

100% Raw Punjab State Level Bench Press Powerlifting Championships, India.

Nov. 24, 2019

Last Name	First Name	Age	Gender	Home State	Country	Bwt	Open Division	Age Division	Wt Cls	Wt Cls label	Bench 1	Bench 2	Bench 3	Best Bench	TOTAL
0	Nikhil		Male		India	49.84		Teen (18-19)	52/114.6	114	30.0	35.0	42F	35.0	35.0
Singh	Sukhjot		Male		India	49.12	Open		52/114.6	114	70F	70.0	80.0	80.0	80.0
Singh	Amanpreet		Male		India	55.8		Teen (18-19)	56/123.4	123	35.0	40F	42.0	40.0	40.0
	Galib		Male		India	54.8		Junior (20-24)	56/123.4	123	60F	70F	70.0	70.0	70.0
Singh	Ravinderpal		Male		India	52.6		Sub-Masters (35-39)	56/123.4	123	90.0	95.0	105.0	105.0	105.0
Cheetu	Ketan		Male		India	59.96		Junior (20-24)	60/132.2	132	85.0	90fa	90F	85.0	85.0
Singh	Davinder		Male		India	56.36	Open		60/132.2	132	95F	97.5	100F	97.5	97.5
Singh	Dharmpreet		Male		India	63.8		Teen (18-19)	67.5/148.8	148	55.0	60.0	65F	60.0	60.0
Kumar	Parveen		Male		India	63.84		Junior (20-24)	67.5/148.8	148	90.0	95.0	100f	95.0	95.0
Singh	Harpreet		Male		India	67		Junior (20-24)	67.5/148.8	148	80.0	90F	92.5	92.5	92.5
Thandi	Jaskaran Singh		Male		India	62.9		Junior (20-24)	67.5/148.8	148	60.0	65F	65FA	60.0	60.0
Singh	Baljinder		Male		India	63.16	Open		67.5/148.8	148	100.0	107.0	110.0	110.0	110.0
Singh	Jagpal		Male		India	70.82		Teen (18-19)	75/165.3	165	100.0	105.0	107F	105.0	105.0
Singh	Rashmeet		Male		India	68.7		Teen (18-19)	75/165.3	165	75.0	77.0	82.5	82.5	82.5
Singh	Gaganjot		Male		India	74.64		Junior (20-24)	75/165.3	165	127.0	132.0	135.0	135.0	135.0
Singh	Prabhjot		Male		India	68.5		Junior (20-24)	75/165.3	165	110F	110FA	110.0	110.0	110.0
Singh	Narinder		Male		India	72.7		Junior (20-24)	75/165.3	165	100.0	105F	105FA	100.0	100.0
Kapoor	Gourav		Male		India	73.9		Junior (20-24)	75/165.3	165	95F	100.0	105F	100.0	100.0
Singh	Manpreet		Male		India	67.8	Open		75/165.3	165	125.0	132.0	135.0	135.0	135.0
Negi	Navinder Singh		Male		India	68.3	Open		75/165.3	165	117.0	125.0	130F	125.0	125.0
Singh	Amarbir		Male		India	75.96		Teen (18-19)	82.5/181.8	181	90F	90FA	90FAIL	0.0	0.0
Singh	Sukhjinder		Male		India	79.6		Teen (18-19)	82.5/181.8	181	85F	90.0	95.0	95.0	95.0
Singh	Lovepreet		Male		India	82.5		Junior (20-24)	82.5/181.8	181	130.0	140.0	145.0	145.0	145.0
	Anurag		Male		India	78.9		Junior (20-24)	82.5/181.8	181	105.0	112.5	117F	112.5	112.5
Singh	Yuvraj		Male		India	81.38	Open		82.5/181.8	181	150.0	155.0	160F	155.0	155.0
Singh	Amarjit		Male		India	76	Open		82.5/181.8	181	125.0	135.0	140F	135.0	135.0
Singh	Gurpreet		Male		India	81.84	Open		82.5/181.8	181	115.0	125F	125.0	125.0	125.0
Suhaiv	Mohammad		Male		India	79.3	Open		82.5/181.8	181	110.0	115.0	120.0	120.0	120.0
Singh	Sukhveer		Male		India	78.12	Open		82.5/181.8	181	80.0	100.0	117.5	117.5	117.5
Singh	Sandeep		Male		India	80.6	Open		82.5/181.8	181	60.0	75.0	90F	75.0	75.0
Banga	Mandeep		Male		India	86.06		Junior (20-24)	90/198.4	198	110F	110.0	115F	110.0	110.0
Singh	Varinderpreet		Male		India	89.66		Junior (20-24)	90/198.4	198	70.0	80F	80.0	80.0	80.0
Singh	Mandeep		Male		India	89.84		Junior (20-24)	90/198.4	198	110.0	125F	125FA	110.0	110.0
	Kamaljit		Male		India	89.9	Open		90/198.4	198	170F	170FA	170FAIL	0.0	0.0
Singh	Varinder		Male		India	88.3	Open		90/198.4	198	200.0	205.0	207.5	207.5	207.5
Singh	Amarjit		Male		India	84.3	Open		90/198.4	198	127.5	135.0	142.5	142.5	142.5
Singh	Kuldeep		Male		India	84		Masters (40-44)	90/198.4	198	120.0	130.0	135F	130.0	130.0
Singh	Sukhwinder		Male		India	85.1		Masters (40-44)	90/198.4	198	135.0	145F	147.5F	135.0	135.0
Singh	Harmanpreet		Male		India	90.5		Teen (18-19)	100/220.4	220	50F	50.0	55.0	55.0	55.0
Singh	Parminder		Male		India	94.4	Open		100/220.4	220	167.5	175.0	180.0	180.0	180.0
Singh	Amarjot		Male		India	94.7	Open		100/220.4	220	170.0	177.5	180.0	180.0	180.0
Kumar	Sandeep		Male		India	92.3	Open		100/220.4	220	160.0	170F	170.0	170.0	170.0
Heer	Crystal		Male		India	95.3	Open		100/220.4	220	140F	150.0	160F	150.0	150.0
	Sunny		Male		India	96.12	Open		100/220.4	220	137.5	142.5	145.0	145.0	145.0
Grewal	Harpreet Singh		Male		India	98.3	Open		100/220.4	220	115.0	120.0	125.0	125.0	125.0
Singh	Punjab		Male		India	100.26	Open		110/242.5	242	165.0	175F	175.0	175.0	175.0
	Arshdeep		Male		India	113.4		Teen (18-19)	125/275.5	275	127.5	135F	135FA	127.5	127.5
Singh	Jaswinder		Male		India	130	Open		140/308.6	308	135.0	142.5	150.0	150.0	150.0
Singh	Gurmeet		Male		India	140.1		Junior (20-24)	140+/SHW	310	135.0	142.5	152.5	152.5	152.5
Singh	Amandeep		Male		India	141	Open		140+/SHW	310	190.0	210.0	230F	210.0	210.0
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Sambyal	Madhu		Female		India	73.9		Masters (40-44)	75/165.3	165	40.0	50.0	55.0	55.0	55.0