



## 2021 Teen-Youth Rankings

Updated 12/12/2021 Ed Kutin

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2021 Squat Rankings				Female					
Weight Class: 97				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	52.5	115.7	Gracie Bushee	US-NC	2021 Powerlifting Worlds	York	PA		
2	50	110.2	Sofia Corridean	US-NC	2021 Powerlifting Worlds	York	PA		
3	45	99.2	Bella Butler	US-PA	2021 Central PA Open	Clearfield	PA		
4	32.5	71.6	Kylie May	US-NC	American Challenge 2021 - NC		NC		
Weight Class: 105				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	52.5	115.7	Alaska Pratt	US-NC	NC State Championship	Jarvisburg	NC		
Weight Class: 114				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	72.5	159.8	Madison Berry	US-NC	NC State Championship	Jarvisburg	NC		
2	57.5	126.7	Alaska Pratt	US-NC	American Challenge 2021 - NC		NC		
Weight Class: 123				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	110	242.5	Flavia Grassone	Italy	2021 Italian Single Lift Championships		Italy		
2	90	198.4	Miriam Di Francesco	Italy	2021 Italian Single Lift Championships		Italy		
3	77.5	170.8	Brooke Zak	US-NC	NC State Championship	Jarvisburg	NC		
Weight Class: 132				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	95	209.4	Madison Berry	US-NC	OBX Powerlifting Championships	Jarvisburg	NC		
2	82.5	181.8	Mackenzie Taylor	US-NC	NC State Championship	Jarvisburg	NC		
Weight Class: 148				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	147.5	325.1	Naomi Kutin	US-NJ	American Challenge 2021 - NJ		NJ		
2	115	253.5	Jamie Augustine	US-PA	2021 Powerlifting Worlds	York	PA		
3	110	242.5	Mackenzie Taylor	US-NC	American Challenge 2021 - NC		NC		
4	85	187.3	Mia Gaylord	US-NY	American Challenge 2021 - NY		NY		
5	70	154.3	Marlee Hull	US-PA	2021 Powerlifting Worlds	York	PA		
	70	154.3	Lillie Hawes	US-PA	2021 Powerlifting Worlds	York	PA		
7	67.5	148.8	Colleen Blakeney	US-VA	American Challenge 2021 - VA		VA		
Weight Class: 165				Squat				Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	123	271.1	Mackenzie Taylor	US-NC	OBX Powerlifting Championships	Jarvisburg	NC		
2	70	154.3	Claire Bires	US-PA	American Challenge 2021 - PA		PA		
3	65	143.2	Madelynn Bengel	US-PA	2021 Powerlifting Worlds	York	PA		

Weight Class: 181				Squat	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	85	187.3	Chloe Rabago	US-CT	American Challenge 2021 - CT	CT		

Weight Class: 198				Squat	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	127.5	281	Emily Neff	US-VA	American Challenge 2021 - NC	NC		

Weight Class: 198+				Squat	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	160	352.7	Samantha Davis	US-OH	Tri State Championships	Bedford Heights	OH	
2	130	286.5	Autumn Powell	US-PA	2021 Central PA Open	Clearfield	PA	
3	97.5	214.9	Erin Lewis	US-PA	2021 Powerlifting Worlds	York	PA	

## 2021 Bench Press Rankings Female

Weight Class: 97				Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	30	66.1	Avaya Berge	US-NC	Southern Open	Javisburg	NC	
2	25.5	56.2	Gracie Bushee	US-NC	Southern Open	Javisburg	NC	
3	25	55.1	Sofia Corridean	US-NC	2021 Powerlifting Worlds	York	PA	
4	22.5	49.6	Kylie May	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	
5	22	48.5	Adella James	US-NC	Eastern USA Open	Woodstock	VA	
6	20	44	Bella Butler	US-PA	2021 Central PA Open	Clearfield	PA	
7	18.5	40.7	Oliva James	US-NC	Eastern USA Open	Woodstock	VA	

Weight Class: 105				Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	40	88.1	Priyanka .	India	National Benchpress and Deadlift Championships	Karnal	India	
	40	88.1	Mia Denhart	US-CT	2021 CT State Championship	Cheshire	CT	
3	22.5	49.6	Alaska Pratt	US-NC	NC State Championship	Jarvisburg	NC	
4	18	39.6	Carly Cooper	US-NC	NC State Championship	Jarvisburg	NC	

Weight Class: 114				Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	40	88.1	Mia Denhart	US-CT	Connecticut Strength Bench and Deadlift	Cheshire	CT	
2	32.5	71.6	Alaska Pratt	US-NC	American Challenge 2021 - NC		NC	
	32.5	71.6	Autumn Mallon	US-MD	Shenandoah Open	Woodstock	VA	
4	25	55.1	Madison Berry	US-NC	NC State Championship	Jarvisburg	NC	

Weight Class: 123				Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	70	154.3	Miriana Migliaccio	Italy	2021 Italian Single Lift Championships		Italy	
2	55	121.2	Veronica Sansò	Italy	2021 Italian Single Lift Championships		Italy	
3	50	110.2	Miriam Di Francesco	Italy	2021 Italian Single Lift Championships		Italy	
4	47.5	104.7	Brooke Zak	US-NC	NC State Championship	Jarvisburg	NC	
5	35	77.1	Maddie Dudeck	US-CT	2021 CT State Championship	Cheshire	CT	
6	20	44	Carly Cooper	US-NC	2021 Single Lift World Championships	Virgina Beach	VA	

Weight Class: 132				Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	57.5	126.7	Taylor Thomas	US-VA	OBX Powerlifting Championships	Jarvisburg	NC	
2	54.5	120.1	Mackenzie Taylor	US-NC	NC State Championship	Jarvisburg	NC	
3	48.5	106.9	Madison Berry	US-NC	2021 Single Lift World Championships	Virgina Beach	VA	
4	35	77.1	Maddie Dudeck	US-CT	Connecticut Strength Bench and Deadlift	Cheshire	CT	
	35	77.1	Annabelle Turlington	US-NC	Southern Open	Javisburg	NC	

6 20 44 Samridhhi Sharma India National Benchpress and Deadlift Championships Karnal India

Weight Class: 148				Bench Press		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	75	165.3	Jamie Augustine	US-PA	2021 Powerlifting Worlds	York	PA
2	67.5	148.8	Mackenzie Taylor	US-NC	2021 Single Lift World Championships	Virgina Beach	VA
3	57.5	126.7	Naomi Kutin	US-NJ	American Challenge 2021 - NJ		NJ
4	47.5	104.7	Mia Gaylord	US-NY	American Challenge 2021 - NY		NY
5	45	99.2	Lillie Hawes	US-PA	2021 Powerlifting Worlds	York	PA
6	42.5	93.6	Marlee Hull	US-PA	2021 Powerlifting Worlds	York	PA
7	37.5	82.6	Colleen Blakeney	US-VA	American Challenge 2021 - VA		VA

Weight Class: 165				Bench Press		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	67.5	148.8	Mackenzie Taylor	US-NC	2021 Powerlifting Worlds	York	PA
2	57.5	126.7	Taylor Gromko	US-CT	Connecticut Strength Bench and Deadlift	Cheshire	CT
3	50	110.2	Madelynn Bengel	US-PA	2021 Powerlifting Worlds	York	PA
4	47.5	104.7	Claire Bires	US-PA	2021 Powerlifting Worlds	York	PA
5	37.5	82.6	Molly McManus	US-CT	Connecticut Strength Bench and Deadlift	Cheshire	CT
6	35	77.1	Niobe Paoletta	Italy	2021 Italian Single Lift Championships		Italy
7	30	66.1	Himanshi .	India	National Benchpress and Deadlift Championships	Karnal	India

Weight Class: 181				Bench Press		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	50	110.2	Chloe Rabago	US-CT	American Challenge 2021 - NH		NH
2	35	77.1	Anushka Panwar	India	National Benchpress and Deadlift Championships	Karnal	India

Weight Class: 198				Bench Press		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	72.5	159.8	Shelby Taylor	US-OH	American Challenge 2021 - OH		OH
2	67.5	148.8	Emily Neff	US-VA	American Challenge 2021 - NC		NC
3	50	110.2	Jamison Ford	US-DC	2021 Single Lift World Championships	Virgina Beach	VA

Weight Class: 198+				Bench Press		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	100	220.4	Samantha Davis	US-OH	Tri State Championships	Bedford Heights	OH
2	65	143.2	Autumn Powell	US-PA	2021 Central PA Open	Clearfield	PA
3	52.5	115.7	Erin Lewis	US-PA	2021 Powerlifting Worlds	York	PA

## 2021 Deadlift Rankings Female

Weight Class: 97				Deadlift		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	75	165.3	Jasmeen Kaur	India	National Benchpress and Deadlift Championships	Karnal	India
2	72.5	159.8	Sofia Corridean	US-NC	2021 Powerlifting Worlds	York	PA
3	66.5	146.6	Gracie Bushee	US-NC	OBX Powerlifting Championships	Jarvisburg	NC
4	60	132.2	Kylie May	US-NC	OBX Powerlifting Championships	Jarvisburg	NC
5	50	110.2	Anushka .	India	National Benchpress and Deadlift Championships	Karnal	India
6	47.5	104.7	Bella Butler	US-PA	2021 Central PA Open	Clearfield	PA
7	45	99.2	Sidakpreet Kaur	India	National Benchpress and Deadlift Championships	Karnal	India
8	42.5	93.6	Adella James	US-NC	Eastern USA Open	Woodstock	VA
9	30	66.1	Kanika .	India	National Benchpress and Deadlift Championships	Karnal	India

Weight Class: 105				Deadlift		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	92.5	203.9	Priyanka .	India	National Benchpress and Deadlift Championships	Karnal	India
2	90	198.4	Sumanpreet Kaur	India	National Benchpress and Deadlift Championships	Karnal	India

3	67.5	148.8	Alaska Pratt	US-NC	NC State Championship	Jarvisburg	NC
4	65	143.2	Yogita .	India	National Benchpress and Deadlift Championships	Karnal	India
5	30	66.1	Sanvi Sharma	India	National Benchpress and Deadlift Championships	Karnal	India

Weight Class: 114				Deadlift	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	82.5	181.8	Alaska Pratt	US-NC	American Challenge 2021 - NC		NC
2	75	165.3	Madison Berry	US-NC	NC State Championship	Jarvisburg	NC

Weight Class: 123				Deadlift	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	130	286.5	Miriam Di Francesco	Italy	2021 Italian Single Lift Championships		Italy
2	115	253.5	Brooke Zak	US-NC	NC State Championship	Jarvisburg	NC
3	110	242.5	Corinne Deem	US-NC	2021 Single Lift World Championships	Virgina Beach	VA
4	85	187.3	Muskan .	India	National Benchpress and Deadlift Championships	Karnal	India
5	82.5	181.8	Miley Norris	US-PA	Tri State Championships	Bedford Heights	OH
6	52.5	115.7	Carly Cooper	US-NC	2021 Single Lift World Championships	Virgina Beach	VA

Weight Class: 132				Deadlift	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	127.5	281	Mackenzie Taylor	US-NC	NC State Championship	Jarvisburg	NC
2	106	233.6	Madison Berry	US-NC	OBX Powerlifting Championships	Jarvisburg	NC
3	75	165.3	Annabelle Turlington	US-NC	Southern Open	Javisburg	NC
4	55	121.2	Samriddhi Sharma	India	National Benchpress and Deadlift Championships	Karnal	India

Weight Class: 148				Deadlift	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	172.5	380.2	Naomi Kutin	US-NJ	American Challenge 2021 - NJ		NJ
2	142.5	314.1	Jamie Augustine	US-PA	2021 Powerlifting Worlds	York	PA
3	140	308.6	Mackenzie Taylor	US-NC	2021 Single Lift World Championships	Virgina Beach	VA
4	117.5	259	Marlee Hull	US-PA	2021 Powerlifting Worlds	York	PA
5	112.5	248	Annabelle Kailan	US-CT	2021 CT State Championship	Cheshire	CT
6	107.5	236.9	Mia Gaylord	US-NY	2021 Powerlifting Worlds	York	PA
7	100	220.4	Kiran .	India	National Benchpress and Deadlift Championships	Karnal	India
8	90	198.4	Lillie Hawes	US-PA	2021 Powerlifting Worlds	York	PA
9	82.5	181.8	Colleen Blakenev	US-VA	American Challenge 2021 - VA		VA

Weight Class: 165				Deadlift	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	141	310.8	Mackenzie Taylor	US-NC	2021 Powerlifting Worlds	York	PA
2	115	253.5	Claire Bires	US-PA	American Challenge 2021 - PA		PA
3	97.5	214.9	Madelynn Bengel	US-PA	2021 Powerlifting Worlds	York	PA
4	90	198.4	Himanshi .	India	National Benchpress and Deadlift Championships	Karnal	India
5	77.5	170.8	Niobe Paoletta	Italy	2021 Italian Single Lift Championships		Italy
6	52.5	115.7	Sonya Stengel	US-OH	Tri State Championships	Bedford Heights	OH

Weight Class: 181				Deadlift	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	107.5	236.9	Chloe Rabago	US-CT	American Challenge 2021 - CT		CT
2	90	198.4	Anushka Panwar	India	National Benchpress and Deadlift Championships	Karnal	India

Weight Class: 198				Deadlift	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	125	275.5	Emily Neff	US-VA	American Challenge 2021 - NC		NC
2	122.5	270	Shelby Taylor	US-OH	American Challenge 2021 - OH		OH
3	110	242.5	Jamison Ford	US-DC	American Challenge 2021 - MD		MD

Weight Class: 198+				Deadlift		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	175	385.8	Autumn Powell	US-PA	2021 Central PA Open	Clearfield	PA	
2	172.5	380.2	Samantha Davis	US-OH	Tri State Championships	Bedford Heights	OH	
3	115	253.5	Erin Lewis	US-PA	2021 Powerlifting Worlds	York	PA	
4	87.5	192.9	Elise Lyons	US-DC	American Challenge 2021 - MD		MD	

## 2021 Total Rankings Female

Weight Class: 97				Total		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	147.5	325.1	Sofia Corridean	US-NC	2021 Powerlifting Worlds	York	PA	
2	137.5	303.1	Gracie Bushee	US-NC	2021 Powerlifting Worlds	York	PA	
3	112.5	248	Bella Butler	US-PA	2021 Central PA Open	Clearfield	PA	
4	108.5	239.1	Kylie May	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	

Weight Class: 105				Total		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	142.5	314.1	Alaska Pratt	US-NC	NC State Championship	Jarvisburg	NC	

Weight Class: 114				Total		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	172.5	380.2	Alaska Pratt	US-NC	American Challenge 2021 - NC		NC	
2	168	370.3	Madison Berry	US-NC	NC State Championship	Jarvisburg	NC	

Weight Class: 123				Total		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	236	520.2	Brooke Zak	US-NC	NC State Championship	Jarvisburg	NC	

Weight Class: 132				Total		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	260.5	574.2	Mackenzie Taylor	US-NC	NC State Championship	Jarvisburg	NC	
2	245.5	541.2	Madison Berry	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	

Weight Class: 148				Total		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	377.5	832.2	Naomi Kutin	US-NJ	American Challenge 2021 - NJ		NJ	
2	332.5	733	Jamie Augustine	US-PA	2021 Powerlifting Worlds	York	PA	
3	305.5	673.5	Mackenzie Taylor	US-NC	American Challenge 2021 - NC		NC	
4	237.5	523.5	Mia Gaylord	US-NY	American Challenge 2021 - NY		NY	
5	230	507	Marlee Hull	US-PA	2021 Powerlifting Worlds	York	PA	
6	205	451.9	Lillie Hawes	US-PA	2021 Powerlifting Worlds	York	PA	
7	187.5	413.3	Colleen Blakeney	US-VA	American Challenge 2021 - VA		VA	

Weight Class: 165				Total		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	326	718.6	Mackenzie Taylor	US-NC	2021 Powerlifting Worlds	York	PA	
2	230	507	Claire Bires	US-PA	2021 Powerlifting Worlds	York	PA	
3	212.5	468.4	Madelynn Bengel	US-PA	2021 Powerlifting Worlds	York	PA	

Weight Class: 181				Total		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	237.5	523.5	Chloe Rabago	US-CT	American Challenge 2021 - CT		CT	

Weight Class: 198				Total		Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location		

1 320 705.4 Emily Neff US-VA American Challenge 2021 - NC NC

Weight Class: 198+				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	432.5	953.4	Samantha Davis	US-OH	Tri State Championships	Bedford Heights	OH	
2	370	815.7	Autumn Powell	US-PA	2021 Central PA Open	Clearfield	PA	
3	265	584.2	Erin Lewis	US-PA	2021 Powerlifting Worlds	York	PA	

## 2021 Strict Curl Rankings Female

Weight Class: 97				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	18.5	40.7	Avaya Berge	US-NC	Southern Open	Jarvisburg	NC	
2	12.5	27.5	Gracie Bushee	US-NC	Southern Open	Jarvisburg	NC	
3	12	26.4	Adella James	US-NC	Eastern USA Open	Woodstock	VA	
	12	26.4	Kylie May	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	

Weight Class: 105				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	32	70.5	Mia Denhart	US-CT	American Challenge 2021 - CT		CT	
2	18.5	40.7	Avaya Berge	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	
3	15	33	Alaska Pratt	US-NC	NC State Championship	Jarvisburg	NC	
4	14.5	31.9	Carly Cooper	US-NC	NC State Championship	Jarvisburg	NC	

Weight Class: 114				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	23	50.7	Autumn Mallon	US-MD	Shenandoah Open	Woodstock	VA	
2	20	44	Anna Zak	US-NC	2021 Single Lift World Championships	Virginia Beach	VA	
3	17	37.4	Carly Cooper	US-NC	2021 Single Lift World Championships	Virginia Beach	VA	
4	12.5	27.5	Madison Berry	US-NC	NC State Championship	Jarvisburg	NC	

Weight Class: 123				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	30	66.1	Brooke Zak	US-NC	American Challenge 2021 - NC		NC	
2	27.5	60.6	Maddie Dudeck	US-CT	2021 CT State Championship	Cheshire	CT	
3	18	39.6	Carly Cooper	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	

Weight Class: 132				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	32.5	71.6	Brooke Zak	US-NC	2021 Single Lift World Championships	Virginia Beach	VA	
2	27	59.5	Maddie Dudeck	US-CT	American Challenge 2021 - CT		CT	
3	26	57.3	Mackenzie Taylor	US-NC	NC State Championship	Jarvisburg	NC	
4	22	48.5	Madison Berry	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	

Weight Class: 148				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	34.5	76	Jamie Augustine	US-PA	2021 Central PA Open	Clearfield	PA	
2	33.5	73.8	Brooke Zak	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	
3	32.5	71.6	Mackenzie Taylor	US-NC	2021 Single Lift World Championships	Virginia Beach	VA	
4	25	55.1	Mia Gaylord	US-NY	American Challenge 2021 - NY		NY	

Weight Class: 165				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	34	74.9	Mackenzie Taylor	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	
2	28.5	62.8	Jillian Bauco	US-CT	2021 CT State Championship	Cheshire	CT	
3	27	59.5	Molly McManus	US-CT	American Challenge 2021 - CT		CT	

Weight Class: 181		Strict Curl		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	30	66.1	Chloe Rabago	US-CT	American Challenge 2021 - NH	NH	
2	27.5	60.6	Molly McManus	US-CT	2021 CT State Championship	Cheshire	CT

Weight Class: 198		Strict Curl		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	32	70.5	Cat Palmer	US-CT	American Challenge 2021 - CT	CT	

## 2021 Squat Rankings Male

Weight Class: 105		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	75	165.3	Adam Taylor	US-MD	American Challenge 2021 - MD	MD	
2	55	121.2	Landon Britton	US-NC	American Challenge 2021 - NC	NC	
3	50	110.2	Brayden Dashiell	US-VA	American Challenge 2021 - NC	NC	
4	47.5	104.7	Sylar Goins	US-NC	American Challenge 2021 - NC	NC	
	47.5	104.7	Jeremiah Skinner	US-NC	2021 Powerlifting Worlds	York	PA
6	45	99.2	Kayden Vinson	US-NC	American Challenge 2021 - NC	NC	
	45	99.2	Vittorio Nappi	Italy	2021 Italian Single Lift Championships	Italy	
8	42.5	93.6	Rylan Vinson	US-NC	American Challenge 2021 - NC	NC	
9	35	77.1	Zach Sorey	US-NC	OBX Powerlifting Championships	Jarvisburg	NC
10	30	66.1	Ivan Shick	US-PA	American Challenge 2021 - PA	PA	
11	25	55.1	Michael Neziri Jr	US-NY	American Challenge 2021 - NJ	NJ	

Weight Class: 114		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	62.5	137.7	Justin Meads	US-NC	American Challenge 2021 - NC	NC	
2	50	110.2	Wyatt Doneff	US-NC	American Challenge 2021 - NC	NC	

Weight Class: 123		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	95	209.4	Mason Winkler	US-MD	American Challenge 2021 - MD	MD	
	95	209.4	Adam Taylor	US-MD	Maryland States	Prince Frederick	MD
3	92.5	203.9	Dalton Fazio	US-NC	NC State Championship	Jarvisburg	NC
4	75	165.3	Austin Hill	US-NC	NC State Championship	Jarvisburg	NC
5	67.5	148.8	Easten Binckley	US-NC	NC State Championship	Jarvisburg	NC

Weight Class: 132		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	160	352.7	Jose Parra	US-NC	OBX Powerlifting Championships	Jarvisburg	NC
2	132.5	292.1	Antonio Mainolfi	Italy	2021 Italian Single Lift Championships	Italy	
3	106	233.6	Dalton Fazio	US-NC	American Challenge 2021 - NC	NC	
4	105	231.4	Easten Binckley	US-NC	American Challenge 2021 - NC	NC	
5	92.5	203.9	Austin Hill	US-NC	American Challenge 2021 - NC	NC	
6	85	187.3	Kolten May	US-NC	American Challenge 2021 - NC	NC	
7	82.5	181.8	Kolton May	US-NC	OBX Powerlifting Championships	Jarvisburg	NC
8	65	143.2	Zayne Goins	US-NC	American Challenge 2021 - NC	NC	
9	62.5	137.7	Drake Small	US-FL	American Challenge 2021 - FL	FL	

Weight Class: 148		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	152.5	336.2	Luc Dahlman	Canada	Rust Buster	Calgary	Alberta
2	150	330.6	Riccardo Petruccelli	Italy	2021 Italian Single Lift Championships	Italy	
3	127.5	281	Trever Weeden	US-NY	2021 Powerlifting Worlds	York	PA
4	125	275.5	Taylor Keene	US-OH	Tri State Championships	Bedford Heights	OH



5	122.5	270	Ethan Binkley	US-NC	NC State Championship	Jarvisburg	NC
6	110	242.5	Maximilian Wingenbach	US-PA	Tri State Championships	Bedford Heights	OH
	110	242.5	Luke Kwick	US-NC	American Challenge 2021 - NC		NC
	110	242.5	Easten Binkley	US-NC	Southern Open	Jarvisburg	NC
9	95	209.4	Kayden Smith	US-NC	NC State Championship	Jarvisburg	NC
10	92.5	203.9	David Saunders	US-NC	American Challenge 2021 - NC		NC
	92.5	203.9	Luke Dixon	US-PA	2021 Central PA Open	Clearfield	PA
12	55	121.2	Steven Hughes	US-DC	American Challenge 2021 - MD		MD

Weight Class: 165				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	157.5	347.2	Korey Webber	US-PA	Tri State Championships	Bedford Heights	OH
2	150	330.6	Ethan Binkley	US-NC	Southern Open	Jarvisburg	NC
3	147.5	325.1	Ethan Binkley	US-NC	American Challenge 2021 - NC		NC
4	140	308.6	Roberto Riccio	Italy	2021 Italian Single Lift Championships		Italy
5	132.5	292.1	Maximilian Wingenbach	US-PA	American Challenge 2021 - PA		PA
6	125	275.5	Shane Shifflett	US-VA	2021 Powerlifting Worlds	York	PA
7	120	264.5	Max Blanchard	US-OH	Tri State Championships	Bedford Heights	OH
	120	264.5	Elijah Binkley	US-NC	American Challenge 2021 - NC		NC
9	112.5	248	Kayden Smith	US-NC	American Challenge 2021 - NC		NC
10	70	154.3	Joshua Schmidt	US-NC	NC State Championship	Jarvisburg	NC

Weight Class: 181				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	175	385.8	Zach St. Hilaire	US-NH	American Challenge 2021 - NH		NH
2	170	374.7	Giovanni Persia	Italy	2021 Italian Single Lift Championships		Italy
3	155	341.7	Igor De Maria	Italy	2021 Italian Single Lift Championships		Italy
4	150	330.6	Anthony Martucci	US-PA	2021 Central PA Open	Clearfield	PA
5	147.5	325.1	Dylan Booth	US-NC	NC State Championship	Jarvisburg	NC
6	145	319.6	Russell Brown	US-PA	2021 Powerlifting Worlds	York	PA
7	142.5	314.1	Timothy Wells	US-PA	2021 Powerlifting Worlds	York	PA
8	140	308.6	Paolo Ciccarese	Italy	2021 Italian Single Lift Championships		Italy
9	137.5	303.1	Jared Cedzo	US-PA	2021 Central PA Open	Clearfield	PA
10	130	286.5	Emidiu Pio Cipriano	Italy	2021 Italian Single Lift Championships		Italy
11	97.5	214.9	Zion Banks	US-NC	NC State Championship	Jarvisburg	NC
12	80	176.3	Joshua Schmidt	US-NC	American Challenge 2021 - NC		NC

Weight Class: 198				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	187.5	413.3	Tyler Vines	US-VA	American Challenge 2021 - VA		VA
2	150	330.6	Mike Delmore	US-NH	American Challenge 2021 - NH		NH
3	147.5	325.1	Dylan Booth	US-NC	American Challenge 2021 - NC		NC
4	140	308.6	Simone Zambri	Italy	2021 Italian Single Lift Championships		Italy
5	137	302	Patrick McMillian	US-VA	Southern Open	Jarvisburg	NC
6	130	286.5	Grayson Richardson	US-NC	NC State Championship	Jarvisburg	NC
7	112.5	248	Zion Banks	US-NC	American Challenge 2021 - NC		NC

Weight Class: 220				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	230	507	Samuel Marzano	Italy	2021 Italian Single Lift Championships		Italy
2	205	451.9	Athan Parker	US-OH	American Challenge 2021 - NY		NY
3	200	440.9	Brandin Anderson	US-PA	2021 Central PA Open	Clearfield	PA
4	135	297.6	Hunter Neubeck	US-NC	American Challenge 2021 - NC		NC
5	130	286.5	Nathan Bennett	US-NC	American Challenge 2021 - NC		NC
6	100	220.4	Easton Christie	US-PA	2021 Central PA Open	Clearfield	PA
7	92.5	203.9	Dylan Cooper	US-NC	NC State Championship	Jarvisburg	NC



Weight Class: 242				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	182.5	402.3	Daniel Hall	US-VA	2021 Powerlifting Worlds	York	PA	
2	162.5	358.2	Riley Bukowski	US-PA	2021 Powerlifting Worlds	York	PA	
3	160	352.7	Ben Thibodeau	US-NC	NC State Championship	Jarvisburg	NC	

Weight Class: 275				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	195	429.8	Jacob Blouin	US-NH	American Challenge 2021 - NH		NH	
2	190	418.8	Riley Bukowski	US-PA	Tri State Championships	Bedford Heights	OH	
3	177.5	391.3	Jeffery Klugh	US-NC	American Challenge 2021 - NC		NC	
4	160	352.7	Ben Thibodeau	US-NC	Southern Open	Jarvisburg	NC	
5	122.5	270	Julian Reynolds	US-NC	American Challenge 2021 - NC		NC	

Weight Class: 308				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	252.5	556.6	Mario Fontanazza	US-PA	American Challenge 2021 - PA		PA	

## 2021 Bench Press Rankings Male

Weight Class: 105				Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	52.5	115.7	Adam Taylor	US-MD	American Challenge 2021 - MD		MD	
2	50	110.2	John Self	US-VA	Eastern USA Open	Woodstock	VA	
3	42.5	93.6	Anirudh .	India	National Benchpress and Deadlift Championships	Karnal	India	
4	37.5	82.6	Shamanpreet Singh	India	National Benchpress and Deadlift Championships	Karnal	India	
5	32.5	71.6	Brayden Dashiell	US-VA	American Challenge 2021 - NC		NC	
	32.5	71.6	Jeremiah Skinner	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	
7	30	66.1	Vittorio Nappi	Italy	2021 Italian Single Lift Championships		Italy	
	30	66.1	Zach Sorey	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	
9	27.5	60.6	Caden Cooper	US-NC	NC State Championship	Jarvisburg	NC	
	27.5	60.6	Justin Aguirre	US-NC	NC State Championship	Jarvisburg	NC	
	27.5	60.6	Landon Britton	US-NC	American Challenge 2021 - NC		NC	
12	22.5	49.6	Kayden Vinson	US-NC	American Challenge 2021 - NC		NC	
	22.5	49.6	Rylan Vinson	US-NC	American Challenge 2021 - NC		NC	
	22.5	49.6	Ivan Shick	US-PA	2021 Central PA Open	Clearfield	PA	
15	17.5	38.5	Sylar Goins	US-NC	American Challenge 2021 - NC		NC	
16	16.8	37	Michael Neziri Jr	US-NY	American Challenge 2021 - NJ		NJ	
17	15	33	Cameron Carroll	US-DC	2021 Single Lift World Championships	Virginia Beach	VA	
18	12.5	27.5	Sehajpreet Singh	India	National Benchpress and Deadlift Championships	Karnal	India	
19	12	26.4	Ezra James	US-NC	Eastern USA Open	Woodstock	VA	

Weight Class: 114				Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	65	143.2	Adam Taylor	US-MD	Patriots Single Lift Open	Prince Frederick	MD	
2	60	132.2	Ryan Henriques	US-VA	Shenandoah Open	Woodstock	VA	
3	57.5	126.7	Jared Miller	US-VA	2021 Christmas Classic	Woodstock	VA	
4	35	77.1	Justin Meads	US-NC	American Challenge 2021 - NC		NC	
5	30	66.1	Alex Ingersoll	US-FL	American Challenge 2021 - FL		FL	
6	27.5	60.6	Wyatt Doneff	US-NC	American Challenge 2021 - NC		NC	

Weight Class: 123				Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	75	165.3	Adam Taylor	US-MD	Maryland States	Prince Frederick	MD	
2	72.5	159.8	Mason Winkler	US-MD	American Challenge 2021 - MD		MD	
3	65	143.2	Braeden Philpott	US-PA	American Challenge 2021 - NY		NY	

4	50.5	111.3	Dalton Fazio	US-NC	NC State Championship	Jarvisburg	NC
5	47.5	104.7	Joshua Klinski	US-NY	Owego Winter Classic	Owego	NY
6	42.5	93.6	Austin Hill	US-NC	NC State Championship	Jarvisburg	NC
	42.5	93.6	Collin Henriques	US-VA	Patriots Single Lift Open	Prince Frederick	MD
8	37.5	82.6	Seth Smith	US-NC	NC State Championship	Jarvisburg	NC
9	35	77.1	Easten Binckley	US-NC	NC State Championship	Jarvisburg	NC

Weight Class: 132				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	85	187.3	Antonio Mainolfi	Italy	2021 Italian Single Lift Championships		Italy
	85	187.3	Jose Parra	US-NC	OBX Powerlifting Championships	Jarvisburg	NC
3	70	154.3	Yashraj Gurjar	India	National Benchpress and Deadlift Championships	Karnal	India
4	65	143.2	Krish Soni	India	National Benchpress and Deadlift Championships	Karnal	India
5	60	132.2	Drake Small	US-FL	American Challenge 2021 - FL		FL
6	57.5	126.7	Austin Hill	US-NC	American Challenge 2021 - NC		NC
7	55	121.2	Easten Binckley	US-NC	American Challenge 2021 - NC		NC
8	52.5	115.7	Dalton Fazio	US-NC	American Challenge 2021 - NC		NC
9	45	99.2	Kolton May	US-NC	OBX Powerlifting Championships	Jarvisburg	NC
10	40	88.1	Kolten May	US-NC	American Challenge 2021 - NC		NC
11	32.5	71.6	Gatik .	India	National Benchpress and Deadlift Championships	Karnal	India
	32.5	71.6	Zayne Goins	US-NC	NC State Championship	Jarvisburg	NC

Weight Class: 148				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	127.5	281	Neil Cotton	US-NY	American Challenge 2021 - NY		NY
2	115	253.5	Riccardo Petruccelli	Italy	2021 Italian Single Lift Championships		Italy
3	112.5	248	Tony Previterio	Italy	2021 Italian Single Lift Championships		Italy
4	95	209.4	Domenico Cortellino	Italy	2021 Italian Single Lift Championships		Italy
5	92.5	203.9	Luc Dahlman	Canada	Rust Buster	Calgary	Alberta
6	90	198.4	Pierpaolo Quaranta	Italy	2021 Italian Single Lift Championships		Italy
7	82.5	181.8	Ethan Binckley	US-NC	NC State Championship	Jarvisburg	NC
8	80	176.3	Tushar Giri	India	National Benchpress and Deadlift Championships	Karnal	India
	80	176.3	Taylor Keene	US-OH	Tri State Championships	Bedford Heights	OH
10	77.5	170.8	Luke Kwick	US-NC	American Challenge 2021 - NC		NC
	77.5	170.8	Francesco De Marco	Italy	2021 Italian Single Lift Championships		Italy
12	75	165.3	David Saunders	US-NC	American Challenge 2021 - NC		NC
	75	165.3	Trever Weeden	US-NY	2021 Powerlifting Worlds	York	PA
14	72.5	159.8	Piyush Gupta	India	National Benchpress and Deadlift Championships	Karnal	India
15	67.5	148.8	Luke Kuwick	US-NC	NC State Championship	Jarvisburg	NC
	67.5	148.8	Maximilian Wingenbach	US-PA	Tri State Championships	Bedford Heights	OH
17	65	143.2	Luke Dixon	US-PA	2021 Central PA Open	Clearfield	PA
18	62.5	137.7	Jarelle Williams	US-PA	Patriots Single Lift Open	Prince Frederick	MD
19	60	132.2	Easten Binckley	US-NC	Southern Open	Jarvisburg	NC
20	57.5	126.7	Steven Hughes	US-DC	American Challenge 2021 - MD		MD

Weight Class: 165				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	115	253.5	Antonio Coluccelli	Italy	2021 Italian Single Lift Championships		Italy
2	112.5	248	Ethan Binckley	US-NC	Southern Open	Jarvisburg	NC
	112.5	248	Ethan Binckley	US-NC	2021 Single Lift World Championships	Virginia Beach	VA
4	102.5	225.9	Korey Webber	US-PA	Tri State Championships	Bedford Heights	OH
5	100	220.4	Amato D'Eliso	Italy	2021 Italian Single Lift Championships		Italy
6	95	209.4	Danny Lemel	US-CT	Connecticut Strength Bench and Deadlift	Cheshire	CT
7	92.5	203.9	Max Blanchard	US-OH	Tri State Championships	Bedford Heights	OH
8	90	198.4	Shane Shifflett	US-VA	2021 Powerlifting Worlds	York	PA
9	85	187.3	Elijah Binckley	US-NC	American Challenge 2021 - NC		NC

	85	187.3	Mario Pignatiello	Italy	2021 Italian Single Lift Championships		Italy
	85	187.3	Eli Binckley	US-NC	2021 Single Lift World Championships	Virgina Beach	VA
12	80	176.3	Roberto Riccio	Italy	2021 Italian Single Lift Championships		Italy
13	77.5	170.8	Maximilian Wingenbach	US-PA	American Challenge 2021 - PA		PA
14	75	165.3	Nicholas Thorp	US-PA	American Challenge 2021 - PA		PA
15	72.5	159.8	Vansh Bajaj	India	National Benchpress and Deadlift Championships	Karnal	India
16	55	121.2	Joshua Schmidt	US-NC	NC State Championship	Jarvisburg	NC
	55	121.2	Kayden Smith	US-NC	American Challenge 2021 - NC		NC

Weight Class: 181				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	125	275.5	Giovanni Persia	Italy	2021 Italian Single Lift Championships		Italy
2	115	253.5	Dylan Booth	US-NC	NC State Championship	Jarvisburg	NC
3	110	242.5	Jacob Klinski	US-NY	Owego Winter Classic	Owego	NY
4	107.5	236.9	Russell Brown	US-PA	2021 Powerlifting Worlds	York	PA
5	100	220.4	Zach St. Hilaire	US-NH	American Challenge 2021 - NH		NH
6	92.5	203.9	Igor De Maria	Italy	2021 Italian Single Lift Championships		Italy
7	87.5	192.9	Anthony Martucci	US-PA	2021 Central PA Open	Clearfield	PA
8	85	187.3	Matteo Bernardi	Italy	2021 Italian Single Lift Championships		Italy
	85	187.3	Timothy Wells	US-PA	2021 Powerlifting Worlds	York	PA
10	82.5	181.8	Elijah Binkley	US-NC	Southern Open	Jarvisburg	NC
11	80	176.3	Nicholas Thorp	US-PA	2021 Central PA Open	Clearfield	PA
	80	176.3	Jared Cedzo	US-PA	2021 Central PA Open	Clearfield	PA
13	75	165.3	Dipesh .	India	National Benchpress and Deadlift Championships	Karnal	India
	75	165.3	Roberto Colitti	Italy	2021 Italian Single Lift Championships		Italy
15	70	154.3	Emidiu Pio Cipriano	Italy	2021 Italian Single Lift Championships		Italy
16	60	132.2	Sanjay Singh	India	National Benchpress and Deadlift Championships	Karnal	India
17	57.5	126.7	Zion Banks	US-NC	NC State Championship	Jarvisburg	NC
18	55	121.2	Joshua Schmidt	US-NC	American Challenge 2021 - NC		NC
19	30	66.1	Sachin Kapoor	India	National Benchpress and Deadlift Championships	Karnal	India

Weight Class: 198				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	150	330.6	Mattia Pranzo	Italy	2021 Italian Single Lift Championships		Italy
2	130	286.5	Tyler Vines	US-VA	American Challenge 2021 - VA		VA
3	112.5	248	Dylan Booth	US-NC	American Challenge 2021 - NC		NC
	112.5	248	Michele Del Vecchio	Italy	2021 Italian Single Lift Championships		Italy
5	97.5	214.9	Mike Delmore	US-NH	American Challenge 2021 - NH		NH
6	85	187.3	Simone Zambri	Italy	2021 Italian Single Lift Championships		Italy
7	80	176.3	Patrick McMillian	US-VA	Southern Open	Jarvisburg	NC
8	72.5	159.8	Grayson Richardson	US-NC	NC State Championship	Jarvisburg	NC
9	52.5	115.7	Zion Banks	US-NC	American Challenge 2021 - NC		NC
10	50	110.2	Chirag Vashistha	India	National Benchpress and Deadlift Championships	Karnal	India

Weight Class: 220				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	152.5	336.2	Samuel Marzano	Italy	2021 Italian Single Lift Championships		Italy
2	142.5	314.1	Athan Parker	US-OH	American Challenge 2021 - NY		NY
3	117.5	259	Brandin Anderson	US-PA	2021 Central PA Open	Clearfield	PA
4	110	242.5	Mehboobpreet Singh	India	National Benchpress and Deadlift Championships	Karnal	India
5	95	209.4	Hunter Neubeck	US-NC	American Challenge 2021 - NC		NC
6	92.5	203.9	Nathan Bennett	US-NC	American Challenge 2021 - NC		NC
7	75	165.3	Akshay Kumar	India	National Benchpress and Deadlift Championships	Karnal	India
8	60	132.2	Dylan Cooper	US-NC	NC State Championship	Jarvisburg	NC
9	52.5	115.7	Easton Christie	US-PA	2021 Central PA Open	Clearfield	PA

Weight Class: 242				Bench Press		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	160	352.7	David DeGuzman	US-MD	Virginia Open	Woodstock	VA	
2	155	341.7	Alessandro Tino	Italy	2021 Italian Single Lift Championships		Italy	
3	135	297.6	Daniel Hall	US-VA	2021 Powerlifting Worlds	York	PA	
4	122.5	270	Riley Bukowski	US-PA	2021 Powerlifting Worlds	York	PA	
5	100	220.4	Ben Thibodeau	US-NC	NC State Championship	Jarvisburg	NC	
6	52.5	115.7	Kaleb Freeman	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	

Weight Class: 275				Bench Press		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	145	319.6	Jacob Blouin	US-NH	American Challenge 2021 - NH		NH	
2	122.5	270	Riley Bukowski	US-PA	Tri State Championships	Bedford Heights	OH	
3	120	264.5	Raffaele Capozzi	Italy	2021 Italian Single Lift Championships		Italy	
4	105	231.4	Jeffery Klugh	US-NC	American Challenge 2021 - NC		NC	
5	102.5	225.9	Ben Thibodeau	US-NC	Southern Open	Javisburg	NC	
6	92.5	203.9	Chetan Banga	India	National Benchpress and Deadlift Championships	Karnal	India	
7	75	165.3	Julian Reynolds	US-NC	American Challenge 2021 - NC		NC	
8	50	110.2	Kaleb Freeman	US-NC	Southern Open	Javisburg	NC	
9	42.5	93.6	Ryder Goins	US-NC	American Challenge 2021 - NC		NC	

Weight Class: 308				Bench Press		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	185	407.8	Mario Fontanazza	US-PA	American Challenge 2021 - PA		PA	
2	145	319.6	Vincenzo La Bianca	Italy	2021 Italian Single Lift Championships		Italy	
3	143	315.2	Sean Cangiano	US-CT	Connecticut Strength Bench and Deadlift	Cheshire	CT	
4	82.5	181.8	Austen Garner	US-NC	2021 Single Lift World Championships	Virgina Beach	VA	

Weight Class: SHW				Bench Press		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	137.5	303.1	Sean Cangiano	US-CT	2021 CT State Championship	Cheshire	CT	
2	77.5	170.8	Josh Rafferty	US-NY	American Challenge 2021 - NY		NY	

## 2021 Deadlift Rankings Male

Weight Class: 105				Deadlift		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	105	231.4	Adam Taylor	US-MD	Big Gunz Open	Laplata	MD	
2	90	198.4	Gurkirat Singh	India	National Benchpress and Deadlift Championships	Karnal	India	
		90	Anirudh .	India	National Benchpress and Deadlift Championships	Karnal	India	
4	80	176.3	Arun .	India	National Benchpress and Deadlift Championships	Karnal	India	
	80	176.3	Landon Britton	US-NC	American Challenge 2021 - NC		NC	
6	72.5	159.8	Kayden Vinson	US-NC	American Challenge 2021 - NC		NC	
	72.5	159.8	Rylan Vinson	US-NC	American Challenge 2021 - NC		NC	
8	70	154.3	Shamanpreet Singh	India	National Benchpress and Deadlift Championships	Karnal	India	
	70	154.3	Vittorio Nappi	Italy	2021 Italian Single Lift Championships		Italy	
	70	154.3	Zach Sorey	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	
11	66	145.5	Jeremiah Skinner	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	
12	60	132.2	Brayden Dashiell	US-VA	American Challenge 2021 - NC		NC	
	60	132.2	Sylar Goins	US-NC	American Challenge 2021 - NC		NC	
14	57.5	126.7	Vatanpreet Singh	India	National Benchpress and Deadlift Championships	Karnal	India	
	57.5	126.7	Lucas Beatty	US-OH	2021 Ohio State Championships	Bedford Heights	OH	
16	50	110.2	Michael Neziri Jr	US-NY	American Challenge 2021 - NJ		NJ	
	50	110.2	Cameron Carroll	US-DC	2021 Single Lift World Championships	Virgina Beach	VA	
18	40	88.1	Ivan Shick	US-PA	American Challenge 2021 - PA		PA	
19	37.5	82.6	Owen Brown	US-OH	2021 Ohio State Championships	Bedford Heights	OH	

Weight Class: 114				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	115	253.5	Adam Taylor	US-MD	Patriots Single Lift Open	Prince Frederick	MD	
2	105	231.4	Justin Meads	US-NC	American Challenge 2021 - NC		NC	
		105	Jared Miller	US-VA	2021 Christmas Classic	Woodstock	VA	
4	100	220.4	Aryan Karyal	India	National Benchpress and Deadlift Championships	Karnal	India	
5	90	198.4	Vansh .	India	National Benchpress and Deadlift Championships	Karnal	India	
6	70	154.3	Wyatt Doneff	US-NC	American Challenge 2021 - NC		NC	
7	52.5	115.7	Alex Ingersoll	US-FL	American Challenge 2021 - FL		FL	

Weight Class: 123				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	150	330.6	Mason Winkler	US-MD	American Challenge 2021 - MD		MD	
2	125	275.5	Adam Taylor	US-MD	2021 Single Lift World Championships	Virgina Beach	VA	
3	117.5	259	Austin Hill	US-NC	NC State Championship	Jarvisburg	NC	
4	105.5	232.5	Dalton Fazio	US-NC	NC State Championship	Jarvisburg	NC	
5	105	231.4	Easten Binckley	US-NC	NC State Championship	Jarvisburg	NC	
6	90	198.4	Joshua Klinski	US-NY	Owego Winter Classic	Owego	NY	
7	87.5	192.9	Seth Smith	US-NC	NC State Championship	Jarvisburg	NC	
8	62.5	137.7	Abhinav Sharma	India	National Benchpress and Deadlift Championships	Karnal	India	
9	30	66.1	Abhishek .	India	National Benchpress and Deadlift Championships	Karnal	India	

Weight Class: 132				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	180	396.8	Antonio Mainolfi	Italy	2021 Italian Single Lift Championships		Italy	
2	171	376.9	Jose Parra	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	
3	160	352.7	Krish Soni	India	National Benchpress and Deadlift Championships	Karnal	India	
4	150	330.6	Yashraj Gurjar	India	National Benchpress and Deadlift Championships	Karnal	India	
5	135	297.6	Drake Small	US-FL	2021 Single Lift World Championships	Virgina Beach	VA	
6	125	275.5	Austin Hill	US-NC	American Challenge 2021 - NC		NC	
7	122.5	270	Easten Binckley	US-NC	American Challenge 2021 - NC		NC	
8	115	253.5	Dalton Fazio	US-NC	American Challenge 2021 - NC		NC	
9	112.5	248	Kolton May	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	
10	110	242.5	Lakshya .	India	National Benchpress and Deadlift Championships	Karnal	India	
11	108	238	Kolten May	US-NC	American Challenge 2021 - NC		NC	
12	87.5	192.9	Zayne Goins	US-NC	American Challenge 2021 - NC		NC	

Weight Class: 148				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	200	440.9	Riccardo Petruccelli	Italy	2021 Italian Single Lift Championships		Italy	
2	195	429.8	Luc Dahlman	Canada	Rust Buster	Calgary	Alberta	
3	160	352.7	Piyush Gupta	India	National Benchpress and Deadlift Championships	Karnal	India	
4	150	330.6	Taylor Keene	US-OH	Tri State Championships	Bedford Heights	OH	
		150	Easten Binckley	US-NC	2021 Single Lift World Championships	Virgina Beach	VA	
6	147.5	325.1	Luke Kuwick	US-NC	NC State Championship	Jarvisburg	NC	
7	145	319.6	Luke Kwick	US-NC	American Challenge 2021 - NC		NC	
8	137.5	303.1	Ethan Binckley	US-NC	NC State Championship	Jarvisburg	NC	
		137.5	Maximilian Wingenbach	US-PA	Tri State Championships	Bedford Heights	OH	
10	130	286.5	Tushar Giri	India	National Benchpress and Deadlift Championships	Karnal	India	
		130	Trever Weeden	US-NY	2021 Powerlifting Worlds	York	PA	
12	127.5	281	Luke Dixon	US-PA	2021 Central PA Open	Clearfield	PA	
13	122.5	270	David Saunders	US-NC	American Challenge 2021 - NC		NC	
14	115	253.5	Steven Hughes	US-DC	2021 Single Lift World Championships	Virgina Beach	VA	
15	100	220.4	Kayden Smith	US-NC	NC State Championship	Jarvisburg	NC	
16	95	209.4	Dilpreet Singh	India	National Benchpress and Deadlift Championships	Karnal	India	
17	70	154.3	Sharandeep Singh	India	National Benchpress and Deadlift Championships	Karnal	India	

Weight Class: 165				Deadlift	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	182.5	402.3	Danny Lemel	US-CT	Connecticut Strength Bench and Deadlift	Cheshire	CT
	182.5	402.3	Korey Webber	US-PA	Tri State Championships	Bedford Heights	OH
	182.5	402.3	Eli Binckley	US-NC	2021 Single Lift World Championships	Virginia Beach	VA
4	177.5	391.3	Vansh .	India	National Benchpress and Deadlift Championships	Karnal	India
5	175	385.8	Roberto Riccio	Italy	2021 Italian Single Lift Championships		Italy
6	165	363.7	Ethan Binckley	US-NC	American Challenge 2021 - NC		NC
	165	363.7	Kyle Youdas	US-NY	American Challenge 2021 - NY		NY
	165	363.7	Maximilian Wingenbach	US-PA	2021 Powerlifting Worlds	York	PA
9	160	352.7	Luca Fierro	US-PA	Virginia Open	Woodstock	VA
10	155	341.7	Max Blanchard	US-OH	Tri State Championships	Bedford Heights	OH
	155	341.7	Elijah Binckley	US-NC	American Challenge 2021 - NC		NC
	155	341.7	Shane Shifflett	US-VA	2021 Powerlifting Worlds	York	PA
13	152.5	336.2	Ethan Binkley	US-NC	Southern Open	Jarvisburg	NC
14	140	308.6	Noah Wood	US-DC	American Challenge 2021 - MD		MD
15	137.5	303.1	Joshua Schmidt	US-NC	NC State Championship	Jarvisburg	NC
16	115	253.5	Vansh Bajaj	India	National Benchpress and Deadlift Championships	Karnal	India
	115	253.5	Kayden Smith	US-NC	American Challenge 2021 - NC		NC

Weight Class: 181				Deadlift	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	210	462.9	Dylan Booth	US-NC	NC State Championship	Jarvisburg	NC
	210	462.9	Zach St. Hilaire	US-NH	American Challenge 2021 - NH		NH
3	192.5	424.3	Giovanni Persia	Italy	2021 Italian Single Lift Championships		Italy
4	182.5	402.3	Danny Lemel	US-CT	2021 CT State Championship	Cheshire	CT
5	180	396.8	Emidiu Pio Cipriano	Italy	2021 Italian Single Lift Championships		Italy
6	170	374.7	Paolo Ciccarese	Italy	2021 Italian Single Lift Championships		Italy
7	165	363.7	Timothy Wells	US-PA	2021 Powerlifting Worlds	York	PA
	165	363.7	Jared Cedzo	US-PA	2021 Central PA Open	Clearfield	PA
	165	363.7	Anthony Martucci	US-PA	2021 Central PA Open	Clearfield	PA
10	160	352.7	Roberto Colitti	Italy	2021 Italian Single Lift Championships		Italy
11	157.5	347.2	Igor De Maria	Italy	2021 Italian Single Lift Championships		Italy
	157.5	347.2	Russell Brown	US-PA	2021 Powerlifting Worlds	York	PA
13	152.5	336.2	Dipesh .	India	National Benchpress and Deadlift Championships	Karnal	India
14	145	319.6	Shane Shifflett	US-VA	Virginia Open	Woodstock	VA
15	140	308.6	Sanjay Singh	India	National Benchpress and Deadlift Championships	Karnal	India
16	137.5	303.1	Joshua Schmidt	US-NC	American Challenge 2021 - NC		NC
	137.5	303.1	Jacob Klinski	US-NY	Owego Winter Classic	Owego	NY
18	105	231.4	Zion Banks	US-NC	NC State Championship	Jarvisburg	NC
19	75	165.3	Sachin Kapoor	India	National Benchpress and Deadlift Championships	Karnal	India
20	70	154.3	Tarun Kumar	India	National Benchpress and Deadlift Championships	Karnal	India

Weight Class: 198				Deadlift	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	232.5	512.5	Tyler Vines	US-VA	American Challenge 2021 - VA		VA
2	220	485	Abhishek Attri	India	National Benchpress and Deadlift Championships	Karnal	India
3	212.5	468.4	Dylan Booth	US-NC	American Challenge 2021 - NC		NC
4	180	396.8	Prabhjot Singh	India	National Benchpress and Deadlift Championships	Karnal	India
5	170	374.7	Chirag Vashistha	India	National Benchpress and Deadlift Championships	Karnal	India
6	165	363.7	Grayson Richardson	US-NC	NC State Championship	Jarvisburg	NC
7	160	352.7	Simone Zambri	Italy	2021 Italian Single Lift Championships		Italy
8	142.5	314.1	Mike Delmore	US-NH	American Challenge 2021 - NH		NH
9	137.5	303.1	Zion Banks	US-NC	American Challenge 2021 - NC		NC
10	130	286.5	Patrick McMillian	US-VA	Southern Open	Jarvisburg	NC



Weight Class: 220				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	270	595.2	Samuel Marzano	Italy	2021 Italian Single Lift Championships	Italy		
2	240	529.1	Brandin Anderson	US-PA	2021 Central PA Open	Clearfield	PA	
3	200	440.9	Athan Parker	US-OH	American Challenge 2021 - NY	NY		
4	187.5	413.3	Hunter Neubeck	US-NC	American Challenge 2021 - NC	NC		
5	182.5	402.3	Nathan Bennett	US-NC	American Challenge 2021 - NC	NC		
6	172.5	380.2	Ayush Bhati	India	National Benchpress and Deadlift Championships	Karnal	India	
7	157.5	347.2	Dylan Cooper	US-NC	NC State Championship	Jarvisburg	NC	
8	155	341.7	Akshay Kumar	India	National Benchpress and Deadlift Championships	Karnal	India	
9	152.5	336.2	Gurvir Singh	India	National Benchpress and Deadlift Championships	Karnal	India	
10	137.5	303.1	Easton Christie	US-PA	2021 Central PA Open	Clearfield	PA	
11	122.5	270	Varun Kaushik	India	National Benchpress and Deadlift Championships	Karnal	India	
12	110	242.5	Rahul Dhiman	India	National Benchpress and Deadlift Championships	Karnal	India	

Weight Class: 242				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	200	440.9	Riley Bukowski	US-PA	2021 Powerlifting Worlds	York	PA	
2	182.5	402.3	Ben Thibodeau	US-NC	NC State Championship	Jarvisburg	NC	
		182.5	Daniel Hall	US-VA	2021 Powerlifting Worlds	York	PA	
4	85	187.3	Kaleb Freeman	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	

Weight Class: 275				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	227.5	501.5	Jeffery Klugh	US-NC	American Challenge 2021 - NC	NC		
2	210	462.9	Riley Bukowski	US-PA	Tri State Championships	Bedford Heights	OH	
3	207.5	457.4	Jacob Blouin	US-NH	American Challenge 2021 - NH	NH		
4	200	440.9	Raffaele Capozzi	Italy	2021 Italian Single Lift Championships	Italy		
5	175	385.8	Julian Reynolds	US-NC	American Challenge 2021 - NC	NC		
		175	Ben Thibodeau	US-NC	Southern Open	Javisburg	NC	
7	170	374.7	Jobanjeet Singh	India	National Benchpress and Deadlift Championships	Karnal	India	
8	97.5	214.9	Ryder Goins	US-NC	American Challenge 2021 - NC	NC		
9	70	154.3	Kaleb Freeman	US-NC	Southern Open	Javisburg	NC	

Weight Class: 308				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	290	639.3	Mario Fontanazza	US-PA	American Challenge 2021 - PA	PA		
2	172.5	380.2	Austen Garner	US-NC	2021 Single Lift World Championships	Virgina Beach	VA	

Weight Class: SHW				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	155	341.7	Joseph Lyons	US-DC	American Challenge 2021 - MD	MD		
2	120	264.5	Josh Rafferty	US-NY	American Challenge 2021 - NY	NY		

## 2021 Total Rankings Male

Weight Class: 105				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	227.5	501.5	Adam Taylor	US-MD	American Challenge 2021 - MD	MD		
2	162.5	358.2	Landon Britton	US-NC	American Challenge 2021 - NC	NC		
3	146	321.8	Jeremiah Skinner	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	
4	142.5	314.1	Brayden Dashiell	US-VA	American Challenge 2021 - NC	NC		
5	140	308.6	Kayden Vinson	US-NC	American Challenge 2021 - NC	NC		
6	137.5	303.1	Rylan Vinson	US-NC	American Challenge 2021 - NC	NC		
7	135	297.6	Zach Sorey	US-NC	OBX Powerlifting Championships	Jarvisburg	NC	
8	125	275.5	Sylar Goins	US-NC	American Challenge 2021 - NC	NC		



9	91.8	202.3	Michael Neziri Jr	US-NY	American Challenge 2021 - NJ	NJ
10	90	198.4	Ivan Shick	US-PA	American Challenge 2021 - PA	PA

Weight Class: 114				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	202.5	446.4	Justin Meads	US-NC	American Challenge 2021 - NC	NC	
2	147.5	325.1	Wyatt Doneff	US-NC	American Challenge 2021 - NC	NC	

Weight Class: 123				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	317.5	699.9	Mason Winkler	US-MD	American Challenge 2021 - MD	MD	
2	287.5	633.8	Adam Taylor	US-MD	Maryland States	Prince Frederick	MD
3	240	529.1	Dalton Fazio	US-NC	NC State Championship	Jarvisburg	NC
4	235	518	Austin Hill	US-NC	NC State Championship	Jarvisburg	NC
5	197.5	435.4	Easten Binckley	US-NC	NC State Championship	Jarvisburg	NC

Weight Class: 132				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	400	881.8	Jose Parra	US-NC	OBX Powerlifting Championships	Jarvisburg	NC
2	275	606.2	Austin Hill	US-NC	American Challenge 2021 - NC	NC	
3	272.5	600.7	Easten Binckley	US-NC	American Challenge 2021 - NC	NC	
	272.5	600.7	Dalton Fazio	US-NC	American Challenge 2021 - NC	NC	
5	240	529.1	Kolton May	US-NC	OBX Powerlifting Championships	Jarvisburg	NC
6	237.5	523.5	Drake Small	US-FL	American Challenge 2021 - FL	FL	
7	230	507	Kolten May	US-NC	American Challenge 2021 - NC	NC	
8	185	407.8	Zayne Goins	US-NC	American Challenge 2021 - NC	NC	

Weight Class: 148				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	435	959	Luc Dahlman	Canada	Rust Buster	Calgary	Alberta
2	347.5	766	Taylor Keene	US-OH	Tri State Championships	Bedford Heights	OH
3	342.5	755	Ethan Binckley	US-NC	NC State Championship	Jarvisburg	NC
4	332.5	733	Luke Kwick	US-NC	American Challenge 2021 - NC	NC	
	332.5	733	Trever Weeden	US-NY	2021 Powerlifting Worlds	York	PA
6	315	694.4	Maximilian Wingenbach	US-PA	Tri State Championships	Bedford Heights	OH
7	307.5	677.9	Easten Binckley	US-NC	Southern Open	Jarvisburg	NC
8	290	639.3	David Saunders	US-NC	American Challenge 2021 - NC	NC	
9	285	628.3	Luke Dixon	US-PA	2021 Central PA Open	Clearfield	PA
10	240	529.1	Kayden Smith	US-NC	NC State Championship	Jarvisburg	NC
11	222.5	490.5	Steven Hughes	US-DC	American Challenge 2021 - MD	MD	

Weight Class: 165				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	442.5	975.5	Korey Webber	US-PA	Tri State Championships	Bedford Heights	OH
2	415	914.9	Ethan Binckley	US-NC	Southern Open	Jarvisburg	NC
3	412.5	909.3	Ethan Binckley	US-NC	American Challenge 2021 - NC	NC	
4	370	815.7	Shane Shifflett	US-VA	2021 Powerlifting Worlds	York	PA
5	362.5	799.1	Max Blanchard	US-OH	Tri State Championships	Bedford Heights	OH
6	360	793.6	Elijah Binckley	US-NC	American Challenge 2021 - NC	NC	
7	357.5	788.1	Maximilian Wingenbach	US-PA	2021 Ohio State Championships	Bedford Heights	OH
8	282.5	622.7	Kayden Smith	US-NC	American Challenge 2021 - NC	NC	
9	262.5	578.7	Joshua Schmidt	US-NC	NC State Championship	Jarvisburg	NC

Weight Class: 181				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	477.5	1052.6	Zach St. Hilaire	US-NH	American Challenge 2021 - NH	NH	

2	472.5	1041.6	Dylan Booth	US-NC	NC State Championship	Jarvisburg	NC
3	410	903.8	Russell Brown	US-PA	2021 Powerlifting Worlds	York	PA
4	402.5	887.3	Anthony Martucci	US-PA	2021 Central PA Open	Clearfield	PA
5	392.5	865.3	Timothy Wells	US-PA	2021 Powerlifting Worlds	York	PA
6	382.5	843.2	Jared Cedzo	US-PA	2021 Central PA Open	Clearfield	PA
7	272.5	600.7	Joshua Schmidt	US-NC	American Challenge 2021 - NC		NC
8	260	573.1	Zion Banks	US-NC	NC State Championship	Jarvisburg	NC

Weight Class: 198				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	550	1212.5	Tyler Vines	US-VA	American Challenge 2021 - VA		VA
2	472.5	1041.6	Dylan Booth	US-NC	American Challenge 2021 - NC		NC
3	390	859.7	Mike Delmore	US-NH	American Challenge 2021 - NH		NH
4	367.5	810.1	Grayson Richardson	US-NC	NC State Championship	Jarvisburg	NC
5	347	764.9	Patrick McMillian	US-VA	Southern Open	Jarvisburg	NC
6	302.5	666.8	Zion Banks	US-NC	American Challenge 2021 - NC		NC

Weight Class: 220				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	557.5	1229	Brandin Anderson	US-PA	2021 Central PA Open	Clearfield	PA
2	547.5	1207	Athan Parker	US-OH	American Challenge 2021 - NY		NY
3	417.5	920.4	Hunter Neubeck	US-NC	American Challenge 2021 - NC		NC
4	405	892.8	Nathan Bennett	US-NC	American Challenge 2021 - NC		NC
5	302.5	666.8	Dylan Cooper	US-NC	NC State Championship	Jarvisburg	NC
6	290	639.3	Easton Christie	US-PA	2021 Central PA Open	Clearfield	PA

Weight Class: 242				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	500	1102.3	Daniel Hall	US-VA	2021 Powerlifting Worlds	York	PA
2	485	1069.2	Riley Bukowski	US-PA	2021 Powerlifting Worlds	York	PA
3	442.5	975.5	Ben Thibodeau	US-NC	NC State Championship	Jarvisburg	NC

Weight Class: 275				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	547.5	1207	Jacob Blouin	US-NH	American Challenge 2021 - NH		NH
2	522.5	1151.9	Riley Bukowski	US-PA	Tri State Championships	Bedford Heights	OH
3	510	1124.3	Jeffery Klugh	US-NC	American Challenge 2021 - NC		NC
4	437.5	964.5	Ben Thibodeau	US-NC	Southern Open	Jarvisburg	NC
5	372.5	821.2	Julian Reynolds	US-NC	American Challenge 2021 - NC		NC

Weight Class: 308				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	727.5	1603.8	Mario Fontanazza	US-PA	American Challenge 2021 - PA		PA

## 2021 Strict Curl Rankings Male

Weight Class: 105				Strict Curl	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	34	74.9	Marshall Cooper	US-NC	American Challenge 2021 - NC		NC
2	31.5	69.4	Adam Taylor	US-MD	American Challenge 2021 - MD		MD
3	27	59.5	John Self	US-VA	Eastern USA Open	Woodstock	VA
4	23	50.7	Caden Cooper	US-NC	Southern Open	Jarvisburg	NC
5	15	33	Zach Sorey	US-NC	OBX Powerlifting Championships	Jarvisburg	NC
6	14	30.8	Finn Smith	US-MD	Patriots Single Lift Open	Prince Frederick	MD
7	13.6	29.9	Ivan Shick	US-PA	2021 Central PA Open	Clearfield	PA
8	12	26.4	Jeremiah Skinner	US-NC	Southern Open	Jarvisburg	NC
9	9	19.8	Ezra James	US-NC	Eastern USA Open	Woodstock	VA

Weight Class: 114			Strict Curl	Male				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	39	85.9	Marshall Cooper	US-NC	2021 Single Lift World Championships	Virgina Beach	VA	
2	37.5	82.6	Adam Taylor	US-MD	Patriots Single Lift Open	Prince Frederick	MD	
3	33.5	73.8	Ryan Henriques	US-VA	Shenandoah Open	Woodstock	VA	
4	22	48.5	Alex Ingersoll	US-FL	American Challenge 2021 - FL		FL	

Weight Class: 123			Strict Curl	Male				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	41	90.3	Mason Winkler	US-MD	American Challenge 2021 - MD		MD	
	41	90.3	Adam Taylor	US-MD	Shenandoah Open	Woodstock	VA	
3	35.5	78.2	Gavin Hanks	US-NC	2021 Single Lift World Championships	Virgina Beach	VA	
4	27.5	60.6	Joshua Klinski	US-NY	Owego Winter Classic	Owego	NY	
5	26	57.3	Collin Henriques	US-VA	Patriots Single Lift Open	Prince Frederick	MD	
6	25	55.1	Dalton Fazio	US-NC	NC State Championship	Jarvisburg	NC	
7	23	50.7	Seth Smith	US-NC	NC State Championship	Jarvisburg	NC	

Weight Class: 132			Strict Curl	Male				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	34.5	76	Easten Binckley	US-NC	American Challenge 2021 - NC		NC	
2	32	70.5	Luke Dixon	US-PA	American Challenge 2021 - PA		PA	
	32	70.5	Drake Small	US-FL	American Challenge 2021 - FL		FL	
4	28.5	62.8	Dalton Fazio	US-NC	American Challenge 2021 - NC		NC	
5	18.5	40.7	Zayne Goins	US-NC	NC State Championship	Jarvisburg	NC	

Weight Class: 148			Strict Curl	Male				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	45	99.2	Ethan Binckley	US-NC	NC State Championship	Jarvisburg	NC	
2	41	90.3	Luke Kuwick	US-NC	NC State Championship	Jarvisburg	NC	
3	39	85.9	Easten Binckley	US-NC	2021 Single Lift World Championships	Virgina Beach	VA	
4	37.5	82.6	Luke Dixon	US-PA	2021 Central PA Open	Clearfield	PA	
5	25	55.1	Kayden Smith	US-NC	NC State Championship	Jarvisburg	NC	

Weight Class: 165			Strict Curl	Male				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	62	136.6	Connor Atwater	US-CT	2021 CT State Championship	Cheshire	CT	
	62	136.6	Ethan Binckley	US-NC	Southern Open	Jarvisburg	NC	
3	60.5	133.3	Ethan Binckley	US-NC	2021 Single Lift World Championships	Virgina Beach	VA	
4	55	121.2	Danny Lemel	US-CT	American Challenge 2021 - CT		CT	
5	52.5	115.7	Luca Fierro	US-PA	Virginia Open	Woodstock	VA	
6	50	110.2	Ayden Horton	US-NC	Eastern USA Open	Woodstock	VA	
	50	110.2	Eli Binckley	US-NC	2021 Single Lift World Championships	Virgina Beach	VA	
8	46	101.4	Kyle Youdas	US-NY	American Challenge 2021 - NY		NY	
9	39	85.9	Elijah Binckley	US-NC	American Challenge 2021 - NC		NC	
10	36	79.3	Nicholas Thorp	US-PA	American Challenge 2021 - PA		PA	
11	35	77.1	Joshua Schmidt	US-NC	NC State Championship	Jarvisburg	NC	

Weight Class: 181			Strict Curl	Male				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	57.5	126.7	Danny Lemel	US-CT	2021 CT State Championship	Cheshire	CT	
2	50	110.2	Doug Whitney	US-NY	American Challenge 2021 - NY		NY	
3	48	105.8	Elijah Binckley	US-NC	Southern Open	Jarvisburg	NC	
4	45.5	100.3	Jacob Klinski	US-NY	Owego Winter Classic	Owego	NY	
5	39	85.9	Nicholas Thorp	US-PA	2021 Central PA Open	Clearfield	PA	
6	34.5	76	Joshua Schmidt	US-NC	American Challenge 2021 - NC		NC	

7	33.5	73.8	Shane Shifflett	US-VA	Virginia Open	Woodstock	VA
8	26.5	58.4	Zachary Lewis	US-MD	Patriots Single Lift Open	Prince Frederick	MD

Weight Class: 198							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	68.5	151	Nick DiDomizio	US-CT	2021 CT State Championship	Cheshire	CT
2	67.5	148.8	Evan Russo	US-CT	2021 CT State Championship	Cheshire	CT
3	66.5	146.6	Aidan Howell	US-CT	2021 CT State Championship	Cheshire	CT
4	55	121.2	Nicholas Holmes	US-MD	NC State Championship	Jarvisburg	NC
5	54	119	Dylan Booth	US-NC	NC State Championship	Jarvisburg	NC
6	39.5	87	Grayson Richardson	US-NC	NC State Championship	Jarvisburg	NC
7	31	68.3	Zion Banks	US-NC	American Challenge 2021 - NC		NC

Weight Class: 220							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	64.5	142.1	Athan Parker	US-OH	American Challenge 2021 - NY		NY

Weight Class: 242							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	70	154.3	David DeGuzman	US-MD	Virginia Open	Woodstock	VA
2	49	108	Ben Thibodeau	US-NC	NC State Championship	Jarvisburg	NC
3	33	72.7	Dylan Cooper	US-NC	NC State Championship	Jarvisburg	NC
4	28	61.7	Kaleb Freeman	US-NC	OBX Powerlifting Championships	Jarvisburg	NC

Weight Class: 275							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	68.5	151	Joey Volpe	US-CT	2021 CT State Championship	Cheshire	CT
2	61.5	135.5	Jacob Blouin	US-NH	American Challenge 2021 - NH		NH
3	57	125.6	Jeffery Klugh	US-NC	American Challenge 2021 - NC		NC
4	48	105.8	Ben Thibodeau	US-NC	Southern Open	Jarvisburg	NC
5	47.5	104.7	Austen Garner	US-NC	2021 Single Lift World Championships	Virginia Beach	VA
6	41	90.3	Julian Reynolds	US-NC	American Challenge 2021 - NC		NC
7	23	50.7	Kaleb Freeman	US-NC	Southern Open	Jarvisburg	NC

Weight Class: SHW							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	65	143.2	Sean Cangiano	US-CT	2021 CT State Championship	Cheshire	CT