



GREAT LAKES CHAMPIONSHIPS

04.27.2019

Joe Oregina, Meet Director

POWERLIFTING

First Name	Last Name	Gender	Weight Class	Division	Age	State	Bodyweight		Squat	Bench	Deadlift	Total	S/M
							lbs	kg					
Janet	Huntley	Female	114	Open	57	PA	114.2	70	50	107.5	227.5	221.79	
Lauren	Conrad	Female	132	Open / Junior (20-24)	23	PA	129.5	132.5	65	155.5	353	310.46	
Cindy	Weindorf	Female	132	Open	31	PA	129.5	75	47.5	115	237.5	208.88	
Heather	Machmer	Female	132	Open / Master (45-49)	49	PA	129.5	85	40	102.5	227.5	200.09	
Megan	Roth	Female	148	Open	31	PA	143	100	50	137.5	287.5	231.96	
Krysta	Germanoski	Female	148	Open / Teen (16-17)	16	PA	134.3	80	35	80	195	166.12	
Jenny	Wieczorek	Female	148	Open / Master (45-49)	48	PA	134.9						
Mary	Gangloff	Female	165	Open	27	NY	150.8	70	45	102.5	217.5	167.8	
Chris	Redmond	Female	181	Open	46	PA	176.4	107.5	60	150	317.5	217.87	
Sharon	Schwartz	Female	181	Open	54	PA	176.3	100	55	142.5	297.5	204.14	
Cindy	Stritzinger	Female	198	Open / Master (40-44)	44	PA	195.9	127.5	77.5	157.5	362.5	231.78	
Erin	Lewis	Female	198	Open / Teen (14-15)	15	PA	194.4	70	45	92.5	207.5	133.53	
Kim	Elletson	Female	198 +	Open / Master (45-49)	48	NC	203.3	130	67.5	155	352.5	220.81	
Joe	Martucci	Male	148	Open / Master (50-54)	51	PA	148.5	162.5	95	165	422.5	306.31	
Victor	Shaffer	Male	148	Open	69	PA	146.1	82.5	75	185	342.5	252.94	
Austin	Andreyo	Male	165	Open	21	PA	165.2	215	117.5	242.5	575	382.66	
Rich	Smith	Male	165	Open	26	PA	165.1	185	115	245	545	362.7	
Ray	Cruz	Male	165	Open / Master (55-59)	58	PA	160.7	205	122.5	202.5	530	359.71	
Levi	Lewis	Male	165	Open / Teen (18-19)	18	PA	157.6	160	85	182.5	427.5	294.68	
Jack	Welch	Male	165	Open	73	PA	162.7	115	95	177.5	387.5	260.4	
Russell	Brown	Male	165	Open / Teen (16-17)	16	PA	159.6	110	65	130	305	208.07	
James	Lewis	Male	181	Open / Junior (20-24)	20	PA	178.5	175	130	245	550	344.47	
David	Lewis	Male	181	Open / Junior (20-24)	20	PA	180.4	182.5	137.5	227.5	547.5	341.53	
Carlos	Schumacher	Male	181	Open	21	PA	177.5	182.5	120	215	517.5	326.7	
Tyler	Clary	Male	181	Open / Teen (16-17)	17	PA	170.4	157.5	97.5	170	425	276.42	
Joseph	Joseph	Male	198	Open	30	PA	193.2	215	165	250	630	375.1	
Colton	Garvin	Male	198	Open	27	PA	197.2	200	142.5	272.5	615	361.56	
Cory	Getz	Male	198	Open	30	PA	193.2	220	145	227.5	592.5	352.77	
Pat	Huntley	Male	198	Open / Master (50-54)	53	PA	198.2	185	125	210	520	304.77	
Walter	Heinl	Male	198	Open	35	PA	197	162.5	132.5	220	515	302.77	
Phil	Rosenstern	Male	198	Open	65	PA	197.3	155	95	252.5	502.5	295.42	
Jacob	Wassell	Male	198	Open	32	PA	193.1	175	122.5	185	482.5	287.28	
Mike	Houston	Male	198	Open / Master (50-54)	50	PA	195.4	142.5	102.5	170	415	245.51	
Lenny	Creatura	Male	220	Open / Master (60-64)	61	CONN	211.4	247.5	157.5	280	685	387.16	
Lance	Schrecengost	Male	220	Open	49	PA	214.8	210	147.5	210	567.5	317.8	
Ed	Betza	Male	220	Open	52	PA	216	175	137.5	240	552.5	308.74	
Dave	Lhota	Male	220	Open / Master (65-69)	65	PA	216.4	197.5	132.5	215	545	304.55	
Hunter	Dale	Male	220	Open / Teen (16-17)	17	OHIO	215.6	190	117.5	215	522.5	291.97	
Rick	Jenks	Male	220	Open / Master (60-64)	64	PA	220.1	185	100	232.5	517.5	286.85	
Nolen	Fetchko	Male	220	Open	27	PA	202.3	165	132.5	197.5	495	286.61	
Joe	Bozich	Male	242	Open	23	PA	241.8	195	150	230	575	308.83	
David	Uplinger	Male	242	Open	31	PA	224.6	180	112.5	195	487.5	267.78	
Ryan	Irvine	Male	275	Open / Master (45-49)	45	PA	267.5	210	147.5	282.5	640	335.68	
Robert	Cavalier	Male	275	Open / Submaster (35-39)	38	PA	270.8	227.5	157.5	230	615	321.71	
Joel	Brayton	Male	275	Open / Teen (16-17)	17	PA	269.2	185	142.5	227.5	555	290.82	
Terry	Johnson	Male	275	Open / Master (45-49)	46	PA	256.6	165	110	197.5	472.5	250.24	
David	Kulbacki	Male	SHW	Open	41	PA	366.9	250	195	272.5	717.5	342.61	



GREAT LAKES CHAMPIONSHIPS

04.27.2019

Joe Oregia, Meet Director

BENCH PRESS

First Name	Last Name	Gender	Weight Class	Division	Age	State	Bodyweight	Attempt 1	Attempt 2	Attempt 3	Attempt 4	Best Lift	S/M
							lbs	kg	kg	kg	kg	kg	
Kim	Doutt	Female	181	Open / Master (55-59)	58	PA	176.2	57.5	60	62.5	---	62.5	42.89
Cindy	Stritzinger	Female	198	Master (40-44)	44	PA	195.9	72.5	-	77.5	---	77.5	49.55
John	Stringa	Male	165	Open / Master (45-49)	48	PA	160.4	142.5	147.5	150	---	150	102.33
Tim	Kramer	Male	165	Open	34	PA	154.5	137.5	142.5	147.5	---	147.5	103.9
Brendan	Lohan	Male	165	Open / Teen (16-17)	17	NY	160.6	117.5	-	-	---	117.5	79.75
Larry	Eastman	Male	181	Open / Master (65-69)	67	PA	179.1	-	115	117.5	---	117.5	73.59
Mario	SantaColombo	Male	198	Open	24	PA	193.3	95	100	-	---	100	59.54
Paul	Sundy	Male	275	Open / Master (50-54)	50	OHIO	266.8	185	-	-	---	185	97.11

DEADLIFT

First Name	Last Name	Gender	Weight Class	Division	Age	State	Bodyweight	Attempt 1	Attempt 2	Attempt 3	Attempt 4	Best Lift	S/M
							lbs	kg	kg	kg	kg	kg	
Terry	Johnson	Male	275	Open / Master (45-49)	46	PA	256.6	182.5	190	197.5	---	197.5	104.6

PUSH-PULL

First Name	Last Name	Gender	Weight Class	Division	Age	State	Bodyweight	Bench 1	Bench 2	Bench 3	Deadlift 1	Deadlift 2	Deadlift 3	Total	S/M
							lbs	kg	kg	kg	kg	kg	kg	kg	
Joey	Lipscomb	Male	181	Open	24	PA	177.2	140	145	150	222.5	230	237.5	387.5	244.63
Jordan	Kelemen	Male	181	Open	21	PA	173	135	---	140	182.5	197.5	205	345	221.46
Joseph	Joseph	Male	198	Open	30	PA	193.2	152.5	0	165	255	---	---	420	250.07
Terry	Johnson	Male	275	Open / Master (45-49)	46	PA	256.6	100	107.5	110	182.5	190	197.5	307.5	162.85
Lyndsi	Benning	Male	SHW	Open / Junior (20-24)	21	PA	252	42.5	45	47.5	85	90	95	142.5	75.8