

2023 Master Strict Curl - Ironman Nationals
York, PA 04/15/2023

Bench

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	Total	Placing
Krystal Brown	Female	53	VA	57	60/132.2	Masters (50-54)	47.5	50	-55		50	1
Jo Hendon	Female	38	PA	53.85	56/123.4	Sub-Masters (35-39)	42.5	45	-50		45	1
Carol Levasseur	Female	64	MA	65.8	67.5/148.8	Masters (60-64)	57.5	62.5	-65.5		62.5	1
Erica Rojek	Female	42	NY	102.3	90+/198.5+ (F)	Masters (40-44)	65	70	75		75	1
Willie Trebach	Male	37	MD	66.35	67.5/148.8	Sub-Masters (35-39)	137.5	-142.5	-142.5		137.5	1
John Wong	Male	42	CA	66.75	67.5/148.8	Masters (40-44)	-105	-112.5	112.5		112.5	1
Gary Teeter	Male	58	PA	67.9	75/165.3	Masters (55-59)	92.5	97.5	102.5		102.5	1
Stephen Gregori	Male	60	MD	69.4	75/165.3	Masters (60-64)	95	97.5	100		100	1
Hugh McMunn	Male	68	NY	88.1	90/198.4	Masters (65-69)	105	110	-115		110	1
Jeremy Swain	Male	38	PA	98.75	100/220.4	Sub-Masters (35-39)	190	200	208		207.5	1
Bruce Knox	Male	37	MD	98.7	100/220.4	Sub-Masters (35-39)	175	182.5	185		185	2
Craig Kozens	Male	55	NH	98.25	100/220.4	Masters (55-59)	167.5	172.5	-175		172.5	1
Ken Jubas	Male	60	PA	97.7	100/220.4	Masters (60-64)	147.5	-155.5	-155.5		147.5	1
Joe Cotton	Male	58	VA	97.8	100/220.4	Masters (55-59)	137.5	-142.5	142.5		142.5	2
Brian Washington	Male	65	MD	98.5	100/220.4	Masters (65-69)	127.5	-132.5			127.5	1
Reno Birt	Male	60	VA	109.9	110/242.5	Masters (60-64)	155	160			160	1
Jeff Oliver	Male	61	PA	107.8	110/242.5	Masters (60-64)	147.5	155	-157.5		155	1
Billy Ray Powell	Male	68	AZ	103.4	110/242.5	Masters (65-69)	100	105	-110		105	1
Reno Birt	Male	60	VA	109.9	110/242.5	Law/Fire/Military	155	160			160	1
Billy Ray Powell	Male	68	AZ	103.4	110/242.5	Law/Fire/Military	100	105	-110		105	2
Paul Bossi	Male	57	NC	117.1	125/275.5	Masters (55-59)	187.5	195	200		200	1
Chris Fry	Male	52	VA	123.75	125/275.5	Masters (50-54)	175	180	182.5		182.5	1
Steve Kozlowski	Male	65	VA	116.9	125/275.5	Masters (65-69)	170	177.5	180		180	1
Dave Reeder	Male	65	PA	125	125/275.5	Masters (65-69)	125	132.5			132.5	2

Strict Curl

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	SC 1	SC 2	SC 3	SC 4	Total	Placing
Kim Price	Female	60	VA	46.85	48/105.8	Masters (60-64)	16	17	18		18	1
Jo Hendon	Female	38	PA	53.85	56/123.4	Sub-Masters (35-39)	25.5	27.5	29.5		29.5	1
Krystal Brown	Female	53	VA	57	60/132.2	Masters (50-54)	34	35	35.5		35.5	1
Carol Levasseur	Female	64	MA	65.8	67.5/148.8	Masters (60-64)	34	36	37.5		37.5	1
Mona Espinoza	Female	41	VA	82.5	82.5/181.8	Masters (40-44)	35.5	38	-39.5		38	1
Linda Arvey	Female	72	PA	79.6	82.5/181.8	Masters (70-74)	30	35	37.5	40	37.5	1
Mona Espinoza	Female	41	VA	82.5	82.5/181.8	Law/Fire/Military	35.5	38	-39.5		38	1
Linda Lee	Female	63	VA	83.2	90/198.4	Masters (60-64)	43	45.5	47.5		47.5	1
Liberty Buccello	Female	51	PA	94.3	90+/198.5+ (F)	Masters (50-54)	29.5	34	36.5		36.5	1
Karen Repino	Female	61	PA	108.4	90+/198.5+ (F)	Masters (60-64)	25	27.5	29.5		29.5	1
Steve Orseno	Male	47	MA	67.2	67.5/148.8	Masters (45-49)	67	68.5	69.5		69.5	1
Willie Trebach	Male	37	MD	66.35	67.5/148.8	Sub-Masters (35-39)	65	66.5	-68		66.5	1
John Wong	Male	42	CA	66.75	67.5/148.8	Masters (40-44)	54.5	59	60		60	1
Eric Haley	Male	42	NY	65.1	67.5/148.8	Masters (40-44)	42	46	53		53	2
Gary Teeter	Male	58	PA	67.9	75/165.3	Masters (55-59)	55	56.5	57.5		57.5	1
Doug Schader	Male	61	PA	72.5	75/165.3	Masters (60-64)	41	42.5	44		44	1
Brian Brindle	Male	76	VA	73.5	75/165.3	Masters (75-79)	40	44	-47		44	1
Doug Schader	Male	61	PA	72.5	75/165.3	Law/Fire/Military	41	42.5	44		44	1
Michael Neziri	Male	39	NY	77.85	82.5/181.8	Sub-Masters (35-39)	41.5	45.5	47.5		47.5	1
William Arnold	Male	72	IN	77.1	82.5/181.8	Masters (70-74)	43	45	46		46	1
Michael Neziri	Male	39	NY	77.85	82.5/181.8	Law/Fire/Military	41.5	45.5	47.5		47.5	1
Hugh McMunn	Male	68	NY	88.1	90/198.4	Masters (65-69)	56.5	60	60.5		60.5	1
Mark Dantzler	Male	63	MD	90	90/198.4	Masters (60-64)	47	51.5	55.5		55.5	1
Robert Jackson	Male	69	CT	88.2	90/198.4	Masters (65-69)	40	45	51.5		51.5	2
Jason Carroll	Male	46	MD	90	90/198.4	Masters (45-49)	32	41	50		50	1
Bruce Knox	Male	37	MD	98.7	100/220.4	Sub-Masters (35-39)	88	91	93.5	-94	93.5	1
Joe Cotton	Male	58	VA	97.8	100/220.4	Masters (55-59)	68.5	73	75.5		75.5	1
Craig Kozens	Male	55	NH	98.25	100/220.4	Masters (55-59)	60	62.5	65		65	2
Brian Washington	Male	65	MD	98.5	100/220.4	Masters (65-69)	59	61.5	-63.5		61.5	1
Tony Villa	Male	65	IN	97.7	100/220.4	Masters (65-69)	50	-59	-59		50	2
Tony Huffman	Male	58	VA	103.35	110/242.5	Masters (55-59)	70.5	74	-76		74	1
Reno Birt	Male	60	VA	109.9	110/242.5	Masters (60-64)	65	70	72.5	75.5	72.5	1
Billy Ray Powell	Male	68	AZ	103.4	110/242.5	Masters (65-69)	65.5	68.5	70.5		70.5	1
Jeff Oliver	Male	61	PA	107.8	110/242.5	Masters (60-64)	55	61	62.5		62.5	1
Ken Berry	Male	70	CT	110	110/242.5	Masters (70-74)					0	
Reno Birt	Male	60	VA	109.9	110/242.5	Law/Fire/Military	65	70	72.5	75.5	72.5	1
Billy Ray Powell	Male	68	AZ	103.4	110/242.5	Law/Fire/Military	65.5	68.5	70.5		70.5	2
Paul Bossi	Male	57	NC	117.1	125/275.5	Masters (55-59)	72	76.5	78	79	78	1
Chris Fry	Male	52	VA	123.75	125/275.5	Masters (50-54)	75	78	-79		78	1
Tab Brown	Male	44	WV	125	125/275.5	Masters (40-44)	64	68.5	-73		68.5	1
Robert Slade	Male	69	CT	123.1	125/275.5	Masters (65-69)	52.5	59	-63.5		59	1
Bernie Rhoades	Male	74	NC	115.65	125/275.5	Masters (70-74)	47.5	50	50.5		50.5	1
Bob Feeney	Male	70	PA	110.7	125/275.5	Masters (70-74)	43	47	48.5		48.5	2
Alexander Grass	Male	38	NY	125	125/275.5	Sub-Masters (35-39)					0	
Chris Pitts	Male	40	NY	128.9	140/308.6	Masters (40-44)	82.5	86.5	88.5	91	88.5	1
Stevie Murden	Male	35	VA	137.85	140/308.6	Sub-Masters (35-39)	68	75.5	77.5		77.5	1
Joseph Sabol	Male	41	PA	199.6	140+/SHW	Masters (40-44)	93.5	95	97.5		97.5	1

Ironman

						Bench1	Bench2	Bench3	Bench4	SC 1	SC 2	SC 3	SC 4	Total	Placing
Savreen Singh	Female	37	NY	59.6	60/132.2	Sub-Masters (35-39)	57	59.5	-63		28	32.5	-35	92	1
Krystal Brown	Female	53	VA	57	60/132.2	Masters (50-54)	47.5	50	-55		34	35	35.5	85.5	1
Jo Hendon	Female	38	PA	53.85	56/123.4	Sub-Masters (35-39)	42.5	45	-50		25.5	27.5	29.5	74.5	1
Heather Flottmann	Female	50	NY	64.9	67.5/148.8	Masters (50-54)	68	72.5	74	75	35	37.5	40.5	114.5	1
Carol Levasseur	Female	64	MA	65.8	67.5/148.8	Masters (60-64)	57.5	62.5	-65.5		34	36	37.5	100	1
Linda Arvey	Female	72	PA	79.6	82.5/181.8	Masters (70-74)	65	70	72.5		30	35	37.5	40	110
Erica Rojek	Female	42	NY	102.3	90+/198.5+ (F)	Masters (40-44)	65	70	75		41	43.5	45.5	46.5	120.5
Willie Trebach	Male	37	MD	66.35	67.5/148.8	Sub-Masters (35-39)	137.5	-142.5	-142.5		65	66.5	-68	204	1
John Wong	Male	42	CA	66.75	67.5/148.8	Masters (40-44)	-105	-112.5	112.5		54.5	59	60	172.5	1
Gary Teeter	Male	58	PA	67.9	75/165.3	Masters (55-59)	92.5	97.5	102.5		55	56.5	57.5	160	1
Stephen Gregori	Male	60	MD	69.4	75/165.3	Masters (60-64)	95	97.5	100		40	42.5	44.5	144.5	1
William Arnold	Male	72	IN	77.1	82.5/181.8	Masters (70-74)	57.5	62.5	-65		43	45	46	108.5	1
Hugh McMunn	Male	68	NY	88.1	90/198.4	Masters (65-69)	105	110	-115		56.5	60	60.5	170.5	1
Bruce Knox	Male	37	MD	98.7	100/220.4	Sub-Masters (35-39)	175	182.5	185		88	91	93.5	-94	278.5
Craig Kozens	Male	55	NH	98.25	100/220.4	Masters (55-59)	167.5	172.5	-175		60	62.5	65	237.5	1
Brian Washington	Male	65	MD	98.5	100/220.4	Masters (65-69)	127.5	-132.5			59	61.5	-63.5	189	1
Reno Birt	Male	60	VA	109.9	110/242.5	Masters (60-64)	155	160			65	70	72.5	75.5	232.5
Jeff Oliver	Male	61	PA	107.8	110/242.5	Masters (60-64)	147.5	155	-157.5		55	61	62.5	217.5	2
Billy Ray Powell	Male	68	AZ	103.4	110/242.5	Masters (65-69)	100	105	-110		65.5	68.5	70.5	175.5	1
Reno Birt	Male	60	VA	109.9	110/242.5	Law/Fire/Military	155	160			65	70	72.5	75.5	232.5
Billy Ray Powell	Male	68	AZ	103.4	110/242.5	Law/Fire/Military	100	105	-110		65.5	68.5	70.5	175.5	2
Chris Fry	Male	52	VA	123.75	125/275.5	Masters (50-54)	175	180	182.5		75	78	-79	260.5	1
Paul Bossi	Male	57	NC	117.1	125/275.5	Masters (55-59)	187.5	195	200		72	76.5	78	79	278
Steve Kozlowski	Male	65	VA	116.9	125/275.5	Masters (65-69)	170	177.5	180		72.5	77.5	79.5	81	259.5
Bernie Rhoades	Male	74	NC	115.65	125/275.5	Masters (70-74)	112.5	120	-127.5		47.5	50	50.5	170.5	1
Chris Pitts	Male	40	NY	128.9	140/308.6	Masters (40-44)	200	210	215		82.5	86.5	88.5	91	303.5
Bill Schnepf	Male	69	MD	131.2	140/308.6	Masters (65-69)	150	156	-160		60	65	68	70	224