

International Powerlifting Single Lift Powerlifting Championships Raw

June, 11th to 12th, 2022

Last Name	First Name	Age	Gender	Home State	Country	Bwt	Open Division	Age Division	Other Division	Wt CIs	Wt CIs label	Bench 1	Bench 2	Bench 3	Bench 4	Deadlift 1	Deadlift 2	Deadlift 3	TOTAL	Total Coef
Lee	Jenn	38	Female		Canada	56.9		Sub-Masters (35-39)		60/132.2	132	55.0	57.5	60.0					60.0	54.114
Yanke	Skylar	28	Female		Canada	60.9	Open			67.5/148.8	148	70.0	73.0	73.0	75.0				72.5	61.683
Nair	Vanaja		Female		UAE	61.4		Masters (50-54)		67.5/148.8	148	35.0	42.5	NA					35.0	29.617
McWatters	Lori	52	Female		Canada	85.5		Masters (50-54)		90/198.4	198	57.5	60.5	65.0					60.0	39.396
Kaur	Ramandeep		Female		India	95	Open			90+/198.5+ (F)	200	50.0	57.5	65.0					65.0	39.9815
Delainey	Kathleen	50	Female		Canada	104.8		Masters (50-54)		90+/198.5+ (F)	200	40.0	47.5	52.5	55.0				52.5	30.67575
Sosnicki	Dorothy	58	Female	AZ	USA	102.4		Masters (55-59)		90+/198.5+ (F)	200	67.5	75.0	87.0					75.0	44.445
Sommerfeld	Wanda	62	Female		Canada	103.4		Masters (60-64)		90+/198.5+ (F)	200	45.0	50.0	55.0					50.0	29.48
Kaushik	Dev	20	Male		India	51.7		Junior (20-24)		52/114.6	114	70.0	70.0	72.5					72.5	70.15825
Teeter	Gary	57	Male	PA	USA	59.1		Masters (55-59)		60/132.2	132	95.0	97.5	100.0					100.0	82.76
Saretsky	Alex	32	Male		Canada	67.5	Open			67.5/148.8	148	130.0	135.0	140.5					140.0	102.116
.	Mannu		Male		India	62.7	Open			67.5/148.8	148	40.0	45.0	50.0					50.0	38.95
Singh	Shmanpreet		Male		India	75		Teen (16-17)		75/165.3	165	50.0	65.0	65.0					50.0	33.28
Singh	Narinder Pal		Male		India	71.85	Open			75/165.3	165	120.0	125.0	125.0					120.0	82.716
Singh	Amrinder		Male		India	75		Sub-Masters (35-39)		75/165.3	165	90.0	95.0	97.5					95.0	63.232
Nantamby	Nasir		Male	NC	USA	75		Masters (40-44)		75/165.3	165	135.0	137.5	NA					135.0	89.856
Bajaj	Amit	40	Male		India	75		Masters (40-44)		75/165.3	165	100.0	107.5	112.5					112.5	74.88
.	Tharanath		Male		UAE	75.8	Open			82.5/181.8	181	70.0	80.0	95.0					95.0	62.6335
Kumar	Surinder		Male		India	81.15		Masters (55-59)		82.5/181.8	181	30.0	40.0	45.0					30.0	18.864
Kumar	Gurvir		Male		India	82.5	Open		Handicapped	82.5/181.8	181	160.0	170.0	175.0					175.0	108.745
Singh	Anmol		Male		India	88		Junior (20-24)		90/198.4	198	90.0	100.0	107.5					100.0	59.35
Bakshi	Harsik		Male		India	83.45	Open			90/198.4	198	95.0	107.5	107.5					95.0	58.5865
Sapra	Ayush		Male		India	82.75	Open		Handicapped	90/198.4	198	55.0	55.0	NA					55.0	34.045
Singh	Manraj	41	Male		India	84.35		Masters (40-44)		90/198.4	198	130.0	140.0	145.0					145.0	88.7545
Kumar	Vijay		Male		India	86.7		Masters (45-49)		90/198.4	198	50.0	55.0	57.5					57.5	34.4655
T.P.	Manikuttan		Male		UAE	87		Masters (60-64)		90/198.4	198	75.0	90.0	90.0					90.0	53.946
.	Jatin		Male		India	91.6		Teen (14-15)		100/220.4	220	90.0	100.0	105.0					105.0	60.9945
Rawat	Sanjay		Male		India	92.5		Junior (20-24)		100/220.4	220	75.0	80.0	85.0					75.0	43.32
T.M.	Ashwand		Male		UAE	94.2	Open			100/220.4	220	100.0	115.0	125.0					125.0	71.425
Verma	Vikas		Male		India	100		Masters (40-44)		100/220.4	220	130.0	140.0	145.0					145.0	80.4025
Grewal	Gurpartap Singh		Male		India	109.65	Open			110/242.5	242	155.0	165.0	167.5					167.5	89.99775
Singh	Tarandeep	36	Male		India	102		Sub-Masters (35-39)		110/242.5	242	130.0	135.0	140.0					140.0	77.056
Barakat	Omar		Male		UAE	106.9		Masters (40-44)		110/242.5	242	120.0	160.0	160.0					160.0	86.576
Wright	Jeremy	42	Male	NC	USA	106.9	Open	Masters (40-44)		110/242.5	242	142.5	150.0	155.0					155.0	83.8705
Poore	Clint	48	Male	KY	USA	109.4		Masters (45-49)		110/242.5	242	170.0	182.5	187.5					182.5	98.05725
Dixit	Deepak		Male		India	104		Masters (45-49)		110/242.5	242	125.0	130.0	140.0					130.0	70.954
Birt	Reno	59	Male	FL	USA	107.4		Masters (55-59)	Law/Fire/Military	110/242.5	242	137.5	142.5	150.0					150.0	81.075
Singh	Gaurav		Male		India	112.25		Junior (20-24)		125/275.5	275	125.0	130.0	140.0					140.0	74.788
Bossi	Paul	56	Male	NC	USA	119.3	Open	Masters (55-59)		125/275.5	275	190.0	197.5	202.5	208.0				202.5	106.839
Sharma	Sanjeev		Male		India	111		Masters (40-44)		125/275.5	275	125.0	130.0	132.5					130.0	69.641
Karallas	Giorgio	29	Male	IN	USA	125.4	Open			140/308.6	308	150.0	165.0	175.0	182.5				175.0	91.14
Basist	Deepak		Male		India	128.2	Open			140/308.6	308	170.0	180.0	180.0					170.0	87.975
Singh	Jaspreet		Male		India	140.15	Open			140+/SHW	310	100.0	100.0	115.0					115.0	57.9255

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Kaur	Tarandeep		Female		India	49.55		Teen (14-15)		52/114.6	114					55.0	65.0	70.0	65.0	65.637
Tanwer	Kavita		Female		India	51.6		Masters (45-49)		52/114.6	114					30.0	32.5	35.0	35.0	34.3315
Lee	Jenn	38	Female		Canada	56.9	Open			60/132.2	132					110.0	115.0	120.0	120.0	108.228
Yanke	Skylar	28	Female		Canada	60.9	Open			67.5/148.8	148					112.5	120.0	128.0	127.5	108.477
Nair	Vanaja		Female		UAE	61.4		Masters (50-54)		67.5/148.8	148					70.0	80.0	90.0	90.0	76.158
Kaur	Kamaljeet		Female		India	85		Sub-Masters (35-39)		90/198.4	198					100.0	110.0	120.0	120.0	79.14
Sommerfeld	Wanda	62	Female		Canada	103.4		Masters (60-64)		90+/198.5+ (F)	200					130.0	135.0	140.5	135.0	79.596
Kaushik	Dev	20	Male		India	51.7		Junior (20-24)		52/114.6	114					140.0	140.0	142.5	140.0	135.478
Teeter	Gary	57	Male	PA	USA	59.1	Open			60/132.2	132					140.0	150.0	152.5	152.5	126.209
Saretsky	Alex	32	Male		Canada	67.5	Open			67.5/148.8	148					205.0	215.0	227.0	215.0	156.821
Singh	Shmanpreet		Male		India	75		Teen (16-17)		75/165.3	165					140.0	150.0	160.0	160.0	106.496
.	Sagar		Male		India	73.7		Junior (20-24)		75/165.3	165					170.0	170.0	190.0	190.0	128.307
Singh	Narinder Pal		Male		India	71.85	Open			75/165.3	165					180.0	200.0	200.0	180.0	124.074
Singh	Amrinder		Male		India	75		Sub-Masters (35-39)		75/165.3	165					150.0	155.0	160.0	160.0	106.496
Nantambu	Nasir	42	Male	NC	USA	75		Masters (40-44)		75/165.3	165					182.5	200.0	227.5	200.0	133.12
Singh	Sharandeep		Male		India	75.1		Teen (16-17)		82.5/181.8	181					80.0	80.0	80.0	80.0	53.248
Singh	Jagpreet		Male		India	78		Masters (40-44)		82.5/181.8	181					180.0	190.0	200.0	200.0	129.5
Kumar	Koshal		Male		India	88.2		Teen (18-19)		90/198.4	198					160.0	170.0	170.0	170.0	100.895
Singh	Ripan		Male		India	88.9		Junior (20-24)		90/198.4	198					220.0	220.0	230.0	230.0	136.068
Singh	Anmol		Male		India	88		Junior (20-24)		90/198.4	198					170.0	180.0	195.0	195.0	115.7325
.	Rudraksh		Male		India	88		Junior (20-24)		90/198.4	198					80.0	100.0	120.0	80.0	47.48
Bakshi	Hardik		Male		India	83.45	Open			90/198.4	198					225.0	240.0	240.0	240.0	148.008
Sapra	Ayush		Male		India	82.75	Open		Handicapped	90/198.4	198					100.0	105.0	110.0	110.0	68.09
Kumar	Vijay		Male		India	86.7		Masters (45-49)		90/198.4	198					120.0	135.0	135.0	135.0	80.919
Delainey	Douglas	62	Male		Canada	88		Masters (60-64)		90/198.4	198					215.0	227.0	227.0	215.0	127.6025
T.P.	Manikuttan		Male		UAE	83		Masters (60-64)		90/198.4	198					120.0	150.0	165.0	165.0	102.135
Upadhyay	Ankit		Male		India	94.5		Teen (18-19)		100/220.4	220					160.0	170.0	175.0	170.0	96.9
Rawat	Sanjay		Male		India	92.5		Junior (20-24)		100/220.4	220					160.0	160.0	160.0	160.0	92.416
Singh	Prabhjot		Male		India	107.9		Teen (18-19)		110/242.5	242					210.0	235.0	240.0	235.0	126.853
Singh	Tarandeep	36	Male		India	102		Sub-Masters (35-39)		110/242.5	242					210.0	230.0	235.0	235.0	129.344
Dixit	Deepak		Male		India	104		Masters (45-49)		110/242.5	242					140.0	145.0	150.0	150.0	81.87
Garag	Vanshaj		Male		India	117.75		Teen (18-19)		125/275.5	275					160.0	165.0	165.0	160.0	84.672
Singh	Gaurav		Male		India	112.25		Junior (20-24)		125/275.5	275					200.0	210.0	220.0	220.0	117.524
Sharma	Sanjeev		Male		India	111		Masters (40-44)		125/275.5	275					190.0	200.0	205.0	200.0	107.14
Kumar	Neeraj		Male		India	119.45		Masters (45-49)		125/275.5	275					145.0	155.0	165.0	165.0	87.054
.	Sunny		Male		India	129.1		Junior (20-24)		140/308.6	308					250.0	270.0	280.0	270.0	139.428
Basist	Deepak		Male		India	128.2	Open			140/308.6	308					250.0	270.0	270.0	250.0	129.375
Singh	Jaspreet		Male		India	140.15	Open			140+/SHW	310					190.0	200.0	220.0	200.0	100.74

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Last Name	First Name	Age	Gender	Home State	Country	Bwt	Open Division	Age Division	Other Division	Wt Cls	Wt Cls label	Strict Curl			
												Strict Curl 1	Strict Curl 2	Strict Curl 3	Strict Curl 4
Lee	Jenn	38	Female		Canada	56.9		Sub-Masters (35-39)		60/132.2	132	22.5	23.5	23.5	
Yanke	Skylar	28	Female		Canada	60.9	Open			67.5/148.8	148	22.5	30.0	32.5	
Nair	Vanaja		Female		UAE	61.4		Masters (50-54)		67.5/148.8	148	15.0	20.0	22.5	
Sharma	Geetanjali		Female		India	68.8		Masters (50-54)		75/165.3	165	10.0	10.0	15.0	
McWatters	Lori		Female		Canada	85.5		Masters (50-54)		90/198.4	198	25.0	27.5	30.0	
Delainey	Kathleen	50	Female		Canada	104.8		Masters (50-54)		90+/198.5+ (F)	200	27.5	30.0	31.0	
Sosnicki	Dorothy	58	Female	AZ	USA	102.4		Masters (55-59)		90+/198.5+ (F)	200	35.0	37.5	43.0	45.5
Sommerfeld	Wanda	62	Female		Canada	103.4		Masters (60-64)		90+/198.5+ (F)	200	25.0	27.5	28.5	
Teeter	Gary	57	Male	PA	USA	59.1	Open			60/132.2	132	52.0	52.0	52.0	
Saretsky	Alex	32	Male		Canada	67.5	Open			67.5/148.8	148	60.0	62.5	67.5	69.0
Nantambu	Nasir	43	Male	NC	USA	75		Masters (40-44)		75/165.3	165	54.0	58.0	68.0	
Kumar	Gurvur		Male		India	82.5	Open			82.5/181.8	181	25.0	30.0	50.0	
	Tharanath		Male		UAE	75.8	Open			82.5/181.8	181	30.0	40.0	50.0	
Singh	Anmol		Male		India	88		Junior (20-24)		90/198.4	198				
Delainey	Douglas	62	Male		Canada	88		Masters (60-64)		90/198.4	198	36.0	41.0	45.5	
T.P.	Manikuttan		Male		UAE	83		Masters (60-64)		90/198.4	198	30.0	40.0	45.0	
T.M.	Ashwand		Male		UAE	94.2	Open			100/220.4	220	40.0	50.0	65.0	
Oilar	Jeff	38	Male	IN	USA	99.7		Sub-Masters (35-39)		100/220.4	220	65.0	70.0	75.0	
Singh	Tarandeep	36	Male		India	102		Sub-Masters (35-39)		110/242.5	242	50.0	60.0	65.0	
Wright	Jeremy	42	Male	NC	USA	106.9	Open	Masters (40-44)		110/242.5	242	55.0	60.0	62.0	
Dixit	Deepak		Male		India	103.7		Masters (45-49)		110/242.5	242	40.0	42.0	45.0	
Birt	Reno	59	Male	FL	USA	107.4		Masters (55-59)	Law/Fire/Military	110/242.5	242	50.0	60.0	62.0	72.5
Veckenstedt	Herb	56	Male		Canada	108		Masters (55-59)		110/242.5	242	50.0	55.0	60.0	
Sharma	Sanjeev		Male		India	111		Masters (40-44)		125/275.5	275	50.0	57.5	62.5	
Bossi	Paul	56	Male	NC	USA	119.3	Open	Masters (55-59)		125/275.5	275	65.0	70.0	72.5	76.5
Karallas	Giorgio	29	Male	IN	USA	125.4	Open			140/308.6	308	82.5	88.0	91.0	94.0