



Estonia Bench Records

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Weight Class: 52 / 114 Female				
Division	Bench Press	Name	Resides	Date
Open	24.9 kgs / 54.8 lbs	Daria Dermeleva	Estonia	2007
12-13	24.9 kgs / 54.8 lbs	Daria Dermeleva	Estonia	2007

Weight Class: 56 / 123 Female				
Division	Bench Press	Name	Resides	Date
Open	27.5 kgs / 60.6 lbs	Daria Dermeleva	Estonia	2008
14-15	27.5 kgs / 60.6 lbs	Daria Dermeleva	Estonia	2008

Weight Class: 48 / 105 Male				
Division	Bench Press	Name	Resides	Date
Open	22.5 kgs / 49.6 lbs	Roman Dermelev	Estonia	2008
11 and under	22.5 kgs / 49.6 lbs	Roman Dermelev	Estonia	2008

Weight Class: 82.5 / 181 Male				
Division	Bench Press	Name	Resides	Date
Open	149.6 kgs / 329.8 lbs	Sergey Dermelev	Estonia	2007
45-49	149.6 kgs / 329.8 lbs	Sergey Dermelev	Estonia	2007

Weight Class: 90 / 198 Male				
Division	Bench Press	Name	Resides	Date
Open	150.0 kgs / 330.6 lbs	Sergey Dermelev	Estonia	2008
45-49	150.0 kgs / 330.6 lbs	Sergey Dermelev	Estonia	2008