

100% RAW Virginia Open Strongman-Woman Championships 11-20-21

Lifter	Division/Age	Wt Class	Body Wt.	Log Press/Reps	
Catherine Reynolds	Open-21	130	127.2	80 pounds	16 reps
Shane Shifflett	Teen-16	160	160	100 pounds	9 reps
Gary Teeter	Masters-57	160	159.2	100 pounds	9 reps
Michael Owens	Open-32	250	209.2	165 pounds	3 reps
Daniel Hall	Teen -16	250	224.2	170 pounds	1 rep
Craig Haywood	Masters- 49	250	242.2	170 pounds	6 reps
Bernie Marcoccia	Masters -59	250	208.1	140 Pounds	0 reps
Chris Fry	Masters 50	UNL	280.2	195 pounds	12 reps
Stevie Murden	Open	UNL	304.4	215 pounds	0 reps
Lifter	Division/Age	Wt Class	Body Wt.	Farmers Walk (60 feet)	
Catherine Reynolds	Open-21	130	127.2	120 pounds	7:44 seconds
Mona Espinoza	Masters -40	190	187.8	130 pounds	6:47 seconds
Jenne Massie	Open-37	UNL	230.7	150 pounds	5:54 seconds
Shane Shifflett	Teen-16	160	160	120 pounds	4:71 seconds
Gary Teeter	Masters-57	160	159.2	120 pounds	4:94 seconds
Nasir Nantambu	Open	160	160	150 pounds	4:50 seconds
Michael Owens	Open-32	250	209.2	210 pounds	4:53 seconds
Daniel Hall	Teen -16	250	224.2	180 pounds	4:97 seconds
Craig Haywood	Master -49	250	242.2	180 pounds	4:91 seconds
Bernie Marcoccia	Masters -59	250	208.1	150 pounds	6:59 seconds
Chris Fry	Masters 50	UNL	280.2	260 pounds	5:44 seconds
Stevie Murden	Open	UNL	304.4	260 pounds	6:57 seconds
Lifter	Division/Age	Wt Class	Body Wt.	Plate Hold	
Catherine Reynolds	Open-21	130	127.2	25 pounds	56:47 seconds
Shane Shifflett	Teen-16	160	160	25 pounds	1 minute 01:91 seconds
Gary Teeter	Masters-57	160	159.2	25 pounds	1 minute 19:41 seconds
Michael Owens	Open-32	250	209.2	35 pounds	55:34 seconds
Daniel Hall	Teen -16	250	224.2	45 pounds	21.60 seconds
Craig Haywood	Masters- 49	250	242.2	45 pounds	29:56 seconds
Bernie Marcoccia	Masters -59	250	208.1	35 Pounds	37:53 seconds
Chris Fry	Masters 50	UNL	280.2	55 pounds	46:07 seconds
Stevie Murden	Open	UNL	304.4	55 pounds	25:87 seconds
Lifter	Division/Age	Wt Class	Body Wt.	Wagon Wheel Deadlift	
Catherine Reynolds	Open-21	130	127.2	185 pounds	19 reps
Mona Espinoza	Masters -40	190	187.8	215 pounds	16 reps
Jenne Massie	Open-37	UNL	230.7	275 pounds	16 reps
Shane Shifflett	Teen-16	160	160	245 pounds	14 reps
Gary Teeter	Masters-57	160	159.2	245 pounds	21 reps
Nasir Nantambu	Open	160	160	325 pounds	20 reps
Michael Owens	Open-32	200	209.2	325 pounds	15 reps
Daniel Hall	Teen -16	250	224	325 pounds	14 reps
Craig Haywood	Masters- 49	250	242.2	325 pounds	18 reps
Bernie Marcoccia	Masters -59	250	208.1	285 pounds	19 reps
Chris Fry	Masters 50	UNL	280.2	365 pounds	17 reps
Stevie Murden	Open	UNL	304.4	405 pounds	11 reps
Officials					
Rudy Garcia					
Catherine Garcia					
John Shifflett					