

100% RAW Virginia Open Woodstock, VA January 18, 2020					
Lifter	State/Age	Division	Wt Class	Body Wt.	Bench
Laurie Hall	VA-55 (F)	55-59	114	113.6	40
Gigi Gaber	VA-32 (F)	Open	132	129.2	40
LaKeisha Kanen	NC-40(F)	40-44	148	147	60.5
Roseanne Miller	VA-53 (F)	50-54	165	161.4	50
Amy Dunn-Brown	VA-43 (F)	40-44	198+	207.4	50
Laura Lofton	VA-64 (F)	60-64	198+	204.6	42.5
Gary Teeter	PA-55	55-59	148	148.6	112.5
John Shifflett	VA-58	55-59	220	218.5	115
Kyle Bushong	VA-20	20-24	275	263.4	150
Lifter	State/Age	Division	Wt Class	Body Wt.	Deadlift
Laurie Hall	VA-55 (F)	55-59	114	113.6	100
Gigi Gaber	VA-32 (F)	Open	132	129.2	97.5
LaKeisha Kanen	NC-40(F)	40-44	148	147	122.5
Roseanne Miller	VA-53 (F)	50-54	165	161.4	102.5
Amy Dunn-Brown	VA-43 (F)	40-44	198+	207.4	87.5
Laura Lofton	VA-64 (F)	60-64	198+	204.6	90.5
Jim Marchio	VA-64	60-64	132	130.2	192.5
Kyle Bushong	VA-20	20-24	275	263.4	250
Lifter	State/Age	Division	Wt Class	Body Wt.	Strict Curl
Jill Sheakley	PA-45 (F)	45-49	114	113	20
Laurie Hall	VA-55 (F)	55-59	114	113.6	23
Gigi Gaber	VA-32 (F)	Open	132	129.2	25
LaKeisha Kanen	NC-40(F)	40-44	148	147	35
Roseanne Miller	VA-53 (F)	50-54	165	161.4	32
Amy Dunn-Brown	VA-43 (F)	40-44	198+	207.4	28.5
Laura Lofton	VA-64 (F)	60-64	198+	204.6	22.5
Gary Teeter	PA-55	55-59	148	148.6	56
Bob Feeney	PA-67	65-69	275	254.4	51
Officals					
William Thacker					
Randy Price					
Mona Espinoza					
John Shifflett					