



2020 Masters 50-59 Rankings

Updated 12/31/2020 Ed Kutin

edkutin@gmail.com

2020 Squat Rankings

Female

Weight Class: 114				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	65	143.2	Kimberly Price	US-VA	Shenandoah Open	Woodstock	VA
2	45	99.2	Jodi Beth McCain	US-MD	Potomac Open	Tysons Corner	VA

Weight Class: 148				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	92.5	203.9	Sherry Pridgen	US-NC	NC State Championships	Raleigh	NC
2	80	176.3	Jane Bickel	US-PA	Central PA Open	Clearfield	PA
3	65	143.2	Geri-Lyn Hoffman	US-PA	Central PA Open	Clearfield	PA
4	60	132.2	Linda Eggleston	US-NY	NJ Open Championships	Fair Lawn	NJ

Weight Class: 165				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	62.5	137.7	Jennifer Tillet	US-NC	NC State Championships	Raleigh	NC

Weight Class: 198				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	103	227	Lara Christie	Canada	Ramped Up Raw Open		Alberta

Weight Class: 198+				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	102.5	225.9	Michelle Lawson	US-PA	Central PA Open	Clearfield	PA

2020 Bench Press Rankings

Female

Weight Class: 114				Bench Press		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	42.5	93.6	Kimberly Price	US-VA	Shenandoah Open	Woodstock	VA
2	40	88.1	Laurie Hall	US-VA	Virginia Open	Woodstock	VA
3	37.5	82.6	Jodi Beth McCain	US-MD	Potomac Open	Tysons Corner	VA
	37.5	82.6	Angela Krom	US-CT	NY Single Lift Challenge	Vestal	NY

Weight Class: 123				Bench Press		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	42.5	93.6	Angela Krom	US-CT	Christmas Classic	Cheshire	CT

Weight Class: 132				Bench Press		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	57.5	126.7	Lesley DeAngelo	US-CT	Christmas Classic	Cheshire	CT
2	42.5	93.6	Sherry Rowe	US-VA	Mid Atlantic Open	Powhatan	VA

Weight Class: 148				Bench Press		Female	
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Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	55	121.2	Lesley DeAngelo	US-CT	USA Championships	Plainville	MA
	55	121.2	Sherry Pridgen	US-NC	NC State Championships	Raleigh	NC
3	50	110.2	Linda Eggleston	US-NY	NJ Open Championships	Fair Lawn	NJ
4	42.5	93.6	Jane Bickel	US-PA	Central PA Open	Clearfield	PA
5	40	88.1	Geri-Lyn Hoffman	US-PA	Central PA Open	Clearfield	PA

Weight Class: 165			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	88.5	195.1	Cynthia Crossland	US-OK	NC State Championships	Raleigh	NC
2	62.5	137.7	Jennifer Tillett	US-NC	2020 Southern Open	Jarvisburg	NC
	62.5	137.7	Jennifer Tillett	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
4	57.5	126.7	Kim Pollock	US-PA	2020 Power Day	Bigler	PA
5	50	110.2	Roseanne Miller	US-VA	Virginia Open	Woodstock	VA
	50	110.2	Brenda Harrington	US-NY	NY Single Lift Challenge	Vestal	NY

Weight Class: 181			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	55	121.2	Amy Traver	US-CT	NJ Open Championships	Fair Lawn	NJ
2	37.5	82.6	Lizette Jowett	US-MD	Southern MD Single Lift Open	White Plains	MD

Weight Class: 198			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	71	156.5	Mary Hodge	US-VA	Shenandoah Open	Woodstock	VA
2	62.5	137.7	Lara Christie	Canada	Ramped Up Raw Open		Alberta
3	57.5	126.7	Amy Traver	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
4	47.5	104.7	Tanya Radford	US-DC	Potomac Open	Tysons Corner	VA
5	45	99.2	Denise Morelli	US-DC	Potomac Open	Tysons Corner	VA

Weight Class: 198+			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	57.5	126.7	Michelle Lawson	US-PA	Central PA Open	Clearfield	PA
	57.5	126.7	Amy Traver	US-CT	Christmas Classic	Cheshire	CT

2020 Deadlift Rankings Female

Weight Class: 114			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	115	253.5	Kimberly Price	US-VA	Shenandoah Open	Woodstock	VA
2	100	220.4	Laurie Hall	US-VA	Virginia Open	Woodstock	VA
3	82.5	181.8	Jodi Beth McCain	US-MD	Potomac Open	Tysons Corner	VA

Weight Class: 132			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	118	260.1	Sherry Rowe	US-VA	Shenandoah Open	Woodstock	VA

Weight Class: 148			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	130	286.5	Sherry Pridgeon	US-NC	NC State Championships	Raleigh	NC
	130	286.5	Sherry Pridgen	US-NC	NC State Championships	Raleigh	NC
3	117.5	259	Jane Bickel	US-PA	Central PA Open	Clearfield	PA
4	115	253.5	Linda Eggleston	US-NY	NJ Open Championships	Fair Lawn	NJ
5	112.5	248	Geri-Lyn Hoffman	US-PA	Central PA Open	Clearfield	PA

Weight Class: 165			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	105	231.4	Jennifer Tillett	US-NC	2020 Single Lift Worlds	Virginia Beach	VA

2	102.5	225.9	Roseanne Miller	US-VA	Virginia Open	Woodstock	VA
3	100	220.4	Jennifer Tillet	US-NC	NC State Championships	Raleigh	NC

Weight Class: 181		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	147.5	325.1	Amy Traver	US-CT	NY Single Lift Challenge	Vestal	NY
2	102.5	225.9	Lizette Jowett	US-MD	Southern MD Single Lift Open	White Plains	MD

Weight Class: 198		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	145	319.6	Amy Traver	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
2	130	286.5	Mary Hodge	US-VA	Shenandoah Open	Woodstock	VA
3	125	275.5	Lara Christie	Canada	Ramped Up Raw Open		Alberta
4	122.5	270	Tanya Radford	US-DC	Potomac Open	Tysons Corner	VA
5	102.5	225.9	Denise Morelli	US-DC	Potomac Open	Tysons Corner	VA

Weight Class: 198+		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	130	286.5	Michelle Lawson	US-PA	Central PA Open	Clearfield	PA

2020 Total Rankings Female

Weight Class: 114		Total		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	222.5	490.5	Kimberly Price	US-VA	Shenandoah Open	Woodstock	VA
2	165	363.7	Jodi Beth McCain	US-MD	Potomac Open	Tysons Corner	VA

Weight Class: 148		Total		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	272.5	600.7	Sherry Pridgen	US-NC	NC State Championships	Raleigh	NC
2	240	529.1	Jane Bickel	US-PA	Central PA Open	Clearfield	PA
3	225	496	Linda Eggleston	US-NY	NJ Open Championships	Fair Lawn	NJ
4	217.5	479.5	Geri-Lyn Hoffman	US-PA	Central PA Open	Clearfield	PA

Weight Class: 165		Total		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	217.5	479.5	Jennifer Tillet	US-NC	NC State Championships	Raleigh	NC

Weight Class: 198		Total		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	290.5	640.4	Lara Christie	Canada	Ramped Up Raw Open		Alberta

Weight Class: 198+		Total		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	290	639.3	Michelle Lawson	US-PA	Central PA Open	Clearfield	PA

2020 Strict Curl Rankings Female

Weight Class: 114		Strict Curl		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	28.5	62.8	Angela Krom	US-CT	New England Championships	Cheshire	CT
2	27.5	60.6	Kimberly Price	US-VA	Shenandoah Open	Woodstock	VA
3	23	50.7	Laurie Hall	US-VA	Virginia Open	Woodstock	VA

Weight Class: 123		Strict Curl		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	38	83.7	Krystal Brown	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
2	28.5	62.8	Angela Krom	US-CT	Christmas Classic	Cheshire	CT

Weight Class: 132		Strict Curl		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	35.5	78.2	Lesley DeAngelo	US-CT	Christmas Classic	Cheshire	CT
2	30	66.1	Daron Gawronski	US-CT	New England Championships	Cheshire	CT

Weight Class: 148		Strict Curl		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	35.5	78.2	Lesley DeAngelo	US-CT	USA Championships	Plainville	MA
2	25.5	56.2	Tanja Rivoire	US-MD	Southern MD Single Lift Open	White Plains	MD

Weight Class: 165		Strict Curl		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	34	74.9	Kim Pollock	US-PA	2020 Power Day	Bigler	PA
2	32	70.5	Roseanne Miller	US-VA	Virginia Open	Woodstock	VA
3	27.5	60.6	Jennifer Tillett	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
4	26	57.3	Jennifer Tillett	US-NC	2020 Southern Open	Jarvisburg	NC

Weight Class: 181		Strict Curl		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	37.5	82.6	Amy Traver	US-CT	USA Championships	Plainville	MA
2	24.5	54	Lizette Jowett	US-MD	Southern MD Single Lift Open	White Plains	MD

Weight Class: 198		Strict Curl		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	39	85.9	Mary Hodge	US-VA	Shenandoah Open	Woodstock	VA
2	38.5	84.8	Amy Traver	US-CT	2020 Single Lift Worlds	Virginia Beach	VA
3	20	44	Denise Morelli	US-DC	Potomac Open	Tysons Corner	VA

2020 Squat Rankings Male

Weight Class: 132		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	124	273.3	Gary Teeter	US-PA	Shenandoah Open	Woodstock	VA
2	102.5	225.9	Ben Zak	US-NC	NC State Championships	Raleigh	NC

Weight Class: 148		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	125	275.5	Gary Teeter	US-PA	Fall Micro Meet 2	Waldorf	MD
2	110	242.5	Ben Zak	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 165		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	162.5	358.2	Kevin Outland	US-NC	NC State Championships	Raleigh	NC
2	130	286.5	Gary Teeter	US-PA	NJ Open Championships	Fair Lawn	NJ

Weight Class: 181		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	170	374.7	Robert Agolli	Italy	Italian Single Lift Championship		Santegedio

Weight Class: 198		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	278.5	613.9	William Waller	US-VA	Shenandoah Open	Woodstock	VA
2	228	502.6	Jeffrey Driskill	US-VA	Shenandoah Open	Woodstock	VA
3	155	341.7	David Machmer	US-PA	Central PA Open	Clearfield	PA

Weight Class: 220		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	192.5	424.3	Patrick Huntley	US-PA	Central PA Open	Clearfield	PA
2	187.5	413.3	Terry Napisa	US-VA	2020 Southern Open	Jarvisburg	NC
3	177.5	391.3	Brad Swidzinski	Canada	Ramped Up Raw Open		Alberta

Weight Class: 242		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	165	363.7	Kurtis Bosh	US-VA	Mid Atlantic Open	Powhatan	VA
2	160	352.7	Brant Givler	US-PA	2020 Power Day	Bigler	PA

Weight Class: 275		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	265	584.2	Kevin Combs	US-NC	2020 Southern Open	Jarvisburg	NC
2	248	546.7	Jeff Lawson	US-PA	Central PA Open	Clearfield	PA
3	155	341.7	James Frankson	US-VA	OBX Open	Jarvisburg	NC

Weight Class: 308		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	267.5	589.7	Kevin Combs	US-NC	OBX Open	Jarvisburg	NC

Weight Class: SHW		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	255	562.1	Robert Gains	US-VA	Potomac Open	Tysons Corner	VA

2020 Bench Press Rankings Male

Weight Class: 132		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	105.5	232.5	Gary Teeter	US-PA	Shenandoah Open	Woodstock	VA
2	95	209.4	Ben Zak	US-NC	NC State Championships	Raleigh	NC

Weight Class: 148		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	115	253.5	Gary Teeter	US-PA	Potomac Open	Tysons Corner	VA
2	112.5	248	Stephen Gregori	US-MD	Southern MD Single Lift Open	White Plains	MD
3	97.5	214.9	Ben Zak	US-NC	OBX Open	Jarvisburg	NC

Weight Class: 165		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	141.5	311.9	Kevin Outland	US-NC	NC State Championships	Raleigh	NC
2	117.5	259	Gary Teeter	US-PA	NJ Open Championships	Fair Lawn	NJ

Weight Class: 181		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	157.5	347.2	Will Lynch	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
2	130	286.5	Steve Turlington	US-NC	NC State Championships	Raleigh	NC
3	120	264.5	Gary Teeter	US-PA	NY Single Lift Challenge	Vestal	NY
4	115	253.5	Robert Agolli	Italy	Italian Single Lift Championship		Santegedio
5	102.5	225.9	Tim Metcalf	US-NC	2020 Single Lift Worlds	Virginia Beach	VA

Weight Class: 198		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	160	352.7	William Waller	US-VA	Shenandoah Open	Woodstock	VA
2	152.5	336.2	Todd Traylor	US-VA	Shenandoah Open	Woodstock	VA
3	112.5	248	Jeffrey Driskill	US-VA	Shenandoah Open	Woodstock	VA
	112.5	248	David Machmer	US-PA	Central PA Open	Clearfield	PA

5 87.5 192.9 Gary Pomrenke US-MD Garage Gang Micro Meet Waldorf MD

Weight Class: 220							
Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	134	295.4	Joe Cotton	US-VA	Mid Atlantic Open	Powhatan	VA
2	132.5	292.1	Terry Napisa	US-VA	2020 Southern Open	Jarvisburg	NC
3	127.5	281	Ed Wittevrongel	Canada	Ramped Up Raw Open		Alberta
4	125	275.5	Patrick Huntley	US-PA	Central PA Open	Clearfield	PA
5	115	253.5	John Shifflett	US-VA	Virginia Open	Woodstock	VA
6	105	231.4	Brad Swidzinski	Canada	Ramped Up Raw Open		Alberta

Weight Class: 242							
Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	193	425.4	Brad Beach	US-VA	Potomac Open	Tysons Corner	VA
2	177.5	391.3	Joseph Rascoe	US-NC	NC State Championships	Raleigh	NC
3	165	363.7	Ken Belcher	US-NC	NC State Championships	Raleigh	NC
4	150	330.6	Ray Linduski	US-SC	NC State Championships	Raleigh	NC
	150	330.6	Brant Givler	US-PA	2020 Power Day	Bigler	PA
6	140	308.6	Tony Huffman	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
7	137.5	303.1	Anthony Hoffman	US-VA	NC State Championships	Raleigh	NC
8	120	264.5	Kurtis Bosh	US-VA	Mid Atlantic Open	Powhatan	VA
9	115	253.5	John Shifflett	US-VA	Mid Atlantic Open	Powhatan	VA

Weight Class: 275							
Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	165	363.7	Kevin Combs	US-NC	2020 Southern Open	Jarvisburg	NC
2	160	352.7	William Ogden	US-PA	2020 Single Lift Worlds	Virginia Beach	VA
3	145	319.6	Joe Grabowske	US-NY	NY Single Lift Challenge	Vestal	NY
4	125	275.5	Jeff Lawson	US-PA	Central PA Open	Clearfield	PA
5	120	264.5	Jeff Willson	US-CT	Christmas Classic	Cheshire	CT
6	105	231.4	James Frankson	US-VA	OBX Open	Jarvisburg	NC

Weight Class: 308							
Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	182.5	402.3	Kevin Combs	US-NC	OBX Open	Jarvisburg	NC
2	147.5	325.1	Baron Dixon	US-VA	Mid Atlantic Open	Powhatan	VA

Weight Class: SHW							
Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	190	418.8	Robert Gains	US-VA	Potomac Open	Tysons Corner	VA

2020 Deadlift Rankings Male

Weight Class: 132							
Deadlift				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	182.5	402.3	Rob Wess	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
2	162.5	358.2	Gary Teeter	US-PA	Shenandoah Open	Woodstock	VA
3	150	330.6	Ben Zak	US-NC	NC State Championships	Raleigh	NC

Weight Class: 148							
Deadlift				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	162.5	358.2	Gary Teeter	US-PA	2020 Single Lift Worlds	Virginia Beach	VA
2	145	319.6	Ben Zak	US-NC	OBX Open	Jarvisburg	NC
3	110	242.5	Stephen Gregori	US-MD	Southern MD Single Lift Open	White Plains	MD

Weight Class: 165							
Deadlift				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	

1	205	451.9	Kevin Outland	US-NC	NC State Championships	Raleigh	NC
2	172.5	380.2	Gary Teeter	US-PA	Southern MD Single Lift Open	White Plains	MD

Weight Class: 181							
Deadlift				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	230	507	Steve Turlington	US-NC	NC State Championships	Raleigh	NC
2	177.5	391.3	Chip Jowett	US-MD	Southern MD Single Lift Open	White Plains	MD
3	170	374.7	Robert Agolli	Italy	Italian Single Lift Championship		Santegedio
4	165	363.7	Gary Teeter	US-PA	NY Single Lift Challenge	Vestal	NY
5	142.5	314.1	Tim Metcalf	US-NC	2020 Single Lift Worlds	Virginia Beach	VA

Weight Class: 198							
Deadlift				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	305	672.4	William Waller	US-VA	Shenandoah Open	Woodstock	VA
2	215	473.9	Jeffrey Driskill	US-VA	Shenandoah Open	Woodstock	VA
3	177.5	391.3	David Machmer	US-PA	Central PA Open	Clearfield	PA
4	163	359.3	Brian Rogers	US-VA	Shenandoah Open	Woodstock	VA

Weight Class: 220							
Deadlift				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	222.5	490.5	Ed Wittevrongel	Canada	Ramped Up Raw Open		Alberta
2	215	473.9	Patrick Huntley	US-PA	Central PA Open	Clearfield	PA
3	200	440.9	Brad Swidzinski	Canada	Ramped Up Raw Open		Alberta
4	192.5	424.3	Terry Napisa	US-VA	2020 Southern Open	Jarvisburg	NC
5	182.5	402.3	Joe Cotton	US-VA	Mid Atlantic Open	Powhatan	VA

Weight Class: 242							
Deadlift				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	215	473.9	Kurtis Bosh	US-VA	Mid Atlantic Open	Powhatan	VA
2	185	407.8	Brant Givler	US-PA	2020 Power Day	Bigler	PA

Weight Class: 275							
Deadlift				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	287.5	633.8	Kevin Combs	US-NC	2020 Southern Open	Jarvisburg	NC
2	272.5	600.7	Baron Dixon	US-VA	Shenandoah Open	Woodstock	VA
	272.5	600.7	Jeff Lawson	US-PA	Central PA Open	Clearfield	PA
4	255	562.1	William Ogden	US-PA	2020 Single Lift Worlds	Virginia Beach	VA
5	195	429.8	Jeff Willson	US-CT	NY Single Lift Challenge	Vestal	NY
6	172.5	380.2	Gary Pomrenke	US-MD	Southern MD Single Lift Open	White Plains	MD
7	155	341.7	James Frankson	US-VA	OBX Open	Jarvisburg	NC

Weight Class: 308							
Deadlift				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	295	650.3	Kevin Combs	US-NC	OBX Open	Jarvisburg	NC
2	260	573.1	Baron Dixon	US-VA	2020 Single Lift Worlds	Virginia Beach	VA

Weight Class: SHW							
Deadlift				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	272.5	600.7	Robert Gains	US-VA	Potomac Open	Tysons Corner	VA

2020 Total Rankings Male

Weight Class: 132							
Total				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	392	864.2	Gary Teeter	US-PA	Shenandoah Open	Woodstock	VA
2	347.5	766	Ben Zak	US-NC	NC State Championships	Raleigh	NC

Weight Class: 148				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	382.5	843.2	Gary Teeter	US-PA	Fall Micro Meet 2	Waldorf	MD	
2	352.5	777.1	Ben Zak	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: 165				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	507.5	1118.8	Kevin Outland	US-NC	NC State Championships	Raleigh	NC	
2	412.5	909.3	Gary Teeter	US-PA	NJ Open Championships	Fair Lawn	NJ	

Weight Class: 198				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	736	1622.5	William Waller	US-VA	Shenandoah Open	Woodstock	VA	
2	532.5	1173.9	Jeffrey Driskill	US-VA	Shenandoah Open	Woodstock	VA	
3	445	981	David Machmer	US-PA	Central PA Open	Clearfield	PA	

Weight Class: 220				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	532.5	1173.9	Patrick Huntley	US-PA	Central PA Open	Clearfield	PA	
2	510	1124.3	Terry Napisa	US-VA	2020 Southern Open	Jarvisburg	NC	
3	482.5	1063.7	Brad Swidzinski	Canada	Ramped Up Raw Open		Alberta	

Weight Class: 242				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	500	1102.3	Kurtis Bosh	US-VA	Mid Atlantic Open	Powhatan	VA	
2	495	1091.2	Brant Givler	US-PA	2020 Power Day	Bigler	PA	

Weight Class: 275				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	710	1565.2	Kevin Combs	US-NC	2020 Southern Open	Jarvisburg	NC	
2	645.5	1423	Jeff Lawson	US-PA	Central PA Open	Clearfield	PA	
3	415	914.9	James Frankson	US-VA	OBX Open	Jarvisburg	NC	

Weight Class: 308				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	740	1631.4	Kevin Combs	US-NC	OBX Open	Jarvisburg	NC	

Weight Class: SHW				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	717.5	1581.8	Robert Gains	US-VA	Potomac Open	Tysons Corner	VA	

2020 Strict Curl Rankings Male

Weight Class: 132				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	53	116.8	Gary Teeter	US-PA	Shenandoah Open	Woodstock	VA	
2	47.5	104.7	Ben Zak	US-NC	NC State Championships	Raleigh	NC	

Weight Class: 148				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	57	125.6	Gary Teeter	US-PA	Potomac Open	Tysons Corner	VA	
2	51	112.4	Ben Zak	US-NC	OBX Open	Jarvisburg	NC	
3	45	99.2	Stephen Gregori	US-MD	Southern MD Single Lift Open	White Plains	MD	

Weight Class: 165				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	65	143.2	Gary Kessler	US-VA	2020 Single Lift Worlds	Virginia Beach	VA	

2	57	125.6	Jeff Thorp	US-PA	Central PA Open	Clearfield	PA
3	56.5	124.5	Gary Teeter	US-VA	USA Championships	Plainville	MA

Weight Class: 181							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	59	130	Will Lynch	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
2	56	123.4	Gary Teeter	US-PA	NY Single Lift Challenge	Vestal	NY
3	50	110.2	Tim Metcalf	US-NC	2020 Single Lift Worlds	Virginia Beach	VA
4	41	90.3	Randy Rivoire	US-MD	Southern MD Single Lift Open	White Plains	MD

Weight Class: 198							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	78.5	173	Raymond Jones	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
2	59	130	Brian Rogers	US-VA	Shenandoah Open	Woodstock	VA

Weight Class: 220							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	61.5	135.5	Joe Cotton	US-VA	Mid Atlantic Open	Powhatan	VA
2	54.5	120.1	Terry Napisa	US-VA	2020 Southern Open	Jarvisburg	NC
3	53	116.8	Wayne Traver	US-CT	USA Championships	Plainville	MA
4	41	90.3	John Shifflett	US-VA	2020 Single Lift Worlds	Virginia Beach	VA

Weight Class: 242							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	73	160.9	Tony Huffman	US-VA	2020 Single Lift Worlds	Virginia Beach	VA
2	50	110.2	Ray Linduski	US-SC	NC State Championships	Raleigh	NC
	50	110.2	Brant Givler	US-PA	2020 Power Day	Bigler	PA
4	45.5	100.3	John Shifflett	US-VA	Mid Atlantic Open	Powhatan	VA

Weight Class: 275							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	69.5	153.2	William Ogden	US-PA	Central PA Open	Clearfield	PA
2	68	149.9	Baron Dixon	US-VA	Shenandoah Open	Woodstock	VA
3	65	143.2	Jeff Willson	US-CT	New England Championships	Cheshire	CT
4	60.5	133.3	Kevin Combs	US-NC	2020 Southern Open	Jarvisburg	NC
5	45	99.2	Ray Berry	US-NC	NC State Championships	Raleigh	NC

Weight Class: 308							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	76.5	168.6	Baron Dixon	US-VA	Mid Atlantic Open	Powhatan	VA