



## 2020 Teen-Youth Rankings

Updated 01/05/2021 Ed Kutin

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### 2020 Squat Rankings Female

Weight Class: 97				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	37	81.5	Sofia Corridean	US-NC	2020 Southern Open	Jarvisburg	NC
2	30	66.1	Bella Butler	US-PA	Central PA Open	Clearfield	PA
3	25	55.1	Percys Alvarez	US-NC	NC State Championships	Raleigh	NC
4	20	44	Gracie Bushee	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 105				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	35	77.1	Alaska Pratt	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 114				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	67.5	148.8	Brooke Zak	US-NC	NC State Championships	Raleigh	NC
2	35	77.1	Madison Berry	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 123				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	105	231.4	Elizabeth Hertzler-McCain	US-MD	Potomac Open	Tysons Corner	VA
2	80	176.3	MacKenzie Taylor	US-NC	2020 Southern Open	Jarvisburg	NC
3	70	154.3	Brooke Zak	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 132				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	85.5	188.4	MacKenzie Taylor	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 148				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	110	242.5	Jamie Augustine	US-PA	Central PA Open	Clearfield	PA

Weight Class: 165				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	132.5	292.1	Simona Razzetti	Italy	Italian Single Lift Championship		Santegedio

### 2020 Bench Press Rankings Female

Weight Class: 97				Bench Press		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	20	44	Bella Butler	US-PA	Central PA Open	Clearfield	PA
2	18.5	40.7	Sofia Corridean	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
3	17.5	38.5	Gracie Bushee	US-NC	OBX Open	Jarvisburg	NC
4	12.5	27.5	Percys Alvarez	US-NC	NC State Championships	Raleigh	NC

Weight Class: 105				Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	20	44	Alaska Pratt	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 114				Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	40	88.1	Brooke Zak	US-NC	NC State Championships	Raleigh	NC	
2	29.5	65	Madison Berry	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 123				Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	52.5	115.7	Elizabeth Hertzler-McCain	US-MD	Potomac Open	Tysons Corner	VA	
2	48.5	106.9	MacKenzie Taylor	US-NC	2020 Southern Open	Jarvisburg	NC	
3	45	99.2	Brooke Zak	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 132				Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	50	110.2	MacKenzie Taylor	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 148				Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	62.5	137.7	Jamie Augustine	US-PA	2020 Power Day	Bigler	PA	

Weight Class: 165				Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	70	154.3	Simona Razzetti	Italy	Italian Single Lift Championship		Santegedio	
2	55	121.2	Taylor Gromko	US-CT	Christmas Classic	Cheshire	CT	

## 2020 Deadlift Rankings Female

Weight Class: 97				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	62.5	137.7	Sofia Corridean	US-NC	2020 Single Lift Worlds	Virginia Beach	VA	
2	57.5	126.7	Selah Quinn	US-DC	Potomac Open	Tysons Corner	VA	
3	45	99.2	Gracie Bushee	US-NC	OBX Open	Jarvisburg	NC	
4	42.5	93.6	Bella Butler	US-PA	Central PA Open	Clearfield	PA	
5	35	77.1	Percys Alvarez	US-NC	NC State Championships	Raleigh	NC	
6	22.5	49.6	Adera Wright	US-DC	Potomac Open	Tysons Corner	VA	

Weight Class: 105				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	62.5	137.7	Alaska Pratt	US-NC	OBX Open	Jarvisburg	NC	
2	50	110.2	Zy'kera Tucker	US-DC	Potomac Open	Tysons Corner	VA	

Weight Class: 114				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	105.5	232.5	Brooke Zak	US-NC	NC State Championships	Raleigh	NC	
2	62.5	137.7	Madison Berry	US-NC	OBX Open	Jarvisburg	NC	
3	52.5	115.7	Neila Wright	US-DC	Potomac Open	Tysons Corner	VA	

Weight Class: 123				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	137.5	303.1	Elizabeth Hertzler-McCain	US-MD	Potomac Open	Tysons Corner	VA	
2	114	251.3	MacKenzie Taylor	US-NC	2020 Southern Open	Jarvisburg	NC	
3	112.5	248	Brooke Zak	US-NC	OBX Open	Jarvisburg	NC	
4	77.5	170.8	Anna Zak	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 132				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	124	273.3	MacKenzie Taylor	US-NC	OBX Open	Jarvisburg	NC	
2	70	154.3	Amarie Jones	US-DC	Potomac Open	Tysons Corner	VA	

Weight Class: 148				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	130	286.5	Jamie Augustine	US-PA	2020 Power Day	Bigler	PA	
2	92.5	203.9	Leigha Spraggins	US-DC	Potomac Open	Tysons Corner	VA	

Weight Class: 165				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	125	275.5	Simona Razzetti	Italy	Italian Single Lift Championship	Santegedio		

Weight Class: 198+				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	85	187.3	Arianna Going	US-DC	Potomac Open	Tysons Corner	VA	

## 2020 Total Rankings Female

Weight Class: 97				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	114	251.3	Sofia Corridean	US-NC	2020 Southern Open	Jarvisburg	NC	
2	92.5	203.9	Bella Butler	US-PA	Central PA Open	Clearfield	PA	
3	82.5	181.8	Gracie Bushee	US-NC	OBX Open	Jarvisburg	NC	
4	72.5	159.8	Percys Alvarez	US-NC	NC State Championships	Raleigh	NC	

Weight Class: 105				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	117.5	259	Alaska Pratt	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 114				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	205.5	453	Brooke Zak	US-NC	NC State Championships	Raleigh	NC	
2	117.5	259	Madison Berry	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 123				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	295	650.3	Elizabeth Hertzler-McCain	US-MD	Potomac Open	Tysons Corner	VA	
2	230	507	MacKenzie Taylor	US-NC	2020 Southern Open	Jarvisburg	NC	
3	225	496	Brooke Zak	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 132				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	245	540.1	MacKenzie Taylor	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 148				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	300	661.3	Jamie Augustine	US-PA	2020 Power Day	Bigler	PA	

## 2020 Strict Curl Rankings Female

Weight Class: 97				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	14	30.8	Carly Cooper	US-NC	2020 Southern Open	Jarvisburg	NC	
2	11	24.2	Gracie Bushee	US-NC	OBX Open	Jarvisburg	NC	
3	10	22	Sofia Corridean	US-NC	2020 Single Lift Worlds	Virginia Beach	VA	

Weight Class: 105				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	14	30.8	Carly Cooper	US-NC	2020 Single Lift Worlds	Virginia Beach	VA	
2	12	26.4	Alaska Pratt	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 114				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	28.5	62.8	Mia Denhart	US-CT	Christmas Classic	Cheshire	CT	
2	26	57.3	Brooke Zak	US-NC	NC State Championships	Raleigh	NC	
3	12	26.4	Madison Berry	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 123				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	28	61.7	Brooke Zak	US-NC	OBX Open	Jarvisburg	NC	
2	24.5	54	MacKenzie Taylor	US-NC	2020 Southern Open	Jarvisburg	NC	
3	23.5	51.8	Maddie Dudeck	US-CT	Christmas Classic	Cheshire	CT	
4	21	46.2	Anna Zak	US-NC	NC State Championships	Raleigh	NC	

Weight Class: 132				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	25	55.1	Sylvia Elmquist	US-PA	2020 Power Day	Bigler	PA	
	25	55.1	MacKenzie Taylor	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 148				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	32	70.5	Jamie Augustine	US-PA	Central PA Open	Clearfield	PA	

Weight Class: 165				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	30.5	67.2	Taylor Gromko	US-CT	Christmas Classic	Cheshire	CT	

Weight Class: 181				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	25.5	56.2	Molly McManus	US-CT	Christmas Classic	Cheshire	CT	

## 2020 Squat Rankings Male

Weight Class: 105				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	67.5	148.8	Adam Taylor	US-MD	Mid Atlantic Open	Powhatan	VA	
2	30	66.1	Ivan Shick	US-PA	Central PA Open	Clearfield	PA	
3	24	52.9	Jeremiah Skinner	US-NC	OBX Open	Jarvisburg	NC	
4	18	39.6	Andrew Hill	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 114				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	60	132.2	Dalton Fazio	US-NC	NC State Championships	Raleigh	NC	
	60	132.2	Austin Hill	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 123				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	142.5	314.1	Jose Para	US-NC	OBX Open	Jarvisburg	NC	
2	87.5	192.9	Dalton Fazio	US-NC	2020 Southern Open	Jarvisburg	NC	
3	85	187.3	Patrick Stuart	US-NC	NC State Championships	Raleigh	NC	

Weight Class: 132				Squat	Male			
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Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	137.5	303.1	Jose Para	US-NC	NC State Championships	Raleigh	NC
2	105	231.4	Wayne Owens	US-MD	Fall Micro Meet 2	Waldorf	MD
3	82.5	181.8	Luke Kuwik	US-NC	NC State Championships	Raleigh	NC

Weight Class: 148			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	127.5	281	Korey Webber	US-PA	Central PA Open	Clearfield	PA
2	105	231.4	Luc Dahlman	Canada	Ramped Up Raw Open		Alberta
3	95	209.4	Luke Kuwik	US-NC	OBX Open	Jarvisburg	NC
4	92.5	203.9	David Sanders	US-NC	OBX Open	Jarvisburg	NC
5	72.5	159.8	Joshua Schmidt	US-NC	NC State Championships	Raleigh	NC

Weight Class: 165			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	142.5	314.1	Ryan Marciano	US-MD	Fall Micro Meet 2	Waldorf	MD
2	131	288.8	Evan Russo	US-CT	NJ Open Championships	Fair Lawn	NJ
3	125	275.5	Hunter Berkey	US-PA	Central PA Open	Clearfield	PA
4	107.5	236.9	Timothy Wells	US-PA	2020 Power Day	Bigler	PA
5	102.5	225.9	Willem Barney	US-CT	NJ Open Championships	Fair Lawn	NJ
6	95	209.4	Nathan Coleman	US-VA	Shenandoah Open	Woodstock	VA
7	80	176.3	Dylan Cooper	US-NC	NC State Championships	Raleigh	NC
8	72.5	159.8	Joshua Schmidt	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 181			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	172.5	380.2	Christian Russo	US-CT	NJ Open Championships	Fair Lawn	NJ
2	147.5	325.1	Dylan Booth	US-NC	NC State Championships	Raleigh	NC
	147.5	325.1	Duncan McCormick	Canada	Ramped Up Raw Open		Alberta
4	142.5	314.1	Juan Rabago	US-CT	NJ Open Championships	Fair Lawn	NJ
5	112.5	248	Grayson Richardson	US-NC	OBX Open	Jarvisburg	NC
	112.5	248	Jarrett Zattoni	US-PA	Central PA Open	Clearfield	PA
7	102.5	225.9	Shane Shifflett	US-VA	Shenandoah Open	Woodstock	VA

Weight Class: 198			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	212.5	468.4	Francesco Andreozzi	Italy	Italian Single Lift Championship		Santegedio
2	200	440.9	Ari Kutin	US-NJ	NJ Open Championships	Fair Lawn	NJ
3	135	297.6	Nicholas Holmes	US-MD	Fall Micro Meet 2	Waldorf	MD

Weight Class: 220			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	207.5	457.4	Brett Zattoni	US-PA	Central PA Open	Clearfield	PA
2	130	286.5	Ryan Ciavarra	US-NC	NC State Championships	Raleigh	NC

Weight Class: 242			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	197.5	435.4	Karam Ali	US-NY	2020 Power Day	Bigler	PA
2	165	363.7	Daniel Hall	US-VA	Shenandoah Open	Woodstock	VA
3	142.5	314.1	Ben Thibodeau	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 275			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	165	363.7	Jeffery Klugh	US-NC	OBX Open	Jarvisburg	NC
2	135	297.6	Joe Volpe	US-CT	NJ Open Championships	Fair Lawn	NJ
3	107.5	236.9	Patrick Leonard	US-NC	NC State Championships	Raleigh	NC
4	95	209.4	Steadman Rynolds	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 308				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	245	540.1	Mario Fontanazza, III	US-PA	2020 Power Day	Bigler	PA	
2	160.5	353.8	Daniel Hall	US-VA	Mid Atlantic Open	Powhatan	VA	

## 2020 Bench Press Rankings Male

Weight Class: 105				Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	52.5	115.7	Adam Taylor	US-MD	2020 Single Lift Worlds	Virginia Beach	VA	
2	22.5	49.6	Caden Cooper	US-NC	NC State Championships	Raleigh	NC	
3	20.5	45.1	Jeremiah Skinner	US-NC	OBX Open	Jarvisburg	NC	
4	18.5	40.7	Ivan Shick	US-PA	Central PA Open	Clearfield	PA	
5	15	33	Andrew Hill	US-NC	2020 Single Lift Worlds	Virginia Beach	VA	
	15	33	Luke Frankson	US-VA	OBX Open	Jarvisburg	NC	

Weight Class: 114				Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	40	88.1	Austin Hill	US-NC	OBX Open	Jarvisburg	NC	
2	35	77.1	Dalton Fazio	US-NC	NC State Championships	Raleigh	NC	
3	15	33	Simon Frankson	US-VA	OBX Open	Jarvisburg	NC	

Weight Class: 123				Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	75	165.3	Jose Para	US-NC	OBX Open	Jarvisburg	NC	
2	70	154.3	Patrick Stuart	US-NC	NC State Championships	Raleigh	NC	
3	50	110.2	Dalton Fazio	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 132				Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	75	165.3	Wayne Owens	US-MD	Fall Micro Meet 2	Waldorf	MD	
2	72.5	159.8	Kristian Di Giovanni	Italy	Italian Single Lift Championship		Santegedio	
3	67.5	148.8	Jose Para	US-NC	NC State Championships	Raleigh	NC	
4	55	121.2	Luke Kuwik	US-NC	NC State Championships	Raleigh	NC	

Weight Class: 148				Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	90	198.4	Korey Webber	US-PA	Central PA Open	Clearfield	PA	
2	70	154.3	Luke Kuwik	US-NC	OBX Open	Jarvisburg	NC	
	70	154.3	Luc Dahلمان	Canada	Ramped Up Raw Open		Alberta	
4	57.5	126.7	Jonathon Arnold	US-NC	NC State Championships	Raleigh	NC	
	57.5	126.7	Noah Kintner	US-NY	NY Single Lift Challenge	Vestal	NY	
6	55	121.2	David Sanders	US-NC	OBX Open	Jarvisburg	NC	
7	40	88.1	Joshua Schmidt	US-NC	NC State Championships	Raleigh	NC	

Weight Class: 165				Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	100	220.4	Ryan Marciano	US-MD	Fall Micro Meet 2	Waldorf	MD	
2	92.5	203.9	Daniel Lemel	US-CT	2020 Single Lift Worlds	Virginia Beach	VA	
3	87.5	192.9	Hunter Berkey	US-PA	Central PA Open	Clearfield	PA	
4	77.5	170.8	Evan Russo	US-CT	NJ Open Championships	Fair Lawn	NJ	
	77.5	170.8	Nathan Coleman	US-VA	Shenandoah Open	Woodstock	VA	
6	60	132.2	Timothy Wells	US-PA	2020 Power Day	Bigler	PA	
7	52.5	115.7	Dylan Cooper	US-NC	NC State Championships	Raleigh	NC	
8	50	110.2	Joshua Schmidt	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 181				Bench Press		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	137.5	303.1	Christian Russo	US-CT	2020 Single Lift Worlds	Virginia Beach	VA	
2	117.5	259	Collin Kintner	US-NY	NY Single Lift Challenge	Vestal	NY	
3	112.5	248	Dylan Booth	US-NC	2020 Southern Open	Jarvisburg	NC	
4	107.5	236.9	Juan Rabago	US-CT	USA Championships	Plainville	MA	
5	102.5	225.9	Jarrett Zattoni	US-PA	Central PA Open	Clearfield	PA	
6	100	220.4	Duncan McCormick	Canada	Ramped Up Raw Open		Alberta	
7	97.5	214.9	Evan Russo	US-CT	2020 Single Lift Worlds	Virginia Beach	VA	
8	75	165.3	Danny Lemel	US-CT	USA Championships	Plainville	MA	
	75	165.3	Shane Shifflett	US-VA	2020 Single Lift Worlds	Virginia Beach	VA	
10	67.5	148.8	Grayson Richardson	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 198				Bench Press		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	126	277.7	Nick DiDomizio	US-CT	Christmas Classic	Cheshire	CT	
2	117.5	259	Nicholas Holmes	US-MD	Fall Micro Meet 2	Waldorf	MD	
3	110	242.5	Ari Kutin	US-NJ	NJ Open Championships	Fair Lawn	NJ	
4	105	231.4	Francesco Andreozzi	Italy	Italian Single Lift Championship		Santegedio	
5	80	176.3	Ian Phillips	US-NY	NY Single Lift Challenge	Vestal	NY	

Weight Class: 220				Bench Press		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	140	308.6	Brett Zattoni	US-PA	Central PA Open	Clearfield	PA	
2	127.5	281	Seth Francis	US-NC	NJ Open Championships	Fair Lawn	NJ	
3	80	176.3	Hunter Nevbeck	US-NC	NC State Championships	Raleigh	NC	
4	70	154.3	Ryan Ciavarra	US-NC	NC State Championships	Raleigh	NC	

Weight Class: 242				Bench Press		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	130	286.5	Daniel Hall	US-VA	Shenandoah Open	Woodstock	VA	
2	122.5	270	Karam Ali	US-NY	2020 Power Day	Bigler	PA	
3	95	209.4	Ben Thibodeau	US-NC	OBX Open	Jarvisburg	NC	
4	70	154.3	Brayden Phillips	US-NY	NY Single Lift Challenge	Vestal	NY	

Weight Class: 275				Bench Press		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	102.5	225.9	Jeffery Klugh	US-NC	OBX Open	Jarvisburg	NC	
2	75	165.3	Patrick Leonard	US-NC	NC State Championships	Raleigh	NC	
3	67.5	148.8	Steadman Rynolds	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 308				Bench Press		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	182.5	402.3	Mario Fontanazza, III	US-PA	2020 Power Day	Bigler	PA	
2	132.5	292.1	Sean Cangiano	US-CT	Christmas Classic	Cheshire	CT	
3	126	277.7	Cole Feinauer	US-CT	Christmas Classic	Cheshire	CT	
4	125	275.5	Daniel Hall	US-VA	Mid Atlantic Open	Powhatan	VA	
	125	275.5	Joey Volpe	US-CT	2020 Single Lift Worlds	Virginia Beach	VA	
6	92.5	203.9	Sam Kurtich	US-NC	NC State Championships	Raleigh	NC	

## 2020 Deadlift Rankings Male

Weight Class: 105				Deadlift		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	97.5	214.9	Adam Taylor	US-MD	2020 Single Lift Worlds	Virginia Beach	VA	
2	75	165.3	Peyton Wendt-White	US-DC	Potomac Open	Tysons Corner	VA	
3	60.5	133.3	Caden Cooper	US-NC	NC State Championships	Raleigh	NC	

4	50	110.2	Cormac Quinn	US-DC	Potomac Open	Tysons Corner	VA
	50	110.2	Cameron Carroll	US-DC	Potomac Open	Tysons Corner	VA
6	49	108	Jeremiah Skinner	US-NC	OBX Open	Jarvisburg	NC
7	40	88.1	Andrew Hill	US-NC	OBX Open	Jarvisburg	NC
8	37.5	82.6	Ivan Shick	US-PA	Central PA Open	Clearfield	PA
9	30	66.1	Sekai Wright	US-DC	Potomac Open	Tysons Corner	VA
10	25	55.1	Luke Frankson	US-VA	OBX Open	Jarvisburg	NC

Weight Class: 114				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	90	198.4	Dalton Fazio	US-NC	NC State Championships	Raleigh	NC
2	85	187.3	Austin Hill	US-NC	OBX Open	Jarvisburg	NC
3	60	132.2	Zakari Tucker	US-DC	Potomac Open	Tysons Corner	VA
4	50	110.2	Simon Frankson	US-VA	OBX Open	Jarvisburg	NC

Weight Class: 123				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	145	319.6	Jose Para	US-NC	OBX Open	Jarvisburg	NC
2	127.5	281	Patrick Stuart	US-NC	NC State Championships	Raleigh	NC
3	102.5	225.9	Dalton Fazio	US-NC	2020 Southern Open	Jarvisburg	NC
4	92.5	203.9	Julian Spraggins	US-DC	Potomac Open	Tysons Corner	VA
5	75	165.3	Steven Hughes	US-DC	Potomac Open	Tysons Corner	VA
6	67.5	148.8	Canfield Whidon	US-DC	Potomac Open	Tysons Corner	VA

Weight Class: 132				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	187.5	413.3	Wayne Owens	US-MD	Fall Micro Meet 2	Waldorf	MD
2	150	330.6	Elijah Daycuan	US-NC	NC State Championships	Raleigh	NC
3	137.5	303.1	Jose Para	US-NC	NC State Championships	Raleigh	NC
4	135	297.6	Kristian Di Giovanni	Italy	Italian Single Lift Championship		Santegedio
5	112.5	248	Luke Kuwik	US-NC	NC State Championships	Raleigh	NC

Weight Class: 148				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	170	374.7	Korey Webber	US-PA	Central PA Open	Clearfield	PA
2	142.5	314.1	Luc Dahلمان	Canada	Ramped Up Raw Open		Alberta
3	137.5	303.1	Jonathon Arnold	US-NC	NC State Championships	Raleigh	NC
	137.5	303.1	Luke Kuwik	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
5	122.5	270	Noah Kintner	US-NY	NY Single Lift Challenge	Vestal	NY
6	105	231.4	Joshua Schmidt	US-NC	NC State Championships	Raleigh	NC
	105	231.4	David Sanders	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 165				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	192.5	424.3	Ryan Marciano	US-MD	Fall Micro Meet 2	Waldorf	MD
2	175	385.8	Daniel Lemel	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
3	170	374.7	Hunter Berkey	US-PA	Central PA Open	Clearfield	PA
4	150	330.6	Nathan Coleman	US-VA	Shenandoah Open	Woodstock	VA
5	127.5	281	Evan Russo	US-CT	NJ Open Championships	Fair Lawn	NJ
6	125	275.5	Willem Rathgeber	US-NY	NY Single Lift Challenge	Vestal	NY
7	122.5	270	Dylan Cooper	US-NC	NC State Championships	Raleigh	NC
8	117.5	259	Timothy Wells	US-PA	2020 Power Day	Bigler	PA
9	110	242.5	Joshua Schmidt	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 181				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	250	551.1	Collin Kintner	US-NY	NY Single Lift Challenge	Vestal	NY



2	227.5	501.5	Dylan Booth	US-NC	2020 Southern Open	Jarvisburg	NC
3	192.5	424.3	Duncan McCormick	Canada	Ramped Up Raw Open		Alberta
4	180	396.8	Juan Rabago	US-CT	NJ Open Championships	Fair Lawn	NJ
5	155	341.7	Jarrett Zattoni	US-PA	Central PA Open	Clearfield	PA
6	150	330.6	Koby Wright	US-NC	NC State Championships	Raleigh	NC
7	145	319.6	Shane Shifflett	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
8	127.5	281	Grayson Richardson	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 198				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	236	520.2	Kavon Atkinson	US-NY	NY Single Lift Challenge	Vestal	NY
2	235	518	Ari Kutin	US-NJ	NJ Open Championships	Fair Lawn	NJ
3	217.5	479.5	Francesco Andreozzi	Italy	Italian Single Lift Championship		Santededio
4	202.5	446.4	Nicholas Holmes	US-MD	Fall Micro Meet 2	Waldorf	MD
5	155	341.7	Ian Phillips	US-NY	NY Single Lift Challenge	Vestal	NY

Weight Class: 220				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	227.5	501.5	Brett Zattoni	US-PA	Central PA Open	Clearfield	PA
2	160	352.7	Hunter Nevbeck	US-NC	NC State Championships	Raleigh	NC
3	145	319.6	Ryan Ciavarra	US-NC	NC State Championships	Raleigh	NC

Weight Class: 242				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	257.5	567.6	James McClanahan	US-MD	Southern MD Single Lift Open	White Plains	MD
2	235	518	Karam Ali	US-NY	2020 Power Day	Bigler	PA
3	190	418.8	Daniel Hall	US-VA	Shenandoah Open	Woodstock	VA
4	170	374.7	Ben Thibodeau	US-NC	OBX Open	Jarvisburg	NC
5	142.5	314.1	Brayden Phillips	US-NY	NY Single Lift Challenge	Vestal	NY

Weight Class: 275				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	212.5	468.4	Jeffery Klugh	US-NC	OBX Open	Jarvisburg	NC
2	205	451.9	Daniel Hall	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
3	175	385.8	Patrick Leonard	US-NC	NC State Championships	Raleigh	NC
4	155	341.7	Dyguinnic Daniels	US-DC	Potomac Open	Tysons Corner	VA
5	142.5	314.1	Steadman Rynolds	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 308				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	287.5	633.8	Mario Fontanazza, III	US-PA	2020 Power Day	Bigler	PA
2	200	440.9	Daniel Hall	US-VA	Mid Atlantic Open	Powhatan	VA

## 2020 Total Rankings Male

Weight Class: 105				Total		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	210	462.9	Adam Taylor	US-MD	Mid Atlantic Open	Powhatan	VA
2	88.5	195.1	Jeremiah Skinner	US-NC	OBX Open	Jarvisburg	NC
3	86	189.5	Ivan Shick	US-PA	Central PA Open	Clearfield	PA
4	73	160.9	Andrew Hill	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 114				Total		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	185	407.8	Austin Hill	US-NC	OBX Open	Jarvisburg	NC
2	172.5	380.2	Dalton Fazio	US-NC	NC State Championships	Raleigh	NC

Weight Class: 123				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	362.5	799.1	Jose Para	US-NC	OBX Open	Jarvisburg	NC	
2	282.5	622.7	Patrick Stuart	US-NC	NC State Championships	Raleigh	NC	
3	230.5	508.1	Dalton Fazio	US-NC	2020 Southern Open	Jarvisburg	NC	

Weight Class: 132				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	355	782.6	Wayne Owens	US-MD	Fall Micro Meet 2	Waldorf	MD	
2	342.5	755	Jose Para	US-NC	NC State Championships	Raleigh	NC	
3	250	551.1	Luke Kuwick	US-NC	NC State Championships	Raleigh	NC	

Weight Class: 148				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	387.5	854.2	Korey Webber	US-PA	Central PA Open	Clearfield	PA	
2	317.5	699.9	Luc Dahlman	Canada	Ramped Up Raw Open		Alberta	
3	302.5	666.8	Luke Kuwik	US-NC	OBX Open	Jarvisburg	NC	
4	252.5	556.6	David Sanders	US-NC	OBX Open	Jarvisburg	NC	
5	217.5	479.5	Joshua Schmidt	US-NC	NC State Championships	Raleigh	NC	

Weight Class: 165				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	435	959	Ryan Marciano	US-MD	Fall Micro Meet 2	Waldorf	MD	
2	382.5	843.2	Hunter Berkey	US-PA	Central PA Open	Clearfield	PA	
3	330	727.5	Evan Russo	US-CT	NJ Open Championships	Fair Lawn	NJ	
4	322.5	710.9	Nathan Coleman	US-VA	Shenandoah Open	Woodstock	VA	
5	285	628.3	Timothy Wells	US-PA	2020 Power Day	Bigler	PA	
6	255	562.1	Dylan Cooper	US-NC	NC State Championships	Raleigh	NC	
7	232.5	512.5	Joshua Schmidt	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 181				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	482.5	1063.7	Dylan Booth	US-NC	2020 Southern Open	Jarvisburg	NC	
2	440	970	Duncan McCormick	Canada	Ramped Up Raw Open		Alberta	
3	427.5	942.4	Juan Rabago	US-CT	NJ Open Championships	Fair Lawn	NJ	
4	370	815.7	Jarrett Zattoni	US-PA	Central PA Open	Clearfield	PA	
5	315	694.4	Shane Shifflett	US-VA	Shenandoah Open	Woodstock	VA	
6	307.5	677.9	Grayson Richardson	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 198				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	545	1201.5	Ari Kutin	US-NJ	NJ Open Championships	Fair Lawn	NJ	
2	455	1003	Nicholas Holmes	US-MD	Fall Micro Meet 2	Waldorf	MD	

Weight Class: 220				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	575	1267.6	Brett Zattoni	US-PA	Central PA Open	Clearfield	PA	
2	345	760.5	Ryan Ciavarra	US-NC	NC State Championships	Raleigh	NC	

Weight Class: 242				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	555	1223.5	Karam Ali	US-NY	2020 Power Day	Bigler	PA	
2	485	1069.2	Daniel Hall	US-VA	Shenandoah Open	Woodstock	VA	
3	407.5	898.3	Ben Thibodeau	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 275				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		

1	480	1058.2	Jeffery Klugh	US-NC	OBX Open	Jarvisburg	NC
2	357.5	788.1	Patrick Leonard	US-NC	NC State Championships	Raleigh	NC
3	305	672.4	Steadman Rynolds	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 308				Total		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	715	1576.2	Mario Fontanazza, III	US-PA	2020 Power Day	Bigler	PA
2	485.5	1070.3	Daniel Hall	US-VA	Mid Atlantic Open	Powhatan	VA

## 2020 Strict Curl Rankings Male

Weight Class: 105				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	31.5	69.4	Marshall Cooper	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
2	29	63.9	Adam Taylor	US-MD	2020 Single Lift Worlds	Virginia Beach	VA
3	20.5	45.1	Nathaniel Thorp	US-PA	Central PA Open	Clearfield	PA
4	20	44	Caden Cooper	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
5	11.8	26	Ivan Shick	US-PA	Central PA Open	Clearfield	PA
6	10.5	23.1	Andrew Hill	US-NC	OBX Open	Jarvisburg	NC
7	10	22	Jeremiah Skinner	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 114				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	22.5	49.6	Dalton Fazio	US-NC	NC State Championships	Raleigh	NC

Weight Class: 123				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	35	77.1	Patrick Stewart	US-NC	NC State Championships	Raleigh	NC
2	29.5	65	Dalton Fazio	US-NC	2020 Single Lift Worlds	Virginia Beach	VA

Weight Class: 132				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	52.5	115.7	Wayne Owens	US-MD	2020 Single Lift Worlds	Virginia Beach	VA
2	42	92.5	Jonah Derby	US-NC	NC State Championships	Raleigh	NC
3	39	85.9	Jose Parra	US-NC	NC State Championships	Raleigh	NC
4	35	77.1	Luke Kuwik	US-NC	NC State Championships	Raleigh	NC

Weight Class: 148				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	36.5	80.4	David Sanders	US-NC	OBX Open	Jarvisburg	NC
2	32	70.5	Nicholas Thorp	US-PA	Central PA Open	Clearfield	PA
3	31.5	69.4	Joshua Schmidt	US-NC	NC State Championships	Raleigh	NC

Weight Class: 165				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	57	125.6	Danny Lemel	US-CT	Christmas Classic	Cheshire	CT
2	55	121.2	Daniel Lemel	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
3	45.5	100.3	Nathan Coleman	US-VA	Shenandoah Open	Woodstock	VA
4	43.5	95.9	Hunter Berkey	US-PA	Central PA Open	Clearfield	PA
5	36	79.3	Joshua Schmidt	US-NC	OBX Open	Jarvisburg	NC
6	30	66.1	Dylan Cooper	US-NC	NC State Championships	Raleigh	NC

Weight Class: 181				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	65	143.2	Christian Russo	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
2	61	134.4	Collin Kintner	US-NY	NY Single Lift Challenge	Vestal	NY
3	60	132.2	Juan Rabago	US-CT	USA Championships	Plainville	MA

4	59	130	Evan Russo	US-CT	New England Championships	Cheshire	CT
5	56	123.4	Dylan Booth	US-NC	2020 Southern Open	Jarvisburg	NC
6	50	110.2	Danny Lemel	US-CT	USA Championships	Plainville	MA
7	49.5	109.1	Will Barney	US-CT	New England Championships	Cheshire	CT
8	32	70.5	Shane Shifflett	US-VA	2020 Single Lift Worlds	Virginia Beach	VA

Weight Class: 198			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	65	143.2	Tommy Langella	US-NY	2020 Power Day	Bigler	PA
2	63.5	139.9	Nick DiDomizio	US-CT	Christmas Classic	Cheshire	CT
3	61.5	135.5	Evan Russo	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
4	50	110.2	Nicholas Holmes	US-MD	2020 Single Lift Worlds	Virginia Beach	VA
5	41	90.3	Ian Phillips	US-NY	NY Single Lift Challenge	Vestal	NY

Weight Class: 220			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	43.5	95.9	Hunter Neubeck	US-NC	NC State Championships	Raleigh	NC

Weight Class: 242			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	60	132.2	Daniel Hall	US-VA	Shenandoah Open	Woodstock	VA
2	48	105.8	Ben Thibodeau	US-NC	OBX Open	Jarvisburg	NC
3	40	88.1	Brayden Phillips	US-NY	NY Single Lift Challenge	Vestal	NY

Weight Class: 275			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	66	145.5	Vincent Sharp	US-VA	Central PA Open	Clearfield	PA
2	62.5	137.7	Joey Volpe	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
3	61.5	135.5	Ryan Greene	US-CT	USA Championships	Plainville	MA
4	59	130	Daniel Hall	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
5	55	121.2	Jeffery Klugh	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 308			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	60	132.2	Cole Feinauer	US-CT	Christmas Classic	Cheshire	CT
2	54.5	120.1	Daniel Hall	US-VA	Mid Atlantic Open	Powhatan	VA
3	50	110.2	Sam Kurtich	US-NC	NC State Championships	Raleigh	NC