

Connecticut State Championship

20-Feb-21

Last Name	First Name	Age	Gender	Home State	Country	Bwt	Open Division	Age Division	Other Division	Wt CIs	Wt CIs label	Strict Curl 1	Strict Curl 2	Strict Curl 3	Strict Curl 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	TOTAL
Bourdeau	Kierstyn	25	Female	CT	USA	218	Open			90+/198.5+ (F)	198+						85.0	95.0	97.5						95.0
DeAngelo	Lesley	51	Female	CT	USA	132.1	Open	Masters (50-54)		60/132.2	132						52.5	57.5	60.5						57.5
Krom	Angela	58	Female	CT	USA	127.6	Open	Masters (55-59)		60/132.2	132						40.0	45.0	47.5						45.0
TraverA	Amy	54	Female	CT	USA	187.2	Open	Masters (50-54)		90/198.4	198						52.5	57.5	57.5						57.5
Denhart	Mia	17	Female	CT	USA	104.8	Open	Teen (16-17)		48/105.8	105						35.0	40.0	45.0						40.0
Steczowski	Monika	38	Female	CT	USA	281.5	Open	Sub-Masters (35-39)		90+/198.5+ (F)	198+						45.0	50.0	55.0	57.5					55.0
Dudeck	Maddie	17	Female	CT	USA	122.8	Open	Teen (16-17)		56/123.4	123						30.0	32.5	35.0	37.5					35.0
Tramontano	Jennifer	42	Female	CT	USA	190.8	Open	Masters (40-44)		90/198.4	198						40.0	45.0	50.0						45.0
Pecora	Quincy	25	Male	CT	USA	212	Open			100/220.4	220						170.0	182.5	190.0						182.5
Cangiano	Sean	18	Male	CT	USA	310	Open	Teen (18-19)		140+/SHW	SHW						127.5	137.5	142.5						137.5
Leonetti	Luca	45	Male	CT	USA	218.3	Open	Masters (45-49)		100/220.4	220						107.5	112.5	117.5	122.5					117.5
Willson	Jeff	53	Male	CT	USA	244	Open	Masters (50-54)		125/275.5	275						107.5	112.5	117.5						112.5

BENCH ONLY

TraverA	Amy	54	Female	CT	USA	187.2	Open	Masters (50-54)		90/198.4	198										125.0	137.5	147.5	155.0	147.5
Pecora	Quincy	25	Male	CT	USA	212	Open			100/220.4	220										240.0	272.5	280.0	293.0	280.0
Bourdeau	Kierstyn	25	Female	CT	USA	218	Open			90+/198.5+ (F)	198+										125.0	137.5	150.0	160.0	150.0
Esteves	Anthony	30	Male	CT	USA	184	Open			90/198.4	198										205.0	227.5	235.0		227.5
KailanAn	Annabelle	16	Female	CT	USA	140	Open	Teen (16-17)		67.5/148.8	148										90.0	102.5	112.5	125.0	112.5
Lemel	Danny	17	Male	CT	USA	170	Open	Teen (16-17)		82.5/181.8	181										165.0	175.0	182.5	187.5	182.5
DeAngelo	Lesley	51	Female	CT	USA	132.1	Open	Masters (50-54)		60/132.2	132										85.0	95.0	102.5	108.0	102.5
Willson	Jeff	53	Male	CT	USA	244	Open	Masters (50-54)		125/275.5	275										160.0	170.0	182.5	192.5	182.5
Steczowski	Monika	38	Female	CT	USA	281.5	Open	Sub-Masters (35-39)		90+/198.5+ (F)	198+										90.0	102.5	112.5	125.0	112.5
Tramontano	Jennifer	42	Female	CT	USA	190.8	Open	Masters (40-44)		90/198.4	198										82.5	90.0	97.5	105.0	97.5

DEADLIFT

												STRICT CURL				
Last Name	First Name	Age	Gender	Home State	Country	Bwt	Open Division	Age Division	Other Division	Wt CIs	Wt CIs label	Strict Curl 1	Strict Curl 2	Strict Curl 3	Strict Curl 4	Best Strict Curl
Bourdeau	Kierstyn	25	Female	CT	USA	218	Open			90+/198.5+ (F)	198+	45.5	50.0	53.0		53.0
Pecora	Quincy	25	Male	CT	USA	212	Open			100/220.4	220	72.0	76.5	78.0	82.0	78.0
DeAngelo	Lesley	51	Female	CT	USA	132.1	Open	Masters (50-54)		60/132.2	132	32.0	34.5	36.5	37.5	36.5
Freni	Joe	37	Male	MA	USA	165	Open	Sub-Masters (35-39)	Law/Fire/Military	75/165.3	165	59.5	65.0	67.0		65.0
Dorval	Nikki	39	Female	CT	USA	145.6	Open	Sub-Masters (35-39)		67.5/148.8	148	32.0	34.0	36.5	37.5	36.5
Denhart	Mia	17	Female	CT	USA	104.8	Open	Teen (16-17)		48/105.8	105	26.0	28.5	30.0	31.5	30.0
Esteves	Anthony	30	Male	CT	USA	184	Open			90/198.4	198	61.5	64.0	66.0	68.0	66.0
TraverA	Amy	54	Female	CT	USA	187.2	Open	Masters (50-54)		90/198.4	198	35.0	37.5	39.5	40.5	39.5
Flood	Jason	36	Male	CT	USA	225	Open	Sub-Masters (35-39)		110/242.5	242	68.0	71.0	73.0		71.0
Krom	Angela	58	Female	CT	USA	127.7	Open	Masters (55-59)		60/132.2	132	27.0	29.5	30.5	31.5	30.5
Howell	Aidan	18	Male	CT	USA	196	Open	Teen (18-19)		90/198.4	198	62.0	66.5	69.0		66.5
GawronskiC	Corey	30	Female	CT	USA	121	Open			56/123.4	123	25.5	27.5	28.5	30.0	28.5
Roy	George	70	Male	VT	USA	197.9	Open	Masters (70-74)	Law/Fire/Military	90/198.4	198	58.0	61.0	64.0	65.5	64.0
Dudeck	Maddie	17	Female	CT	USA	122.8	Open	Teen (16-17)		56/123.4	123	22.0	24.0	26.0	27.5	26.0
Lemel	Danny	17	Male	CT	USA	170	Open	Teen (16-17)		82.5/181.8	181	52.5	54.5	57.5		57.5
Iavarona	Jeanne	44	Female	CT	USA	244	Open	Masters (40-44)		90+/198.5+ (F)	198+	33.5	35.0	37.5	39.0	37.5
Leonetti	Luca	45	Male	CT	USA	218.3	Open	Masters (45-49)		100/220.4	220	61.5	63.0	64.0	66.5	64.0
Tramontano	Jennifer	42	Female	CT	USA	190.8	Open	Masters (40-44)		90/198.4	198	29.5	32.0	34.5	37.0	34.5
Willson	Jeff	53	Male	CT	USA	244	Open	Masters (50-54)		125/275.5	275	61.5	64.0	66.5	68.0	66.5
Bauco	Jillian	16	Female	CT	USA	150.2	Open	Teen (16-17)		75/165.3	165	24.5	26.5	27.5	28.5	27.5
GawronskiJ	Jim	60	Male	CT	USA	198.2	Open			90/198.4	198	50.0	55.0	56.5	58.0	56.5
Steczowski	Monika	38	Female	CT	USA	281.5	Open	Sub-Masters (35-39)		90+/198.5+ (F)	198+	29.5	32.0	34.5	37.0	34.5
Cangiano	Sean	18	Male	CT	USA	310	Open	Teen (18-19)		140+/SHW	SHW	50.0	54.5	59.0	65.0	59.0
McManus	Molly	16	Female	CT	USA	166.7	Open	Teen (16-17)		82.5/181.8	181	24.0	27.0	27.5	28.5	27.5

Last Name	First Name	Age	Gender	Home State	Country	Bwt	Open Division	Age Division	Other Division	Wt Cls	Wt Cls label	Strict Curl 1	Strict Curl 2	Strict Curl 3	Strict Curl 4	Best Strict Curl
DiDomizio	Nick		Male	CT	USA	196.5	Open	Teen (16-17)		90/198.4	198	63.5	65.0	67.5	68.5	67.5
Atwater	Connor		Male	CT	USA	164.2	Open	Teen (16-17)		75/165.3	165	60.5	62.0	63.5		62.0
Volpe	Joey		Male	CT	USA	273.4	Open	Teen (16-17)		125/275.5	275	65.0	67.5	68.5		68.5
Russo	Evan		Male	CT	USA	197.6	Open	Teen (14-15)		90/198.4	198	63.0	65.0	67.5	68.5	67.5