.0 kgs / 396.8 lbs	Alan O'Doherty	Ireland	2/2017
20-24	192.5 kgs / 424.3 lbs	Brian Lynch	Ireland	2/2017
35-39	227.5 kgs / 501.5 lbs	Alex Smale	Ireland	4/2019
40-44	185.0 kgs / 407.8 lbs	Colm McEneaney	Ireland	8/2019
55-59	162.5 kgs / 358.2 lbs	James Fitzgerald	Ireland	8/2019

Weight Class: 82.5 / 181 Male

Division	Deadlift	Name	Resides	Date
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Open	250.0 kgs / 551.1 lbs	Max Lauth	Ireland	2/2017
18-19	225.0 kgs / 496.0 lbs	Conor Nolan	Ireland	5/2018
20-24	230.0 kgs / 507.0 lbs	Kealan Moran	Ireland	7/2017
35-39	250.0 kgs / 551.1 lbs	Max Lauth	Ireland	2/2017
45-49	250.0 kgs / 551.1 lbs	Paul Madden	Ireland	5/2018

Weight Class: 90 / 198 Male

Division	Deadlift	Name	Resides	Date
Open	290.0 kgs / 639.3 lbs	Andy Murtagh	Ireland	2/2017
18-19	245.0 kgs / 540.1 lbs	Alex Mallen	Ireland	2/2017
20-24	260.0 kgs / 573.1 lbs	David Gagnon	Ireland	2/2017
35-39	250.0 kgs / 551.1 lbs	Max Lauth	Ireland	8/2019
40-44	235.0 kgs / 518.0 lbs	Fabrizio Marini	Ireland	10/2016
50-54	290.0 kgs / 639.3 lbs	Andy Murtagh	Ireland	2/2017
55-59	167.5 kgs / 369.2 lbs	Roy Scott	Ireland	8/2019
60-64	145.0 kgs / 319.6 lbs	John Conlon	Ireland	2/2018

Weight Class: 100 / 220 Male

Division	Deadlift	Name	Resides	Date
Open	300.0 kgs / 661.3 lbs	Andy Murtagh	Ireland	2/2018
14-15	142.5 kgs / 314.1 lbs	Eoin Buckley	Ireland	2/2019
18-19	235.0 kgs / 518.0 lbs	Zilvinas Ceginkas	Ireland	2/2017
20-24	280.0 kgs / 617.2 lbs	Adam Kalivoda	Ireland	2/2018
35-39	235.0 kgs / 518.0 lbs	Andy Kenna	Ireland	11/2019
40-44	220.0 kgs / 485.0 lbs	Gerard Murphy	Ireland	2/2018
50-54	300.0 kgs / 661.3 lbs	Andy Murtagh	Ireland	2/2018
65-69	180.0 kgs / 396.8 lbs	John Rice	Ireland	2/2017

Weight Class: 110 / 242 Male

Division	Deadlift	Name	Resides	Date
Open	255.0 kgs / 562.1 lbs	Donal O'Brien	Ireland	2/2017
14-15	153.0 kgs / 337.3 lbs	Eoin Buckley	Ireland	4/2019
16-17	150.0 kgs / 330.6 lbs	Eoin Buckley	Ireland	6/2019
18-19	235.0 kgs / 518.0 lbs	Ryan Sheehan	Ireland	8/2018
20-24	225.0 kgs / 496.0 lbs	Michael Lucey	Ireland	2/2019
35-39	210.0 kgs / 462.9 lbs	David Conlan	Ireland	8/2019
40-44	235.0 kgs / 518.0 lbs	Paul Kenneally	Ireland	2/2019
50-54	220.0 kgs / 485.0 lbs	David MacHale	Ireland	10/2018
55-59	215.0 kgs / 473.9 lbs	John Mcmenamin	Ireland	8/2019
65-69	170.0 kgs / 374.7 lbs	John Rice	Ireland	7/2017

Weight Class: 125 / 275 Male

Division	Deadlift	Name	Resides	Date
Open	250.0 kgs / 551.1 lbs	Ryan Sheehan	Ireland	4/2019
16-17	140.0 kgs / 308.6 lbs	Kurt Minihane	Ireland	4/2019
18-19	220.0 kgs / 485.0 lbs	Ryan Sheehan	Ireland	2/2018
20-24	250.0 kgs / 551.1 lbs	Ryan Sheehan	Ireland	4/2019
35-39	250.0 kgs / 551.1 lbs	Robert Kelly	Ireland	4/2019
45-49	190.0 kgs / 418.8 lbs	William Geraghty	Ireland	8/2019

Weight Class: 140 / 308 Male

Division	Deadlift	Name	Resides	Date
Open	280.0 kgs / 617.2 lbs	James McCarthy	Ireland	2/2017
16-17	200.0 kgs / 440.9 lbs	Jack Sheehy	Ireland	5/2018
18-19	280.0 kgs / 617.2 lbs	James McCarthy	Ireland	2/2017
40-44	210.0 kgs / 462.9 lbs	Frank Murphy	Ireland	8/2018

Unknown Class: SHW Male

Division	Deadlift	Name	Resides	Date
Open	300.0 kgs / 661.3 lbs	James McCarthy	Ireland	7/2017
18-19	300.0 kgs / 661.3 lbs	James McCarthy	Ireland	7/2017
45-49	285.0 kgs / 628.3 lbs	Peter Ryan	Ireland	7/2017