

2022 Central PA Power Day / Cleafield, PA

POWERLIFTING

Last Name	First Name	Age	Gender	Home State	Bwt	Open Division	Age Division	Divisions	Wt Cls label	Best Squat	Best Bench	Best Deadlift	TOTAL
Butler	Bella	11	Female	PA	85.1		Youth 11 and Under	Youth	97	52.5	27.5	65	145
Brooks	Alexis	11	Female	PA	71.1		Youth 11 and Under	Youth	97	25	20	35	80
Huntley	Janet	61	Female	PA	113.8	Open	Masters (60-64)	Open/(60-64)	114	67.5	47.5	92.5	207.5
McMahon	Lori	57	Female	PA	121.3	Open	Masters (55-59)	Open/(55-59)	123	87.5	70	115	272.5
Hoffman	Geri-Lyn	57	Female	PA	132.2	Open	Masters (55-59)	Open/(55-59)	132	57.5	32.5	90	180
Bengel	Madelynn	20	Female	PA	146	Open	Junior (20-24)	Open/(20-24)	148	75	55	120	250
Bengel	Samantha	23	Female	PA	161.9	Open	Junior (20-24)	Open/(20-24)	165	105	52.5	127.5	285
Perez-Cantolina	Latasha	32	Female	PA	201.1	Open		Open	198+	125	60	150	335
Henderson	Anna	27	Female	PA	218	Open		Open	198+	135	50	142.5	327.5
Nola	Benjamin	15	Male	PA	145	Open	Teen (14-15)	Open/(14-15)	148	110	72.5	147.5	330
Shultz	Wyatt	13	Male	PA	144.5		Teen (12-13)	(12-13)	148	75	62.5	105	242.5
Smith	Richard	29	Male	PA	165	Open		Open	165	167.5	120	227.5	515
Nola	Douglas	51	Male	PA	155	Open	Masters (50-54)	Open/(50-54)	165	110	85	152.5	347.5
Simco	Caden	15	Male	PA	165	Open	Teen (14-15)	Open/(14-15)	165	107.5	87.5	152.5	347.5
Heintzel	Dave	61	Male	PA	163.5	Open	Masters (60-64)	Open/(60-64)	165	92.5	80	172.5	345
Dixon	Luke	16	Male	PA	151.5	Open	Teen (16-17)	Open/(16-17)	165	115	67.5	147.5	330
Dingley	Ed	37	Male	PA	178.9	Open	Sub-Masters (35-39)	Open/(35-39)	181	182.5	120	217.5	520
Cedzo	Jared	20	Male	PA	176	Open	Junior (20-24)	Open/(20-24)	181	150	85	185	420
Kovalev	Arthur	16	Male	PA	178	Open	Teen (16-17)	Open/(16-17)	181	127.5	92.5	192.5	412.5
Dolansky	Eddie	17	Male	PA	176.5	Open	Teen (16-17)	Open/(16-17)	181	150	72.5	177.5	400
Hoffman	Drew	51	Male	PA	174	Open	Masters (50-54)	Open/(50-54)	181	130	82.5	182.5	395
Swingle	Don	76	Male	NY	181.3	Open		Open	181	80	65	150	295
Heinl	Walter	39	Male	PA	198.3	Open	Sub-Masters (35-39)	Open/(35-39)	198	165	125	205	495
Peterson	Jordan	24	Male	PA	210	Open	Junior (20-24)	Open/(20-24)	220	202.5	145	250	597.5
Rowles	Mitchell	18	Male	PA	214	Open	Teen (18-19)	Open/(18-19)	220	215	130	207.5	552.5
Schneider	Nick	35	Male	PA	215.7	Open		Open	220	202.5	130	220	552.5
Russo	David	25	Male	PA	205.7	Open		Open	220	180	120	220	520
Bukowski	Riley	20	Male	PA	215.5	Open	Junior (20-24)	Open/(20-24)	220	175	130	215	520
Butler	Jack	50	Male	PA	240.8	Open	Masters (50-54)	Open/(50-54)	242	182.5	157.5	227.5	567.5
Bartlett	Isaiah	22	Male	PA	238.5	Open	Junior (20-24)	Open/(20-24)	242	195	102.5	245	542.5
Givler	Brant	61	Male	PA	234.3	Open		Open	242	160	140	172.5	472.5
Carr	Raymond	28	Male	PA	253	Open		Open	275	147.5	115	182.5	445
Davis	Matt	18	Male	PA	256	Open		Open	275	145	100	200	445
Bowen	Mark	67	Male	PA	251.6	Open	Masters (65-69)	Open/(65-69)	275	160	90	190	440

BENCH PRESS

Last Name	First Name	Age	Gender	Home State	Bwt	Open Division	Age Division	Divisions	Wt Cls label	Bench 1	Bench 2	Bench 3	TOTAL
Pensyl	Lela	14	Female	PA	113	Open		Open	114	45	50	-52.5	50
Thorp	Nathaniel	13	Male	PA	148		Teen (12-13)	(12-13)	148	60	70	75	75
Shuck	Shawn	36	Male	PA	180.5	Open		Open	181	142.5	152.5	155	155
Dixon	Greg	45	Male	PA	175	Open		Open	181	115	-117.5	117.5	117.5
Thorp	Nicholas	17	Male	PA	180.8	Open	Teen (16-17)	Open/(16-17)	181	85	92.5	97.5	97.5
Huey	Butch	77	Male	PA	218.4	Open		Open	220	115	122.5	-130	122.5
Pensyl	Sherm	48	Male	PA	240	Open		Open	242	195	-205	-205	195
Birt	Reno	60	Male	FL	241.9	Open	Masters (60-64)	Open/(60-64)	242	147.5	152.5	155	155
Shroyer	Brennen	18	Male	PA	263	Open	Teen (18-19)	Open/(18-19)	275	135	142.5	147.5	147.5
Relosky	Ryan	25	Male	PA	287	Open		Open	308	110	-112.5	112.5	112.5

STRICT CURL

Last Name	First Name	Age	Gender	Home State	Bwt	Open Division	Age Division	Divisions	Wt Cls label	Strict Curl 1	Strict Curl 2	Strict Curl 3	Strict Curl 4	TOTAL
Costantino	Isabella	14	Female	PA	103.2	Open	Teen (14-15)	Open/(14-15)	105	20	-24	-24		20
Costantino	Nicole	43	Female	PA	142	Open	Masters (40-44)	Open/(40-44)	148	30	34	-35		34
Teeter	Gary	58	Male	PA	138.1	Open	Masters (55-59)	Open/(55-59)	148	55	56.5	57.5	58.5	57.5
Thorp	Nathaniel	13	Male	PA	148		Teen (12-13)	(12-13)	148	35	39	42.5		42.5
Thorp	Jeff	53	Male	PA	161.2	Open		Open	165	48	52	53		53
Dixon	Greg	45	Male	PA	175	Open		Open	181	51	54.5	55.5		55.5
Thorp	Nicholas	17	Male	PA	180.8	Open		Open	181	44	45.5	47		47
Swingle	Don	76	Male	NY	181.3	Open		Open	181	35	38			38
Eastman	Larry	71	Male	PA	183.7	Open	Masters (70-74)	Open/(70-74)	198	55	56.5	57		57
Hutchison	Kevin	51	Male	PA	206	Open	Masters (50-54)	Open/(50-54)	220	52	56.5	57.5		57.5
Birt	Reno	60	Male	FL	241.9	Open	Masters (60-64)	Open/(60-64)	242	62.5	67.5	70	72.5	70
Givler	Brant	61	Male	PA	234.3	Open		Open	242	60	-63.5	-63.5		60