

# Connecticut Strength Bench & Deadlift

20-Mar-21

Last Name	First Name	Age Division	Wt Cls label	Flight	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	
McManus	Molly	Teen (16-17)	165	1	32.5	35.0	37.5	40.0	37.5							
Dudeck	Maddie	Teen (16-17)	132	1	32.5	35.0	37.5		35.0							
Denhart	Mia	Teen (16-17)	114	1	35.0	40.0	43.0		40.0							
Krom	Angela	Masters (55-59)	132	1	45.0	47.5	47.5		45.0							
Gromko	Taylor	Teen (18-19)	165	1	50.0	55.0	57.5	59.5	57.5							
TraverA	Amy	Masters (50-54)	198	1	55.0	60.0	60.0		55.0							
DeAngelo	Lesley	Masters (50-54)	132	1	52.5	57.5	60.5		57.5							
Steczkowski	Monika	Sub-Masters (35-39)	198+	1	52.5	57.5	62.5		57.5							
Bourdeau	Kierstyn		198+	1	85.0	92.5	97.5		92.5							
Lemel	Danny	Teen (16-17)	165	2	85.0	90.0	95.0		95.0							
Willson	Jeff	Masters (50-54)	275	2	107.5	112.5	117.5	122.5	117.5							
Leonetti	Luca	Masters (45-49)	220	2	102.5	112.5	120.0	122.5	120.0							
Cangiano	Sean	Teen (18-19)	308	2	130.0	135.0	140.0	143.0	140.0							
Pecora	Quincy		220	2	182.5	192.5	192.5		192.5							
Krom	Angela	Masters (55-59)	132	3								75.0	82.5	90.5		90.0
DeAngelo	Lesley	Masters (50-54)	132	3							97.5	107.5	113.0		112.5	
Steczkowski	Monika	Sub-Masters (35-39)	198+	3							102.5	115.0	122.5		115.0	
TraverA	Amy	Masters (50-54)	198	3							137.5	147.5	147.5		137.5	
Bourdeau	Kierstyn		198+	3							137.5	152.5	165.0		152.5	
Lemel	Danny	Teen (16-17)	165	4							160.0	170.0	182.5	192.5	182.5	
Willson	Jeff	Masters (50-54)	275	4							160.0	170.0	182.5		182.5	
Flood	Jason	Sub-Masters (35-39)	242	4							182.5	200.0	210.0	220.0	210.0	
Pecora	Quincy		220	4							237.5	262.5	290.0	317.5	290.0	