



## Afghanistan Powerlifting Records

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<b>Weight Class: 67.5 / 148 Male / Powerlifting</b>				
<b>Division</b>	<b>Squat</b>	<b>Bench Press</b>	<b>Deadlift</b>	<b>Total</b>
<b>Open</b>	<b>107.5 kgs / 236.9 lbs</b> <b>Abbas Hussaini</b> <b>(Afghanistan) 2013</b>	<b>85.0 kgs / 187.3 lbs</b> <b>Abbas Hussaini</b> <b>(Afghanistan) 2013</b>	<b>155.0 kgs / 341.7 lbs</b> <b>Abbas Hussaini</b> <b>(Afghanistan) 2013</b>	<b>347.5 kgs / 766.0 lbs</b> <b>Abbas Hussaini</b> <b>(Afghanistan) 2013</b>
18-19	107.5 kgs / 236.9 lbs Abbas Hussaini (Afghanistan) 2013	85.0 kgs / 187.3 lbs Abbas Hussaini (Afghanistan) 2013	155.0 kgs / 341.7 lbs Abbas Hussaini (Afghanistan) 2013	347.5 kgs / 766.0 lbs Abbas Hussaini (Afghanistan) 2013

<b>Weight Class: 75 / 165 Male / Powerlifting</b>				
<b>Division</b>	<b>Squat</b>	<b>Bench Press</b>	<b>Deadlift</b>	<b>Total</b>
<b>Open</b>	<b>142.5 kgs / 314.1 lbs</b> <b>Abbas Hussaini</b> <b>(Afghanistan) 3/2014</b>	<b>70.0 kgs / 154.3 lbs</b> <b>Abbas Hussaini</b> <b>(Afghanistan) 3/2014</b>	<b>185.0 kgs / 407.8 lbs</b> <b>Abbas Hussaini</b> <b>(Afghanistan) 3/2014</b>	<b>397.5 kgs / 876.3 lbs</b> <b>Abbas Hussaini</b> <b>(Afghanistan) 3/2014</b>
18-19	142.5 kgs / 314.1 lbs Abbas Hussaini (Afghanistan) 3/2014	70.0 kgs / 154.3 lbs Abbas Hussaini (Afghanistan) 3/2014	185.0 kgs / 407.8 lbs Abbas Hussaini (Afghanistan) 3/2014	397.5 kgs / 876.3 lbs Abbas Hussaini (Afghanistan) 3/2014