

100% RAW Mid Atlantic Open August 20, 2022 Mechanicsville, VA

Name	State/Age	Division	Wt. Class	Body Wt.	Squat	Bench	Deadlift	Total
Beth Permelia	VA-56 (F)	55-59	123	120	42.5	40	100	182.5
Rebecca Ryan	VA-31 (F)	Open	165	158.2	85	40	97.5	222.5
Madison Berry	NC 10 (F)	Under 11	165	151	105	59	120	284
Mackenzie Taylor	NC-14 (F)	Open	181	166.3	152.5	80	155	387.5
Mackenzie Taylor	NC-14 (F)	14-15	181	166.3	152.5	80	155	387.5
Malesia Taylor	VA-39 (F)	Open	198+	228	132.5	77.5	172.5	382.5
Dakata Nolden	VA-29 (F)	Open	198+	268.8	120	82.5	135	337.5
Malesia Taylor	VA-39 (F)	35-39	198+	228	132.5	77.5	172.5	382.5
Gary Teeter	PA-57	Open	123	120.6	110	102.5	165	377.5
Gary Teeter	PA-57	55-59	123	120.6	110	102.5	165	377.5
Thomas Austin	VA-13	12*13	148	148.6	85	62.5	120	267.5
Christopher Stewart	VA-52	50-54	165	163.2	160	105	202.5	467.5
John Permelia	VA-59	55-59	165	164.2	142.5	102.5	167.5	412.5
Anthony Permelia	VA-30	Open	181	176.2	110	77.5	157.5	345
Diego Hernandez	VA-17	16-17	198	192.3	137.5	92.5	190	420
Jeffery Klugh	NC-18	18-19	198	198	145	105	205	455
Logon Monk	VA-24	Open	242	238.2	230	137.5	245	612.5
Ashley Stone	NC-35	35-39	242	226.8	200	147.5	240	587.5
Chris Allen	VA-48	Open	275	271	192.5	177.5	250	620
Chris Allen	VA-48	45-49	275	271	192.5	177.5	250	620
Name	State/Age	Division	Wt. Class	Body Wt.	Bench	4th		
Alexandra Bulluck	VA-16 (F)	16-17	114	113.2	32.5			
Alison Bulluck	VA-45 (F)	45-49	114	108.8	42.5			
Krystal Brown	VA-52 (F)	50-54	132	132	50			
Natasha Beasley	VA-40 (F)	40-44	165	154.2	83			
Lisa Walker	VA-41 (F)	40-44	165	163.8	42.5			
Hannah Morris	VA-17 (F)	16-17	165	165	55			
Crystal Bridgforth	VA-44 (F)	40-44	198+	222.2	70			
Ismael Jackson	MD-14	14-15	105	103.6	62.5			
John Self	VA-13	12*13	114	112.2	65			
John Pearson	PA-13	12*13	148	144.8	90			
John Self, SR	VA-51	50-54	165	160.8	153			
Carlos Quintros	VA-39	35-39	181	172.4	142.5			
John Jackson	MD-54	50-54	181	178.2	137.5			
Todd Traylor	VA-58	55-59	181	180.8	132.5			
Jeff Bischoff	VA-69	65-69	198	195.4	107.5			
Michael Owens	VA-32	Open	220	215.4	137.5			
Mike Williams	WV-33	Open	242	240.6	192.5			
Kwame Grant	MD-41	Open	242	224.8	160			
Reno Birt	VA-59	Open	242	236.3	160			
Kwame Grant	MD-41	40-44	242	224.8	160			
Reno Birt	VA-59	55-59	242	236.3	160			
Reno Birt	VA-59	P/F/M	242	236.3	160			
Dion Lee	VA-57	Open	275	268.8	140			
Dion Lee	VA-57	55-59	275	268.8	140			
Jeff House	GA-64	Open	308	292.4	115			
Jeff House	GA-64	60-64	308	292.4	115			
Robert Gains	VA-59	55-59	SHW	332.6	187.5			

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Name	State/Age	Division	Wt. Class	Body Wt.	Deadlift			
Alexandra Bulluck	VA-16 (F)	16-17	114	113.2	82.5			
Alison Bulluck	VA-45 (F)	45-49	114	108.8	105			
Oriana Clayton	VA-30 (F)	Open	148	142	127.5			
Natasha Beasley	VA-40 (F)	40-44	165	154.2	150			
Hannah Morris	VA-17 (F)	16-17	165	165	117.5			
Crystal Bridgforth	VA-44 (F)	40-44	198+	222.2	145			
Bud Kovel	VA-75	75-79	198	197.6	200			
Michael Owens	VA-32	Open	220	215.4	215			
Malachi Montgomery	VA-15	14-15	220	212	210			
Rich Coppins	VA-76	75-79	220	213	170			
Stivan Rivas	VA-23	20-24	242	236.2	260			
Jeff House	GA-64	Open	308	292.4	140			
Jeff House	GA-64	60-64	308	242.4	140			
Name	State/Age	Division	Wt. Class	Body Wt.	Push-Pull	Bench	Deadlift	Total
Madison Berry	NC 10 (F)	Under 11	165	151		59	120	179
Mackenzie Taylor	NC-14 (F)	Open	181	166.8		80	155	235
Mackenzie Taylor	NC-14 (F)	14-15	181	166.8		80	155	235
Gary Teeter	PA-57	Open	123	120.6		102.5	165	267.5
Gary Teeter	PA-57	55-59	123	120.6		102.5	165	267.5
Tim Durrett	VA-49	Open	242	236		147.5	190	337.5
Tim Durrett	VA-49	45-49	242	236		147.5	190	337.5
Baron Dixon	VA-56	55-59	308	300.1		147.5	272.5	420
Name	State/Age	Division	Wt. Class	Body Wt.	Strict Curl			
Jill Sheakley	PA-47 (F)	45-49	114	110.1	23.5			
Krystal Brown	VA-52 (F)	Open, 50-54	132	132	34			
Madison Berry	NC 10 (F)	Under 11	165	151	25.5			
Natasha Beasley	VA-40 (F)	40-44	165	154.2	38			
Lisa Walker	VA-41 (F)	40-44	165	163.8	34			
Cynthia Virgil	VA-50 (F)	50-54	165	156.6	32.5			
Cynthia Virgil	VA-50 (F)	P/F/M	165	156.6	32.5			
Mackenzie Taylor	NC-14 (F)	Open-14-15	181	166.8	37.5	40		
Linda Lee	VA-62 (F)	60-64	181	181.1	40			
Dakata Nolden	VA-29 (F)	Open	198+	268.8	36.5			
John Self	VA-13	12*13	114	112.2	37.5	38.5		
Gary Teeter	PA-57	Open	123	120.6	56.5	57.75		
Braeden New	VA-14	Open	123	117	25			
Braeden New	VA-14	14-15	123	117	25			
Gary Teeter	PA-57	55-59	123	120.6	56.5	57.75		
John Pearson	PA-13	12*13	148	144.8	35			
John Self, SR	VA-51	50-54	165	160.8	66			
Carlos Quintros	VA-39	35-39	181	172.4	55			
John Jackson	MD-54	50-54	181	178.5	50			
Jeffery Klugh	NC-18	18-19	198	198	48			
Brian Alexander	VA-51	50-54	220	219.4	60			
Brian Alexander	VA-51	P/F/M	220	219.4	60			
Kwame Grant	MD-41	Open	242	224.8	77.5			

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Reno Birt	VA-59	Open	242	236.3	65			
Kwame Grant	MD-41	Open	242	224.8	77.5			
Reno Birt	VA-59	Open	242	236.3	65			
Stivan Rivas	VA-23	20-24	242	236.2	72.5			
Kwame Grant	MD-41	40-44	242	224.8	77.5			
Tim Durrett	VA-49	45-49	242	236	55			
Reno Birt	VA-59	55-59	242	236.3	65			
Reno Birt	VA-59	P/F/M	242	236.3	65			
Chris Allen	VA-48	Open	275	271	73			
Dion Lee	VA-57	Open	275	268.8	67.5			
Chris Allen	VA-48	45-49	275	271	73			
Dion Lee	VA-57	55-59	275	268.8	67.5			
Jeff House	GA-64	Open	308	292.4	52.5			
Baron Dixon	VA-56	55-59	308	300.1	75			
Jeff House	GA-64	Open/60-64	308	292.4	52.5			
Name	State/Age	Division	Wt. Class	Body Wt.	Ironman	Strict Curl	Bench	Total
Krystal Brown	VA-52 (F)	Open, 50-54	132	132		34	50	84
Madison Berry	NC 10 (F)	Under 11	165	151		25.5	59	84.5
Natasha Beasley	VA-40 (F)	40-44	165	154.2		38	83	121
Lisa Walker	VA-41 (F)	40-44	165	163.8		34	42.5	76.5
Mackenzie Taylor	NC-14 (F)	Open-14-15	181	166.8		37.5	80	117.5
Dakata Nolden	VA-29 (F)	Open	198+	268.8		36.5	82.5	119
John Self	VA-13	12*13	114	112.2		37.5	65	102.5
Gary Teeter	PA-57	55-59	123	120.6		56.5	102.5	159
John Self, SR	VA-51	50-54	165	160.8		66	153	219
Carlos Quintros	VA-39	35-39	181	172.4		55	142.5	197.5
John Jackson	MD-54	50-54	181	178.5		50	137.5	187.5
Jeffery Klugh	NC-18	18-19	198	198		48	105	153
Kwame Grant	MD-41	Open, 40-44	242	224.8		77.5	160	237.5
Reno Birt	VA-59	Open, 55-59, P/F/M	242	236.3		65	160	225
Chris Allen	VA-48	Open, 45-49	275	271		73	177.5	250.5
Dion Lee	VA-57	Open, 55-59	275	268.8		67.5	140	207.5
Jeff House	GA-64	Open, 60-64	308	292.4		52.5	115	167.5
Baron Dixon	VA-56	55-59	308	300.1		75	147.5	222.5
		Open Mixed Team						
Officials		1 Team NOVA						
Rudy Garcia								
Gene Berry		Yourh Mixed team						
William Thacker		Team JCC						
Randy Price								
John Shifflett		Drug Tested						
Bill Reedy		Gary Teeter						
Krystal Brown		Mackenzie Taylor						
		Kwame Grant						
		Mike Williams						