

100% RAW Powerlifting Federation

2021 Southern Open Powerlifting Championships

Name	St	Division	Age	Wgt	Class	SQUAT				BENCH				DEADLIFT				TOTAL	LBS	Place	Coef.		
						1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd					4th	
Gracie Bushee	F	NC Youth (8-9)	9	78.2	88	37.5	42.5	-50		17.5	20	25.5	-26	68	52.5	62.5	66	-68.5	134	295.4164	1	1.71	
Allison Freeman	F	NC Open, Age	33	131.2	132	-70	70	-75		40	42.5	45	46	115	90	97.5	102.5	107.5	217.5	479.5005	1	1.66	
Madison Berry	F	NC Youth (8-9)	9	128.2	132	52.5	-65	70		30	35	40	42.5	110	62.5	77.5	-90		187.5	413.3625	1	1.46	
Chrystian Morton	F	NC Open, Age	33	139	148	37.5	42.5	45		30	32.5	35	-37.5	80	50	52.5	60	-75	140	308.644	2	1.01	
Sandra Davis	F	NC Open, Age	31	164.6	165	-75	75	82.5		50	57.5	-60		140	90	100	112.5		252.5	556.6615	1	1.53	
Kristina Reed	F	NC Open, Master (45-49)	46	192.2	198	95	-105	110		50	57.5	-60		167.5	117.5	122.5	-142.5		290	639.334	1	1.51	
Jermiah Skinner	NC	Youth (6-7)	7	65	66	22.5	32.5	36.5	37	17.5	22.5	26	26.5	62.5	45	52.5	55	60	117.5	259.0405	1	1.81	
Dalton Fazio	NC	Youth (10-11)	11	132	132	90	97.5	-107.5		45	52.5	-55.5		150	90	100	115	-123	265	584.219	1	2.01	
John Buck Ammons	NC	Open, Junior, Spec-Oly	22	129.2	132	102.5	110	117	118	62.5	67.5	70		187	125	142.5	150		337	742.9502	1,1,1	2.61	
Easten Binkley	NC	Youth (10-11)	11	132.8	148	100	105	110	-114.5	52.5	60	-62.5		170	120	130	137.5	-142.5	307.5	677.9145	1	2.32	
Ethan Binkley	NC	Open, Teen (16-17)	16	158.2	165	130	142.5	150		102.5	107.5	112.5		262.5	142.5	147.5	152.5		415	914.909	1,1	2.62	
Steve Turlington	NC	Open, Master (50-54)	54	179.6	181	125	145	147.5		125	130	132.5		280	225	242.5	-252.5		522.5	1151.904	1,1	2.91	
Jarrett Overton	NC	Open	21	175.2	181	60	72.5	82.5		65	75	-77.5		157.5	80	-95	95		252.5	556.6615	2	1.44	
Patrick McMillian, Jr	VA	Open, Teen (12-13)	13	190	198	122.5	130	137		70	75	80		217	115	130	-142.5		347	764.9962	1,1	1.83	
Terry Napisa	VA	Open, Master (55-59)	57	211.2	220	172.5	-180	182.5		120	125	130		312.5	172.5	180	187.5		500	1102.3	1,1	2.37	
Taylor Matthews	NC	Open, LFM	33	265.6	275	250	267.5	277.5		142.5	155	-167.5		432.5	297.5	320	-330		752.5	1658.962	1,1	2.83	
Benjamin Thibodeau	NC	Open, Teen (16-17)	16	246.6	275	142.5	152.5	160		97.5	102.5	-110		262.5	142.5	160	175		437.5	964.5125	2,1	1.77	
Push -Pull																							
Gracie Bushee	F	NC Youth (8-9)	9	78.2	88					17.5	20	25.5	-26	25.5	52.5	62.5	66	68.5	91.5	201.7209	1	1.17	
Madison Berry	F	NC Youth (8-9)	9	128.2	132					30	35	40	42.5	40	62.5	77.5	-90		117.5	259.0405	1	0.92	
Annabelle Turlington	F	NC Youth (10-11)	10	131	132					25	30	35		35	65	70	75		110	242.506	1	0.84	
Jermiah Skinner	NC	Youth (6-7)	7	65	66					17.5	22.5	26	26.5	26	45	52.5	55	60	81	178.5726	1	1.25	
Dalton Fazio	NC	Youth (10-11)	11	132	132					45	52.5	-55.5		52.5	90	100	115	-123	167.5	369.2705	1	1.27	
Caleb Cooper	NC	Open	24	145.8	148					60	-65.5	67.5		67.5	120	130	140		207.5	457.4545	1	1.42	
John Cooper	NC	Open, Masters (45-49)	46	196.6	198					137.5	145	-150		145	185	195	205		350	771.61	1,1	1.78	
Kaleb Freeman	NC	Teen (14-15)	14	248.8	275					42.5	47.5	50		50	67.5	70	-85		120	264.552	1	0.48	
Bench																							
Avaya Berge	F	NC Youth (10-11)	10	95.2	97					27.5	28.5	29.5	30	29.5					29.5	65.0357	1	0.31	
Mackenzie Taylor	F	NC Open, Teen (12-13)	13	150.4	165					55	-60	60	62	60					60	132.276	1,1	0.40	
Julie Binkley	F	NC Open, SubMaster (35-39)	36	215.2	198+					42.5	47.5	52.5		52.5					52.5	115.7415	1,1	0.24	
Elijah Binkley	NC	Open, Teen (14-15)	15	169.8	181					60	82.5	-85		82.5					82.5	181.8795	1,1	0.49	
Bernie Rhodes	VA	Open, Master (70-74)	72	248.8	275					107.5	-112.5	-112.5		107.5					107.5	236.9945	1,1	0.43	

