

POTOMAC OPEN - 100 % RAW

7-Mar-10

Name	State Age	Division	Wt Class	Body Wt.	Squat	Bench	Deadlift	Total
Rachel Perry	VA-28 (F)	Open	114	114.4	75	45	87.5	207.5
Mariela Oilvares	MD-43 (F)	40-44	114	112.6	62.5	45	92.5	200
Jodi Beth McCain	MD-53 (F)	50-54	114	111.2	45	37.5	82.5	165
Jasmine McAdams	DC 25 (F)	Open	123	117.3	85	57.5	142.5	285
Elizabeth Hertzler-McCain	MD-17 (F)	16-17	123	123.1	105	52.5	137.5	295
Natasha Beasley	VA-37 (F)	Open	132	132	105	80	180	365
Natasha Beasley	VA-37 (F)	35-39	132	132	105	80	180	365
Jennifer Green	DC-37 (F)	35-39	132	129.2	72.5	45	112.5	230
Linda Leightley	VA-75 (F)	75-79	132	131.2	62.5	45	122.5	230
Trica Floyd	VA-39 (F)	Open	148	146.4	107.5	55	180	342.5
Jamie Augustine	PA-15 (F)	Open	148	141	107.5	57.5	120	285
Vanessa McAdams	FL-22 (F)	Open	148	135.4	62.5	77.5	112.5	252.5
Jamie Augustine	PA-15 (F)	14-15	148	141	107.5	57.5	120	285
Vanessa McAdams	FL-22 (F)	20-24	148	135.4	62.5	77.5	112.5	252.5
Veronica Robertson	DC-21 (F)	20-24	148	137.4	65	42.5	95	202.5
Trica Floyd	VA-39 (F)	35-39	148	146.4	107.5	55	180	342.5
Tierra Tucker	MD-30 (F)	Open	165	163.4	147.5	102.5	160	410
Maegan Sady	DC-38 (F)	Open	165	164.4	102.5	55	137.5	295
Nicole Green	DC-47 (F)	45-49	181	181.5	62.5	50	117.5	230
Martina Burton	MD-35 (F)	Open	198	186.2	120	102.5	197.5	420
Jontisha Goode	VA-25 (F)	Open	198+	207.4	120	100	157.5	377.5
Gary Teeter	PA-55	55-59	148	148.5	95	115	150	360
Aaron Chrietzberg	MD-41	Open	165	162	147.5	105	160	412.5
Aaron Chrietzberg	MD-41	40-44	165	162	147.5	105	160	412.5
Joshua Kuykendall	MD-29	Open	181	174.6	115	102.5	150	367.5
Michael Stakkeland	DC-30	Open	181	181.6	147.5	97.5	200	445
Paul Melby	VA-44	40-44	181	176	150	102.5	195	447.5
Austin Leedy	VA-29	Open	198	192	155	115	192.5	462.5
Andy Fox	MD-29	Open	198	196.3	140	120	170	430
Jacob Holland	MD-24	20-24	198	196	165	102.5	205	472.5
Austin Leedy	VA-29	P/F/M	198	192	155	115	192.5	462.5
Ben Nyce	VA-29	Open	220	206.9	142.5	150	272.5	565
Daniel Read	VA-40	Open	220	216	175	140	230	545
Daniel Read	VA-40	40-44	220	216	175	140	230	545
Raymond Crawbuck	VA-26	Open	220	214	142.5	143	185	470.5
Rudy Shiley	VA-60	60-64	220	217	97.5	112.5	165	375
Clanton Nelson, JR	VA-37	35-39	275	253.6	167.5	145	200	512.5
Chris Allen	VA-46	Open	275	263.3	165	165	250	580
Cory Neal	DC-32	Open	275	251	137.5	95	182.5	415
Chris Allen	VA-46	45-49	275	263.3	165	165	250	580
Lucas Franco	DC-22	20-24	275	261.6	182.5	122.5	207.5	512.5
Robert Gains	VA-56	Open	SHW	332	255	190	272.5	717.5
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