

Contest Info:

### 41st Annual Power Day / Bigler, PA

8-Aug-20

## POWERLIFTING

Date

Last Name	First Name	Age	Gender	Home State	Country	Bwt	Divisions	Wt CIs	Wt CIs label	Flight	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	TOTAL
Herbstritt	Shea	32	Female	PA	USA	131.6	Open	60/132.2	132	2	97.5			97.5	52.5			52.5	150.0	110.0			110.0	260.0
Elmquist	Sylvia	15	Female	PA	USA	126.6	Open/(14-15)	60/132.2	132	1	85.0			85.0	47.5			0.0	0.0	0.0			0.0	0.0
Augustine	Jamie	16	Female	PA	USA	141.8	Open/(16-17)	67.5/148.8	148	3	107.5			107.5	62.5			62.5	170.0	130.0			130.0	300.0
Shick	Ivan	7	Male	PA	USA	58	Youth	48/105.8	105	6	25.0			25.0	16.5			16.5	41.5	35.0			35.0	76.5
Wadsworth	Jacob	20	Male	NY	USA	146.2	Open	67.5/148.8	148	8	132.5			132.5	95.0			95.0	227.5	182.5			182.5	410.0
Webber	Korey	15	Male	PA	USA	143.4	Open/(14-15)	67.5/148.8	148	7	122.5			122.5	87.5			87.5	210.0	160.0			160.0	370.0
Stoner	Brian	49	Male	NY	USA	164.2	Open	75/165.3	165	14	192.5			192.5	127.5			127.5	320.0	237.5			237.5	557.5
Bolton	Parker	21	Male	NY	USA	161.6	Open	75/165.3	165	13	195.0			195.0	105.0			105.0	300.0	185.0			185.0	485.0
McLaughlin	Corey	24	Male	PA	USA	150	Open	75/165.3	165	10	132.5			132.5	130.0			130.0	262.5	185.0			185.0	447.5
Wells	Timothy	17	Male	PA	USA	161	Open/(16-17)	75/165.3	165	12	107.5			107.5	60.0			60.0	167.5	117.5			117.5	285.0
Swingle	Don	73	Male	NY	USA	180.6	Open	82.5/181.8	181	18	95.0			95.0	75.0			75.0	170.0	182.5			182.5	352.5
Heinl	Walter	36	Male	PA	USA	195.6	Open/(35-39)	90/198.4	198	22	162.5			162.5	140.0			140.0	302.5	227.5			227.5	530.0
Hoffman	Drew	48	Male	PA	USA	192.6	Open/(45-49)	90/198.4	198	21	137.5			137.5	87.5			87.5	225.0	172.5			172.5	397.5
Jackson	Aldo	63	Male	PA	USA	188	Open/(60-64)	90/198.4	198	19	95.0			95.0	65.0			65.0	160.0	135.0			135.0	295.0
Creatura	Lenny	62	Male	CT	USA	214	Open/(60-64)	100/220.4	220	26	252.5			252.5	145.0			145.0	397.5	292.5			292.5	690.0
Herbstritt	Andrew	35	Male	PA	USA	209.4	Open/(35-39)	100/220.4	220	25	172.5			172.5	117.5			117.5	290.0	197.5			197.5	487.5
Bayer	Bugs	75	Male	PA	USA	209	Open/(75-79)	100/220.4	220	24	172.5			172.5	77.5			77.5	250.0	192.5			192.5	442.5
Ali	Karam	19	Male	NY	USA	227	Open	110/242.5	242	29	197.5			197.5	122.5			122.5	320.0	235.0			235.0	555.0
Givler	Brant	58	Male	PA	USA	236.2	Open	110/242.5	242	31	160.0			160.0	150.0			150.0	310.0	185.0			185.0	495.0
Bailey	Shane	25	Male	MD	USA	271	Open	125/275.5	275	32	152.5			152.5	137.5			137.5	290.0	200.0			200.0	490.0
Fontanazza, III	Mario	18	Male	PA	USA	293.2	Open/(18-19)	140/308.6	308	33	245.0			245.0	182.5			182.5	427.5	287.5			287.5	715.0
											0.0			0.0				0.0	0.0				0.0	0.0
											0.0			0.0				0.0	0.0				0.0	0.0

## BENCH PRESS

Last Name	First Name	Age	Gender	Home State	Country	Bwt	Divisions	Wt CIs	Wt CIs label	Flight	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	TOTAL
Pollock	Kim	59	Female	PA	USA	162.1	Open/(55-59)	75/165.3	165	4					52.5	55.0	57.5	57.5						57.5
Urban	Alyce	72	Female	PA	USA	164.8	Open/(70-74)	75/165.3	165	5					30.0	32.5	35.0	35.0						35.0
Whysong	Dennis	66	Male	PA	USA	173.8	Open/(65-69)	82.5/181.8	181	15					112.5	115.0	115.0	115.0						115.0
Eastman	Larry	68	Male	PA	USA	179	Open/(65-69)	82.5/181.8	181	17					112.5	115.0	120.0	115.0						115.0
Huey	Butch	74	Male	PA	USA	217.2	Open/(70-74)	100/220.4	220	27					117.5	125.0		125.0						125.0
											0.0			0.0				0.0	0.0				0.0	0.0

## DEADLIFT

Last Name	First Name	Age	Gender	Home State	Country	Bwt	Divisions	Wt CIs	Wt CIs label	Flight	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	TOTAL
Rosenstern	Phillip	66	Male	PA	USA	206.4	Open	100/220.4	220	23										232.5	255.0	265.0	255.0	255.0
Dunn	Bob	62	Male	OH	USA	224.2	Open	110/242.5	242	28										140.0	152.5	162.5	162.5	162.5
Johnson	Richard	62	Male	PA	USA	297.2	Open/(60-64)	140/308.6	308	34										100.0	120.0	130.0	130.0	130.0
											0.0			0.0				0.0	0.0				0.0	0.0

