



2022 Teen-Youth Rankings

Updated 12/25/2022 Ed Kutin

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2022 Squat Rankings

Female

Weight Class: 97				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	70	154.3	Natalie Norcross	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA		
2	65	143.2	Mia Spragis-McMullen	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA		
3	62.5	137.7	Gracie Bushee	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA		
4	57.5	126.7	Sofia Corridean	US-NC	American Challenge - NC	Elizabeth City	NC		
	57.5	126.7	Ashley Polacek	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA		
6	52.5	115.7	Bella Butler	US-PA	2022 Central PA Power Day	Clearfield	PA		
7	45	99.2	Gabbi Saunders	US-NC	2022 OBX Open	Jarvisburg	NC		
8	42.5	93.6	Kylie May	US-NC	2022 OBX Open	Jarvisburg	NC		
	42.5	93.6	Gabrielle Saunders	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA		
	42.5	93.6	Audriana Buitrago	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA		
11	37.5	82.6	Leiselle Ethridge	US-NC	2022 Southern Open	Jarvisburg	NC		
	37.5	82.6	Emma Bilak	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA		
13	35	77.1	Ashtyn Bushee	US-NC	2022 OBX Open	Jarvisburg	NC		
	35	77.1	Noelle Persons	US-OH	Ohio State Championships	Bedford	OH		
15	32.6	71.8	Finleigh Caldwell	US-FL	American Challenge - FL	Viera	FL		
16	32.5	71.6	Finley Dill	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA		
17	27.5	60.6	Ari Aude	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA		
18	25	55.1	Alexis Brooks	US-PA	2022 Central PA Power Day	Clearfield	PA		

Weight Class: 105				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	75.7	166.8	Natalie Norcross	US-FL	American Challenge - FL	Viera	FL		
2	67.5	148.8	Kenli Harris	US-NC	American Challenge - NC	Elizabeth City	NC		
3	55	121.2	Sofia Corridean	US-NC	2022 Southern Open	Jarvisburg	NC		
4	40	88.1	Maddie Welton	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA		

Weight Class: 114				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	63.5	139.9	Mariam Miyzed	US-FL	American Challenge - FL	Viera	FL		
2	62.5	137.7	Mariam Miyzed	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA		
3	52.5	115.7	Lily Hirsche	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA		

Weight Class: 123				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	77.5	170.8	Lauren Doyle	Canada	Back to the Platform - Back Alley		Canada		
2	61.2	134.9	Ava Lorusson	US-FL	American Challenge - FL	Viera	FL		
3	60	132.2	Kendall Booth	US-FL	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA		
4	42.5	93.6	Carly Cooper	US-NC	2022 Southern Open	Jarvisburg	NC		

Weight Class: 132				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			

1	120	264.5	Azlin Ferguson	Canada	Bridge Mania		Canada
2	85	187.3	Anaëlle Ravelojaona	Canada	Bridge Mania		Canada
3	77.5	170.8	Kathryn Laird	US-NY	American Challenge - NJ	Fair Lawn	NJ
4	65	143.2	Reagan Charlton	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
5	52.5	115.7	Carly Cooper	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 148		Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	112.5	248	Madison Berry	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
2	105	231.4	Azlin Ferguson	Canada	Back to the Platform - Back Alley		Canada
3	97.5	214.9	Mia Gaylord	US-NY	American Challenge - NY	Owego	NY
4	72.5	159.8	Marlee Hull	US-PA	2022 Great Lakes Championships	Erie	PA
	72.5	159.8	Lillie Hawes	US-PA	2022 Great Lakes Championships	Erie	PA
6	70	154.3	Kaydance Morton	US-NC	NC State Championship	Jarvisburg	NC
	70	154.3	Alysia Peters	US-NY	American Challenge - NJ	Fair Lawn	NJ
8	67.5	148.8	Mily Norris	US-PA	Ohio State Championships	Bedford	OH
9	50	110.2	Emily Faint	US-NY	American Challenge - NJ	Fair Lawn	NJ

Weight Class: 165		Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	155	341.7	Mackenzie Taylor	US-NC	2022 OBX Open	Jarvisburg	NC
2	147.5	325.1	Jamie Augustine	US-PA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
3	117.5	259	Namroz Gill	Canada	Bridge Mania		Canada
4	105	231.4	Madison Berry	US-NC	2022 Mid Atlantic	Mechanicsville	VA
5	95	209.4	Isabella Smith	US-NY	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
6	77.5	170.8	Angelina Grieb	US-PA	American Challenge - PA	Clearfield	PA

Weight Class: 181		Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	155.5	342.8	Mackenzie Taylor	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
2	87.5	192.9	Tyra Gutierrez	US-NC	2022 Southern Open	Jarvisburg	NC
3	65	143.2	Kaylee Newbern	US-NC	American Challenge - NC	Elizabeth City	NC
	65	143.2	Olivia Stedman	US-NC	2022 Southern Open	Jarvisburg	NC

Weight Class: 198		Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	112.5	248	Ashley Lindsey	US-NC	2022 Southern Open	Jarvisburg	NC
2	80	176.3	Olivia Stedman	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 198+		Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	122.5	270	Demetria Sarafis	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
2	110	242.5	Isabel Barteaux	Canada	Full Strong Atlantic		Canada
3	102.5	225.9	Savannah Glanville	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
4	95	209.4	Ashley Roczkowsky	Canada	Lift off		Canada
5	92.5	203.9	Erin Lewis	US-PA	2022 Great Lakes Championships	Erie	PA
6	90	198.4	Madison Hirsche	US-FL	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA

2022 Bench Press Rankings				Female			
Weight Class: 97		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	32.5	71.6	Ashley Polacek	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	32.5	71.6	Natalie Norcross	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
3	30	66.1	Kylie May	US-NC	2022 OBX Open	Jarvisburg	NC
4	28.1	61.9	Mia Spragis-McMullen	US-FL	American Challenge - FL	Viera	FL
5	27.5	60.6	Sofia Corridean	US-NC	American Challenge - NC	Elizabeth City	NC
	27.5	60.6	Gracie Bushee	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

	27.5	60.6	Bella Butler	US-PA	2022 Central PA Power Day	Clearfield	PA
8	23	50.7	Leiselle Ethridge	US-NC	2022 Southern Open	Jarvisburg	NC
9	22.5	49.6	Ashtyn Bushee	US-NC	2022 OBX Open	Jarvisburg	NC
	22.5	49.6	Gabbi Saunders	US-NC	2022 OBX Open	Jarvisburg	NC
	22.5	49.6	Emma Bilak	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	22.5	49.6	Gabrielle Saunders	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	22.5	49.6	Audriana Buitrago	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
14	20	44	Finley Dill	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	20	44	Noelle Persons	US-OH	Ohio State Championships	Bedford	OH
	20	44	Alexis Brooks	US-PA	2022 Central PA Power Day	Clearfield	PA
17	17.5	38.5	Finleigh Caldwell	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	17.5	38.5	Ari Aude	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 105		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	50	110.2	Giuliana Hess	US-NJ	American Challenge - NJ	Fair Lawn	NJ
2	34.9	76.9	Natalie Norcross	US-FL	American Challenge - FL	Viera	FL
3	32.5	71.6	Avaya Berge	US-NC	American Challenge - NC	Elizabeth City	NC
4	30	66.1	Sofia Corridean	US-NC	2022 Southern Open	Jarvisburg	NC
5	27.5	60.6	Kenli Harris	US-NC	American Challenge - NC	Elizabeth City	NC
6	22.5	49.6	Maddie Welton	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 114		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	50	110.2	Lela Pensyl	US-PA	2022 Central PA Power Day	Clearfield	PA
2	32.5	71.6	Alexandra Bulluck	US-VA	2022 Mid Atlantic	Mechanicsville	VA
3	31.7	69.8	Mariam Miyzed	US-FL	American Challenge - FL	Viera	FL
4	30	66.1	Mariam Mized	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
5	25	55.1	Lily Hirsche	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 123		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	40	88.1	Lauren Doyle	Canada	Back to the Platform - Back Alley		Canada
2	36.2	79.8	Ava Lorusson	US-FL	American Challenge - FL	Viera	FL
3	35	77.1	Kendall Booth	US-FL	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
4	25	55.1	Carly Cooper	US-NC	2022 Southern Open	Jarvisburg	NC

Weight Class: 132		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	60.5	133.3	Azlin Ferguson	Canada	Bridge Mania		Canada
2	40	88.1	Reagan Charlton	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
	40	88.1	Anaëlle Ravelojaona	Canada	Bridge Mania		Canada
4	37.5	82.6	Kathryn Laird	US-NY	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
5	27.5	60.6	Carly Cooper	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 148		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	62.5	137.7	Madison Berry	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
2	55	121.2	Azlin Ferguson	Canada	Back to the Platform - Back Alley		Canada
3	52.5	115.7	Mia Gaylord	US-NY	American Challenge - NY	Owego	NY
4	50	110.2	Grace Crestani	US-PA	American Challenge - PA	Clearfield	PA
5	47.5	104.7	Marlee Hull	US-PA	2022 Great Lakes Championships	Erie	PA
	47.5	104.7	Lillie Hawes	US-PA	2022 Great Lakes Championships	Erie	PA
7	45	99.2	Kaydance Morton	US-NC	NC State Championship	Jarvisburg	NC
	45	99.2	Kaydence Morton	US-NC	2022 Battle of the Border	Currituck	NC
9	37.5	82.6	Mily Norris	US-PA	Ohio State Championships	Bedford	OH
10	35	77.1	Alysia Peters	US-NY	American Challenge - NJ	Fair Lawn	NJ
11	32.5	71.6	Emily Faint	US-NY	American Challenge - NJ	Fair Lawn	NJ

Weight Class: 165		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	85	187.3	Mackenzie Taylor	US-NC	2022 Christmas Classic	Woodstock	VA
2	80	176.3	Jamie Augustine	US-PA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
3	62.5	137.7	Namroz Gill	Canada	Bridge Mania		Canada
4	59	130	Madison Berry	US-NC	2022 Mid Atlantic	Mechanicsville	VA
5	55	121.2	Hannah Morris	US-VA	2022 Mid Atlantic	Mechanicsville	VA
6	50	110.2	Angelina Grieb	US-PA	American Challenge - PA	Clearfield	PA
7	47.5	104.7	Claire Bires	US-PA	2022 Great Lakes Championships	Erie	PA
8	42.5	93.6	Camille Bainbridge	US-NC	American Challenge - NC	Elizabeth City	NC
	42.5	93.6	Isabella Smith	US-NY	American Challenge - NJ	Fair Lawn	NJ

Weight Class: 181		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	85	187.3	Mackenzie Taylor	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
2	60.5	133.3	Tyra Gutierrez	US-NC	2022 Southern Open	Jarvisburg	NC
3	45	99.2	Olivia Stedman	US-NC	2022 Southern Open	Jarvisburg	NC
4	32.5	71.6	Kaylee Newbern	US-NC	American Challenge - NC	Elizabeth City	NC

Weight Class: 198		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	65	143.2	Ashley Lindsey	US-NC	2022 Southern Open	Jarvisburg	NC
2	50	110.2	Olivia Stedman	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 198+		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	55	121.2	Demetria Sarafis	US-NC	NC State Championship	Jarvisburg	NC
2	50	110.2	Ashley Roczkowsky	Canada	Lift off		Canada
	50	110.2	Isabel Barteaux	Canada	Full Strong Atlantic		Canada
4	47.5	104.7	Erin Lewis	US-PA	2022 Great Lakes Championships	Erie	PA
5	45	99.2	Savannah Glanville	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
6	35	77.1	Madison Hirsche	US-FL	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA

2022 Deadlift Rankings Female

Weight Class: 97		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	95	209.4	Natalie Norcross	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
2	83.5	184	Sofia Corridean	US-NC	American Challenge - NC	Elizabeth City	NC
3	79.3	174.8	Ashley Polacek	US-FL	American Challenge - FL	Viera	FL
4	77.5	170.8	Gracie Bushee	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	77.5	170.8	Mia Spragis-McMullen	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
6	72.5	159.8	Gabrielle Saunders	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	72.5	159.8	Kylie May	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
8	70	154.3	Gabbi Saunders	US-NC	2022 OBX Open	Jarvisburg	NC
9	67.5	148.8	Audriana Buitrago	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
10	65	143.2	Sophin Sydnor	US-VA	Eastern USA Open	Woodstock	PA
	65	143.2	Bella Butler	US-PA	2022 Central PA Power Day	Clearfield	PA
12	57.5	126.7	Leiselle Ethridge	US-NC	2022 Southern Open	Jarvisburg	NC
13	54.4	119.9	Finleigh Caldwell	US-FL	American Challenge - FL	Viera	FL
14	52.5	115.7	Ashtyn Bushee	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	52.5	115.7	Finley Dill	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	52.5	115.7	Emma Bilak	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	52.5	115.7	Noelle Persons	US-OH	Ohio State Championships	Bedford	OH
18	45	99.2	Ari Aude	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
19	42.5	93.6	Lesly Quinteros	US-MD	2022 Christmas Classic	Woodstock	VA
20	35	77.1	Alexis Brooks	US-PA	2022 Central PA Power Day	Clearfield	PA

Weight Class: 105				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	97.5	214.9	Natalie Norcross	US-FL	American Challenge - FL	Viera	FL	
2	90	198.4	Sofia Corridean	US-NC	2022 Southern Open	Jarvisburg	NC	
3	77.5	170.8	Kenli Harris	US-NC	American Challenge - NC	Elizabeth City	NC	
4	62.5	137.7	Maddie Welton	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA	

Weight Class: 114				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	105	231.4	Alexandra Bulluck	US-VA	2022 Mid Atlantic	Mechanicsville	VA	
2	86.1	189.8	Mariam Miyzed	US-FL	American Challenge - FL	Viera	FL	
3	82.5	181.8	Lela Pensyl	US-PA	Eastern USA Open	Woodstock	PA	
	82.5	181.8	Mariam Mizyed	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA	
5	75	165.3	Lily Hirsche	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA	
6	65	143.2	Tarandeep Kaur	India	International Powerlifting Championships		Dubai	

Weight Class: 123				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	90	198.4	Lauren Doyle	Canada	Back to the Platform - Back Alley		Canada	
2	81.6	179.8	Ava Lorusson	US-FL	American Challenge - FL	Viera	FL	
3	75.5	166.4	Carly Cooper	US-NC	2022 Southern Open	Jarvisburg	NC	
4	72.5	159.8	Kendall Booth	US-FL	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA	

Weight Class: 132				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	130	286.5	Anaëlle Ravelojaona	Canada	Bridge Mania		Canada	
2	122.5	270	Azlin Ferguson	Canada	Bridge Mania		Canada	
3	87.5	192.9	Kathryn Laird	US-NY	2022 NJ Open	Fair Lawn	NJ	
	87.5	192.9	Reagan Charlton	US-NC	2022 OBX Open	Jarvisburg	NC	
5	77.5	170.8	Carly Cooper	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA	

Weight Class: 148				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	130	286.5	Marlee Hull	US-PA	2022 Great Lakes Championships	Erie	PA	
2	127.5	281	Madison Berry	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA	
3	125	275.5	Mia Gaylord	US-NY	American Challenge - NY	Owego	NY	
4	117.5	259	Azlin Ferguson	Canada	Back to the Platform - Back Alley		Canada	
5	100	220.4	Lillie Hawes	US-PA	2022 Great Lakes Championships	Erie	PA	
	100	220.4	Alysia Peters	US-NY	American Challenge - NJ	Fair Lawn	NJ	
	100	220.4	Mily Norris	US-PA	Ohio State Championships	Bedford	OH	
8	95	209.4	Kaydence Morton	US-NC	2022 Battle of the Border	Currituck	NC	
	95	209.4	Emily Faint	US-NY	American Challenge - NJ	Fair Lawn	NJ	
10	92.5	203.9	Kaydance Morton	US-NC	NC State Championship	Jarvisburg	NC	
	92.5	203.9	Grace Crestani	US-PA	American Challenge - PA	Clearfield	PA	
	92.5	203.9	Miley Norris	US-PA	American Challenge - OH	Bedford Heights	OH	
13	80	176.3	Livia Frassetto Martins	US-OH	Ohio State Championships	Bedford	OH	
14	72.5	159.8	Mackenzie Pernsky-Keenan	Canada	Bridge Mania		Canada	

Weight Class: 165				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	162.5	358.2	Mackenzie Taylor	US-NC	2022 Christmas Classic	Woodstock	VA	
2	160	352.7	Jamie Augustine	US-PA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA	
3	155	341.7	Namroz Gill	Canada	Bridge Mania		Canada	
4	120	264.5	Madison Berry	US-NC	2022 Mid Atlantic	Mechanicsville	VA	
5	117.5	259	Hannah Morris	US-VA	2022 Mid Atlantic	Mechanicsville	VA	
	117.5	259	Isabella Smith	US-NY	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA	
7	105	231.4	Camille Bainbridge	US-NC	American Challenge - NC	Elizabeth City	NC	

105 231.4 Angelina Grieb US-PA American Challenge - PA Clearfield PA

Weight Class: 181				Deadlift		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	162.5	358.2	Mackenzie Taylor	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
2	107.5	236.9	Tyra Gutierrez	US-NC	2022 Southern Open	Jarvisburg	NC
3	90	198.4	Olivia Stedman	US-NC	2022 Southern Open	Jarvisburg	NC
4	82.5	181.8	Kaylee Newbern	US-NC	American Challenge - NC	Elizabeth City	NC

Weight Class: 198				Deadlift		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	152.5	336.2	Ashley Lindsey	US-NC	NC State Championship	Jarvisburg	NC
2	100	220.4	Olivia Stedman	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 198+				Deadlift		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	155	341.7	Demetria Sarafis	US-NC	NC State Championship	Jarvisburg	NC
2	132.5	292.1	Isabel Barteaux	Canada	Full Strong Atlantic		Canada
3	130	286.5	Ashley Roczkowsky	Canada	Lift off		Canada
4	110	242.5	Erin Lewis	US-PA	2022 Great Lakes Championships	Erie	PA
5	102.5	225.9	Savannah Glanville	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
6	100	220.4	Madison Hirsche	US-FL	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA

2022 Total Rankings Female

Weight Class: 97				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	197.5	435.4	Natalie Norcross	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
2	170	374.7	Mia Spragis-McMullen	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
3	168.5	371.4	Sofia Corridean	US-NC	American Challenge - NC	Elizabeth City	NC
4	167.5	369.2	Gracie Bushee	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
5	165	363.7	Ashley Polacek	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
6	145	319.6	Kylie May	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	145	319.6	Bella Butler	US-PA	2022 Central PA Power Day	Clearfield	PA
8	137.5	303.1	Gabbi Saunders	US-NC	2022 OBX Open	Jarvisburg	NC
	137.5	303.1	Gabrielle Saunders	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
10	132.5	292.1	Audriana Buitrago	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
11	118	260.1	Leiselle Ethridge	US-NC	2022 Southern Open	Jarvisburg	NC
12	112.5	248	Emma Bilak	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
13	107.5	236.9	Noelle Persons	US-OH	Ohio State Championships	Bedford	OH
14	106.5	234.7	Ashtyn Bushee	US-NC	2022 OBX Open	Jarvisburg	NC
15	105	231.4	Finley Dill	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
16	103.7	228.6	Finleigh Caldwell	US-FL	American Challenge - FL	Viera	FL
17	90	198.4	Ari Aude	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
18	80	176.3	Alexis Brooks	US-PA	2022 Central PA Power Day	Clearfield	PA

Weight Class: 105				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	208.1	458.7	Natalie Norcross	US-FL	American Challenge - FL	Viera	FL
2	175	385.8	Sofia Corridean	US-NC	2022 Southern Open	Jarvisburg	NC
3	172.5	380.2	Kenli Harris	US-NC	American Challenge - NC	Elizabeth City	NC
4	125	275.5	Maddie Welton	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 114				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	181.3	399.6	Mariam Miyzed	US-FL	American Challenge - FL	Viera	FL
2	175	385.8	Mariam Mizyed	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
3	152.5	336.2	Lily Hirsche	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 123				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	207.5	457.4	Lauren Doyle	Canada	Back to the Platform - Back Alley	Canada		
2	179	394.6	Ava Lorusson	US-FL	American Challenge - FL	Viera	FL	
3	167.5	369.2	Kendall Booth	US-FL	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA	
4	130	286.5	Carly Cooper	US-NC	2022 Southern Open	Jarvisburg	NC	

Weight Class: 132				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	303	667.9	Azlin Ferguson	Canada	Bridge Mania	Canada		
2	255	562.1	Anaëlle Ravelojaona	Canada	Bridge Mania	Canada		
3	197.5	435.4	Kathryn Laird	US-NY	American Challenge - NJ	Fair Lawn	NJ	
4	187.5	413.3	Reagan Charlton	US-NC	2022 OBX Open	Jarvisburg	NC	
5	157.5	347.2	Carly Cooper	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA	

Weight Class: 148				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	302.5	666.8	Madison Berry	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA	
2	277.5	611.7	Azlin Ferguson	Canada	Back to the Platform - Back Alley	Canada		
3	275	606.2	Mia Gaylord	US-NY	American Challenge - NY	Owego	NY	
4	250	551.1	Marlee Hull	US-PA	2022 Great Lakes Championships	Erie	PA	
5	220	485	Lillie Hawes	US-PA	2022 Great Lakes Championships	Erie	PA	
6	207.5	457.4	Kaydance Morton	US-NC	NC State Championship	Jarvisburg	NC	
7	205	451.9	Alysia Peters	US-NY	American Challenge - NJ	Fair Lawn	NJ	
		205	Mily Norris	US-PA	Ohio State Championships	Bedford	OH	
9	177.5	391.3	Emily Faint	US-NY	American Challenge - NJ	Fair Lawn	NJ	

Weight Class: 165				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	390	859.7	Mackenzie Taylor	US-NC	2022 OBX Open	Jarvisburg	NC	
2	387.5	854.2	Jamie Augustine	US-PA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA	
3	327.5	722	Namroz Gill	Canada	Bridge Mania	Canada		
4	284	626.1	Madison Berry	US-NC	2022 Mid Atlantic	Mechanicsville	VA	
5	252.5	556.6	Isabella Smith	US-NY	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA	
6	232.5	512.5	Angelina Grieb	US-PA	American Challenge - PA	Clearfield	PA	

Weight Class: 181				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	403	888.4	Mackenzie Taylor	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA	
2	255.5	563.2	Tyra Gutierrez	US-NC	2022 Southern Open	Jarvisburg	NC	
3	191	421	Olivia Stedman	US-NC	2022 Southern Open	Jarvisburg	NC	
4	180	396.8	Kaylee Newbern	US-NC	American Challenge - NC	Elizabeth City	NC	

Weight Class: 198				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	325	716.4	Ashley Lindsey	US-NC	2022 Southern Open	Jarvisburg	NC	
2	225	496	Olivia Stedman	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA	

Weight Class: 198+				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	332.5	733	Demetria Sarafis	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA	
2	292.5	644.8	Isabel Barteaux	Canada	Full Strong Atlantic	Canada		
3	275	606.2	Ashley Roczkowsky	Canada	Lift off	Canada		
4	250	551.1	Erin Lewis	US-PA	2022 Great Lakes Championships	Erie	PA	
	250	551.1	Savannah Glanville	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA	
6	225	496	Madison Hirsche	US-FL	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA	

2022 Strict Curl Rankings Female

Weight Class: 97				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	18.5	40.7	Gracie Bushee	US-NC	2022 Strict Curl Worlds	Virginia Beach	VA	
2	14.5	31.9	Kylie May	US-NC	2022 OBX Open	Jarvisburg	NC	
3	13	28.6	Lesly Quinteros	US-MD	2022 Christmas Classic	Woodstock	VA	
4	11	24.2	Ashtyn Bushee	US-NC	2022 Strict Curl Worlds	Virginia Beach	VA	
5	10	22	Gabbi Saunders	US-NC	2022 OBX Open	Jarvisburg	NC	

Weight Class: 105				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	21	46.2	Avaya Berge	US-NC	American Challenge - NC	Elizabeth City	NC	
2	20	44	Isabella Costantino	US-PA	2022 Central PA Power Day	Clearfield	PA	

Weight Class: 123				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	18.5	40.7	Carly Cooper	US-NC	2022 Southern Open	Jarvisburg	NC	

Weight Class: 132				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	29.5	65	Reagan Charlton	US-NC	2022 Strict Curl Worlds	Virginia Beach	VA	
2	23	50.7	Carly Cooper	US-NC	2022 Strict Curl Worlds	Virginia Beach	VA	
	23	50.7	Kathryn Laird	US-NY	2022 Strict Curl Worlds	Virginia Beach	VA	

Weight Class: 148				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	31.5	69.4	Mia Gaylord	US-NY	American Challenge - NY	Owego	NY	
2	31	68.3	Kaydence Morton	US-NC	2022 Battle of the Border	Currituck	NC	
3	30.5	67.2	Kaydance Morton	US-NC	NC State Championship	Jarvisburg	NC	
4	29.5	65	Madison Berry	US-NC	2022 Strict Curl Worlds	Virginia Beach	VA	
5	22.5	49.6	Emily Faint	US-NY	American Challenge - NJ	Fair Lawn	NJ	

Weight Class: 165				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	45.5	100.3	Mackenzie Taylor	US-NC	2022 Christmas Classic	Woodstock	VA	
2	39.5	87	Jamie Augustine	US-PA	2022 Strict Curl Worlds	Virginia Beach	VA	
3	25.5	56.2	Madison Berry	US-NC	2022 Mid Atlantic	Mechanicsville	VA	

Weight Class: 181				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	45.5	100.3	Mackenzie Taylor	US-NC	2022 Strict Curl Worlds	Virginia Beach	VA	
2	31.5	69.4	Tyra Gutierrez	US-NC	2022 Southern Open	Jarvisburg	NC	
3	21	46.2	Olivia Stedman	US-NC	2022 Southern Open	Jarvisburg	NC	

Weight Class: 198				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	40	88.1	Ashley Lindsey	US-NC	NC State Championship	Jarvisburg	NC	
2	26.5	58.4	Olivia Stedman	US-NC	2022 Strict Curl Worlds	Virginia Beach	VA	

Weight Class: 198+				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	43.5	95.9	Demetria Sarafis	US-NC	American Challenge - NC	Elizabeth City	NC	
2	30	66.1	Savannah Glanville	US-NC	2022 Strict Curl Worlds	Virginia Beach	VA	

2022 Squat Rankings Male

Weight Class: 105				Squat	Male			
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Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	70	154.3	Brock Vergara	US-FL	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
2	60	132.2	Jeramiah Skinner	US-NC	American Challenge - NC	Elizabeth City	NC
3	59.8	131.8	Alex Waters	US-FL	American Challenge - FL	Viera	FL
4	55	121.2	Carson Eckhart	US-PA	American Challenge - PA	Clearfield	PA
5	52.5	115.7	Zach Sorey	US-NC	2022 Southern Open	Jarvisburg	NC
6	50	110.2	Odin Wingenbach	US-PA	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
7	49.8	109.7	Kellan Caldwell	US-FL	American Challenge - FL	Viera	FL
8	43	94.7	Pierce Lorusso	US-FL	American Challenge - FL	Viera	FL
9	41	90.3	Colt Sorey	US-NC	2022 Southern Open	Jarvisburg	NC
10	40	88.1	Michael Neziri	US-NY	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	40	88.1	Josh Waters	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	40	88.1	Gavin Michocki	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	40	88.1	Kai Vergara	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
14	38.5	84.8	Elijah Spragis-McMullen	US-FL	American Challenge - FL	Viera	FL
15	37.5	82.6	Michael Neziri Jr	US-NY	American Challenge - NJ	Fair Lawn	NJ
16	30.3	66.7	Simon Smith	US-FL	American Challenge - FL	Viera	FL
17	27.5	60.6	Ivan Shick	US-PA	2022 Great Lakes Championships	Erie	PA
	27.5	60.6	Knox Dill	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
19	24.9	54.8	Asher Lorusso	US-FL	American Challenge - FL	Viera	FL

Weight Class: 114			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	75	165.3	Alex Waters	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 123			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	100	220.4	Adam Taylor	US-MD	American Challenge - MD	Prince Frederick	MD
2	92.5	203.9	Justin Meds	US-NC	American Challenge - NC	Elizabeth City	NC
3	72.5	159.8	Corey Williams	US-FL	American Challenge - FL	Viera	FL
4	67.5	148.8	Dawson Lomison	US-PA	American Challenge - PA	Clearfield	PA
5	62.5	137.7	Asher Wingenbach	US-PA	2022 Great Lakes Championships	Erie	PA

Weight Class: 132			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	167.5	369.2	Jose Para	US-NC	NC State Championship	Jarvisburg	NC
2	142.8	314.8	Pierson Milburn	US-FL	American Challenge - FL	Viera	FL
3	112.5	248	Nathan Henriques	US-VA	Eastern USA Open	Woodstock	PA
4	92.5	203.9	Asher Wingenbach	US-PA	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	92.5	203.9	Alijah Rubang	US-NY	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
6	42.5	93.6	Caden Christie	US-PA	American Challenge - OH	Bedford Heights	OH

Weight Class: 148			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	200	440.9	Shane Elliot	US-MD	American Challenge - MD	Prince Frederick	MD
2	175	385.8	Jose Parra	US-NC	American Challenge - NC	Elizabeth City	NC
3	160	352.7	Luc Dahlman	Canada	Back to the Platform - Back Alley		Canada
4	150	330.6	Easten Binckley	US-NC	American Challenge - NJ	Fair Lawn	NJ
5	136	299.8	Wyatt Cook	US-ID	American Challenge - ID Championships	Couer D'Alene	ID
6	135	297.6	Joshua Persaud	US-NY	American Challenge - NJ	Fair Lawn	NJ
7	130	286.5	Joe Thibodeau	US-NC	American Challenge - NC	Elizabeth City	NC
8	120	264.5	Braeden Philpott	US-PA	2022 Great Lakes Championships	Erie	PA
9	115	253.5	Luis Villa-Segura	US-NC	American Challenge - NC	Elizabeth City	NC
10	112.5	248	Drake Small	US-FL	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
11	110	242.5	Luke Dixon	US-PA	2022 Great Lakes Championships	Erie	PA
	110	242.5	Preston Reed	US-PA	American Challenge - PA	Clearfield	PA
	110	242.5	Andrew Pham	Canada	Retro Rewind		Canada
	110	242.5	Benjamin Nola	US-PA	2022 Central PA Power Day	Clearfield	PA

15	85	187.3	Thomas Austin	US-VA	2022 Mid Atlantic	Mechanicsville	VA
16	75	165.3	Brayden Dashiell	US-VA	American Challenge - VA	Fredericksburg	VA
	75	165.3	Wyatt Shultz	US-PA	2022 Central PA Power Day	Clearfield	PA
18	65	143.2	Caden Christie	US-PA	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 165		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	205	451.9	Shane Elliott	US-MD	2022 Maryland States	Prince Frederick	MD
2	175	385.8	Ethan Binckley	US-NC	American Challenge - NC	Elizabeth City	NC
3	174.6	384.9	Cody Wimberly	US-ID	American Challenge - ID Championships	Couer D'Alene	ID
4	158.7	349.8	Austin Crea	US-ID	American Challenge - ID Championships	Couer D'Alene	ID
5	152.5	336.2	Andrew Pineo	Canada	Full Strong Atlantic		Canada
6	150	330.6	Easten Binckley	US-NC	2022 Southern Open	Jarvisburg	NC
	150	330.6	Maximilian Wingenbach	US-PA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
8	148	326.2	Elijah Binckley	US-NC	NC State Championship	Jarvisburg	NC
9	147.5	325.1	Trever Weeden	US-NY	American Challenge - NY	Owego	NY
10	147.4	324.9	Cohen Keener	US-ID	American Challenge - ID Championships	Couer D'Alene	ID
11	130	286.5	Luke Kuwik	US-NC	NC State Championship	Jarvisburg	NC
	130	286.5	Thomas Austin	US-VA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
	130	286.5	Dylan Aronson	Canada	Bridge Mania		Canada
14	125	275.5	Tyler Boura	US-NY	American Challenge - NY	Owego	NY
15	120	264.5	Dalton Fazio	US-NC	American Challenge - NC	Elizabeth City	NC
	120	264.5	Kenneth Beacham	US-NC	2022 OBX Open	Jarvisburg	NC
17	115	253.5	Tykhon Rudenok	US-NY	2022 NJ Open	Fair Lawn	NJ
	115	253.5	Luke Dixon	US-PA	2022 Central PA Power Day	Clearfield	PA
19	107.5	236.9	Caden Simco	US-PA	2022 Central PA Power Day	Clearfield	PA
20	105	231.4	Tommy Bryant	US-PA	2022 Great Lakes Championships	Erie	PA
	105	231.4	Gavin Bennett	US-PA	American Challenge - PA	Clearfield	PA

Weight Class: 181		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	192.5	424.3	Jake Naug	Canada	Full Strong Atlantic		Canada
2	187.5	413.3	Gavin Wickeremasuriya	US-NY	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
3	175	385.8	Noah Simpson	US-NC	American Challenge - NC	Elizabeth City	NC
4	170	374.7	Anthony Martucci	US-PA	2022 Great Lakes Championships	Erie	PA
	170	374.7	Tykhon Rudenok	US-NY	American Challenge - NJ	Fair Lawn	NJ
6	167.5	369.2	Timothy Wells	US-PA	2022 Great Lakes Championships	Erie	PA
	167.5	369.2	Eli Binckley	US-NC	American Challenge - NC	Elizabeth City	NC
8	155	341.7	Russell Brown	US-PA	2022 Great Lakes Championships	Erie	PA
9	150	330.6	Eddie Dolansky	US-PA	2022 Central PA Power Day	Clearfield	PA
10	145	319.6	Maximilian Wingenbach	US-PA	2022 Great Lakes Championships	Erie	PA
11	142.5	314.1	Alexander Coulter	US-NC	American Challenge - NC	Elizabeth City	NC
12	130	286.5	Grayson Richardson	US-NC	NC State Championship	Jarvisburg	NC
13	127.5	281	Arthur Kovalev	US-PA	2022 Central PA Power Day	Clearfield	PA
14	120	264.5	Kenneth Beacham	US-NC	American Challenge - NC	Elizabeth City	NC
15	107.5	236.9	Derek Schmadeke	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 198		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	182.5	402.3	Jayden Williams	US-NC	American Challenge - NC	Elizabeth City	NC
2	177.5	391.3	Elijah Binckley	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
3	176.9	389.9	Ben Wood	US-FL	American Challenge - FL	Viera	FL
4	175	385.8	Jeffery Klugh	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
5	157.5	347.2	Gage Joyner	US-NC	American Challenge - NC	Elizabeth City	NC
6	155	341.7	Owen Carpenter	Canada	Back to the Platform - Back Alley		Canada
7	150	330.6	Caden Barth	US-NC	American Challenge - NC	Elizabeth City	NC
8	137.5	303.1	Diego Hernandez	US-VA	2022 Mid Atlantic	Mechanicsville	VA
9	125	275.5	Ryan Baker	US-NC	American Challenge - NC	Elizabeth City	NC

10	107.5	236.9	Easton Christie	US-PA	2022 Great Lakes Championships	Erie	PA
11	74.8	164.9	Curtis Logman	US-OR	American Challenge - ID Championships	Couer D'Alene	ID

Weight Class: 220		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	220	485	Ari Kutin	US-NJ	American Challenge - NJ	Fair Lawn	NJ
2	215	473.9	Mitchell Rowles	US-PA	2022 Central PA Power Day	Clearfield	PA
3	172.5	380.2	Brennan Pearson	US-NY	American Challenge - NJ	Fair Lawn	NJ
4	165	363.7	Colton Greene	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
5	140	308.6	John Hopkins	US-NC	NC State Championship	Jarvisburg	NC
6	138.3	304.8	Colin Smith	US-FL	American Challenge - FL	Viera	FL
7	117.5	259	Easton Christie	US-PA	American Challenge - OH	Bedford Heights	OH
8	74.8	164.9	Craig Logman	US-OR	American Challenge - ID Championships	Couer D'Alene	ID

Weight Class: 242		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	202.5	446.4	Matheas Elles	Canada	Full Strong Atlantic		Canada
2	172.5	380.2	Riley Bukowski	US-PA	2022 Great Lakes Championships	Erie	PA
3	165.5	364.8	Shane Myers	US-OH	American Challenge - OH	Bedford Heights	OH
4	155	341.7	Andrew Flesher	US-OH	2022 Tri State Championships	Bedford Heights	OH
5	140	308.6	Barron Capps	US-NC	NC State Championship	Jarvisburg	NC
6	131.5	289.9	Vinny Chiellini	US-FL	American Challenge - FL	Viera	FL
7	122.5	270	Easton Christie	US-PA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
8	115	253.5	Griffin Viney	Canada	Bridge Mania		Canada

Weight Class: 275		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	165	363.7	Ben Thibodeau	US-NC	NC State Championship	Jarvisburg	NC
2	150	330.6	Baron Capps	US-NC	American Challenge - NC	Elizabeth City	NC
3	145	319.6	Matt Davis	US-PA	2022 Central PA Power Day	Clearfield	PA
4	140	308.6	Nathan Bennett	US-NC	NC State Championship	Jarvisburg	NC

Weight Class: 308		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	183.7	404.9	Christopher Logman	US-OR	American Challenge - ID Championships	Couer D'Alene	ID
2	167.5	369.2	Steadman Reynolds	US-NC	American Challenge - NC	Elizabeth City	NC
3	147.5	325.1	Julian Reynolds	US-NC	NC State Championship	Jarvisburg	NC

Weight Class: SHW		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	140	308.6	Paul Watson	US-NC	American Challenge - NC	Elizabeth City	NC

2022 Bench Press Rankings

Male

Weight Class: 105		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	67.5	148.8	Ismael Jackson	US-MD	2022 Christmas Classic	Woodstock	VA
2	42.5	93.6	Odin Wingenbach	US-PA	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
3	37.5	82.6	Zach Sorey	US-NC	2022 Southern Open	Jarvisburg	NC
	37.5	82.6	Jeramiah Skinner	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
5	37.1	81.7	Alex Waters	US-FL	American Challenge - FL	Viera	FL
6	35	77.1	Carson Eckhart	US-PA	American Challenge - PA	Clearfield	PA
	35	77.1	Brock Vergara	US-FL	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
8	28.1	61.9	Pierce Lorusso	US-FL	American Challenge - FL	Viera	FL
9	28	61.7	Colt Sorey	US-NC	2022 Southern Open	Jarvisburg	NC
10	27.5	60.6	Maximus Ruskin	US-VA	2022 Christmas Classic	Woodstock	VA
11	27.2	59.9	Kellan Caldwell	US-FL	American Challenge - FL	Viera	FL
12	25	55.1	Michael Neziri Jr	US-NY	American Challenge - NJ	Fair Lawn	NJ

	25	55.1	Michael Neziri	US-NY	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
14	22.5	49.6	Ivan Shick	US-PA	2022 Great Lakes Championships	Erie	PA
15	20.4	44.9	Gavin Michocki	US-FL	American Challenge - FL	Viera	FL
16	20	44	Josh Waters	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	20		Kai Vergara	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
18	18.1	39.9	Elijah Spragis-McMullen	US-FL	American Challenge - FL	Viera	FL
19	16.7	36.8	Simon Smith	US-FL	American Challenge - FL	Viera	FL
20	15.8	34.8	Knox Dill	US-FL	American Challenge - FL	Viera	FL

Weight Class: 114		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	75	165.3	John Self JR	US-VA	2022 Christmas Classic	Woodstock	VA
2	65	143.2	John Self Jr	US-VA	2022 Mid Atlantic	Mechanicsville	VA
3	42.5	93.6	Alex Waters	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 123		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	85	187.3	Adam Taylor	US-MD	American Challenge - MD	Prince Frederick	MD
2	72.5	159.8	John Self Jr	US-VA	2022 Shenandoah Open	Woodstock	VA
3	57.5	126.7	Dawson Lomison	US-PA	American Challenge - PA	Clearfield	PA
4	50	110.2	Justin Meds	US-NC	American Challenge - NC	Elizabeth City	NC
5	47.5	104.7	Asher Wingenbach	US-PA	American Challenge - OH	Bedford Heights	OH
6	45.3	99.8	Corey Williams	US-FL	American Challenge - FL	Viera	FL
7	37.5	82.6	Braeden New	US-VA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA

Weight Class: 132		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	87.5	192.9	Jose Para	US-NC	NC State Championship	Jarvisburg	NC
	87.5	192.9	Nathan Henriques	US-VA	Eastern USA Open	Woodstock	PA
	87.5	192.9	Adam Taylor	US-MD	9-11 Patriots Open	Prince Frederick	MD
4	83.9	184.9	Pierson Milburn	US-FL	American Challenge - FL	Viera	FL
5	72.5	159.8	Jaquan Johnson	US-NC	American Challenge - NC	Elizabeth City	NC
6	57.5	126.7	Alijah Rubang	US-NY	American Challenge - NJ	Fair Lawn	NJ
7	55	121.2	Asher Wingenbach	US-PA	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
8	32.5	71.6	Ryland Stone	US-NC	2022 Battle of the Border	Currituck	NC
	32.5	71.6	Caden Christie	US-PA	American Challenge - OH	Bedford Heights	OH

Weight Class: 148		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	102.5	225.9	Luc Dahlman	Canada	Back to the Platform - Back Alley		Canada
2	97.5	214.9	Shane Elliot	US-MD	American Challenge - MD	Prince Frederick	MD
3	92.9	204.8	Wyatt Cook	US-ID	American Challenge - ID Championships	Couer D'Alene	ID
4	92.5	203.9	Jose Parra	US-NC	American Challenge - NC	Elizabeth City	NC
5	90	198.4	John Pearson	US-PA	2022 Mid Atlantic	Mechanicsville	VA
6	87.5	192.9	Luke Kuwik	US-NC	2022 Battle of the Border	Currituck	NC
	87.5	192.9	Braeden Philpott	US-PA	American Challenge - NY	Owego	NY
	87.5	192.9	Joshua Persaud	US-NY	American Challenge - NJ	Fair Lawn	NJ
9	82.5	181.8	Preston Reed	US-PA	American Challenge - PA	Clearfield	PA
10	77.5	170.8	Luis Villa-Segura	US-NC	American Challenge - NC	Elizabeth City	NC
	77.5	170.8	Joe Thibodeau	US-NC	American Challenge - NC	Elizabeth City	NC
	77.5	170.8	Drake Small	US-FL	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
13	75	165.3	Easten Binckley	US-NC	American Challenge - NC	Elizabeth City	NC
	75	165.3	Andrew Pham	Canada	Retro Rewind		Canada
	75	165.3	Nathaniel Thorp	US-PA	2022 Central PA Power Day	Clearfield	PA
16	72.5	159.8	Benjamin Nola	US-PA	2022 Central PA Power Day	Clearfield	PA
17	70	154.3	Luke Dixon	US-PA	American Challenge - PA	Clearfield	PA
18	62.5	137.7	Thomas Austin	US-VA	2022 Mid Atlantic	Mechanicsville	VA
	62.5	137.7	Wyatt Shultz	US-PA	2022 Central PA Power Day	Clearfield	PA

20 57.5 126.7 Dalton Fazio US-NC 2022 Battle of the Border Currituck NC

Weight Class: 165				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	122.5	270	Ethan Binckley	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
2	112.5	248	Shane Elliott	US-MD	2022 Maryland States	Prince Frederick	MD
3	110	242.5	Tyler Boura	US-NY	American Challenge - NY	Owego	NY
4	102.5	225.9	Andrew Pineo	Canada	Full Strong Atlantic		Canada
5	97.5	214.9	Daniel Schofield	US-NY	American Challenge - NY	Owego	NY
	97.5	214.9	Austin Crea	US-ID	American Challenge - ID Championships	Couer D'Alene	ID
7	95	209.4	Gavin Bennett	US-PA	American Challenge - PA	Clearfield	PA
	95	209.4	Dylan Aronson	Canada	Bridge Mania		Canada
9	92.9	204.8	Cohen Keener	US-ID	American Challenge - ID Championships	Couer D'Alene	ID
10	92.5	203.9	Maximilian Wingenbach	US-PA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
11	90	198.4	Elijah Binckley	US-NC	NC State Championship	Jarvisburg	NC
12	87.5	192.9	Caden Simco	US-PA	2022 Central PA Power Day	Clearfield	PA
13	83.9	184.9	Cody Wimberly	US-ID	American Challenge - ID Championships	Couer D'Alene	ID
14	82.5	181.8	Tykhon Rudenok	US-NY	2022 NJ Open	Fair Lawn	NJ
	82.5	181.8	Luke Kuwik	US-NC	NC State Championship	Jarvisburg	NC
	82.5	181.8	Trever Weeden	US-NY	American Challenge - NY	Owego	NY
17	80.5	177.4	Easten Binckley	US-NC	2022 Southern Open	Jarvisburg	NC
18	75	165.3	Thomas Austin	US-VA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
19	70	154.3	Joseph Thidodeau	US-NC	2022 Battle of the Border	Currituck	NC
	70	154.3	Kenneth Beacham	US-NC	2022 OBX Open	Jarvisburg	NC

Weight Class: 181				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	107.5	236.9	Russell Brown	US-PA	2022 Great Lakes Championships	Erie	PA
	107.5	236.9	Jake Naug	Canada	Full Strong Atlantic		Canada
	107.5	236.9	Gavin Wickeremasuriya	US-NY	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
4	100	220.4	Eli Binckley	US-NC	American Challenge - NC	Elizabeth City	NC
5	97.5	214.9	Noah Simpson	US-NC	NC State Championship	Jarvisburg	NC
	97.5	214.9	Tykhon Rudenok	US-NY	American Challenge - NJ	Fair Lawn	NJ
	97.5	214.9	Nicholas Thorp	US-PA	2022 Central PA Power Day	Clearfield	PA
8	92.5	203.9	Timothy Wells	US-PA	2022 Great Lakes Championships	Erie	PA
	92.5	203.9	Grayson Richardson	US-NC	American Challenge - NC	Elizabeth City	NC
	92.5	203.9	Arthur Kovalev	US-PA	2022 Central PA Power Day	Clearfield	PA
11	85	187.3	Anthony Martucci	US-PA	2022 Great Lakes Championships	Erie	PA
	85	187.3	Maximilian Wingenbach	US-PA	American Challenge - OH	Bedford Heights	OH
13	82.5	181.8	Owen Elwell	Canada	Lift off		Canada
14	72.5	159.8	Alexander Coulter	US-NC	American Challenge - NC	Elizabeth City	NC
	72.5	159.8	Derek Schmadeke	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
	72.5	159.8	Eddie Dolansky	US-PA	2022 Central PA Power Day	Clearfield	PA
17	67.5	148.8	Kenneth Beachum	US-NC	American Challenge - NC	Elizabeth City	NC

Weight Class: 198				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	113.3	249.7	Ben Wood	US-FL	American Challenge - FL	Viera	FL
2	107.5	236.9	Jeffery Klugh	US-NC	2022 OBX Open	Jarvisburg	NC
3	105	231.4	Elijah Binckley	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
4	99.7	219.7	Logan Acevedo	US-FL	American Challenge - FL	Viera	FL
5	95	209.4	Gage Joyner	US-NC	American Challenge - NC	Elizabeth City	NC
6	92.5	203.9	Diego Hernandez	US-VA	2022 Mid Atlantic	Mechanicsville	VA
7	87.5	192.9	Archer Ferris	US-PA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
8	85	187.3	Jayden Williams	US-NC	American Challenge - NC	Elizabeth City	NC
9	82.5	181.8	Owen Carpenter	Canada	Back to the Platform - Back Alley		Canada
10	80	176.3	Ryan Baker	US-NC	American Challenge - NC	Elizabeth City	NC
	80	176.3	Caden Barth	US-NC	American Challenge - NC	Elizabeth City	NC

12	55	121.2	Easton Christie	US-PA	2022 Great Lakes Championships	Erie	PA
13	45.3	99.8	Curtis Logman	US-OR	American Challenge - ID Championships	Couer D'Alene	ID

Weight Class: 220				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	132.5	292.1	Sebastian Morlock	US-MD	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
2	130	286.5	Mitchell Rowles	US-PA	2022 Central PA Power Day	Clearfield	PA
3	120	264.5	Ari Kutin	US-NJ	American Challenge - NJ	Fair Lawn	NJ
4	110	242.5	John Hopkins	US-NC	American Challenge - NC	Elizabeth City	NC
5	105	231.4	Jatin .	India	International Powerlifting Championships		Dubai
6	100	220.4	Brennan Pearson	US-NY	2022 NJ Open	Fair Lawn	NJ
	100	220.4	Jeffrey Klugh	US-NC	2022 Ironman Nationals	Norfolk	VA
8	97.5	214.9	Archer Ferris	US-PA	American Challenge - PA	Clearfield	PA
9	92.5	203.9	Colton Greene	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
10	83.9	184.9	Colin Smith	US-FL	American Challenge - FL	Viera	FL
11	67.5	148.8	Cameron Bews	Canada	Retro Rewind		Canada
12	60	132.2	Easton Christie	US-PA	American Challenge - OH	Bedford Heights	OH
13	45.3	99.8	Craig Logman	US-OR	American Challenge - ID Championships	Couer D'Alene	ID

Weight Class: 242				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	145	319.6	Matheas Elles	Canada	Full Strong Atlantic		Canada
2	132.5	292.1	Riley Bukowski	US-PA	2022 Great Lakes Championships	Erie	PA
3	122.5	270	Andrew Flesher	US-OH	2022 Tri State Championships	Bedford Heights	OH
4	100	220.4	Shane Myers	US-OH	American Challenge - OH	Bedford Heights	OH
5	95	209.4	Barron Capps	US-NC	NC State Championship	Jarvisburg	NC
6	80	176.3	Griffin Viney	Canada	Bridge Mania		Canada
7	79.3	174.8	Vinny Chiellini	US-FL	American Challenge - FL	Viera	FL
8	72.5	159.8	Bryan Riggs	US-NC	American Challenge - NC	Elizabeth City	NC
9	67.5	148.8	Buck Bailey	US-NC	2022 Battle of the Border	Currituck	NC
10	65	143.2	Easton Christie	US-PA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA

Weight Class: 275				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	147.5	325.1	Brennen Shroyer	US-PA	2022 Central PA Power Day	Clearfield	PA
2	130	286.5	Daniel Hall	US-VA	2022 Shenandoah Open	Woodstock	VA
3	120	264.5	Ben Thibodeau	US-NC	NC State Championship	Jarvisburg	NC
4	102.5	225.9	Baron Capps	US-NC	American Challenge - NC	Elizabeth City	NC
5	100	220.4	Guy Eyster	US-NC	American Challenge - NC	Elizabeth City	NC
	100	220.4	Matt Davis	US-PA	2022 Central PA Power Day	Clearfield	PA
7	95	209.4	Nathan Bennett	US-NC	NC State Championship	Jarvisburg	NC
8	87.5	192.9	Gino Mangone	US-PA	American Challenge - PA	Clearfield	PA
9	70	154.3	Kaleb Freeman	US-NC	2022 Southern Open	Jarvisburg	NC

Weight Class: 308				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	130	286.5	James Atchison	US-MD	2022 Maryland States	Prince Frederick	MD
2	124.7	274.9	Christopher Logman	US-OR	American Challenge - ID Championships	Couer D'Alene	ID
3	100	220.4	Lastat Sanchez	US-NC	American Challenge - NC	Elizabeth City	NC
	100	220.4	Steadman Reynolds	US-NC	American Challenge - NC	Elizabeth City	NC
5	92.5	203.9	Julian Reynolds	US-NC	NC State Championship	Jarvisburg	NC

Weight Class: SHW				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	97.5	214.9	Steadman Reynolds	US-NC	2022 Battle of the Border	Currituck	NC
2	87.5	192.9	Paul Watson	US-NC	American Challenge - NC	Elizabeth City	NC

2022 Deadlift Rankings Male

Weight Class: 105		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	100	220.4	Brock Vergara	US-FL	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
2	91.6	201.9	Alex Waters	US-FL	American Challenge - FL	Viera	FL
3	82.5	181.8	Carson Eckhart	US-PA	American Challenge - PA	Clearfield	PA
	82.5	181.8	Zach Sorey	US-NC	2022 Southern Open	Jarvisburg	NC
5	80.2	176.8	Pierce Lorusso	US-FL	American Challenge - FL	Viera	FL
6	77.5	170.8	Jeramiah Skinner	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
7	77.1	169.9	Kellan Caldwell	US-FL	American Challenge - FL	Viera	FL
8	72.5	159.8	Odin Wingenbach	US-PA	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
9	67.5	148.8	Colt Sorey	US-NC	2022 Battle of the Border	Currituck	NC
10	65	143.2	Michael Neziri	US-NY	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
11	62.5	137.7	Henry Sydnor	US-VA	Eastern USA Open	Woodstock	PA
	62.5	137.7	Lucas Beatty	US-OH	American Challenge - OH	Bedford Heights	OH
13	60	132.2	Josh Waters	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
14	55	121.2	Michael Neziri Jr	US-NY	American Challenge - NJ	Fair Lawn	NJ
	55	121.2	Gavin Michocki	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
16	52.1	114.8	Simon Smith	US-FL	American Challenge - FL	Viera	FL
17	47.5	104.7	Kai Vergara	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
18	45.3	99.8	Knox Dill	US-FL	American Challenge - FL	Viera	FL
19	42.5	93.6	Ivan Shick	US-PA	2022 Great Lakes Championships	Erie	PA
20	41.7	91.9	Elijah Spragis-McMullen	US-FL	American Challenge - FL	Viera	FL

Weight Class: 114		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	102.5	225.9	Alex Waters	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 123		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	140	308.6	Adam Taylor	US-MD	American Challenge - MD	Prince Frederick	MD
2	130	286.5	Justin Meds	US-NC	American Challenge - NC	Elizabeth City	NC
3	104.3	229.9	Corey Williams	US-FL	American Challenge - FL	Viera	FL
4	102.5	225.9	Dawson Lomison	US-PA	American Challenge - PA	Clearfield	PA
5	90	198.4	Asher Wingenbach	US-PA	American Challenge - OH	Bedford Heights	OH

Weight Class: 132		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	180	396.8	Jaquan Johnson	US-NC	American Challenge - NC	Elizabeth City	NC
2	175	385.8	Jose Para	US-NC	NC State Championship	Jarvisburg	NC
3	151.9	334.8	Pierson Milburn	US-FL	American Challenge - FL	Viera	FL
4	140	308.6	Adam Taylor	US-MD	9-11 Patriots Open	Prince Frederick	MD
5	137.5	303.1	Alijah Rubang	US-NY	American Challenge - NJ	Fair Lawn	NJ
6	125	275.5	Nathan Henriques	US-VA	Eastern USA Open	Woodstock	PA
7	115	253.5	Julian Kaminski	US-OH	2022 NJ Open	Fair Lawn	NJ
8	112.5	248	Asher Wingenbach	US-PA	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
9	77.5	170.8	Ryland Stone	US-NC	2022 Battle of the Border	Currituck	NC
10	75	165.3	Caden Christie	US-PA	American Challenge - OH	Bedford Heights	OH

Weight Class: 148		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	222.5	490.5	Shane Elliot	US-MD	American Challenge - MD	Prince Frederick	MD
2	215	473.9	Luc Dahlman	Canada	Back to the Platform - Back Alley		Canada
3	192.5	424.3	Joshua Persaud	US-NY	American Challenge - NJ	Fair Lawn	NJ
4	180	396.8	Jose Parra	US-NC	American Challenge - NC	Elizabeth City	NC
5	168.5	371.4	Easten Binckley	US-NC	American Challenge - NJ	Fair Lawn	NJ
6	165.5	364.8	Wyatt Cook	US-ID	American Challenge - ID Championships	Couer D'Alene	ID

7	165	363.7	Joe Thibodeau	US-NC	American Challenge - NC	Elizabeth City	NC
8	160	352.7	Andrew Pham	Canada	Retro Rewind		Canada
9	158.7	349.8	Drake Small	US-FL	American Challenge - FL	Viera	FL
10	152.5	336.2	Luke Kuwik	US-NC	2022 Battle of the Border	Currituck	NC
11	147.5	325.1	Luke Dixon	US-PA	American Challenge - PA	Clearfield	PA
	147.5	325.1	Benjamin Nola	US-PA	2022 Central PA Power Day	Clearfield	PA
13	145	319.6	Luis Villa-Segura	US-NC	American Challenge - NC	Elizabeth City	NC
14	142.5	314.1	Braeden Philpott	US-PA	2022 Great Lakes Championships	Erie	PA
15	137.5	303.1	Preston Reed	US-PA	American Challenge - PA	Clearfield	PA
16	130	286.5	Dalton Fazio	US-NC	2022 Battle of the Border	Currituck	NC
17	120	264.5	Thomas Austin	US-VA	2022 Mid Atlantic	Mechanicsville	VA
18	105	231.4	Wyatt Shultz	US-PA	2022 Central PA Power Day	Clearfield	PA
19	92.5	203.9	Brayden Dashiell	US-VA	2022 OBX Open	Jarvisburg	NC
20	90	198.4	Caden Christie	US-PA	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 165		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	217.5	479.5	Shane Elliott	US-MD	2022 Maryland States	Prince Frederick	MD
2	210.5	464	Dylan Aronson	Canada	Bridge Mania		Canada
3	202.5	446.4	Elijah Binckley	US-NC	NC State Championship	Jarvisburg	NC
4	200	440.9	Daniel Schofield	US-NY	American Challenge - NY	Owego	NY
	200	440.9	Andrew Pineo	Canada	Full Strong Atlantic		Canada
6	192.5	424.3	Ethan Binckley	US-NC	American Challenge - NC	Elizabeth City	NC
	192.5	424.3	Tyler Boura	US-NY	American Challenge - NY	Owego	NY
8	182.5	402.3	Maximilian Wingenbach	US-PA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
9	175	385.8	Easten Binckley	US-NC	2022 Southern Open	Jarvisburg	NC
10	165.5	364.8	Cody Wimberly	US-ID	American Challenge - ID Championships	Couer D'Alene	ID
	165.5	364.8	Austin Crea	US-ID	American Challenge - ID Championships	Couer D'Alene	ID
	165.5	364.8	Cohen Keener	US-ID	American Challenge - ID Championships	Couer D'Alene	ID
13	165	363.7	Kenneth Beacham	US-NC	2022 OBX Open	Jarvisburg	NC
14	160	352.7	Tykhon Rudenok	US-NY	2022 NJ Open	Fair Lawn	NJ
	160	352.7	Shmanpreet Singh	India	International Powerlifting Championships		Dubai
16	155	341.7	Luke Kuwik	US-NC	NC State Championship	Jarvisburg	NC
17	152.5	336.2	Gavin Bennett	US-PA	American Challenge - PA	Clearfield	PA
	152.5	336.2	Caden Simco	US-PA	2022 Central PA Power Day	Clearfield	PA
19	150	330.6	Joseph Thidodeau	US-NC	2022 Battle of the Border	Currituck	NC
20	147.5	325.1	Luke Dixon	US-PA	2022 Central PA Power Day	Clearfield	PA

Weight Class: 181		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	230	507	Gavin Wickeremasuriya	US-NY	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
2	228	502.6	Eli Binckley	US-NC	American Challenge - NC	Elizabeth City	NC
3	217.5	479.5	Jake Naug	Canada	Full Strong Atlantic		Canada
4	212.5	468.4	Noah Simpson	US-NC	NC State Championship	Jarvisburg	NC
5	200	440.9	Anthony Martucci	US-PA	2022 Great Lakes Championships	Erie	PA
6	192.5	424.3	Arthur Kovalev	US-PA	2022 Central PA Power Day	Clearfield	PA
7	190	418.8	Owen Elwell	Canada	Lift off		Canada
8	185	407.8	Hayes Ambrose	US-VA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
9	182.5	402.3	Timothy Wells	US-PA	2022 Great Lakes Championships	Erie	PA
	182.5	402.3	Grayson Richardson	US-NC	American Challenge - NC	Elizabeth City	NC
11	177.5	391.3	Russell Brown	US-PA	2022 Great Lakes Championships	Erie	PA
	177.5	391.3	Alexander Coulter	US-NC	American Challenge - NC	Elizabeth City	NC
	177.5	391.3	Maximilian Wingenbach	US-PA	American Challenge - OH	Bedford Heights	OH
	177.5	391.3	Eddie Dolansky	US-PA	2022 Central PA Power Day	Clearfield	PA
15	172.5	380.2	Tykhon Rudenok	US-NY	American Challenge - NJ	Fair Lawn	NJ
16	147.5	325.1	Kenneth Beachum	US-NC	American Challenge - NC	Elizabeth City	NC
	147.5	325.1	Derek Schmadeke	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
18	80	176.3	Sharandeep Singh	India	International Powerlifting Championships		Dubai

Weight Class: 198				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	230	507	Jayden Williams	US-NC	American Challenge - NC	Elizabeth City	NC
2	227.5	501.5	Elijah Binckley	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
3	226.7	499.7	Ben Wood	US-FL	American Challenge - FL	Viera	FL
4	210	462.9	Jeffery Klugh	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
5	190	418.8	Diego Hernandez	US-VA	2022 Mid Atlantic	Mechanicsville	VA
6	185	407.8	Archer Ferris	US-PA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
7	182.5	402.3	Caden Barth	US-NC	American Challenge - NC	Elizabeth City	NC
8	170	374.7	Koshal Kumar	India	International Powerlifting Championships		Dubai
9	167.8	369.9	Logan Acevedo	US-FL	American Challenge - FL	Viera	FL
10	165	363.7	Gage Joyner	US-NC	American Challenge - NC	Elizabeth City	NC
11	155	341.7	Ryan Baker	US-NC	American Challenge - NC	Elizabeth City	NC
12	152.5	336.2	Owen Carpenter	Canada	Back to the Platform - Back Alley		Canada
13	137.5	303.1	Easton Christie	US-PA	2022 Great Lakes Championships	Erie	PA
14	92.9	204.8	Curtis Logman	US-OR	American Challenge - ID Championships	Couer D'Alene	ID

Weight Class: 220				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	265	584.2	Ari Kutin	US-NJ	American Challenge - NJ	Fair Lawn	NJ
2	227.5	501.5	Colton Greene	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
3	210	462.9	Malachi Montgomery	US-VA	2022 Mid Atlantic	Mechanicsville	VA
4	207.5	457.4	Archer Ferris	US-PA	American Challenge - PA	Clearfield	PA
		457.4	Mitchell Rowles	US-PA	2022 Central PA Power Day	Clearfield	PA
6	195	429.8	John Hopkins	US-NC	American Challenge - NC	Elizabeth City	NC
7	187.5	413.3	Brennan Pearson	US-NY	American Challenge - NJ	Fair Lawn	NJ
8	183.7	404.9	Colin Smith	US-FL	American Challenge - FL	Viera	FL
9	182.5	402.3	Jeffery Klugh	US-NC	2022 Ironman Nationals	Norfolk	VA
10	170	374.7	Ankit Upadhyay	India	International Powerlifting Championships		Dubai
11	167.5	369.2	Franklyn Castillo	US-VA	2022 Christmas Classic	Woodstock	VA
12	157.5	347.2	Cameron Bews	Canada	Retro Rewind		Canada
13	147.5	325.1	Easton Christie	US-PA	American Challenge - OH	Bedford Heights	OH
14	92.9	204.8	Craig Logman	US-OR	American Challenge - ID Championships	Couer D'Alene	ID

Weight Class: 242				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	255	562.1	Matheas Elles	Canada	Full Strong Atlantic		Canada
2	235	518	Prabhjot Singh	India	International Powerlifting Championships		Dubai
3	220	485	Riley Bukowski	US-PA	2022 Great Lakes Championships	Erie	PA
4	195	429.8	Vinny Chiellini	US-FL	American Challenge - FL	Viera	FL
5	175.5	386.9	Shane Myers	US-OH	American Challenge - OH	Bedford Heights	OH
6	175	385.8	Andrew Flesher	US-OH	2022 Tri State Championships	Bedford Heights	OH
7	170	374.7	Easton Christie	US-PA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
8	157.5	347.2	Barron Capps	US-NC	NC State Championship	Jarvisburg	NC
9	152.5	336.2	Buck Bailey	US-NC	2022 Battle of the Border	Currituck	NC
10	145	319.6	Griffin Viney	Canada	Bridge Mania		Canada
11	130	286.5	Bryan Riggs	US-NC	American Challenge - NC	Elizabeth City	NC

Weight Class: 275				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	205.5	453	Daniel Hall	US-VA	2022 Shenandoah Open	Woodstock	VA
2	200	440.9	Matt Davis	US-PA	2022 Central PA Power Day	Clearfield	PA
3	195	429.8	Nathan Bennett	US-NC	NC State Championship	Jarvisburg	NC
4	182.5	402.3	Ben Thibodeau	US-NC	NC State Championship	Jarvisburg	NC
		402.3	Baron Capps	US-NC	2022 Battle of the Border	Currituck	NC
6	160	352.7	Vanshaj Garag	India	International Powerlifting Championships		Dubai
7	150	330.6	Guy Eyster	US-NC	American Challenge - NC	Elizabeth City	NC

8	110	242.5	Kaleb Freeman	US-NC	2022 Southern Open	Jarvisburg	NC
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Weight Class: 308		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	202.5	446.4	Julian Reynolds	US-NC	NC State Championship	Jarvisburg	NC
2	197.5	435.4	Steadman Reynolds	US-NC	American Challenge - NC	Elizabeth City	NC
3	183.7	404.9	Christopher Logman	US-OR	American Challenge - ID Championships	Couer D'Alene	ID
4	182.5	402.3	Lastat Sanchez	US-NC	American Challenge - NC	Elizabeth City	NC

Weight Class: SHW		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	197.5	435.4	Steadman Reynolds	US-NC	2022 Battle of the Border	Currituck	NC
2	142.5	314.1	Paul Watson	US-NC	American Challenge - NC	Elizabeth City	NC

2022 Total Rankings Male

Weight Class: 105		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	205	451.9	Brock Vergara	US-FL	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
2	188.5	415.5	Alex Waters	US-FL	American Challenge - FL	Viera	FL
3	172.5	380.2	Carson Eckhart	US-PA	American Challenge - PA	Clearfield	PA
		172.5	Zach Sorey	US-NC	2022 Southern Open	Jarvisburg	NC
5	170	374.7	Jeramiah Skinner	US-NC	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
6	165	363.7	Odin Wingenbach	US-PA	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
7	154.1	339.7	Kellan Caldwell	US-FL	American Challenge - FL	Viera	FL
8	151.3	333.5	Pierce Lorusso	US-FL	American Challenge - FL	Viera	FL
9	131.5	289.9	Colt Sorey	US-NC	2022 Southern Open	Jarvisburg	NC
10	130	286.5	Michael Neziri	US-NY	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
11	120	264.5	Josh Waters	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
12	117.5	259	Michael Neziri Jr	US-NY	American Challenge - NJ	Fair Lawn	NJ
13	115	253.5	Gavin Michocki	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
14	107.5	236.9	Kai Vergara	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
15	99.1	218.4	Simon Smith	US-FL	American Challenge - FL	Viera	FL
16	98.3	216.7	Elijah Spragis-McMullen	US-FL	American Challenge - FL	Viera	FL
17	92.5	203.9	Ivan Shick	US-PA	2022 Great Lakes Championships	Erie	PA
18	87.5	192.9	Knox Dill	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
19	73.4	161.8	Asher Lorusso	US-FL	American Challenge - FL	Viera	FL

Weight Class: 114		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	220	485	Alex Waters	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 123		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	325	716.4	Adam Taylor	US-MD	American Challenge - MD	Prince Frederick	MD
2	272.5	600.7	Justin Meds	US-NC	American Challenge - NC	Elizabeth City	NC
3	227.5	501.5	Dawson Lomison	US-PA	American Challenge - PA	Clearfield	PA
4	222.1	489.6	Corey Williams	US-FL	American Challenge - FL	Viera	FL
5	200	440.9	Asher Wingenbach	US-PA	American Challenge - OH	Bedford Heights	OH

Weight Class: 132		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	430	947.9	Jose Para	US-NC	NC State Championship	Jarvisburg	NC
2	378.6	834.6	Pierson Milburn	US-FL	American Challenge - FL	Viera	FL
3	325	716.4	Nathan Henriques	US-VA	Eastern USA Open	Woodstock	PA
4	285	628.3	Alijah Rubang	US-NY	American Challenge - NJ	Fair Lawn	NJ
5	260	573.1	Asher Wingenbach	US-PA	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA
6	150	330.6	Caden Christie	US-PA	American Challenge - OH	Bedford Heights	OH

Weight Class: 148				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	520	1146.3	Shane Elliot	US-MD	American Challenge - MD	Prince Frederick	MD	
2	477.5	1052.6	Luc Dahlman	Canada	Back to the Platform - Back Alley		Canada	
3	447.5	986.5	Jose Parra	US-NC	American Challenge - NC	Elizabeth City	NC	
4	415	914.9	Joshua Persaud	US-NY	American Challenge - NJ	Fair Lawn	NJ	
5	394.4	869.4	Wyatt Cook	US-ID	American Challenge - ID Championships	Couer D'Alene	ID	
6	393.5	867.5	Easten Binckley	US-NC	American Challenge - NJ	Fair Lawn	NJ	
7	372.5	821.2	Joe Thibodeau	US-NC	American Challenge - NC	Elizabeth City	NC	
8	347.5	766	Braeden Philpott	US-PA	2022 Great Lakes Championships	Erie	PA	
9	345	760.5	Andrew Pham	Canada	Retro Rewind		Canada	
10	337.5	744	Luis Villa-Segura	US-NC	American Challenge - NC	Elizabeth City	NC	
11	335.5	739.6	Drake Small	US-FL	American Challenge - FL	Viera	FL	
12	330	727.5	Preston Reed	US-PA	American Challenge - PA	Clearfield	PA	
		330	Benjamin Nola	US-PA	2022 Central PA Power Day	Clearfield	PA	
14	327.5	722	Luke Dixon	US-PA	American Challenge - PA	Clearfield	PA	
15	267.5	589.7	Thomas Austin	US-VA	2022 Mid Atlantic	Mechanicsville	VA	
16	242.5	534.6	Wyatt Shultz	US-PA	2022 Central PA Power Day	Clearfield	PA	
17	205	451.9	Brayden Dashiell	US-VA	2022 OBX Open	Jarvisburg	NC	
18	190	418.8	Caden Christie	US-PA	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA	

Weight Class: 165				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	535	1179.4	Shane Elliott	US-MD	2022 Maryland States	Prince Frederick	MD	
2	482.5	1063.7	Ethan Binckley	US-NC	American Challenge - NC	Elizabeth City	NC	
3	445	981	Andrew Pineo	Canada	Full Strong Atlantic		Canada	
4	435.5	960.1	Dylan Aronson	Canada	Bridge Mania		Canada	
5	427.5	942.4	Elijah Binckley	US-NC	NC State Championship	Jarvisburg	NC	
		427.5	Tyler Boura	US-NY	American Challenge - NY	Owego	NY	
7	425	936.9	Maximilian Wingenbach	US-PA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA	
8	424	934.7	Cody Wimberly	US-ID	American Challenge - ID Championships	Couer D'Alene	ID	
9	421.7	929.6	Austin Crea	US-ID	American Challenge - ID Championships	Couer D'Alene	ID	
10	405.8	894.6	Cohen Keener	US-ID	American Challenge - ID Championships	Couer D'Alene	ID	
11	405.5	893.9	Easten Binckley	US-NC	2022 Southern Open	Jarvisburg	NC	
12	375	826.7	Trever Weeden	US-NY	American Challenge - NY	Owego	NY	
13	367.5	810.1	Luke Kuwik	US-NC	NC State Championship	Jarvisburg	NC	
14	357.5	788.1	Tykhon Rudenok	US-NY	2022 NJ Open	Fair Lawn	NJ	
15	355	782.6	Kenneth Beacham	US-NC	2022 OBX Open	Jarvisburg	NC	
16	352.5	777.1	Gavin Bennett	US-PA	American Challenge - PA	Clearfield	PA	
17	347.5	766	Caden Simco	US-PA	2022 Central PA Power Day	Clearfield	PA	
18	345	760.5	Thomas Austin	US-VA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA	
19	330	727.5	Luke Dixon	US-PA	2022 Central PA Power Day	Clearfield	PA	
20	295	650.3	Dalton Fazio	US-NC	American Challenge - NC	Elizabeth City	NC	

Weight Class: 181				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	525	1157.4	Gavin Wickeremasuriya	US-NY	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA	
2	510	1124.3	Jake Naug	Canada	Full Strong Atlantic		Canada	
3	485	1069.2	Eli Binckley	US-NC	American Challenge - NC	Elizabeth City	NC	
4	480	1058.2	Noah Simpson	US-NC	NC State Championship	Jarvisburg	NC	
5	455	1003	Anthony Martucci	US-PA	2022 Great Lakes Championships	Erie	PA	
6	442.5	975.5	Timothy Wells	US-PA	2022 Great Lakes Championships	Erie	PA	
7	440	970	Russell Brown	US-PA	2022 Great Lakes Championships	Erie	PA	
		440	Tykhon Rudenok	US-NY	American Challenge - NJ	Fair Lawn	NJ	
9	412.5	909.3	Arthur Kovalev	US-PA	2022 Central PA Power Day	Clearfield	PA	
10	400	881.8	Grayson Richardson	US-NC	American Challenge - NC	Elizabeth City	NC	
		400	Eddie Dolansky	US-PA	2022 Central PA Power Day	Clearfield	PA	

12	397.5	876.3	Maximilian Wingenbach	US-PA	2022 Great Lakes Championships	Erie	PA
13	392.5	865.3	Alexander Coulter	US-NC	American Challenge - NC	Elizabeth City	NC
14	335	738.5	Kenneth Beachum	US-NC	American Challenge - NC	Elizabeth City	NC
15	327.5	722	Derek Schmadeke	US-FL	2022 Powerlifting and Single Lift Youth Worlds	Virginia Beach	VA

Weight Class: 198			Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	516.9	1139.5	Ben Wood	US-FL	American Challenge - FL	Viera	FL
2	510	1124.3	Elijah Binckley	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
3	497.5	1096.7	Jayden Williams	US-NC	American Challenge - NC	Elizabeth City	NC
4	487.5	1074.7	Jeffery Klugh	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
5	420	925.9	Diego Hernandez	US-VA	2022 Mid Atlantic	Mechanicsville	VA
6	417.5	920.4	Gage Joyner	US-NC	American Challenge - NC	Elizabeth City	NC
7	412.5	909.3	Caden Barth	US-NC	American Challenge - NC	Elizabeth City	NC
8	390	859.7	Owen Carpenter	Canada	Back to the Platform - Back Alley		Canada
9	360	793.6	Ryan Baker	US-NC	American Challenge - NC	Elizabeth City	NC
10	300	661.3	Easton Christie	US-PA	2022 Great Lakes Championships	Erie	PA
11	213	469.5	Curtis Logman	US-OR	American Challenge - ID Championships	Couer D'Alene	ID

Weight Class: 220			Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	605	1333.7	Ari Kutin	US-NJ	American Challenge - NJ	Fair Lawn	NJ
2	552.5	1218	Mitchell Rowles	US-PA	2022 Central PA Power Day	Clearfield	PA
3	485	1069.2	Colton Greene	US-NC	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
4	457.5	1008.6	Brennan Pearson	US-NY	American Challenge - NJ	Fair Lawn	NJ
5	405.9	894.8	Colin Smith	US-FL	American Challenge - FL	Viera	FL
6	400	881.8	John Hopkins	US-NC	NC State Championship	Jarvisburg	NC
7	325	716.4	Easton Christie	US-PA	American Challenge - OH	Bedford Heights	OH
8	213	469.5	Craig Logman	US-OR	American Challenge - ID Championships	Couer D'Alene	ID

Weight Class: 242			Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	595	1311.7	Matheas Elles	Canada	Full Strong Atlantic		Canada
2	525	1157.4	Riley Bukowski	US-PA	2022 Great Lakes Championships	Erie	PA
3	452.5	997.5	Andrew Flesher	US-OH	2022 Tri State Championships	Bedford Heights	OH
4	441	972.2	Shane Myers	US-OH	American Challenge - OH	Bedford Heights	OH
5	405.8	894.6	Vinny Chiellini	US-FL	American Challenge - FL	Viera	FL
6	392.5	865.3	Barron Capps	US-NC	NC State Championship	Jarvisburg	NC
7	357.5	788.1	Easton Christie	US-PA	2022 Powerlifting and Single Lift Worlds	Virginia Beach	VA
8	340	749.5	Griffin Viney	Canada	Bridge Mania		Canada

Weight Class: 275			Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	467.5	1030.6	Ben Thibodeau	US-NC	NC State Championship	Jarvisburg	NC
2	445	981	Matt Davis	US-PA	2022 Central PA Power Day	Clearfield	PA
3	430	947.9	Nathan Bennett	US-NC	NC State Championship	Jarvisburg	NC
4	427.5	942.4	Baron Capps	US-NC	American Challenge - NC	Elizabeth City	NC

Weight Class: 308			Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	492.1	1084.8	Christopher Logman	US-OR	American Challenge - ID Championships	Couer D'Alene	ID
2	465	1025.1	Steadman Reynolds	US-NC	American Challenge - NC	Elizabeth City	NC
3	442.5	975.5	Julian Reynolds	US-NC	NC State Championship	Jarvisburg	NC

Weight Class: SHW			Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	370	815.7	Paul Watson	US-NC	American Challenge - NC	Elizabeth City	NC

2022 Strict Curl Rankings Male

Weight Class: 105		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	18.5	40.7	Maximus Ruskin	US-VA	2022 Christmas Classic	Woodstock	VA
2	16	35.2	Michael Neziri	US-NY	2022 Strict Curl Worlds	Virginia Beach	VA
	16	35.2	Owen Brown	US-OH	Ohio State Championships	Bedford	OH
4	15.5	34.1	Jeramiah Skinner	US-NC	2022 Strict Curl Worlds	Virginia Beach	VA
5	15	33	Michael Neziri Jr	US-NY	American Challenge - NY	Owego	NY
	15	33	Lucas Beatty	US-OH	Ohio State Championships	Bedford	OH

Weight Class: 114		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	46.5	102.5	John Self JR	US-VA	2022 Christmas Classic	Woodstock	VA
2	38.5	84.8	John Self Jr	US-VA	2022 Mid Atlantic	Mechanicsville	VA

Weight Class: 123		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	43	94.7	Adam Taylor	US-MD	American Challenge - MD	Prince Frederick	MD
2	42.5	93.6	John Self Jr	US-VA	2022 Shenandoah Open	Woodstock	VA
3	36.5	80.4	Gavin Hanks	US-NC	NC State Championship	Jarvisburg	NC
4	35.5	78.2	Collin Henriques	US-VA	American Challenge - VA	Fredericksburg	VA
5	27.5	60.6	Braeden New	US-VA	2022 Strict Curl Worlds	Virginia Beach	VA

Weight Class: 132		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	44.5	98.1	Nathan Henriques	US-VA	American Challenge - VA	Fredericksburg	VA
2	44	97	Adam Taylor	US-MD	9-11 Patriots Open	Prince Frederick	MD
3	43.5	95.9	Jose Para	US-NC	NC State Championship	Jarvisburg	NC
4	36	79.3	Alijah Rubang	US-NY	American Challenge - NJ	Fair Lawn	NJ

Weight Class: 148		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	47.5	104.7	Easten Binckley	US-NC	American Challenge - NJ	Fair Lawn	NJ
2	42.5	93.6	Nathaniel Thorp	US-PA	2022 Central PA Power Day	Clearfield	PA
3	39.5	87	Luke Dixon	US-PA	American Challenge - PA	Clearfield	PA
4	38.5	84.8	Alijah Rubang	US-NY	2022 Strict Curl Worlds	Virginia Beach	VA
5	38	83.7	Joe Thibodeau	US-NC	American Challenge - NC	Elizabeth City	NC
6	35	77.1	John Pearson	US-PA	2022 Mid Atlantic	Mechanicsville	VA

Weight Class: 165		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	73	160.9	Michael Gause	US-VA	2022 Strict Curl Worlds	Virginia Beach	VA
2	70.5	155.4	Ethan Binckley	US-NC	2022 Strict Curl Worlds	Virginia Beach	VA
3	66	145.5	Ethen Binckley	US-NC	2022 Southern Open	Jarvisburg	NC
4	48	105.8	Elijah Binckley	US-NC	NC State Championship	Jarvisburg	NC
5	47	103.6	Easten Binckley	US-NC	2022 Southern Open	Jarvisburg	NC
6	45.5	100.3	Tykhon Rudenok	US-NY	2022 NJ Open	Fair Lawn	NJ
7	43	94.7	Trever Weeden	US-NY	American Challenge - NY	Owego	NY
8	27	59.5	Darrell Terio	US-NY	2022 Strict Curl Worlds	Virginia Beach	VA

Weight Class: 181		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	68	149.9	Christopher Puig	US-FL	VA Open Strict Curl	Woodstock	PA
2	63.5	139.9	Noah Simpson	US-NC	American Challenge - NC	Elizabeth City	NC
3	55.5	122.3	Eli Binckley	US-NC	2022 Battle of the Border	Currituck	NC
4	54	119	Tykhon Rudenok	US-NY	American Challenge - NJ	Fair Lawn	NJ
5	47	103.6	Nicholas Thorp	US-PA	2022 Central PA Power Day	Clearfield	PA

6	39	85.9	Shane Shifflett	US-VA	VA Open Strict Curl	Woodstock	PA
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Weight Class: 198		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	58.5	128.9	Jeffery Klugh	US-NC	2022 Southern Open	Jarvisburg	NC
2	57	125.6	Elijah Binckley	US-NC	2022 Strict Curl Worlds	Virginia Beach	VA

Weight Class: 220		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	70	154.3	TC Haubold	US-NC	American Challenge - NC	Elizabeth City	NC
2	60	132.2	Sebastian Morlock	US-MD	Big Gunz Open	Prince Frederick	MD
3	56	123.4	Daniel Hall	US-VA	VA Open Strict Curl	Woodstock	PA
4	51	112.4	John Hopkins	US-NC	NC State Championship	Jarvisburg	NC

Weight Class: 275		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	61.5	135.5	Daniel Hall	US-VA	2022 Shenandoah Open	Woodstock	VA
2	60	132.2	Ben Thibodeau	US-NC	NC State Championship	Jarvisburg	NC
3	56.5	124.5	Nathan Bennett	US-NC	American Challenge - NC	Elizabeth City	NC
4	55	121.2	Baron Capps	US-NC	American Challenge - NC	Elizabeth City	NC
5	36.5	80.4	Gino Mangone	US-PA	American Challenge - PA	Clearfield	PA
6	36	79.3	Kaleb Freeman	US-NC	2022 Southern Open	Jarvisburg	NC

Weight Class: 308		Strict Curl		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	49	108	James Atchison	US-MD	2022 Maryland States	Prince Frederick	MD