



2020 Men's Rankings

Updated 01/05/2021 Ed Kutin

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2020 Squat Rankings

Male

Weight Class: 105				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	67.5	148.8	Adam Taylor	US-MD	Mid Atlantic Open	Powhatan	VA
2	30	66.1	Ivan Shick	US-PA	Central PA Open	Clearfield	PA
3	24	52.9	Jeremiah Skinner	US-NC	OBX Open	Jarvisburg	NC
4	18	39.6	Andrew Hill	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 114				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	60	132.2	Dalton Fazio	US-NC	NC State Championships	Raleigh	NC
	60	132.2	Austin Hill	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 123				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	142.5	314.1	Jose Para	US-NC	OBX Open	Jarvisburg	NC
2	87.5	192.9	Dalton Fazio	US-NC	2020 Southern Open	Jarvisburg	NC
3	85	187.3	Patrick Stuart	US-NC	NC State Championships	Raleigh	NC

Weight Class: 132				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	225	496	Michael Kuhns	US-PA	Central PA Open	Clearfield	PA
2	137.5	303.1	Jose Para	US-NC	NC State Championships	Raleigh	NC
3	124	273.3	Gary Teeter	US-PA	Shenandoah Open	Woodstock	VA
4	107.5	236.9	Buck Ammons	US-NC	OBX Open	Jarvisburg	NC
5	105	231.4	Wayne Owens	US-MD	Fall Micro Meet 2	Waldorf	MD
6	102.5	225.9	Ben Zak	US-NC	NC State Championships	Raleigh	NC
7	82.5	181.8	Luke Kuwik	US-NC	NC State Championships	Raleigh	NC

Weight Class: 148				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	177.5	391.3	Seth Curtis	US-VA	Shenandoah Open	Woodstock	VA
2	168.5	371.4	George James	US-MD	NJ Open Championships	Fair Lawn	NJ
3	145	319.6	Raffaello Giammichele	Italy	Italian Single Lift Championship		Santegedio
4	132.5	292.1	Jacob Wadsworth	US-NY	2020 Power Day	Bigler	PA
5	127.5	281	Korey Webber	US-PA	Central PA Open	Clearfield	PA
6	125	275.5	Gary Teeter	US-PA	Fall Micro Meet 2	Waldorf	MD
7	110	242.5	Ben Zak	US-NC	OBX Open	Jarvisburg	NC
8	105	231.4	Luc Dahlman	Canada	Ramped Up Raw Open		Alberta
9	100	220.4	Kevin Smith	US-NC	NC State Championships	Raleigh	NC
10	95	209.4	Luke Kuwik	US-NC	OBX Open	Jarvisburg	NC
11	92.5	203.9	David Sanders	US-NC	OBX Open	Jarvisburg	NC
12	72.5	159.8	Joshua Schmidt	US-NC	NC State Championships	Raleigh	NC

Weight Class: 165				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	215	473.9	Parker Bolton	US-NY	Shenandoah Open	Woodstock	VA
2	192.5	424.3	Brian Stoner	US-NY	2020 Power Day	Bigler	PA
	192.5	424.3	Rocco Volpe	Italy	Italian Single Lift Championship		Santegedio
4	162.5	358.2	Kevin Outland	US-NC	NC State Championships	Raleigh	NC
5	147.5	325.1	Aaron Chrietzberg	US-MD	Potomac Open	Tysons Corner	VA
6	142.5	314.1	Ryan Marciano	US-MD	Fall Micro Meet 2	Waldorf	MD
7	132.5	292.1	Corey McLaughlin	US-PA	2020 Power Day	Bigler	PA
8	131	288.8	Evan Russo	US-CT	NJ Open Championships	Fair Lawn	NJ
9	130	286.5	Gary Teeter	US-PA	NJ Open Championships	Fair Lawn	NJ
10	125	275.5	Hunter Berkey	US-PA	Central PA Open	Clearfield	PA
11	107.5	236.9	Timothy Wells	US-PA	2020 Power Day	Bigler	PA
12	102.5	225.9	Willem Barney	US-CT	NJ Open Championships	Fair Lawn	NJ
	102.5	225.9	David Klienschuster	US-NC	2020 Southern Open	Jarvisburg	NC
14	95	209.4	Nathan Coleman	US-VA	Shenandoah Open	Woodstock	VA
15	80	176.3	Dylan Cooper	US-NC	NC State Championships	Raleigh	NC
16	72.5	159.8	Joshua Schmidt	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 181				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	250	551.1	Jaime Velasquez	US-MD	Shenandoah Open	Woodstock	VA
2	240	529.1	Gino Maranon	Canada	Ramped Up Raw Open		Alberta
3	205	451.9	Noah Saboe	Canada	Ramped Up Raw Open		Alberta
4	195	429.8	David Sobota	US-NC	NC State Championships	Raleigh	NC
5	175	385.8	Miles Baker	US-VA	Shenandoah Open	Woodstock	VA
6	172.5	380.2	Christian Russo	US-CT	NJ Open Championships	Fair Lawn	NJ
7	170	374.7	Robert Agolli	Italy	Italian Single Lift Championship		Santegedio
8	167.5	369.2	Chris Davet	US-VA	Shenandoah Open	Woodstock	VA
9	165	363.7	Justin Schlossberg	US-NC	NC State Championships	Raleigh	NC
10	150	330.6	Paul Melby	US-VA	Potomac Open	Tysons Corner	VA
11	147.5	325.1	Michael Stakkeland	US-DC	Potomac Open	Tysons Corner	VA
	147.5	325.1	Dylan Booth	US-NC	NC State Championships	Raleigh	NC
	147.5	325.1	Duncan McCormick	Canada	Ramped Up Raw Open		Alberta
14	142.5	314.1	Juan Rabago	US-CT	NJ Open Championships	Fair Lawn	NJ
15	115	253.5	Joshua Kuykendall	US-MD	Potomac Open	Tysons Corner	VA
16	112.5	248	Grayson Richardson	US-NC	OBX Open	Jarvisburg	NC
	112.5	248	Jarrett Zattoni	US-PA	Central PA Open	Clearfield	PA
18	107.5	236.9	James Logsdon	US-KY	Shenandoah Open	Woodstock	VA
19	102.5	225.9	Brody VanWinkle	US-IL	2020 Southern Open	Jarvisburg	NC
	102.5	225.9	Shane Shifflett	US-VA	Shenandoah Open	Woodstock	VA

Weight Class: 198				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	278.5	613.9	William Waller	US-VA	Shenandoah Open	Woodstock	VA
2	228	502.6	Jeffrey Driskill	US-VA	Shenandoah Open	Woodstock	VA
3	212.5	468.4	Francesco Andreozzi	Italy	Italian Single Lift Championship		Santegedio
4	207.5	457.4	Nick Grady	US-NC	NC State Championships	Raleigh	NC
5	205	451.9	Andrea Di Bartolomeo	Italy	Italian Single Lift Championship		Santegedio
6	200	440.9	Ari Kutin	US-NJ	NJ Open Championships	Fair Lawn	NJ
	200	440.9	Austin Lee	US-NC	NC State Championships	Raleigh	NC
8	197.5	435.4	Colton Garvin	US-PA	Central PA Open	Clearfield	PA
9	195	429.8	Brian McIntyre	US-VA	OBX Open	Jarvisburg	NC
10	192.5	424.3	Don Kuhns	US-PA	Central PA Open	Clearfield	PA
11	187.5	413.3	Harold Orozco	US-NC	NC State Championships	Raleigh	NC
12	182.5	402.3	Roy Apseloff	US-VA	Shenandoah Open	Woodstock	VA

13	172.5	380.2	Jacob Mavromatis	US-VA	Shenandoah Open	Woodstock	VA
14	165	363.7	Jacob Holland	US-MD	Potomac Open	Tysons Corner	VA
15	162.5	358.2	Walter Heinel	US-PA	2020 Power Day	Bigler	PA
16	155	341.7	Austin Leedy	US-VA	Potomac Open	Tysons Corner	VA
	155	341.7	Andrew Rutsch	US-VA	OBX Open	Jarvisburg	NC
	155	341.7	David Machmer	US-PA	Central PA Open	Clearfield	PA
19	140	308.6	Andy Fox	US-MD	Potomac Open	Tysons Corner	VA
20	137.5	303.1	Drew Hoffman	US-PA	2020 Power Day	Bigler	PA

Weight Class: 220				Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	252.5	556.6	Lenny Creatura	US-CT	2020 Power Day	Bigler	PA				
2	207.5	457.4	Brett Zattoni	US-PA	Central PA Open	Clearfield	PA				
3	197.5	435.4	Nick Grady	US-NC	OBX Open	Jarvisburg	NC				
4	192.5	424.3	Patrick Huntley	US-PA	Central PA Open	Clearfield	PA				
5	187.5	413.3	Terry Napisa	US-VA	2020 Southern Open	Jarvisburg	NC				
6	185	407.8	Joshua Berry	US-NC	NC State Championships	Raleigh	NC				
7	182.5	402.3	Jason Lizarraga	US-VA	NJ Open Championships	Fair Lawn	NJ				
8	177.5	391.3	Brad Swidzinski	Canada	Ramped Up Raw Open		Alberta				
9	175	385.8	Daniel Read	US-VA	Potomac Open	Tysons Corner	VA				
10	172.5	380.2	Andrew Herbstritt	US-PA	2020 Power Day	Bigler	PA				
	172.5	380.2	Bugs Bayer	US-PA	2020 Power Day	Bigler	PA				
12	170	374.7	Matt Baker	US-NC	NC State Championships	Raleigh	NC				
	170	374.7	Alec McGarry	US-PA	Central PA Open	Clearfield	PA				
14	142.5	314.1	Ben Nyce	US-VA	Potomac Open	Tysons Corner	VA				
	142.5	314.1	Raymond Crawbuck	US-VA	Potomac Open	Tysons Corner	VA				
16	130	286.5	Ryan Ciavarra	US-NC	NC State Championships	Raleigh	NC				
17	97.5	214.9	Rudy Shiley	US-VA	Potomac Open	Tysons Corner	VA				

Weight Class: 242				Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	250	551.1	Nick Hammer	US-NC	NC State Championships	Raleigh	NC				
2	220	485	Dawson Warman	Canada	Ramped Up Raw Open		Alberta				
3	197.5	435.4	Karam Ali	US-NY	2020 Power Day	Bigler	PA				
4	192.5	424.3	Andrew Crompton-Nicholas	Canada	Ramped Up Raw Open		Alberta				
5	175	385.8	Jack Butler	US-PA	Central PA Open	Clearfield	PA				
6	165	363.7	Kurtis Bosh	US-VA	Mid Atlantic Open	Powhatan	VA				
	165	363.7	Daniel Hall	US-VA	Shenandoah Open	Woodstock	VA				
8	160	352.7	Brant Givler	US-PA	2020 Power Day	Bigler	PA				
9	142.5	314.1	Ben Thibodeau	US-NC	OBX Open	Jarvisburg	NC				

Weight Class: 275				Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	267.5	589.7	Taylor Matthews	US-NC	OBX Open	Jarvisburg	NC				
2	265	584.2	Kevin Combs	US-NC	2020 Southern Open	Jarvisburg	NC				
3	248	546.7	Jeff Lawson	US-PA	Central PA Open	Clearfield	PA				
4	237.5	523.5	Matthew Godden	Canada	Ramped Up Raw Open		Alberta				
5	235	518	Nathan Daniels	US-NC	NC State Championships	Raleigh	NC				
6	201	443.1	Chris Fry	US-VA	Shenandoah Open	Woodstock	VA				
7	182.5	402.3	Lucas Franco	US-DC	Potomac Open	Tysons Corner	VA				
8	170	374.7	Gene Berry	US-NC	NC State Championships	Raleigh	NC				
9	167.5	369.2	Clanton Nelson	US-VA	Potomac Open	Tysons Corner	VA				
10	165	363.7	Chris Allen	US-VA	Potomac Open	Tysons Corner	VA				
	165	363.7	Jeffery Klugh	US-NC	OBX Open	Jarvisburg	NC				
12	155	341.7	James Frankson	US-VA	OBX Open	Jarvisburg	NC				
13	152.5	336.2	Shane Bailey	US-MD	2020 Power Day	Bigler	PA				
14	137.5	303.1	Cory Neal	US-DC	Potomac Open	Tysons Corner	VA				

15	135	297.6	Joe Volpe	US-CT	NJ Open Championships	Fair Lawn	NJ
16	107.5	236.9	Patrick Leonard	US-NC	NC State Championships	Raleigh	NC
17	95	209.4	Steadman Rynolds	US-NC	OBX Open	Jarvisburg	NC
18	92.5	203.9	Ray Classing	US-MD	2020 Southern Open	Jarvisburg	NC

Weight Class: 308				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	267.5	589.7	Kevin Combs	US-NC	OBX Open	Jarvisburg	NC
2	260	573.1	Kyle Bushong	US-VA	Mid Atlantic Open	Powhatan	VA
3	245	540.1	Mario Fontanazza, III	US-PA	2020 Power Day	Bigler	PA
4	242.5	534.6	Austin Poff	US-NC	NC State Championships	Raleigh	NC
5	237.5	523.5	Anthony Jewell	US-VA	Shenandoah Open	Woodstock	VA
6	230	507	Mauro Iezzi	Italy	Italian Single Lift Championship		Santedio
7	182.5	402.3	Adam Brown	US-NY	NJ Open Championships	Fair Lawn	NJ
8	160.5	353.8	Daniel Hall	US-VA	Mid Atlantic Open	Powhatan	VA

Weight Class: SHW				Squat		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	282.5	622.7	Daniel Corridean	US-NC	2020 Southern Open	Jarvisburg	NC
2	255	562.1	Robert Gains	US-VA	Potomac Open	Tysons Corner	VA
3	227.5	501.5	Kevin Ebrahimzadeh	US-NC	2020 Southern Open	Jarvisburg	NC
4	140	308.6	Michael Hogan	Canada	Ramped Up Raw Open		Alberta

2020 Bench Press Rankings Male

Weight Class: 105				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	52.5	115.7	Adam Taylor	US-MD	2020 Single Lift Worlds	Virginia Beach	VA
2	22.5	49.6	Caden Cooper	US-NC	NC State Championships	Raleigh	NC
3	20.5	45.1	Jeremiah Skinner	US-NC	OBX Open	Jarvisburg	NC
4	18.5	40.7	Ivan Shick	US-PA	Central PA Open	Clearfield	PA
5	15	33	Andrew Hill	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
	15	33	Luke Frankson	US-VA	OBX Open	Jarvisburg	NC

Weight Class: 114				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	40	88.1	Austin Hill	US-NC	OBX Open	Jarvisburg	NC
2	35	77.1	Dalton Fazio	US-NC	NC State Championships	Raleigh	NC
3	15	33	Simon Frankson	US-VA	OBX Open	Jarvisburg	NC

Weight Class: 123				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	75	165.3	Jose Para	US-NC	OBX Open	Jarvisburg	NC
2	70	154.3	Patrick Stuart	US-NC	NC State Championships	Raleigh	NC
3	50	110.2	Dalton Fazio	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 132				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	135	297.6	Michael Kuhns	US-PA	Central PA Open	Clearfield	PA
2	105.5	232.5	Gary Teeter	US-PA	Shenandoah Open	Woodstock	VA
3	95	209.4	Ben Zak	US-NC	NC State Championships	Raleigh	NC
4	75	165.3	Wayne Owens	US-MD	Fall Micro Meet 2	Waldorf	MD
5	72.5	159.8	Kristian Di Giovanni	Italy	Italian Single Lift Championship		Santedio
6	70	154.3	Buck Ammons	US-NC	2020 Southern Open	Jarvisburg	NC
7	67.5	148.8	Jose Para	US-NC	NC State Championships	Raleigh	NC
8	55	121.2	Luke Kuwik	US-NC	NC State Championships	Raleigh	NC

Weight Class: 148				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	130	286.5	Guy Ha	US-SC	Mid Atlantic Open	Powhatan	VA
	130	286.5	Emerson Lynn	US-VT	2020 Single Lift Worlds	Virginia Beach	VA
3	127.5	281	Seth Curtis	US-VA	Shenandoah Open	Woodstock	VA
4	115	253.5	Gary Teeter	US-PA	Potomac Open	Tysons Corner	VA
5	112.5	248	Stephen Gregori	US-MD	Southern MD Single Lift Open	White Plains	MD
6	110	242.5	Tom Newman	US-NC	NC State Championships	Raleigh	NC
7	102.5	225.9	Raffaello Giammichele	Italy	Italian Single Lift Championship		Santegedio
8	100	220.4	George James	US-MD	NJ Open Championships	Fair Lawn	NJ
9	97.5	214.9	Ben Zak	US-NC	OBX Open	Jarvisburg	NC
10	95	209.4	Jacob Wadsworth	US-NY	2020 Power Day	Bigler	PA
11	92.5	203.9	Kevin Smith	US-NC	NC State Championships	Raleigh	NC
12	90	198.4	Korey Webber	US-PA	Central PA Open	Clearfield	PA
13	70	154.3	Luke Kuwik	US-NC	OBX Open	Jarvisburg	NC
	70	154.3	Luc Dahlman	Canada	Ramped Up Raw Open		Alberta
15	57.5	126.7	Jonathon Arnold	US-NC	NC State Championships	Raleigh	NC
	57.5	126.7	Noah Kintner	US-NY	NY Single Lift Challenge	Vestal	NY
17	55	121.2	David Sanders	US-NC	OBX Open	Jarvisburg	NC
18	43	94.7	Ryan Sweeney	US-ID	2020 Single Lift Worlds	Virginia Beach	VA
19	40	88.1	Joshua Schmidt	US-NC	NC State Championships	Raleigh	NC

Weight Class: 165				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	141.5	311.9	Kevin Outland	US-NC	NC State Championships	Raleigh	NC
2	130	286.5	Corey McLaughlin	US-PA	2020 Power Day	Bigler	PA
	130	286.5	Mario Golino	Italy	Italian Single Lift Championship		Santegedio
4	127.5	281	Brian Stoner	US-NY	2020 Power Day	Bigler	PA
5	125	275.5	Michael Barber	US-NY	NY Single Lift Challenge	Vestal	NY
6	117.5	259	Gary Teeter	US-PA	NJ Open Championships	Fair Lawn	NJ
7	115	253.5	Rocco Volpe	Italy	Italian Single Lift Championship		Santegedio
	115	253.5	David Kleinschuster	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
9	112.5	248	David Klienschuster	US-NC	2020 Southern Open	Jarvisburg	NC
10	107.5	236.9	Parker Bolton	US-NY	Shenandoah Open	Woodstock	VA
11	105.5	232.5	Joseph Sanders	US-NC	OBX Open	Jarvisburg	NC
12	105	231.4	Aaron Chrietzberg	US-MD	Potomac Open	Tysons Corner	VA
13	102.5	225.9	Dan Gordon	US-AZ	USA Championships	Plainville	MA
14	100	220.4	Ryan Marciano	US-MD	Fall Micro Meet 2	Waldorf	MD
15	92.5	203.9	Daniel Lemel	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
16	87.5	192.9	Hunter Berkey	US-PA	Central PA Open	Clearfield	PA
17	77.5	170.8	Evan Russo	US-CT	NJ Open Championships	Fair Lawn	NJ
	77.5	170.8	Nathan Coleman	US-VA	Shenandoah Open	Woodstock	VA
19	60	132.2	Timothy Wells	US-PA	2020 Power Day	Bigler	PA
20	52.5	115.7	Dylan Cooper	US-NC	NC State Championships	Raleigh	NC

Weight Class: 181				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	185	407.8	Llaland Austin	US-FL	2020 Single Lift Worlds	Virginia Beach	VA
2	165	363.7	Jaime Velasquez	US-MD	Garage Gang Micro Meet	Waldorf	MD
3	157.5	347.2	Will Lynch	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
4	150	330.6	Todd Kaufman	US-VA	Potomac Open	Tysons Corner	VA
5	145	319.6	Noah Saboe	Canada	Ramped Up Raw Open		Alberta
6	142.5	314.1	Villanaeva Mishael	US-PA	NY Single Lift Challenge	Vestal	NY
7	140	308.6	Cody Sears	US-MD	Southern MD Single Lift Open	White Plains	MD
	140	308.6	Daniel Conant	US-NY	NY Single Lift Challenge	Vestal	NY
	140	308.6	Gino Maranon	Canada	Ramped Up Raw Open		Alberta
10	137.5	303.1	Christian Russo	US-CT	2020 Single Lift Worlds	Virginia Beach	VA

11	135	297.6	Chris Davet	US-VA	Shenandoah Open	Woodstock	VA
12	132.5	292.1	David Sobota	US-NC	NC State Championships	Raleigh	NC
13	130	286.5	Steve Turlington	US-NC	NC State Championships	Raleigh	NC
	130	286.5	Justin Schlossberg	US-NC	NC State Championships	Raleigh	NC
	130	286.5	Taj Parker	US-NY	NY Single Lift Challenge	Vestal	NY
16	127.5	281	James Scott	US-CT	USA Championships	Plainville	MA
17	120	264.5	Gary Teeter	US-PA	NY Single Lift Challenge	Vestal	NY
18	117.5	259	Collin Kintner	US-NY	NY Single Lift Challenge	Vestal	NY
19	115	253.5	Dennis Whysong	US-PA	2020 Power Day	Bigler	PA
	115	253.5	Larry Eastman	US-PA	2020 Power Day	Bigler	PA
	115	253.5	Robert Agolli	Italy	Italian Single Lift Championship		Santededio

Weight Class: 198				Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	165	363.7	Anthony Bannerman	US-NC	NC State Championships	Raleigh	NC				
2	162.5	358.2	James Garndner	US-VA	Mid Atlantic Open	Powhatan	VA				
3	160	352.7	William Waller	US-VA	Shenandoah Open	Woodstock	VA				
4	155.5	342.8	Cody Sears	US-MD	Mid Atlantic Open	Powhatan	VA				
5	152.5	336.2	Todd Traylor	US-VA	Shenandoah Open	Woodstock	VA				
6	142.5	314.1	John Cooper	US-NC	NC State Championships	Raleigh	NC				
	142.5	314.1	Samuel Meyers	US-MD	Garage Gang Micro Meet	Waldorf	MD				
	142.5	314.1	Brian McIntyre	US-VA	OBX Open	Jarvisburg	NC				
	142.5	314.1	Andrew Rutsch	US-VA	OBX Open	Jarvisburg	NC				
10	140	308.6	Nick Grady	US-NC	NC State Championships	Raleigh	NC				
	140	308.6	Walter Heintl	US-PA	2020 Power Day	Bigler	PA				
12	132.5	292.1	Colton Garvin	US-PA	Central PA Open	Clearfield	PA				
13	130	286.5	Austin Lee	US-NC	NC State Championships	Raleigh	NC				
	130	286.5	Andrea Di Bartolomeo	Italy	Italian Single Lift Championship		Santededio				
15	126	277.7	Nick DiDomizio	US-CT	Christmas Classic	Cheshire	CT				
16	125	275.5	Jacob Mavromatis	US-VA	Shenandoah Open	Woodstock	VA				
17	120	264.5	Andy Fox	US-MD	Potomac Open	Tysons Corner	VA				
18	117.5	259	Nicholas Holmes	US-MD	Fall Micro Meet 2	Waldorf	MD				
19	115	253.5	Austin Leedy	US-VA	Potomac Open	Tysons Corner	VA				
	115	253.5	Don Kuhns	US-PA	Central PA Open	Clearfield	PA				

Weight Class: 220				Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	217.5	479.5	Rickie Dozier	US-NC	NC State Championships	Raleigh	NC				
2	183	403.4	Quincy Pecora	US-CT	Christmas Classic	Cheshire	CT				
3	165	363.7	Kenneth Pitt	US-NC	NC State Championships	Raleigh	NC				
4	161	354.9	Cody Sears	US-MD	Fall Micro Meet 2	Waldorf	MD				
5	160	352.7	Nick Grady	US-NC	OBX Open	Jarvisburg	NC				
6	152.5	336.2	Jason Lizarraga	US-VA	NJ Open Championships	Fair Lawn	NJ				
7	150	330.6	Ben Nyce	US-VA	Potomac Open	Tysons Corner	VA				
8	145	319.6	Lenny Creatura	US-CT	2020 Power Day	Bigler	PA				
9	143	315.2	Raymond Crawbuck	US-VA	Potomac Open	Tysons Corner	VA				
10	142.5	314.1	John Cooper	US-NC	USA Championships	Plainville	MA				
11	140	308.6	Daniel Read	US-VA	Potomac Open	Tysons Corner	VA				
	140	308.6	Matt Baker	US-NC	NC State Championships	Raleigh	NC				
	140	308.6	Brett Zattoni	US-PA	Central PA Open	Clearfield	PA				
14	134	295.4	Joe Cotton	US-VA	Mid Atlantic Open	Powhatan	VA				
15	132.5	292.1	Terry Napisa	US-VA	2020 Southern Open	Jarvisburg	NC				
16	127.5	281	Seth Francis	US-NC	NJ Open Championships	Fair Lawn	NJ				
	127.5	281	Ed Wittevrongel	Canada	Ramped Up Raw Open		Alberta				
18	125	275.5	Butch Huey	US-PA	2020 Power Day	Bigler	PA				
	125	275.5	Fabio Di Prinzio	Italy	Italian Single Lift Championship		Santededio				
	125	275.5	Austin Scammahorn	US-NC	OBX Open	Jarvisburg	NC				

125	275.5	Patrick Huntley	US-PA	Central PA Open	Clearfield	PA
125	275.5	Alec McGarry	US-PA	Central PA Open	Clearfield	PA

Weight Class: 242				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	197.5	435.4	Sherm Pensyl	US-PA	Shenandoah Open	Woodstock	VA
2	193	425.4	Brad Beach	US-VA	Potomac Open	Tysons Corner	VA
3	182.5	402.3	Nick Hammer	US-NC	NC State Championships	Raleigh	NC
	182.5	402.3	Chris Moro	US-NY	NY Single Lift Challenge	Vestal	NY
5	177.5	391.3	Joseph Rascoe	US-NC	NC State Championships	Raleigh	NC
6	170	374.7	Jack Butler	US-PA	Central PA Open	Clearfield	PA
7	165	363.7	Ken Belcher	US-NC	NC State Championships	Raleigh	NC
8	157.5	347.2	Tim Durrett	US-VA	Mid Atlantic Open	Powhatan	VA
9	150	330.6	Ray Linduski	US-SC	NC State Championships	Raleigh	NC
	150	330.6	Brant Givler	US-PA	2020 Power Day	Bigler	PA
	150	330.6	Dawson Warman	Canada	Ramped Up Raw Open		Alberta
12	145	319.6	Craig Perry	US-FL	Mid Atlantic Open	Powhatan	VA
13	140	308.6	Tony Huffman	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
14	137.5	303.1	Anthony Hoffman	US-VA	NC State Championships	Raleigh	NC
15	130	286.5	Daniel Hall	US-VA	Shenandoah Open	Woodstock	VA
16	122.5	270	Karam Ali	US-NY	2020 Power Day	Bigler	PA
17	120	264.5	Kurtis Bosh	US-VA	Mid Atlantic Open	Powhatan	VA
18	115	253.5	John Shifflett	US-VA	Mid Atlantic Open	Powhatan	VA
19	105	231.4	Andrew Crompton-Nicholas	Canada	Ramped Up Raw Open		Alberta
20	95	209.4	Ben Thibodeau	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 275				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	200	440.9	Chris Moro	US-NY	2020 Single Lift Worlds	Virginia Beach	VA
2	197.5	435.4	Shawn Shepherd	US-IN	2020 Single Lift Worlds	Virginia Beach	VA
3	192.5	424.3	Mathieu Newell	US-NY	NY Single Lift Challenge	Vestal	NY
4	173	381.3	Chris Fry	US-VA	Shenandoah Open	Woodstock	VA
5	172.5	380.2	Chris Allen	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
	172.5	380.2	Stephen Kozlowski	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
7	165	363.7	Kevin Combs	US-NC	2020 Southern Open	Jarvisburg	NC
8	162.5	358.2	Taylor Matthews	US-NC	OBX Open	Jarvisburg	NC
9	160	352.7	Ray Classing	US-MD	2020 Southern Open	Jarvisburg	NC
	160	352.7	William Ogden	US-PA	2020 Single Lift Worlds	Virginia Beach	VA
11	155	341.7	Gene Berry	US-NC	NC State Championships	Raleigh	NC
	155	341.7	Earl Smiley	US-KY	2020 Single Lift Worlds	Virginia Beach	VA
	155	341.7	Matthew McMurray	US-VA	OBX Open	Jarvisburg	NC
14	152.5	336.2	Nathan Daniels	US-NC	NC State Championships	Raleigh	NC
	152.5	336.2	Matthew Godden	Canada	Ramped Up Raw Open		Alberta
16	150	330.6	Kyle Bushong	US-VA	Virginia Open	Woodstock	VA
17	145	319.6	Clanton Nelson	US-VA	Potomac Open	Tysons Corner	VA
	145	319.6	Joe Grabowske	US-NY	NY Single Lift Challenge	Vestal	NY
19	137.5	303.1	Jeff Morse	US-MA	USA Championships	Plainville	MA
	137.5	303.1	Shane Bailey	US-MD	2020 Power Day	Bigler	PA

Weight Class: 308				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	205	451.9	Matt Slate	US-NV	2020 Single Lift Worlds	Virginia Beach	VA
2	195	429.8	Omar Barnes	US-NC	NC State Championships	Raleigh	NC
3	185	407.8	Mauro Iezzi	Italy	Italian Single Lift Championship		Santededio
	185	407.8	Anthony Jewell	US-VA	Shenandoah Open	Woodstock	VA
5	182.5	402.3	Mario Fontanazza, III	US-PA	2020 Power Day	Bigler	PA
	182.5	402.3	Kevin Combs	US-NC	OBX Open	Jarvisburg	NC

7	175	385.8	Raymond Clasing	US-MD	2020 Single Lift Worlds	Virginia Beach	VA
8	170	374.7	Austin Poff	US-NC	OBX Open	Jarvisburg	NC
9	160	352.7	Kyle Bushong	US-VA	Shenandoah Open	Woodstock	VA
10	147.5	325.1	Baron Dixon	US-VA	Mid Atlantic Open	Powhatan	VA
11	142.5	314.1	James McClanahan	US-MD	Fall Micro Meet 2	Waldorf	MD
12	140	308.6	Rosevelt Chesnut	US-NC	OBX Open	Jarvisburg	NC
13	137.5	303.1	Robert Tucker	US-MD	Southern MD Single Lift Open	White Plains	MD
14	135	297.6	Adam Brown	US-NY	NJ Open Championships	Fair Lawn	NJ
15	132.5	292.1	Sean Cangiano	US-CT	Christmas Classic	Cheshire	CT
16	126	277.7	Cole Feinauer	US-CT	Christmas Classic	Cheshire	CT
17	125	275.5	Daniel Hall	US-VA	Mid Atlantic Open	Powhatan	VA
	125	275.5	Joey Volpe	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
19	117.5	259	Roosevelt Chestnut	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
20	100	220.4	John Worley	US-NY	NY Single Lift Challenge	Vestal	NY

Weight Class: SHW				Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	227.5	501.5	Wyatt Lozano	US-NY	NY Single Lift Challenge	Vestal	NY				
2	192.5	424.3	Cameron Gillespie	US-CT	USA Championships	Plainville	MA				
3	190	418.8	Robert Gains	US-VA	Potomac Open	Tysons Corner	VA				
4	180	396.8	Daniel Corridean	US-NC	2020 Single Lift Worlds	Virginia Beach	VA				
5	132.5	292.1	Kevin Ebrahimzadeh	US-NC	2020 Southern Open	Jarvisburg	NC				
6	125	275.5	Michael Hogan	Canada	Ramped Up Raw Open		Alberta				
7	110	242.5	Andrew Hardduby	US-CT	NY Single Lift Challenge	Vestal	NY				
8	105	231.4	Andrew Harduby	US-CT	USA Championships	Plainville	MA				
9	100	220.4	Jason Campbell	US-MA	2020 Single Lift Worlds	Virginia Beach	VA				

2020 Deadlift Rankings

Male

Weight Class: 105				Deadlift				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	97.5	214.9	Adam Taylor	US-MD	2020 Single Lift Worlds	Virginia Beach	VA				
2	75	165.3	Peyton Wendt-White	US-DC	Potomac Open	Tysons Corner	VA				
3	60.5	133.3	Caden Cooper	US-NC	NC State Championships	Raleigh	NC				
4	50	110.2	Cormac Quinn	US-DC	Potomac Open	Tysons Corner	VA				
	50	110.2	Cameron Carroll	US-DC	Potomac Open	Tysons Corner	VA				
6	49	108	Jeremiah Skinner	US-NC	OBX Open	Jarvisburg	NC				
7	40	88.1	Andrew Hill	US-NC	OBX Open	Jarvisburg	NC				
8	37.5	82.6	Ivan Shick	US-PA	Central PA Open	Clearfield	PA				
9	30	66.1	Sekai Wright	US-DC	Potomac Open	Tysons Corner	VA				
10	25	55.1	Luke Frankson	US-VA	OBX Open	Jarvisburg	NC				

Weight Class: 114				Deadlift				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	90	198.4	Dalton Fazio	US-NC	NC State Championships	Raleigh	NC				
2	85	187.3	Austin Hill	US-NC	OBX Open	Jarvisburg	NC				
3	60	132.2	Zakari Tucker	US-DC	Potomac Open	Tysons Corner	VA				
4	50	110.2	Simon Frankson	US-VA	OBX Open	Jarvisburg	NC				

Weight Class: 123				Deadlift				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	145	319.6	Jose Para	US-NC	OBX Open	Jarvisburg	NC				
2	127.5	281	Patrick Stuart	US-NC	NC State Championships	Raleigh	NC				
3	102.5	225.9	Dalton Fazio	US-NC	2020 Southern Open	Jarvisburg	NC				
4	92.5	203.9	Julian Spraggins	US-DC	Potomac Open	Tysons Corner	VA				
5	75	165.3	Steven Hughes	US-DC	Potomac Open	Tysons Corner	VA				
6	67.5	148.8	Canfield Whidon	US-DC	Potomac Open	Tysons Corner	VA				

Weight Class: 132				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	200	440.9	George James	US-MD	2020 Single Lift Worlds	Virginia Beach	VA
2	192.5	424.3	Jim Marchio	US-VA	Virginia Open	Woodstock	VA
3	190	418.8	Michael Kuhns	US-PA	Central PA Open	Clearfield	PA
4	187.5	413.3	Wayne Owens	US-MD	Fall Micro Meet 2	Waldorf	MD
5	182.5	402.3	Rob Wess	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
6	162.5	358.2	Gary Teeter	US-PA	Shenandoah Open	Woodstock	VA
7	152.5	336.2	Buck Ammons	US-NC	OBX Open	Jarvisburg	NC
8	150	330.6	Elijah Daycuan	US-NC	NC State Championships	Raleigh	NC
	150	330.6	Ben Zak	US-NC	NC State Championships	Raleigh	NC
10	137.5	303.1	Jose Para	US-NC	NC State Championships	Raleigh	NC
11	135	297.6	Kristian Di Giovanni	Italy	Italian Single Lift Championship		Santededio
12	112.5	248	Luke Kuwik	US-NC	NC State Championships	Raleigh	NC

Weight Class: 148				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	212.5	468.4	George James	US-MD	NJ Open Championships	Fair Lawn	NJ
2	210	462.9	Raffaello Giammichele	Italy	Italian Single Lift Championship		Santededio
3	207.5	457.4	Seth Curtis	US-VA	Shenandoah Open	Woodstock	VA
4	182.5	402.3	Jacob Wadsworth	US-NY	2020 Power Day	Bigler	PA
5	180	396.8	Kevin Smith	US-NC	NC State Championships	Raleigh	NC
6	170	374.7	Korey Webber	US-PA	Central PA Open	Clearfield	PA
7	162.5	358.2	Gary Teeter	US-PA	2020 Single Lift Worlds	Virginia Beach	VA
8	147.5	325.1	Emerson Lynn	US-VT	2020 Single Lift Worlds	Virginia Beach	VA
9	145	319.6	Ben Zak	US-NC	OBX Open	Jarvisburg	NC
10	142.5	314.1	Luc Dahlman	Canada	Ramped Up Raw Open		Alberta
11	137.5	303.1	Jonathon Arnold	US-NC	NC State Championships	Raleigh	NC
	137.5	303.1	Luke Kuwik	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
13	122.5	270	Noah Kintner	US-NY	NY Single Lift Challenge	Vestal	NY
14	110	242.5	Stephen Gregori	US-MD	Southern MD Single Lift Open	White Plains	MD
15	105	231.4	Joshua Schmidt	US-NC	NC State Championships	Raleigh	NC
	105	231.4	David Sanders	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 165				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	237.5	523.5	Brian Stoner	US-NY	2020 Power Day	Bigler	PA
2	220	485	Rocco Volpe	Italy	Italian Single Lift Championship		Santededio
3	210	462.9	Parker Bolton	US-NY	Shenandoah Open	Woodstock	VA
4	205	451.9	Kevin Outland	US-NC	NC State Championships	Raleigh	NC
5	192.5	424.3	Ryan Marciano	US-MD	Fall Micro Meet 2	Waldorf	MD
6	185	407.8	Corey McLaughlin	US-PA	2020 Power Day	Bigler	PA
7	180	396.8	Aniello Iaccarino	Italy	Italian Single Lift Championship		Santededio
8	175	385.8	Daniel Lemel	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
9	172.5	380.2	Gary Teeter	US-PA	Southern MD Single Lift Open	White Plains	MD
	172.5	380.2	Chris Schaeable	US-CT	NY Single Lift Challenge	Vestal	NY
11	170	374.7	Hunter Berkey	US-PA	Central PA Open	Clearfield	PA
12	160	352.7	Aaron Chrietzberg	US-MD	Potomac Open	Tysons Corner	VA
13	150	330.6	David Laszewski	US-NY	NY Single Lift Challenge	Vestal	NY
	150	330.6	Nathan Coleman	US-VA	Shenandoah Open	Woodstock	VA
15	145	319.6	Marco Alessandrini	Italy	Italian Single Lift Championship		Santededio
16	142.5	314.1	David Kleinschuster	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
17	137.5	303.1	David Klienschuster	US-NC	2020 Southern Open	Jarvisburg	NC
18	127.5	281	Evan Russo	US-CT	NJ Open Championships	Fair Lawn	NJ
19	125	275.5	Willem Rathgeber	US-NY	NY Single Lift Challenge	Vestal	NY
20	122.5	270	Dylan Cooper	US-NC	NC State Championships	Raleigh	NC

Weight Class: 181				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	285	628.3	Jaime Velasquez	US-MD	Fall Micro Meet 2	Waldorf	MD
2	255	562.1	Gino Maranon	Canada	Ramped Up Raw Open		Alberta
3	250	551.1	Collin Kintner	US-NY	NY Single Lift Challenge	Vestal	NY
4	247.5	545.6	David Sobota	US-NC	NC State Championships	Raleigh	NC
5	230	507	Steve Turlington	US-NC	NC State Championships	Raleigh	NC
6	227.5	501.5	Taj Parker	US-NY	NY Single Lift Challenge	Vestal	NY
	227.5	501.5	Dylan Booth	US-NC	2020 Southern Open	Jarvisburg	NC
8	217.5	479.5	Chris Davet	US-VA	Shenandoah Open	Woodstock	VA
9	212.5	468.4	Matthew Holtry	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
10	210	462.9	Justin Schlossberg	US-NC	NC State Championships	Raleigh	NC
11	200	440.9	Michael Stakkeland	US-DC	Potomac Open	Tysons Corner	VA
12	197.5	435.4	Miles Baker	US-VA	Shenandoah Open	Woodstock	VA
13	195	429.8	Paul Melby	US-VA	Potomac Open	Tysons Corner	VA
	195	429.8	Noah Saboe	Canada	Ramped Up Raw Open		Alberta
15	192.5	424.3	Duncan McCormick	Canada	Ramped Up Raw Open		Alberta
16	182.5	402.3	Villanaeva Mishael	US-PA	NY Single Lift Challenge	Vestal	NY
	182.5	402.3	Don Swingle	US-NY	2020 Power Day	Bigler	PA
	182.5	402.3	Steve Holland	US-MD	Fall Micro Meet 2	Waldorf	MD
19	180	396.8	Juan Rabago	US-CT	NJ Open Championships	Fair Lawn	NJ
20	177.5	391.3	Chip Jowett	US-MD	Southern MD Single Lift Open	White Plains	MD
	177.5	391.3	Steve Orseno	US-MA	NY Single Lift Challenge	Vestal	NY

Weight Class: 198				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	305	672.4	William Waller	US-VA	Shenandoah Open	Woodstock	VA
2	260	573.1	Roy Apseloff	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
3	255	562.1	Colton Garvin	US-PA	Central PA Open	Clearfield	PA
4	237.5	523.5	Austin Lee	US-NC	NC State Championships	Raleigh	NC
5	236	520.2	Kavon Atkinson	US-NY	NY Single Lift Challenge	Vestal	NY
6	235	518	Ari Kutin	US-NJ	NJ Open Championships	Fair Lawn	NJ
	235	518	Davide Carfora	Italy	Italian Single Lift Championship		Santededio
8	230	507	Nick Grady	US-NC	NC State Championships	Raleigh	NC
9	227.5	501.5	Walter Heinel	US-PA	2020 Power Day	Bigler	PA
	227.5	501.5	Jacob Mavromatis	US-VA	Shenandoah Open	Woodstock	VA
11	220	485	Graham Bartholomew	US-MD	Garage Gang Micro Meet	Waldorf	MD
12	217.5	479.5	Francesco Andreozzi	Italy	Italian Single Lift Championship		Santededio
13	215	473.9	Jeffrey Driskill	US-VA	Shenandoah Open	Woodstock	VA
	215	473.9	Don Kuhns	US-PA	Central PA Open	Clearfield	PA
15	210	462.9	Douglas Delainey	Canada	Ramped Up Raw Open		Alberta
16	205	451.9	Jacob Holland	US-MD	Potomac Open	Tysons Corner	VA
17	202.5	446.4	Nicholas Holmes	US-MD	Fall Micro Meet 2	Waldorf	MD
18	200	440.9	Chris Dornan	US-MD	Southern MD Single Lift Open	White Plains	MD
	200	440.9	Harold Orozco	US-NC	NC State Championships	Raleigh	NC
	200	440.9	Brian McIntyre	US-VA	OBX Open	Jarvisburg	NC
	200	440.9	Andrew Rutsch	US-VA	OBX Open	Jarvisburg	NC

Weight Class: 220				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	292.5	644.8	Lenny Creatura	US-CT	2020 Power Day	Bigler	PA
2	272.5	600.7	Jason Lizarraga	US-VA	NJ Open Championships	Fair Lawn	NJ
	272.5	600.7	Ben Nyce	US-VA	Potomac Open	Tysons Corner	VA
4	255	562.1	Phillip Rosenstern	US-PA	2020 Power Day	Bigler	PA
5	250	551.1	Nick Grady	US-NC	OBX Open	Jarvisburg	NC
6	242.5	534.6	Joshua Berry	US-NC	NC State Championships	Raleigh	NC

7	232.5	512.5	Austin Scammahorn	US-NC	OBX Open	Jarvisburg	NC
8	230	507	Daniel Read	US-VA	Potomac Open	Tysons Corner	VA
	230	507	Matteo Lupinetti	Italy	Italian Single Lift Championship		Santegedio
10	227.5	501.5	Brett Zattoni	US-PA	Central PA Open	Clearfield	PA
11	222.5	490.5	Ed Wittevrongel	Canada	Ramped Up Raw Open		Alberta
12	215	473.9	Damon Roberts	US-NC	NC State Championships	Raleigh	NC
	215	473.9	Patrick Huntley	US-PA	Central PA Open	Clearfield	PA
	215	473.9	Alec McGarry	US-PA	Central PA Open	Clearfield	PA
15	205	451.9	Ottaviano Ciccarella	Italy	Italian Single Lift Championship		Santegedio
16	200	440.9	Brad Swidzinski	Canada	Ramped Up Raw Open		Alberta
17	197.5	435.4	Andrew Herbstritt	US-PA	2020 Power Day	Bigler	PA
18	192.5	424.3	Bugs Bayer	US-PA	2020 Power Day	Bigler	PA
	192.5	424.3	Terry Napisa	US-VA	2020 Southern Open	Jarvisburg	NC
20	190	418.8	Carmine Capestrani	Italy	Italian Single Lift Championship		Santegedio

Weight Class: 242				Deadlift			
				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	295	650.3	Nick Hammer	US-NC	NC State Championships	Raleigh	NC
2	280	617.2	Davide Romano	Italy	Italian Single Lift Championship		Santegedio
3	260	573.1	Dawson Warman	Canada	Ramped Up Raw Open		Alberta
4	257.5	567.6	James McClanahan	US-MD	Southern MD Single Lift Open	White Plains	MD
5	250	551.1	Chris Moro	US-NY	NY Single Lift Challenge	Vestal	NY
6	242.5	534.6	Andrew Crompton-Nicholas	Canada	Ramped Up Raw Open		Alberta
7	235	518	Karam Ali	US-NY	2020 Power Day	Bigler	PA
8	227.5	501.5	Tim Durrett	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
9	217	478.3	Jason Flood	US-CT	NJ Open Championships	Fair Lawn	NJ
10	215	473.9	Kurtis Bosh	US-VA	Mid Atlantic Open	Powhatan	VA
	215	473.9	Andrea Spinelli	Italy	Italian Single Lift Championship		Santegedio
12	202.5	446.4	Jack Butler	US-PA	Central PA Open	Clearfield	PA
13	190	418.8	Daniel Hall	US-VA	Shenandoah Open	Woodstock	VA
14	185	407.8	Brant Givler	US-PA	2020 Power Day	Bigler	PA
15	170	374.7	Ben Thibodeau	US-NC	OBX Open	Jarvisburg	NC
16	162.5	358.2	Bob Dunn	US-OH	2020 Power Day	Bigler	PA
17	142.5	314.1	Brayden Phillips	US-NY	NY Single Lift Challenge	Vestal	NY

Weight Class: 275				Deadlift			
				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	305	672.4	Taylor Matthews	US-NC	OBX Open	Jarvisburg	NC
2	287.5	633.8	Kevin Combs	US-NC	2020 Southern Open	Jarvisburg	NC
3	285	628.3	Matthew Godden	Canada	Ramped Up Raw Open		Alberta
4	280	617.2	Chris Moro	US-NY	2020 Single Lift Worlds	Virginia Beach	VA
5	275	606.2	James McClanahan	US-MD	Mid Atlantic Open	Powhatan	VA
6	272.5	600.7	Baron Dixon	US-VA	Shenandoah Open	Woodstock	VA
	272.5	600.7	Jeff Lawson	US-PA	Central PA Open	Clearfield	PA
8	255	562.1	Chris Allen	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
	255	562.1	William Ogden	US-PA	2020 Single Lift Worlds	Virginia Beach	VA
10	250	551.1	Kyle Bushong	US-VA	Virginia Open	Woodstock	VA
11	245	540.1	Stephen Kozlowski	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
	245	540.1	Matthew McMurray	US-VA	OBX Open	Jarvisburg	NC
13	240	529.1	Chris Fry	US-VA	Shenandoah Open	Woodstock	VA
14	230	507	Luigi Ferretti	Italy	Italian Single Lift Championship		Santegedio
15	227.5	501.5	Lenny Holland	US-MD	Potomac Open	Tysons Corner	VA
	227.5	501.5	Nathan Daniels	US-NC	NC State Championships	Raleigh	NC
17	222.5	490.5	Braxton Holland	US-MD	Fall Micro Meet 2	Waldorf	MD
18	212.5	468.4	Jeffery Klugh	US-NC	OBX Open	Jarvisburg	NC
19	207.5	457.4	Lucas Franco	US-DC	Potomac Open	Tysons Corner	VA
20	205	451.9	Daniel Hall	US-VA	2020 Single Lift Worlds	Virginia Beach	VA

Weight Class: 308				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	295	650.3	Kevin Combs	US-NC	OBX Open	Jarvisburg	NC
2	292.5	644.8	Austin Poff	US-NC	NC State Championships	Raleigh	NC
3	287.5	633.8	Mario Fontanazza, III	US-PA	2020 Power Day	Bigler	PA
4	270	595.2	Mauro Iezzi	Italy	Italian Single Lift Championship		Santegedio
5	266	586.4	James McClanahan	US-MD	Fall Micro Meet 2	Waldorf	MD
6	265	584.2	Robert Tucker	US-MD	Southern MD Single Lift Open	White Plains	MD
7	260	573.1	Baron Dixon	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
8	252.5	556.6	Matt Slate	US-NV	2020 Single Lift Worlds	Virginia Beach	VA
9	250	551.1	Anthony Jewell	US-VA	Shenandoah Open	Woodstock	VA
10	240	529.1	Kyle Bushong	US-VA	Shenandoah Open	Woodstock	VA
11	215	473.9	John Worley	US-NY	NY Single Lift Challenge	Vestal	NY
12	200	440.9	Daniel Hall	US-VA	Mid Atlantic Open	Powhatan	VA
13	190	418.8	Raymond Clasing	US-MD	2020 Single Lift Worlds	Virginia Beach	VA
14	180	396.8	Adam Brown	US-NY	NJ Open Championships	Fair Lawn	NJ
15	130	286.5	Richard Johnson	US-PA	2020 Power Day	Bigler	PA

Weight Class: SHW				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	290	639.3	Daniel Corridean	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
2	272.5	600.7	Robert Gains	US-VA	Potomac Open	Tysons Corner	VA
3	227.5	501.5	Kevin Ebrahimzadeh	US-NC	2020 Southern Open	Jarvisburg	NC
4	182.5	402.3	Jason Campbell	US-MA	2020 Single Lift Worlds	Virginia Beach	VA
5	180	396.8	Michael Hogan	Canada	Ramped Up Raw Open		Alberta

2020 Total Rankings Male

Weight Class: 105				Total		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	210	462.9	Adam Taylor	US-MD	Mid Atlantic Open	Powhatan	VA
2	88.5	195.1	Jeremiah Skinner	US-NC	OBX Open	Jarvisburg	NC
3	86	189.5	Ivan Shick	US-PA	Central PA Open	Clearfield	PA
4	73	160.9	Andrew Hill	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 114				Total		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	185	407.8	Austin Hill	US-NC	OBX Open	Jarvisburg	NC
2	172.5	380.2	Dalton Fazio	US-NC	NC State Championships	Raleigh	NC

Weight Class: 123				Total		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	362.5	799.1	Jose Para	US-NC	OBX Open	Jarvisburg	NC
2	282.5	622.7	Patrick Stuart	US-NC	NC State Championships	Raleigh	NC
3	230.5	508.1	Dalton Fazio	US-NC	2020 Southern Open	Jarvisburg	NC

Weight Class: 132				Total		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	550	1212.5	Michael Kuhns	US-PA	Central PA Open	Clearfield	PA
2	392	864.2	Gary Teeter	US-PA	Shenandoah Open	Woodstock	VA
3	355	782.6	Wayne Owens	US-MD	Fall Micro Meet 2	Waldorf	MD
4	347.5	766	Ben Zak	US-NC	NC State Championships	Raleigh	NC
5	342.5	755	Jose Para	US-NC	NC State Championships	Raleigh	NC
6	320	705.4	Buck Ammons	US-NC	OBX Open	Jarvisburg	NC
7	250	551.1	Luke Kuwick	US-NC	NC State Championships	Raleigh	NC

Weight Class: 148				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	512.5	1129.8	Seth Curtis	US-VA	Shenandoah Open	Woodstock	VA
2	472.5	1041.6	George James	US-MD	NJ Open Championships	Fair Lawn	NJ
3	410	903.8	Jacob Wadsworth	US-NY	2020 Power Day	Bigler	PA
4	387.5	854.2	Korey Webber	US-PA	Central PA Open	Clearfield	PA
5	382.5	843.2	Gary Teeter	US-PA	Fall Micro Meet 2	Waldorf	MD
6	372.5	821.2	Kevin Smith	US-NC	NC State Championships	Raleigh	NC
7	352.5	777.1	Ben Zak	US-NC	OBX Open	Jarvisburg	NC
8	317.5	699.9	Luc Dahlman	Canada	Ramped Up Raw Open		Alberta
9	302.5	666.8	Luke Kuwik	US-NC	OBX Open	Jarvisburg	NC
10	252.5	556.6	David Sanders	US-NC	OBX Open	Jarvisburg	NC
11	217.5	479.5	Joshua Schmidt	US-NC	NC State Championships	Raleigh	NC

Weight Class: 165				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	557.5	1229	Brian Stoner	US-NY	2020 Power Day	Bigler	PA
2	532.5	1173.9	Parker Bolton	US-NY	Shenandoah Open	Woodstock	VA
3	507.5	1118.8	Kevin Outland	US-NC	NC State Championships	Raleigh	NC
4	447.5	986.5	Corey McLaughlin	US-PA	2020 Power Day	Bigler	PA
5	435	959	Ryan Marciano	US-MD	Fall Micro Meet 2	Waldorf	MD
6	412.5	909.3	Gary Teeter	US-PA	NJ Open Championships	Fair Lawn	NJ
	412.5	909.3	Aaron Chrietzberg	US-MD	Potomac Open	Tysons Corner	VA
8	382.5	843.2	Hunter Berkey	US-PA	Central PA Open	Clearfield	PA
9	352.5	777.1	David Klienschuster	US-NC	2020 Southern Open	Jarvisburg	NC
10	330	727.5	Evan Russo	US-CT	NJ Open Championships	Fair Lawn	NJ
11	322.5	710.9	Nathan Coleman	US-VA	Shenandoah Open	Woodstock	VA
12	285	628.3	Timothy Wells	US-PA	2020 Power Day	Bigler	PA
13	255	562.1	Dylan Cooper	US-NC	NC State Championships	Raleigh	NC
14	232.5	512.5	Joshua Schmidt	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 181				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	697.5	1537.7	Jaime Velasquez	US-MD	Fall Micro Meet 2	Waldorf	MD
2	635	1399.9	Gino Maranon	Canada	Ramped Up Raw Open		Alberta
3	575	1267.6	David Sobota	US-NC	NC State Championships	Raleigh	NC
4	545	1201.5	Noah Saboe	Canada	Ramped Up Raw Open		Alberta
5	520	1146.3	Chris Davet	US-VA	Shenandoah Open	Woodstock	VA
6	505	1113.3	Justin Schlossberg	US-NC	NC State Championships	Raleigh	NC
7	482.5	1063.7	Dylan Booth	US-NC	2020 Southern Open	Jarvisburg	NC
8	470	1036.1	Miles Baker	US-VA	Shenandoah Open	Woodstock	VA
9	447.5	986.5	Paul Melby	US-VA	Potomac Open	Tysons Corner	VA
10	445	981	Michael Stakkeland	US-DC	Potomac Open	Tysons Corner	VA
11	440	970	Duncan McCormick	Canada	Ramped Up Raw Open		Alberta
12	427.5	942.4	Juan Rabago	US-CT	NJ Open Championships	Fair Lawn	NJ
13	370	815.7	Jarrett Zattoni	US-PA	Central PA Open	Clearfield	PA
14	367.5	810.1	Joshua Kuykendall	US-MD	Potomac Open	Tysons Corner	VA
15	355	782.6	Michael Nezir	US-NY	Central PA Open	Clearfield	PA
16	352.5	777.1	Don Swingle	US-NY	2020 Power Day	Bigler	PA
17	347.5	766	Brody VanWinkle	US-IL	2020 Southern Open	Jarvisburg	NC
18	345	760.5	James Logsdon	US-KY	Shenandoah Open	Woodstock	VA
19	315	694.4	Shane Shifflett	US-VA	Shenandoah Open	Woodstock	VA
20	307.5	677.9	Grayson Richardson	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 198				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	736	1622.5	William Waller	US-VA	Shenandoah Open	Woodstock	VA

2	585	1289.6	Colton Garvin	US-PA	Central PA Open	Clearfield	PA
3	577.5	1273.1	Nick Grady	US-NC	NC State Championships	Raleigh	NC
4	567.5	1251.1	Austin Lee	US-NC	NC State Championships	Raleigh	NC
5	545	1201.5	Ari Kutin	US-NJ	NJ Open Championships	Fair Lawn	NJ
6	543	1197	Roy Apseloff	US-VA	Shenandoah Open	Woodstock	VA
7	537.5	1184.9	Brian McIntyre	US-VA	OBX Open	Jarvisburg	NC
8	532.5	1173.9	Jeffrey Driskill	US-VA	Shenandoah Open	Woodstock	VA
9	530	1168.4	Walter Heintl	US-PA	2020 Power Day	Bigler	PA
10	525	1157.4	Jacob Mavromatis	US-VA	Shenandoah Open	Woodstock	VA
11	522.5	1151.9	Don Kuhns	US-PA	Central PA Open	Clearfield	PA
12	497.5	1096.7	Harold Orozco	US-NC	NC State Championships	Raleigh	NC
	497.5	1096.7	Andrew Rutsch	US-VA	OBX Open	Jarvisburg	NC
14	472.5	1041.6	Jacob Holland	US-MD	Potomac Open	Tysons Corner	VA
15	462.5	1019.6	Austin Leedy	US-VA	Potomac Open	Tysons Corner	VA
16	457.5	1008.6	Anthony Bannerman	US-NC	NC State Championships	Raleigh	NC
17	455	1003	Nicholas Holmes	US-MD	Fall Micro Meet 2	Waldorf	MD
18	445	981	David Machmer	US-PA	Central PA Open	Clearfield	PA
19	430	947.9	Andy Fox	US-MD	Potomac Open	Tysons Corner	VA
20	397.5	876.3	Drew Hoffman	US-PA	2020 Power Day	Bigler	PA

Weight Class: 220				Total				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	690	1521.1	Lenny Creatura	US-CT	2020 Power Day	Bigler	PA				
2	607.5	1339.2	Jason Lizarraga	US-VA	NJ Open Championships	Fair Lawn	NJ				
	607.5	1339.2	Nick Grady	US-NC	OBX Open	Jarvisburg	NC				
4	575	1267.6	Brett Zattoni	US-PA	Central PA Open	Clearfield	PA				
5	565	1245.5	Ben Nyce	US-VA	Potomac Open	Tysons Corner	VA				
6	545	1201.5	Daniel Read	US-VA	Potomac Open	Tysons Corner	VA				
	545	1201.5	Joshua Berry	US-NC	NC State Championships	Raleigh	NC				
8	532.5	1173.9	Patrick Huntley	US-PA	Central PA Open	Clearfield	PA				
9	510	1124.3	Terry Napisa	US-VA	2020 Southern Open	Jarvisburg	NC				
	510	1124.3	Alec McGarry	US-PA	Central PA Open	Clearfield	PA				
11	492.5	1085.7	Matt Baker	US-NC	NC State Championships	Raleigh	NC				
12	487.5	1074.7	Andrew Herbstritt	US-PA	2020 Power Day	Bigler	PA				
13	482.5	1063.7	Brad Swidzinski	Canada	Ramped Up Raw Open		Alberta				
14	470.5	1037.2	Raymond Crawbuck	US-VA	Potomac Open	Tysons Corner	VA				
15	442.5	975.5	Bugs Bayer	US-PA	2020 Power Day	Bigler	PA				
16	375	826.7	Rudy Shiley	US-VA	Potomac Open	Tysons Corner	VA				
17	345	760.5	Ryan Ciavarra	US-NC	NC State Championships	Raleigh	NC				

Weight Class: 242				Total				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	727.5	1603.8	Nick Hammer	US-NC	NC State Championships	Raleigh	NC				
2	630	1388.8	Dawson Warman	Canada	Ramped Up Raw Open		Alberta				
3	555	1223.5	Karam Ali	US-NY	2020 Power Day	Bigler	PA				
4	547.5	1207	Jack Butler	US-PA	Central PA Open	Clearfield	PA				
5	540	1190.4	Andrew Crompton-Nicholas	Canada	Ramped Up Raw Open		Alberta				
6	500	1102.3	Kurtis Bosh	US-VA	Mid Atlantic Open	Powhatan	VA				
7	495	1091.2	Brant Givler	US-PA	2020 Power Day	Bigler	PA				
8	485	1069.2	Daniel Hall	US-VA	Shenandoah Open	Woodstock	VA				
9	407.5	898.3	Ben Thibodeau	US-NC	OBX Open	Jarvisburg	NC				

Weight Class: 275				Total				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	735	1620.3	Taylor Matthews	US-NC	OBX Open	Jarvisburg	NC				
2	710	1565.2	Kevin Combs	US-NC	2020 Southern Open	Jarvisburg	NC				
3	675	1488.1	Matthew Godden	Canada	Ramped Up Raw Open		Alberta				

4	645.5	1423	Jeff Lawson	US-PA	Central PA Open	Clearfield	PA
5	615	1355.8	Nathan Daniels	US-NC	NC State Championships	Raleigh	NC
6	614	1353.6	Chris Fry	US-VA	Shenandoah Open	Woodstock	VA
7	580	1278.6	Chris Allen	US-VA	Potomac Open	Tysons Corner	VA
8	525	1157.4	Gene Berry	US-NC	NC State Championships	Raleigh	NC
9	512.5	1129.8	Clanton Nelson	US-VA	Potomac Open	Tysons Corner	VA
	512.5	1129.8	Lucas Franco	US-DC	Potomac Open	Tysons Corner	VA
11	490	1080.2	Shane Bailey	US-MD	2020 Power Day	Bigler	PA
12	480	1058.2	Jeffery Klugh	US-NC	OBX Open	Jarvisburg	NC
13	452.5	997.5	Ray Clasing	US-MD	2020 Southern Open	Jarvisburg	NC
14	415	914.9	Cory Neal	US-DC	Potomac Open	Tysons Corner	VA
	415	914.9	James Frankson	US-VA	OBX Open	Jarvisburg	NC
16	357.5	788.1	Patrick Leonard	US-NC	NC State Championships	Raleigh	NC
17	305	672.4	Steadman Rynolds	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 308				Total				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	740	1631.4	Kevin Combs	US-NC	OBX Open	Jarvisburg	NC				
2	715	1576.2	Mario Fontanazza, III	US-PA	2020 Power Day	Bigler	PA				
3	690.5	1522.2	Austin Poff	US-NC	2020 Southern Open	Jarvisburg	NC				
4	672.5	1482.5	Anthony Jewell	US-VA	Shenandoah Open	Woodstock	VA				
5	650	1432.9	Kyle Bushong	US-VA	Shenandoah Open	Woodstock	VA				
6	497.5	1096.7	Adam Brown	US-NY	NJ Open Championships	Fair Lawn	NJ				
7	485.5	1070.3	Daniel Hall	US-VA	Mid Atlantic Open	Powhatan	VA				

Weight Class: SHW				Total				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	737.5	1625.8	Daniel Corridean	US-NC	2020 Southern Open	Jarvisburg	NC				
2	717.5	1581.8	Robert Gains	US-VA	Potomac Open	Tysons Corner	VA				
3	587.5	1295.2	Kevin Ebrahimzadeh	US-NC	2020 Southern Open	Jarvisburg	NC				
4	445	981	Michael Hogan	Canada	Ramped Up Raw Open		Alberta				

2020 Strict Curl Rankings				Male							
Weight Class: 105				Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	31.5	69.4	Marshall Cooper	US-NC	2020 Single Lift Worlds	Virginia Beach	VA				
2	29	63.9	Adam Taylor	US-MD	2020 Single Lift Worlds	Virginia Beach	VA				
3	20.5	45.1	Nathaniel Thorp	US-PA	Central PA Open	Clearfield	PA				
4	20	44	Caden Cooper	US-NC	2020 Single Lift Worlds	Virginia Beach	VA				
5	11.8	26	Ivan Shick	US-PA	Central PA Open	Clearfield	PA				
6	10.5	23.1	Andrew Hill	US-NC	OBX Open	Jarvisburg	NC				
7	10	22	Jeremiah Skinner	US-NC	OBX Open	Jarvisburg	NC				

Weight Class: 114				Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	22.5	49.6	Dalton Fazio	US-NC	NC State Championships	Raleigh	NC				

Weight Class: 123				Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	35	77.1	Patrick Stewart	US-NC	NC State Championships	Raleigh	NC				
2	29.5	65	Dalton Fazio	US-NC	2020 Single Lift Worlds	Virginia Beach	VA				

Weight Class: 132				Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location					
1	53	116.8	Gary Teeter	US-PA	Shenandoah Open	Woodstock	VA				
2	52.5	115.7	Wayne Owens	US-MD	2020 Single Lift Worlds	Virginia Beach	VA				

3	51	112.4	Buck Ammons	US-NC	OBX Open	Jarvisburg	NC
4	47.5	104.7	Ben Zak	US-NC	NC State Championships	Raleigh	NC
5	42	92.5	Jonah Derby	US-NC	NC State Championships	Raleigh	NC
6	39	85.9	Jose Parra	US-NC	NC State Championships	Raleigh	NC
7	35	77.1	Luke Kuwik	US-NC	NC State Championships	Raleigh	NC

Weight Class: 148				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	57	125.6	Gary Teeter	US-PA	Potomac Open	Tysons Corner	VA
2	51	112.4	Ben Zak	US-NC	OBX Open	Jarvisburg	NC
3	45	99.2	Stephen Gregori	US-MD	Southern MD Single Lift Open	White Plains	MD
4	36.5	80.4	David Sanders	US-NC	OBX Open	Jarvisburg	NC
5	32	70.5	Nicholas Thorp	US-PA	Central PA Open	Clearfield	PA
6	31.5	69.4	Joshua Schmidt	US-NC	NC State Championships	Raleigh	NC
7	28	61.7	Ryan Sweeney	US-ID	2020 Single Lift Worlds	Virginia Beach	VA

Weight Class: 165				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	70.5	155.4	Corey McLaughlin	US-PA	2020 Power Day	Bigler	PA
2	66	145.5	Andrew Long	US-NY	NY Single Lift Challenge	Vestal	NY
3	65	143.2	Gary Kessler	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
4	57	125.6	Jeff Thorp	US-PA	Central PA Open	Clearfield	PA
	57	125.6	Danny Lemel	US-CT	Christmas Classic	Cheshire	CT
6	56.5	124.5	Gary Teeter	US-VA	USA Championships	Plainville	MA
7	55.5	122.3	Michael Barber	US-NY	NY Single Lift Challenge	Vestal	NY
8	55	121.2	Daniel Lemel	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
9	53	116.8	David Kleinschuster	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
10	50	110.2	David Klienschuster	US-NC	2020 Southern Open	Jarvisburg	NC
11	45.5	100.3	Nathan Coleman	US-VA	Shenandoah Open	Woodstock	VA
12	43.5	95.9	Hunter Berkey	US-PA	Central PA Open	Clearfield	PA
13	43	94.7	David Laszewski	US-NY	NY Single Lift Challenge	Vestal	NY
14	37.5	82.6	Joseph Sanders	US-NC	OBX Open	Jarvisburg	NC
15	36	79.3	Joshua Schmidt	US-NC	OBX Open	Jarvisburg	NC
16	30	66.1	Dylan Cooper	US-NC	NC State Championships	Raleigh	NC

Weight Class: 181				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	74	163.1	Pat Douglas	US-NE	USA Championships	Plainville	MA
2	69.5	153.2	Jamie Ness	US-KY	2020 Single Lift Worlds	Virginia Beach	VA
3	69	152.1	Joseph Freni	US-MA	USA Championships	Plainville	MA
4	65	143.2	Christian Russo	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
5	63	138.8	Steve Orseno	US-MA	NY Single Lift Challenge	Vestal	NY
6	61	134.4	Paolo Belita	US-VA	Potomac Open	Tysons Corner	VA
	61	134.4	Collin Kintner	US-NY	NY Single Lift Challenge	Vestal	NY
8	60	132.2	Juan Rabago	US-CT	USA Championships	Plainville	MA
9	59	130	James Scott	US-CT	USA Championships	Plainville	MA
	59	130	Evan Russo	US-CT	New England Championships	Cheshire	CT
	59	130	Will Lynch	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
12	57	125.6	Larry Eastman	US-PA	2020 Power Day	Bigler	PA
13	56	123.4	Gary Teeter	US-PA	NY Single Lift Challenge	Vestal	NY
	56	123.4	Dylan Booth	US-NC	2020 Southern Open	Jarvisburg	NC
15	55	121.2	Christopher Harrell	US-NC	OBX Open	Jarvisburg	NC
16	54.5	120.1	Daniel Conant	US-NY	NY Single Lift Challenge	Vestal	NY
17	52.5	115.7	Brody VanWinkle	US-IL	2020 Southern Open	Jarvisburg	NC
18	51.5	113.5	Ray Barber	US-NY	NY Single Lift Challenge	Vestal	NY
19	50	110.2	Danny Lemel	US-CT	USA Championships	Plainville	MA
	50	110.2	Michael Stakkeland	US-DC	Potomac Open	Tysons Corner	VA

50 110.2 Tim Metcalf US-NC 2020 Single Lift Worlds Virginia Beach VA

Weight Class: 198				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	82.5	181.8	John Cooper	US-NC	OBX Open	Jarvisburg	NC
2	78.5	173	Raymond Jones	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
3	69	152.1	Samuel Meyers	US-MD	Garage Gang Micro Meet	Waldorf	MD
4	65	143.2	George Roy	US-VT	USA Championships	Plainville	MA
	65	143.2	Ryan Davis	US-NY	NY Single Lift Challenge	Vestal	NY
	65	143.2	Tommy Langella	US-NY	2020 Power Day	Bigler	PA
	65	143.2	Cody Sears	US-MD	Mid Atlantic Open	Powhatan	VA
8	64	141	Anthony Bannerman	US-NC	NC State Championships	Raleigh	NC
9	63.5	139.9	Nick DiDomizio	US-CT	Christmas Classic	Cheshire	CT
10	61.5	135.5	Evan Russo	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
11	61	134.4	Andrew Rutsch	US-VA	OBX Open	Jarvisburg	NC
12	59	130	Brian Rogers	US-VA	Shenandoah Open	Woodstock	VA
13	55	121.2	Jim Gawronski	US-CT	New England Championships	Cheshire	CT
14	54.5	120.1	Jeff Searfoss	US-VA	Mid Atlantic Open	Powhatan	VA
15	50	110.2	Nicholas Holmes	US-MD	2020 Single Lift Worlds	Virginia Beach	VA
16	41	90.3	Ian Phillips	US-NY	NY Single Lift Challenge	Vestal	NY

Weight Class: 220				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	82	180.7	John Cooper	US-NC	USA Championships	Plainville	MA
2	75	165.3	John Flood	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
	75	165.3	Quincy Pecora	US-CT	Christmas Classic	Cheshire	CT
4	70.5	155.4	Charles Schoeneberg	US-MD	2020 Single Lift Worlds	Virginia Beach	VA
5	65	143.2	Luca Leonetti	US-CT	USA Championships	Plainville	MA
6	61.5	135.5	Joe Cotton	US-VA	Mid Atlantic Open	Powhatan	VA
7	59.5	131.1	Andrew Herbstritt	US-PA	2020 Power Day	Bigler	PA
8	54.5	120.1	Terry Napisa	US-VA	2020 Southern Open	Jarvisburg	NC
9	53	116.8	Wayne Traver	US-CT	USA Championships	Plainville	MA
	53	116.8	Mark Dantzler	US-MD	2020 Single Lift Worlds	Virginia Beach	VA
	53	116.8	Chris Bresnahan	US-VA	OBX Open	Jarvisburg	NC
12	50	110.2	Damon Roberts	US-NC	NC State Championships	Raleigh	NC
13	49.5	109.1	Ken Berry	US-CT	New England Championships	Cheshire	CT
14	47.5	104.7	Dan Reed	US-VA	Potomac Open	Tysons Corner	VA
15	43.5	95.9	Hunter Neubeck	US-NC	NC State Championships	Raleigh	NC
16	41	90.3	George Woodbury	US-FL	2020 Single Lift Worlds	Virginia Beach	VA
	41	90.3	John Shifflett	US-VA	2020 Single Lift Worlds	Virginia Beach	VA

Weight Class: 242				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	86.5	190.6	Maximillian Zart	US-OH	USA Championships	Plainville	MA
2	75	165.3	Antonio D'Amore	US-CT	USA Championships	Plainville	MA
3	73	160.9	Tony Huffman	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
4	71	156.5	Jason Flood	US-CT	NY Single Lift Challenge	Vestal	NY
5	60	132.2	Daniel Hall	US-VA	Shenandoah Open	Woodstock	VA
6	57.5	126.7	Craig Heywood	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
7	55	121.2	Tim Durrett	US-VA	Mid Atlantic Open	Powhatan	VA
8	52.5	115.7	Bob Dunn	US-OH	2020 Power Day	Bigler	PA
9	51	112.4	Kenneth Berry	US-CT	NY Single Lift Challenge	Vestal	NY
	51	112.4	Johnny Kosnow	US-ME	New England Championships	Cheshire	CT
11	50	110.2	Ray Linduski	US-SC	NC State Championships	Raleigh	NC
	50	110.2	Brant Givler	US-PA	2020 Power Day	Bigler	PA
13	48	105.8	Ken Berry	US-CT	USA Championships	Plainville	MA
	48	105.8	Ben Thibodeau	US-NC	OBX Open	Jarvisburg	NC

15	45.5	100.3	Steve Reschke	US-KY	2020 Power Day	Bigler	PA
	45.5	100.3	John Shifflett	US-VA	Mid Atlantic Open	Powhatan	VA
17	40	88.1	Brayden Phillips	US-NY	NY Single Lift Challenge	Vestal	NY

Weight Class: 275				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	91	200.6	Giorgio Karallas	US-IN	2020 Single Lift Worlds	Virginia Beach	VA
2	87	191.8	Giorgio Koarallas	US-PA	USA Championships	Plainville	MA
3	75	165.3	Mathieu Newell	US-NY	NY Single Lift Challenge	Vestal	NY
	75	165.3	Chris Moro	US-NY	2020 Single Lift Worlds	Virginia Beach	VA
5	71	156.5	Chris Fry	US-VA	Shenandoah Open	Woodstock	VA
6	70	154.3	Chris Allen	US-VA	Potomac Open	Tysons Corner	VA
7	69.5	153.2	William Ogden	US-PA	Central PA Open	Clearfield	PA
8	68.5	151	Stanley Adrien	US-MA	USA Championships	Plainville	MA
9	68	149.9	Baron Dixon	US-VA	Shenandoah Open	Woodstock	VA
10	66	145.5	Vincent Sharp	US-VA	Central PA Open	Clearfield	PA
11	65	143.2	Jeff Willson	US-CT	New England Championships	Cheshire	CT
12	62.5	137.7	Joey Volpe	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
13	61.5	135.5	Ryan Greene	US-CT	USA Championships	Plainville	MA
14	61	134.4	Earl Smiley	US-KY	2020 Single Lift Worlds	Virginia Beach	VA
15	60.5	133.3	Kevin Combs	US-NC	2020 Southern Open	Jarvisburg	NC
16	59	130	Daniel Hall	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
	59	130	Matthew McMurray	US-VA	OBX Open	Jarvisburg	NC
18	57.5	126.7	James McClanahan	US-MD	Mid Atlantic Open	Powhatan	VA
19	57	125.6	Ray Clasing	US-MD	2020 Southern Open	Jarvisburg	NC
20	55	121.2	Jeffery Klugh	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 308				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	76.5	168.6	Baron Dixon	US-VA	Mid Atlantic Open	Powhatan	VA
2	67.5	148.8	Austin Poff	US-NC	2020 Southern Open	Jarvisburg	NC
3	60	132.2	Kyle Bushong	US-VA	Shenandoah Open	Woodstock	VA
	60	132.2	Cole Feinauer	US-CT	Christmas Classic	Cheshire	CT
5	55	121.2	Bob Muretta	US-VA	Shenandoah Open	Woodstock	VA
6	54.5	120.1	Daniel Hall	US-VA	Mid Atlantic Open	Powhatan	VA
7	50	110.2	Sam Kurtich	US-NC	NC State Championships	Raleigh	NC
8	47.5	104.7	Bill Parks	US-MD	Southern MD Single Lift Open	White Plains	MD

Weight Class: SHW				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	91	200.6	Wyatt Lozano	US-NY	NY Single Lift Challenge	Vestal	NY
2	82.5	181.8	Kevin Ward	US-VA	Shenandoah Open	Woodstock	VA
3	68.5	151	Daniel Corridean	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
4	60	132.2	Jason Campbell	US-MA	2020 Single Lift Worlds	Virginia Beach	VA
5	59.5	131.1	Andrew Harduby	US-CT	New England Championships	Cheshire	CT
6	46.5	102.5	Kevin Ebrahimzadeh	US-NC	2020 Southern Open	Jarvisburg	NC
7	46	101.4	Ray Wile	US-PA	2020 Power Day	Bigler	PA