

2023 American Challenge
Maryland

2023 American Challenge - MD
Silver Springs, MD 06/17/2023

Powerlifting

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Squat1	Squat2	Squat3	Squat4	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Angela Goldstein	Female	39	MD	51.8	52/114.6	Open	85	90	95		45	47.5	50		102.5	110	-118		255	1
Jodi-Beth McCain	Female	56	MD	50.6	52/114.6	Masters (55-59)	52.5	55	57.5		-40	-42.5	-42.5		-77.5				0	
Mariela Olivares	Female	47	MD	54.2	56/123.4	Masters (45-49)	85	90	92.5		55	-57.5	57.5		92.5	97.5	102.5		252.5	1
Sagirah Brown	Female	28	DC	59.2	60/132.2	Open	75	76.5	80		-52.5	-52.5	52.5		100	105	115		247.5	1
Tanya Renne	Female	53	DC	84.4	90/198.4	Masters (50-54)	45	-48	-48		-50	-60	-60		75	82.5	90		0	
Camden Sigafoose	Male	14	MD	59.8	60/132.2	Teen (14-15)	87.5	97.5	-100		55	62.5	72.5		102.5	112.5	122.5		292.5	1
Jonathan Windt	Male	16	MD	73.1	75/165.3	Teen (16-17)	172.5	180	-182.5		77.5	82.5	-87.5		182.5	195	210		472.5	1
Aaron Chrietzberg	Male	45	MD	86	90/198.4	Open	165	175	180		115	120	125		-175	182.5	187.5		492.5	1
Tom Emberger	Male	29	MD	97.7	100/220.4	Open	212.5	220	-225.5		142.5	145	150		245	257.5	267.5		637.5	1

Push-pull

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Sydney Katz	Female	38	DC	110.5	90+/198.5+ (F)	Sub-Masters (35-39)	45	50	-55		82.5	90	102.5		152.5	1
Marvin Ickow	Male	75	MD	76.2	82.5/181.8	Masters (75-79)	40	-42.5	45		90	95	100		145	1

Bench

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	Total	Placing
Carol Levasseur	Female	64	MA	67.4	67.5/148.8	Masters (60-64)	57.5	62.5	65		65	1
Cindy Morgan-Jaffe	Female	65	DC	68.2	75/165.3	Masters (65-69)	32.5	37.5	-42.5		37.5	1
Tanya Renne	Female	53	DC	84.4	90/198.4	Masters (50-54)	-50	-60	-60		0	
Hugh McMunn	Male	68	NY	86.9	90/198.4	Masters (65-69)	105	109	111		110	1
Bill Parks	Male	66	MD	118.9	125/275.5	Masters (65-69)	90	95	100		100	1

Deadlift

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	DL 1	DL 2	DL 3	DL 4	Total	Placing
Cindy Morgan-Jaffe	Female	65	DC	68.2	75/165.3	Masters (65-69)	57.5	60	65		65	1
Tanya Renne	Female	53	DC	84.4	90/198.4	Masters (50-54)	75	82.5	90		90	1
Sydney Katz	Female	38	DC	110.5	90+/198.5+ (F)	Sub-Masters (35-39)	82.5	90	102.5		102.5	1
Willie Trebach	Male	36	MD	67.32	67.5/148.8	Open	205	217.5	227.5		227.5	1
Reuven Tolchin	Male	42	MD	81	82.5/181.8	Open	177.5	192.5	-202.5		192.5	1

Strict Curl

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	SC 1	SC 2	SC 3	SC 4	Total	Placing
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Angela Goldstein	Female	39	MD	51.8	52/114.6	Open	31	33	34	34	1
Mariela Olivares	Female	47	MD	54.2	56/123.4	Masters (45-49)	30.5	32	-33	32	1
Savreen Singh	Female	37	NY	57.9	60/132.2	Sub-Masters (35-39)	32	-35	-35	32	1
Annette E Ashby-Knox	Female	63	MD	63	67.5/148.8	Open	30.5	32	33.5	33.5	1
Carol Levasseur	Female	64	MA	67.4	67.5/148.8	Masters (60-64)	34	36.5	38	38	1
Cindy Morgan-Jaffe	Female	65	DC	68.2	75/165.3	Masters (65-69)	15	-16	19.5	19.5	1
Gwen Bailey	Female	70	MD	83.5	90/198.4	Masters (70-74)	29.5	31	32.5	32.5	1
Tanya Renne	Female	53	DC	84.4	90/198.4	Masters (50-54)	15	18.5	23	23	1
John Self Jr	Male	13	VA	58.8	60/132.2	Teen (12-13)	47	49	50.5	50.5	1
Bryan Ruskin	Male	37	VA	79.4	82.5/181.8	Open	-83	-83	-83	0	
Aaron Chrietzberg	Male	45	MD	86	90/198.4	Open	-50	52.5	54.5	54.5	1
Hugh McMunn	Male	68	NY	86.9	90/198.4	Masters (65-69)	53	56.5	-59	56.5	1
John A. Minnick	Male	73	MD	90.6	100/220.4	Masters (70-74)	49	51.5	53.5	53.5	1
James Slade Jr	Male	64	MD	120.6	125/275.5	Masters (60-64)	57	-61.5	63.5	63.5	1
Bernie Rhodes	Male	74	VA	113.6	125/275.5	Masters (70-74)	48	49	50	50	1
Marvin Smith	Male	68	MD	114.3	125/275.5	Masters (65-69)	50	-55.5	-56	50	1

Ironman

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	SC 1	SC 2	SC 3	SC 4	Bench1	Bench2	Bench3	Bench4	Total	Placing
Annette E Ashby-Knox	Female	63	MD	63	67.5/148.8	Open	30.5	32	33.5		45	47.5	-50		81	1
Carol Levasseur	Female	64	MA	67.4	67.5/148.8	Masters (60-64)	34	36.5	38		57.5	62.5	65		103	1
Hugh McMunn	Male	68	NY	86.9	90/198.4	Masters (65-69)	53	56.5	-59		105	109	111		167.5	1
Bernie Rhodes	Male	74	VA	113.6	125/275.5	Masters (70-74)	48	49	50		117.5	-125	-125		167.5	1