



Estonia Powerlifting Records

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Weight Class: 52 / 114 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	60.1 kgs / 132.4 lbs Daria Dermeleva (Estonia) 2007	24.9 kgs / 54.8 lbs Daria Dermeleva (Estonia) 2007	70.3 kgs / 154.9 lbs Daria Dermeleva (Estonia) 2007	155.3 kgs / 342.3 lbs Daria Dermeleva (Estonia) 2007
12-13	60.1 kgs / 132.4 lbs Daria Dermeleva (Estonia) 2007	24.9 kgs / 54.8 lbs Daria Dermeleva (Estonia) 2007	70.3 kgs / 154.9 lbs Daria Dermeleva (Estonia) 2007	155.3 kgs / 342.3 lbs Daria Dermeleva (Estonia) 2007

Weight Class: 56 / 123 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	65.0 kgs / 143.2 lbs Daria Dermeleva (Estonia) 2008	27.5 kgs / 60.6 lbs Daria Dermeleva (Estonia) 2008	75.0 kgs / 165.3 lbs Daria Dermeleva (Estonia) 2008	167.5 kgs / 369.2 lbs Daria Dermeleva (Estonia) 2008
14-15	65.0 kgs / 143.2 lbs Daria Dermeleva (Estonia) 2008	27.5 kgs / 60.6 lbs Daria Dermeleva (Estonia) 2008	75.0 kgs / 165.3 lbs Daria Dermeleva (Estonia) 2008	167.5 kgs / 369.2 lbs Daria Dermeleva (Estonia) 2008

Weight Class: 48 / 105 Male / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	55.0 kgs / 121.2 lbs Roman Dermelev (Estonia) 2008	22.5 kgs / 49.6 lbs Roman Dermelev (Estonia) 2008	80.0 kgs / 176.3 lbs Roman Dermelev (Estonia) 2008	157.5 kgs / 347.2 lbs Roman Dermelev (Estonia) 2008
11 and under	55.0 kgs / 121.2 lbs Roman Dermelev (Estonia) 2008	22.5 kgs / 49.6 lbs Roman Dermelev (Estonia) 2008	80.0 kgs / 176.3 lbs Roman Dermelev (Estonia) 2008	157.5 kgs / 347.2 lbs Roman Dermelev (Estonia) 2008

Weight Class: 82.5 / 181 Male / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	209.7 kgs / 462.3 lbs Sergey Dermelev (Estonia) 2007	149.6 kgs / 329.8 lbs Sergey Dermelev (Estonia) 2007	240.4 kgs / 529.9 lbs Sergey Dermelev (Estonia) 2007	599.8 kgs / 1322.3 lbs Sergey Dermelev (Estonia) 2007
45-49	209.7 kgs / 462.3 lbs Sergey Dermelev (Estonia) 2007	149.6 kgs / 329.8 lbs Sergey Dermelev (Estonia) 2007	240.4 kgs / 529.9 lbs Sergey Dermelev (Estonia) 2007	599.8 kgs / 1322.3 lbs Sergey Dermelev (Estonia) 2007

Weight Class: 90 / 198 Male / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total

Open	220.0 kgs / 485.0 lbs Sergey Dermelev (Estonia) 2008	150.0 kgs / 330.6 lbs Sergey Dermelev (Estonia) 2008	260.0 kgs / 573.1 lbs Sergey Dermelev (Estonia) 2008	630.0 kgs / 1388.8 lbs Sergey Dermelev (Estonia) 2008
45-49	220.0 kgs / 485.0 lbs Sergey Dermelev (Estonia) 2008	150.0 kgs / 330.6 lbs Sergey Dermelev (Estonia) 2008	260.0 kgs / 573.1 lbs Sergey Dermelev (Estonia) 2008	630.0 kgs / 1388.8 lbs Sergey Dermelev (Estonia) 2008