

IDFPA - 100% RAW Push-Pull CIT

6-Apr-19

Ireland

Women

			BENCH	DEADLIFT			
Name	Age	Bodywgt	MAX	MAX	Category	Total	Wilks
SANDI BURKE	43	58.9	62.5	177.5	60.0	240.0	271.5
RACHEL O CONNOR	26	118.65	67.5	160.0	90.1	227.5	182.3
LINDA BYRNE	44	76.05	65.0	147.5	82.5	212.5	200.3
MARIA EFIMENKO	31	69.9	57.5	135.0	75.0	192.5	191.7
CATHERINE EVANS	43	67.35	60.0	130.5	67.5	190.5	194.8
AMANDA BURKE	30	102.65	55.0	130.0	90.1	185.0	152.9
CAROLINE PIGOTT	33	90.95	57.5	127.5	90.1	185.0	159.2
AOIFE O SULLIVAN	36	125.5	65.0	120.0	90.1	185.0	146.8
LOUISE MCKEVITT	36	55.75	42.5	130.0	56.0	172.5	203.7
LAURA SCULLY	32	54.5	52.5	117.5	56.0	170.0	204.3
REBECCA DRAPER	20	72	60.0	110.0	75.0	170.0	165.9
BRID O SULLIVAN	62	82.4	42.5	122.5	82.5	165.0	148.6
RACHEL O'MAHONY	22	62.3	55.0	110.0	67.5	165.0	178.7
MAGS O'DRISCOLL	49	66.5	42.5	120.0	67.5	162.5	167.7
EMILY KEANE	20	66.95	40.0	120.0	67.5	160.0	164.3
MARIA FITZPATRICK	46	69.9	45.0	115.0	75.0	160.0	159.3
INDRE AGAJEVA	32	70.25	47.5	112.5	75.0	160.0	158.8
KAREY O SHEA	36	59.2	40.0	107.5	60.0	147.5	166.2
LEONIE MORAN	26	80	35.0	110.0	82.5	145.0	132.7
SHAUNA CULLOTY	25	111.6	45.0	100.0	90.1	145.0	117.6
BERNIE O'MAHONY	51	52.45	32.5	102.5	56.0	135.0	167.2
LAURA DOWDALL	20	58.95	37.5	97.5	60.0	135.0	152.6
SHARI MURPHY	39	56.4	42.5	85.0	60.0	127.5	149.2
LAURA O'DRISCOLL	20	68.7	35.0	90.0	75.0	125.0	126.0
KARINA LAVERY	19	84.05	35.0	80.0	90.0	115.0	102.5
AISLING O'NEILL	20	63.95	40.0	70.0	67.5	110.0	116.8
RUTH SINCLAIR	19	60.3	35.0	70.0	67.5	105.0	116.6
LOUISE MAHONEY	42	84.3	62.5	0.0	90.0	62.5	55.6

Men

			BENCH	DEADLIFT			
Name	Age	Bodyweight	MAX	MAX	Category	Total	Wilks
ROBERT KELLY	37	122.2	150.0	250.0	125.0	400.0	229.0
DAVID BRENNAN	34	91.35	120.0	262.5	100.0	382.5	242.4
PAUL DEVINE	28	108.8	145.0	220.0	110.0	365.0	215.5
RYAN SHEEHAN	20	111.8	110.0	250.0	125.0	360.0	210.8
JOHN MANNION	24	88	135.0	220.0	90.0	355.0	229.3
ALEX SMALE	35	74.25	117.5	227.5	75.0	345.0	247.6
EOGHAN MCENERY	29	94.7	140.0	205.0	100.0	345.0	214.9
KEVIN BARRY	27	96.7	117.5	217.5	100.0	335.0	206.7
RYAN BRODERICK	19	94.35	110.0	220.0	100.0	330.0	205.9
DAVID MCELLIGOTT	36	113.8	120.0	210.0	125.0	330.0	192.3
ROSS O'CONNOR	23	115.25	125.0	205.0	125.0	330.0	191.6
MICHAEL LUCEY	23	111.7	110.0	217.5	125.0	327.5	191.8
AIDAN MCDONOHUE	19	90	117.5	207.5	90.0	325.0	207.5
BARRY DONOHUE	33	88.45	120.0	200.0	90.0	320.0	206.1
DARREN COAKLEY	20	96	112.5	205.0	100.0	317.5	196.6
DANIEL O'SULLIVAN	29	78.5	105.0	210.0	82.5	315.0	217.7
BERNARD BYRNE	32	67	87.5	222.5	67.5	310.0	240.4
DAVID WALSH	33	81.3	107.5	200.0	82.5	307.5	207.8
MARK DEVINE	24	73.65	117.5	190.0	75.0	307.5	221.9
DARREN PHELAN	45	91.3	115.0	185.0	100.0	300.0	190.1
EOGHAN POOLE	20	80.5	90.0	192.5	82.5	282.5	192.1
WILLIAM O'DONOHUE	19	65.75	97.5	185.0	67.5	282.5	222.5
JAMES TROY	20	80.45	110.0	172.5	82.5	282.5	192.2
CHRISTOPHER MCEN	23	86.25	90.0	190.0	90.0	280.0	182.8
CHRISTOPHER THOM	20	74.7	107.5	172.5	75.0	280.0	200.1
ADRIAN NOONE	28	85.3	80.0	190.0	90.0	270.0	177.4
SEAN MACKEY	19	92.3	90.0	180.0	100.0	270.0	170.2
SZEBASZTIAN DUDAS	19	92.25	87.5	175.0	100.0	262.5	165.5
JACK DATSON	19	71.8	82.5	175.0	75.0	257.5	189.3
JAMES FITZGERALD	58	72.15	100.0	157.5	75.0	257.5	188.6
CALLUM MCCARTHY	21	72.5	85.0	170.0	75.0	255.0	186.1
DARREN BYRNE	28	66.4	70.0	170.0	67.5	240.0	187.5
LUKE CUNNINGHAM	17	65.9	85.0	150.0	67.5	235.0	184.7
ROBERT RYAN	24	83.6	65.0	160.0	90.0	225.0	149.5
EOIN BUCKLEY	15	103	70.5	153.0	110.0	223.5	134.5
KURT MINIHANE	17	112.8	70.0	140.0	125.0	210.0	122.7
CIARAN FAHY	20	68.05	77.5	130.0	75.0	207.5	159.0
JOHN HANLEY	19	100	70.0	112.5	100.0	182.5	111.1
PEARSE FITZPATRICK	16	66.45	45.0	90.0	67.5	135.0	105.4
TOM FITZSIMONS	17	78.9	111.0	0.0	82.5	111.0	76.5
EUGENE KAAR	30	79.8	105.0	0.0	82.5	105.0	71.8