

2021 Tri-State Championships

11-Apr-21

Last Name	First Name	Age	Gender	Home State	Bwt	Open Division	Age Division	Team	Wt CIs	Wt CIs label	SC 1	Squat 2	Squat 3	Squat 4	Bench 1	Bench 2	Bench 3	Bench 4	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	TOTAL								
Costantino	Nicole	41	Female	PA	128.8		Masters (40-44)		132	132	67.5	72.5	75.0		37.5	42.0	45.0		95.0	102.5	107.5		102.5	222.5								
Norris	Mary Lou	55	Female	PA	131.6	Open	Masters (55-59)		132	132	82.5	87.5	90.0		47.5	50.0	52.5		95.0	102.5	107.5		107.5	250.0								
Hawes	Lillie	16	Female	PA	143.2	Open	Juniors (16-17)	Joe's Gym	148	148	40.0	45.0	55.0		35.0	37.5	40.0		75.0	85.0	85.0		75.0	170.0								
Demmerle	Jennifer	49	Female	OH	161.6		Masters (45-49)		165	165	65.0	70.0	72.5		47.5	50.0	50.0		90.0	97.5	102.5		102.5	222.5								
Farah	Sirai	26	Female	OH	166.2	Open			181	181	75.0	77.5	82.5		27.5	35.0	35.0		85.0	90.0	97.5		90.0	200.0								
Redmond	Chris	48	Female	PA	174		Masters (45-49)		181	181	92.5	97.5	105.0		50.0	52.5	57.5		122.5	132.5	137.5		137.5	300.0								
Davis	Samatha	14	Female	OH	224.2		Juniors (14-15)		198+	198+	142.5	160.0			85.0	92.5	100.0	105.0	147.5	162.5	172.5		172.5	432.5								
Beyerle	Katy	60	Female	OH	224.2	Open	Masters (60-64)		198+	198+	95.0	100.0	107.5		37.5	40.0	42.5		77.5	82.5	85.0		85.0	232.5								
Powell	Autumn	17	Female	PA	239.6		Juniors (16-17)		198+	198+	102.5	110.0	122.5		47.5	52.5	55.0		145.0	162.5	167.5		167.5	345.0								
Keene	Taylor	17	Male	OH	147.7		Juniors (16-17)		148	148	115.0	125.0	137.5		70.0	75.0	80.0	82.5	100.0	125.0	142.5	150.0	142.5	347.5								
Wingenbach	Maximillian	12	Male	PA	148.2		Juniors (12-13)	Joe's Gym	148	148	97.5	105.0	110.0		62.5	65.0	67.5		122.5	132.5	137.5		137.5	315.0								
Blanchard	Max	16	Male	OH	152.7		Juniors (16-17)		165	165	100.0	120.0	127.5		70.0	85.0	92.5	100.0	122.5	137.5	150.0	155.0	150.0	362.5								
Webber	Korey	16	Male	PA	154.1	Open	Juniors (16-17)	Joe's Gym	165	165	142.5	152.5	157.5		92.5	100.0	102.5		162.5	172.5	182.5		182.5	442.5								
Smith (1)	Rich	28	Male	PA	164.4	Open		Joe's Gym	165	165	150.0	160.0	167.5		110.0	117.5	122.5		210.0	222.5	230.0		222.5	507.5								
Nicotra	Terry	77	Male	PA	163	Open	Masters (75-79)	Joe's Gym	165	165	90.0	97.5	102.5		72.5	72.5	77.5		117.5	125.0	125.0		117.5	297.5								
Wells	T.J.	17	Male	PA	175.6	Open	Juniors (16-17)	Lewis	181	181	110.0	120.0	132.5		67.5	75.0	80.0		132.5	142.5	150.0		150.0	357.5								
Brown	Russell	18	Male	PA	178.4		Juniors (18-19)	Lewis	181	181	117.5	127.5	135.0		90.0	100.0	105.0		137.5	145.0	152.5		152.5	392.5								
Schneider V	John	41	Male	OH	175.5		Masters (40-44)		181	181	202.5	212.5	212.5		110.0	115.0	115.0		185.0	195.0	202.5		202.5	515.0								
Lewis	James	22	Male	PA	179.2	Open	Juniors (20-24)	Lewis	181	181	180.0	185.0	190.0		125.0	130.0	137.5		247.5	255.0	265.0		255.0	577.5								
Youngerman	Robert	43	Male	OH	198.1		Masters (40-44)		198	198	185.0	190.0			162.5	172.8	172.8		250.0	275.0			275.0	627.5								
Heini II (1)	Walter	37	Male	PA	196.8	Open	Sub-Masters (35-39)	Joe's Gym	198	198	152.5	157.5	165.0		125.0	132.5	142.5		207.5	217.5	227.5		217.5	507.5								
Nicholas (2)	Robert	77	Male	PA	183.6		Masters (75-79)		198	198	112.5	125.0	137.5		87.5	92.5	100.0		160.0	170.0	185.0		170.0	387.5								
Lewis	David	22	Male	PA	193.7	Open	Juniors (20-24)	Lewis	198	198	185.0	192.5	200.0		142.5	150.0	150.0		235.0	242.5	250.0		250.0	600.0								
Russo	David	23	Male	PA	193.5		Juniors (20-24)	Lewis	198	198	160.0	167.5	172.5		107.5	115.0	120.0		192.5	202.5	217.5		202.5	485.0								
Fetcho	Nolan	29	Male	PA		Open			220	220	155.0	167.5	177.5		130.0	140.0	145.0		189.0	195.0	215.0		195.0	517.5								
Schneider	Keith	29	Male	OH	215.7	Open		Joe's Gym	220	220	205.0	220.0	227.5		125.0	135.0	142.5		240.0	260.0	275.0		275.0	645.0								
Pignalosso	David	40	Male	OH	216	Open	Masters (40-44)		220	220	205.0	222.5	245.0		152.5	170.0	180.0		227.5	240.0	255.0		255.0	670.0								
Lewis	Gerry	51	Male	PA	210		Masters (50-54)	Lewis	220	220	132.5	142.5	150.0		105.0	115.0	120.0		190.0	197.5	205.0		205.0	475.0								
Schneider	Dave	64	Male	OH	216.6		Masters (60-64)	Joe's Gym	220	220	145.0	165.0	185.0		100.0	107.5	115.0		192.5	192.5	220.0		220.0	492.5								
Bukowski	Riley	18	Male	PA	266.2	Open	Juniors (18-19)	Joe's Gym	275	275	172.5	182.5	190.0		115.0	122.5	130.0		190.0	202.5	210.0		210.0	522.5								
Hawes	Eric	47	Male	PA	259.8	Open	Masters (45-49)	Joe's Gym	275	275	132.5	142.5	147.5		105.0	110.0	115.0		165.0	175.0	182.5		182.5	445.0								
BENCH PRESS															52.5	57.5	62.5	65.0									62.5					
Wallace	Meghan	40	Female	OH	146.4	Open	Masters (40-44)	Maxout Sports	148	148									27.5	35.0	40.0					40.0						
Jaffe	Madison	24	Female	OH	142.6		Juniors (20-24)	Maxout Sports	148	148									45.0	50.0	55.0	60.0					55.0					
Shofner	Susan	66	Female	OH	157.8		Masters (65-69)	Maxout Sports	165	165									115.0	120.0	120.0					120.0						
Eastman	Larry	69	Male	PA	179.9	Open	Masters (65-69)		181	181									115.0	122.5	125.0					125.0						
Patrick (4)	David	63	Male	OH	195.7		Masters (60-64)		198	198									117.5	127.5	137.5					137.5						
Nerone (3)	Frank	49	Male	OH	197.8	Open	Sub-Masters (35-39)		198	198									137.5	145.0	150.0					145.0						
DiLucente	Tony	62	Male	OH	217.4	Open	Masters (60-64)	Maxout Sports	220	220									110.0	120.0	120.0					120.0						
Garrett	Ronald	56	Male	OR	251		Masters (55-59)		275	275									177.5	185.3	190.3					190.3						
Swearingen	John	27	Male	OH	272.4	Open			275	275									165.0	175.0	185.0					175.0						
Frame	Jonathan	31	Male	OH	263.2	Open			275	275									142.5	152.5	167.5					167.5						
Parker	Arthur	37	Male	OH	365.8		Sub-Masters (35-39)		SHW	SHW																						
PUSH/PULL															117.5	127.5	137.5									160.0	172.5	182.5			182.5	320.0
Nerone (3)	Frank	49	Male	OH	197.8	Open	Sub-Masters (35-39)		198	198									125.0	132.5	140.0	230.0	265.0	300.0			265.0	405.0				
Stengel (5)	Scott	33	Male	OH	220	Open			220	220									177.5	187.5	190.0	195.0	260.0	272.5			272.5	462.5				
Matthews (7)	Nate	62	Male	OH	237.1		Masters (60-64)		242	242									175.0					235.0			235.0	410.0				
Collins (7)	Antonio	20	Male	PA	355	Open		SHW	SHW									167.5	172.5	175.0			182.5			182.5	355.0					
Hayes	Jeremy	45	Male	OH	314		Masters(45-49)		SHW	SHW																						

											DEADLIFT ONLY									
Jaffe (6)	Denise	55	Female	OH	120.6	Open	Masters (55-59)	Maxout Sports	123	123					100.0				100.0	100.0
Norris	Miley	12	Female	PA	125.4		Juniors (12-13)		123	123					67.5	75.0	82.5		82.5	82.5
Stengel	Sonya	8	Female	OH	165.2		Juniors (11 & Under)		165	165					42.5	52.5	60.0		52.5	52.5
Beatty	Lucas	8	Male	OH	67		Juniors (11 & Under)	Maxout Sports	105	105					42.5	45.0	47.5		47.5	47.5
Nicholas (2)	Robert	77	Male	OH	183.6		Masters (75-79)		198	198					160.0				160.0	160.0
Stengel (5)	Scott	33	Male	OH	220	Open			220	220					230.0	265.0	300.0		265.0	265.0
Dunn (6)	Bob	62	Male	OH	229.3		Masters (60-64)		242	242					137.5	150.0	165.0		165.0	165.0

Strict Curl

											Strict Curl 1	Strict Curl 2	Strict Curl 3	Strict Curl 4	Coeff.	Curl Coef	
Jaffe (6)	Denise	55	Female	OH	120.6	Open	Masters (55-59)	Maxout Sports	123	123	24.0	25.0	28.0				28.0
Mell	Sharon	54	Female	PA	121.4	Open	Masters (50-54)		123	123	22.5	24.5	26.0				24.5
Smith (1)	Rich	28	Male	PA	164.4	Open		Joe's Gym	165	165	55.0	59.5	59.5				55.0
Rubin	Bennett	63	Male	OH	168.6		Masters (60-64)	Maxout Sports	181	181	37.5	41.0	45.5				45.5
Heinl II (1)	Walter	37	Male	PA	196.8	Open	Sub-Masters (35-39)	Joe's Gym	198	198	52.0	54.5	57.0				57.0
Patrick (4)	David	63	Male	OH	195.7		Masters (60-64)		198	198	40.0	46.3	46.5				46.5
Patrick	Curtis	37	Male	OH	195.1	Open	Sub-Masters (35-39)		198	198	47.5	57.0	59.0				59.0
Jaffe	Sam	69	Male	OH	220		Masters (65-69)	Max-out Sports	220	220	45.0	52.0	53.5				52.0
Stengel (5)	Scott	33	Male	OH	220	Open			220	220	60.0	62.5	67.5				67.5
Dunn (6)	Bob	62	Male	OH	229.3		Masters (60-64)		242	242	44.0	48.0	50.5				50.5
Oilar	Jeff	37	Male	IN	210		Sub-Masters (35-39)		220	220	60.0	65.0	67.5				65.0
Matthews (7)	Nate	62	Male	OH	237.1		Masters (60-64)		242	242	50.0	59.0	67.5				67.5
Matthews, Jr.	Jerry	50	Male	MI	257.9		Masters (50-54)		275	275	61.5	65.0	68.5				65.0
Collins	Antonio	20	Male	PA	355	Open			SHW	SHW	75.5	77.5	80.0	82.0			80.0
Parker	Athan	15	Male	OH	206.8		Juniors (14-15)		220	220	62.5	62.5	62.5				0.0